

RACE CHIP TIMING RESULTS

Year	Contest	Place	Bib	Name	AG	Club	Gun	Chip	Gen P	AG P
2019	Baldock 5k Rat Run	1.	188	Peter Clarke	Male V35	Unattached	18:42	18:40	1	1
2019	Baldock 5k Rat Run	2.	79	Charlie GRAYSON	Male U17	Stevenage & North Herts AC	18:59	18:58	2	1
2019	Baldock 5k Rat Run	3.	111	Simon MACE	Male V40	Unattached	19:15	19:12	3	1
2019	Baldock 5k Rat Run	4.	167	Ollie SUMMERS	Male Senior	Unattached	20:15	20:12	4	1
2019	Baldock 5k Rat Run	5.	42	Ian DATLEN	Male V45	North Herts Road Runners	20:16	20:13	5	1
2019	Baldock 5k Rat Run	6.	85	Grant HARKNETT	Male Senior	Unattached	20:18	20:16	6	2
2019	Baldock 5k Rat Run	7.	124	Philip MEAD	Male Senior	Amphill & Flitwick Flyers Running Club	20:21	20:17	7	3
2019	Baldock 5k Rat Run	8.	25	Steven CARROD	Male V35	Unattached	20:51	20:48	8	2
2019	Baldock 5k Rat Run	9.	84	Richard HARBON	Male V55	North Herts Road Runners	21:06	21:03	9	1
2019	Baldock 5k Rat Run	10.	130	Dave MUNDY	Male V45	Unattached	21:26	21:22	10	2
2019	Baldock 5k Rat Run	11.	13	Rhia BOTHA	Female Senior	North Herts Road Runners	21:26	21:22	1	1
2019	Baldock 5k Rat Run	12.	8	Robin BERRY	Male V40	Unattached	21:35	21:32	11	2
2019	Baldock 5k Rat Run	13.	20	Kevin BROWNE	Male V40	Unattached	21:38	21:34	12	3
2019	Baldock 5k Rat Run	14.	123	Neil MCKIE	Male V35	Unattached	21:42	21:33	13	3
2019	Baldock 5k Rat Run	15.	68	Charlotte GIBSON	Female V40	Unattached	21:47	21:45	2	1
2019	Baldock 5k Rat Run	16.	141	Alastair PENMAN	Male Senior	Unattached	21:48	21:44	14	4
2019	Baldock 5k Rat Run	17.	92	Paula HOLM	Female V40	North Herts Road Runners	21:58	21:54	3	2
2019	Baldock 5k Rat Run	18.	43	Paul DAVIES	Male V40	Unattached	22:04	21:56	15	4
2019	Baldock 5k Rat Run	19.	151	William REYNOLDS	Male U15	Unattached	22:09	22:06	16	1
2019	Baldock 5k Rat Run	20.	29	Andrew COATES	Male V40	North Herts Road Runners	22:27	22:23	17	5
2019	Baldock 5k Rat Run	21.	106	Sophie LESLIE	Female U15	Bedford & County Athletic Club	22:27	22:25	4	1
2019	Baldock 5k Rat Run	22.	51	Daniel EDWARDS	Male Senior	Unattached	22:30	22:28	18	5
2019	Baldock 5k Rat Run	23.	162	Harjit SINGH	Male V45	Unattached	22:47	22:44	19	3
2019	Baldock 5k Rat Run	24.	18	Steve BRENTON	Male V35	North Herts Road Runners	22:51	22:43	20	4
2019	Baldock 5k Rat Run	25.	30	Richard COFFEY	Male V50	Unattached	23:11	23:05	21	1
2019	Baldock 5k Rat Run	26.	97	John KEMP	Male V45	Unattached	23:31	23:21	22	4
2019	Baldock 5k Rat Run	27.	28	Dayle CLARKE	Male Senior	Unattached	23:33	23:25	23	6
2019	Baldock 5k Rat Run	28.	5	Russell AYLOTT	Male V35	Unattached	23:35	23:28	24	5
2019	Baldock 5k Rat Run	29.	146	Richard PRICE	Male V35	Unattached	23:35	23:33	25	6
2019	Baldock 5k Rat Run	30.	175	Barbora UHRAKOVA	Female Senior	Stopsley Striders	23:55	23:50	5	2
2019	Baldock 5k Rat Run	31.	67	Neil GEE	Male V50	Unattached	24:00	24:00	26	2
2019	Baldock 5k Rat Run	32.	69	Stuart GIDDINGS	Male V40	Unattached	24:10	24:07	27	6
2019	Baldock 5k Rat Run	33.	134	Lucy O'CONNOR	Female V55	North Herts Road Runners	24:21	24:15	6	1
2019	Baldock 5k Rat Run	34.	110	Martin MACDONALD	Male V45	Unattached	24:25	24:16	28	5
2019	Baldock 5k Rat Run	35.	148	Jonathan QUEST	Male V55	Unattached	24:35	24:23	29	2
2019	Baldock 5k Rat Run	36.	31	Richard COLE	Male V40	Unattached	24:43	24:34	30	7
2019	Baldock 5k Rat Run	37.	103	Emma KOPPE	Female V40	Unattached	24:48	24:44	7	3
2019	Baldock 5k Rat Run	38.	125	Robert MEHEW	Male V35	Unattached	24:52	24:45	31	7
2019	Baldock 5k Rat Run	39.	16	Stuart BRADFORD	Male V35	Unattached	25:01	24:55	32	8
2019	Baldock 5k Rat Run	40.	165	Rikki STARR	Male V35	Unattached	25:15	25:06	33	9
2019	Baldock 5k Rat Run	41.	35	Andrew COOPER	Male V45	North Herts Road Runners	25:27	25:16	34	6

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2019 Baldock 5k Rat Run	42.	62 Timothy GALLAGHER	Male V35	Unattached	25:41	25:34	35	10
2019 Baldock 5k Rat Run	43.	72 Alan GORDON	Male V45	Unattached	25:51	25:40	36	7
2019 Baldock 5k Rat Run	44.	47 Ann DIXON-DYER	Female Senior	Unattached	25:55	25:42	8	3
2019 Baldock 5k Rat Run	45.	199 Benjamin Shaw	Male Senior	Unattached	26:06	26:02	37	7
2019 Baldock 5k Rat Run	46.	15 Enfys BRADFORD	Female V35	Unattached	26:07	26:02	9	1
2019 Baldock 5k Rat Run	47.	40 Rachel CURTIS-KING	Female V40	Unattached	26:14	26:09	10	4
2019 Baldock 5k Rat Run	48.	179 Dan WEBB	Male Senior	Unattached	26:50	26:38	38	8
2019 Baldock 5k Rat Run	49.	89 Alan HAZLEHURST	Male V50	North Herts Road Runners	26:50	26:41	39	3
2019 Baldock 5k Rat Run	50.	63 Harrison GALLAGHER	Male U13	Unattached	26:53	26:45	40	1
2019 Baldock 5k Rat Run	51.	152 Matt ROBERTS	Male V40	Unattached	26:56	26:42	41	8
2019 Baldock 5k Rat Run	52.	129 Natalie MOEY	Female Senior	Unattached	27:07	26:53	11	4
2019 Baldock 5k Rat Run	53.	27 Sherryl CHATFIELD	Female V35	North Herts Road Runners	27:10	26:58	12	2
2019 Baldock 5k Rat Run	54.	185 Charlie Robinson	Male V50	Unattached	27:17	27:05	42	4
2019 Baldock 5k Rat Run	55.	178 David WALTERS	Male V40	Unattached	27:19	27:11	43	9
2019 Baldock 5k Rat Run	56.	3 Mark ANDREWS	Male V35	Unattached	27:20	27:14	44	11
2019 Baldock 5k Rat Run	57.	198 Ian SUTCLIFFE	Male V70+	North Herts Road Runners	27:20	27:12	45	1
2019 Baldock 5k Rat Run	58.	1 Richard AINSCOUGH	Male Senior	Unattached	27:22	27:14	46	9
2019 Baldock 5k Rat Run	59.	70 Max GIFFORD	Male Senior	Unattached	27:25	27:25	47	10
2019 Baldock 5k Rat Run	60.	10 James BOAR	Male U11	Unattached	27:27	27:15	48	1
2019 Baldock 5k Rat Run	61.	12 Daniel BOAR	Male U9	Unattached	27:27	27:16	49	1
2019 Baldock 5k Rat Run	62.	142 Clare PETTS	Female V45	Amphill & Flitwick Flyers Running Club	27:50	27:47	13	1
2019 Baldock 5k Rat Run	63.	155 Matthew ROWLINSON	Male Senior	Unattached	27:57	27:40	50	11
2019 Baldock 5k Rat Run	64.	128 Emily MILLETT-DEISEROTH	Female Senior	Unattached	27:58	27:48	14	5
2019 Baldock 5k Rat Run	65.	192 Philipp Kennedy	Male V60	Unattached	27:59	27:48	51	1
2019 Baldock 5k Rat Run	66.	135 Carla ONEIL	Female V40	Unattached	28:02	27:48	15	5
2019 Baldock 5k Rat Run	67.	186 Jonathan Nasir	Male V40	Unattached	28:03	27:46	52	10
2019 Baldock 5k Rat Run	68.	45 Ian DEVLIN	Male V35	Unattached	28:17	28:02	53	12
2019 Baldock 5k Rat Run	69.	11 Chris BOAR	Male V40	Unattached	28:24	28:12	54	11
2019 Baldock 5k Rat Run	70.	133 Edyta NIEDBALA	Female Senior	Unattached	28:49	28:38	16	6
2019 Baldock 5k Rat Run	71.	2 Katie ANDREWS	Female V35	Unattached	28:50	28:44	17	3
2019 Baldock 5k Rat Run	72.	36 Hannah CORNISH	Female V35	Unattached	28:58	28:48	18	4
2019 Baldock 5k Rat Run	73.	109 Nikki LUFKIN	Female V35	Fairlands Valley Spartans	28:58	28:52	19	5
2019 Baldock 5k Rat Run	74.	132 Paul MURDOCH	Male V45	Unattached	29:15	29:03	55	8
2019 Baldock 5k Rat Run	75.	131 Antonia MUNN	Female V50	Stopsley Striders	29:23	29:16	20	1
2019 Baldock 5k Rat Run	76.	163 Alan SKEWIS	Male V45	Unattached	29:24	29:11	56	9
2019 Baldock 5k Rat Run	77.	48 Matthew DIXON-DYER	Male Senior	Unattached	29:25	29:12	57	12
2019 Baldock 5k Rat Run	78.	54 Max FARMER	Male Senior	Unattached	29:28	29:17	58	13
2019 Baldock 5k Rat Run	79.	100 Hannah KING	Female Senior	Unattached	29:33	29:17	21	7
2019 Baldock 5k Rat Run	80.	150 Reuben REED	Male U9	Unattached	29:38	29:30	59	2
2019 Baldock 5k Rat Run	81.	149 Julie REED	Female V35	Unattached	29:38	29:30	22	6
2019 Baldock 5k Rat Run	82.	157 Claire RULTON	Female V40	Bedford Harriers AC	29:39	29:34	23	6
2019 Baldock 5k Rat Run	83.	158 Ethan RULTON	Male U9	Unattached	29:40	29:35	60	3

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2019 Baldock 5k Rat Run	84.	7 Sarah BERRY	Female V35	Ware Joggers	29:49	29:35	24	7
2019 Baldock 5k Rat Run	85.	115 Helen MARSON-SMITH	Female V35	North Herts Road Runners	29:56	29:51	25	8
2019 Baldock 5k Rat Run	86.	116 Jolanta MATOGA	Female Senior	Unattached	30:08	29:57	26	8
2019 Baldock 5k Rat Run	87.	187 Katie Golledge	Female V35	Unattached	30:11	29:59	27	9
2019 Baldock 5k Rat Run	88.	46 Paul DIXON	Male V45	Unattached	30:26	30:16	61	10
2019 Baldock 5k Rat Run	89.	173 Rosie TOMLINSON	Female Senior	Unattached	30:32	30:15	28	9
2019 Baldock 5k Rat Run	90.	136 Marzena PACHOLEK	Female Senior	Unattached	30:39	30:28	29	10
2019 Baldock 5k Rat Run	91.	153 Tim ROBINSON	Male V50	Fairlands Valley Spartans	30:54	30:33	62	5
2019 Baldock 5k Rat Run	92.	122 Laura MCKIE	Female V35	Unattached	31:15	31:01	30	10
2019 Baldock 5k Rat Run	93.	137 Estelle PARKINS	Female Senior	Stopsley Striders	31:37	31:29	31	11
2019 Baldock 5k Rat Run	94.	105 Sian LENNON-CHRIMES	Female V45	Unattached	31:45	31:42	32	2
2019 Baldock 5k Rat Run	95.	194 Theo Milner	Male U9	Unattached	32:02	31:44	63	4
2019 Baldock 5k Rat Run	96.	195 Helen Milner	Female V40	Unattached	32:03	31:45	33	7
2019 Baldock 5k Rat Run	97.	22 Heidi CAMERON	Female Senior	Unattached	32:04	31:55	34	12
2019 Baldock 5k Rat Run	98.	53 Ivan EVERSLEY	Male V55	Unattached	32:09	31:51	64	3
2019 Baldock 5k Rat Run	99.	44 Ron DEISEROTH	Male V60	Unattached	32:11	31:56	65	2
2019 Baldock 5k Rat Run	100.	119 Paul MCCREATH	Male V45	Unattached	32:12	31:56	66	11
2019 Baldock 5k Rat Run	101.	38 Karen CUBBAGE	Female V35	Unattached	32:15	32:11	35	11
2019 Baldock 5k Rat Run	102.	121 Elizabeth MCGINLEY	Female V70+	Stopsley Striders	32:23	32:13	36	1
2019 Baldock 5k Rat Run	103.	4 Jodie ARMITAGE	Female V45	Unattached	32:24	32:06	37	3
2019 Baldock 5k Rat Run	104.	196 Josiah Reed	Male U13	Unattached	32:29	32:22	67	2
2019 Baldock 5k Rat Run	105.	197 Scott Reed	Male V40	Unattached	32:30	32:22	68	12
2019 Baldock 5k Rat Run	106.	102 Wendy KNIGHT	Female V55	Unattached	32:38	32:23	38	2
2019 Baldock 5k Rat Run	107.	189 Karen Eversley	Female V45	Unattached	32:41	32:25	39	4
2019 Baldock 5k Rat Run	108.	96 Brian JUDKINS	Male V60	North Herts Road Runners	32:49	32:36	69	3
2019 Baldock 5k Rat Run	109.	140 Henry PEDERSEN	Male U9	Unattached	32:51	32:40	70	5
2019 Baldock 5k Rat Run	110.	191 Sarah Chapman	Female V55	Unattached	33:07	32:57	40	3
2019 Baldock 5k Rat Run	111.	114 Walli MARR	Male V65	Unattached	33:10	32:53	71	1
2019 Baldock 5k Rat Run	112.	138 Julie PEDERSEN	Female V40	Unattached	33:12	33:01	41	8
2019 Baldock 5k Rat Run	113.	139 Alfred PEDERSEN	Male U11	Unattached	33:12	33:02	72	2
2019 Baldock 5k Rat Run	114.	180 Richard WHITING	Male V65	Herts Phoenix	33:14	32:54	73	2
2019 Baldock 5k Rat Run	115.	21 Sally BUTTERFIELD	Female V45	Unattached	33:23	33:04	42	5
2019 Baldock 5k Rat Run	116.	112 Paul MAKIN	Male V40	Unattached	33:29	33:11	74	13
2019 Baldock 5k Rat Run	117.	159 Andy SCAPLEHORN	Male V50	Unattached	33:36	33:25	75	6
2019 Baldock 5k Rat Run	118.	176 Lisa WALLACE	Female V45	Unattached	33:44	33:31	43	6
2019 Baldock 5k Rat Run	119.	64 Claire GALLEGRO	Female V40	Unattached	33:47	33:35	44	9
2019 Baldock 5k Rat Run	120.	118 Tracey MCCREATH	Female V45	Unattached	33:49	33:34	45	7
2019 Baldock 5k Rat Run	121.	14 Mike BOYCE	Male V45	Unattached	33:57	33:50	76	12
2019 Baldock 5k Rat Run	122.	82 Rachel HANCOCK	Female V45	Unattached	33:57	33:39	46	8
2019 Baldock 5k Rat Run	123.	101 Geraldine KITCHENER	Female V45	Unattached	33:57	33:50	47	9
2019 Baldock 5k Rat Run	124.	71 David GOODIER	Male V40	Unattached	34:07	33:48	77	14
2019 Baldock 5k Rat Run	125.	98 Dawn KEVEREN	Female V45	Stopsley Striders	34:10	34:01	48	10

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2019 Baldock 5k Rat Run	126.	26 Aisha CENTALA	Female V35	Unattached	34:17	34:05	49	12
2019 Baldock 5k Rat Run	127.	177 Sybil WALLACE	Female V60	Unattached	34:28	34:13	50	1
2019 Baldock 5k Rat Run	128.	120 Tracy MCDONALD	Female V45	Stopsley Striders	34:30	34:21	51	11
2019 Baldock 5k Rat Run	129.	55 Olivia FINUCANE	Female V40	Unattached	34:50	34:39	52	10
2019 Baldock 5k Rat Run	130.	75 Helen GOVEY	Female V40	North Herts Road Runners	34:51	34:36	53	11
2019 Baldock 5k Rat Run	131.	74 Megan GOVEY	Female U11	Stevenage & North Herts AC	34:52	34:36	54	1
2019 Baldock 5k Rat Run	132.	156 Alan ROWLINSON	Male V40	Unattached	34:55	34:38	78	15
2019 Baldock 5k Rat Run	133.	49 Bridget DRIMUSSIS	Female V55	Unattached	35:04	34:55	55	4
2019 Baldock 5k Rat Run	134.	190 Sapphire Eversley	Female Junior	Unattached	35:50	35:33	56	1
2019 Baldock 5k Rat Run	135.	193 Alina Besanidou	Female Senior	Unattached	35:52	35:46	57	13
2019 Baldock 5k Rat Run	136.	172 Sylvia THOMAS	Female V55	Stopsley Striders	36:22	36:02	58	5
2019 Baldock 5k Rat Run	137.	56 Tricia FORDE	Female V60	Unattached	36:24	36:04	59	2
2019 Baldock 5k Rat Run	138.	183 Claire WOOD	Female V40	Unattached	36:33	36:16	60	12
2019 Baldock 5k Rat Run	139.	80 Callum GREEN	Male Senior	Unattached	36:46	36:30	79	14
2019 Baldock 5k Rat Run	140.	174 Shanika TROTMAN	Female Senior	Unattached	37:01	36:46	61	14
2019 Baldock 5k Rat Run	141.	144 Esme PHILLIPS	Female U15	Unattached	37:10	36:55	62	2
2019 Baldock 5k Rat Run	142.	143 Tina PHILLIPS	Female V45	Unattached	37:13	36:58	63	12
2019 Baldock 5k Rat Run	143.	147 Vicki PROWLE	Female V40	Unattached	37:13	36:55	64	13
2019 Baldock 5k Rat Run	144.	184 Hayley YATES	Female Senior	Unattached	37:15	37:02	65	15
2019 Baldock 5k Rat Run	145.	127 Jane MILLETT	Female V55	Unattached	38:22	38:07	66	6
2019 Baldock 5k Rat Run	146.	104 Isabel KUCUK	Female V50	Ware Joggers	39:27	39:14	67	2
2019 Baldock 5k Rat Run	147.	32 Sarah CONKAY	Female V50	Unattached	39:29	39:15	68	3
2019 Baldock 5k Rat Run	148.	94 Kelly JEFFREY	Female Senior	Unattached	39:47	39:27	69	16
2019 Baldock 5k Rat Run	149.	6 Cathy BARTON	Female V45	Unattached	40:11	40:04	70	13
2019 Baldock 5k Rat Run	150.	117 Ian MCBRIDE	Male V50	Unattached	40:11	40:04	80	7
2019 Baldock 5k Rat Run	151.	60 Felicity FRENCH	Female U9	Unattached	40:49	40:28	71	1
2019 Baldock 5k Rat Run	152.	57 Kate FRENCH	Female V35	Unattached	40:49	40:28	72	13
2019 Baldock 5k Rat Run	153.	95 Christopher JOHANSEN	Male V40	Unattached	42:04	41:45	81	16
2019 Baldock 5k Rat Run	154.	113 Lionel MANN	Male V70+	Ampthill & Flitwick Flyers Running Club	44:09	43:55	82	2
2019 Baldock 5k Rat Run	155.	99 Charlotte KING	Female Senior	Unattached	44:37	44:18	73	17
2019 Baldock 5k Rat Run	156.	166 Helen STONE	Female V65	Unattached	44:56	44:48	74	1
2019 Baldock 5k Rat Run	157.	61 Stanley FRENCH	Male U9	Unattached	46:54	46:32	83	6
2019 Baldock 5k Rat Run	158.	59 Sophie FRENCH	Female U9	Unattached	46:54	46:33	75	2
2019 Baldock 5k Rat Run	159.	58 Andrew FRENCH	Male V35	Unattached	46:55	46:34	84	13
2019 Baldock 5k Rat Run	160.	93 Kylie HUSE	Female Senior	Unattached	49:34	49:28	76	18
2019 Baldock 5k Rat Run	DNS	181 Abby WILSHER	Female Senior	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	41 Aidan DALY	Male V35	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	182 Alex WINDSOR	Male Senior	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	76 Alexander GRAVES	Male Senior	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	66 Alexandra GATES	Female Senior	Stevenage & North Herts AC			-1	-1
2019 Baldock 5k Rat Run	DNS	50 Andrea EDWARDA	Female V45	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	9 Andrew BLANCHARD	Male V45	Unattached			-1	-1

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2019 Baldock 5k Rat Run	DNS	88 Becca HAYDEN	Female Senior	Garden City Runners			-1	-1
2019 Baldock 5k Rat Run	DNS	33 Cath CONNOLLY	Female V50	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	78 Chloe GRAY	Female Senior	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	65 Claire GAMBRELL	Female V40	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	154 Craig ROWAND	Male V50	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	170 David TALMADGE	Male V40	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	145 Egle PIVORIUNIENE	Female Senior	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	126 Ella MILLAR COOK	Female Senior	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	164 Graham STAPLETON	Male V45	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	91 Ivan HOLM	Male V40	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	37 Jacqui COSTELLO	Female V45	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	108 Jennifer LOMAS	Female V35	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	161 Jessica SHERINGHAM	Female V40	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	52 Joanne EVANS	Female Senior	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	19 Joe BRIGHAM	Male V35	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	86 John HARRIS	Male V55	Fairlands Valley Spartans			-1	-1
2019 Baldock 5k Rat Run	DNS	83 Kelly HANLON	Female V45	North Herts Road Runners			-1	-1
2019 Baldock 5k Rat Run	DNS	81 Lewis GREEN	Male V35	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	73 Lindsay GOULD	Female Senior	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	77 Lisa GRAY	Female V45	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	24 Lucy CANNING	Female Senior	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	87 Lynn HARRIS	Female V50	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	90 Mark HOLGATE	Male V35	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	169 Michelle SUTTON	Female V45	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	39 Monica CULLIN	Female V70+	North Herts Road Runners			-1	-1
2019 Baldock 5k Rat Run	DNS	171 Name TBA	Female V55	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	160 Phillida SHAW	Female V70+	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	23 Rachel CANNING	Female V45	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	107 Renee LIBUTTI	Female V50	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	34 Sharon COOPER	Female V55	Unattached			-1	-1
2019 Baldock 5k Rat Run	DNS	17 Steven BRAZIER	Male V50	Unattached			-1	-1
2019 Centenary Circle 20m	1.	15 Colin Harper	Male 55-59	LBRR	02:40:57	02:40:55	1	1
2019 Centenary Circle 20m	2.	12 Mark Greensides	Male 35-39	Unattached	02:54:54	02:54:53	2	1
2019 Centenary Circle 20m	3.	26 James Lightbown	Male 35-39	Unattached	02:56:32	02:56:24	3	2
2019 Centenary Circle 20m	4.	4 Terry Brewster	Male 40-44	LBRR	02:56:39	02:56:32	4	1
2019 Centenary Circle 20m	5.	13 Robert Haldane	Male 60-64	LBRR	03:00:53	03:00:49	5	1
2019 Centenary Circle 20m	6.	10 Kevin Gard	Male 45-49	Mid Essex Casuals	03:01:05	03:00:56	6	1
2019 Centenary Circle 20m	7.	21 Martin Howlett	Male 40-44	Castle Point Joggers	03:01:49	03:01:48	7	2
2019 Centenary Circle 20m	8.	47 Paul Wilks	Male 40-44	Unattached	03:06:41	03:06:33	8	3
2019 Centenary Circle 20m	9.	8 Tim Fenn	Male 40-44	Halstead Road Runners	03:10:20	03:10:19	9	4
2019 Centenary Circle 20m	10.	5 Kate Dale	Female 30-34	Unattached	03:11:35	03:11:34	1	1
2019 Centenary Circle 20m	11.	9 Robert Frost	Male 30-34	Halstead Road Runners	03:12:36	03:12:34	10	1

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2019 Centenary Circle 20m	12.	50 Neil Churchill	Male 50-54	Unattached	03:25:50	03:25:45	11	1
2019 Centenary Circle 20m	13.	30 Gerry McGovern	Male 60-64	LBRR	03:25:51	03:25:45	12	2
2019 Centenary Circle 20m	14.	20 Matthew Hayes	Male 30-34	LBRR	03:26:07	03:26:02	13	2
2019 Centenary Circle 20m	15.	17 Kerry Harrington	Female 40-44	Grange Farm & Dunmow	03:26:25	03:26:24	2	1
2019 Centenary Circle 20m	16.	33 Lee Prowse	Male 55-59	Grange Farm & Dunmow	03:26:29	03:26:28	14	2
2019 Centenary Circle 20m	17.	24 Catherine Johnson	Female 50-54	Running Colchester	03:30:42	03:30:39	3	1
2019 Centenary Circle 20m	18.	45 Jackie Stretton	Female 30-34	Unattached	03:32:56	03:32:52	4	2
2019 Centenary Circle 20m	19.	2 Iain Amis	Male 40-44	Unattached	03:33:27	03:33:25	15	5
2019 Centenary Circle 20m	20.	35 Sandi Robinson-Miller	Female 50-54	Halstead Road Runners	03:35:45	03:35:38	5	2
2019 Centenary Circle 20m	21.	46 Adam U'Glow Jones	Male 40-44	Unattached	03:39:42	03:39:37	16	6
2019 Centenary Circle 20m	22.	49 Paula Shrimpton	Female 50-54	Unattached	03:39:45	03:39:41	6	3
2019 Centenary Circle 20m	23.	39 Timea Toth	Female 30-34	LBRR	03:40:21	03:40:17	7	3
2019 Centenary Circle 20m	24.	38 Samantha Tophill	Female 50-54	Team Trident	03:40:33	03:40:29	8	4
2019 Centenary Circle 20m	25.	3 Dominique Brazier	Female 35-39	LBRR	03:40:38	03:40:35	9	1
2019 Centenary Circle 20m	26.	48 Barbara Alexander	Female 35-39	Unattached	03:40:38	03:40:34	10	2
2019 Centenary Circle 20m	27.	16 Sharon Harper	Female 50-54	LBRR	03:40:39	03:40:34	11	5
2019 Centenary Circle 20m	28.	19 Simon Hawkins	Male 40-44	Unattached	03:43:13	03:43:03	17	7
2019 Centenary Circle 20m	29.	18 Lynsey Hawkins	Female 40-44	Braintree & DistrictAC	03:43:13	03:43:03	12	2
2019 Centenary Circle 20m	30.	41 Keith Walker	Male 70+	Billericay Striders	03:48:10	03:48:02	18	1
2019 Centenary Circle 20m	31.	40 Richard Wager	Male 40-44	Unattached	03:49:08	03:49:04	19	8
2019 Centenary Circle 20m	32.	29 Richard McEneary	Male 45-49	Mid Essex Casuals	03:50:40	03:50:31	20	2
2019 Centenary Circle 20m	33.	1 Joey Altomonte	Male 30-34	Unattached	03:51:36	03:51:34	21	3
2019 Centenary Circle 20m	34.	6 Lisa Dalton	Female 50-54	TRISudbury	04:19:54	04:19:51	13	6
2019 Centenary Circle 20m	35.	44 Gin Lawson	Female 50-54	100 Marathon Club	04:19:56	04:19:53	14	7
2019 Centenary Circle 20m	36.	27 Laura Marfleet		Unattached	04:20:48	04:20:43	15	1
2019 Centenary Circle 20m	37.	42 Andrew Wilmot	Male 70+	Halstead Road Runners	04:20:48	04:20:42	22	2
2019 Centenary Circle 20m	38.	22 Colin Jackson	Male 60-64	Grange Farm & Dunmow	04:30:27	04:30:19	23	3
2019 Centenary Circle 20m	39.	23 Glenda Jackson	Female 55-59	Grange Farm & Dunmow	04:30:27	04:30:19	16	1
2019 Centenary Circle 20m	40.	32 Lorraine Pretty	Female 50-54	Unattached	04:38:33	04:38:27	17	8
2019 Centenary Circle 20m	41.	37 Keith Thorogood	Male 60-64	Halstead Road Runners	04:38:34	04:38:29	24	4
2019 Centenary Circle 20m	42.	7 Nic Edwards	Female 45-49	Unattached	04:41:15	04:41:12	18	1
2019 Centenary Circle 20m	43.	25 Ian Lennard	Male 40-44	Takeley Running Group	04:41:16	04:41:13	25	9
2019 Centenary Circle 20m	44.	11 Adrian Gasser	Male 55-59	Halstead Road Runners	04:41:52	04:41:44	26	3
2019 Centenary Circle 20m	45.	43 John Warne	Male 65-69	Halstead Road Runners	04:42:52	04:42:43	27	1
2019 Centenary Circle 20m	46.	51 Anneli Ostler	Female 35-39	Felixstowe Road Runners	04:58:24	04:58:17	19	3
2019 Centenary Circle 20m	47.	31 Helen Pepper	Female 40-44	Unattached	05:27:51	05:27:42	20	3
2019 Centenary Circle 20m	48.	34 Steve Roberts	Male 35-39	Sudbury Joggers	05:37:13	05:37:03	28	3
2019 Centenary Circle 20m	DNF	28 Charlotte May	Female 35-39	Halstead Road Runners			-1	-1
2019 Centenary Circle 20m	DNS	14 Sarah Halls-Hutchings	Female 30-34	Trail Runners Association			-1	-1
2019 Centenary Circle 20m	DNS	36 Sharina Taylor	Female 40-44	The Dengie 100			-1	-1
2019 County Championships Hal 1		120 Adam HOWLETT	Male V45	Framlingham Flyers	1:18:30			
2019 County Championships Hal 1		206 Chris SEYMOUR	Male V50	Stowmarket Striders Running Club	1:28:16			

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2019 County Championships Hal 1	251 Emilie WIX	Female V35	Woodbridge Shufflers Running Club	1:33:36
2019 County Championships Hal 1	165 Frank MOGGAN	Male V70+	Stowmarket Striders Running Club	1:51:53
2019 County Championships Hal 1	208 Jenny SHEAHAN	Female V55	Eastern Veterans AC	1:52:53
2019 County Championships Hal 1	254 Maureen WRIGHT	Female V65+	Ipswich Jaffa RC	2:19:48
2019 County Championships Hal 1	181 Neil POLLARD	Male V40	Newmarket Joggers	1:14:46
2019 County Championships Hal 1	42 Neville CLARKE	Male V65	Newmarket Joggers	1:39:46
2019 County Championships Hal 1	152 Robin MACKENZIE	Male V55	Framlingham Flyers	1:31:32
2019 County Championships Hal 1	33 Samuel BURDETT	Male Senior	Stowmarket Striders Running Club	1:17:47
2019 County Championships Hal 1	226 Sandy THOROGOOD	Female V50	Sudbury Joggers	1:38:38
2019 County Championships Hal 1	86 Sarah FITCH	Female V45	Felixstowe RRC	1:37:17
2019 County Championships Hal 1	70 Stephen DUNNETT	Male V60	Framlingham Flyers	1:37:34
2019 County Championships Hal 1	161 Vicky MCTAGGART	Female V40	Unattached	1:49:55
2019 County Championships Hal 2	240 Andrew WEBBER	Male V55	Stowmarket Striders Running Club	1:36:15
2019 County Championships Hal 2	172 Chris MOWER	Male V40	St Edmunds Pacers	1:27:51
2019 County Championships Hal 2	167 Clare MOODIE	Female V40	Framlingham Flyers	2:06:38
2019 County Championships Hal 2	188 Clive PURBROOK	Male V60	Newmarket Joggers	1:57:25
2019 County Championships Hal 2	130 Elizabeth JAY	Female Senior	Unattached	2:27:38
2019 County Championships Hal 2	195 Jan RISEBROW	Female V55	Felixstowe RRC	2:29:25
2019 County Championships Hal 2	217 Jo STEPHENSON	Female V50	Stowmarket Striders Running Club	1:50:40
2019 County Championships Hal 2	25 Keith BORRETT	Male V65	Unattached	1:57:15
2019 County Championships Hal 2	115 Mark HAYWARD	Male Senior	Newmarket Joggers	1:18:50
2019 County Championships Hal 2	31 Piotr BULACZ	Male V45	Sudbury Joggers	1:25:35
2019 County Championships Hal 2	90 Sharon FROST	Female V45	St Edmunds Pacers	1:48:44
2019 County Championships Hal 2	27 Steve BROOKE	Male V50	Felixstowe RRC	1:28:52
2019 County Championships Hal 3	235 Adam WADE	Male Senior	Ipswich Jaffa RC	1:20:04
2019 County Championships Hal 3	219 Chris SUGARS	Male V45	Felixstowe RRC	1:28:19
2019 County Championships Hal 3	112 Emma HARWOOD	Female V45	Framlingham Flyers	2:03:31
2019 County Championships Hal 3	38 Jason CATTERMOLE	Male V50	Ipswich Jaffa RC	1:32:15
2019 County Championships Hal 3	43 Jo CLIFTON	Female V50	Saxmundham Sports Running & Fitness Club	2:17:06
2019 County Championships Hal 3	16 Robin BELSOM	Male V55	Ipswich Jaffa RC	1:36:30
2019 County Championships Hal 3	110 Robin HARPER	Male V40	Felixstowe RRC	1:33:52
2019 County Championships Hal 3	193 Steven REYNOLDS	Male V60	Unattached	2:23:09
2019 County Championships Hal 3	61 Yvonne DOE	Female V40	Stowmarket Striders Running Club	2:19:02
2019 County Championships Hal 4	5 Alastair ANGUS	Male Senior	St Edmunds Pacers	1:24:47
2019 County Championships Hal 4	215 Angela SOAMES	Female V40	Felixstowe RRC	2:33:22
2019 County Championships Hal 4	137 Claire JONES	Female V45	Unattached	2:12:28
2019 County Championships Hal 4	114 Stephen HATTEN	Male V50	St Edmunds Pacers	1:51:51
2019 County Championships Hal 4	113 Tom HASLAM	Male V45	Framlingham Flyers	1:29:31
2019 County Championships Hal 4	84 Yusuf FIRAT	Male V55	Haverhill Running Club	1:38:46
2019 County Championships Hal 5	171 Julia MOSS-ECCAARDT	Female V45	Stowmarket Striders Running Club	2:20:35
2019 County Championships Hal 5	21 Kevin BIRD	Male V55	St Edmunds Pacers	1:50:15
2019 County Championships Hal 5	191 Robert REASON	Male V50	Stowmarket Striders Running Club	1:52:03

