

Ickworth Sunset Chase Friday, 5th September 2025

Overall Results (Based On Chip Times)



Race Chip Timing

Place	Bib	Name	AG	Club	Chip	Gun	GenP	AgP
Ickworth Sunset Chase 10k								
1.	270	Sebastian Hopfensperger	Male Senior	Unattached	41:01	41:03	1.	1.
2.	125	Matt Barton	Male Senior	Unattached	41:06	41:08	2.	2.
3.	331	Sam Newson	Male Senior	Unattached	41:12	41:14	3.	3.
4.	389	Richard Smith	Male V50	Dirty Dolphins	41:21	41:24	4.	1.
5.	201	Aaron Dew	Male Senior	Wooleners Wanderers	41:22	41:27	5.	4.
6.	343	Tom Pearse	Male V40	Unattached	41:52	41:56	6.	1.
7.	423	Thomas Williams	Male Senior	Unattached	43:03	43:07	7.	5.
8.	418	Nathan White	Male V45	Wooleners Wanderers	43:04	43:09	8.	1.
9.	118	Murray Baker	Male V45	Trisudbury	43:08	43:12	9.	2.
10.	156	Chris Burge	Male Senior	Unattached	43:15	43:19	10.	6.
11.	263	Lee Hammond	Male Senior	Unattached	43:38	43:41	11.	7.
12.	385	Thomas Smith	Male Senior	Moreton Hall Runners	43:50	43:52	12.	8.
13.	230	Stuart Fisher	Male V40	Unattached	44:22	44:27	13.	2.
14.	173	Kai Adams	Male Senior	Unattached	44:52	45:05	14.	9.
15.	207	Will Dunster	Male Senior	Unattached	44:55	44:58	15.	10.
16.	360	Aston Ramsey	Male Senior	Unattached	45:06	45:11	16.	11.
17.	344	Hannah Pearse	Female V40	Moreton Hall Runners	45:16	45:21	1.	1.
18.	108	Luke Arkle	Male Senior	Dirty Dolphins	45:25	45:35	17.	12.
19.	185	Paul Corey	Male V60	Haverhill Running Club	45:30	45:33	18.	1.
20.	249	Tom Gladstone	Male V45	Saint Edmund Pacers	45:35	45:40	19.	3.
21.	128	Alex Beadle	Male V50	Dirty Dolphins	45:43	45:51	20.	2.
22.	352	Christopher Pimlott	Male V50	Wavaney Valley AC	45:49	45:51	21.	3.
23.	322	George Mothersole	Male Senior	Moreton Hall Runners	45:50	45:55	22.	13.
24.	259	Oliver Hale	Male Senior	Unattached	45:56	46:11	23.	14.
25.	369	Nicki Ripman	Female V45	Unattached	45:58	46:01	2.	1.
26.	234	Mark Foort	Male V50	Moreton Hall Runners	46:02	46:07	24.	4.
27.	358	Rajendra Rai	Male V50	Unattached	46:34	46:38	25.	5.
28.	229	Ross Finlay	Male V45	Rushmere Community Runners	46:41	46:46	26.	4.
29.	214	Sam Elwood	Male Senior	Unattached	46:47	47:00	27.	15.
30.	316	Paul Mitchell	Male V55	Haverhill Running Club	46:48	46:52	28.	1.
31.	200	Neil Dennis	Male V40	Stowmarket Striders	46:54	46:59	29.	3.
32.	224	Robert Farthing	Male V45	Dirty Dolphins	48:00	48:07	30.	5.
33.	334	Karen Offord	Female V50	Stowmarket Striders	48:36	48:41	3.	1.
34.	370	Paul Roberts	Male V45	Newmarket Joggers	48:43	48:52	31.	6.
35.	442	Joe Benford	Male V40	Unattached	48:44	48:48	32.	4.
36.	304	Graeme Malyon	Male Senior	Unattached	48:48	48:54	33.	16.
37.	153	Rob Bullyment	Male V50	Unattached	49:00	49:12	34.	6.
38.	166	Chris Chorley	Male V60	Bungay Black Dog Running Club	49:00	49:18	35.	2.
39.	126	James Baston Pitt	Male Senior	Unattached	49:11	49:29	36.	17.
40.	446	Murray Willson	Male V40	Unattached	49:11	49:29	37.	5.
41.	168	Max Clemens	Male Senior	Saint Edmund Pacers	49:23	49:27	38.	18.
42.	306	Charlie Mann	Male Senior	Unattached	49:23	49:31	39.	19.
43.	355	Dan Powell	Male Senior	Dirty Dolphins	49:28	49:37	40.	20.
44.	440	Andrew Yorke	Male V50	Kesgrave Cruisers	49:34	49:46	41.	7.
45.	258	Christian Hadwen	Male V45	Felixstowe Road Runners	49:48	49:51	42.	7.
46.	405	Adam Underwood	Male Senior	Unattached	49:53	50:00	43.	21.
47.	327	Mary Narey	Female V55	Stowmarket Striders	49:59	50:05	4.	1.
48.	109	Amelia Armour	Female V45	Unattached	50:09	50:19	5.	2.



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Place	Bib	Name	AG	Club	Chip	Gun	GenP	AgP
49.	397	Harry Taylor	Male Senior	Unattached	50:16	50:43	44.	22.
50.	371	Tom Robinson	Male V40	Stowmarket Striders	50:58	51:04	45.	6.
51.	177	Nicky Connolly	Female V40	Unattached	51:02	51:15	6.	2.
52.	348	Tom Peters	Male V45	Unattached	51:03	51:39	46.	8.
53.	374	Ben Royal	Male V45	Unattached	51:12	51:19	47.	9.
54.	167	Colin Clark	Male V50	Unattached	51:40	51:51	48.	8.
55.	165	Stuart Charlesworth	Male V45	Norfolk Gazelles	52:25	52:32	49.	10.
56.	253	Marcus Goodge	Male V50	Unattached	52:26	52:40	50.	9.
57.	110	Andrew Armour	Male V50	Unattached	52:30	52:40	51.	10.
58.	413	Brad Warwick	Male Senior	Unattached	52:36	52:49	52.	23.
59.	232	Clare Fitzjohn	Female V45	Haverhill Running Club	52:42	52:59	7.	3.
60.	264	David Harrison	Male Senior	Unattached	52:49	53:08	53.	24.
61.	195	Gwil Davey	Male Senior	Unattached	52:52	53:20	54.	25.
62.	206	Rob Drury	Male V60	Haverhill Running Club	52:52	53:10	55.	3.
63.	341	Anthony Parry-jones	Male V50	South Cambridge Striders	53:02	53:09	56.	11.
64.	248	Stuart Gillibrand	Male V45	Unattached	53:24	53:38	57.	11.
65.	191	Duncan Cox	Male V50	Dirty Dolphiners	53:25	53:35	58.	12.
66.	113	Paul Astle	Male V40	Unattached	53:32	53:49	59.	7.
67.	390	Kieran Smith	Male U20	Unattached	53:34	53:42	60.	1.
68.	119	Chris Bareham	Male V65	Haverhill Running Club	53:46	53:58	61.	1.
69.	267	Lucy Heeney	Female Senior	Unattached	53:46	53:58	8.	1.
70.	430	Jutta Wintersteller	Female V50	Unattached	53:51	53:55	9.	2.
71.	365	Michael Regan	Male V50	Unattached	53:53	54:02	62.	13.
72.	154	Oliver Bumstead	Male V40	Unattached	53:55	54:16	63.	8.
73.	436	Liam Wright	Male Senior	Lonely Goat RC	53:55	54:19	64.	26.
74.	337	Stephen Parker	Male V60	Unattached	54:06	54:39	65.	4.
75.	103	Daniel Allen	Male Senior	Unattached	54:20	54:33	66.	27.
76.	211	Duane Elkins	Male V50	Unattached	54:20	54:50	67.	14.
77.	159	Eden Butler	Female U20	Unattached	54:29	54:37	10.	1.
78.	387	Alex Smith	Female V50	Stowmarket Striders	54:33	54:55	11.	3.
79.	116	Ruth Baker	Female V50	Unattached	54:33	54:36	12.	4.
80.	435	Paul Wright	Male V45	Unattached	54:36	54:44	68.	12.
81.	330	Rosie Naylor	Female V50	TriSudbury	54:40	54:50	13.	5.
82.	210	Clare Elkins	Female V55	Unattached	54:46	55:12	14.	2.
83.	425	Glenn Williamson	Male V45	Unattached	54:49	55:00	69.	13.
84.	184	Clare Cordell	Female V50	Unattached	55:17	55:28	15.	6.
85.	122	Jack Barnard	Male Senior	Unattached	55:22	55:43	70.	28.
86.	394	Julie Stringer	Female V45	Fetch Everyone Running Club	55:34	55:45	16.	4.
87.	400	Mark Tibbetts	Male Senior	Unattached	55:46	56:01	71.	29.
88.	433	Neil Woods	Male V60	Unattached	55:51	56:07	72.	5.
89.	203	Adie Doe	Male V50	Fordy Runners	56:12	56:34	73.	15.
90.	342	Harriet Parsons	Female V40	South Cambridge Striders	56:15	56:21	17.	3.
91.	308	Claire Mason	Female V60	Unattached	56:35	57:00	18.	1.
92.	117	Molly Baker	Female Senior	Unattached	56:37	56:51	19.	2.
93.	393	John Steel	Male V45	Haverhill Running Club	56:39	56:56	74.	14.
94.	104	Carolynn Anderson	Female V50	Unattached	56:48	57:06	20.	7.
95.	411	Sam Ward	Male Senior	Unattached	56:53	56:53	75.	30.
96.	382	Paul Shoesmith	Male V40	Unattached	56:57	57:04	76.	9.
97.	429	Seb Winskill	Male Senior	LJFitnessRuns	57:03	57:12	77.	31.