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2019 County Championships Hal 5	30 Stuart BUCHAN	Male Senior	Stowmarket Striders Running Club	1:30:33				
2019 County Championships Hal 5	32 Trevor BUNCH	Male V45	Haverhill Running Club	1:29:55				
2019 County Championships Hal 6	207 David SEYMOUR	Male V55	Felixstowe RRC	2:05:58				
2019 County Championships Hal 6	183 Justin POTTER	Male Senior	Stowmarket Striders Running Club	1:30:34				
2019 County Championships Hal 7	52 Matthew CRANE	Male Senior	Cambridge & Coleridge AC	1:43:39				
2019 County Championships Hal 7	108 Simon HAFFENDEN	Male V55	St Edmunds Pacers	2:06:02				
2019 County Championships Hal 8	7 Ross ARNOLD	Male Senior	Haverhill Running Club	1:57:56				
2019 County Championships Hal 8	26 Steve BRIGHT	Male V55	Lonely Goat RC	2:07:58				
2019 County Championships Hal 9	47 Adrian COLE	Male V55	Stowmarket Striders Running Club	2:13:34				
2019 County Championships Hal 9	59 Daniel DAY	Male Senior	Unattached	2:01:09				
2019 County Championships Hal 10	131 Peter JAY	Male V55	St Edmunds Pacers	2:17:30				
2019 Richard Bennett Felixstowe 1.	364 Danny ROCK	Male Senior	Felixstowe RRC	00:53:46	00:53:45	1	1	
2019 Richard Bennett Felixstowe 2.	176 Tony GAVIN	Male Senior	Felixstowe RRC	00:57:44	00:35:54	2	2	
2019 Richard Bennett Felixstowe 3.	460 Benjamin TURLEY	Male Senior	Ipswich Jaffa RC	00:58:08	00:58:07	3	3	
2019 Richard Bennett Felixstowe 4.	170 Matthew FRIEND	Male Senior	Harwich Runners	00:58:16	00:58:15	4	4	
2019 Richard Bennett Felixstowe 5.	230 Adam HOWLETT	Male V45	Framlingham Flyers	00:59:01	00:36:28	5	1	
2019 Richard Bennett Felixstowe 6.	488 Scott WILLIAMS	Male Senior	Stowmarket Striders Running Club	00:59:57	00:36:51	6	5	
2019 Richard Bennett Felixstowe 7.	177 Jon GLANFIELD	Male Senior	Felixstowe RRC	01:00:43	01:00:41	7	6	
2019 Richard Bennett Felixstowe 8.	454 Laura THOMAS	Female Senior	Ipswich Jaffa RC	01:00:44	01:00:43	1	1	
2019 Richard Bennett Felixstowe 9.	113 Aidan COUGHLAN	Male Senior	Vegan Runners UK	01:00:53	01:00:52	8	7	
2019 Richard Bennett Felixstowe 10.	267 Chris LEEK	Male V40	Framlingham Flyers	01:01:08	01:01:05	9	1	
2019 Richard Bennett Felixstowe 11.	450 Gary TAYLOR	Male Senior	Felixstowe RRC	01:02:19	00:38:02	10	8	
2019 Richard Bennett Felixstowe 12.	40 James BELL	Male V50	Leighton Buzzard Athletic Club	01:02:27	01:02:25	11	1	
2019 Richard Bennett Felixstowe 13.	341 Kevin PEIRCE	Male V40	Ipswich Harriers	01:02:46	01:02:45	12	2	
2019 Richard Bennett Felixstowe 14.	202 Neal HARDWICK	Male V40	Unattached	01:03:29	01:03:27	13	3	
2019 Richard Bennett Felixstowe 15.	197 Nick HAMMOND	Male V45	Framlingham Flyers	01:03:37	00:39:25	14	2	
2019 Richard Bennett Felixstowe 16.	78 Piotr BULACZ	Male V45	Sudbury Joggers	01:03:48	00:39:17	15	3	
2019 Richard Bennett Felixstowe 17.	76 Stuart BUCHAN	Male Senior	Stowmarket Striders Running Club	01:04:18	00:40:04	16	9	
2019 Richard Bennett Felixstowe 18.	198 Gavin HANMOND	Male Senior	Unattached	01:05:07	01:05:05	17	10	
2019 Richard Bennett Felixstowe 19.	164 Harry FITZGERALD	Male Senior	Unattached	01:05:17	01:05:15	18	11	
2019 Richard Bennett Felixstowe 20.	339 Matthew PAYNE	Male Senior	Unattached	01:05:27	00:40:52	19	12	
2019 Richard Bennett Felixstowe 21.	446 Daniel SUMMERSGILL	Male Senior	Unattached	01:06:03	01:06:00	20	13	
2019 Richard Bennett Felixstowe 22.	210 Mark HAYDEN	Male V45	Framlingham Flyers	01:06:44	01:06:38	21	4	
2019 Richard Bennett Felixstowe 23.	379 Paul SAUNDERS	Male V40	Unattached	01:07:23	00:41:42	22	4	
2019 Richard Bennett Felixstowe 24.	325 Ian OLD	Male Senior	Ipswich Jaffa RC	01:07:29	01:07:26	23	14	
2019 Richard Bennett Felixstowe 25.	199 Charles HANN	Male V50	Sudbury Joggers	01:07:32	00:41:13	24	2	
2019 Richard Bennett Felixstowe 26.	68 Marc BRIGGS	Male V50	Ipswich Jaffa RC	01:07:34	00:41:16	25	3	
2019 Richard Bennett Felixstowe 27.	343 David PERCY	Male V40	Haverhill Running Club	01:07:41	01:07:36	26	5	
2019 Richard Bennett Felixstowe 28.	211 Thomas HAYDEN	Male Senior	Framlingham Flyers	01:07:42	01:07:35	27	15	
2019 Richard Bennett Felixstowe 29.	75 Jason BRUNT	Male V45	Norfolk Gazelles AC	01:07:51	00:41:52	28	5	
2019 Richard Bennett Felixstowe 30.	143 Ian ELDEN	Male V45	Ipswich Jaffa RC	01:07:53	01:07:51	29	6	
2019 Richard Bennett Felixstowe 31.	331 Andy OWEN	Male Senior	Dunmow Runners	01:08:27	00:42:34	30	16	

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2019 Richard Bennett Felixstowe	32.	208 Tom HASLAM	Male V45	Framlingham Flyers	01:08:37	00:42:08	31	7
2019 Richard Bennett Felixstowe	33.	278 Rob MACKENZIE	Male V55	Framlingham Flyers	01:08:52	01:08:50	32	1
2019 Richard Bennett Felixstowe	34.	132 Jason DIGHTON	Male V40	Unattached	01:08:52	01:08:47	33	6
2019 Richard Bennett Felixstowe	35.	400 Stuart SIMMONS	Male V40	Ipswich Jaffa RC	01:09:01	01:08:56	34	7
2019 Richard Bennett Felixstowe	36.	59 Romas BLEDA	Male Senior	Unattached	01:09:18	01:09:10	35	17
2019 Richard Bennett Felixstowe	37.	326 Paul OSBORNE	Male V40	Felixstowe RRC	01:09:18	01:09:14	36	8
2019 Richard Bennett Felixstowe	38.	204 Robin HARPER	Male V40	Felixstowe RRC	01:09:25	00:43:08	37	9
2019 Richard Bennett Felixstowe	39.	430 Rob SQUIRRELL	Male V45	Woodbridge Shufflers Running Club	01:09:26	01:09:20	38	8
2019 Richard Bennett Felixstowe	40.	462 Ethan TURNER	Male Senior	Framlingham Flyers	01:09:26	00:42:01	39	18
2019 Richard Bennett Felixstowe	41.	217 Chris HILLING	Male V40	Unattached	01:09:27	00:43:01	40	10
2019 Richard Bennett Felixstowe	42.	417 Dave SOLOMON	Male V50	Felixstowe RRC	01:09:34	00:41:35	41	4
2019 Richard Bennett Felixstowe	43.	290 Stephen MEAD	Male V60+	Stowmarket Striders Running Club	01:09:46	01:09:42	42	1
2019 Richard Bennett Felixstowe	44.	336 Kat PARNELL	Female Senior	Unattached	01:10:02	01:09:59	2	2
2019 Richard Bennett Felixstowe	45.	116 Kate CREAK	Female V35	Unattached	01:10:37	00:43:04	3	1
2019 Richard Bennett Felixstowe	46.	163 Jamie FITTOCK	Male Senior	St Edmunds Pacers	01:10:42	00:43:58	43	19
2019 Richard Bennett Felixstowe	47.	378 Len SAUNDERS	Male V40	Felixstowe RRC	01:10:53	00:44:01	44	11
2019 Richard Bennett Felixstowe	48.	108 Darren COOK	Male V45	Felixstowe RRC	01:10:59	01:10:51	45	9
2019 Richard Bennett Felixstowe	49.	327 Chris OSBORNE	Male V45	Unattached	01:11:04	01:10:54	46	10
2019 Richard Bennett Felixstowe	50.	41 Robin BELSOM	Male V55	Ipswich Jaffa RC	01:11:08	01:11:02	47	2
2019 Richard Bennett Felixstowe	51.	433 Simon STAFFORD	Male V45	Unattached	01:11:10	01:11:07	48	11
2019 Richard Bennett Felixstowe	52.	465 John VINECOMBE	Male Senior	Unattached	01:11:13	00:44:18	49	20
2019 Richard Bennett Felixstowe	53.	8 Daniel AGER	Male V45	Ipswich Jaffa RC	01:11:40	01:11:35	50	12
2019 Richard Bennett Felixstowe	54.	356 Alastair READ	Male V40	Felixstowe RRC	01:12:10	01:12:03	51	12
2019 Richard Bennett Felixstowe	55.	495 Stuart WRIGHT	Male V40	Felixstowe RRC	01:12:18	01:12:09	52	13
2019 Richard Bennett Felixstowe	56.	476 Suzy WEST	Female Senior	Ipswich Jaffa RC	01:12:22	01:12:18	4	3
2019 Richard Bennett Felixstowe	57.	264 Andrew LAWS	Male V55	Unattached	01:12:32	00:44:32	53	3
2019 Richard Bennett Felixstowe	58.	190 Dave GROOM	Male Senior	Unattached	01:12:45	01:12:38	54	21
2019 Richard Bennett Felixstowe	59.	37 David BEIGHTON	Male V40	St Edmunds Pacers	01:12:59	00:45:13	55	14
2019 Richard Bennett Felixstowe	60.	138 Ian DUGGAN	Male V50	Felixstowe RRC	01:13:09	01:12:59	56	5
2019 Richard Bennett Felixstowe	61.	342 Daniel PELLING	Male V45	Haverhill Running Club	01:13:17	00:45:27	57	13
2019 Richard Bennett Felixstowe	62.	77 Kerry BUCKLEY	Male V45	Felixstowe RRC	01:13:24	01:13:14	58	14
2019 Richard Bennett Felixstowe	63.	258 Steven KING	Male V45	Felixstowe RRC	01:13:34	00:45:20	59	15
2019 Richard Bennett Felixstowe	64.	362 Dave ROBINSON	Male V45	Unattached	01:13:43	01:13:30	60	16
2019 Richard Bennett Felixstowe	65.	172 Robert FROST	Male V40	Unattached	01:13:59	00:45:33	61	15
2019 Richard Bennett Felixstowe	66.	20 Benjamin ASKEW	Male V40	Unattached	01:14:00	01:13:48	62	16
2019 Richard Bennett Felixstowe	67.	189 Ian GROENEWALD	Male V50	Unattached	01:14:24	00:45:58	63	6
2019 Richard Bennett Felixstowe	68.	388 Chris SERVANT	Male V50	Ipswich Jaffa RC	01:14:37	01:14:33	64	7
2019 Richard Bennett Felixstowe	69.	279 David MAGRUDER	Male V40	Unattached	01:14:51	01:14:46	65	17
2019 Richard Bennett Felixstowe	70.	56 Peter BIRD	Male V45	St Edmunds Pacers	01:14:54	00:48:04	66	17
2019 Richard Bennett Felixstowe	71.	452 Holly TAYLOR	Female Senior	Felixstowe RRC	01:14:59	01:14:51	5	4
2019 Richard Bennett Felixstowe	72.	232 Mark HUGHES	Male V50	Stowmarket Striders Running Club	01:15:01	01:14:56	67	8
2019 Richard Bennett Felixstowe	73.	127 Ricky DEASY	Male V40	Unattached	01:15:07	00:46:17	68	18

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2019 Richard Bennett Felixstowe 74.	309 Vaughan MORRIS	Male V55	Stowmarket Striders Running Club	01:15:31	00:47:09	69	4
2019 Richard Bennett Felixstowe 75.	366 Kyle ROPER	Male V40	Ipswich Jaffa RC	01:15:33	00:47:06	70	19
2019 Richard Bennett Felixstowe 76.	109 Paul COOKE	Male V45	Unattached	01:15:42	00:45:16	71	18
2019 Richard Bennett Felixstowe 77.	351 Stephen PRETTY	Male V60+	St Edmunds Pacers	01:15:48	01:15:35	72	2
2019 Richard Bennett Felixstowe 78.	365 Jamie ROCK	Male Senior	Felixstowe RRC	01:16:03	00:47:53	73	22
2019 Richard Bennett Felixstowe 79.	437 Andy STEPHENS	Male V40	Unattached	01:16:07	01:15:59	74	20
2019 Richard Bennett Felixstowe 80.	423 Samantha SPENCER	Female V35	Ipswich Jaffa RC	01:16:11	00:47:44	6	2
2019 Richard Bennett Felixstowe 81.	424 Kai SPERLING	Male V40	Unattached	01:16:12	00:47:38	75	21
2019 Richard Bennett Felixstowe 82.	83 Amber CALVER	Female V45	Unattached	01:16:18	01:16:11	7	1
2019 Richard Bennett Felixstowe 83.	484 Paul WIGENS	Male V60+	Woodbridge Shufflers Running Club	01:16:18	01:16:06	76	3
2019 Richard Bennett Felixstowe 84.	183 Collette GREEN	Female V35	Felixstowe RRC	01:16:25	01:16:18	8	3
2019 Richard Bennett Felixstowe 85.	180 Shaun GOOD	Male V55	Felixstowe RRC	01:16:25	00:47:21	77	5
2019 Richard Bennett Felixstowe 86.	438 Mark STEVENS	Male Senior	Unattached	01:16:34	01:16:22	78	23
2019 Richard Bennett Felixstowe 87.	105 Sophie COLEMAN	Female Senior	Ipswich Jaffa RC	01:16:40	01:16:36	9	5
2019 Richard Bennett Felixstowe 88.	122 Mark DAVEY	Male V50	Unattached	01:16:50	01:16:43	79	9
2019 Richard Bennett Felixstowe 89.	221 Mark HOLLAND	Male V45	Unattached	01:16:50	00:48:47	80	19
2019 Richard Bennett Felixstowe 90.	386 Dean SEARLE	Male V40	Felixstowe RRC	01:16:55	00:47:50	81	22
2019 Richard Bennett Felixstowe 91.	66 David BREWSTER	Male Senior	Unattached	01:17:17	01:17:15	82	24
2019 Richard Bennett Felixstowe 92.	181 Mark GOODWIN	Male V45	Felixstowe RRC	01:17:24	01:17:18	83	20
2019 Richard Bennett Felixstowe 93.	340 Adrian PEAKE	Male V50	Unattached	01:17:24	01:17:20	84	10
2019 Richard Bennett Felixstowe 94.	482 Suzi WHYMARK	Female V45	Unattached	01:17:39	01:17:26	10	2
2019 Richard Bennett Felixstowe 95.	21 Simon ASKEW	Male V40	Unattached	01:17:48	01:17:36	85	23
2019 Richard Bennett Felixstowe 96.	387 Daniel SEDGWICK	Male Senior	Unattached	01:18:03	00:48:05	86	25
2019 Richard Bennett Felixstowe 97.	335 Tim PARNELL	Male Senior	Unattached	01:18:05	01:18:01	87	26
2019 Richard Bennett Felixstowe 98.	375 Phil SANDERSON	Male V55	Harwich Runners	01:18:38	00:49:30	88	6
2019 Richard Bennett Felixstowe 99.	285 Stuart MASON	Male V55	Felixstowe RRC	01:18:39	01:18:27	89	7
2019 Richard Bennett Felixstowe 100.	220 Karl HOLBROOK	Male V50	Unattached	01:18:42	00:48:53	90	11
2019 Richard Bennett Felixstowe 101.	128 Karen DEASY	Female V40	Unattached	01:18:49	00:49:06	11	1
2019 Richard Bennett Felixstowe 102.	55 Dane BIRD	Male Senior	Ipswich Jaffa RC	01:18:59	00:50:29	91	27
2019 Richard Bennett Felixstowe 103.	186 Steven GREEN	Male V40	Unattached	01:19:03	00:46:58	92	24
2019 Richard Bennett Felixstowe 104.	184 Terri GREEN	Female V35	Ipswich Jaffa RC	01:19:20	00:50:24	12	4
2019 Richard Bennett Felixstowe 105.	372 Chris RYAN	Male V60+	Unattached	01:19:32	01:19:20	93	4
2019 Richard Bennett Felixstowe 106.	265 Chuck LAYZELL	Male Senior	Unattached	01:19:45	00:51:17	94	28
2019 Richard Bennett Felixstowe 107.	101 Daniel CLARKE	Male Senior	Unattached	01:19:51	00:49:05	95	29
2019 Richard Bennett Felixstowe 108.	328 Darin OSBORNE	Male V50	Unattached	01:19:53	01:19:39	96	12
2019 Richard Bennett Felixstowe 109.	245 Ludger JIRGL	Male V50	Unattached	01:19:54	01:19:50	97	13
2019 Richard Bennett Felixstowe 110.	117 Richard CREASEY	Male Senior	Unattached	01:20:09	01:19:59	98	30
2019 Richard Bennett Felixstowe 111.	17 Femi ARIYO	Male V40	Unattached	01:20:14	01:20:06	99	25
2019 Richard Bennett Felixstowe 112.	487 James WILLCOX	Male V40	Felixstowe RRC	01:20:15	01:20:05	100	26
2019 Richard Bennett Felixstowe 113.	74 Martyn BROWN	Male Senior	Unattached	01:20:17	01:20:09	101	31
2019 Richard Bennett Felixstowe 114.	140 Steven DURRANT	Male V55	Felixstowe RRC	01:20:28	00:50:05	102	8
2019 Richard Bennett Felixstowe 115.	65 Adam BRETT	Male Senior	Unattached	01:20:34	01:20:17	103	32

RACE CHIP TIMING RESULTS

2019 Richard Bennett Felixstowe 116.	481 Luke WHITWELL	Male Senior	Unattached	01:20:35	01:20:17	104	33
2019 Richard Bennett Felixstowe 117.	459 Mary-Ann TULI	Female V45	Haverhill Running Club	01:20:39	00:50:09	13	3
2019 Richard Bennett Felixstowe 118.	464 Patrick TWIST	Male Senior	Unattached	01:20:39	00:50:10	105	34
2019 Richard Bennett Felixstowe 119.	53 Christopher BING	Male Senior	Ipswich Jaffa RC	01:20:40	01:20:36	106	35
2019 Richard Bennett Felixstowe 120.	30 Alex BATHO	Male V45	Unattached	01:20:44	01:20:34	107	21
2019 Richard Bennett Felixstowe 121.	51 Carl BERRIMAN	Male V45	Unattached	01:20:55	01:20:41	108	22
2019 Richard Bennett Felixstowe 122.	192 Damian HACK	Male V40	Unattached	01:20:56	00:51:03	109	27
2019 Richard Bennett Felixstowe 123.	435 Matt STANDRING	Male V40	Unattached	01:21:06	00:49:42	110	28
2019 Richard Bennett Felixstowe 124.	457 Karl TOVELL	Male Senior	Unattached	01:21:13	01:21:07	111	36
2019 Richard Bennett Felixstowe 125.	260 Magdalena KOMOROWSKA	Female V40	Great Bentley Running Club	01:21:14	01:21:00	14	2
2019 Richard Bennett Felixstowe 126.	215 Jeremy HENNELL JAMES	Male V55	Hadleigh Hares AC	01:21:37	01:21:23	112	9
2019 Richard Bennett Felixstowe 127.	490 Richard WISEMAN	Male V45	Unattached	01:21:47	01:21:30	113	23
2019 Richard Bennett Felixstowe 128.	233 Catherine HUGHES	Female V35	Unattached	01:22:05	00:50:02	15	5
2019 Richard Bennett Felixstowe 129.	13 Mark ANDERSON	Male Senior	Unattached	01:22:14	01:21:36	114	37
2019 Richard Bennett Felixstowe 130.	275 Martin LITTLE	Male V50	Stowmarket Striders Running Club	01:22:16	00:52:13	115	14
2019 Richard Bennett Felixstowe 131.	97 David CHURCH	Male V45	Felixstowe RRC	01:22:18	01:22:06	116	24
2019 Richard Bennett Felixstowe 132.	200 Jackie HANN	Female V50	Sudbury Joggers	01:22:19	00:51:18	16	1
2019 Richard Bennett Felixstowe 133.	120 Derek DALY	Male V55	Saxmundham Sports Running & Fitness Club	01:22:21	00:51:48	117	10
2019 Richard Bennett Felixstowe 134.	89 Paul CAUSON	Male V40	Unattached	01:22:30	01:22:18	118	29
2019 Richard Bennett Felixstowe 135.	15 Ben ANDREWS	Female V35	Unattached	01:22:30	01:22:04	17	6
2019 Richard Bennett Felixstowe 136.	4 Jason ABLETT	Male V45	Stowmarket Striders Running Club	01:22:45	00:52:46	119	25
2019 Richard Bennett Felixstowe 137.	88 Daniel CASE	Male Senior	Felixstowe RRC	01:22:51	00:51:20	120	38
2019 Richard Bennett Felixstowe 138.	32 Gale BAXTER	Female V45	Unattached	01:22:53	00:51:24	18	4
2019 Richard Bennett Felixstowe 139.	252 Carrie KEMP	Female V40	Felixstowe RRC	01:23:00	00:51:07	19	3
2019 Richard Bennett Felixstowe 140.	353 Tracy QUARRELL	Female V45	Haverhill Running Club	01:23:09	00:52:39	20	5
2019 Richard Bennett Felixstowe 141.	299 Ben MILLS	Male Senior	Unattached	01:23:18	01:22:59	121	39
2019 Richard Bennett Felixstowe 142.	474 Hannah WATTAM	Female V35	Unattached	01:23:33	01:23:27	21	7
2019 Richard Bennett Felixstowe 143.	131 Stephen DIDCOTT	Male V50	Unattached	01:23:41	00:51:26	122	15
2019 Richard Bennett Felixstowe 144.	10 Mark ALLEN	Male V60+	Woodbridge Shufflers Running Club	01:23:47	01:23:26	123	5
2019 Richard Bennett Felixstowe 145.	300 Steven MITCHELL	Male V55	Ipswich Jaffa RC	01:23:53	00:50:54	124	11
2019 Richard Bennett Felixstowe 146.	428 Terry SPURGEON	Male V50	Unattached	01:24:09	01:23:49	125	16
2019 Richard Bennett Felixstowe 147.	226 Mike HOWARD	Male V40	Unattached	01:24:18	01:24:09	126	30
2019 Richard Bennett Felixstowe 148.	84 Mik CARR	Male V60+	Bungay Black Dog RC	01:24:28	00:52:32	127	6
2019 Richard Bennett Felixstowe 149.	332 Sandy PAGE	Female V40	Unattached	01:24:31	01:24:13	22	4
2019 Richard Bennett Felixstowe 150.	157 Justin FIDDAMAN	Male V45	Felixstowe RRC	01:24:44	00:52:09	128	26
2019 Richard Bennett Felixstowe 151.	395 Benjamin SHEPPARD	Male V40	Unattached	01:25:05	01:25:01	129	31
2019 Richard Bennett Felixstowe 152.	396 Gemma SHEPPARD	Female V35	Unattached	01:25:05	01:25:01	23	8
2019 Richard Bennett Felixstowe 153.	463 Kayleigh TURPIN	Female Senior	Unattached	01:25:07	01:24:52	24	6
2019 Richard Bennett Felixstowe 154.	72 Marcus BROWN	Male V45	Unattached	01:25:09	00:52:21	130	27
2019 Richard Bennett Felixstowe 155.	218 Graham HIPKIN	Male V55	Unattached	01:25:18	00:52:47	131	12
2019 Richard Bennett Felixstowe 156.	156 Christy FENELON	Male Senior	Unattached	01:25:40	00:52:45	132	40
2019 Richard Bennett Felixstowe 157.	318 Carl NEWELL	Male V40	Unattached	01:25:44	00:52:43	133	32

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2019 Richard Bennett Felixstowe	158.	262 Beryl LANSDOWN	Female V50	Ipswich Jaffa RC	01:25:46	01:25:38	25	2
2019 Richard Bennett Felixstowe	159.	69 Rachel BROOKE	Female V45	Ipswich Jaffa RC	01:25:46	01:25:37	26	6
2019 Richard Bennett Felixstowe	160.	31 Becks BAWLEY	Female Senior	Unattached	01:25:53	01:25:38	27	7
2019 Richard Bennett Felixstowe	161.	286 David MAYES	Male Senior	Felixstowe RRC	01:26:14	00:53:45	134	41
2019 Richard Bennett Felixstowe	162.	282 Adam MARKHAM	Male Senior	Unattached	01:26:18	01:26:07	135	42
2019 Richard Bennett Felixstowe	163.	70 Kirsty BROOKFIELD	Female V35	Unattached	01:26:18	00:54:05	28	9
2019 Richard Bennett Felixstowe	164.	79 Caroline BURGESS	Female V40	Unattached	01:26:30	00:52:36	29	5
2019 Richard Bennett Felixstowe	165.	207 Emma HARWOOD	Female V45	Framlingham Flyers	01:26:30	01:26:22	30	7
2019 Richard Bennett Felixstowe	166.	334 Jane PARKINGTON	Female V50	Unattached	01:26:34	01:26:05	31	3
2019 Richard Bennett Felixstowe	167.	268 Darren LEEKS	Male V45	Unattached	01:26:38	01:26:34	136	28
2019 Richard Bennett Felixstowe	168.	306 Bernard MORGAN	Male V50	Unattached	01:27:01	01:26:52	137	17
2019 Richard Bennett Felixstowe	169.	346 Agata PIATKOWSKA	Female Senior	Unattached	01:27:03	01:26:51	32	8
2019 Richard Bennett Felixstowe	170.	145 James ELLUL	Male V40	Felixstowe RRC	01:27:07	01:26:51	138	33
2019 Richard Bennett Felixstowe	171.	405 Craig SMITH	Male Senior	Unattached	01:27:21	01:27:05	139	43
2019 Richard Bennett Felixstowe	172.	458 Daniel TRINDER	Male V45	Unattached	01:27:22	00:53:03	140	29
2019 Richard Bennett Felixstowe	173.	499 Helen YELLOP	Female V50	Capel Cheetahs RC	01:27:25	01:27:01	33	4
2019 Richard Bennett Felixstowe	174.	287 Daniel MAYHEW	Male Senior	Unattached	01:27:29	01:26:57	141	44
2019 Richard Bennett Felixstowe	175.	338 Marie PAVELEY	Female V40	Capel Cheetahs RC	01:27:33	01:27:09	34	6
2019 Richard Bennett Felixstowe	176.	228 Matt HOWE	Male V40	Felixstowe RRC	01:27:35	01:27:29	142	34
2019 Richard Bennett Felixstowe	177.	403 Roger SLADE	Male V50	Unattached	01:27:37	01:27:03	143	18
2019 Richard Bennett Felixstowe	178.	421 Tracey SPALDING	Female V45	Unattached	01:27:38	01:27:23	35	8
2019 Richard Bennett Felixstowe	179.	420 Jack SOWTER	Male Senior	Unattached	01:27:38	01:27:22	144	45
2019 Richard Bennett Felixstowe	180.	27 Jo BARKER	Female V40	Unattached	01:27:40	00:54:21	36	7
2019 Richard Bennett Felixstowe	181.	497 Justin WRIGHT	Male V45	Unattached	01:27:59	00:53:34	145	30
2019 Richard Bennett Felixstowe	182.	178 Mark GLEEN	Male V40	Unattached	01:28:00	01:27:35	146	35
2019 Richard Bennett Felixstowe	183.	369 Joanne ROSENWOLD	Female V45	Haverhill Running Club	01:28:12	01:27:44	37	9
2019 Richard Bennett Felixstowe	184.	311 Emma MORTIMER	Female Senior	Unattached	01:28:14	01:28:06	38	9
2019 Richard Bennett Felixstowe	185.	64 Jamie BRANDON	Male Senior	Unattached	01:28:14	01:28:05	147	46
2019 Richard Bennett Felixstowe	186.	6 Pauline ADAMS	Female V45	Unattached	01:28:18	01:28:06	39	10
2019 Richard Bennett Felixstowe	187.	259 Anna KOCINSKA	Female V35	Unattached	01:28:28	01:28:13	40	10
2019 Richard Bennett Felixstowe	188.	266 Emma LEE	Female V35	Capel Cheetahs RC	01:28:37	00:54:13	41	11
2019 Richard Bennett Felixstowe	189.	18 Ross ARNOLD	Male Senior	Haverhill Running Club	01:28:43	00:56:22	148	47
2019 Richard Bennett Felixstowe	190.	478 John WESTON	Male V60+	Unattached	01:28:47	01:28:27	149	7
2019 Richard Bennett Felixstowe	191.	449 Leanne TAGHDI	Female V35	Unattached	01:28:50	01:28:29	42	12
2019 Richard Bennett Felixstowe	192.	371 Jimmy RUSSELL	Male V50	Unattached	01:28:54	01:28:54	150	19
2019 Richard Bennett Felixstowe	193.	44 Marion BENNETT	Female V35	Ipswich Jaffa RC	01:28:55	00:54:31	43	13
2019 Richard Bennett Felixstowe	194.	227 Amy HOWARD	Female V35	Rushmere Community Runners	01:28:59	00:54:37	44	14
2019 Richard Bennett Felixstowe	195.	289 Paul MCALLISTER	Male V50	Hadleigh Hares AC	01:29:00	01:28:47	151	20
2019 Richard Bennett Felixstowe	196.	500 Goldie YULE	Female V45	Unattached	01:29:13	01:28:59	45	11
2019 Richard Bennett Felixstowe	197.	498 Carissa WYATT	Female V40	Unattached	01:29:15	01:29:01	46	8
2019 Richard Bennett Felixstowe	198.	61 Keith BORRETT	Male V60+	Unattached	01:29:19	01:29:05	152	8
2019 Richard Bennett Felixstowe	199.	271 Steve LEGGETT	Male V50	Unattached	01:29:26	01:29:02	153	21

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2019 Richard Bennett Felixstowe 200.	49 Catherine BERESFORD	Female V50	Unattached	01:29:39	01:29:26	47	5
2019 Richard Bennett Felixstowe 201.	196 Karen HAMILTON	Female V45	Stowmarket Striders Running Club	01:29:49	00:55:43	48	12
2019 Richard Bennett Felixstowe 202.	492 Kate WOOD	Female V55+	Woodbridge Shufflers Running Club	01:29:57	00:55:39	49	1
2019 Richard Bennett Felixstowe 203.	235 Ryan HUNN	Male Senior	Unattached	01:30:04	01:29:26	154	48
2019 Richard Bennett Felixstowe 204.	415 Darren SNELL	Male V45	Unattached	01:30:04	01:30:04	155	31
2019 Richard Bennett Felixstowe 205.	244 James JELFS	Male Senior	Unattached	01:30:08	00:56:51	156	49
2019 Richard Bennett Felixstowe 206.	26 Matthew BARDWELL	Male Senior	Unattached	01:30:14	01:29:41	157	50
2019 Richard Bennett Felixstowe 207.	444 Graham STYLES	Male V60+	Unattached	01:30:18	01:29:42	158	9
2019 Richard Bennett Felixstowe 208.	277 Brett LUMMIS	Male V40	Unattached	01:30:19	01:29:52	159	36
2019 Richard Bennett Felixstowe 209.	440 Tony STEWART	Male V60+	Lonely Goat RC	01:30:22	01:30:00	160	10
2019 Richard Bennett Felixstowe 210.	82 Lisa CALVER	Female Senior	Capel Cheetahs RC	01:30:37	01:30:14	50	10
2019 Richard Bennett Felixstowe 211.	354 Aaron RANIERI	Male Senior	Unattached	01:30:57	01:30:21	161	51
2019 Richard Bennett Felixstowe 212.	344 Kieron PERRY	Male V45	Unattached	01:30:58	01:30:37	162	32
2019 Richard Bennett Felixstowe 213.	360 Maria RIERA TURRO	Female Senior	Felixstowe RRC	01:31:10	01:30:46	51	11
2019 Richard Bennett Felixstowe 214.	303 Morgan MOORE	Male Senior	Stowmarket Striders Running Club	01:31:26	01:31:12	163	52
2019 Richard Bennett Felixstowe 215.	104 Adrian COLE	Male V55	Stowmarket Striders Running Club	01:31:26	01:31:12	164	13
2019 Richard Bennett Felixstowe 216.	87 Richard CARRON	Male V50	Unattached	01:31:27	01:31:06	165	22
2019 Richard Bennett Felixstowe 217.	159 Peter FINCH	Male V55	Ipswich Jaffa RC	01:31:34	01:31:16	166	14
2019 Richard Bennett Felixstowe 218.	401 Sarah SIMPSON	Female V35	Unattached	01:31:43	01:31:35	52	15
2019 Richard Bennett Felixstowe 219.	333 Stuart PARKER	Male Senior	Unattached	01:31:44	01:31:11	167	53
2019 Richard Bennett Felixstowe 220.	22 Mark AUSTIN	Male Senior	Woodbridge Shufflers Running Club	01:31:46	00:55:41	168	54
2019 Richard Bennett Felixstowe 221.	238 Jo HUTT	Female V40	Unattached	01:31:50	00:57:11	53	9
2019 Richard Bennett Felixstowe 222.	94 Mark CHISNALL	Male V45	Unattached	01:31:51	00:56:00	169	33
2019 Richard Bennett Felixstowe 223.	429 Lisa SQUIRRELL	Female V40	Woodbridge Shufflers Running Club	01:31:52	00:55:52	54	10
2019 Richard Bennett Felixstowe 224.	85 Alexandra CARR	Female Senior	Unattached	01:31:52	00:57:04	55	12
2019 Richard Bennett Felixstowe 225.	308 Lee MORPHEW	Female V40	Unattached	01:31:55	00:58:33	56	11
2019 Richard Bennett Felixstowe 226.	124 Charlie DAY	Male Senior	Unattached	01:32:04	00:57:00	170	55
2019 Richard Bennett Felixstowe 227.	414 Tabettha SNAPE	Female V45	Unattached	01:32:07	01:31:58	57	13
2019 Richard Bennett Felixstowe 228.	242 Carl JARRETT	Male V45	Unattached	01:32:11	01:32:02	171	34
2019 Richard Bennett Felixstowe 229.	52 Doug BETTS	Male V40	Unattached	01:32:34	01:32:22	172	37
2019 Richard Bennett Felixstowe 230.	470 Lindi WALLACE	Female V35	Unattached	01:32:35	01:00:24	58	16
2019 Richard Bennett Felixstowe 231.	374 Graeme SAGGERS	Male Senior	Unattached	01:32:36	01:00:19	173	56
2019 Richard Bennett Felixstowe 232.	160 Helen FINDLEY	Female V35	Unattached	01:32:48	00:56:46	59	17
2019 Richard Bennett Felixstowe 233.	367 Amanda ROSE	Female V35	Unattached	01:32:54	01:32:39	60	18
2019 Richard Bennett Felixstowe 234.	188 Mark GRINDROD	Male V50	Unattached	01:32:54	00:57:59	174	23
2019 Richard Bennett Felixstowe 235.	293 Darien MERRY	Male V55	Unattached	01:32:55	01:32:39	175	15
2019 Richard Bennett Felixstowe 236.	239 Lewis JACOBS	Male Senior	Unattached	01:33:02	00:58:56	176	57
2019 Richard Bennett Felixstowe 237.	256 Robert KIDD	Male V50	Unattached	01:33:07	00:57:00	177	24
2019 Richard Bennett Felixstowe 238.	412 Adam SMITH	Male Senior	Woodbridge Shufflers Running Club	01:33:07	00:57:09	178	58
2019 Richard Bennett Felixstowe 239.	477 Richard WESTLEY	Male V55	Unattached	01:33:15	01:33:11	179	16
2019 Richard Bennett Felixstowe 240.	413 Sarah SMITH	Female Senior	Woodbridge Shufflers Running Club	01:33:18	01:32:46	61	13
2019 Richard Bennett Felixstowe 241.	60 Joanna BLYTH	Female V45	Felixstowe RRC	01:33:23	01:33:16	62	14

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2019 Richard Bennett Felixstowe 242.	133 Sophie DOE	Female V35	Unattached	01:34:04	01:33:41	63	19
2019 Richard Bennett Felixstowe 243.	243 Clair JEFFERSON	Female V45	TRISudbury	01:34:07	01:33:51	64	15
2019 Richard Bennett Felixstowe 244.	43 Jamie BENNETT	Male V40	Ipswich Jaffa RC	01:34:14	00:59:51	180	38
2019 Richard Bennett Felixstowe 245.	411 Viki SMITH	Female V35	Unattached	01:34:23	01:34:08	65	20
2019 Richard Bennett Felixstowe 246.	385 John SCULLY	Male V45	Unattached	01:34:49	00:58:45	181	35
2019 Richard Bennett Felixstowe 247.	384 Angelique SCULLY	Female V45	Unattached	01:34:49	01:34:29	66	16
2019 Richard Bennett Felixstowe 248.	35 Paul BAXTER	Male V40	Unattached	01:34:52	01:34:26	182	39
2019 Richard Bennett Felixstowe 249.	248 Grace JUDGE	Female V55+	Haverhill Running Club	01:34:53	01:34:25	67	2
2019 Richard Bennett Felixstowe 250.	98 Jenny CHURCH	Female V55+	Felixstowe RRC	01:35:06	01:34:52	68	3
2019 Richard Bennett Felixstowe 251.	431 Pamela ST LEGER-MCCONNELL	Female V50	Unattached	01:35:17	01:34:56	69	6
2019 Richard Bennett Felixstowe 252.	229 Jacqui HOWES	Female V40	Unattached	01:35:19	01:34:53	70	12
2019 Richard Bennett Felixstowe 253.	432 Caroline STAFFORD	Female V40	Felixstowe RRC	01:35:27	01:35:13	71	13
2019 Richard Bennett Felixstowe 254.	162 Alice FISHER	Female V35	Unattached	01:35:34	01:34:55	72	21
2019 Richard Bennett Felixstowe 255.	315 Alison MYLES	Female V45	Unattached	01:35:36	01:35:23	73	17
2019 Richard Bennett Felixstowe 256.	111 Clare CORNISH	Female V45	Unattached	01:35:42	00:58:46	74	18
2019 Richard Bennett Felixstowe 257.	158 Adele FIELD	Female V50	Unattached	01:35:45	01:35:08	75	7
2019 Richard Bennett Felixstowe 258.	81 Simon BUTLER	Male V50	Unattached	01:35:45	00:59:49	183	25
2019 Richard Bennett Felixstowe 259.	455 Andrew THOMAS	Male V55	Unattached	01:35:51	01:00:34	184	17
2019 Richard Bennett Felixstowe 260.	110 Leslie COOPER	Female V50	Ipswich Jaffa RC	01:35:55	00:58:54	76	8
2019 Richard Bennett Felixstowe 261.	451 Heidi TAYLOR	Female Senior	Felixstowe RRC	01:35:55	01:35:28	77	14
2019 Richard Bennett Felixstowe 262.	491 James WOOD	Male V50	Sudbury Joggers	01:35:59	01:35:41	185	26
2019 Richard Bennett Felixstowe 263.	292 Jenny MERRY	Female V40	Sudbury Joggers	01:35:59	01:35:42	78	14
2019 Richard Bennett Felixstowe 264.	312 Gemma MOSS	Female V45	Ipswich Jaffa RC	01:36:03	01:35:45	79	19
2019 Richard Bennett Felixstowe 265.	442 Zoe STOREY	Female V40	Unattached	01:36:13	01:35:37	80	15
2019 Richard Bennett Felixstowe 266.	297 Becky MILLER	Female Senior	Felixstowe RRC	01:36:13	01:03:34	81	15
2019 Richard Bennett Felixstowe 267.	213 Brigitte HEARD	Female V55+	Haverhill Running Club	01:36:20	01:35:51	82	4
2019 Richard Bennett Felixstowe 268.	461 Sue TURLEY	Female V55+	Haverhill Running Club	01:36:20	01:35:51	83	5
2019 Richard Bennett Felixstowe 269.	443 Lucy STREET	Female V35	Unattached	01:36:24	00:59:42	84	22
2019 Richard Bennett Felixstowe 270.	216 Heidi HIBBETT	Female V35	Dunmow Runners	01:36:29	01:36:18	85	23
2019 Richard Bennett Felixstowe 271.	483 Hans-Jürgen WIEDNER	Male V55	Unattached	01:36:37	01:02:06	186	18
2019 Richard Bennett Felixstowe 272.	46 Shelley BENNETT	Female V50	Thame Runners	01:36:46	01:36:22	86	9
2019 Richard Bennett Felixstowe 273.	203 Simon HARKIN	Male V45	Unattached	01:36:51	01:36:38	187	36
2019 Richard Bennett Felixstowe 274.	254 Matt KERR	Male Senior	Unattached	01:36:52	01:00:16	188	59
2019 Richard Bennett Felixstowe 275.	363 Roger ROBINSON-TURNER	Male V45	Unattached	01:37:07	01:36:34	189	37
2019 Richard Bennett Felixstowe 276.	294 Dominic MIAOULIS	Male Senior	Felixstowe RRC	01:37:27	01:37:15	190	60
2019 Richard Bennett Felixstowe 277.	182 Daniel GOULD	Female V45	Felixstowe RRC	01:37:44	01:00:42	87	20
2019 Richard Bennett Felixstowe 278.	166 Justin FLETCHER	Female V35	Unattached	01:37:53	01:37:40	88	24
2019 Richard Bennett Felixstowe 279.	317 Emma NEEDHAM	Female V35	Unattached	01:37:55	01:37:35	89	25
2019 Richard Bennett Felixstowe 280.	272 Arabella LEWENDON	Female V55+	Felixstowe RRC	01:38:13	01:37:43	90	6
2019 Richard Bennett Felixstowe 281.	389 Alison SEVERY	Female Senior	Ipswich Jaffa RC	01:38:17	01:37:55	91	16
2019 Richard Bennett Felixstowe 282.	288 Larissa MAYHEW	Female V45	Unattached	01:38:21	01:37:59	92	21
2019 Richard Bennett Felixstowe 283.	90 Leonora CHANDLER	Female V45	Woodbridge Shufflers Running Club	01:38:27	01:37:58	93	22

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2019 Richard Bennett Felixstowe 284.	19 Suzi ASHWORTH	Female V55+	Woodbridge Shufflers Running Club	01:38:29	01:37:59	94	7
2019 Richard Bennett Felixstowe 285.	212 Kate HAYWARD-BRACKENBURY	Female V40	Woodbridge Shufflers Running Club	01:38:30	01:37:59	95	16
2019 Richard Bennett Felixstowe 286.	150 Christine EVANS	Female V40	Unattached	01:38:33	01:38:08	96	17
2019 Richard Bennett Felixstowe 287.	276 Helen LORENZ	Female V40	Ipswich Jaffa RC	01:38:45	01:02:56	97	18
2019 Richard Bennett Felixstowe 288.	194 Deborah HALL	Female V55+	Unattached	01:38:49	01:38:27	98	8
2019 Richard Bennett Felixstowe 289.	307 Colleen MORGAN	Female V55+	Unattached	01:38:50	01:01:43	99	9
2019 Richard Bennett Felixstowe 290.	408 Misty SMITH	Female V35	Unattached	01:38:56	01:00:47	100	26
2019 Richard Bennett Felixstowe 291.	241 Richard JAQUES	Male V55	Unattached	01:38:57	01:00:51	191	19
2019 Richard Bennett Felixstowe 292.	187 Ruth GREGGOR	Female V55+	Unattached	01:38:58	01:38:18	101	10
2019 Richard Bennett Felixstowe 293.	168 Jo Lummis	Female V35	Unattached	01:39:13	01:38:47	102	27
2019 Richard Bennett Felixstowe 294.	107 Carl COLLINS	Male Senior	Unattached	01:39:16	01:02:40	192	61
2019 Richard Bennett Felixstowe 295.	103 Melissa COE	Female Senior	Unattached	01:39:16	01:38:48	103	17
2019 Richard Bennett Felixstowe 296.	102 Andrew COCKER	Male V55	Unattached	01:39:17	01:39:00	193	20
2019 Richard Bennett Felixstowe 297.	418 Carina SOUTHGATE	Female V35	Unattached	01:39:18	01:38:43	104	28
2019 Richard Bennett Felixstowe 298.	301 Sharron MITCHELL	Female V45	Unattached	01:39:21	01:38:51	105	23
2019 Richard Bennett Felixstowe 299.	71 Emma BROWN	Female V40	Unattached	01:39:23	01:01:02	106	19
2019 Richard Bennett Felixstowe 300.	407 Janette SMITH	Female V45	Unattached	01:39:23	01:39:12	107	24
2019 Richard Bennett Felixstowe 301.	146 Rebecca ELLUL	Female V35	Felixstowe RRC	01:39:23	01:39:07	108	29
2019 Richard Bennett Felixstowe 302.	112 Lee CORNWELL	Male V40	Unattached	01:39:25	01:39:05	194	40
2019 Richard Bennett Felixstowe 303.	151 Craig EVANS	Male Senior	Unattached	01:39:26	01:39:06	195	62
2019 Richard Bennett Felixstowe 304.	402 Helen SKINNER	Female V45	Unattached	01:39:26	01:39:06	109	25
2019 Richard Bennett Felixstowe 305.	136 Claire DOUGLAS	Female V35	Stowmarket Striders Running Club	01:39:27	01:01:11	110	30
2019 Richard Bennett Felixstowe 306.	425 Nadine SPERLING	Female V40	Unattached	01:39:43	01:00:37	111	20
2019 Richard Bennett Felixstowe 307.	439 Nicola STEVENSON	Female V55+	Felixstowe RRC	01:39:50	01:39:31	112	11
2019 Richard Bennett Felixstowe 308.	398 Ian SILLETT	Male V60+	Felixstowe RRC	01:39:56	01:39:41	196	11
2019 Richard Bennett Felixstowe 309.	322 Simon NUNN	Male Senior	Unattached	01:40:05	01:39:30	197	63
2019 Richard Bennett Felixstowe 310.	319 Jonathan NEWELL	Male V50	St Edmunds Pacers	01:40:10	01:02:57	198	27
2019 Richard Bennett Felixstowe 311.	472 Joe WARD	Male Senior	Unattached	01:40:20	01:39:43	199	64
2019 Richard Bennett Felixstowe 312.	410 Ray SMITH	Male V50	Unattached	01:40:36	01:40:24	200	28
2019 Richard Bennett Felixstowe 313.	58 Maxine BISHOP	Female V50	Unattached	01:40:51	01:40:31	113	10
2019 Richard Bennett Felixstowe 314.	320 Marc NIEPOLD	Male V55	Unattached	01:40:56	01:40:34	201	21
2019 Richard Bennett Felixstowe 315.	249 Anna KAWALEC	Female V35	Unattached	01:40:59	01:40:43	114	31
2019 Richard Bennett Felixstowe 316.	50 Hayley BERKEL	Female V45	Unattached	01:41:17	01:03:41	115	26
2019 Richard Bennett Felixstowe 317.	137 Lucy DRIVER	Female V35	Felixstowe RRC	01:41:22	01:41:07	116	32
2019 Richard Bennett Felixstowe 318.	291 Laura MELVILLE	Female V35	Unattached	01:41:26	01:41:01	117	33
2019 Richard Bennett Felixstowe 319.	390 Liz SEVERY	Female V55+	Unattached	01:41:29	01:41:08	118	12
2019 Richard Bennett Felixstowe 320.	149 Samantha EMMES	Female V35	Unattached	01:41:46	01:41:25	119	34
2019 Richard Bennett Felixstowe 321.	123 Sarah DAVIES	Female V55+	Unattached	01:41:50	01:03:37	120	13
2019 Richard Bennett Felixstowe 322.	54 Amanda BIRD	Female V45	Ipswich Jaffa RC	01:41:57	01:03:01	121	27
2019 Richard Bennett Felixstowe 323.	246 Jenny JOHNSON	Female V45	Unattached	01:42:05	01:03:28	122	28
2019 Richard Bennett Felixstowe 324.	234 Tracy HUMPHREYS	Female V55+	Stowmarket Striders Running Club	01:42:11	01:04:39	123	14
2019 Richard Bennett Felixstowe 325.	29 Laura BARROW	Female Senior	Unattached	01:42:14	01:41:57	124	18

RACE CHIP TIMING RESULTS

2019 Richard Bennett Felixstowe 326.	441 Ian STOCKLEY	Male V50	Unattached	01:42:18	01:42:18	202	29
2019 Richard Bennett Felixstowe 327.	380 Karl SAVILL	Male V45	Unattached	01:42:22	01:42:22	203	38
2019 Richard Bennett Felixstowe 328.	161 Martyn FIRTH	Male Senior	Unattached	01:42:28	01:41:53	204	65
2019 Richard Bennett Felixstowe 329.	57 Darren BIRD	Male V45	Unattached	01:42:29	01:42:02	205	39
2019 Richard Bennett Felixstowe 330.	224 Adriana HOUCHELL	Female Senior	Ipswich Jaffa RC	01:42:30	01:42:07	125	19
2019 Richard Bennett Felixstowe 331.	2 Kirsty ABERDEIN	Female V45	Unattached	01:42:32	01:42:15	126	29
2019 Richard Bennett Felixstowe 332.	169 Lydia FOY	Female V40	Unattached	01:42:44	01:42:27	127	21
2019 Richard Bennett Felixstowe 333.	36 Jon BEECH	Male V40	Unattached	01:42:44	01:42:26	206	41
2019 Richard Bennett Felixstowe 334.	179 Mandy GODBOLD	Female V50	Ipswich Harriers	01:43:00	01:42:45	128	11
2019 Richard Bennett Felixstowe 335.	206 Deb HART	Female V50	Unattached	01:43:13	01:04:23	129	12
2019 Richard Bennett Felixstowe 336.	42 Tarra BENJAMIN	Female Senior	Unattached	01:43:14	01:04:20	130	20
2019 Richard Bennett Felixstowe 337.	135 Paul DORSET	Male V45	Felixstowe RRC	01:43:42	01:43:15	207	40
2019 Richard Bennett Felixstowe 338.	153 Sam FALOONA	Male Senior	Unattached	01:43:50	01:43:34	208	66
2019 Richard Bennett Felixstowe 339.	352 Liza PUTWAIN	Female V35	Stowmarket Striders Running Club	01:43:51	01:43:32	131	35
2019 Richard Bennett Felixstowe 340.	316 Joe NAUGHTON	Male V55	Stowmarket Striders Running Club	01:43:52	01:43:16	209	22
2019 Richard Bennett Felixstowe 341.	436 Paul STANTON	Male V40	Unattached	01:44:14	01:43:41	210	42
2019 Richard Bennett Felixstowe 342.	175 Ian GARSTANG	Male V40	Unattached	01:44:17	01:44:01	211	43
2019 Richard Bennett Felixstowe 343.	154 Carita FARTHING	Female V35	Felixstowe RRC	01:44:19	01:43:45	132	36
2019 Richard Bennett Felixstowe 344.	355 Lesley RAWLINSON	Female V50	Unattached	01:44:40	01:06:19	133	13
2019 Richard Bennett Felixstowe 345.	129 Sarah DE-VAUX BALBIRNIE	Female Senior	Unattached	01:44:45	01:44:10	134	21
2019 Richard Bennett Felixstowe 346.	345 James PHILLIPS	Male V45	Unattached	01:44:48	01:44:14	212	41
2019 Richard Bennett Felixstowe 347.	475 Sarah WEBB	Female V40	Unattached	01:44:49	01:06:54	135	22
2019 Richard Bennett Felixstowe 348.	141 Gemma DUTTON	Female Senior	Unattached	01:45:08	01:44:41	136	22
2019 Richard Bennett Felixstowe 349.	48 Rosie BENNETT	Female Senior	Unattached	01:45:38	01:06:35	137	23
2019 Richard Bennett Felixstowe 350.	466 Kelly WADE	Female V35	Unattached	01:45:51	01:45:36	138	37
2019 Richard Bennett Felixstowe 351.	347 Joe PLANT	Male Senior	Unattached	01:45:54	01:45:26	213	67
2019 Richard Bennett Felixstowe 352.	195 Jordan HALL	Male Senior	Unattached	01:45:58	01:45:36	214	68
2019 Richard Bennett Felixstowe 353.	486 Alison WILKINSON	Female Senior	Unattached	01:46:08	01:45:54	139	24
2019 Richard Bennett Felixstowe 354.	25 Sarah BANHAM	Female Senior	Unattached	01:46:08	01:45:54	140	25
2019 Richard Bennett Felixstowe 355.	225 Hayley HOWARD	Female V40	Unattached	01:46:13	01:45:49	141	23
2019 Richard Bennett Felixstowe 356.	305 Pam MORGAN	Female V35	Framlingham Flyers	01:46:15	01:45:45	142	38
2019 Richard Bennett Felixstowe 357.	45 James BENNETT	Male V55	Thame Runners	01:46:33	01:46:08	215	23
2019 Richard Bennett Felixstowe 358.	209 Rachel HASTE	Female V45	Unattached	01:46:53	01:46:24	143	30
2019 Richard Bennett Felixstowe 359.	106 Jackie COLLINS	Female V55+	Felixstowe RRC	01:46:57	01:06:53	144	15
2019 Richard Bennett Felixstowe 360.	295 Lois MICKLEBURGH	Female V45	Unattached	01:47:33	01:47:09	145	31
2019 Richard Bennett Felixstowe 361.	144 Susan ELLIS	Female V50	Unattached	01:47:54	01:07:41	146	14
2019 Richard Bennett Felixstowe 362.	313 Christopher MURRAY	Male V45	Unattached	01:47:54	01:47:23	216	42
2019 Richard Bennett Felixstowe 363.	397 Lisa SHUMAKE	Female V40	Unattached	01:47:59	01:09:01	147	24
2019 Richard Bennett Felixstowe 364.	121 Piaskowski DANUTA	Female V40	Unattached	01:48:05	01:47:29	148	25
2019 Richard Bennett Felixstowe 365.	496 Maureen WRIGHT	Female V55+	Ipswich Jaffa RC	01:48:09	01:07:31	149	16
2019 Richard Bennett Felixstowe 366.	100 Alison CLARKE	Female V55+	Great Bentley Running Club	01:48:12	01:47:38	150	17
2019 Richard Bennett Felixstowe 367.	469 Ellie WALKER	Female Senior	Unattached	01:48:57	01:48:28	151	26

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2019 Richard Bennett Felixstowe 368.	489 Justine WISEMAN	Female V45	Saxmundham Sports Running & Fitness Club	01:49:00	01:48:35	152	32
2019 Richard Bennett Felixstowe 369.	247 Mandy JOIRDAN	Female V45	Saxmundham Sports Running & Fitness Club	01:49:21	01:09:16	153	33
2019 Richard Bennett Felixstowe 370.	174 Juliet GARNHAM	Female V45	Stowmarket Striders Running Club	01:49:51	01:07:13	154	34
2019 Richard Bennett Felixstowe 371.	456 Anna TOMASZCZUK	Female V40	Unattached	01:50:01	01:49:21	155	26
2019 Richard Bennett Felixstowe 372.	391 Jacqui SEYMOUR	Female V45	Stowmarket Striders Running Club	01:50:22	01:09:24	156	35
2019 Richard Bennett Felixstowe 373.	24 Heidi BAKER	Female Senior	Unattached	01:50:32	01:50:03	157	27
2019 Richard Bennett Felixstowe 374.	119 Sue CURTIS	Female V55+	Unattached	01:50:39	01:09:17	158	18
2019 Richard Bennett Felixstowe 375.	399 Christopher SILOVSKY	Male Senior	Unattached	01:50:39	01:09:42	217	69
2019 Richard Bennett Felixstowe 376.	33 Gareth BAXTER	Male Senior	Unattached	01:51:24	01:51:05	218	70
2019 Richard Bennett Felixstowe 377.	302 Jane MOON	Female V55+	Unattached	01:51:31	01:50:56	159	19
2019 Richard Bennett Felixstowe 378.	422 Tim SPARKES	Male V40	Stowmarket Striders Running Club	01:51:35	01:51:08	219	44
2019 Richard Bennett Felixstowe 379.	357 Catherine RENN	Female V35	Unattached	01:51:52	01:51:22	160	39
2019 Richard Bennett Felixstowe 380.	38 Dan BELCHER-HACKETT	Male V45	Stowmarket Striders Running Club	01:52:01	01:09:18	220	43
2019 Richard Bennett Felixstowe 381.	304 Kara MOORE DAMANT	Female V40	Stowmarket Striders Running Club	01:52:14	01:51:47	161	27
2019 Richard Bennett Felixstowe 382.	480 Angela WHITING	Female V55+	Stowmarket Striders Running Club	01:52:14	01:11:23	162	20
2019 Richard Bennett Felixstowe 383.	445 Sue STYLES	Female V45	Unattached	01:52:38	01:52:05	163	36
2019 Richard Bennett Felixstowe 384.	152 Michelle EVELYN-WOOD	Female V50	Unattached	01:52:38	01:52:05	164	15
2019 Richard Bennett Felixstowe 385.	426 Carol SPURGEON	Female V50	Unattached	01:52:38	01:52:18	165	16
2019 Richard Bennett Felixstowe 386.	393 Sarah SHEEHAN	Female V40	Unattached	01:52:54	01:52:30	166	28
2019 Richard Bennett Felixstowe 387.	115 Rachel COX	Female V40	Unattached	01:53:06	01:52:36	167	29
2019 Richard Bennett Felixstowe 388.	493 Mark WOODS	Male V45	Unattached	01:53:06	01:12:01	221	44
2019 Richard Bennett Felixstowe 389.	419 Natalie SOUTHGATE	Female Senior	Unattached	01:53:47	01:53:15	168	28
2019 Richard Bennett Felixstowe 390.	148 Dave EMENY	Male Senior	Unattached	01:53:49	01:13:32	222	71
2019 Richard Bennett Felixstowe 391.	337 Cat PASCALL	Female Senior	Unattached	01:53:55	01:53:46	169	29
2019 Richard Bennett Felixstowe 392.	453 Roger TAYLOR	Male V40	Unattached	01:53:57	01:14:00	223	45
2019 Richard Bennett Felixstowe 393.	409 Paula SMITH	Female V45	Unattached	01:54:21	01:53:50	170	37
2019 Richard Bennett Felixstowe 394.	14 Paul ANDERSON	Male V50	Unattached	01:54:40	01:54:11	224	30
2019 Richard Bennett Felixstowe 395.	39 Dianne BELCHER-HACKETT	Female V35	Unattached	01:54:55	01:54:27	171	40
2019 Richard Bennett Felixstowe 396.	383 James SCOTT	Male V55	Unattached	01:55:05	01:54:25	225	24
2019 Richard Bennett Felixstowe 397.	329 Justin OSTLER	Male V45	Felixstowe RRC	01:55:24	01:54:50	226	45
2019 Richard Bennett Felixstowe 398.	314 Clare MURRELL	Female Senior	Unattached	01:55:37	01:55:09	172	30
2019 Richard Bennett Felixstowe 399.	257 Esther KIEHL	Female V45	Unattached	01:55:40	01:54:59	173	38
2019 Richard Bennett Felixstowe 400.	11 Jacqueline ALLPORT	Female V50	Felixstowe RRC	01:55:41	01:55:01	174	17
2019 Richard Bennett Felixstowe 401.	447 Hollie SUTHERLAND	Female Senior	Felixstowe RRC	01:55:52	01:55:18	175	31
2019 Richard Bennett Felixstowe 402.	147 Daniela ELSTONE	Female V50	Felixstowe RRC	01:55:57	01:55:22	176	18
2019 Richard Bennett Felixstowe 403.	368 Chris ROSE	Male Senior	Unattached	01:55:58	01:55:27	227	72
2019 Richard Bennett Felixstowe 404.	253 Robert KEMP	Male Senior	Felixstowe RRC	01:56:14	01:55:40	228	73
2019 Richard Bennett Felixstowe 405.	185 Deborah GREEN	Female V50	Unattached	01:56:16	01:55:43	177	19
2019 Richard Bennett Felixstowe 406.	34 Naomi BAXTER	Female V40	Unattached	01:56:33	01:56:14	178	30
2019 Richard Bennett Felixstowe 407.	223 Rhonda HORNE	Female V40	Unattached	01:56:33	01:16:11	179	31
2019 Richard Bennett Felixstowe 408.	427 Kirsty SPURGEON	Female Senior	Unattached	01:57:22	01:56:58	180	32
2019 Richard Bennett Felixstowe 409.	95 Dirk CHRIST	Male V45	Unattached	01:59:00	01:58:22	229	46

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2019 Richard Bennett Felixstowe 410.	416 Angela SOAMES	Female V40	Felixstowe RRC	01:59:00	01:14:09	181	32
2019 Richard Bennett Felixstowe 411.	96 Valeska CHRIST KOLBE	Female V40	Unattached	01:59:00	01:58:22	182	33
2019 Richard Bennett Felixstowe 412.	167 Sue FOLEY	Female V55+	Running Colchester	01:59:12	01:58:30	183	21
2019 Richard Bennett Felixstowe 413.	361 Jan RISEBROW	Female V55+	Felixstowe RRC	01:59:13	01:58:37	184	22
2019 Richard Bennett Felixstowe 414.	93 Mandy CHINERY	Female V45	Unattached	01:59:33	01:58:58	185	39
2019 Richard Bennett Felixstowe 415.	73 Samantha BROWN	Female V50	Unattached	01:59:35	01:59:03	186	20
2019 Richard Bennett Felixstowe 416.	5 Zoe ADAMS	Female Senior	Unattached	02:00:14	01:17:54	187	33
2019 Richard Bennett Felixstowe 417.	280 Sophie MAITLAND	Female Senior	Unattached	02:00:26	02:00:10	188	34
2019 Richard Bennett Felixstowe 418.	3 Tamsin ABERDEIN	Female V40	Unattached	02:00:26	01:19:43	189	34
2019 Richard Bennett Felixstowe 419.	270 Angie LEGGETT	Female V55+	Unattached	02:01:01	02:00:37	190	23
2019 Richard Bennett Felixstowe 420.	263 Lucinda LAWRENCE-BROWN	Female V40	Unattached	02:01:01	02:00:43	191	35
2019 Richard Bennett Felixstowe 421.	261 Paula LAMB	Female V35	Unattached	02:01:16	02:00:37	192	41
2019 Richard Bennett Felixstowe 422.	16 Danielle ANDREWS	Female V35	Unattached	02:01:38	02:00:58	193	42
2019 Richard Bennett Felixstowe 423.	63 Karen BRACKENBURY	Female V55+	Unattached	02:01:38	02:00:59	194	24
2019 Richard Bennett Felixstowe 424.	471 Michelle WALNE	Female V50	Unattached	02:02:36	01:20:12	195	21
2019 Richard Bennett Felixstowe 425.	251 Scott KEABLE	Male V40	Unattached	02:03:11	02:02:42	230	46
2019 Richard Bennett Felixstowe 426.	321 Clare NORTON	Female V45	Unattached	02:03:18	02:02:48	196	40
2019 Richard Bennett Felixstowe 427.	219 Sarah HODGE	Female V50	Unattached	02:03:18	02:02:47	197	22
2019 Richard Bennett Felixstowe 428.	473 Nicole WARNER	Female V45	Unattached	02:03:23	02:03:23	198	41
2019 Richard Bennett Felixstowe 429.	310 Elizabeth MORRIS	Female V55+	Unattached	02:03:24	02:02:44	199	25
2019 Richard Bennett Felixstowe 430.	406 Heather SMITH	Female V45	Unattached	02:03:40	02:03:00	200	42
2019 Richard Bennett Felixstowe 431.	330 June OVERETT	Female V55+	Unattached	02:03:50	02:03:17	201	26
2019 Richard Bennett Felixstowe 432.	130 Jo DICKINSON	Female V45	Felixstowe RRC	02:04:31	02:03:54	202	43
2019 Richard Bennett Felixstowe 433.	323 Deryck O'DONNELL	Male V45	Unattached	02:04:43	02:04:24	231	47
2019 Richard Bennett Felixstowe 434.	1 Hannah ABBOTT	Female V35	Unattached	02:05:34	02:05:02	203	43
2019 Richard Bennett Felixstowe 435.	67 Doranne BREWSTER	Female V35	Unattached	02:06:19	02:06:12	204	44
2019 Richard Bennett Felixstowe 436.	370 Sharon RUSH	Female V45	Unattached	02:06:36	02:06:05	205	44
2019 Richard Bennett Felixstowe 437.	126 Beverley DE BOOS	Female V55+	Vegan Runners UK	02:07:45	02:07:05	206	27
2019 Richard Bennett Felixstowe 438.	134 Sarah DONOVAN	Female V50	Unattached	02:08:00	02:07:28	207	23
2019 Richard Bennett Felixstowe 439.	214 Claire HEMPSTEAD	Female V40	Unattached	02:08:21	02:07:42	208	36
2019 Richard Bennett Felixstowe 440.	23 Jane BAILEY	Female V55+	Felixstowe RRC	02:09:27	02:08:52	209	28
2019 Richard Bennett Felixstowe 441.	273 Lo-Anne LEWIS	Female V40	Unattached	02:10:31	02:10:02	210	37
2019 Richard Bennett Felixstowe 442.	373 Helen SAAGI	Female V50	Unattached	02:10:33	02:10:04	211	24
2019 Richard Bennett Felixstowe 443.	222 Mary HOPE	Female V55+	Stowmarket Striders Running Club	02:11:33	02:11:08	212	29
2019 Richard Bennett Felixstowe 444.	142 Christine EASTHALL	Female Senior	Unattached	02:11:38	02:11:00	213	35
2019 Richard Bennett Felixstowe 445.	86 Gillian CARRON	Female V45	Unattached	02:11:38	02:11:07	214	45
2019 Richard Bennett Felixstowe 446.	9 Julie Cook	Female V50	Unattached	02:15:16	01:28:25	215	25
2019 Richard Bennett Felixstowe 447.	269 Jo LEEKS	Female V45	Unattached	02:17:51	02:17:19	216	46
2019 Richard Bennett Felixstowe 448.	193 Rachael HAGGER	Female V45	Unattached	02:24:20	02:23:41	217	47
2019 Richard Bennett Felixstowe 449.	205 Louise HARRIS	Female V40	Haverhill Running Club	02:24:55	02:24:13	218	38
2019 Richard Bennett Felixstowe 450.	250 Kim KEABLE	Female V40	Unattached	02:29:19	01:36:45	219	39
2019 Richard Bennett Felixstowe 451.	274 Alyson LIMPKIN-CHALLIS	Female V50	Felixstowe RRC	02:29:23	02:28:40	220	26

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2019	Richard Bennett	Felixstowe	452.	358	Zoila REYES	Female V55+	Felixstowe RRC	02:29:24	02:28:40	221	30
2019	Richard Bennett	Felixstowe	DNF	467	Claire WALDEN	Female Senior	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNF	381	Paul SCHWER	Male V55	Felixstowe RRC			-1	-1
2019	Richard Bennett	Felixstowe	DNF	255	Sacha KEWN	Male Senior	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNF	434	Scott STALLEY	Male V40	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	349	Abby POWLETT	Female V40	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	404	Alison SMITH	Female V35	Haverhill Running Club			-1	-1
2019	Richard Bennett	Felixstowe	DNS	139	Amanda DUNN	Female V40	Hadleigh Hares AC			-1	-1
2019	Richard Bennett	Felixstowe	DNS	376	Amanda SARGEANT	Female V45	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	165	Anthony FLEMING	Male V40	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	114	Ben COWLEY	Male Senior	Saxmundham Sports Running & Fitness Club			-1	-1
2019	Richard Bennett	Felixstowe	DNS	80	Charlotte BURKE	Female Senior	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	296	Cherie MILBOURN	Female V40	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	125	Daniel DAY	Male Senior	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	283	David MARSH	Male V40	Stowmarket Striders Running Club			-1	-1
2019	Richard Bennett	Felixstowe	DNS	448	Hayley SWAIN	Female V45	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	324	Heidi OAKENFULL	Female V45	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	47	Holly BENNETT	Female Senior	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	485	James WILCOX	Male V45	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	494	James WORTON	Male Senior	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	191	Jason GUNN	Male Senior	Colchester Harriers AC			-1	-1
2019	Richard Bennett	Felixstowe	DNS	231	Jayne HUDSON	Female V40	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	350	Jess PRESTON	Female V35	Vegan Runners UK			-1	-1
2019	Richard Bennett	Felixstowe	DNS	99	Jo CLARK	Female V45	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	284	Karen MARTIN	Female V35	Haverhill Running Club			-1	-1
2019	Richard Bennett	Felixstowe	DNS	359	Karen RICHARDSON	Female V45	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	479	Karen WHARFE	Female V45	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	237	Kate HUTSON	Female V35	Ipswich Jaffa RC			-1	-1
2019	Richard Bennett	Felixstowe	DNS	62	Katinka BOWES	Female V40	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	348	Keri POWELL	Male V45	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	201	Lucia HARDWICK	Female V40	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	155	Lucinda FENDLEY	Female V35	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	392	Lucy SHEEHAN	Female V35	Felixstowe RRC			-1	-1
2019	Richard Bennett	Felixstowe	DNS	118	Mark CROMPTON	Male V50	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	171	Mark FRISTON	Male V50	Woodbridge Shufflers Running Club			-1	-1
2019	Richard Bennett	Felixstowe	DNS	281	Matt MAKIN	Male Senior	Felixstowe RRC			-1	-1
2019	Richard Bennett	Felixstowe	DNS	382	Melanie SCOTLAND	Female Senior	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	394	Naomi SHELMDRINE	Female V45	Haverhill Running Club			-1	-1
2019	Richard Bennett	Felixstowe	DNS	28	Nigel BARNES	Male V45	Vegan Runners UK			-1	-1
2019	Richard Bennett	Felixstowe	DNS	377	Phil SARGEANT	Male V45	Unattached			-1	-1
2019	Richard Bennett	Felixstowe	DNS	298	Rachael MILLER	Female Senior	Felixstowe RRC			-1	-1
2019	Richard Bennett	Felixstowe	DNS	12	Richard ALLPORT	Male V55	Felixstowe RRC			-1	-1

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2019 Richard Bennett Felixstowe DNS	92 Richard CHECKETTS	Male V45	Framlingham Flyers			-1	-1
2019 Richard Bennett Felixstowe DNS	240 Sally JACOBS	Female V55+	Unattached			-1	-1
2019 Richard Bennett Felixstowe DNS	173 Samantha FULCHER	Female V50	Unattached			-1	-1
2019 Richard Bennett Felixstowe DNS	91 Steve CHAPMAN	Male V45	Stowmarket Striders Running Club			-1	-1
2019 Richard Bennett Felixstowe DNS	236 Sue HUNTER	Female V55+	Stowmarket Striders Running Club			-1	-1
2019 Richard Bennett Felixstowe DNS	7 Tony ADOLPHUS	Male V60+	Ipswich Jaffa RC			-1	-1
2019 Richard Bennett Felixstowe DNS	468 Westley WALKER	Male V40	Haverhill Running Club			-1	-1
2019 Robert Tomlinson Half Mai 1.	181 Neil POLLARD	Male V40	Newmarket Joggers	1:14:46	1:14:46	1	1
2019 Robert Tomlinson Half Mai 2.	272 Benjamin TURLEY	Male Senior	Ipswich Jaffa RC	1:17:19	1:17:19	2	1
2019 Robert Tomlinson Half Mai 3.	33 Samuel BURDETT	Male Senior	Stowmarket Striders Running Club	1:17:47	1:17:47	3	2
2019 Robert Tomlinson Half Mai 4.	120 Adam HOWLETT	Male V45	Framlingham Flyers	1:18:30	1:18:30	4	1
2019 Robert Tomlinson Half Mai 5.	115 Mark HAYWARD	Male Senior	Newmarket Joggers	1:18:50	1:18:50	5	3
2019 Robert Tomlinson Half Mai 6.	235 Adam WADE	Male Senior	Ipswich Jaffa RC	1:20:04	1:20:04	6	4
2019 Robert Tomlinson Half Mai 7.	247 Jack WILKINSON	Male Senior	Unattached	1:21:39	1:21:39	7	5
2019 Robert Tomlinson Half Mai 8.	5 Alastair ANGUS	Male Senior	St Edmunds Pacers	1:24:47	1:24:47	8	6
2019 Robert Tomlinson Half Mai 9.	273 Oliver WATSON	Male Senior	Ipswich Jaffa RC	1:25:07	1:25:07	9	7
2019 Robert Tomlinson Half Mai 10.	31 Piotr BULACZ	Male V45	Sudbury Joggers	1:25:35	1:25:35	10	2
2019 Robert Tomlinson Half Mai 11.	271 Benjamin JACOBS	Male V40	Felixstowe RRC	1:25:55	1:25:55	11	2
2019 Robert Tomlinson Half Mai 12.	132 Graham JENVEY	Male Senior	Unattached	1:26:12	1:26:12	12	8
2019 Robert Tomlinson Half Mai 13.	224 Clive THOMAS	Male V55	Colchester Harriers AC	1:26:19	1:26:19	13	1
2019 Robert Tomlinson Half Mai 14.	172 Chris MOWER	Male V40	St Edmunds Pacers	1:27:51	1:27:51	14	3
2019 Robert Tomlinson Half Mai 15.	15 Aden BELL	Male Senior	Hadleigh Hares AC	1:28:14	1:28:14	15	9
2019 Robert Tomlinson Half Mai 16.	206 Chris SEYMOUR	Male V50	Stowmarket Striders Running Club	1:28:16	1:28:16	16	1
2019 Robert Tomlinson Half Mai 17.	219 Chris SUGARS	Male V45	Felixstowe RRC	1:28:19	1:28:19	17	3
2019 Robert Tomlinson Half Mai 18.	27 Steve BROOKE	Male V50	Felixstowe RRC	1:28:52	1:28:52	18	2
2019 Robert Tomlinson Half Mai 19.	113 Tom HASLAM	Male V45	Framlingham Flyers	1:29:31	1:29:31	19	4
2019 Robert Tomlinson Half Mai 20.	274 Steve HALL	Male V45	Framlingham Flyers	1:29:44	1:29:44	20	5
2019 Robert Tomlinson Half Mai 21.	32 Trevor BUNCH	Male V45	Haverhill Running Club	1:29:55	1:29:55	21	6
2019 Robert Tomlinson Half Mai 22.	259 Charlie DAVIS	Male Senior	Unattached	1:30:29	1:30:29	22	10
2019 Robert Tomlinson Half Mai 23.	30 Stuart BUCHAN	Male Senior	Stowmarket Striders Running Club	1:30:33	1:30:33	23	11
2019 Robert Tomlinson Half Mai 24.	183 Justin POTTER	Male Senior	Stowmarket Striders Running Club	1:30:34	1:30:34	24	12
2019 Robert Tomlinson Half Mai 25.	80 Alan FAYLE	Male Senior	Unattached	1:30:57	1:30:57	25	13
2019 Robert Tomlinson Half Mai 26.	23 Romas BLEDA	Male Senior	Unattached	1:31:11	1:31:11	26	14
2019 Robert Tomlinson Half Mai 27.	152 Robin MACKENZIE	Male V55	Framlingham Flyers	1:31:32	1:31:32	27	2
2019 Robert Tomlinson Half Mai 28.	229 Ryan TUVEY	Male Senior	Unattached	1:31:33	1:31:33	28	15
2019 Robert Tomlinson Half Mai 29.	38 Jason CATTERMOLE	Male V50	Ipswich Jaffa RC	1:32:15	1:32:15	29	3
2019 Robert Tomlinson Half Mai 30.	262 Mike GREENER	Male V45	St Edmunds Pacers	1:32:48	1:32:48	30	7
2019 Robert Tomlinson Half Mai 31.	261 Ben HOPKINS	Male Senior	Unattached	1:32:53	1:32:53	31	16
2019 Robert Tomlinson Half Mai 32.	251 Emilie WIX	Female V35	Woodbridge Shufflers Running Club	1:33:36	1:33:36	1	1
2019 Robert Tomlinson Half Mai 33.	110 Robin HARPER	Male V40	Felixstowe RRC	1:33:52	1:33:52	32	4
2019 Robert Tomlinson Half Mai 34.	85 James FISHER	Male V40	Ely Runners	1:36:04	1:36:04	33	5
2019 Robert Tomlinson Half Mai 35.	240 Andrew WEBBER	Male V55	Stowmarket Striders Running Club	1:36:15	1:36:15	34	3