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98.	286	Stuart King	Male V50	Unattached	57:10	57:44	78.	16.
99.	339	Jane Parkington	Female V55	Unattached	57:31	58:06	21.	3.
100.	252	Sally Goldsmith	Female V50	Unattached	57:46	57:52	22.	8.
101.	163	Carlos Campon-alonso	Male V50	Unattached	57:46	57:52	79.	17.
102.	132	Paul Billings	Male V50	Unattached	57:47	58:06	80.	18.
103.	408	Paul Walker	Male V55	Unattached	57:47	58:06	81.	2.
104.	242	Lee Freeman	Male Senior	Unattached	57:48	58:01	82.	32.
105.	273	Rebecca Howling	Female V55	South Cambridge Striders	57:52	58:00	23.	4.
106.	223	Lauren Farrell	Female Senior	Unattached	57:53	58:04	24.	3.
107.	314	Lisa Miles	Female V40	Stanton Steamers	57:58	58:13	25.	4.
108.	280	Liz Johnson	Female V50	Unattached	58:11	58:28	26.	9.
109.	245	Kellie Garrod	Female V40	Haverhill Running Club	58:14	58:31	27.	5.
110.	443	Emma Calver	Female V50	Dirty Dolphiners	58:18	58:29	28.	10.
111.	379	Anne Schumann	Female V55	Unattached	58:25	58:33	29.	5.
112.	129	David Bell	Male V45	Unattached	58:33	58:44	83.	15.
113.	299	Nicholas Looby	Male V55	Brandon Fern Hoppers	58:33	58:45	84.	3.
114.	189	Rebecca-Ann Coulson-parker	Female Senior	Ipswich Jaffa RC	58:35	58:40	30.	4.
115.	114	Allison Austin	Female V60	Haverhill Running Club	58:40	59:06	31.	2.
116.	288	Martyna Kita	Female Senior	Unattached	58:44	58:53	32.	5.
117.	317	Janice Mitchell	Female V55	Unattached	58:44	58:49	33.	6.
118.	420	Sara Whybrew	Female V45	Unattached	58:49	59:00	34.	5.
119.	353	Alice Pinney	Female Senior	Unattached	58:52	59:09	35.	6.
120.	354	Wez Pooley	Male V40	Unattached	59:02	59:16	85.	10.
121.	197	Sonia Davis	Female V55	Unattached	59:06	59:17	36.	7.
122.	151	Becky Brunning	Female V40	Moreton Hall Runners	59:14	59:26	37.	6.
123.	332	Hannah Norris	Female V40	Unattached	59:26	59:44	38.	7.
124.	139	Sharon Bolton	Female V45	Unattached	59:31	59:49	39.	6.
125.	134	Darren Birch	Male V55	Unattached	59:31	59:43	86.	4.
126.	209	Ronnie Egan	Female V55	Stowmarket striders	59:35	59:45	40.	8.
127.	257	Laura Guise	Female Senior	Unattached	59:45	59:58	41.	7.
128.	269	Jessica Hood	Female Senior	Unattached	59:45	59:58	42.	8.
129.	363	Hannah Read	Female Senior	Unattached	59:46	59:58	43.	9.
130.	415	Samantha Wells	Female Senior	Infinite Potensial Fitness	59:48	1:00:20	44.	10.
131.	112	John Ashley	Male V50	Unattached	59:51	59:58	87.	19.
132.	388	Stuart Smith	Male V65	Wavaney Valley AC	1:00:07	1:00:22	88.	2.
133.	351	Stephanie Pimlott	Female V45	Wavaney Valley AC	1:00:08	1:00:23	45.	7.
134.	318	Stephen Moore	Male V45	Unattached	1:00:11	1:00:18	89.	16.
135.	319	Matthew Moore	Male U20	Unattached	1:00:13	1:00:18	90.	2.
136.	376	Henry Rush	Male Senior	Unattached	1:00:35	1:01:15	91.	33.
137.	149	Sofia Brown	Female V40	Haverhill Running Club	1:00:37	1:00:54	46.	8.
138.	217	Samantha English	Female V50	Unattached	1:00:40	1:01:04	47.	11.
139.	279	Tom Johnson	Male V40	Unattached	1:00:40	1:01:19	92.	11.
140.	235	Kevin Foskett	Male V60	Royston Runners	1:00:45	1:00:52	93.	6.
141.	380	Guy Seymour	Male Senior	Unattached	1:00:54	1:01:03	94.	34.
142.	158	Hadley Butler	Male Senior	Unattached	1:00:54	1:01:03	95.	35.
143.	295	Bill Littler	Male V55	Belinda Littler	1:01:00	1:01:36	96.	5.
144.	216	Diane Emsden	Female V60	Unattached	1:01:05	1:01:11	48.	3.
145.	246	Faye Gibbs	Female V45	Unattached	1:01:10	1:01:33	49.	8.
146.	292	Beth Lebbon	Female Senior	Unattached	1:01:14	1:01:54	50.	11.