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2019 Robert Tomlinson Half Mai 36.	16 Robin BELSOM	Male V55	Ipswich Jaffa RC	1:36:30	1:36:30	35	4
2019 Robert Tomlinson Half Mai 37.	105 John GREENER	Male V50	St Edmunds Pacers	1:36:53	1:36:53	36	4
2019 Robert Tomlinson Half Mai 38.	86 Sarah FITCH	Female V45	Felixstowe RRC	1:37:17	1:37:17	2	1
2019 Robert Tomlinson Half Mai 39.	70 Stephen DUNNETT	Male V60	Framlingham Flyers	1:37:34	1:37:34	37	1
2019 Robert Tomlinson Half Mai 40.	51 Ian COXHEAD	Male V50	Norfolk Gazelles AC	1:38:03	1:38:03	38	5
2019 Robert Tomlinson Half Mai 41.	226 Sandy THOROGOOD	Female V50	Sudbury Joggers	1:38:38	1:38:38	3	1
2019 Robert Tomlinson Half Mai 42.	84 Yusuf FIRAT	Male V55	Haverhill Running Club	1:38:46	1:38:46	39	5
2019 Robert Tomlinson Half Mai 43.	220 Oliver BINGHAM	Male Senior	Stowmarket Striders Running Club	1:39:16	1:39:16	40	17
2019 Robert Tomlinson Half Mai 44.	184 Sam POWELL	Male Senior	Wymondham AC	1:39:35	1:39:35	41	18
2019 Robert Tomlinson Half Mai 45.	42 Neville CLARKE	Male V65	Newmarket Joggers	1:39:46	1:39:46	42	1
2019 Robert Tomlinson Half Mai 46.	243 Ian WHITE	Male V50	Unattached	1:40:08	1:40:08	43	6
2019 Robert Tomlinson Half Mai 47.	269 John COOPER	Male Senior	Unattached	1:40:17	1:40:17	44	19
2019 Robert Tomlinson Half Mai 48.	121 James HOWLETT	Male V45	Framlingham Flyers	1:40:25	1:40:25	45	8
2019 Robert Tomlinson Half Mai 49.	282 Jim Aldridge	Male V45	Ipswich Jaffa RC	1:40:26	1:40:26	46	9
2019 Robert Tomlinson Half Mai 50.	134 Rob JEWERS	Male V40	Stowmarket Striders Running Club	1:41:06	1:41:06	47	6
2019 Robert Tomlinson Half Mai 51.	102 Kathryn GOODING	Female Senior	Unattached	1:41:07	1:41:07	4	1
2019 Robert Tomlinson Half Mai 52.	22 Peter BIVEN	Male V40	Unattached	1:41:37	1:41:37	48	7
2019 Robert Tomlinson Half Mai 53.	71 Joseph DUNNING	Male Senior	Unattached	1:41:50	1:41:50	49	20
2019 Robert Tomlinson Half Mai 54.	62 Liam DOE	Male Senior	Unattached	1:42:13	1:42:13	50	21
2019 Robert Tomlinson Half Mai 55.	158 Michael MARRIOTT	Male V60	Unattached	1:42:28	1:42:28	51	2
2019 Robert Tomlinson Half Mai 56.	127 Morgan IRVING	Female Senior	Unattached	1:42:42	1:42:42	5	2
2019 Robert Tomlinson Half Mai 57.	57 Mark DAVEY	Male V50	Unattached	1:43:06	1:43:06	52	7
2019 Robert Tomlinson Half Mai 58.	67 Joshua DOWSON	Male Senior	Unattached	1:43:27	1:43:27	53	22
2019 Robert Tomlinson Half Mai 59.	52 Matthew CRANE	Male Senior	Cambridge & Coleridge AC	1:43:39	1:43:39	54	23
2019 Robert Tomlinson Half Mai 60.	129 Martin JARVIS	Male V45	Unattached	1:43:42	1:43:42	55	10
2019 Robert Tomlinson Half Mai 61.	214 Andrew SMYTH	Male Senior	Unattached	1:43:43	1:43:43	56	24
2019 Robert Tomlinson Half Mai 62.	258 Dave YOUNG	Male V45	Unattached	1:44:02	1:44:02	57	11
2019 Robert Tomlinson Half Mai 63.	178 Darin OSBORNE	Male V50	Unattached	1:44:10	1:44:10	58	8
2019 Robert Tomlinson Half Mai 64.	63 Stuart DOLAN	Male Senior	Unattached	1:44:25	1:44:25	59	25
2019 Robert Tomlinson Half Mai 65.	212 Daryl SIMPSON	Male V45	Ipswich Jaffa RC	1:44:40	1:44:40	60	12
2019 Robert Tomlinson Half Mai 66.	142 Stuart KING	Male Senior	Brandon Fern Hoppers	1:45:12	1:45:12	61	26
2019 Robert Tomlinson Half Mai 67.	180 Kate PINCHEN	Female Senior	Stowmarket Striders Running Club	1:45:40	1:45:40	6	3
2019 Robert Tomlinson Half Mai 68.	281 Benjamin Thomas	Male V45	Unattached	1:46:18	1:46:18	62	13
2019 Robert Tomlinson Half Mai 69.	202 Bronwen SARGINSON	Female V40	Unattached	1:46:44	1:46:44	7	1
2019 Robert Tomlinson Half Mai 70.	284 Thomas Davey	Male Senior	Unattached	1:46:45	1:46:45	63	27
2019 Robert Tomlinson Half Mai 71.	92 James GEATER	Male Senior	Unattached	1:46:46	1:46:46	64	28
2019 Robert Tomlinson Half Mai 72.	283 Ashley Clayden	Male Senior	Unattached	1:46:55	1:46:55	65	29
2019 Robert Tomlinson Half Mai 73.	228 Charles TURNER	Male Senior	Unattached	1:46:55	1:46:55	66	30
2019 Robert Tomlinson Half Mai 74.	101 Andrew GOODEY	Male V45	Unattached	1:47:04	1:47:04	67	14
2019 Robert Tomlinson Half Mai 75.	106 Kate GREENER	Female V40	Unattached	1:47:42	1:47:42	8	2
2019 Robert Tomlinson Half Mai 76.	204 Daniel SELFE	Male V40	Stowmarket Striders Running Club	1:47:47	1:47:47	68	8
2019 Robert Tomlinson Half Mai 77.	249 Helen WING	Female V50	Stowmarket Striders Running Club	1:48:10	1:48:10	9	2

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2019 Robert Tomlinson Half Mai 78.	13 Gale BAXTER	Female V45	Unattached	1:48:17	1:48:17	10	2
2019 Robert Tomlinson Half Mai 79.	54 Derek DALY	Male V55	Saxmundham Sports Running & Fitness Club	1:48:32	1:48:32	69	6
2019 Robert Tomlinson Half Mai 80.	90 Sharon FROST	Female V45	St Edmunds Pacers	1:48:44	1:48:44	11	3
2019 Robert Tomlinson Half Mai 81.	91 Adrian FROST	Male V45	St Edmunds Pacers	1:48:44	1:48:44	70	15
2019 Robert Tomlinson Half Mai 82.	242 Mark WEBSTER	Male V60	Unattached	1:49:47	1:49:47	71	3
2019 Robert Tomlinson Half Mai 83.	161 Vicky MCTAGGART	Female V40	Unattached	1:49:55	1:49:55	12	3
2019 Robert Tomlinson Half Mai 84.	21 Kevin BIRD	Male V55	St Edmunds Pacers	1:50:15	1:50:15	72	7
2019 Robert Tomlinson Half Mai 85.	217 Jo STEPHENSON	Female V50	Stowmarket Striders Running Club	1:50:40	1:50:40	13	3
2019 Robert Tomlinson Half Mai 86.	275 Silvan GOTTSCHALL	Male Senior	Unattached	1:50:42	1:50:42	73	31
2019 Robert Tomlinson Half Mai 87.	153 Jemma MADDAMS	Female V35	Unattached	1:51:17	1:51:17	14	2
2019 Robert Tomlinson Half Mai 88.	97 Ruth GOODCHILD	Female V40	Unattached	1:51:32	1:51:32	15	4
2019 Robert Tomlinson Half Mai 89.	98 Rob GOODCHILD	Male V50	Unattached	1:51:34	1:51:34	74	9
2019 Robert Tomlinson Half Mai 90.	117 Tom HOBLYN	Male V55	St Edmunds Pacers	1:51:39	1:51:39	75	8
2019 Robert Tomlinson Half Mai 91.	280 Simon Sparkes	Male V45	Bungay Black Dog RC	1:51:40	1:51:40	76	16
2019 Robert Tomlinson Half Mai 92.	177 James OLLEY	Male Senior	Harwich Runners	1:51:43	1:51:43	77	32
2019 Robert Tomlinson Half Mai 93.	114 Stephen HATTEN	Male V50	St Edmunds Pacers	1:51:51	1:51:51	78	10
2019 Robert Tomlinson Half Mai 94.	165 Frank MOGGAN	Male V70+	Stowmarket Striders Running Club	1:51:53	1:51:53	79	1
2019 Robert Tomlinson Half Mai 95.	213 Pete SKINNER	Male V45	Unattached	1:51:59	1:51:59	80	17
2019 Robert Tomlinson Half Mai 96.	191 Robert REASON	Male V50	Stowmarket Striders Running Club	1:52:03	1:52:03	81	11
2019 Robert Tomlinson Half Mai 97.	157 Simon MARJORAM	Male V45	Unattached	1:52:41	1:52:41	82	18
2019 Robert Tomlinson Half Mai 98.	208 Jenny SHEAHAN	Female V55	Eastern Veterans AC	1:52:53	1:52:53	16	1
2019 Robert Tomlinson Half Mai 99.	278 Stephen Page	Male V45	Stowmarket Striders Running Club	1:52:58	1:52:58	83	19
2019 Robert Tomlinson Half Mai 100.	230 Mark TYRRELL	Male Senior	Unattached	1:53:09	1:53:09	84	33
2019 Robert Tomlinson Half Mai 101.	166 Denis MOLE	Male V70+	Havering 90 Joggers	1:53:36	1:53:36	85	2
2019 Robert Tomlinson Half Mai 102.	253 Jamie WRIGHT	Male V40	Framlingham Flyers	1:53:38	1:53:38	86	9
2019 Robert Tomlinson Half Mai 103.	29 Rachel BROOKE	Female V45	Ipswich Jaffa RC	1:54:19	1:54:19	17	4
2019 Robert Tomlinson Half Mai 104.	94 Joanna GODWIN	Female V45	Wymondham AC	1:54:30	1:54:30	18	5
2019 Robert Tomlinson Half Mai 105.	75 Richard EASTALL	Male V55	Steel City Striders RC	1:55:21	1:55:21	87	9
2019 Robert Tomlinson Half Mai 106.	19 Jamie BENNINGTON	Male V40	Unattached	1:55:23	1:55:23	88	10
2019 Robert Tomlinson Half Mai 107.	148 Darren LEEKS	Male V45	Unattached	1:55:30	1:55:30	89	20
2019 Robert Tomlinson Half Mai 108.	87 Scott FOREST	Male Senior	Unattached	1:55:44	1:55:44	90	34
2019 Robert Tomlinson Half Mai 109.	256 Miles YAXLEY	Male Senior	Unattached	1:55:50	1:55:50	91	35
2019 Robert Tomlinson Half Mai 110.	39 Andrew CATTON	Male Senior	Stowmarket Striders Running Club	1:56:05	1:56:05	92	36
2019 Robert Tomlinson Half Mai 111.	122 Tony HUFFLETT	Male V50	Crowborough Runners	1:56:16	1:56:16	93	12
2019 Robert Tomlinson Half Mai 112.	123 Sam HUFFLETT	Male Senior	Unattached	1:56:16	1:56:16	94	37
2019 Robert Tomlinson Half Mai 113.	233 Nikki VINCE	Female V45	Unattached	1:56:38	1:56:38	19	6
2019 Robert Tomlinson Half Mai 114.	25 Keith BORRETT	Male V65	Unattached	1:57:15	1:57:15	95	2
2019 Robert Tomlinson Half Mai 115.	188 Clive PURBROOK	Male V60	Newmarket Joggers	1:57:25	1:57:25	96	4
2019 Robert Tomlinson Half Mai 116.	93 Aaron GENT	Male Senior	Unattached	1:57:26	1:57:26	97	38
2019 Robert Tomlinson Half Mai 117.	44 Daniel COBB	Male Senior	Unattached	1:57:34	1:57:34	98	39
2019 Robert Tomlinson Half Mai 118.	76 Marcus EDGWORTH	Male Senior	Unattached	1:57:41	1:57:41	99	40
2019 Robert Tomlinson Half Mai 119.	218 Adam STIFF	Male Senior	Unattached	1:57:46	1:57:46	100	41

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2019 Robert Tomlinson Half Mai 120.	197 Hugh ROBERTS	Male V70+	Bungay Black Dog RC	1:57:50	1:57:50	101	3
2019 Robert Tomlinson Half Mai 121.	7 Ross ARNOLD	Male Senior	Haverhill Running Club	1:57:56	1:57:56	102	42
2019 Robert Tomlinson Half Mai 122.	89 Yvonne FREIHERR-FENTON	Female V40	Unattached	1:58:16	1:58:16	20	5
2019 Robert Tomlinson Half Mai 123.	74 Charlotte DURRANT	Female V35	Stowmarket Striders Running Club	1:58:32	1:58:32	21	3
2019 Robert Tomlinson Half Mai 124.	82 Julia FINCH	Female V40	Unattached	1:58:46	1:58:46	22	6
2019 Robert Tomlinson Half Mai 125.	225 Hannah THOMPSON	Female Senior	Stowmarket Striders Running Club	1:59:04	1:59:04	23	4
2019 Robert Tomlinson Half Mai 126.	133 Hannah JEWERS	Female V40	Stowmarket Striders Running Club	1:59:19	1:59:19	24	7
2019 Robert Tomlinson Half Mai 127.	17 Mark BENNETT	Male V45	Unattached	1:59:43	1:59:43	103	21
2019 Robert Tomlinson Half Mai 128.	18 Nichola BENNETT	Female V40	Unattached	1:59:43	1:59:43	25	8
2019 Robert Tomlinson Half Mai 129.	175 Sian O'SULLIVAN	Female Senior	Bungay Black Dog RC	1:59:47	1:59:47	26	5
2019 Robert Tomlinson Half Mai 130.	270 Timothy OSTER	Male Senior	Unattached	1:59:52	1:59:52	104	43
2019 Robert Tomlinson Half Mai 131.	245 Clare WIGG	Female V35	Stowmarket Striders Running Club	2:00:04	2:00:04	27	4
2019 Robert Tomlinson Half Mai 132.	257 Keith YAXLEY	Male V45	Unattached	2:00:16	2:00:16	105	22
2019 Robert Tomlinson Half Mai 133.	221 Ryan TALLEY	Male V50	Steel City Striders RC	2:00:25	2:00:25	106	13
2019 Robert Tomlinson Half Mai 134.	252 James WRIGHT	Male Senior	Unattached	2:00:53	2:00:53	107	44
2019 Robert Tomlinson Half Mai 135.	59 Daniel DAY	Male Senior	Unattached	2:01:09	2:01:09	108	45
2019 Robert Tomlinson Half Mai 136.	232 Nicola VICKERS	Female V50	Unattached	2:01:56	2:01:56	28	4
2019 Robert Tomlinson Half Mai 137.	231 Ben VICKERS	Male V50	Unattached	2:01:56	2:01:56	109	14
2019 Robert Tomlinson Half Mai 138.	78 Alex ELLLIOTT	Male Senior	Unattached	2:01:58	2:01:58	110	46
2019 Robert Tomlinson Half Mai 139.	263 Aaron DURRANT	Male Senior	Unattached	2:03:17	2:03:17	111	47
2019 Robert Tomlinson Half Mai 140.	260 Mathew GAUKRODGER	Male Senior	Unattached	2:03:30	2:03:30	112	48
2019 Robert Tomlinson Half Mai 141.	112 Emma HARWOOD	Female V45	Framlingham Flyers	2:03:31	2:03:31	29	7
2019 Robert Tomlinson Half Mai 142.	55 David DAMANT	Male V45	Unattached	2:04:33	2:04:33	113	23
2019 Robert Tomlinson Half Mai 143.	95 Lewis GOLDBERG	Male Senior	Unattached	2:04:50	2:04:50	114	49
2019 Robert Tomlinson Half Mai 144.	227 Rebecca TOMLINSON	Female Senior	Unattached	2:04:59	2:04:59	30	6
2019 Robert Tomlinson Half Mai 145.	179 Clive PEMBERTON	Male V50	Unattached	2:05:10	2:05:10	115	15
2019 Robert Tomlinson Half Mai 146.	135 Gemma JEWERS	Female V35	Stowmarket Striders Running Club	2:05:26	2:05:26	31	5
2019 Robert Tomlinson Half Mai 147.	207 David SEYMOUR	Male V55	Felixstowe RRC	2:05:58	2:05:58	116	10
2019 Robert Tomlinson Half Mai 148.	108 Simon HAFFENDEN	Male V55	St Edmunds Pacers	2:06:02	2:06:02	117	11
2019 Robert Tomlinson Half Mai 149.	167 Clare MOODIE	Female V40	Framlingham Flyers	2:06:38	2:06:38	32	9
2019 Robert Tomlinson Half Mai 150.	246 Alison WILCOCK	Female Senior	Unattached	2:06:47	2:06:47	33	7
2019 Robert Tomlinson Half Mai 151.	118 Claire HOLDAWAY	Female V40	Hadleigh Hares AC	2:06:49	2:06:49	34	10
2019 Robert Tomlinson Half Mai 152.	222 Andrew THOMAS	Male V55	Unattached	2:07:05	2:07:05	118	12
2019 Robert Tomlinson Half Mai 153.	279 Sarah Sparkes	Female V45	Bungay Black Dog RC	2:07:51	2:07:51	35	8
2019 Robert Tomlinson Half Mai 154.	26 Steve BRIGHT	Male V55	Lonely Goat RC	2:07:58	2:07:58	119	13
2019 Robert Tomlinson Half Mai 155.	65 Claire DOUGLAS	Female V35	Stowmarket Striders Running Club	2:08:00	2:08:00	36	6
2019 Robert Tomlinson Half Mai 156.	103 Kevin GOODING	Male V55	Unattached	2:09:38	2:09:38	120	14
2019 Robert Tomlinson Half Mai 157.	173 Joe NAUGHTON	Male V55	Stowmarket Striders Running Club	2:09:39	2:09:39	121	15
2019 Robert Tomlinson Half Mai 158.	66 Rebecca DOWSON	Female Senior	Unattached	2:10:01	2:10:01	37	8
2019 Robert Tomlinson Half Mai 159.	77 John EDWARDS	Male V50	Unattached	2:10:12	2:10:12	122	16
2019 Robert Tomlinson Half Mai 160.	20 Natasha BILLSBERRY	Female V40	Unattached	2:10:22	2:10:22	38	11
2019 Robert Tomlinson Half Mai 161.	236 Lauren WAGGOTT	Female Senior	Unattached	2:10:25	2:10:25	39	9

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2019 Robert Tomlinson Half Mai 162.	164 Lorraine MILLS	Female V45	Unattached	2:10:29	2:10:29	40	9
2019 Robert Tomlinson Half Mai 163.	137 Claire JONES	Female V45	Unattached	2:12:28	2:12:28	41	10
2019 Robert Tomlinson Half Mai 164.	162 Shalah MELLOR	Female V40	Unattached	2:12:28	2:12:28	42	12
2019 Robert Tomlinson Half Mai 165.	268 Rachel HIRST	Female V55	Bungay Black Dog RC	2:12:41	2:12:41	43	2
2019 Robert Tomlinson Half Mai 166.	155 Roderick MAIN	Male V50	Tri-Anglia Triathlon Club	2:12:57	2:12:57	123	17
2019 Robert Tomlinson Half Mai 167.	1 Chris ALDERTON	Female V40	Stowmarket Striders Running Club	2:13:30	2:13:30	44	13
2019 Robert Tomlinson Half Mai 168.	47 Adrian COLE	Male V55	Stowmarket Striders Running Club	2:13:34	2:13:34	124	16
2019 Robert Tomlinson Half Mai 169.	248 Helen WILLIAMS	Female V50	Unattached	2:14:29	2:14:29	45	5
2019 Robert Tomlinson Half Mai 170.	154 Vicki MAIN	Female Senior	Unattached	2:14:34	2:14:34	46	10
2019 Robert Tomlinson Half Mai 171.	119 Adriana HOUCHELL	Female Senior	Ipswich Jaffa RC	2:14:49	2:14:49	47	11
2019 Robert Tomlinson Half Mai 172.	170 Alistair MOSELEY	Male V50	Stowmarket Striders Running Club	2:14:55	2:14:55	125	18
2019 Robert Tomlinson Half Mai 173.	264 Karen GEDGE	Female V50	Bungay Black Dog RC	2:15:10	2:15:10	48	6
2019 Robert Tomlinson Half Mai 174.	81 David FIELD	Male V55	Stowmarket Striders Running Club	2:16:19	2:16:19	126	17
2019 Robert Tomlinson Half Mai 175.	72 Sarah DUNSDON	Female V45	Unattached	2:17:03	2:17:03	49	11
2019 Robert Tomlinson Half Mai 176.	43 Jo CLIFTON	Female V50	Saxmundham Sports Running & Fitness Club	2:17:06	2:17:06	50	7
2019 Robert Tomlinson Half Mai 177.	131 Peter JAY	Male V55	St Edmunds Pacers	2:17:30	2:17:30	127	18
2019 Robert Tomlinson Half Mai 178.	53 Karl CRIDLAND	Male Senior	Unattached	2:17:56	2:17:56	128	50
2019 Robert Tomlinson Half Mai 179.	49 Melvin COPPING	Male V55	Stowmarket Striders Running Club	2:17:58	2:17:58	129	19
2019 Robert Tomlinson Half Mai 180.	107 Lynsey GROOM	Female V35	Unattached	2:18:19	2:18:19	51	7
2019 Robert Tomlinson Half Mai 181.	125 Tracy HUMPHREYS	Female V55	Stowmarket Striders Running Club	2:18:44	2:18:44	52	3
2019 Robert Tomlinson Half Mai 182.	61 Yvonne DOE	Female V40	Stowmarket Striders Running Club	2:19:02	2:19:02	53	14
2019 Robert Tomlinson Half Mai 183.	79 Louise FAGGETTER	Female V35	Stowmarket Striders Running Club	2:19:02	2:19:02	54	8
2019 Robert Tomlinson Half Mai 184.	145 Alison LAPPER	Female V45	Metropolitan Police AC	2:19:18	2:19:18	55	12
2019 Robert Tomlinson Half Mai 185.	265 Alice KIRK	Female Senior	Bungay Black Dog RC	2:19:20	2:19:20	56	12
2019 Robert Tomlinson Half Mai 186.	254 Maureen WRIGHT	Female V65+	Ipswich Jaffa RC	2:19:48	2:19:48	57	1
2019 Robert Tomlinson Half Mai 187.	277 Charlie Stannett	Male V60	Ipswich Triathlon	2:20:19	2:20:19	130	5
2019 Robert Tomlinson Half Mai 188.	171 Julia MOSS-ECCAARDT	Female V45	Stowmarket Striders Running Club	2:20:35	2:20:35	58	13
2019 Robert Tomlinson Half Mai 189.	237 Gemma WALSH	Female Senior	Unattached	2:23:03	2:23:03	59	13
2019 Robert Tomlinson Half Mai 190.	234 Suzanne VINCENT	Female V45	Unattached	2:23:07	2:23:07	60	14
2019 Robert Tomlinson Half Mai 191.	193 Steven REYNOLDS	Male V60	Unattached	2:23:09	2:23:09	131	6
2019 Robert Tomlinson Half Mai 192.	267 Vinny MEADOWS	Male V50	Bungay Black Dog RC	2:23:41	2:23:41	132	19
2019 Robert Tomlinson Half Mai 193.	266 Jane PATTISON	Female V50	Bungay Black Dog RC	2:23:42	2:23:42	61	8
2019 Robert Tomlinson Half Mai 194.	41 Shaun CLARK	Male Senior	Unattached	2:24:29	2:24:29	133	51
2019 Robert Tomlinson Half Mai 195.	34 Bianca BURMAN	Female Senior	Sudbury Joggers	2:24:30	2:24:30	62	14
2019 Robert Tomlinson Half Mai 196.	174 Stephen NEWHALL	Male V40	Unattached	2:25:20	2:25:20	134	11
2019 Robert Tomlinson Half Mai 197.	14 Paul BELAND	Male V60	Unattached	2:25:36	2:25:36	135	7
2019 Robert Tomlinson Half Mai 198.	205 Jacqui SEYMOUR	Female V45	Stowmarket Striders Running Club	2:26:11	2:26:11	63	15
2019 Robert Tomlinson Half Mai 199.	124 Mark HUGHES	Male V50	Stowmarket Striders Running Club	2:26:12	2:26:12	136	20
2019 Robert Tomlinson Half Mai 200.	130 Elizabeth JAY	Female Senior	Unattached	2:27:38	2:27:38	64	15
2019 Robert Tomlinson Half Mai 201.	195 Jan RISEBROW	Female V55	Felixstowe RRC	2:29:25	2:29:25	65	4
2019 Robert Tomlinson Half Mai 202.	198 Hayley ROOK	Female V40	Unattached	2:32:07	2:32:07	66	15
2019 Robert Tomlinson Half Mai 203.	215 Angela SOAMES	Female V40	Felixstowe RRC	2:33:22	2:33:22	67	16

RACE CHIP TIMING RESULTS

2019 Robert Tomlinson Half Mai 204.	151 Thomas LEVETT	Male V40	Unattached	2:33:30	2:33:30	137	12
2019 Robert Tomlinson Half Mai 205.	73 Stuart DURHAM	Male Senior	Unattached	2:34:29	2:34:29	138	52
2019 Robert Tomlinson Half Mai 206.	192 Jean REYNOLDS	Female V55	Brandon Fern Hoppers	2:36:46	2:36:46	68	5
2019 Robert Tomlinson Half Mai 207.	104 Sophie GOSS-GARNHAM	Female Senior	Unattached	2:40:53	2:40:53	69	16
2019 Robert Tomlinson Half Mai 208.	209 Horace SHURIAH	Male V50	Haverhill Running Club	2:41:35	2:41:35	139	21
2019 Robert Tomlinson Half Mai 209.	138 Wyn JONES	Male V60	Unattached	2:42:26	2:42:26	140	8
2019 Robert Tomlinson Half Mai DNF	276 Bonny HOWES	Female V45	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNF	10 Mark AVERY	Male V50	Ipswich Jaffa RC			-1	-1
2019 Robert Tomlinson Half Mai DNF	83 Peter FINCH	Male V55	Ipswich Jaffa RC			-1	-1
2019 Robert Tomlinson Half Mai DNS	36 Amber CALVER	Female V45	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	116 Andy HAYWARD	Male Senior	Stowmarket Striders Running Club			-1	-1
2019 Robert Tomlinson Half Mai DNS	150 Angie LEGGETT	Female V55	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	48 Bryony COONEY	Female V35	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	139 Charlotte JONES	Female Senior	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	68 Chris DRURY	Female V50	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	136 Christina JOANNIDES	Female V35	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	8 Damian ASHCROFT	Male V55	Bungay Black Dog RC			-1	-1
2019 Robert Tomlinson Half Mai DNS	176 Daniel O'BOYLE	Male Senior	St Edmunds Pacers			-1	-1
2019 Robert Tomlinson Half Mai DNS	196 Daniel RITCHIE	Male V40	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	159 Dawn MARSHALL	Female V55	St Edmunds Pacers			-1	-1
2019 Robert Tomlinson Half Mai DNS	160 Debbie MCDOWALL	Female V55	Stowmarket Striders Running Club			-1	-1
2019 Robert Tomlinson Half Mai DNS	149 Elliot LEES	Male Senior	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	64 Erica DORLING	Female V40	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	182 Gemma PORCH	Female V35	Stowmarket Striders Running Club			-1	-1
2019 Robert Tomlinson Half Mai DNS	147 Gillian LEATHERS	Female V50	St Edmunds Pacers			-1	-1
2019 Robert Tomlinson Half Mai DNS	58 Greg DAVIS	Male V55	Newmarket Joggers			-1	-1
2019 Robert Tomlinson Half Mai DNS	40 Ian CHAPMAN	Male V45	St Edmunds Pacers			-1	-1
2019 Robert Tomlinson Half Mai DNS	99 Ian GOODERHAM	Male V50	St Edmunds Pacers			-1	-1
2019 Robert Tomlinson Half Mai DNS	210 Ian SILLETT	Male V60	Felixstowe RRC			-1	-1
2019 Robert Tomlinson Half Mai DNS	3 Jacqueline ALLPORT	Female V50	Felixstowe RRC			-1	-1
2019 Robert Tomlinson Half Mai DNS	186 Jess PRESTON	Female V35	Vegan Runners			-1	-1
2019 Robert Tomlinson Half Mai DNS	128 Jessica JACKSON	Female Senior	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	100 Jessie GOODERHAM	Female Senior	St Edmunds Pacers			-1	-1
2019 Robert Tomlinson Half Mai DNS	200 Jimmy RUSSELL	Male V50	Felixstowe RRC			-1	-1
2019 Robert Tomlinson Half Mai DNS	211 Joanna SIMCOCK-SIMS	Female V35	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	28 Joanne BROOKE	Female V45	Felixstowe RRC			-1	-1
2019 Robert Tomlinson Half Mai DNS	216 John SQUIRRELL	Male V65	Stowmarket Striders Running Club			-1	-1
2019 Robert Tomlinson Half Mai DNS	187 Jonathan PRIESTLEY	Male Senior	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	189 Justin RABETT	Male V55	St Edmunds Pacers			-1	-1
2019 Robert Tomlinson Half Mai DNS	194 Karen RICHARDSON	Female V45	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	46 Kellie COCCA	Female V40	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	6 Laura ARFI	Female V50	Stowmarket Striders Running Club			-1	-1

RACE CHIP TIMING RESULTS

2019 Robert Tomlinson Half Mai DNS	156	Lee MANSFIELD	Male Senior	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	168	Leon MOORE	Male Senior	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	255	Leon WYATT	Male Senior	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	140	Lisa KIDD	Female V40	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	241	Lisa WEBSTER	Female V35	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	69	Louise DUCKLING	Female V45	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	238	Louise WARD	Female Senior	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	250	Lucy WINSTANLEY	Female V40	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	56	Marcus DAVEY	Male V45	Biggleswade AC			-1	-1
2019 Robert Tomlinson Half Mai DNS	239	Mark WATTS	Male V55	St Edmunds Pacers			-1	-1
2019 Robert Tomlinson Half Mai DNS	143	Matt KING	Male V45	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	111	Matthew HARVEY	Male V40	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	50	Michelle COPPING	Female V35	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	24	Mike BONSER	Male V45	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	35	Nicola BURY	Female V40	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	2	Nigel ALLATSON	Male V55	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	203	Oliver SCHOFIELD	Male Senior	St Edmunds Pacers			-1	-1
2019 Robert Tomlinson Half Mai DNS	190	Olivia RANDALL	Female Senior	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	169	Pam MORGAN	Female V35	Framlingham Flyers			-1	-1
2019 Robert Tomlinson Half Mai DNS	12	Phill BATLEY	Male V45	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	146	Phillip LAURIER	Male V70+	Lowestoft Road Runners			-1	-1
2019 Robert Tomlinson Half Mai DNS	11	Rachel BALMER	Female V35	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	244	Rebecca WICKS	Female V40	Lonely Goat RC			-1	-1
2019 Robert Tomlinson Half Mai DNS	4	Richard ALLPORT	Male V55	Felixstowe RRC			-1	-1
2019 Robert Tomlinson Half Mai DNS	141	Ruth KIERAN	Female V40	St Edmunds Pacers			-1	-1
2019 Robert Tomlinson Half Mai DNS	223	Samantha THOMAS	Female Senior	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	45	Sarah COBB	Female Senior	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	96	Shaun GOOD	Male V55	Felixstowe RRC			-1	-1
2019 Robert Tomlinson Half Mai DNS	37	Stephen CARTER	Male V45	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	126	Stu HUNTINGTON	Male Senior	City of Norwich Athletic Club			-1	-1
2019 Robert Tomlinson Half Mai DNS	109	Sue HARGADON	Female V60	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	60	Thomas DENLEGH-MAXWELL	Male Senior	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	88	Tim FRANKLIN	Male V45	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	144	Tom KINGSNORTH	Male Senior	St Edmunds Pacers			-1	-1
2019 Robert Tomlinson Half Mai DNS	201	Trevor SALLIS	Male V50	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	185	Tristan POWTER	Male Senior	St Edmunds Pacers			-1	-1
2019 Robert Tomlinson Half Mai DNS	199	Vicci ROWLANDS	Female V35	Unattached			-1	-1
2019 Robert Tomlinson Half Mai DNS	163	Victoria MILLER	Female Senior	Stowmarket Striders Running Club			-1	-1
2019 Robert Tomlinson Half Mai DNS	9	Zohre ASHRAF	Female V40	Unattached			-1	-1
2019 Run The Res 10m	1.	56 Nate Filer	Male Senior	Colchester Harriers AC	01:02:21	01:02:19	1	1
2019 Run The Res 10m	2.	72 Richard Heath	Male V45	Colchester Harriers AC	01:05:09	01:05:07	2	1
2019 Run The Res 10m	3.	165 Allen Smalls	Male V50	Colchester Harriers AC	01:06:15	01:06:12	3	1

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2019 Run The Res 10m	4.	70 Ian Haw	Male Senior	Colchester Harriers AC	01:07:48	01:07:45	4	2
2019 Run The Res 10m	5.	157 Alexander Sales	Male Senior	Colchester Harriers AC	01:08:00	01:07:58	5	3
2019 Run The Res 10m	6.	154 Paul Rodgers	Male V45	Colchester Harriers AC	01:08:34	01:08:31	6	2
2019 Run The Res 10m	7.	1 Keith Marley	Male V50	Colchester Harriers AC	01:08:43	01:08:41	7	2
2019 Run The Res 10m	8.	51 Graeme Davies	Male V45	Unattached	01:09:17	01:09:14	8	3
2019 Run The Res 10m	9.	49 Rob Cronshaw	Male Senior	Colchester Harriers AC	01:09:23	01:09:21	9	4
2019 Run The Res 10m	10.	52 Chris Davis	Male Senior	Unattached	01:09:44	01:09:42	10	5
2019 Run The Res 10m	11.	45 Wayne Cook	Male V45	Colchester Harriers AC	01:10:18	01:10:15	11	4
2019 Run The Res 10m	12.	58 Barry Frost	Male Senior	Colchester Harriers AC	01:11:57	01:11:54	12	6
2019 Run The Res 10m	13.	63 Lloyd Gray	Male Senior	Unattached	01:13:42	01:13:39	13	7
2019 Run The Res 10m	14.	95 Jonathan Jones	Male Senior	Unattached	01:13:44	01:13:42	14	8
2019 Run The Res 10m	15.	162 Daryl Selby	Male Senior	Unattached	01:14:08	01:14:04	15	9
2019 Run The Res 10m	16.	24 Jonathan Boyles	Male V40	Running Colchester	01:14:29	01:14:26	16	1
2019 Run The Res 10m	17.	107 Martin Frost	Male Senior	Unattached	01:16:07	01:16:03	17	10
2019 Run The Res 10m	18.	190 Graham White	Male Senior	Eton Manor AC	01:16:29	01:16:26	18	11
2019 Run The Res 10m	19.	89 Stuart James	Male V50	Unattached	01:16:32	01:16:29	19	3
2019 Run The Res 10m	20.	43 Paul Connell	Male V50	Great Bentley Running Club	01:16:45	01:16:41	20	4
2019 Run The Res 10m	21.	18 Vicky Bird	Female Senior	Run Dem Crew	01:16:46	01:16:41	1	1
2019 Run The Res 10m	22.	130 Lee Fox	Male Senior	Unattached	01:20:57	01:20:55	21	12
2019 Run The Res 10m	23.	148 Deacon Richardson	Male Senior	Unattached	01:21:09	01:21:01	22	13
2019 Run The Res 10m	24.	155 Jane Rukin-White	Female Senior	Eton Manor AC	01:21:42	01:21:38	2	2
2019 Run The Res 10m	25.	184 Stephen Utting	Male V40	Unattached	01:21:44	01:21:34	23	2
2019 Run The Res 10m	26.	47 Neil Cornelius	Male V45	Unattached	01:21:47	01:21:42	24	5
2019 Run The Res 10m	27.	114 Roger Alexander	Male V60	Unattached	01:21:49	01:21:43	25	1
2019 Run The Res 10m	28.	42 Timothy Comer	Male Senior	Running Colchester	01:22:27	01:22:19	26	14
2019 Run The Res 10m	29.	79 Errol Holloway	Male Senior	Unattached	01:22:33	01:22:24	27	15
2019 Run The Res 10m	30.	147 Gary Rayner	Male V60	Colchester Harriers AC	01:22:55	01:22:39	28	2
2019 Run The Res 10m	31.	59 Bruce Gander	Male V55	Leigh on Sea Striders	01:23:06	01:23:02	29	1
2019 Run The Res 10m	32.	13 Ian Beard	Male V55	Unattached	01:23:21	01:23:11	30	2
2019 Run The Res 10m	33.	121 Hollie Munson	Female Senior	Unattached	01:23:35	01:23:30	3	3
2019 Run The Res 10m	34.	135 Dean Pepper	Male Senior	Unattached	01:24:54	01:24:45	31	16
2019 Run The Res 10m	35.	30 Steve Busby	Male V55	Unattached	01:25:06	01:24:59	32	3
2019 Run The Res 10m	36.	196 Richard Corner	Male V50	Unattached	01:26:00	01:25:49	33	5
2019 Run The Res 10m	37.	101 Charlie Alexander	Female Senior	Tiptree Road Runners	01:26:00	01:25:56	4	4
2019 Run The Res 10m	38.	103 Graham Langford	Male V45	Colchester Harriers AC	01:26:41	01:26:28	34	6
2019 Run The Res 10m	39.	55 Nigel Eden	Male V55	Unattached	01:27:19	01:27:14	35	4
2019 Run The Res 10m	40.	174 Steve Smith	Male V45	Weald Park Warriors	01:27:30	01:27:16	36	7
2019 Run The Res 10m	41.	38 Martin Claydon	Male V45	Colchester Harriers AC	01:27:32	01:27:19	37	8
2019 Run The Res 10m	42.	149 Jenny Richardson	Female V55	Colchester Harriers AC	01:27:51	01:27:40	5	1
2019 Run The Res 10m	43.	12 Ruth Bean	Female V45	Unattached	01:28:24	01:28:16	6	1
2019 Run The Res 10m	44.	93 Catherine Johnson	Female V50	Running Colchester	01:28:39	01:28:30	7	1
2019 Run The Res 10m	45.	64 Andrew Grimwade	Male V40	Unattached	01:29:30	01:29:22	38	3

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2019 Run The Res 10m	46.	123	Natasha Neighbour	Female Senior	RED Runners	01:29:42	01:29:36	8	5
2019 Run The Res 10m	47.	163	Lian Simmonds	Female V45	RED Runners	01:29:42	01:29:36	9	2
2019 Run The Res 10m	48.	138	Timothy Pickard	Male V55	Running Colchester	01:29:49	01:29:38	39	5
2019 Run The Res 10m	49.	120	Robert Elliott	Male Senior	Unattached	01:29:52	01:29:52	40	17
2019 Run The Res 10m	50.	61	Steven Glover	Male V50	Unattached	01:30:29	01:30:25	41	6
2019 Run The Res 10m	51.	124	Harry Noble	Male Senior	Unattached	01:30:48	01:30:29	42	18
2019 Run The Res 10m	52.	9	Jackie Bailey	Female V50	Unattached	01:31:40	01:31:16	10	2
2019 Run The Res 10m	53.	99	Shelley Knights	Female Senior	Unattached	01:31:57	01:31:41	11	6
2019 Run The Res 10m	54.	14	Diane Beaver	Female V55	Rochford Running Club	01:32:19	01:32:12	12	2
2019 Run The Res 10m	55.	77	Kathryn Hills	Female V45	Running Colchester	01:32:24	01:32:13	13	3
2019 Run The Res 10m	56.	117	Lorraine Mills	Female V50	Tiptree Road Runners	01:32:40	01:32:25	14	3
2019 Run The Res 10m	57.	118	Carly Montero	Female Senior	RED Runners	01:32:52	01:32:46	15	7
2019 Run The Res 10m	58.	151	Mark Robertson	Male V55	RED Runners	01:33:13	01:33:06	43	6
2019 Run The Res 10m	59.	10	Gareth Barrett	Male Senior	Unattached	01:33:22	01:33:15	44	19
2019 Run The Res 10m	60.	185	Nuno Vidal	Male Senior	Unattached	01:33:37	01:33:30	45	20
2019 Run The Res 10m	61.	84	Joe Hughes	Male Senior	Unattached	01:33:38	01:33:26	46	21
2019 Run The Res 10m	62.	156	Rachel Sadler	Female V45	Running Colchester	01:34:03	01:33:52	16	4
2019 Run The Res 10m	63.	44	Elisabeth Connor	Female V40	Unattached	01:34:15	01:34:06	17	1
2019 Run The Res 10m	64.	35	Gemma Charville	Female Senior	Ware Joggers	01:34:38	01:34:29	18	8
2019 Run The Res 10m	65.	100	Anna Kocinska	Female Senior	I Can Run Club Ipswich	01:35:05	01:35:00	19	9
2019 Run The Res 10m	66.	102	Alan Lambert	Male V55	Unattached	01:35:26	01:35:12	47	7
2019 Run The Res 10m	67.	36	Erin Chilvers	Female Senior	Unattached	01:35:26	01:35:12	20	10
2019 Run The Res 10m	68.	195	Lucy Willis	Female Senior	Tiptree Road Runners	01:35:47	01:35:32	21	11
2019 Run The Res 10m	69.	92	David Jobling	Male V60	Witham RC	01:36:24	01:36:19	48	3
2019 Run The Res 10m	70.	65	Ruth Hall	Female V45	Benfleet RC	01:36:52	01:36:44	22	5
2019 Run The Res 10m	71.	127	Emma Nunn	Female V40	Benfleet RC	01:36:57	01:36:49	23	2
2019 Run The Res 10m	72.	125	Carla Nolan	Female Senior	RED Runners	01:37:03	01:36:57	24	12
2019 Run The Res 10m	73.	88	Lynwen James	Female V45	Unattached	01:37:37	01:37:23	25	6
2019 Run The Res 10m	74.	112	Orla MacRae	Female Senior	Unattached	01:37:40	01:37:27	26	13
2019 Run The Res 10m	75.	11	Francis Bartleet	Male Senior	Unattached	01:37:40	01:37:27	49	22
2019 Run The Res 10m	76.	177	Debbie Stares	Female Senior	Grange Farm & Dunmow Runners	01:37:52	01:37:30	27	14
2019 Run The Res 10m	77.	21	Claire Bleck	Female V40	JME	01:39:09	01:39:01	28	3
2019 Run The Res 10m	78.	22	Paul Bleck	Male V40	Unattached	01:39:09	01:39:01	50	4
2019 Run The Res 10m	79.	90	Richard Jeffries	Male Senior	Unattached	01:39:18	01:39:04	51	23
2019 Run The Res 10m	80.	81	Lisa Houghton	Female V45	Unattached	01:39:30	01:39:17	29	7
2019 Run The Res 10m	81.	129	Josephine Oakley	Female Senior	Unattached	01:39:31	01:39:11	30	15
2019 Run The Res 10m	82.	113	Charmaine Marks	Female V45	Hockley Trail Runners	01:39:38	01:39:31	31	8
2019 Run The Res 10m	83.	192	Caroline Widdowson	Female V45	Running Colchester	01:39:41	01:39:25	32	9
2019 Run The Res 10m	84.	5	Tony Adolphus	Male V60	Ipswich Jaffa RC	01:40:18	01:40:12	52	4
2019 Run The Res 10m	85.	76	Gary Hill	Male V45	Great Bentley Running Club	01:40:25	01:40:12	53	9
2019 Run The Res 10m	86.	150	Chris Ringrose	Male V45	Running Colchester	01:41:01	01:40:46	54	10
2019 Run The Res 10m	87.	188	Fi Wattam	Female V45	Unattached	01:41:18	01:41:01	33	10

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2019 Run The Res 10m	88.	71 Valerie Haynes	Female V55	Running Colchester	01:41:27	01:41:08	34	3
2019 Run The Res 10m	89.	180 Clare Thompson	Female V65	Unattached	01:41:34	01:41:09	35	1
2019 Run The Res 10m	90.	27 Carolyn Brenchley	Female V45	Billericay Striders	01:41:44	01:41:27	36	11
2019 Run The Res 10m	91.	153 Sharon Robey	Female V50	Unattached	01:41:48	01:41:37	37	4
2019 Run The Res 10m	92.	54 Lisa Dove	Female Senior	Unattached	01:42:46	01:42:32	38	16
2019 Run The Res 10m	93.	86 Robert Hunt	Male V55	Unattached	01:42:46	01:42:45	55	8
2019 Run The Res 10m	94.	85 Andrea Hunt	Female V40	Unattached	01:42:46	01:42:32	39	4
2019 Run The Res 10m	95.	168 Brian Smith	Male V50	Colchester Harriers AC	01:43:37	01:43:19	56	7
2019 Run The Res 10m	96.	137 Chloe Phelps	Female Senior	Serpentine RC	01:44:02	01:43:38	40	17
2019 Run The Res 10m	97.	73 Paul Hellen	Male V60	Rochford Running Club	01:44:16	01:44:04	57	5
2019 Run The Res 10m	98.	171 Les Smith	Male V55	Running Colchester	01:44:28	01:44:09	58	9
2019 Run The Res 10m	99.	33 Simon Carden	Male V45	Team Carden	01:46:09	01:45:57	59	11
2019 Run The Res 10m	100.	57 Alison forbes	Female V50	Billericay Striders	01:46:17	01:45:58	41	5
2019 Run The Res 10m	101.	46 Samantha Cooper	Female V50	Hadleigh Hares AC	01:46:52	01:46:42	42	6
2019 Run The Res 10m	102.	4 Judith Adolphus	Female V55	Ipswich Jaffa RC	01:47:31	01:47:25	43	4
2019 Run The Res 10m	103.	176 Zak Speer	Male Senior	Unattached	01:47:40	01:47:14	60	24
2019 Run The Res 10m	104.	23 Sarah Bowerman	Female V50	Unattached	01:47:44	01:47:34	44	7
2019 Run The Res 10m	105.	142 Phil Poulter	Male V45	Unattached	01:47:59	01:47:44	61	12
2019 Run The Res 10m	106.	189 Lucy West	Female V45	Running Colchester	01:47:59	01:47:46	45	12
2019 Run The Res 10m	107.	140 Nicky Porter	Female V50	Running Colchester	01:48:00	01:47:46	46	8
2019 Run The Res 10m	108.	40 Gary Cole	Male V55	Running Colchester	01:48:00	01:47:44	62	10
2019 Run The Res 10m	109.	179 Ann Thomas	Female V55	Unattached	01:48:12	01:48:02	47	5
2019 Run The Res 10m	110.	3 Susan Adkins	Female V50	Rochford Running Club	01:48:38	01:48:27	48	9
2019 Run The Res 10m	111.	96 Barry Kay	Male V45	Rochford Running Club	01:48:38	01:48:26	63	13
2019 Run The Res 10m	112.	53 Sally Denwood	Female Senior	Unattached	01:48:52	01:48:42	49	18
2019 Run The Res 10m	113.	39 Tim Clifton	Male V45	Unattached	01:48:53	01:48:43	64	14
2019 Run The Res 10m	114.	17 Jo Bidgood	Female Senior	Unattached	01:49:39	01:49:23	50	19
2019 Run The Res 10m	115.	34 Sarah Carter	Female Senior	Unattached	01:49:39	01:49:23	51	20
2019 Run The Res 10m	116.	31 John Byrne	Male V45	Unattached	01:49:46	01:49:25	65	15
2019 Run The Res 10m	117.	94 Wendy Johnston	Female V50	Running Colchester	01:50:40	01:50:31	52	10
2019 Run The Res 10m	118.	15 Andy Begent	Male V50	Unattached	01:51:07	01:50:52	66	8
2019 Run The Res 10m	119.	128 Annabelle Oakley	Female Senior	Unattached	01:51:43	01:51:23	53	21
2019 Run The Res 10m	120.	161 Kathryn Scourfield	Female V50	Billericay Striders	01:51:47	01:51:29	54	11
2019 Run The Res 10m	121.	116 Rebecca McVelia	Female V45	Tiptree Road Runners	01:52:43	01:52:22	55	13
2019 Run The Res 10m	122.	106 Amy Lester	Female Senior	Unattached	01:52:57	01:52:46	56	22
2019 Run The Res 10m	123.	115 John McVelia	Male V50	Tiptree Road Runners	01:53:09	01:52:49	67	9
2019 Run The Res 10m	124.	97 Natalie Kent	Female Senior	Unattached	01:53:13	01:52:48	57	23
2019 Run The Res 10m	125.	172 Madeline Smith	Female Senior	Unattached	01:53:19	01:53:01	58	24
2019 Run The Res 10m	126.	16 Debbie Benn	Female V45	Unattached	01:54:40	01:54:18	59	14
2019 Run The Res 10m	127.	160 Katie Scott	Female Senior	Running Colchester	01:55:30	01:55:05	60	25
2019 Run The Res 10m	128.	119 Kara Morgan	Female Senior	Unattached	01:56:33	01:56:10	61	26
2019 Run The Res 10m	129.	69 Sharon Hardwicke	Female V50	Tiptree Road Runners	01:56:33	01:56:12	62	12

RACE CHIP TIMING RESULTS

2019 Run The Res 10m	130.	139 Annabel Porter	Female Senior	Running Colchester	01:56:46	01:56:31	63	27
2019 Run The Res 10m	131.	8 Julia Bacon	Female V45	Witham RC	01:57:06	01:56:58	64	15
2019 Run The Res 10m	132.	29 Michaela Burr	Female V45	Unattached	01:57:19	01:57:01	65	16
2019 Run The Res 10m	133.	28 Aimee Brinzer	Female V55	Witham RC	01:57:20	01:57:12	66	6
2019 Run The Res 10m	134.	62 Alex Graham	Male V60	Unattached	01:57:40	01:57:22	68	6
2019 Run The Res 10m	135.	175 Suzy Smith	Female V40	Unattached	01:57:42	01:57:27	67	5
2019 Run The Res 10m	136.	2 Simon Adams	Male V50	Weald Park Warriors	01:57:42	01:57:27	69	10
2019 Run The Res 10m	137.	141 Dawn Potter	Female V45	Billericay Striders	01:58:33	01:58:15	68	17
2019 Run The Res 10m	138.	67 Louise Hammond	Female V40	Billericay Striders	01:58:33	01:58:15	69	6
2019 Run The Res 10m	139.	146 Sarah Prince	Female Senior	Running Colchester	01:58:41	01:58:17	70	28
2019 Run The Res 10m	140.	145 Rosemary Prince	Female V60	Unattached	01:58:41	01:58:17	71	1
2019 Run The Res 10m	141.	178 Nicholas Tate	Male Senior	Unattached	01:59:15	01:58:52	70	25
2019 Run The Res 10m	142.	134 Jo Pearce	Female V40	Unattached	01:59:17	01:58:53	72	7
2019 Run The Res 10m	143.	199 Louise Wright	Female V45	Unattached	01:59:43	01:59:21	73	18
2019 Run The Res 10m	144.	50 Sue Cross	Female V50	Running Colchester	01:59:43	01:59:21	74	13
2019 Run The Res 10m	145.	136 Belinda Perkins	Female V50	Unattached	02:00:52	02:00:29	75	14
2019 Run The Res 10m	146.	159 Helen Scott	Female Senior	Running Colchester	02:00:53	02:00:31	76	29
2019 Run The Res 10m	147.	37 Alison Clarke	Female V65	Great Bentley Running Club	02:03:25	02:03:13	77	2
2019 Run The Res 10m	148.	200 Sue Wright	Female V60	Great Bentley Running Club	02:06:03	02:05:51	78	2
2019 Run The Res 10m	149.	110 Sue Long	Female V50	Tiptree Road Runners	02:11:22	02:11:00	79	15
2019 Run The Res 10m	150.	143 Natasha Pratley	Female Senior	Unattached	02:12:36	02:12:11	80	30
2019 Run The Res 10m	151.	109 Justin Long	Male V45	Unattached	02:17:18	02:16:57	71	16
2019 Run The Res 10m	152.	198 Sarah Woods	Female Senior	Unattached	02:18:47	02:18:20	81	31
2019 Run The Res 10m	153.	98 Hannah King	Female Senior	Unattached	02:21:10	02:20:52	82	32
2019 Run The Res 10m	154.	131 Richard Palmer	Male Senior	Unattached	02:21:10	02:20:52	72	26
2019 Run The Res 10m	155.	104 Anita Leaver	Female V65	Tiptree Road Runners	02:21:55	02:21:34	83	3
2019 Run The Res 10m	156.	105 Casey Leaver	Female V40	Massey Ferguson RC	02:21:55	02:21:33	84	8
2019 Run The Res 10m	157.	158 Sophie Saunders	Female Senior	Unattached	02:28:07	02:27:43	85	33
2019 Run The Res 10m	158.	41 Clare Collins	Female V50	Running Colchester	02:28:07	02:27:42	86	16
2019 Run The Res 10m	159.	66 Kate Hamblin	Female Senior	Unattached	02:28:07	02:27:43	87	34
2019 Run The Res 10m	160.	82 Rachel Howatson	Female Senior	Unattached	02:36:29	02:36:04	88	35
2019 Run The Res 10m	161.	32 Paul Carden	Male V70+	Team Carden	02:40:20	02:40:07	73	1
2019 Run The Res 10m	DNS	194 Alexea Williams	Female Senior	Unattached			-1	-1
2019 Run The Res 10m	DNS	108 Alice Lochore	Female Senior	Unattached			-1	-1
2019 Run The Res 10m	DNS	68 Amin Haque	Male V50	Unattached			-1	-1
2019 Run The Res 10m	DNS	122 Andrew Murphy	Male V40	Unattached			-1	-1
2019 Run The Res 10m	DNS	126 Andy Notley	Male Senior	Witham RC			-1	-1
2019 Run The Res 10m	DNS	132 Andy Parton	Male V50	Capel Cheetahs			-1	-1
2019 Run The Res 10m	DNS	191 Anna Whitehead	Female V45	Weald Park Warriors			-1	-1
2019 Run The Res 10m	DNS	25 Bridgette Bradley	Female V50	Unattached			-1	-1
2019 Run The Res 10m	DNS	111 Calum MacLeod	Male Senior	Unattached			-1	-1
2019 Run The Res 10m	DNS	80 Chas Holt	Male V40	Unattached			-1	-1

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2019 Run The Res 10m	DNS	169 Cheryl Smith	Female V45	Unattached			-1	-1
2019 Run The Res 10m	DNS	170 Claire Smith	Female V45	Unattached			-1	-1
2019 Run The Res 10m	DNS	182 Collette Toal	Female V45	Rochford Running Club			-1	-1
2019 Run The Res 10m	DNS	133 Diane Parton	Female V50	Capel Cheetahs			-1	-1
2019 Run The Res 10m	DNS	74 Doug Herbert	Male V40	Unattached			-1	-1
2019 Run The Res 10m	DNS	78 Duncan Holland	Male V45	Benfleet RC			-1	-1
2019 Run The Res 10m	DNS	87 Duncan Hyams	Male V60	Unattached			-1	-1
2019 Run The Res 10m	DNS	26 Elliot Branton	Male Senior	Unattached			-1	-1
2019 Run The Res 10m	DNS	144 Emma Preston	Female Senior	Running Colchester			-1	-1
2019 Run The Res 10m	DNS	166 Fay Smalls	Female V45	Running Colchester			-1	-1
2019 Run The Res 10m	DNS	60 Hayley Gladwell	Female V40	West Mersea Boot Camps			-1	-1
2019 Run The Res 10m	DNS	183 Ian Toal	Male V40	Rochford Running Club			-1	-1
2019 Run The Res 10m	DNS	193 Ian Widdowson	Male V45	Running Colchester			-1	-1
2019 Run The Res 10m	DNS	152 Jade Robey	Female Senior	Unattached			-1	-1
2019 Run The Res 10m	DNS	164 Joanna Sinnett	Female Senior	Unattached			-1	-1
2019 Run The Res 10m	DNS	48 John Croghan	Male V40	LWFitness4All			-1	-1
2019 Run The Res 10m	DNS	75 Kelly Herbert	Female V40	Unattached			-1	-1
2019 Run The Res 10m	DNS	187 Kim Wallis	Female Senior	Unattached			-1	-1
2019 Run The Res 10m	DNS	167 Lesley Smart	Female V50	Billericay Striders			-1	-1
2019 Run The Res 10m	DNS	91 Mark Brewer	Male V55	Unattached			-1	-1
2019 Run The Res 10m	DNS	83 Mark Howson	Male Senior	Unattached			-1	-1
2019 Run The Res 10m	DNS	7 Martin Frost	Male Senior	Unattached			-1	-1
2019 Run The Res 10m	DNS	19 Matthew Bland	Male V50	Havering AC			-1	-1
2019 Run The Res 10m	DNS	173 Michelle Smith	Female V45	Weald Park Warriors			-1	-1
2019 Run The Res 10m	DNS	197 Peter Wiseman	Male Senior	RED Runners			-1	-1
2019 Run The Res 10m	DNS	181 Roy Thomson	Male V45	Unattached			-1	-1
2019 Run The Res 10m	DNS	186 Susan Waller-Toyne	Female V50	Colchester Harriers AC			-1	-1
2019 Run The Res 10m	DNS	6 Terry Alabaster	Male V55	Witham RC			-1	-1
2019 Run The Res 10m	DNS	20 Wendy Bland	Female V50	Weald Park Warriors			-1	-1
2019 SRF 10K	1.	24 Richard Smith	Male Vet 40	SRF	42:42	42:42	1	1
2019 SRF 10K	2.	30 Mark Smith	Male Senior	TRISudbury	42:46	42:46	2	1
2019 SRF 10K	3.	36 Todd Lewis	Male Vet 55	Sudbury Joggers	42:56	42:56	3	1
2019 SRF 10K	4.	22 Ian Ledieu	Male Senior	TRISudbury	43:18	43:18	4	2
2019 SRF 10K	5.	34 Darren Barfield	Male Senior	Sudbury Joggers	43:35	43:35	5	3
2019 SRF 10K	6.	50 Catriona Ward Sell	Female Senior	Unattached	44:40	44:39	1	1
2019 SRF 10K	7.	33 Chris Wells	Male Senior	Sudbury Joggers	44:49	44:49	6	4
2019 SRF 10K	8.	8 Adam Mumford	Male Vet 45	Sudbury Joggers	46:31	46:31	7	1
2019 SRF 10K	9.	4 Mark Alder	Male Senior	SRF	46:56	46:54	8	5
2019 SRF 10K	10.	37 Steve Jeggo	Male Vet 50	SRF	48:03	48:01	9	1
2019 SRF 10K	11.	47 Darren Mumford	Male Vet 50	SRF	48:15	48:14	10	2
2019 SRF 10K	12.	31 Cliff Manning	Male Vet 55	SRF	48:17	48:15	11	2
2019 SRF 10K	13.	39 John Kerr	Male Vet 50	TRISudbury	49:00	49:00	12	3

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2019 SRF 10K	14.	1 Lisa Dove	Female Vet 35	SRF	51:14	51:14	2	1
2019 SRF 10K	15.	43 Stacey Bunn	Female Vet 35	Unattched	51:16	51:15	3	2
2019 SRF 10K	16.	35 Jamie Fittock	Male Senior	Sudbury Joggers	51:18	51:17	13	6
2019 SRF 10K	17.	17 Andrew Bigg	Male Senior	TRISudbury	53:05	53:04	14	7
2019 SRF 10K	18.	40 Megan Felton	Female Senior	Unattched	53:06	53:05	4	2
2019 SRF 10K	19.	21 Sarah Osborne	Female Vet 35	SRF	53:20	53:18	5	3
2019 SRF 10K	20.	18 Chris Rixon	Male Vet 55	SRF	53:35	53:34	15	3
2019 SRF 10K	21.	41 Steve Stearns	Male Vet 45	Unattched	54:28	54:25	16	2
2019 SRF 10K	22.	14 Ruth Cowlin	Female Vet 50	SRF	54:48	54:47	6	1
2019 SRF 10K	23.	48 Paul Felton	Male Vet 50	Unattched	55:14	55:12	17	4
2019 SRF 10K	24.	10 Paul Walker	Male Vet 45	TRISudbury	56:04	56:02	18	3
2019 SRF 10K	25.	38 Andrea Hunt	Female Vet 40	SRF	56:27	56:24	7	1
2019 SRF 10K	26.	2 Mark Nixon	Male Senior	SRF	57:00	56:59	19	8
2019 SRF 10K	27.	44 Beverley Judd	Female Vet 45	SRF	58:11	58:08	8	1
2019 SRF 10K	28.	19 Steph Ling	Female Vet 35	SRF	58:11	58:09	9	4
2019 SRF 10K	29.	20 Claire Welford	Female Vet 40	SRF	58:41	58:38	10	2
2019 SRF 10K	30.	13 Jeremy Holt	Male Vet 55	Sudbury Joggers	59:38	59:36	20	4
2019 SRF 10K	31.	25 Suzanne Frost	Female Vet 45	TRISudbury	1:02:50	1:02:49	11	2
2019 SRF 10K	32.	27 Emma Thistleton	Female Vet 35	TRISudbury	1:02:50	1:02:48	12	5
2019 SRF 10K	33.	11 Paul Press	Male Vet 50	SRF	1:06:20	1:06:17	21	5
2019 SRF 10K	34.	12 Charlotte Richardson	Female Vet 35	SRF	1:08:03	1:08:02	13	6
2019 SRF 10K	35.	29 Jacquie Webb	Female Vet 50	SRF	1:08:43	1:08:41	14	2
2019 SRF 10K	36.	9 Sandy Maloy	Female Vet 50	SRF	1:09:13	1:09:11	15	3
2019 SRF 10K	37.	26 Caroline Holt	Female Vet 55	Sudbury Joggers	1:10:09	1:10:05	16	1
2019 SRF 10K	38.	16 Emma Richbell	Female Vet 45	SRF	1:10:14	1:10:10	17	3
2019 SRF 10K	39.	23 Nicola Cant	Female Vet 45	SRF	1:10:15	1:10:11	18	4
2019 SRF 10K	40.	3 Nicola Currant	Female Vet 40	SRF	1:10:37	1:10:34	19	3
2019 SRF 10K	41.	49 Katie Rixon	Female Senior	SRF	1:10:37	1:10:34	20	3
2019 SRF 10K	42.	32 Joanne Greenhalgh	Female Vet 50	TRISudbury	1:12:01	1:11:58	21	4
2019 SRF 10K	43.	28 Alison Noble	Female Vet 35	TRISudbury	1:12:23	1:12:20	22	7
2019 SRF 10K	44.	42 Suzanne Tetley	Female Vet 40	TRISudbury	1:12:56	1:12:55	23	4
2019 SRF 10K	45.	46 Jacqui White	Female Vet 45	TRISudbury	1:13:36	1:13:34	24	5
2019 SRF 10K	46.	15 Lindsay Hobden	Female Vet 45	TRISudbury	1:14:16	1:14:12	25	6
2019 SRF 10K	47.	5 Sue Crawte	Female Vet 55	Sudbury Joggers	1:14:16	1:14:14	26	2
2019 SRF 10K	DNS	45 Justine Ambrose	Vet 40	SRF			-1	-1
2019 SRF 10K	DNS	6 Sam Hearnden	Senior	SRF			-1	-1
2019 SRF 10K	DNS	7 Tilly Mills	Vet 50	Sudbury Joggers			-1	-1
2020 Robert Tomlinson Half Mai 1.		426 Danny Rock	Male Senior	Felixstowe RRC	01:11:06	01:11:04	1	1
2020 Robert Tomlinson Half Mai 2.		324 Matthew SPENCER	Male Senior	Framlingham Flyers	01:13:13	01:13:11	2	2
2020 Robert Tomlinson Half Mai 3.		413 Helen DAVIES	Female V40	Ipswich Jaffa RC	01:15:34	01:15:31	1	1
2020 Robert Tomlinson Half Mai 4.		147 Chris HALL	Male Senior	Stowmarket Striders RC	01:16:44	01:16:42	3	3
2020 Robert Tomlinson Half Mai 5.		419 Mark HAYWARD	Male Senior	Newmarket Joggers	01:17:47	01:17:45	4	4

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2020 Robert Tomlinson Half Mai 6.	323 Andrew SOUTHWOOD	Male V40	Saint Edmund Pacers	01:18:23	01:18:21	5	1
2020 Robert Tomlinson Half Mai 7.	409 James SMITH	Male V40	Newmarket Joggers	01:19:13	01:19:11	6	2
2020 Robert Tomlinson Half Mai 8.	168 Adam HOWLETT	Male V45	Framlingham Flyers	01:19:49	01:19:47	7	1
2020 Robert Tomlinson Half Mai 9.	340 Jason TAYLOR	Male V45	Felixstowe RRC	01:21:02	01:20:58	8	2
2020 Robert Tomlinson Half Mai 10.	343 Gary TAYLOR	Male Senior	Felixstowe RRC	01:21:03	01:21:00	9	5
2020 Robert Tomlinson Half Mai 11.	423 Aiden Bell	Male Senior	Hadleigh Hares AC	01:21:38	01:21:35	10	6
2020 Robert Tomlinson Half Mai 12.	63 Henry CATLING	Male Senior	Felixstowe RRC	01:22:08	01:22:05	11	7
2020 Robert Tomlinson Half Mai 13.	306 Luke SENIOR	Male Senior	Saint Edmund Pacers	01:22:10	01:22:03	12	8
2020 Robert Tomlinson Half Mai 14.	238 Chris MOWER	Male V40	Saint Edmund Pacers	01:22:47	01:22:44	13	3
2020 Robert Tomlinson Half Mai 15.	374 Jon WILES	Male V45	Bungay Black Dog RC	01:23:56	01:23:50	14	3
2020 Robert Tomlinson Half Mai 16.	320 Ashley SMY	Male Senior	Framlingham Flyers	01:24:22	01:24:19	15	9
2020 Robert Tomlinson Half Mai 17.	357 Jake WAGGOTT	Male Senior	Ipswich Jaffa RC	01:24:29	01:24:26	16	10
2020 Robert Tomlinson Half Mai 18.	23 Howard BEASLEY	Male V55	Saint Edmund Pacers	01:25:31	01:25:27	17	1
2020 Robert Tomlinson Half Mai 19.	104 Ian DUGGAN	Male V50	Felixstowe RRC	01:25:43	01:25:38	18	1
2020 Robert Tomlinson Half Mai 20.	412 Ben JEFFERY	Male V40	West Suffolk AC	01:25:52	01:25:48	19	4
2020 Robert Tomlinson Half Mai 21.	50 Steve BROOKE	Male V50	Felixstowe RRC	01:26:29	01:26:25	20	2
2020 Robert Tomlinson Half Mai 22.	93 Marcus DAVEY	Male V45	Biggleswade AC	01:26:44	01:26:41	21	4
2020 Robert Tomlinson Half Mai 23.	321 Dave SOLOMON	Male V50	Felixstowe RRC	01:27:05	01:27:00	22	3
2020 Robert Tomlinson Half Mai 24.	149 Charles HANN	Male V50	Sudbury Joggers	01:27:14	01:27:10	23	4
2020 Robert Tomlinson Half Mai 25.	408 Alastair READ	Male V40	Felixstowe RRC	01:27:40	01:27:35	24	5
2020 Robert Tomlinson Half Mai 26.	157 Thomas HAYDEN	Male Senior	Framlingham Flyers	01:28:06	01:28:01	25	11
2020 Robert Tomlinson Half Mai 27.	266 Jonathan PESTELL	Male Senior	Unattached	01:28:07	01:27:59	26	12
2020 Robert Tomlinson Half Mai 28.	198 Mark LAMBERT	Male V45	Felixstowe RRC	01:28:15	01:28:15	27	5
2020 Robert Tomlinson Half Mai 29.	152 Robin HARPER	Male V40	Felixstowe RRC	01:28:46	01:28:42	28	6
2020 Robert Tomlinson Half Mai 30.	240 Huw MYATT	Male Senior	Unattached	01:29:00	01:28:53	29	13
2020 Robert Tomlinson Half Mai 31.	318 Jem SMITH	Male V45	Sudbury Joggers	01:29:03	01:28:57	30	6
2020 Robert Tomlinson Half Mai 32.	411 Justin POTTER	Male Senior	Stowmarket Striders RC	01:29:11	01:29:06	31	14
2020 Robert Tomlinson Half Mai 33.	211 Robin MACKENZIE	Male V55	Framlingham Flyers	01:29:27	01:29:22	32	2
2020 Robert Tomlinson Half Mai 34.	379 Stewart WOODS	Male Senior	Stowmarket Striders RC	01:29:40	01:29:36	33	15
2020 Robert Tomlinson Half Mai 35.	142 Mike GREENER	Male V45	Saint Edmund Pacers	01:29:45	01:29:41	34	7
2020 Robert Tomlinson Half Mai 36.	432 Ian Elden	Male V45	Ipswich Jaffa RC	01:29:49	01:29:43	35	8
2020 Robert Tomlinson Half Mai 37.	319 Alexandra SMITH	Female V40	Wymondham AC	01:30:11	01:30:07	2	2
2020 Robert Tomlinson Half Mai 38.	25 Natasha BELSOM	Female Senior	Unattached	01:30:26	01:30:18	3	1
2020 Robert Tomlinson Half Mai 39.	428 Ross Wilcox	Male V40	Stowmarket Striders RC	01:30:42	01:30:37	36	7
2020 Robert Tomlinson Half Mai 40.	158 Mark HAYDEN	Male V45	Framlingham Flyers	01:31:17	01:31:12	37	9
2020 Robert Tomlinson Half Mai 41.	7 Will ALDRED	Male V50	Framlingham Flyers	01:31:18	01:31:13	38	5
2020 Robert Tomlinson Half Mai 42.	45 Jason BRANDY	Male Senior	Unattached	01:31:23	01:31:18	39	16
2020 Robert Tomlinson Half Mai 43.	286 Mark WHITE	Male V45	Haverhill Running Club	01:31:39	01:31:31	40	10
2020 Robert Tomlinson Half Mai 44.	131 Kirstie GLADWELL	Female V35	Framlingham Flyers	01:31:49	01:31:45	4	1
2020 Robert Tomlinson Half Mai 45.	281 Jamie RANDALL	Male V50	Haverhill Running Club	01:32:08	01:31:59	41	6
2020 Robert Tomlinson Half Mai 46.	10 Adam ALLARD	Male V40	Unattached	01:32:14	01:32:07	42	8
2020 Robert Tomlinson Half Mai 47.	98 Thomas DENLEGH-MAXWELL	Male Senior	Unattached	01:32:18	01:32:08	43	17