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147.	432	Setta Wood	Male Senior	Unattached	1:01:21	1:02:03	97.	36.
148.	227	Daniel Finegan	Male Senior	Unattached	1:01:24	1:02:01	98.	37.
149.	205	Nikki Dow	Female V50	Unattached	1:01:30	1:01:50	51.	12.
150.	313	Carlito (matt) Mijares	Male Senior	Unattached	1:01:31	1:01:56	99.	38.
151.	228	Vicky Finegan	Female Senior	Unattached	1:01:31	1:02:08	52.	12.
152.	146	Amber Britton	Female Senior	Unattached	1:01:39	1:01:59	53.	13.
153.	278	David Jobling	Male V60	Unattached	1:01:49	1:02:32	100.	7.
154.	265	Alison Hartshorn	Female V45	Unattached	1:02:01	1:02:24	54.	9.
155.	256	Tony Groden	Male V50	Unattached	1:02:06	1:02:15	101.	20.
156.	407	Selina Wagstaff	Female V50	Unattached	1:02:06	1:02:15	55.	13.
157.	183	Oona Cope	Female Senior	Unattached	1:02:26	1:02:54	56.	14.
158.	378	Bobbie Sauerzapf	Female V65	Bungay Black Dog Running Club	1:02:30	1:03:05	57.	1.
159.	130	Martin Bellotti	Male V40	Unattached	1:02:37	1:03:19	102.	12.
160.	20	Narelle Fox	Female V40	Unattached	1:03:11	1:03:35	58.	9.
161.	19	Matthew Fox	Male V45	Unattached	1:03:12	1:03:36	103.	17.
162.	403	Leanne Tute	Female Senior	Unattached	1:03:14	1:03:23	59.	15.
163.	179	Dawn Cooper	Female V55	Unattached	1:03:14	1:03:24	60.	9.
164.	368	Louise Riddleston	Female V45	Unattached	1:03:15	1:03:27	61.	10.
165.	222	Lyndsey Farman	Female V40	Unattached	1:03:15	1:03:26	62.	10.
166.	361	Mary Ransome	Female V45	Unattached	1:03:36	1:03:47	63.	11.
167.	140	Kim Botwright	Female V45	Unattached	1:03:42	1:03:53	64.	12.
168.	357	Jo Quittenton	Female V50	Unattached	1:03:42	1:03:52	65.	14.
169.	391	Sophie Smith-bosanquet	Female V45	Unattached	1:04:06	1:04:43	66.	13.
170.	198	Sandra Dawkins	Female V55	Unattached	1:04:08	1:04:22	67.	10.
171.	268	Louise Holland	Female V50	Unattached	1:04:18	1:04:51	68.	15.
172.	160	Hilary Byrne	Female V55	Hilary Byrne	1:04:18	1:04:52	69.	11.
173.	281	Zoe Jones	Female V50	Wymondham Athletics Club	1:04:18	1:04:51	70.	16.
174.	297	Rachael Lockwood	Female V50	Wymondham AC	1:04:18	1:04:51	71.	17.
175.	120	Cassie Barker	Female V50	Unattached	1:04:19	1:04:51	72.	18.
176.	296	Julia Lloyd	Female V55	Unattached	1:04:19	1:04:52	73.	12.
177.	367	Charlotte Richardson	Female V45	Wymondham Athletics Club	1:04:19	1:04:51	74.	14.
178.	261	Veronica Hamilton	Female V40	South Cambridge Striders	1:04:25	1:04:44	75.	11.
179.	392	Susan Stearn	Female V65	Unattached	1:04:29	1:04:40	76.	2.
180.	444	Rachel Walker	Female Senior	Unattached	1:04:49	1:05:01	77.	16.
181.	107	Eden Andrews	Female V50	Unattached	1:04:51	1:04:59	78.	19.
182.	208	Carly Edwards	Female Senior	Unattached	1:04:57	1:05:30	79.	17.
183.	161	Pascale Cadier	Female V55	Unattached	1:05:33	1:05:47	80.	13.
184.	111	Charlotte Armour	Female U20	Unattached	1:05:33	1:05:53	81.	2.
185.	171	Charlotte Cockle	Female Senior	Unattached	1:05:56	1:06:28	82.	18.
186.	302	Emily Maguire	Female Senior	Rushmere Community Runners	1:05:59	1:06:25	83.	19.
187.	396	Stephanie Taylor	Female Senior	Unattached	1:06:09	1:06:38	84.	20.
188.	190	Amy Course	Female V45	Chatteris Running Club	1:06:16	1:06:46	85.	15.
189.	220	Cate Ewan	Female V50	Chatteris running club	1:06:16	1:06:46	86.	20.
190.	271	Fiona Horrod	Female V45	Unattached	1:06:18	1:06:38	87.	16.
191.	404	Emily Tydeman	Female V40	Unattached	1:06:19	1:06:45	88.	12.
192.	401	Helena Tiernay	Female V45	Unattached	1:06:19	1:06:45	89.	17.
193.	384	Deirdre Siddaway	Female V60	Unattached	1:06:24	1:06:54	90.	4.
194.	162	Stephanie Caird	Female Senior	Unattached	1:06:33	1:06:39	91.	21.
195.	301	Hannah Mackenzie	Female V40	Unattached	1:06:45	1:07:17	92.	13.

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196.	321	Hannah Moore	Female Senior	Infinite Potensial Fitness	1:06:45	1:07:18	93.	22.
197.	182	Sid Cooper	Male V55	Unattached	1:06:56	1:07:17	104.	6.
198.	143	Eloise Brame	Female V45	Unattached	1:07:00	1:07:15	94.	18.
199.	237	Rebecca Fox	Female Senior	Unattached	1:07:13	1:07:37	95.	23.
200.	277	Laura Jefferies	Female V40	Unattached	1:07:16	1:07:31	96.	14.
201.	225	Alana Faulkner	Female V45	Unattached	1:07:26	1:07:47	97.	19.
202.	362	Asha Ray	Female Senior	Moreton Hall Runners	1:07:27	1:07:58	98.	24.
203.	311	Charlotte Mellish	Female Senior	Unattached	1:07:27	1:08:03	99.	25.
204.	254	Wayne Grant	Male V60	Unattached	1:07:28	1:08:04	105.	8.
205.	204	Carrie Donovan	Female Senior	Infinite Potensial Fitness	1:07:28	1:08:01	100.	26.
206.	372	Bethany Rolfe	Female Senior	Unattached	1:08:22	1:08:49	101.	27.
207.	325	Joshua Murton	Male Senior	Unattached	1:08:28	1:08:54	106.	39.
208.	285	Wendy Kelway	Female V55	Unattached	1:08:29	1:08:54	102.	14.
209.	196	Elizabeth Davey	Female Senior	Gwil Davey	1:08:36	1:09:05	103.	28.
210.	152	Alison Bullyment	Female V50	Fordy Runners	1:08:36	1:08:59	104.	21.
211.	144	Joanna Breakell	Female V40	Unattached	1:08:45	1:09:16	105.	15.
212.	164	Kayley Chalk	Female Senior	Lee Hammond	1:08:57	1:09:37	106.	29.
213.	300	Claire Macdougall	Female Senior	Unattached	1:09:02	1:09:22	107.	30.
214.	169	Lydia Clemens	Female V40	Unattached	1:09:19	1:10:00	108.	16.
215.	417	Molly White	Female Senior	Unattached	1:09:24	1:09:40	109.	31.
216.	441	Sarah Young	Female Senior	Unattached	1:09:28	1:10:10	110.	32.
217.	172	Sam Cockle	Male Senior	Unattached	1:10:04	1:10:36	107.	40.
218.	434	Maria Worrall	Female V55	Unattached	1:10:20	1:10:28	111.	15.
219.	381	Alan Shawcross	Male V70	Unattached	1:10:38	1:10:44	108.	1.
220.	412	Kirsty Warwick	Female Senior	Unattached	1:10:42	1:11:13	112.	33.
221.	298	Matthew Lockyer	Male V40	Unattached	1:10:52	1:11:30	109.	13.
222.	336	Neil Palmer	Male V60	Unattached	1:11:06	1:11:36	110.	9.
223.	310	Jade Mcmurtry	Female Senior	Unattached	1:11:18	1:11:34	113.	34.
224.	141	Sophie Brackett	Female Senior	Unattached	1:11:32	1:11:47	114.	35.
225.	127	Luke Bates	Male Senior	Unattached	1:11:35	1:11:37	111.	41.
226.	399	Ross Thomson	Male Senior	Jess Thomson	1:11:35	1:11:38	112.	42.
227.	419	Amy Whitten	Female Senior	Rushmere Community Runners	1:11:43	1:12:02	115.	36.
228.	193	Rachel Cutts	Female Senior	Unattached	1:11:47	1:12:26	116.	37.
229.	181	Elaine Cooper	Female V50	Unattached	1:11:49	1:12:10	117.	22.
230.	218	Katy Ensch	Female Senior	Unattached	1:11:53	1:12:27	118.	38.
231.	137	Crystal Blemings	Female Senior	Unattached	1:12:20	1:12:55	119.	39.
232.	291	Amy Leabon	Female V40	Unattached	1:12:21	1:12:55	120.	17.
233.	115	Anna Baker	Female V40	Unattached	1:12:25	1:13:04	121.	18.
234.	135	Joanna Birch	Female V50	Unattached	1:12:33	1:12:57	122.	23.
235.	102	Chloe Alle	Female Senior	Unattached	1:13:26	1:13:57	123.	40.
236.	215	Samantha Emery	Female Senior	Infinite Potensial Fitness	1:13:50	1:14:22	124.	41.
237.	426	Beth Willis	Female Senior	Infinite Potensial Fitness	1:13:51	1:14:22	125.	42.
238.	315	Victoria Miller	Female Senior	Unattached	1:13:57	1:14:21	126.	43.
239.	142	Jordan Brame	Female Senior	Unattached	1:14:02	1:14:16	127.	44.
240.	305	Laura Man	Female V40	Unattached	1:14:14	1:14:45	128.	19.
241.	101	Kelly Alderman	Female Senior	Unattached	1:14:14	1:14:45	129.	45.
242.	178	Debbie Cook	Female V60	Stowmarket Striders	1:14:29	1:14:53	130.	5.
243.	231	Helen Fitzhugh	Female V40	Unattached	1:14:34	1:14:58	131.	20.
244.	438	Rachel Yendley	Female Senior	Unattached	1:14:48	1:15:10	132.	46.