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2020 Robert Tomlinson Half Mai 48.	125 Lewis FORDHAM	Male Senior	Unattached	01:32:22	01:32:12	44	18
2020 Robert Tomlinson Half Mai 49.	301 Oliver SCHOFIELD	Male Senior	Saint Edmund Pacers	01:32:32	01:32:27	45	19
2020 Robert Tomlinson Half Mai 50.	87 Kate CREAK	Female V35	Unattached	01:33:21	01:33:12	5	2
2020 Robert Tomlinson Half Mai 51.	141 John GREENER	Male V50	Saint Edmund Pacers	01:33:24	01:33:18	46	7
2020 Robert Tomlinson Half Mai 52.	123 Andrew FLACK	Male V45	Unattached	01:33:25	01:33:16	47	11
2020 Robert Tomlinson Half Mai 53.	193 Katie KING	Female Senior	Saint Edmund Pacers	01:33:34	01:33:30	6	2
2020 Robert Tomlinson Half Mai 54.	414 Catherine JEFFERY	Female V40	Saint Edmund Pacers	01:33:40	01:33:35	7	3
2020 Robert Tomlinson Half Mai 55.	51 Lee BROWN	Male Senior	Haverhill Running Club	01:33:46	01:33:38	48	20
2020 Robert Tomlinson Half Mai 56.	165 Alex HOBBS	Male Senior	Stowmarket Striders RC	01:33:47	01:33:42	49	21
2020 Robert Tomlinson Half Mai 57.	210 Dave LUMBY	Male V55	Ipswich Jaffa RC	01:33:52	01:33:38	50	3
2020 Robert Tomlinson Half Mai 58.	227 Ewa MITKA	Female V35	Unattached	01:34:07	01:34:00	8	3
2020 Robert Tomlinson Half Mai 59.	117 Jess FARTHING	Male V45	Felixstowe RRC	01:34:12	01:34:01	51	12
2020 Robert Tomlinson Half Mai 60.	19 Carl BAKER	Male V45	Unattached	01:34:17	01:34:14	52	13
2020 Robert Tomlinson Half Mai 61.	404 Zohra ARMITAGE	Female V40	Saint Edmund Pacers	01:34:24	01:34:20	9	4
2020 Robert Tomlinson Half Mai 62.	101 Thomas DIXON	Male Senior	Ipswich Triathlon Club	01:34:34	01:34:23	53	22
2020 Robert Tomlinson Half Mai 63.	192 Chris KERRY	Male V40	Stowmarket Striders RC	01:34:36	01:34:28	54	9
2020 Robert Tomlinson Half Mai 64.	26 Robin BELSOM	Male V60	Ipswich Jaffa RC	01:34:43	01:34:35	55	1
2020 Robert Tomlinson Half Mai 65.	295 Soren Tom ROYDS	Male Senior	Framlingham Flyers	01:34:45	01:34:38	56	23
2020 Robert Tomlinson Half Mai 66.	232 Morgan MOORE	Male Senior	Stowmarket Striders RC	01:34:46	01:34:40	57	24
2020 Robert Tomlinson Half Mai 67.	15 Benjamin ASKEW	Male V40	Unattached	01:35:24	01:35:15	58	10
2020 Robert Tomlinson Half Mai 68.	360 Sam WAKEFORD	Male Senior	Unattached	01:35:40	01:35:29	59	25
2020 Robert Tomlinson Half Mai 69.	180 Rob JEWERS	Male V45	Stowmarket Striders RC	01:35:50	01:35:45	60	14
2020 Robert Tomlinson Half Mai 70.	81 John COOPER	Male Senior	Unattached	01:35:52	01:35:46	61	26
2020 Robert Tomlinson Half Mai 71.	54 Kerry BUCKLEY	Male V50	Felixstowe RRC	01:35:54	01:35:44	62	8
2020 Robert Tomlinson Half Mai 72.	220 Stuart MATTHEWS	Male V50	Saint Edmund Pacers	01:36:34	01:36:27	63	9
2020 Robert Tomlinson Half Mai 73.	430 Marcus Catlin	Male V45	Ipswich Jaffa RC	01:36:56	01:36:44	64	15
2020 Robert Tomlinson Half Mai 74.	300 Len SAUNDERS	Male V45	Felixstowe RRC	01:37:23	01:37:13	65	16
2020 Robert Tomlinson Half Mai 75.	13 Justin ARMSTRONG	Male V40	Unattached	01:37:52	01:37:36	66	11
2020 Robert Tomlinson Half Mai 76.	280 Aston RAMSEY	Male Senior	Unattached	01:38:06	01:37:54	67	27
2020 Robert Tomlinson Half Mai 77.	145 Russell HADDOW	Male Senior	Unattached	01:38:06	01:37:52	68	28
2020 Robert Tomlinson Half Mai 78.	8 Tom ALEXANDER	Male V40	Woodbridge Shufflers RC	01:38:32	01:38:26	69	12
2020 Robert Tomlinson Half Mai 79.	108 James ELLUL	Male V40	Felixstowe RRC	01:38:33	01:38:23	70	13
2020 Robert Tomlinson Half Mai 80.	305 Alex SEAMAN	Male Senior	Stowmarket Striders RC	01:38:36	01:38:18	71	29
2020 Robert Tomlinson Half Mai 81.	118 Simon FENN	Male V50	Hadleigh Hares AC	01:38:36	01:38:28	72	10
2020 Robert Tomlinson Half Mai 82.	222 Alex MCGREGOR	Male Senior	Framlingham Flyers	01:38:43	01:38:37	73	30
2020 Robert Tomlinson Half Mai 83.	421 Daryl SIMPSON	Male V45	Ipswich Jaffa RC	01:39:28	01:39:16	74	17
2020 Robert Tomlinson Half Mai 84.	327 Peter SQUIRRELL	Male Senior	Ipswich Jaffa RC	01:39:45	01:39:32	75	31
2020 Robert Tomlinson Half Mai 85.	16 Simon ASKEW	Male V40	Unattached	01:40:04	01:39:54	76	14
2020 Robert Tomlinson Half Mai 86.	427 Peter Bird	Male V45	Saint Edmund Pacers	01:40:08	01:40:02	77	18
2020 Robert Tomlinson Half Mai 87.	68 Chris CHORLEY	Male V55	Bungay Black Dog RC	01:40:17	01:39:56	78	4
2020 Robert Tomlinson Half Mai 88.	302 Nigel SCHOFIELD	Male V55	Saint Edmund Pacers	01:40:20	01:40:15	79	5
2020 Robert Tomlinson Half Mai 89.	416 Mike GREEN	Male Senior	Felixstowe RRC	01:40:23	01:40:10	80	32

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2020 Robert Tomlinson Half Mai 90.	208 Sam LINASSI	Female V40	Felixstowe RRC	01:40:31	01:40:18	10	5
2020 Robert Tomlinson Half Mai 91.	177 Martin JARVIS	Male V45	Unattached	01:40:44	01:40:38	81	19
2020 Robert Tomlinson Half Mai 92.	217 Wayne MARTIN	Male Senior	Stowmarket Striders RC	01:40:49	01:40:46	82	33
2020 Robert Tomlinson Half Mai 93.	400 Daniel BOULTER	Male Senior	Unattached	01:41:06	01:40:44	83	34
2020 Robert Tomlinson Half Mai 94.	383 Will WOOSTER	Male Senior	Unattached	01:41:11	01:40:54	84	35
2020 Robert Tomlinson Half Mai 95.	130 Andrew GEMMELL	Male V50	Unattached	01:41:28	01:41:08	85	11
2020 Robert Tomlinson Half Mai 96.	30 Marc BENSON	Male Senior	Haverhill Running Club	01:41:30	01:41:21	86	36
2020 Robert Tomlinson Half Mai 97.	169 David HUDSON	Male V45	Tri-Anglia Triathlon Club	01:41:43	01:41:33	87	20
2020 Robert Tomlinson Half Mai 98.	405 Mathew CHAPPLE	Male V40	Unattached	01:42:14	01:41:57	88	15
2020 Robert Tomlinson Half Mai 99.	253 Steve PALFREY	Male V45	Unattached	01:42:15	01:42:09	89	21
2020 Robert Tomlinson Half Mai 100.	386 Jamie WRIGHT	Male V40	Framlingham Flyers	01:42:19	01:42:13	90	16
2020 Robert Tomlinson Half Mai 101.	289 Joanna RINGROSE	Female V45	Unattached	01:42:23	01:42:08	11	1
2020 Robert Tomlinson Half Mai 102.	429 Lindi Wallace	Female V35	Unattached	01:42:24	01:42:12	12	4
2020 Robert Tomlinson Half Mai 103.	194 Sian KINGSTON	Female V40	Unattached	01:42:25	01:42:17	13	6
2020 Robert Tomlinson Half Mai 104.	434 David Charlar Lissimore	Male V55	Unattached	01:42:25	01:42:08	91	6
2020 Robert Tomlinson Half Mai 105.	349 Kenneth TOVELL	Male V50	Framlingham Flyers	01:42:31	01:42:25	92	12
2020 Robert Tomlinson Half Mai 106.	236 Vaughan MORRIS	Male V55	Stowmarket Striders RC	01:42:36	01:42:19	93	7
2020 Robert Tomlinson Half Mai 107.	88 Richard CREASEY	Male Senior	Unattached	01:42:37	01:42:19	94	37
2020 Robert Tomlinson Half Mai 108.	398 Gary GODFREY	Male V55	Sudbury Joggers	01:42:42	01:42:16	95	8
2020 Robert Tomlinson Half Mai 109.	31 Carl BERRIMAN	Male V50	Unattached	01:42:54	01:42:45	96	13
2020 Robert Tomlinson Half Mai 110.	252 Clifford PAINTER	Male V40	Unattached	01:42:55	01:42:40	97	17
2020 Robert Tomlinson Half Mai 111.	431 Dave Casey	Male V50	Ipswich Triathlon Club	01:43:00	01:42:50	98	14
2020 Robert Tomlinson Half Mai 112.	235 Robert MORGAN	Male V60	Saint Edmund Pacers	01:43:02	01:42:57	99	2
2020 Robert Tomlinson Half Mai 113.	156 Stephen HATTEN	Male V50	Saint Edmund Pacers	01:43:03	01:42:55	100	15
2020 Robert Tomlinson Half Mai 114.	424 Bill Besley	Male V45	Stowmarket Striders RC	01:43:06	01:42:57	101	22
2020 Robert Tomlinson Half Mai 115.	1 Dean ABDUL	Male V40	Unattached	01:43:12	01:42:57	102	18
2020 Robert Tomlinson Half Mai 116.	257 Tim PARNELL	Male V50	Unattached	01:43:13	01:42:56	103	16
2020 Robert Tomlinson Half Mai 117.	167 Chris HOWARD-KRAFT	Male Senior	Unattached	01:43:31	01:43:18	104	38
2020 Robert Tomlinson Half Mai 118.	105 Steven DURRANT	Male V55	Felixstowe RRC	01:43:32	01:43:20	105	9
2020 Robert Tomlinson Half Mai 119.	190 Sean KENNEDY	Male Senior	Woodbridge Shufflers RC	01:43:34	01:43:13	106	39
2020 Robert Tomlinson Half Mai 120.	296 Samuel ROZIER	Male Senior	Unattached	01:43:41	01:43:21	107	40
2020 Robert Tomlinson Half Mai 121.	20 Michael BALL	Male V50	Harwich Runners	01:43:42	01:43:22	108	17
2020 Robert Tomlinson Half Mai 122.	99 Neil DENNIS	Male Senior	Stowmarket Striders RC	01:44:00	01:43:46	109	41
2020 Robert Tomlinson Half Mai 123.	176 Jonathan JARROLD	Male Senior	Unattached	01:44:41	01:44:25	110	42
2020 Robert Tomlinson Half Mai 124.	237 Alex MORRISON	Male V55	Unattached	01:44:48	01:44:31	111	10
2020 Robert Tomlinson Half Mai 125.	339 Holly TAYLOR	Female Senior	Felixstowe RRC	01:45:15	01:45:06	14	3
2020 Robert Tomlinson Half Mai 126.	362 Jason WALNE	Male V45	Unattached	01:45:28	01:45:15	112	23
2020 Robert Tomlinson Half Mai 127.	46 Kaye BRANTON	Female V45	Felixstowe RRC	01:45:31	01:45:31	15	2
2020 Robert Tomlinson Half Mai 128.	378 Peter WOODS	Male Senior	Felixstowe RRC	01:45:53	01:45:43	113	43
2020 Robert Tomlinson Half Mai 129.	279 Tracy QUARRELL	Female V45	Haverhill Running Club	01:46:00	01:45:44	16	3
2020 Robert Tomlinson Half Mai 130.	330 Julia STELL	Female V40	Ipswich Jaffa RC	01:46:06	01:45:51	17	7
2020 Robert Tomlinson Half Mai 131.	385 Andre WRIGHT	Male V45	Stowmarket Striders RC	01:46:08	01:45:56	114	24

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2020 Robert Tomlinson Half Mai 132.	261 Matthew PEARCE	Male V45	Unattached	01:46:20	01:46:07	115	25
2020 Robert Tomlinson Half Mai 133.	242 Stephen NEUMANN	Male V40	Unattached	01:46:24	01:46:09	116	19
2020 Robert Tomlinson Half Mai 134.	137 Michelle GORDON	Female V35	Felixstowe RRC	01:46:40	01:46:20	18	5
2020 Robert Tomlinson Half Mai 135.	183 Paul JOHNSON	Male Senior	Unattached	01:46:40	01:46:21	117	44
2020 Robert Tomlinson Half Mai 136.	140 Ashley GREEN	Male Senior	Unattached	01:46:51	01:46:34	118	45
2020 Robert Tomlinson Half Mai 137.	35 Christopher BING	Male Senior	Ipswich Jaffa RC	01:46:54	01:46:45	119	46
2020 Robert Tomlinson Half Mai 138.	89 Linda CUSACK	Female V65+	Thetford AC	01:47:16	01:47:03	19	1
2020 Robert Tomlinson Half Mai 139.	425 Iain Mapley	Male V40	Saint Edmund Pacers	01:47:18	01:47:01	120	20
2020 Robert Tomlinson Half Mai 140.	106 Charlotte DURRANT	Female V35	Stowmarket Striders RC	01:47:21	01:47:07	20	6
2020 Robert Tomlinson Half Mai 141.	303 Paul SCHWER	Male V55	Felixstowe RRC	01:47:57	01:47:45	121	11
2020 Robert Tomlinson Half Mai 142.	244 Sabrina NORTON	Female V40	Bungay Black Dog RC	01:48:19	01:48:02	21	8
2020 Robert Tomlinson Half Mai 143.	229 Frank MOGGAN	Male V70+	Stowmarket Striders RC	01:48:25	01:48:11	122	1
2020 Robert Tomlinson Half Mai 144.	204 Hayley LEVERIDGE	Female V40	Unattached	01:48:29	01:48:13	22	9
2020 Robert Tomlinson Half Mai 145.	166 Claire HOLDAWAY	Female V40	Hadleigh Hares AC	01:48:49	01:48:30	23	10
2020 Robert Tomlinson Half Mai 146.	70 David CHURCH	Male V45	Felixstowe RRC	01:48:51	01:48:40	123	26
2020 Robert Tomlinson Half Mai 147.	172 Philip HYMERS	Male V65	Saint Edmund Pacers	01:49:09	01:48:59	124	1
2020 Robert Tomlinson Half Mai 148.	334 Chloe STUTELEY	Female Senior	Saint Edmund Pacers	01:49:16	01:49:05	24	4
2020 Robert Tomlinson Half Mai 149.	71 Neville CLARKE	Male V65	Newmarket Joggers	01:49:20	01:49:11	125	2
2020 Robert Tomlinson Half Mai 150.	162 Kathy HERBIG	Female V40	Unattached	01:49:23	01:49:08	25	11
2020 Robert Tomlinson Half Mai 151.	148 Jackie HANN	Female V50	Sudbury Joggers	01:49:28	01:49:16	26	1
2020 Robert Tomlinson Half Mai 152.	388 Darryl YATES	Male Senior	Ipswich Jaffa RC	01:49:34	01:49:26	126	47
2020 Robert Tomlinson Half Mai 153.	422 Kay OXFORD	Female V50	Hadleigh Hares AC	01:49:42	01:49:30	27	2
2020 Robert Tomlinson Half Mai 154.	376 Helen WING	Female V50	Stowmarket Striders RC	01:49:57	01:49:49	28	3
2020 Robert Tomlinson Half Mai 155.	219 Stuart MASON	Male V55	Felixstowe RRC	01:49:59	01:49:48	127	12
2020 Robert Tomlinson Half Mai 156.	433 Stephen Cross	Male V50	Waveney Valley AC	01:50:03	01:49:35	128	18
2020 Robert Tomlinson Half Mai 157.	60 Mik CARR	Male V60	Bungay Black Dog RC	01:50:06	01:50:01	129	3
2020 Robert Tomlinson Half Mai 158.	352 Cheryl TRUNDLE	Female V65+	Haverhill Running Club	01:50:13	01:49:52	29	2
2020 Robert Tomlinson Half Mai 159.	44 Sharon BRANDON	Female V55	Saint Edmund Pacers	01:50:13	01:50:06	30	1
2020 Robert Tomlinson Half Mai 160.	18 Tom AYKROYD	Male V40	Felixstowe RRC	01:50:40	01:50:33	130	21
2020 Robert Tomlinson Half Mai 161.	143 Kate GREENER	Female V40	Unattached	01:50:47	01:50:31	31	12
2020 Robert Tomlinson Half Mai 162.	67 Duncan CHENERY	Male V60	Ipswich Jaffa RC	01:50:52	01:50:34	131	4
2020 Robert Tomlinson Half Mai 163.	255 Marion PARKER	Female V55	Felixstowe RRC	01:50:54	01:50:42	32	2
2020 Robert Tomlinson Half Mai 164.	159 Jerome HAYNES	Male Senior	Unattached	01:51:01	01:50:42	132	48
2020 Robert Tomlinson Half Mai 165.	342 Timothy TAYLOR	Male Senior	Unattached	01:51:03	01:50:43	133	49
2020 Robert Tomlinson Half Mai 166.	133 Mark GOBOLD	Male V50	Ipswich Harriers	01:51:23	01:51:17	134	19
2020 Robert Tomlinson Half Mai 167.	315 Mark SKOULDING	Male V45	Stowmarket Striders RC	01:51:27	01:51:10	135	27
2020 Robert Tomlinson Half Mai 168.	267 Clare PESTELL-LOVE	Female V35	Unattached	01:51:29	01:51:14	33	7
2020 Robert Tomlinson Half Mai 169.	247 Paul OSBORNE	Male V40	Felixstowe RRC	01:51:31	01:51:18	136	22
2020 Robert Tomlinson Half Mai 170.	246 Alison O'DONNELL	Female Senior	Unattached	01:51:31	01:51:18	34	5
2020 Robert Tomlinson Half Mai 171.	308 Alison SEVERY	Female Senior	Ipswich Jaffa RC	01:51:37	01:51:16	35	6
2020 Robert Tomlinson Half Mai 172.	178 Peter JAY	Male V55	Saint Edmund Pacers	01:51:38	01:51:29	137	13
2020 Robert Tomlinson Half Mai 173.	202 Gemma LAYTON	Female V35	Unattached	01:51:41	01:51:25	36	8

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2020 Robert Tomlinson Half Mai 174.	241 Joe NAUGHTON	Male V55	Stowmarket Striders RC	01:51:48	01:51:36	138	14
2020 Robert Tomlinson Half Mai 175.	297 Luke RUTLAND	Male Senior	Lonely Goat RC	01:51:51	01:51:29	139	50
2020 Robert Tomlinson Half Mai 176.	269 Agata PIATKOWSKA	Female Senior	Unattached	01:51:55	01:51:46	37	7
2020 Robert Tomlinson Half Mai 177.	310 Roland SHAW	Male V60	Unattached	01:51:56	01:51:39	140	5
2020 Robert Tomlinson Half Mai 178.	40 Lin BOLTON	Female V50	Stowmarket Striders RC	01:52:06	01:51:53	38	4
2020 Robert Tomlinson Half Mai 179.	292 Olga RODRIGUEZ BROMIDGE	Female V40	Unattached	01:53:09	01:52:50	39	13
2020 Robert Tomlinson Half Mai 180.	346 Emma THISTLETON	Female V35	TRISudbury	01:53:15	01:52:56	40	9
2020 Robert Tomlinson Half Mai 181.	61 Charlie CATCHPOLE	Male V55	Unattached	01:53:21	01:52:59	141	15
2020 Robert Tomlinson Half Mai 182.	144 Angela HAAG	Female V55	Unattached	01:53:21	01:53:07	41	3
2020 Robert Tomlinson Half Mai 183.	128 Tom FROST	Male Senior	Unattached	01:53:36	01:53:16	142	51
2020 Robert Tomlinson Half Mai 184.	387 Jennifer WYSOCKI	Female Senior	Unattached	01:53:57	01:53:37	42	8
2020 Robert Tomlinson Half Mai 185.	34 Alison BILLS	Female V40	Unattached	01:54:14	01:53:58	43	14
2020 Robert Tomlinson Half Mai 186.	276 Clive PURBROOK	Male V60	Newmarket Joggers	01:54:23	01:54:09	143	6
2020 Robert Tomlinson Half Mai 187.	49 Angela BRINKLEY	Female V55	Stowmarket Striders RC	01:54:30	01:54:16	44	4
2020 Robert Tomlinson Half Mai 188.	161 Kate HEEKS	Female Senior	Stowmarket Striders RC	01:54:58	01:54:43	45	9
2020 Robert Tomlinson Half Mai 189.	259 Jamie PAYNE	Male Senior	Unattached	01:55:04	01:54:44	144	52
2020 Robert Tomlinson Half Mai 190.	188 Martin KEELER	Male Senior	Unattached	01:55:12	01:54:52	145	53
2020 Robert Tomlinson Half Mai 191.	102 Kirsty DOW	Female V35	Saint Edmund Pacers	01:55:13	01:55:03	46	10
2020 Robert Tomlinson Half Mai 192.	394 Jason ABLETT	Male V45	Stowmarket Striders RC	01:55:20	01:55:03	146	28
2020 Robert Tomlinson Half Mai 193.	122 George FIRTH	Male Senior	Stowmarket Striders RC	01:55:27	01:55:11	147	54
2020 Robert Tomlinson Half Mai 194.	251 Stephen PAGE	Male V45	Stowmarket Striders RC	01:55:44	01:55:24	148	29
2020 Robert Tomlinson Half Mai 195.	395 Philip BEER	Male V55	Stowmarket Striders RC	01:55:49	01:55:32	149	16
2020 Robert Tomlinson Half Mai 196.	64 Debbie CATLING	Female V50	Unattached	01:55:55	01:55:30	47	5
2020 Robert Tomlinson Half Mai 197.	231 Helen MOORE	Female V40	Stowmarket Striders RC	01:55:56	01:55:39	48	15
2020 Robert Tomlinson Half Mai 198.	366 Claire WELFORD	Female V40	Unattached	01:55:59	01:55:45	49	16
2020 Robert Tomlinson Half Mai 199.	181 Hannah JEWERS	Female V40	Stowmarket Striders RC	01:56:01	01:55:45	50	17
2020 Robert Tomlinson Half Mai 200.	258 Tom PARSONS	Male V40	Unattached	01:56:04	01:56:04	150	23
2020 Robert Tomlinson Half Mai 201.	299 Bobbie SAUERZAPF	Female V60	Bungay Black Dog RC	01:56:17	01:55:49	51	1
2020 Robert Tomlinson Half Mai 202.	221 Paul MCALLISTER	Male V50	Hadleigh Hares AC	01:56:45	01:56:26	151	20
2020 Robert Tomlinson Half Mai 203.	390 Jonathan KENNY	Male V50	Felixstowe RRC	01:56:51	01:56:29	152	21
2020 Robert Tomlinson Half Mai 204.	138 Michelle GORMAN	Female V35	Unattached	01:56:53	01:56:32	52	11
2020 Robert Tomlinson Half Mai 205.	234 Jenny MORGAN	Female V60	Saint Edmund Pacers	01:56:58	01:56:50	53	2
2020 Robert Tomlinson Half Mai 206.	196 Jenny KNIGHT	Female V45	Unattached	01:57:19	01:57:06	54	4
2020 Robert Tomlinson Half Mai 207.	436 Markus Lewis	Male V45	Saint Edmund Pacers	01:57:23	01:57:15	153	30
2020 Robert Tomlinson Half Mai 208.	389 Katrina RIGBY	Female V40	Hadleigh Hares AC	01:57:26	01:57:08	55	18
2020 Robert Tomlinson Half Mai 209.	42 Helen BOULTON	Female V35	Unattached	01:57:37	01:57:19	56	12
2020 Robert Tomlinson Half Mai 210.	407 Chris HOWLAND	Male V55	Felixstowe RRC	01:57:48	01:57:34	154	17
2020 Robert Tomlinson Half Mai 211.	260 Matthew PEARCE	Male Senior	Unattached	01:57:53	01:57:32	155	55
2020 Robert Tomlinson Half Mai 212.	417 Amanda DUNN	Female V40	Hadleigh Hares AC	01:57:54	01:57:35	57	19
2020 Robert Tomlinson Half Mai 213.	373 Clare WIGG	Female V35	Stowmarket Striders RC	01:57:58	01:57:34	58	13
2020 Robert Tomlinson Half Mai 214.	265 Kieron PERRY	Male V45	Unattached	01:57:59	01:57:35	156	31
2020 Robert Tomlinson Half Mai 215.	206 Arabella LEWENDON	Female V55	Felixstowe RRC	01:57:59	01:57:37	59	5

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2020 Robert Tomlinson Half Mai 216.	187 Rachel KEEBLE	Female V40	Unattached	01:58:04	01:57:43	60	20
2020 Robert Tomlinson Half Mai 217.	268 Sarah PHILLIPS	Female V50	Unattached	01:58:05	01:57:44	61	6
2020 Robert Tomlinson Half Mai 218.	182 Chris JOHNS	Male V60	Woodbridge Shufflers RC	01:58:08	01:57:47	157	7
2020 Robert Tomlinson Half Mai 219.	92 David DAMANT	Male V45	Stowmarket Striders RC	01:58:17	01:57:56	158	32
2020 Robert Tomlinson Half Mai 220.	129 John GAYLARD	Male V50	Unattached	01:58:18	01:57:58	159	22
2020 Robert Tomlinson Half Mai 221.	103 Kimberley DRAIN	Male Senior	Stowmarket Striders RC	01:58:24	01:58:06	160	56
2020 Robert Tomlinson Half Mai 222.	256 Stuart PARKER	Male Senior	Unattached	01:58:39	01:58:16	161	57
2020 Robert Tomlinson Half Mai 223.	56 Gary BUICK	Male V50	Unattached	01:59:15	01:58:56	162	23
2020 Robert Tomlinson Half Mai 224.	27 Mark BENNETT	Male V45	Unattached	01:59:33	01:59:10	163	33
2020 Robert Tomlinson Half Mai 225.	28 Nichola BENNETT	Female V40	Unattached	01:59:33	01:59:10	62	21
2020 Robert Tomlinson Half Mai 226.	406 Brett DEAKIN	Male V40	Felixstowe RRC	01:59:47	01:59:33	164	24
2020 Robert Tomlinson Half Mai 227.	69 Jenny CHURCH	Female V55	Felixstowe RRC	01:59:52	01:59:39	63	6
2020 Robert Tomlinson Half Mai 228.	288 Maria RIERA TURRO	Female Senior	Felixstowe RRC	02:00:06	01:59:46	64	10
2020 Robert Tomlinson Half Mai 229.	32 Mike BERRY	Male V45	Saint Edmund Pacers	02:00:47	02:00:25	165	34
2020 Robert Tomlinson Half Mai 230.	309 David SEYMOUR	Male V60	Felixstowe RRC	02:00:52	02:00:34	166	8
2020 Robert Tomlinson Half Mai 231.	201 Bridget LAW	Female Senior	Bungay Black Dog RC	02:01:02	02:00:46	65	11
2020 Robert Tomlinson Half Mai 232.	95 Mark DAVIES	Male V50	Unattached	02:01:15	02:00:52	167	24
2020 Robert Tomlinson Half Mai 233.	43 Sally-Ann BOWEN	Female V45	Sudbury Joggers	02:01:27	02:01:14	66	5
2020 Robert Tomlinson Half Mai 234.	84 Ruth COWLIN	Female V55	Sudbury Joggers	02:01:27	02:01:14	67	7
2020 Robert Tomlinson Half Mai 235.	313 Ian SILLETT	Male V60	Felixstowe RRC	02:01:39	02:01:39	168	9
2020 Robert Tomlinson Half Mai 236.	341 Courtney TAYLOR	Female Senior	Felixstowe RRC	02:02:14	02:01:54	68	12
2020 Robert Tomlinson Half Mai 237.	175 Catherine JACKSON	Female Senior	Stowmarket Striders RC	02:02:14	02:01:55	69	13
2020 Robert Tomlinson Half Mai 238.	109 Rebecca ELLUL	Female V35	Felixstowe RRC	02:02:16	02:01:53	70	14
2020 Robert Tomlinson Half Mai 239.	90 Sam DALTON-THORPE	Female V40	Unattached	02:02:19	02:01:55	71	22
2020 Robert Tomlinson Half Mai 240.	377 James WOOD	Male V50	Sudbury Joggers	02:02:29	02:02:12	169	25
2020 Robert Tomlinson Half Mai 241.	391 Nathalie HOOPER	Female V50	Hadleigh Hares AC	02:02:30	02:02:07	72	7
2020 Robert Tomlinson Half Mai 242.	223 Jenny MERRY	Female V40	Sudbury Joggers	02:02:30	02:02:14	73	23
2020 Robert Tomlinson Half Mai 243.	420 Lydia SIMMONS	Female Senior	Saint Edmund Pacers	02:02:49	02:02:33	74	14
2020 Robert Tomlinson Half Mai 244.	381 Lee WOODWARD	Male Senior	Unattached	02:02:58	02:02:39	170	58
2020 Robert Tomlinson Half Mai 245.	58 Edward BURCHELL	Male Senior	Saint Edmund Pacers	02:03:09	02:02:54	171	59
2020 Robert Tomlinson Half Mai 246.	337 Donna TALBOT	Female V40	Unattached	02:03:15	02:02:58	75	24
2020 Robert Tomlinson Half Mai 247.	77 Nathan COLE	Male V40	Unattached	02:03:32	02:03:27	172	25
2020 Robert Tomlinson Half Mai 248.	218 Claire MASKERY	Female V35	Stowmarket Striders RC	02:03:32	02:03:06	76	15
2020 Robert Tomlinson Half Mai 249.	262 Lily PEARMAIN	Female Senior	Unattached	02:05:03	02:04:46	77	15
2020 Robert Tomlinson Half Mai 250.	392 Rachel BOND	Female Senior	Unattached	02:05:07	02:04:45	78	16
2020 Robert Tomlinson Half Mai 251.	358 Lauren WAGGOTT	Female Senior	Unattached	02:05:32	02:05:20	79	17
2020 Robert Tomlinson Half Mai 252.	94 Steve DAVIES	Male V50	Unattached	02:06:03	02:05:38	173	26
2020 Robert Tomlinson Half Mai 253.	397 Vikki CHAMPION	Female Senior	Unattached	02:06:28	02:06:02	80	18
2020 Robert Tomlinson Half Mai 254.	184 Claire JONES	Female V45	Unattached	02:06:51	02:06:25	81	6
2020 Robert Tomlinson Half Mai 255.	277 Carl PURNELL	Male V55	Unattached	02:07:22	02:06:57	174	18
2020 Robert Tomlinson Half Mai 256.	170 Rebecca HUGHES	Female V50	Unattached	02:07:22	02:06:56	82	8
2020 Robert Tomlinson Half Mai 257.	127 Edwina FROST	Female V60	Unattached	02:07:22	02:06:58	83	3

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2020 Robert Tomlinson Half Mai 258.	415 Nicole SMITH	Female V45	Newmarket Joggers	02:07:31	02:07:20	84	7
2020 Robert Tomlinson Half Mai 259.	372 Adrian WICKS	Male V50	Unattached	02:08:44	02:08:17	175	27
2020 Robert Tomlinson Half Mai 260.	53 Adam BUCKLE	Male Senior	Halstead RRC	02:08:50	02:08:39	176	60
2020 Robert Tomlinson Half Mai 261.	132 Mandy GODBOLD	Female V50	Ipswich Harriers	02:08:53	02:08:44	85	9
2020 Robert Tomlinson Half Mai 262.	39 Olivia BLICK	Female Senior	Unattached	02:09:23	02:08:54	86	19
2020 Robert Tomlinson Half Mai 263.	116 Leon FARNISH	Male Senior	Unattached	02:09:23	02:08:53	177	61
2020 Robert Tomlinson Half Mai 264.	41 Fran BOOKER	Female V50	Unattached	02:09:57	02:09:25	87	10
2020 Robert Tomlinson Half Mai 265.	365 Sarah WEBB	Female V40	Unattached	02:09:58	02:09:48	88	25
2020 Robert Tomlinson Half Mai 266.	369 Frank WHELAN	Male V50	Unattached	02:09:58	02:09:48	178	28
2020 Robert Tomlinson Half Mai 267.	185 Theresa JONES	Female V45	Haverhill Running Club	02:10:28	02:10:03	89	8
2020 Robert Tomlinson Half Mai 268.	332 Tony STEWART	Male V65	Lonely Goat RC	02:10:43	02:10:21	179	3
2020 Robert Tomlinson Half Mai 269.	344 Lee TAYLOR	Male V45	Haverhill Running Club	02:12:18	02:11:54	180	35
2020 Robert Tomlinson Half Mai 270.	82 Emily COOPER-READE	Female V55	Stowmarket Striders RC	02:12:33	02:12:06	90	8
2020 Robert Tomlinson Half Mai 271.	396 Keith BORRETT	Male V65	Unattached	02:12:39	02:12:28	181	4
2020 Robert Tomlinson Half Mai 272.	270 Claire PICKARD	Female V40	Unattached	02:12:39	02:12:28	91	26
2020 Robert Tomlinson Half Mai 273.	245 Mark O'BRIEN	Male Senior	Unattached	02:12:58	02:12:37	182	62
2020 Robert Tomlinson Half Mai 274.	173 Josh IRON	Male Senior	Haverhill Running Club	02:12:58	02:12:58	183	63
2020 Robert Tomlinson Half Mai 275.	224 Lorraine MILLS	Female V45	Unattached	02:12:58	02:12:28	92	9
2020 Robert Tomlinson Half Mai 276.	399 Andrew DENNY	Male V50	Unattached	02:13:27	02:12:59	184	29
2020 Robert Tomlinson Half Mai 277.	347 Ivika THOMSON	Female Senior	Unattached	02:13:44	02:13:14	93	20
2020 Robert Tomlinson Half Mai 278.	228 Mohit MITTAL	Male Senior	Unattached	02:13:46	02:13:16	185	64
2020 Robert Tomlinson Half Mai 279.	410 Yvonne DOE	Female V40	Stowmarket Striders RC	02:13:56	02:13:34	94	27
2020 Robert Tomlinson Half Mai 280.	307 Victoria SENIOR	Female Senior	Unattached	02:13:58	02:13:27	95	21
2020 Robert Tomlinson Half Mai 281.	316 Jane SKOULDING	Female V45	Stowmarket Striders RC	02:14:01	02:13:39	96	10
2020 Robert Tomlinson Half Mai 282.	171 Tracy HUMPHREYS	Female V55	Stowmarket Striders RC	02:14:07	02:13:41	97	9
2020 Robert Tomlinson Half Mai 283.	371 Angela WHITING	Female V55	Stowmarket Striders RC	02:14:12	02:13:45	98	10
2020 Robert Tomlinson Half Mai 284.	120 David FIELD	Male V70+	Norwich Road Runners	02:14:42	02:14:08	186	2
2020 Robert Tomlinson Half Mai 285.	78 Jackie COLLINS	Female V55	Felixstowe RRC	02:14:53	02:14:30	99	11
2020 Robert Tomlinson Half Mai 286.	284 Maria REED	Female V55	Haverhill Running Club	02:14:58	02:14:29	100	12
2020 Robert Tomlinson Half Mai 287.	435 Juliet Suzanne Garnham	Female V45	Stowmarket Striders RC	02:15:16	02:14:49	101	11
2020 Robert Tomlinson Half Mai 288.	380 Joan WOODWARD	Female V60	Unattached	02:15:22	02:14:54	102	4
2020 Robert Tomlinson Half Mai 289.	100 Sarah DICKINSON	Female V35	Unattached	02:16:05	02:15:41	103	16
2020 Robert Tomlinson Half Mai 290.	285 Victoria REED	Female V35	Unattached	02:16:22	02:15:58	104	17
2020 Robert Tomlinson Half Mai 291.	2 Peter ADAMS	Male V70+	Unattached	02:16:55	02:16:27	187	3
2020 Robert Tomlinson Half Mai 292.	179 Rebecca JENNINGS	Female V50	Unattached	02:17:18	02:17:01	105	11
2020 Robert Tomlinson Half Mai 293.	336 Hollie SUTHERLAND	Female Senior	Felixstowe RRC	02:17:53	02:17:29	106	22
2020 Robert Tomlinson Half Mai 294.	248 Anneli OSTLER	Female V35	Felixstowe RRC	02:17:54	02:17:25	107	18
2020 Robert Tomlinson Half Mai 295.	329 Charlie STANNETT	Male V60	Ipswich Triathlon Club	02:18:09	02:17:42	188	10
2020 Robert Tomlinson Half Mai 296.	113 Clare EVERITT	Female V45	Haverhill Running Club	02:18:23	02:17:57	108	12
2020 Robert Tomlinson Half Mai 297.	153 Sarah HARRIS	Female V40	Haverhill Running Club	02:18:24	02:17:58	109	28
2020 Robert Tomlinson Half Mai 298.	239 Sarah MURKIN	Female V45	Haverhill Running Club	02:18:24	02:17:59	110	13
2020 Robert Tomlinson Half Mai 299.	75 Adrian COLE	Male V55	Stowmarket Striders RC	02:19:00	02:18:35	189	19