Overall Results (Based On Chip Times)

Place	Bib	Name	AG	Club	Chip	Gun	GenP	AgP
245.	439	Sue Yendley	Female V55	Brj run and tri	1:14:49	1:15:11	133.	16.
246.	309	Deborah Mcdowall	Female V60	Stowmarket Striders	1:14:51	1:15:14	134.	6.
247.	105	Andrew Anderson-hurst	Male V40	Kesgrave Kruisers	1:14:54	1:15:18	113.	14.
248.	320	Sean Moore	Male V40	Kesgrave Kruisers	1:14:55	1:15:17	114.	15.
249.	445	Malcolm Darvill	Male V65	Unattached	1:15:02	1:15:28	115.	3.
250.	424	Liz Williamson	Female V50	Unattached	1:15:10	1:15:26	135.	24.
251.	333	Elizabeth Norton	Female V50	Unattached	1:15:55	1:16:13	136.	25.
252.	247	Jessica Gidman	Female Senior	Unattached	1:16:51	1:17:11	137.	47.
253.	329	Laura Naughton	Female Senior	Unattached	1:16:55	1:17:09	138.	48.
254.	328	Tom Naughton	Male Senior	Unattached	1:16:56	1:17:09	116.	43.
255.	212	Claire Ellis	Female Senior	Unattached	1:17:16	1:17:54	139.	49.
256.	233	Danielle Fletcher	Female V40	Unattached	1:17:19	1:18:01	140.	21.
257.	294	Belinda Littler	Female V45	Unattached	1:17:39	1:18:14	141.	20.
258.	346	James Perry	Male V40	Unattached	1:18:50	1:19:31	117.	16.
259.	345	Laura Perry	Female V40	Unattached	1:18:50	1:19:32	142.	22.
260.	131	Chloe Bellotti	Female V40	Martin Bellotti	1:19:11	1:19:53	143.	23.
261.	123	Melanie Barr	Female Senior	Unattached	1:19:12	1:19:32	144.	50.
262.	386	Hollie Smith	Female Senior	Unattached	1:19:49	1:20:24	145.	51.
263.	188	Charlotte Coulling	Female Senior	Unattached	1:19:51	1:20:24	146.	52.
264.	274	Karina Hunt	Female V45	Unattached	1:19:55	1:20:31	147.	21.
265.	293	Sally Lilley	Female V60	Unattached	1:20:05	1:20:40	148.	7.
266.	303	Chloe Mallett	Female Senior	Unattached	1:20:05	1:20:39	149.	53.
267.	414	Ali Waugh	Female Senior	Unattached	1:20:15	1:20:52	150.	54.
268.	192	Donna Cutmore	Female V50	Unattached	1:20:29	1:21:08	151.	26.
269.	324	Tanya Murphy	Female V45	Unattached	1:20:29	1:21:08	152.	22.
270.	186	Rebecca Cornish	Female V55	Unattached	1:21:27	1:22:02	153.	17.
271.	187	Lee Cornish	Male V50	Unattached	1:21:27	1:22:03	118.	21.
272.	364	Kathryn Regan	Female V45	Unattached	1:23:16	1:23:26	154.	23.
273.	275	Gemma Hussey	Female V40	Unattached	1:23:16	1:23:25	155.	24.
274.	338	Chris Parker	Male V55	Unattached	1:23:43	1:24:08	119.	7.
275.	213	Hannah Ellis	Female V40	Unattached	1:23:54	1:24:11	156.	25.
276.	124	Shelley Barrett	Female V45	Unattached	1:24:03	1:24:40	157.	24.
277.	356	Nicola Powling	Female V40	Unattached	1:24:05	1:24:42	158.	26.
278.	323	Dinah Mothersole	Female V65	Unattached	1:24:56	1:25:25	159.	3.
279.	437	Joan Wright	Female V70	Unattached	1:24:57	1:25:25	160.	1.
280.	221	Margaret Fairhead	Female V60	Unattached	1:24:57	1:25:25	161.	8.
281.	284	Karen Keeley	Female V60	Unattached	1:24:57	1:25:25	162.	9.
282.	138	Chris Bolton	Male V55	Unattached	1:30:35	1:32:06	120.	8.
283.	199	Fiona Deem	Female V45	Lonely Goat RC	1:37:24	1:38:09	163.	25.
284.	340	Sarah Parr	Female V55	Unattached	1:37:27	1:38:12	164.	18.
DNF	307	Laura Marshall	Female V45	Unattached				
DNS	121	Catherine Barlow	Female Senior	Cambridge & Coleridge AC				
DNS	133	Poppy Bingham	Female U20	Saint Edmund Pacers				
DNS	136	Lucy Bishop	Female V50	Unattached				
DNS	145	Ryley Breakell	Male U17	Unattached				
DNS	147	Aaron Britton	Male Senior	Unattached				
DNS	148	Joanne Brown	Female V45	Chatteris Running Club				
DNS	150	Kaylee Brown	Female Senior	Unattached				
DNS	155	Joe Bunce	Male Senior	Unattached				



Overall Results (Based On Chip Times)

Place	Bib	Name	AG	Club	Chip	Gun	GenP	AgP
DNS	157	Daniel Burns	Male Senior	Unattached				
DNS	170	Sian Coakes	Female V45	Unattached				
DNS	174	David Cole	Male V45	Unattached				
DNS	175	Erica Cole	Female V40	Moreton Hall Runners				
DNS	176	Jemma Collins	Female V45	Wellness One				
DNS	180	Josh Cooper	Male Senior	Unattached				
DNS	194	Katie Dagnall	Female V40	Unattached				
DNS	202	Aaron Dew	Male Senior	Wooleners Wanderers				
DNS	219	Alistair Evans	Male Senior	Unattached				
DNS	226	Amie Field	Female Senior	Haverhill Running Club				
DNS	236	Steve Foster	Male V55	Haverhill Running Club				
DNS	238	Zara Fraser	Female Senior	Bury pacers				
DNS	239	Tracey Frear	Female V50	Chatteris running club				
DNS	240	Tim Freathy	Male V60	Unattached				
DNS	241	Frances Freeman	Female V40	Unattached				
DNS	243	Sian Freeman	Female Senior	Unattached				
DNS	244	Kellie Garrod	Female V40	Haverhill Running Club				
DNS	250	Caroline Gladwell	Female V40	Unattached				
DNS	251	Andrew Godden	Male Senior	Milocarian AC				
DNS	255	Harvey Grimwood	Male Senior	Unattached				
DNS	260	Jemma Hall	Female Senior	Unattached				
DNS	262	Denise Hamilton	Female V55	Ipswich Jaffa RC				
DNS	266	Heather Heather	Female V50	Running at 40 plus				
DNS	272	Sophia Howard	Female V50	Unattached				
DNS	276	Michele Jackson	Female V45	Unattached				
DNS	282	Chris Jones	Male V50	Unattached				
DNS	283	Robin Jones	Male Senior	Unattached				
DNS	287	Simon Kirby	Male Senior	Unattached				
DNS	289	Andrew Kydd	Male V55	Unattached				
DNS	290	Kim Laud	Female V50	CRC				
DNS	312	Todd Middleton	Male Senior	Currys				
DNS	326	Mayumi Nakagawa	Female V50	Unattached				
DNS	335	Claire Over	Female Senior	Unattached				
DNS	347	Bronte Perry	Female Senior	Unattached				
DNS	349	Alice Pillar	Female Senior	Unattached				
DNS	350	Siobhan Pilo-beech	Female Senior	Unattached				
DNS	359	Henrietta Railing	Female Senior	Unattached				
DNS	373	Michael Roscoe	Male V40	Unattached				
DNS	375	Robyn Ruffles	Female Senior	Unattached				
DNS	377	Anna Saltmarsh	Female V50	Unattached				
DNS	383	Jem Shorten	Female V45	Unattached				
DNS	395	Kelly Stroud	Female V40	Unattached				
DNS	398	Christine Taylor	Female V60	Haverhill Running Club				
DNS	406	Vanessa Vance	Female Senior	Unattached				
DNS	409	Sarah Walker	Female Senior	Unattached				
DNS	410	Amy Walton	Female Senior	Unattached				
DNS	416	Olivia Wheeler	Female Senior	Unattached				
DNS	421	Jess Wildig	Female Senior	Unattached				
DNS	422	Richard Williams	Male V45	Unattached				



Overall Results (Based On Chip Times)

Place	Bib	Name	AG	Club	Chip	Gun	GenP	AgP
DNS	427	Anna Wilson	Female V45	Unattached				
DNS	428	Louis Winder	Male Senior	Unattached				
DNS	431	Matthew Wisbey	Male Senior	Newmarket Joggers				

Overall Results (Based On Chip Times)