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2020 Robert Tomlinson Half Mai 300.	264 Daniel PELLING	Male V45	Haverhill Running Club	02:19:46	02:19:37	190	36
2020 Robert Tomlinson Half Mai 301.	121 Yusuf FIRAT	Male V55	Haverhill Running Club	02:19:46	02:19:25	191	20
2020 Robert Tomlinson Half Mai 302.	368 Jo WHELAN	Female V55	Felixstowe RRC	02:19:47	02:19:18	111	13
2020 Robert Tomlinson Half Mai 303.	367 Kevin WHELAN	Male V50	Felixstowe RRC	02:19:47	02:19:36	192	30
2020 Robert Tomlinson Half Mai 304.	62 Phil CATCHPOLE	Male V65	Unattached	02:19:51	02:19:17	193	5
2020 Robert Tomlinson Half Mai 305.	384 Maureen WRIGHT	Female V65+	Ipswich Jaffa RC	02:20:00	02:19:32	112	3
2020 Robert Tomlinson Half Mai 306.	6 Katie ALDERTON	Female Senior	Unattached	02:21:11	02:20:44	113	23
2020 Robert Tomlinson Half Mai 307.	5 Ann ALDERTON	Female V55	Unattached	02:21:14	02:20:47	114	14
2020 Robert Tomlinson Half Mai 308.	393 Laura GAY	Female Senior	Unattached	02:21:39	02:21:13	115	24
2020 Robert Tomlinson Half Mai 309.	254 Rachel PALMER	Female V35	Felixstowe RRC	02:22:08	02:21:39	116	19
2020 Robert Tomlinson Half Mai 310.	154 Beth HARRIS	Female V35	Unattached	02:22:25	02:22:18	117	20
2020 Robert Tomlinson Half Mai 311.	22 Rosie BARRACK	Female V45	Unattached	02:22:26	02:22:19	118	14
2020 Robert Tomlinson Half Mai 312.	205 Thomas LEVETT	Male V40	Unattached	02:22:41	02:22:11	194	26
2020 Robert Tomlinson Half Mai 313.	107 Peter EDWARDS	Male V40	Unattached	02:23:00	02:22:34	195	27
2020 Robert Tomlinson Half Mai 314.	139 Ann GRANGER	Female V55	Saxmundham Sports Running & Fitness Club	02:24:13	02:23:47	119	15
2020 Robert Tomlinson Half Mai 315.	333 Ian STRIDE	Male V45	Bungay Black Dog RC	02:24:21	02:23:52	196	37
2020 Robert Tomlinson Half Mai 316.	230 Sarah MONK	Female V35	Unattached	02:24:43	02:24:12	120	21
2020 Robert Tomlinson Half Mai 317.	3 Darryl AINSLIE	Male V40	Lowestoft Road Runners	02:25:24	02:24:52	197	28
2020 Robert Tomlinson Half Mai 318.	363 Freddie WALTON	Male Senior	Unattached	02:25:30	02:24:57	198	65
2020 Robert Tomlinson Half Mai 319.	418 Michelle HOLDEN	Female V45	Stowmarket Striders RC	02:25:36	02:25:08	121	15
2020 Robert Tomlinson Half Mai 320.	136 Darren GOODCHILD	Male V50	Unattached	02:26:04	02:25:41	199	31
2020 Robert Tomlinson Half Mai 321.	249 Justin OSTLER	Male V45	Felixstowe RRC	02:26:44	02:26:15	200	38
2020 Robert Tomlinson Half Mai 322.	225 Kylie MITCHELL	Female Senior	Unattached	02:28:48	02:28:15	122	25
2020 Robert Tomlinson Half Mai 323.	164 Rachel HIRST	Female V55	Bungay Black Dog RC	02:30:40	02:30:11	123	16
2020 Robert Tomlinson Half Mai 324.	298 Sian SAMPSON	Female V35	Unattached	02:30:53	02:30:23	124	22
2020 Robert Tomlinson Half Mai 325.	134 Tracey GODDARD	Female V35	Unattached	02:32:25	02:31:53	125	23
2020 Robert Tomlinson Half Mai 326.	304 Michael SEABROOK	Male V40	Unattached	02:32:25	02:31:53	201	29
2020 Robert Tomlinson Half Mai 327.	250 Kerry OVERTON	Female V45	Unattached	02:32:25	02:32:25	126	16
2020 Robert Tomlinson Half Mai 328.	403 Lucy BRYANTON	Female V45	Unattached	02:33:56	02:33:26	127	17
2020 Robert Tomlinson Half Mai 329.	76 Neil COLE	Male V50	Unattached	02:35:09	02:34:59	202	32
2020 Robert Tomlinson Half Mai 330.	402 Daniela ELSTONE	Female V50	Felixstowe RRC	02:36:58	02:36:28	128	12
2020 Robert Tomlinson Half Mai 331.	203 Angie LEGGETT	Female V55	Unattached	02:37:16	02:36:50	129	17
2020 Robert Tomlinson Half Mai 332.	189 Charlotte KEELER	Female Senior	Unattached	02:40:03	02:39:31	130	26
2020 Robert Tomlinson Half Mai 333.	209 Stephanie LOWN	Female V50	Unattached	02:44:32	02:43:59	131	13
2020 Robert Tomlinson Half Mai 334.	85 Janet CRACKNELL	Female V45	Unattached	02:45:01	02:44:29	132	18
2020 Robert Tomlinson Half Mai DNF	191 Jessica KERRIDGE	Female Senior	Stowmarket Striders RC			-1	-1
2020 Robert Tomlinson Half Mai DNF	370 Keeley WHITE	Female Senior	Haverhill Running Club			-1	-1
2020 Robert Tomlinson Half Mai DNF	275 Matthew PRESTON-BLOOM	Male Senior	Unattached			-1	-1
2020 Robert Tomlinson Half Mai DNF	226 Michelle MITCHELL	Female V55	Unattached			-1	-1
2020 Robert Tomlinson Half Mai DNF	135 Simon GOLDSMITH	Male V45	Unattached			-1	-1
2020 Robert Tomlinson Half Mai DNS	293 Aaron ROGERSON	Male Senior	Lowestoft Road Runners			-1	-1
2020 Robert Tomlinson Half Mai DNS	24 Adam BEAUMONT	Male Senior	Unattached			-1	-1

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2020 Robert Tomlinson Half Mai DNS	12 Agnieszka ANDRZEJAK	Female V40	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	57 Alison BULLYMENT	Female V45	Zero to Hero Runners	-1	-1
2020 Robert Tomlinson Half Mai DNS	47 Amanda BREWSTER	Female V45	Stowmarket Striders RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	66 Andrew CHATFIELD	Male V40	Ipswich Harriers	-1	-1
2020 Robert Tomlinson Half Mai DNS	96 Andrew DAVISON	Male Senior	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	282 Andrew RAYNER	Male V55	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	401 Anita TEJADA	Female V45	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	111 Anna EMMS	Female V40	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	73 Ashley CLAYDEN	Male Senior	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	382 Ashley WOOLGROVE	Male V40	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	200 Ben LARTER	Male Senior	Framlingham Flyers	-1	-1
2020 Robert Tomlinson Half Mai DNS	328 Beth STACEY	Female V35	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	79 Carl COLLINS	Male V45	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	355 Charles TURNER	Male Senior	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	4 Chris ALDERTON	Female V45	Stowmarket Striders RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	214 Christine MARSH	Female V60	Stowmarket Striders RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	38 Claire BLANCHFORD	Female V35	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	163 Claire HILL	Female Senior	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	351 Claire TROTT	Female V40	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	335 Daniel SUMMERSGILL	Male Senior	Ipswich Jaffa RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	215 Dawn MARSHALL	Female V55	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	91 Derek DALY	Male V55	Saxmundham Sports Running & Fitness Club	-1	-1
2020 Robert Tomlinson Half Mai DNS	274 Derek POTTER	Male V55	Lonely Goat RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	361 Dom WALDER	Male Senior	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	356 Duane TURPIN	Male V45	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	114 Eamonn FAHY	Male Senior	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	350 Edward TRICKER	Male Senior	Stowmarket Striders RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	263 Gemma PECK	Female V35	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	83 Graham COULTER	Male V45	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	160 Guy HAYWARD	Male V45	Framlingham Flyers	-1	-1
2020 Robert Tomlinson Half Mai DNS	197 Hazel KURZ	Female V40	Harlow RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	312 Horace SHURIAH	Male V50	Haverhill Running Club	-1	-1
2020 Robert Tomlinson Half Mai DNS	29 Jamie BENNINGTON	Male V40	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	150 Jane HANNAH	Female V40	Tri-Anglia Triathlon Club	-1	-1
2020 Robert Tomlinson Half Mai DNS	212 Jemma MADDAMS	Female V40	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	311 Jenny SHEAHAN	Female V55	Eastern Masters AC	-1	-1
2020 Robert Tomlinson Half Mai DNS	115 Jessica FAHY	Female Senior	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	331 Jo STEPHENSON	Female V50	Stowmarket Striders RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	243 John NEVIN	Male V65	Haverhill Running Club	-1	-1
2020 Robert Tomlinson Half Mai DNS	233 Kara MOORE-DAMANT	Female V40	Stowmarket Striders RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	216 Karen MARTIN	Female V45	Lonely Goat RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	271 Kate PINCHEN	Female Senior	Stowmarket Striders RC	-1	-1

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2020 Robert Tomlinson Half Mai DNS	186 Kathryn JUTY	Female V50	Biggleswade AC	-1	-1
2020 Robert Tomlinson Half Mai DNS	375 Keith WILLIAMS	Male V50	Ipswich Jaffa RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	52 Laura BROWN	Female V35	Stowmarket Striders RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	55 Laura BUGG	Female V40	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	146 Laura HALL	Female Senior	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	65 Leonora CHANDLER	Female V45	Woodbridge Shufflers RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	80 Lesley COOPER	Female V50	Ipswich Jaffa RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	74 Liz COBBOLD	Female V40	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	124 Lizanne FORD	Female V50	Sudbury Joggers	-1	-1
2020 Robert Tomlinson Half Mai DNS	207 Lo-Anne LEWIS	Female V40	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	17 Lucy AUBURN	Female Senior	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	195 Lydia KIRK	Female V35	Framlingham Flyers	-1	-1
2020 Robert Tomlinson Half Mai DNS	48 Marc BRIGGS	Male Senior	Ipswich Jaffa RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	199 Marcel LAROSE	Male V50	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	33 Marie BIDWELL	Female V55	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	11 Mark ALLEN	Male V60	Woodbridge Shufflers RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	353 Mary-Ann TULI	Female V45	Haverhill Running Club	-1	-1
2020 Robert Tomlinson Half Mai DNS	86 Matthew CRANE	Male Senior	Cambridge & Coleridge AC	-1	-1
2020 Robert Tomlinson Half Mai DNS	294 Matthew ROWE	Male Senior	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	213 Michael MARRIOTT	Male V60	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	326 Mike SPRINGETT	Male Senior	Petts Wood Runners	-1	-1
2020 Robert Tomlinson Half Mai DNS	9 Mitchell ALEXANDER	Male Senior	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	174 Morgan IRVING	Female Senior	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	112 Neil EVANS	Male V40	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	272 Neil POLLARD	Male V40	Newmarket Joggers	-1	-1
2020 Robert Tomlinson Half Mai DNS	273 Neil POTTER	Male Senior	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	36 Oliver BINGHAM	Male Senior	Stowmarket Striders RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	59 Pascal CANEVET	Male V45	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	21 Paul BALLARD	Male V40	Hadleigh Hares AC	-1	-1
2020 Robert Tomlinson Half Mai DNS	126 Paul FRANCIS	Male V55	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	317 Peter SMITH	Male Senior	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	364 Phil WATSON	Male V40	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	119 Rachel FIDDY	Female V40	Norwich Road Runners	-1	-1
2020 Robert Tomlinson Half Mai DNS	322 Rachel SOUTHGATE	Female V35	Unattached	-1	-1
2020 Robert Tomlinson Half Mai DNS	283 Robert REASON	Male V55	Stowmarket Striders RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	72 Sally CLARKE	Female V50	Framlingham Flyers	-1	-1
2020 Robert Tomlinson Half Mai DNS	97 Sarah DEACON	Female V35	Stowmarket Striders RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	151 Simon HARKIN	Male V45	Stowmarket Striders RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	110 Steve ELY	Male V45	Wyndham AC	-1	-1
2020 Robert Tomlinson Half Mai DNS	290 Steve RITSON	Male V50	Stowmarket Striders RC	-1	-1
2020 Robert Tomlinson Half Mai DNS	291 Steve ROBERTS	Male Senior	Sudbury Joggers	-1	-1
2020 Robert Tomlinson Half Mai DNS	348 Steve THORNDYKE	Male Senior	Unattached	-1	-1

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2020 Robert Tomlinson Half Mai DNS	354 Steve TURNER	Male V50	Unattached		-1	-1
2020 Robert Tomlinson Half Mai DNS	287 Steven REYNOLDS	Male V60	Unattached		-1	-1
2020 Robert Tomlinson Half Mai DNS	278 Stuart PUTT	Male V45	Unattached		-1	-1
2020 Robert Tomlinson Half Mai DNS	314 Stuart SIMMONS	Male V40	Ipswich Jaffa RC		-1	-1
2020 Robert Tomlinson Half Mai DNS	14 Suzi ASHWORTH	Female V55	Woodbridge Shufflers RC		-1	-1
2020 Robert Tomlinson Half Mai DNS	325 Tim SPRINGETT	Male V55	Petts Wood Runners		-1	-1
2020 Robert Tomlinson Half Mai DNS	155 Tom HASLAM	Male V45	Framlingham Flyers		-1	-1
2020 Robert Tomlinson Half Mai DNS	338 Tom TAVENER	Male Senior	Unattached		-1	-1
2020 Robert Tomlinson Half Mai DNS	359 Tom WAKE	Male Senior	Woodbridge Shufflers RC		-1	-1
2020 Robert Tomlinson Half Mai DNS	345 Tracey TAYLOR	Female V45	Unattached		-1	-1
2020 Robert Tomlinson Half Mai DNS	37 Warren BIRCH	Male V50	Ipswich Jaffa RC		-1	-1
2020 Robert Tomlinson Half Mai 1	168 Adam HOWLETT	Male V45	Framlingham Flyers	01:19:49	01:19:47	
2020 Robert Tomlinson Half Mai 1	323 Andrew SOUTHWOOD	Male V40	Saint Edmund Pacers	01:18:23	01:18:21	
2020 Robert Tomlinson Half Mai 1	299 Bobbie SAUERZAPF	Female V60	Bungay Black Dog RC	01:56:17	01:55:49	
2020 Robert Tomlinson Half Mai 1	352 Cheryl TRUNDLE	Female V65+	Haverhill Running Club	01:50:13	01:49:52	
2020 Robert Tomlinson Half Mai 1	426 Danny ROCK	Male Senior	Felixstowe RRC	01:11:06	01:11:04	
2020 Robert Tomlinson Half Mai 1	229 Frank MOGGAN	Male V70+	Stowmarket Striders RC	01:48:25	01:48:11	
2020 Robert Tomlinson Half Mai 1	413 Helen DAVIES	Female V40	Ipswich Jaffa RC	01:15:34	01:15:31	
2020 Robert Tomlinson Half Mai 1	23 Howard BEASLEY	Male V55	Saint Edmund Pacers	01:25:31	01:25:27	
2020 Robert Tomlinson Half Mai 1	104 Ian DUGGAN	Male V50	Felixstowe RRC	01:25:43	01:25:38	
2020 Robert Tomlinson Half Mai 1	148 Jackie HANN	Female V50	Sudbury Joggers	01:49:28	01:49:16	
2020 Robert Tomlinson Half Mai 1	193 Katie KING	Female Senior	Saint Edmund Pacers	01:33:34	01:33:30	
2020 Robert Tomlinson Half Mai 1	46 Kaye BRANTON	Female V45	Felixstowe RRC	01:45:31	01:45:31	
2020 Robert Tomlinson Half Mai 1	131 Kirstie GLADWELL	Female V35	Framlingham Flyers	01:31:49	01:31:45	
2020 Robert Tomlinson Half Mai 1	172 Philip HYMERS	Male V65	Saint Edmund Pacers	01:49:09	01:48:59	
2020 Robert Tomlinson Half Mai 1	26 Robin BELSOM	Male V60	Ipswich Jaffa RC	01:34:43	01:34:35	
2020 Robert Tomlinson Half Mai 1	44 Sharon BRANDON	Female V55	Saint Edmund Pacers	01:50:13	01:50:06	
2020 Robert Tomlinson Half Mai 2	414 Catherine JEFFERY	Female V40	Saint Edmund Pacers	01:33:40	01:33:35	
2020 Robert Tomlinson Half Mai 2	339 Holly TAYLOR	Female Senior	Felixstowe RRC	01:45:15	01:45:06	
2020 Robert Tomlinson Half Mai 2	409 James SMITH	Male V40	Newmarket Joggers	01:19:13	01:19:11	
2020 Robert Tomlinson Half Mai 2	340 Jason TAYLOR	Male V45	Felixstowe RRC	01:21:02	01:20:58	
2020 Robert Tomlinson Half Mai 2	234 Jenny MORGAN	Female V60	Saint Edmund Pacers	01:56:58	01:56:50	
2020 Robert Tomlinson Half Mai 2	422 Kay OXFORD	Female V50	Hadleigh Hares AC	01:49:42	01:49:30	
2020 Robert Tomlinson Half Mai 2	255 Marion PARKER	Female V55	Felixstowe RRC	01:50:54	01:50:42	
2020 Robert Tomlinson Half Mai 2	324 Matthew SPENCER	Male Senior	Framlingham Flyers	01:13:13	01:13:11	
2020 Robert Tomlinson Half Mai 2	384 Maureen WRIGHT	Female V65+	Ipswich Jaffa RC	02:20:00	02:19:32	
2020 Robert Tomlinson Half Mai 2	137 Michelle GORDON	Female V35	Felixstowe RRC	01:46:40	01:46:20	
2020 Robert Tomlinson Half Mai 2	71 Neville CLARKE	Male V65	Newmarket Joggers	01:49:20	01:49:11	
2020 Robert Tomlinson Half Mai 2	235 Robert MORGAN	Male V60	Saint Edmund Pacers	01:43:02	01:42:57	
2020 Robert Tomlinson Half Mai 2	211 Robin MACKENZIE	Male V55	Framlingham Flyers	01:29:27	01:29:22	
2020 Robert Tomlinson Half Mai 2	50 Steve BROOKE	Male V50	Felixstowe RRC	01:26:29	01:26:25	
2020 Robert Tomlinson Half Mai 2	279 Tracy QUARRELL	Female V45	Haverhill Running Club	01:46:00	01:45:44	

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2020 Robert Tomlinson Half Mai 3	49 Angela BRINKLEY	Female V55	Stowmarket Striders RC	01:54:30	01:54:16
2020 Robert Tomlinson Half Mai 3	106 Charlotte DURRANT	Female V35	Stowmarket Striders RC	01:47:21	01:47:07
2020 Robert Tomlinson Half Mai 3	334 Chloe STUTELEY	Female Senior	Saint Edmund Pacers	01:49:16	01:49:05
2020 Robert Tomlinson Half Mai 3	147 Chris HALL	Male Senior	Stowmarket Striders RC	01:16:44	01:16:42
2020 Robert Tomlinson Half Mai 3	238 Chris MOWER	Male V40	Saint Edmund Pacers	01:22:47	01:22:44
2020 Robert Tomlinson Half Mai 3	210 Dave LUMBY	Male V55	Ipswich Jaffa RC	01:33:52	01:33:38
2020 Robert Tomlinson Half Mai 3	321 Dave SOLOMON	Male V50	Felixstowe RRC	01:27:05	01:27:00
2020 Robert Tomlinson Half Mai 3	376 Helen WING	Female V50	Stowmarket Striders RC	01:49:57	01:49:49
2020 Robert Tomlinson Half Mai 3	374 Jon WILES	Male V45	Bungay Black Dog RC	01:23:56	01:23:50
2020 Robert Tomlinson Half Mai 3	60 Mik CARR	Male V60	Bungay Black Dog RC	01:50:06	01:50:01
2020 Robert Tomlinson Half Mai 3	43 Sally-Ann BOWEN	Female V45	Sudbury Joggers	02:01:27	02:01:14
2020 Robert Tomlinson Half Mai 3	404 Zohra ARMITAGE	Female V40	Saint Edmund Pacers	01:34:24	01:34:20
2020 Robert Tomlinson Half Mai 4	308 Alison SEVERY	Female Senior	Ipswich Jaffa RC	01:51:37	01:51:16
2020 Robert Tomlinson Half Mai 4	206 Arabella LEWENDON	Female V55	Felixstowe RRC	01:57:59	01:57:37
2020 Robert Tomlinson Half Mai 4	412 Ben JEFFERY	Male V40	West Suffolk AC	01:25:52	01:25:48
2020 Robert Tomlinson Half Mai 4	149 Charles HANN	Male V50	Sudbury Joggers	01:27:14	01:27:10
2020 Robert Tomlinson Half Mai 4	68 Chris CHORLEY	Male V55	Bungay Black Dog RC	01:40:17	01:39:56
2020 Robert Tomlinson Half Mai 4	67 Duncan CHENERY	Male V60	Ipswich Jaffa RC	01:50:52	01:50:34
2020 Robert Tomlinson Half Mai 4	346 Emma THISTLETON	Female V35	TRISudbury	01:53:15	01:52:56
2020 Robert Tomlinson Half Mai 4	40 Lin BOLTON	Female V50	Stowmarket Striders RC	01:52:06	01:51:53
2020 Robert Tomlinson Half Mai 4	419 Mark HAYWARD	Male Senior	Newmarket Joggers	01:17:47	01:17:45
2020 Robert Tomlinson Half Mai 4	198 Mark LAMBERT	Male V45	Felixstowe RRC	01:28:15	01:28:15
2020 Robert Tomlinson Half Mai 4	415 Nicole SMITH	Female V45	Newmarket Joggers	02:07:31	02:07:20
2020 Robert Tomlinson Half Mai 4	208 Sam LINASSI	Female V40	Felixstowe RRC	01:40:31	01:40:18
2020 Robert Tomlinson Half Mai 5	408 Alastair READ	Male V40	Felixstowe RRC	01:27:40	01:27:35
2020 Robert Tomlinson Half Mai 5	276 Clive PURBROOK	Male V60	Newmarket Joggers	01:54:23	01:54:09
2020 Robert Tomlinson Half Mai 5	343 Gary TAYLOR	Male Senior	Felixstowe RRC	01:21:03	01:21:00
2020 Robert Tomlinson Half Mai 5	318 Jem SMITH	Male V45	Sudbury Joggers	01:29:03	01:28:57
2020 Robert Tomlinson Half Mai 5	69 Jenny CHURCH	Female V55	Felixstowe RRC	01:59:52	01:59:39
2020 Robert Tomlinson Half Mai 5	330 Julia STELL	Female V40	Ipswich Jaffa RC	01:46:06	01:45:51
2020 Robert Tomlinson Half Mai 5	161 Kate HEEKS	Female Senior	Stowmarket Striders RC	01:54:58	01:54:43
2020 Robert Tomlinson Half Mai 5	102 Kirsty DOW	Female V35	Saint Edmund Pacers	01:55:13	01:55:03
2020 Robert Tomlinson Half Mai 5	391 Nathalie HOOPER	Female V50	Hadleigh Hares AC	02:02:30	02:02:07
2020 Robert Tomlinson Half Mai 5	302 Nigel SCHOFIELD	Male V55	Saint Edmund Pacers	01:40:20	01:40:15
2020 Robert Tomlinson Half Mai 5	185 Theresa JONES	Female V45	Haverhill Running Club	02:10:28	02:10:03
2020 Robert Tomlinson Half Mai 5	7 Will ALDRED	Male V50	Framlingham Flyers	01:31:18	01:31:13
2020 Robert Tomlinson Half Mai 6	423 Aiden BELL	Male Senior	Hadleigh Hares AC	01:21:38	01:21:35
2020 Robert Tomlinson Half Mai 6	182 Chris JOHNS	Male V60	Woodbridge Shufflers RC	01:58:08	01:57:47
2020 Robert Tomlinson Half Mai 6	373 Clare WIGG	Female V35	Stowmarket Striders RC	01:57:58	01:57:34
2020 Robert Tomlinson Half Mai 6	281 Jamie RANDALL	Male V50	Haverhill Running Club	01:32:08	01:31:59
2020 Robert Tomlinson Half Mai 6	316 Jane SKOULDING	Female V45	Stowmarket Striders RC	02:14:01	02:13:39
2020 Robert Tomlinson Half Mai 6	132 Mandy GOBOLD	Female V50	Ipswich Harriers	02:08:53	02:08:44

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2020 Robert Tomlinson Half Mai 6	288 Maria RIERA TURRO	Female Senior	Felixstowe RRC	02:00:06	01:59:46
2020 Robert Tomlinson Half Mai 6	142 Mike GREENER	Male V45	Saint Edmund Pacers	01:29:45	01:29:41
2020 Robert Tomlinson Half Mai 6	152 Robin HARPER	Male V40	Felixstowe RRC	01:28:46	01:28:42
2020 Robert Tomlinson Half Mai 6	84 Ruth COWLIN	Female V55	Sudbury Joggers	02:01:27	02:01:14
2020 Robert Tomlinson Half Mai 6	244 Sabrina NORTON	Female V40	Bungay Black Dog RC	01:48:19	01:48:02
2020 Robert Tomlinson Half Mai 6	236 Vaughan MORRIS	Male V55	Stowmarket Striders RC	01:42:36	01:42:19
2020 Robert Tomlinson Half Mai 7	201 Bridget LAW	Female Senior	Bungay Black Dog RC	02:01:02	02:00:46
2020 Robert Tomlinson Half Mai 7	166 Claire HOLDAWAY	Female V40	Hadleigh Hares AC	01:48:49	01:48:30
2020 Robert Tomlinson Half Mai 7	402 Daniela ELSTONE	Female V50	Felixstowe RRC	02:36:58	02:36:28
2020 Robert Tomlinson Half Mai 7	309 David SEYMOUR	Male V60	Felixstowe RRC	02:00:52	02:00:34
2020 Robert Tomlinson Half Mai 7	82 Emily COOPER-READE	Female V55	Stowmarket Striders RC	02:12:33	02:12:06
2020 Robert Tomlinson Half Mai 7	398 Gary GODFREY	Male V55	Sudbury Joggers	01:42:42	01:42:16
2020 Robert Tomlinson Half Mai 7	63 Henry CATLING	Male Senior	Felixstowe RRC	01:22:08	01:22:05
2020 Robert Tomlinson Half Mai 7	432 Ian ELDEN	Male V45	Ipswich Jaffa RC	01:29:49	01:29:43
2020 Robert Tomlinson Half Mai 7	141 John GREENER	Male V50	Saint Edmund Pacers	01:33:24	01:33:18
2020 Robert Tomlinson Half Mai 7	435 Juliet Suzanne GARNHAM	Female V45	Stowmarket Striders RC	02:15:16	02:14:49
2020 Robert Tomlinson Half Mai 7	109 Rebecca ELLUL	Female V35	Felixstowe RRC	02:02:16	02:01:53
2020 Robert Tomlinson Half Mai 7	428 Ross WILCOX	Male V40	Stowmarket Striders RC	01:30:42	01:30:37
2020 Robert Tomlinson Half Mai 8	192 Chris KERRY	Male V40	Stowmarket Striders RC	01:34:36	01:34:28
2020 Robert Tomlinson Half Mai 8	218 Claire MASKERY	Female V35	Stowmarket Striders RC	02:03:32	02:03:06
2020 Robert Tomlinson Half Mai 8	113 Clare EVERITT	Female V45	Haverhill Running Club	02:18:23	02:17:57
2020 Robert Tomlinson Half Mai 8	341 Courtney TAYLOR	Female Senior	Felixstowe RRC	02:02:14	02:01:54
2020 Robert Tomlinson Half Mai 8	231 Helen MOORE	Female V40	Stowmarket Striders RC	01:55:56	01:55:39
2020 Robert Tomlinson Half Mai 8	313 Ian SILLETT	Male V60	Felixstowe RRC	02:01:39	02:01:39
2020 Robert Tomlinson Half Mai 8	54 Kerry BUCKLEY	Male V50	Felixstowe RRC	01:35:54	01:35:44
2020 Robert Tomlinson Half Mai 8	306 Luke SENIOR	Male Senior	Saint Edmund Pacers	01:22:10	01:22:03
2020 Robert Tomlinson Half Mai 8	158 Mark HAYDEN	Male V45	Framlingham Flyers	01:31:17	01:31:12
2020 Robert Tomlinson Half Mai 8	105 Steven DURRANT	Male V55	Felixstowe RRC	01:43:32	01:43:20
2020 Robert Tomlinson Half Mai 8	171 Tracy HUMPHREYS	Female V55	Stowmarket Striders RC	02:14:07	02:13:41
2020 Robert Tomlinson Half Mai 9	371 Angela WHITING	Female V55	Stowmarket Striders RC	02:14:12	02:13:45
2020 Robert Tomlinson Half Mai 9	248 Anneli OSTLER	Female V35	Felixstowe RRC	02:17:54	02:17:25
2020 Robert Tomlinson Half Mai 9	320 Ashley SMY	Male Senior	Framlingham Flyers	01:24:22	01:24:19
2020 Robert Tomlinson Half Mai 9	175 Catherine JACKSON	Female Senior	Stowmarket Striders RC	02:02:14	02:01:55
2020 Robert Tomlinson Half Mai 9	329 Charlie STANNETT	Male V60	Ipswich Triathlon Club	02:18:09	02:17:42
2020 Robert Tomlinson Half Mai 9	181 Hannah JEWERS	Female V40	Stowmarket Striders RC	01:56:01	01:55:45
2020 Robert Tomlinson Half Mai 9	286 Mark WHITE	Male V45	Haverhill Running Club	01:31:39	01:31:31
2020 Robert Tomlinson Half Mai 9	303 Paul SCHWER	Male V55	Felixstowe RRC	01:47:57	01:47:45
2020 Robert Tomlinson Half Mai 9	239 Sarah MURKIN	Female V45	Haverhill Running Club	02:18:24	02:17:59
2020 Robert Tomlinson Half Mai 9	220 Stuart MATTHEWS	Male V50	Saint Edmund Pacers	01:36:34	01:36:27
2020 Robert Tomlinson Half Mai 9	8 Tom ALEXANDER	Male V40	Woodbridge Shufflers RC	01:38:32	01:38:26
2020 Robert Tomlinson Half Mai 10	78 Jackie COLLINS	Female V55	Felixstowe RRC	02:14:53	02:14:30
2020 Robert Tomlinson Half Mai 10	357 Jake WAGGOTT	Male Senior	Ipswich Jaffa RC	01:24:29	01:24:26

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2020 Robert Tomlinson Half Mai 10	108 James ELLUL	Male V40	Felixstowe RRC	01:38:33	01:38:23
2020 Robert Tomlinson Half Mai 10	117 Jess FARTHING	Male V45	Felixstowe RRC	01:34:12	01:34:01
2020 Robert Tomlinson Half Mai 10	389 Katrina RIGBY	Female V40	Hadleigh Hares AC	01:57:26	01:57:08
2020 Robert Tomlinson Half Mai 10	420 Lydia SIMMONS	Female Senior	Saint Edmund Pacers	02:02:49	02:02:33
2020 Robert Tomlinson Half Mai 10	418 Michelle HOLDEN	Female V45	Stowmarket Striders RC	02:25:36	02:25:08
2020 Robert Tomlinson Half Mai 10	254 Rachel PALMER	Female V35	Felixstowe RRC	02:22:08	02:21:39
2020 Robert Tomlinson Half Mai 10	118 Simon FENN	Male V50	Hadleigh Hares AC	01:38:36	01:38:28
2020 Robert Tomlinson Half Mai 10	219 Stuart MASON	Male V55	Felixstowe RRC	01:49:59	01:49:48
2020 Robert Tomlinson Half Mai 11	417 Amanda DUNN	Female V40	Hadleigh Hares AC	01:57:54	01:57:35
2020 Robert Tomlinson Half Mai 11	336 Hollie SUTHERLAND	Female Senior	Felixstowe RRC	02:17:53	02:17:29
2020 Robert Tomlinson Half Mai 11	386 Jamie WRIGHT	Male V40	Framlingham Flyers	01:42:19	01:42:13
2020 Robert Tomlinson Half Mai 11	349 Kenneth TOVELL	Male V50	Framlingham Flyers	01:42:31	01:42:25
2020 Robert Tomlinson Half Mai 11	284 Maria REED	Female V55	Haverhill Running Club	02:14:58	02:14:29
2020 Robert Tomlinson Half Mai 11	178 Peter JAY	Male V55	Saint Edmund Pacers	01:51:38	01:51:29
2020 Robert Tomlinson Half Mai 11	180 Rob JEWERS	Male V45	Stowmarket Striders RC	01:35:50	01:35:45
2020 Robert Tomlinson Half Mai 11	157 Thomas HAYDEN	Male Senior	Framlingham Flyers	01:28:06	01:28:01
2020 Robert Tomlinson Half Mai 12	431 Dave CASEY	Male V50	Ipswich Triathlon Club	01:43:00	01:42:50
2020 Robert Tomlinson Half Mai 12	425 Iain MAPLEY	Male V40	Saint Edmund Pacers	01:47:18	01:47:01
2020 Robert Tomlinson Half Mai 12	223 Jenny MERRY	Female V40	Sudbury Joggers	02:02:30	02:02:14
2020 Robert Tomlinson Half Mai 12	368 Jo WHELAN	Female V55	Felixstowe RRC	02:19:47	02:19:18
2020 Robert Tomlinson Half Mai 12	241 Joe NAUGHTON	Male V55	Stowmarket Striders RC	01:51:48	01:51:36
2020 Robert Tomlinson Half Mai 12	411 Justin POTTER	Male Senior	Stowmarket Striders RC	01:29:11	01:29:06
2020 Robert Tomlinson Half Mai 12	430 Marcus CATLIN	Male V45	Ipswich Jaffa RC	01:36:56	01:36:44
2020 Robert Tomlinson Half Mai 13	139 Ann GRANGER	Female V55	Saxmundham Sports Running & Fitness Club	02:24:13	02:23:47
2020 Robert Tomlinson Half Mai 13	300 Len SAUNDERS	Male V45	Felixstowe RRC	01:37:23	01:37:13
2020 Robert Tomlinson Half Mai 13	395 Philip BEER	Male V55	Stowmarket Striders RC	01:55:49	01:55:32
2020 Robert Tomlinson Half Mai 13	156 Stephen HATTEN	Male V50	Saint Edmund Pacers	01:43:03	01:42:55
2020 Robert Tomlinson Half Mai 13	379 Stewart WOODS	Male Senior	Stowmarket Striders RC	01:29:40	01:29:36
2020 Robert Tomlinson Half Mai 13	18 Tom AYKROYD	Male V40	Felixstowe RRC	01:50:40	01:50:33
2020 Robert Tomlinson Half Mai 13	410 Yvonne DOE	Female V40	Stowmarket Striders RC	02:13:56	02:13:34
2020 Robert Tomlinson Half Mai 14	407 Chris HOWLAND	Male V55	Felixstowe RRC	01:57:48	01:57:34
2020 Robert Tomlinson Half Mai 14	421 Daryl SIMPSON	Male V45	Ipswich Jaffa RC	01:39:28	01:39:16
2020 Robert Tomlinson Half Mai 14	301 Oliver SCHOFIELD	Male Senior	Saint Edmund Pacers	01:32:32	01:32:27
2020 Robert Tomlinson Half Mai 14	247 Paul OSBORNE	Male V40	Felixstowe RRC	01:51:31	01:51:18
2020 Robert Tomlinson Half Mai 14	164 Rachel HIRST	Female V55	Bungay Black Dog RC	02:30:40	02:30:11
2020 Robert Tomlinson Half Mai 14	153 Sarah HARRIS	Female V40	Haverhill Running Club	02:18:24	02:17:58
2020 Robert Tomlinson Half Mai 14	433 Stephen CROSS	Male V50	Waveney Valley AC	01:50:03	01:49:35
2020 Robert Tomlinson Half Mai 15	75 Adrian COLE	Male V55	Stowmarket Striders RC	02:19:00	02:18:35
2020 Robert Tomlinson Half Mai 15	406 Brett DEAKIN	Male V40	Felixstowe RRC	01:59:47	01:59:33
2020 Robert Tomlinson Half Mai 15	51 Lee BROWN	Male Senior	Haverhill Running Club	01:33:46	01:33:38
2020 Robert Tomlinson Half Mai 15	133 Mark GODBOLD	Male V50	Ipswich Harriers	01:51:23	01:51:17
2020 Robert Tomlinson Half Mai 15	427 Peter BIRD	Male V45	Saint Edmund Pacers	01:40:08	01:40:02

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2020 Robert Tomlinson Half Mai 16	165	Alex HOBBS	Male Senior	Stowmarket Striders RC	01:33:47	01:33:42		
2020 Robert Tomlinson Half Mai 16	424	Bill BESLEY	Male V45	Stowmarket Striders RC	01:43:06	01:42:57		
2020 Robert Tomlinson Half Mai 16	3	Darryl AINSLIE	Male V40	Lowestoft Road Runners	02:25:24	02:24:52		
2020 Robert Tomlinson Half Mai 16	221	Paul MCALLISTER	Male V50	Hadleigh Hares AC	01:56:45	01:56:26		
2020 Robert Tomlinson Half Mai 16	121	Yusuf FIRAT	Male V55	Haverhill Running Club	02:19:46	02:19:25		
2020 Robert Tomlinson Half Mai 17	385	Andre WRIGHT	Male V45	Stowmarket Striders RC	01:46:08	01:45:56		
2020 Robert Tomlinson Half Mai 17	390	Jonathan KENNY	Male V50	Felixstowe RRC	01:56:51	01:56:29		
2020 Robert Tomlinson Half Mai 17	101	Thomas DIXON	Male Senior	Ipswich Triathlon Club	01:34:34	01:34:23		
2020 Robert Tomlinson Half Mai 18	70	David CHURCH	Male V45	Felixstowe RRC	01:48:51	01:48:40		
2020 Robert Tomlinson Half Mai 18	377	James WOOD	Male V50	Sudbury Joggers	02:02:29	02:02:12		
2020 Robert Tomlinson Half Mai 18	295	Soren Tom ROYDS	Male Senior	Framlingham Flyers	01:34:45	01:34:38		
2020 Robert Tomlinson Half Mai 19	367	Kevin WHELAN	Male V50	Felixstowe RRC	02:19:47	02:19:36		
2020 Robert Tomlinson Half Mai 19	315	Mark SKOULDING	Male V45	Stowmarket Striders RC	01:51:27	01:51:10		
2020 Robert Tomlinson Half Mai 19	232	Morgan MOORE	Male Senior	Stowmarket Striders RC	01:34:46	01:34:40		
2020 Robert Tomlinson Half Mai 20	305	Alex SEAMAN	Male Senior	Stowmarket Striders RC	01:38:36	01:38:18		
2020 Robert Tomlinson Half Mai 20	394	Jason ABLETT	Male V45	Stowmarket Striders RC	01:55:20	01:55:03		
2020 Robert Tomlinson Half Mai 21	222	Alex MCGREGOR	Male Senior	Framlingham Flyers	01:38:43	01:38:37		
2020 Robert Tomlinson Half Mai 21	251	Stephen PAGE	Male V45	Stowmarket Striders RC	01:55:44	01:55:24		
2020 Robert Tomlinson Half Mai 22	436	Markus LEWIS	Male V45	Saint Edmund Pacers	01:57:23	01:57:15		
2020 Robert Tomlinson Half Mai 22	327	Peter SQUIRRELL	Male Senior	Ipswich Jaffa RC	01:39:45	01:39:32		
2020 Robert Tomlinson Half Mai 23	92	David DAMANT	Male V45	Stowmarket Striders RC	01:58:17	01:57:56		
2020 Robert Tomlinson Half Mai 23	416	Mike GREEN	Male Senior	Felixstowe RRC	01:40:23	01:40:10		
2020 Robert Tomlinson Half Mai 24	32	Mike BERRY	Male V45	Saint Edmund Pacers	02:00:47	02:00:25		
2020 Robert Tomlinson Half Mai 24	217	Wayne MARTIN	Male Senior	Stowmarket Striders RC	01:40:49	01:40:46		
2020 Robert Tomlinson Half Mai 25	344	Lee TAYLOR	Male V45	Haverhill Running Club	02:12:18	02:11:54		
2020 Robert Tomlinson Half Mai 25	30	Marc BENSON	Male Senior	Haverhill Running Club	01:41:30	01:41:21		
2020 Robert Tomlinson Half Mai 26	264	Daniel PELLING	Male V45	Haverhill Running Club	02:19:46	02:19:37		
2020 Robert Tomlinson Half Mai 26	190	Sean KENNEDY	Male Senior	Woodbridge Shufflers RC	01:43:34	01:43:13		
2020 Robert Tomlinson Half Mai 27	333	Ian STRIDE	Male V45	Bungay Black Dog RC	02:24:21	02:23:52		
2020 Robert Tomlinson Half Mai 27	99	Neil DENNIS	Male Senior	Stowmarket Striders RC	01:44:00	01:43:46		
2020 Robert Tomlinson Half Mai 28	249	Justin OSTLER	Male V45	Felixstowe RRC	02:26:44	02:26:15		
2020 Robert Tomlinson Half Mai 28	378	Peter WOODS	Male Senior	Felixstowe RRC	01:45:53	01:45:43		
2020 Robert Tomlinson Half Mai 29	35	Christopher BING	Male Senior	Ipswich Jaffa RC	01:46:54	01:46:45		
2020 Robert Tomlinson Half Mai 30	388	Darryl YATES	Male Senior	Ipswich Jaffa RC	01:49:34	01:49:26		
2020 Robert Tomlinson Half Mai 31	122	George FIRTH	Male Senior	Stowmarket Striders RC	01:55:27	01:55:11		
2020 Robert Tomlinson Half Mai 32	103	Kimberley DRAIN	Male Senior	Stowmarket Striders RC	01:58:24	01:58:06		
2020 Robert Tomlinson Half Mai 33	58	Edward BURCHELL	Male Senior	Saint Edmund Pacers	02:03:09	02:02:54		
2020 Robert Tomlinson Half Mai 34	173	Josh IRON	Male Senior	Haverhill Running Club	02:12:58	02:12:58		
2021 Baldock 5k Rat Run	1.	159 Tom WEBB	Male 35-39	North Herts Road Runners	16:53	16:50	1.	1.
2021 Baldock 5k Rat Run	2.	3 John AULD	Male 35-39	North Herts Road Runners	18:37	18:34	2.	2.
2021 Baldock 5k Rat Run	3.	97 Philip MARTIN	Male 35-39	Royston Runners	19:45	19:41	3.	3.
2021 Baldock 5k Rat Run	4.	16 Darren BONHAM	Male 35-39	North Herts Road Runners	20:19	20:16	4.	4.