Place	Bib	Name	AG	Club	Chip	Gun	GenP	AgP
Ickworth Sunset Chase 5k								
1.	12	Richard Daniels	Male Senior	Unattached	17:02	17:04	1.	1.
2.	69	Chris Woolener	Male Senior	Unattached	18:09	18:11	2.	2.
3.	68	Jake Barnard	Male Senior	Unattached	18:32	18:34	3.	3.
4.	31	Richard Lee	Male V40	Ely Runners	19:20	19:22	4.	1.
5.	11	Chloe Connell	Female Senior	Unattached	20:19	20:22	1.	1.
6.	54	Amelia Smith	Female U15	Saint Edmund Pacers	20:36	20:38	2.	1.
7.	55	Nick Smith	Male V40	Saint Edmund Pacers	20:36	20:38	5.	2.
8.	3	Sidney Astle	Male U13	Saint Edmund Pacers	21:19	21:21	6.	1.
9.	32	Lily Lockyer	Female U15	Unattached	23:08	23:11	3.	2.
10.	38	Piers Morgan	Male V55	Stowmarket Striders	23:17	23:20	7.	1.
11.	2	Finin Anderson-hurst	Male U15	Unattached	23:28	23:31	8.	1.
12.	50	Selica Seigny	Female V40	Ely Runners	23:45	23:49	4.	1.
13.	18	Katharine Fowler	Female Senior	Unattached	23:47	23:51	5.	2.
14.	16	Laura Foort	Female V45	Moreton Hall Runners	24:51	24:54	6.	1.
15.	24	Oliver Hammond	Male V45	Unattached	24:55	25:05	9.	1.
16.	26	Kevin Jamieson	Male V60	Haverhill Running Club	26:03	26:11	10.	1.
17.	10	Leonardo Cava	Male V45	Unattached	27:14	27:23	11.	2.
18.	25	Sarah James	Female V45	Great Yarmouth Road Runners	27:51	27:55	7.	2.
19.	39	Irene Nuzzo	Female V45	Unattached	28:20	28:26	8.	3.
20.	42	Carla Pereira	Female V40	Saint Edmund Pacers	28:31	28:38	9.	2.
21.	7	Bryony Cain	Female V45	Unattached	28:51	28:59	10.	4.
22.	36	Arabelle Mijares	Female V45	Unattached	29:46	29:51	11.	5.
23.	37	Carlel Mijares	Male U13	Unattached	29:51	29:56	12.	2.
24.	29	Sarah Last	Female V50	Newmarket Joggers	30:30	30:37	12.	1.
25.	15	Tracie Emerson	Female V50	Unattached	30:44	30:50	13.	2.
26.	63	Jess White	Female Senior	Unattached	30:56	31:04	14.	3.
27.	45	Holly Richardson	Female Senior	Unattached	30:58	31:04	15.	4.
28.	34	Katie Marner	Female Senior	Unattached	31:03	31:16	16.	5.
29.	22	Emily Halestrap	Female Senior	Unattached	31:13	31:25	17.	6.
30.	57	James Spillett	Male V50	Unattached	31:17	31:22	13.	1.
31.	33	Isla Mapston	Female U17	Unattached	31:18	31:22	18.	1.
32.	6	Sonia Butler	Female V45	Haverhill Running Club	31:32	31:36	19.	6.
33.	56	Arkadiusz Sowik	Male V40	Unattached	31:37	31:40	14.	3.
34.	27	Gemma Kanaris	Female V40	Unattached	31:43	31:49	20.	3.
35.	1	Caitlin Anderson-hurst	Female U13	Unattached	32:40	32:45	21.	1.
36.	106	Roisin Anderson-hurst	Female V40	Unattached	32:41	32:45	22.	4.
37.	58	Gary Stirland	Male V60	Unattached	33:08	33:14	15.	2.
38.	43	Hayley Peters	Female Senior	Stowmarket Striders	33:09	33:14	23.	7.
39.	8	Stacey Castle	Female V55	Haverhill Running Club	33:27	33:37	24.	1.
40.	53	Abigail Smith	Female Senior	Unattached	35:24	35:30	25.	8.
41.	14	Ailsa Denny	Female Senior	Unattached	35:25	35:30	26.	9.
42.	23	Lisa Hammond	Female V45	Unattached	36:02	36:12	27.	7.
43.	17	Paul Forshaw	Male V70	Fetch Everyone Running Club	37:16	37:25	16.	1.
44.	49	Annelie Seiler	Female V45	Unattached	37:19	37:26	28.	8.
45.	4	Carolyn Bramble	Female V60	Unattached	37:26	37:33	29.	1.
46.	5	Sophie Buckle	Female Senior	Unattached	37:36	37:44	30.	10.
47.	67	Charlotte Wright	Female Senior	Unattached	38:54	39:06	31.	11.
48.	35	Jane Meech	Female V60	Unattached	39:36	39:43	32.	2.



Overall Results (Based On Chip Times)

Place	Bib	Name	AG	Club	Chip	Gun	GenP	AgP
49.	40	Jan Parker	Female V60	Unattached	39:38	39:52	33.	3.
50.	21	Gillie Green	Female V60	Newmarket Joggers	39:39	39:51	34.	4.
51.	59	Michelle Todd	Female V40	Unattached	40:19	40:28	35.	5.
52.	60	Sophia Todd	Female U15	Unattached	40:21	40:30	36.	3.
53.	52	Amy Shave	Female V40	Unattached	40:35	40:42	37.	6.
54.	30	Sophie Last	Female V40	Unattached	40:35	40:43	38.	7.
55.	41	Megan Pearson	Female Senior	Unattached	44:59	45:12	39.	12.
56.	402	Stacey Toynton	Female Senior	Unattached	45:15	45:27	40.	13.
57.	62	Emma Uden	Female V55	Chatteris Running Club	45:32	45:46	41.	2.
58.	61	Chris Uden	Male V65	Chatteris Running Club	50:57	51:11	17.	1.
DNS	366	Sarah Relf	Female V55	Infinite Potensial Fitness				
DNS	9	Grant Catchpole	Male V40	Unattached				
DNS	13	M Darvill	Male V65	Unattached				
DNS	28	Andrew Kydd	Male V55	Unattached				
DNS	44	James Plummer	Male V40	Unattached				
DNS	46	Lynn Robert	Female V55	Cambridge & Coleridge AC				
DNS	47	Shannon Roberts	Female Senior	Unattached				
DNS	48	Jennifer Ruggier	Female Senior	Unattached				
DNS	51	Daisy Sewell	Female Senior	Unattached				
DNS	64	Murray Willson	Male V40	Unattached				
DNS	65	Charlotte Woolaston	Female Senior	Unattached				
DNS	66	Laura Wreathall	Female Senior	Unattached				

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