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2021 Baldock 5k Rat Run	5.	26 James DALTON	Male 45-49	North Herts Road Runners	20:30	20:26	5.	1.
2021 Baldock 5k Rat Run	6.	39 Matt FOWLER	Male 40-44	Unattached	20:37	20:31	6.	1.
2021 Baldock 5k Rat Run	7.	114 Michael OVER	Male 50-54	North Herts Road Runners	20:41	20:36	7.	1.
2021 Baldock 5k Rat Run	8.	120 Tracy PITCAIRN	Female 35-39	North Herts Road Runners	20:41	20:36	1.	1.
2021 Baldock 5k Rat Run	9.	12 Robin BERRY	Male 40-44	Unattached	21:33	21:29	8.	2.
2021 Baldock 5k Rat Run	10.	156 Paula HOLM	Female 40-44	North Herts Road Runners	21:42	21:38	2.	1.
2021 Baldock 5k Rat Run	11.	62 John HARRIS	Male 55-59	Fairlands Valley Spartans	22:07	21:59	9.	1.
2021 Baldock 5k Rat Run	12.	17 Rhia BOTHA	Female 35-39	North Herts Road Runners	22:09	22:04	3.	2.
2021 Baldock 5k Rat Run	13.	34 Andy DUNSTAN	Male 45-49	Unattached	23:15	23:08	10.	2.
2021 Baldock 5k Rat Run	14.	161 Jenny COTTER	Female 45-49	Unattached	23:23	23:18	4.	1.
2021 Baldock 5k Rat Run	15.	141 Jillian TOOLEY-BOYS	Female 40-44	North Herts Road Runners	23:26	23:20	5.	2.
2021 Baldock 5k Rat Run	16.	56 Lewis GREEN	Male 35-39	Unattached	23:37	23:33	11.	5.
2021 Baldock 5k Rat Run	17.	154 Charlotte GIBSON	Female 40-44	Unattached	23:41	23:35	6.	3.
2021 Baldock 5k Rat Run	18.	127 Harjit SINGH	Male 50-54	Unattached	23:51	23:45	12.	2.
2021 Baldock 5k Rat Run	19.	18 Tina BUCKERIDGE	Female 45-49	Unattached	24:03	23:58	7.	2.
2021 Baldock 5k Rat Run	20.	131 Danny STANDING	Male 30-34	Unattached	24:16	24:04	13.	1.
2021 Baldock 5k Rat Run	21.	151 Daniel BOAR	Male 9 & Under	Unattached	24:29	24:26	14.	1.
2021 Baldock 5k Rat Run	22.	150 James BOAR	Male 10-14	Unattached	24:29	24:25	15.	1.
2021 Baldock 5k Rat Run	23.	136 Nigel STRONGITHARM	Male 55-59	Unattached	24:30	24:20	16.	2.
2021 Baldock 5k Rat Run	24.	142 Barbora UHRAKOVA	Female 35-39	Unattached	24:40	24:33	8.	3.
2021 Baldock 5k Rat Run	25.	146 David WHIFFEN	Male 50-54	Unattached	25:01	24:49	17.	3.
2021 Baldock 5k Rat Run	26.	54 Charlie GRAYSON	Male 15-19	Fairlands Valley Spartans	25:10	24:57	18.	1.
2021 Baldock 5k Rat Run	27.	77 Ieuan JAMES	Male 9 & Under	Unattached	25:10	25:06	19.	2.
2021 Baldock 5k Rat Run	28.	76 Geraint JAMES	Male 40-44	Unattached	25:12	25:07	20.	3.
2021 Baldock 5k Rat Run	29.	40 Carly FREESTON	Female 35-39	Unattached	25:12	25:01	9.	4.
2021 Baldock 5k Rat Run	30.	124 Charlie ROBINSON	Male 50-54	Unattached	26:01	25:51	21.	4.
2021 Baldock 5k Rat Run	31.	152 Niamh MADIGAN	Female 45-49	Unattached	26:13	26:04	10.	3.
2021 Baldock 5k Rat Run	32.	68 Carly HOLLINGSWORTH	Female 40-44	Unattached	26:21	26:09	11.	4.
2021 Baldock 5k Rat Run	33.	116 Mark PAULSON	Male 60-64	Unattached	26:23	26:11	22.	1.
2021 Baldock 5k Rat Run	34.	115 Steven PAULL-WILLS	Male 35-39	Unattached	26:38	26:30	23.	6.
2021 Baldock 5k Rat Run	35.	86 Kayla LAROCHE	Female 30-34	Unattached	27:04	26:59	12.	1.
2021 Baldock 5k Rat Run	36.	148 Steph MA	Female 25-29	100 Marathon Club	27:19	27:06	13.	1.
2021 Baldock 5k Rat Run	37.	153 Anne BIRCHAM	Female 60-64	Unattached	27:22	27:12	14.	1.
2021 Baldock 5k Rat Run	38.	162 Michael JOSEPH	Male 55-59	Unattached	27:47	27:38	24.	3.
2021 Baldock 5k Rat Run	39.	2 Paul AMERY	Male 50-54	Unattached	27:49	27:42	25.	5.
2021 Baldock 5k Rat Run	40.	134 Natalie STOKES	Female 40-44	Unattached	27:50	27:37	15.	5.
2021 Baldock 5k Rat Run	41.	70 David HOWITT	Male 65-69	Unattached	27:51	27:40	26.	1.
2021 Baldock 5k Rat Run	42.	30 Samuel DONNELLY	Male 10-14	Unattached	27:56	27:49	27.	2.
2021 Baldock 5k Rat Run	43.	82 Lucy JOSEPH	Female 55-59	Unattached	27:57	27:52	16.	1.
2021 Baldock 5k Rat Run	44.	145 Brian WESTON	Male 45-49	Unattached	28:00	27:46	28.	3.
2021 Baldock 5k Rat Run	45.	144 James WAYMAN	Male 20-24	Unattached	28:03	27:53	29.	1.
2021 Baldock 5k Rat Run	46.	22 Hannah CORNISH	Female 35-39	Unattached	28:07	27:55	17.	5.

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2021 Baldock 5k Rat Run	47.	164 Anna GRAY		Unattached	28:08	27:57	18.	1.
2021 Baldock 5k Rat Run	48.	29 Michelle DONNELLY	Female 40-44	Unattached	28:17	28:10	19.	6.
2021 Baldock 5k Rat Run	49.	139 David THORNE	Male 55-59	Unattached	28:29	28:17	30.	4.
2021 Baldock 5k Rat Run	50.	160 Sally AKERS	Female 45-49	Unattached	28:33	28:14	20.	4.
2021 Baldock 5k Rat Run	51.	90 Paul MAKIN	Male 40-44	Unattached	28:36	28:19	31.	4.
2021 Baldock 5k Rat Run	52.	52 David GOODIER	Male 40-44	Unattached	28:39	28:23	32.	5.
2021 Baldock 5k Rat Run	53.	13 Sarah BERRY	Female 35-39	Ware Joggers	28:48	28:36	21.	6.
2021 Baldock 5k Rat Run	54.	163 Sarah SKETTE		Unattached	28:56	28:44	22.	2.
2021 Baldock 5k Rat Run	55.	49 Anamika GIDDINGS	Female 40-44	Unattached	29:15	28:59	23.	7.
2021 Baldock 5k Rat Run	56.	4 Arek BANACHOWSKI	Male 45-49	Unattached	29:32	29:08	33.	4.
2021 Baldock 5k Rat Run	57.	6 Allison BARRY	Female 40-44	Unattached	29:34	29:19	24.	8.
2021 Baldock 5k Rat Run	58.	5 Aidan BARRY	Male 9 & Under	Unattached	29:34	29:18	34.	3.
2021 Baldock 5k Rat Run	59.	7 James BARRY	Male 9 & Under	Unattached	29:34	29:19	35.	4.
2021 Baldock 5k Rat Run	60.	79 Meyrick JENKINS	Male 50-54	Unattached	29:43	29:29	36.	6.
2021 Baldock 5k Rat Run	61.	58 Matilda HAMER	Female 10-14	Unattached	29:46	29:32	25.	1.
2021 Baldock 5k Rat Run	62.	11 Miriam BERRY	Female 40-44	Unattached	29:46	29:35	26.	9.
2021 Baldock 5k Rat Run	63.	102 Ben MERISON	Male 30-34	Unattached	29:47	29:28	37.	2.
2021 Baldock 5k Rat Run	64.	106 Miriam MOORE	Female 25-29	Unattached	29:48	29:36	27.	2.
2021 Baldock 5k Rat Run	65.	55 Erica GRAYSON	Female 50-54	Fairlands Valley Spartans	29:48	29:35	28.	1.
2021 Baldock 5k Rat Run	66.	155 David STRONG	Male 65-69	Unattached	29:59	29:45	38.	2.
2021 Baldock 5k Rat Run	67.	36 Natalie FIDDY	Female 35-39	Unattached	30:10	29:51	29.	7.
2021 Baldock 5k Rat Run	68.	104 Max MIDDLETON	Male 9 & Under	Unattached	30:32	30:18	39.	5.
2021 Baldock 5k Rat Run	69.	103 Joseph MIDDLETON	Male 40-44	Unattached	30:33	30:20	40.	6.
2021 Baldock 5k Rat Run	70.	51 David GLENNIE	Male 50-54	Unattached	30:34	30:17	41.	7.
2021 Baldock 5k Rat Run	71.	71 Abigail HUCKER	Female 30-34	Unattached	30:41	30:24	30.	2.
2021 Baldock 5k Rat Run	72.	140 Samantha TINGEY	Female 50-54	Unattached	30:43	30:32	31.	2.
2021 Baldock 5k Rat Run	73.	149 Jessica RICKARDS	Female 40-44	Unattached	30:45	30:35	32.	10.
2021 Baldock 5k Rat Run	74.	147 Megan WRIGHTON	Female 30-34	Unattached	30:46	30:34	33.	3.
2021 Baldock 5k Rat Run	75.	28 Matthew DIXON-DYER	Male 35-39	Unattached	30:47	30:25	42.	7.
2021 Baldock 5k Rat Run	76.	125 Tim ROBINSON	Male 50-54	Fairlands Valley Spartans	30:53	30:27	43.	8.
2021 Baldock 5k Rat Run	77.	72 Toby HUCKER	Male 30-34	North Herts Road Runners	31:08	30:50	44.	3.
2021 Baldock 5k Rat Run	78.	107 Paul MURDOCH	Male 45-49	Unattached	31:16	30:57	45.	5.
2021 Baldock 5k Rat Run	79.	80 Georgina JENNER	Female 35-39	Unattached	31:29	31:10	34.	8.
2021 Baldock 5k Rat Run	80.	87 Sian LENNON-CHRIMES	Female 45-49	Unattached	31:47	31:36	35.	5.
2021 Baldock 5k Rat Run	81.	65 Logan HEMMINGS	Male 9 & Under	Unattached	31:54	31:49	46.	6.
2021 Baldock 5k Rat Run	82.	138 Oliver SUTTON	Male 9 & Under	Unattached	31:55	31:49	47.	7.
2021 Baldock 5k Rat Run	83.	66 Mark HEMMINGS	Male 40-44	Unattached	31:55	31:49	48.	7.
2021 Baldock 5k Rat Run	84.	109 Julie MUTTER	Female 55-59	Unattached	31:59	31:45	36.	2.
2021 Baldock 5k Rat Run	85.	119 Julie PEDERSEN	Female 45-49	Unattached	32:17	32:04	37.	6.
2021 Baldock 5k Rat Run	86.	37 Stuart FIXTER	Male 45-49	Unattached	32:39	32:21	49.	6.
2021 Baldock 5k Rat Run	87.	31 Stephen DORAN	Male 35-39	Unattached	32:55	32:30	50.	8.
2021 Baldock 5k Rat Run	88.	101 Tracey MCCREATH	Female 50-54	Unattached	32:58	32:39	38.	3.

RACE CHIP TIMING RESULTS

2021 Baldock 5k Rat Run	89.	10 Chris BASSETT	Male 65-69	Unattached	33:07	32:51	51.	3.
2021 Baldock 5k Rat Run	90.	143 Lisa WALLACE	Female 50-54	Unattached	33:12	32:56	39.	4.
2021 Baldock 5k Rat Run	91.	20 Jenny CARROD	Female 9 & Under	Unattached	33:37	33:24	40.	1.
2021 Baldock 5k Rat Run	92.	118 Henry PEDERSEN	Male 9 & Under	Unattached	35:11	34:58	52.	8.
2021 Baldock 5k Rat Run	93.	110 Lorraine NUGENT	Female 45-49	Unattached	35:20	35:10	41.	7.
2021 Baldock 5k Rat Run	94.	96 Walli MAR	Male 65-69	Unattached	35:22	35:01	53.	4.
2021 Baldock 5k Rat Run	95.	117 Alfred PEDERSEN	Male 10-14	Unattached	35:55	35:42	54.	3.
2021 Baldock 5k Rat Run	96.	50 Sarah GILLHAM	Female 45-49	Unattached	36:17	36:02	42.	8.
2021 Baldock 5k Rat Run	97.	133 Karens STEPHENS	Female 45-49	Unattached	36:18	36:03	43.	9.
2021 Baldock 5k Rat Run	98.	35 Isabel DUNSTAN	Female 10-14	Unattached	37:08	36:58	44.	2.
2021 Baldock 5k Rat Run	99.	78 Rhiannon JAMES	Female 10-14	Unattached	37:09	36:58	45.	3.
2021 Baldock 5k Rat Run	100.	73 Karen HUMM	Female 40-44	Unattached	37:09	36:59	46.	11.
2021 Baldock 5k Rat Run	101.	14 Ciaran BEVAN	Male 9 & Under	Unattached	37:25	37:03	55.	9.
2021 Baldock 5k Rat Run	102.	33 Richard DREW	Male 45-49	Unattached	39:45	39:24	56.	7.
2021 Baldock 5k Rat Run	103.	43 Kate FRENCH	Female 40-44	Unattached	39:49	39:27	47.	12.
2021 Baldock 5k Rat Run	104.	44 Sophie FRENCH	Female 10-14	Unattached	39:49	39:27	48.	4.
2021 Baldock 5k Rat Run	105.	42 Felicity FRENCH	Female 9 & Under	Unattached	39:49	39:28	49.	2.
2021 Baldock 5k Rat Run	106.	88 Maria MACQUILLIN	Female 45-49	Unattached	39:51	39:32	50.	10.
2021 Baldock 5k Rat Run	107.	123 Martin REEVE	Male 45-49	Unattached	40:03	39:38	57.	8.
2021 Baldock 5k Rat Run	108.	19 Teresa CARR	Female 55-59	Unattached	40:03	39:38	51.	3.
2021 Baldock 5k Rat Run	109.	60 Sarah HAMER	Female 40-44	Unattached	40:27	40:08	52.	13.
2021 Baldock 5k Rat Run	110.	45 Stanley FRENCH	Male 9 & Under	Unattached	42:51	42:51	58.	10.
2021 Baldock 5k Rat Run	111.	41 Andrew FRENCH	Male 40-44	Unattached	42:51	42:29	59.	8.
2021 Baldock 5k Rat Run	112.	137 Michelle SUTTON	Female 45-49	Unattached	43:30	43:24	53.	11.
2021 Baldock 5k Rat Run	113.	84 Jo KENLIN	Female 45-49	North Herts Road Runners	43:54	43:46	54.	12.
2021 Baldock 5k Rat Run	114.	129 Ellyse ST JOHN	Female 15-19	Unattached	44:02	43:52	55.	1.
2021 Baldock 5k Rat Run	115.	94 Leah MANSELL-BAKER	Female 15-19	Unattached	44:03	43:55	56.	2.
2021 Baldock 5k Rat Run	116.	24 William COULL	Male 9 & Under	Unattached	44:21	43:53	60.	11.
2021 Baldock 5k Rat Run	117.	23 Andrew COULL	Male 55-59	Unattached	44:28	44:01	61.	5.
2021 Baldock 5k Rat Run	118.	47 Michelle GIBBS	Female 35-39	Unattached	45:17	45:01	57.	9.
2021 Baldock 5k Rat Run	119.	48 Safiah GIBBS	Female 9 & Under	Unattached	45:18	45:01	58.	3.
2021 Baldock 5k Rat Run	120.	89 Mags MAHONEY	Female 35-39	Unattached	46:03	45:41	59.	10.
2021 Baldock 5k Rat Run	121.	15 Stephanie BEVAN	Female 35-39	Unattached	46:04	45:41	60.	11.
2021 Baldock 5k Rat Run	122.	128 Alan SKEWIS	Male 50-54	Unattached	46:12	45:53	62.	9.
2021 Baldock 5k Rat Run	123.	158 Oliver SKEWIS		Unattached	46:24	46:06	63.	1.
2021 Baldock 5k Rat Run	124.	130 Lauren ST JOHN	Female 35-39	Unattached	49:03	48:52	61.	12.
2021 Baldock 5k Rat Run	125.	121 Lisa RAINBOW	Female 35-39	Unattached	49:03	48:53	62.	13.
2021 Baldock 5k Rat Run	126.	92 Kelly MANSELL-BAKER	Female 40-44	Unattached	49:03	48:52	63.	14.
2021 Baldock 5k Rat Run	127.	122 Olivia RAINBOW	Female 10-14	Unattached	51:37	51:27	64.	5.
2021 Baldock 5k Rat Run	128.	95 Taya MANSELL-BAKER	Female 10-14	Unattached	51:38	51:29	65.	6.
2021 Baldock 5k Rat Run	129.	126 Kiya SAWFORD	Female 30-34	Unattached	51:51	51:42	66.	4.
2021 Baldock 5k Rat Run	130.	59 Molly HAMER	Female 10-14	Unattached	52:58	52:37	67.	7.

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2021 Baldock 5k Rat Run	131.	157 Ann CROXSON		Unattached	52:59	52:39	68.	3.
2021 Baldock 5k Rat Run	132.	61 Sue HAMER	Female 50-54	Fairlands Valley Spartans	53:00	52:38	69.	5.
2021 Baldock 5k Rat Run	133.	93 Kiera MANSELL-BAKER	Female 15-19	Unattached	53:42	53:34	70.	3.
2021 Baldock 5k Rat Run	134.	91 Chloe MANSELL-BAKER	Female 15-19	Unattached	53:45	53:35	71.	4.
2021 Baldock 5k Rat Run	135.	64 Anne HEGARTY	Female 60-64	Unattached	53:58	53:43	72.	2.
2021 Baldock 5k Rat Run	136.	135 Helen STONE	Female 65-69	Unattached	53:58	53:43	73.	1.
2021 Baldock 5k Rat Run	137.	108 Jessica MURRAY	Female 20-24	Unattached	54:00	53:36	74.	1.
2021 Baldock 5k Rat Run	138.	32 Fran DREW	Female 45-49	Unattached	54:00	53:36	75.	13.
2021 Baldock 5k Rat Run	DNS	63 Alan HAZLEHURST	Male 55-59	North Herts Road Runners				
2021 Baldock 5k Rat Run	DNS	67 Angela HODGSON	Female 40-44	Unattached				
2021 Baldock 5k Rat Run	DNS	8 Cathy BARTON	Female 50-54	Unattached				
2021 Baldock 5k Rat Run	DNS	75 Charlene JAMES	Female 35-39	Unattached				
2021 Baldock 5k Rat Run	DNS	98 Charlotte MATTHEWS	Female 40-44	Unattached				
2021 Baldock 5k Rat Run	DNS	1 Christian ALLEN	Male 20-24	Unattached				
2021 Baldock 5k Rat Run	DNS	81 Christopher JOHANSEN	Male 40-44	Unattached				
2021 Baldock 5k Rat Run	DNS	21 Emma CHAMBERLAIN	Female 35-39	Runthrough				
2021 Baldock 5k Rat Run	DNS	27 Erin DAVIS	Female 35-39	Unattached				
2021 Baldock 5k Rat Run	DNS	111 Gary OAKLEY	Male 50-54	Unattached				
2021 Baldock 5k Rat Run	DNS	132 Graham STAPLETON	Male 50-54	Unattached				
2021 Baldock 5k Rat Run	DNS	99 Ian MCBRIDE	Male 50-54	Unattached				
2021 Baldock 5k Rat Run	DNS	38 Jamie FORWARD	Male 30-34	Unattached				
2021 Baldock 5k Rat Run	DNS	53 Jennifer GRACE	Female 30-34	Unattached				
2021 Baldock 5k Rat Run	DNS	105 Joanna MOLES	Female 35-39	Unattached				
2021 Baldock 5k Rat Run	DNS	69 Katie HOUGHTON	Female 35-39	Unattached				
2021 Baldock 5k Rat Run	DNS	57 Keeley HALE	Female 40-44	Unattached				
2021 Baldock 5k Rat Run	DNS	74 Kylie HUSE	Female 30-34	Unattached				
2021 Baldock 5k Rat Run	DNS	83 Lefteris KARANASIOS	Male 40-44	Unattached				
2021 Baldock 5k Rat Run	DNS	46 Lisa GIBBONS	Female 40-44	Unattached				
2021 Baldock 5k Rat Run	DNS	9 Lucinda BASS	Female 35-39	Unattached				
2021 Baldock 5k Rat Run	DNS	113 Lucy OHARE	Female 25-29	Unattached				
2021 Baldock 5k Rat Run	DNS	112 Maria OAKLEY	Female 50-54	Unattached				
2021 Baldock 5k Rat Run	DNS	25 Monica CULLIN	Female 70+	North Herts Road Runners				
2021 Baldock 5k Rat Run	DNS	100 Paul MCCREATH	Male 45-49	Unattached				
2021 Baldock 5k Rat Run	DNS	85 Wendy KNIGHT	Female 55-59	Unattached				
2021 Boss Hog 7m (40+ obstacle 1.		940 Charles HILL	Not Applicable	Individual	1:12:50	1:12:42	1.	1.
2021 Boss Hog 7m (40+ obstacle 1.		639 Julie STRUTT	Not Applicable	Individual	1:19:45	1:19:40	1.	1.
2021 Boss Hog 7m (40+ obstacle 1.		1287 Matty CUNNINGHAM	Not Applicable	Individual	1:07:46	1:07:42	1.	1.
2021 Boss Hog 7m (40+ obstacle 1.		241 Nick SMITH	Not Applicable	Individual	1:01:05	1:01:02	1.	1.
2021 Boss Hog 7m (40+ obstacle 2.		895 Dave CHAPMAN	Not Applicable	Individual	1:18:53	1:18:02	2.	2.
2021 Boss Hog 7m (40+ obstacle 2.		97 Mick GLYNN	Not Applicable	Individual	1:05:45	1:05:26	2.	2.
2021 Boss Hog 7m (40+ obstacle 2.		457 Reuben BECKLEY	Not Applicable	Liability And General Insurance	1:23:08	1:22:26	1.	1.
2021 Boss Hog 7m (40+ obstacle 2.		1387 Sam STACEY	Not Applicable	Individual	1:09:55	1:09:37	2.	2.

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2021 Boss Hog 7m (40+ obstacle 3.	111 Karl HARVEY	Not Applicable	Karl Harvey	1:09:14	1:09:11	3.	3.
2021 Boss Hog 7m (40+ obstacle 3.	621 Nick RUDDOCK	Not Applicable	Individual	1:27:51	1:27:47	2.	2.
2021 Boss Hog 7m (40+ obstacle 3.	1016 Stuart TURNER	Not Applicable	Individual	1:20:21	1:20:14	3.	3.
2021 Boss Hog 7m (40+ obstacle 3.	1402 Will WYTHE	Not Applicable	Kingsleys Gang	1:11:55	1:11:52	3.	3.
2021 Boss Hog 7m (40+ obstacle 4.	923 Jeremy EASON	Not Applicable	Individual	1:29:50	1:29:08	3.	3.
2021 Boss Hog 7m (40+ obstacle 4.	1393 Kingsley TOWLER	Not Applicable	Kingsleys Gang	1:12:30	1:12:27	4.	4.
2021 Boss Hog 7m (40+ obstacle 4.	272 Nicholas WALNE	Not Applicable	Individual	1:10:07	1:10:00	4.	4.
2021 Boss Hog 7m (40+ obstacle 4.	865 Will ANDERSON	Not Applicable	Individual	1:23:04	1:22:57	4.	4.
2021 Boss Hog 7m (40+ obstacle 5.	1315 David HARE-PRICE	Not Applicable	Yourshirts	1:17:35	1:17:35	5.	5.
2021 Boss Hog 7m (40+ obstacle 5.	922 Jake EASON	Not Applicable	Individual	1:29:50	1:29:09	4.	4.
2021 Boss Hog 7m (40+ obstacle 5.	157 Mark LAMBERT	Not Applicable	Individual	1:10:29	1:10:25	5.	5.
2021 Boss Hog 7m (40+ obstacle 5.	973 Matt MILLS	Not Applicable	Individual	1:23:05	1:22:58	5.	5.
2021 Boss Hog 7m (40+ obstacle 6.	918 Adam DIXON	Not Applicable	Individual	1:31:07	1:30:47	6.	6.
2021 Boss Hog 7m (40+ obstacle 6.	146 Callum JOPLING	Not Applicable	Gtc Team Boss	1:11:28	1:11:04	6.	6.
2021 Boss Hog 7m (40+ obstacle 6.	537 Laura HEAPEY	Not Applicable	Individual	1:30:48	1:30:06	2.	2.
2021 Boss Hog 7m (40+ obstacle 6.	1399 Oliver WARD	Not Applicable	Shut Your Laptop Louisa	1:18:59	1:18:07	6.	6.
2021 Boss Hog 7m (40+ obstacle 7.	1703 Kat PARNEL	Not Applicable	Individual	1:13:26	1:13:06	1.	1.
2021 Boss Hog 7m (40+ obstacle 7.	1316 Sarah HARE-PRICE	Not Applicable	Yourshirts	1:19:35	1:19:31	1.	1.
2021 Boss Hog 7m (40+ obstacle 7.	943 Sarah HILL	Not Applicable	Individual	1:31:07	1:30:57	1.	1.
2021 Boss Hog 7m (40+ obstacle 7.	512 Timothy FOREMAN	Not Applicable	Individual	1:30:49	1:30:07	5.	5.
2021 Boss Hog 7m (40+ obstacle 8.	673 Andrea WRIGHT	Not Applicable	Wright One	1:32:04	1:32:00	3.	3.
2021 Boss Hog 7m (40+ obstacle 8.	219 Nicki RIPMAN	Not Applicable	Individual	1:13:58	1:13:22	2.	2.
2021 Boss Hog 7m (40+ obstacle 8.	1333 Selina KISBY	Not Applicable	Shut Your Laptop Louisa	1:20:47	1:19:56	2.	2.
2021 Boss Hog 7m (40+ obstacle 8.	957 Shaun KAVANAGH	Not Applicable	Individual	1:34:12	1:33:00	7.	7.
2021 Boss Hog 7m (40+ obstacle 9.	676 Ivan WRIGHT	Not Applicable	Wright One	1:32:04	1:32:00	6.	6.
2021 Boss Hog 7m (40+ obstacle 9.	1400 James WEBSTER	Not Applicable	Gft Bootcamp Boss	1:20:49	1:20:36	7.	7.
2021 Boss Hog 7m (40+ obstacle 9.	876 Theo BELL	Not Applicable	Team Hill	1:33:57	1:33:48	8.	8.
2021 Boss Hog 7m (40+ obstacle 9.	231 Will SELF	Not Applicable	Individual	1:13:59	1:13:23	7.	7.
2021 Boss Hog 7m (40+ obstacle 10.	1275 Dave BROWN	Not Applicable	Individual	1:24:27	1:23:53	8.	8.
2021 Boss Hog 7m (40+ obstacle 10.	91 Liam FROST	Not Applicable	Individual	1:15:01	1:13:46	8.	8.
2021 Boss Hog 7m (40+ obstacle 10.	942 Poppy HILL	Not Applicable	Team Hill	1:33:58	1:33:49	2.	2.
2021 Boss Hog 7m (40+ obstacle 10.	608 Samantha POSTON	Not Applicable	Individual	1:32:40	1:32:40	4.	4.
2021 Boss Hog 7m (40+ obstacle 11.	214 Charlie REGAN	Not Applicable	Daisies Stinky Beasts	1:14:27	1:14:09	9.	9.
2021 Boss Hog 7m (40+ obstacle 11.	1321 Chris HOWARD	Not Applicable	Gft Bootcamp Boss	1:24:27	1:24:18	9.	9.
2021 Boss Hog 7m (40+ obstacle 11.	653 Dave WALTON	Not Applicable	Individual	1:32:45	1:32:41	7.	7.
2021 Boss Hog 7m (40+ obstacle 11.	941 Ianthe HILL	Not Applicable	Team Hill	1:33:58	1:33:49	3.	3.
2021 Boss Hog 7m (40+ obstacle 12.	102 Andrew GREENWELL	Not Applicable	Individual	1:14:42	1:14:37	10.	10.
2021 Boss Hog 7m (40+ obstacle 12.	1395 George TWEEDY	Not Applicable	Gft Bootcamp Boss	1:25:43	1:25:35	10.	10.
2021 Boss Hog 7m (40+ obstacle 12.	528 Jonathan HALL	Not Applicable	Individual	1:37:08	1:36:11	8.	8.
2021 Boss Hog 7m (40+ obstacle 12.	958 Ross KNIGHT	Not Applicable	Individual	1:34:45	1:34:25	9.	9.
2021 Boss Hog 7m (40+ obstacle 13.	181 Andrew MILLER	Not Applicable	Individual	1:15:20	1:15:16	11.	11.
2021 Boss Hog 7m (40+ obstacle 13.	974 Joshua MOORE	Not Applicable	Individual	1:34:53	1:34:42	10.	10.

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2021 Boss Hog 7m (40+ obstacle 13.	489 Matthew CLAYTON	Not Applicable	Individual	1:38:05	1:37:08	9.	9.
2021 Boss Hog 7m (40+ obstacle 13.	1331 Sean KENNEDY	Not Applicable	Gft Bootcamp Boss	1:30:17	1:30:01	11.	11.
2021 Boss Hog 7m (40+ obstacle 14.	1330 Ian KENNEDY	Not Applicable	Gft Bootcamp Boss	1:30:20	1:30:03	12.	12.
2021 Boss Hog 7m (40+ obstacle 14.	445 Kofi ALSTON	Not Applicable	Liability And General Insurance	1:38:11	1:37:31	10.	10.
2021 Boss Hog 7m (40+ obstacle 14.	249 Martin STERRY	Not Applicable	Power Hour 1	1:17:37	1:17:19	12.	12.
2021 Boss Hog 7m (40+ obstacle 14.	949 Will HOPKINS	Not Applicable	Individual	1:34:55	1:34:44	11.	11.
2021 Boss Hog 7m (40+ obstacle 15.	602 Adam PECK	Not Applicable	Oval Kings	1:39:44	1:39:28	11.	11.
2021 Boss Hog 7m (40+ obstacle 15.	1032 Frank WHELAN	Not Applicable	Woolverstone Wanderers	1:37:01	1:36:27	12.	12.
2021 Boss Hog 7m (40+ obstacle 15.	270 Jason WALNE	Not Applicable	Individual	1:17:51	1:17:39	13.	13.
2021 Boss Hog 7m (40+ obstacle 15.	1327 Molly JOHN	Not Applicable	Shut Your Laptop Louisa	1:34:37	1:33:45	3.	3.
2021 Boss Hog 7m (40+ obstacle 16.	909 Hugo CRAGGS	Not Applicable	Woolverstone Wanderers	1:37:05	1:36:30	13.	13.
2021 Boss Hog 7m (40+ obstacle 16.	448 Jason ASHFORD	Not Applicable	Oval Kings	1:39:45	1:39:28	12.	12.
2021 Boss Hog 7m (40+ obstacle 16.	240 Matt SINDEN	Not Applicable	Individual	1:18:58	1:17:57	14.	14.
2021 Boss Hog 7m (40+ obstacle 16.	1403 Matt YEATTS	Not Applicable	Gft Bootcamp Boss	1:34:06	1:33:56	13.	13.
2021 Boss Hog 7m (40+ obstacle 17.	1332 Bradley KENT	Not Applicable	Shut Your Laptop Louisa	1:35:08	1:34:16	14.	14.
2021 Boss Hog 7m (40+ obstacle 17.	964 Colin LEWIS	Not Applicable	Run Wild 4 Adventure	1:37:22	1:37:08	14.	14.
2021 Boss Hog 7m (40+ obstacle 17.	81 Guy FARMER	Not Applicable	Blue Steel	1:18:09	1:18:05	15.	15.
2021 Boss Hog 7m (40+ obstacle 17.	614 Ray PYKE	Not Applicable	Oval Kings	1:39:47	1:39:31	13.	13.
2021 Boss Hog 7m (40+ obstacle 18.	487 Jamie CHITTOCK	Not Applicable	Oval Kings	1:39:47	1:39:31	14.	14.
2021 Boss Hog 7m (40+ obstacle 18.	1353 Josh MORLING	Not Applicable	Gft Bootcamp Boss	1:34:36	1:34:27	15.	15.
2021 Boss Hog 7m (40+ obstacle 18.	160 Ross LEEKS	Not Applicable	Individual	1:18:45	1:18:42	16.	16.
2021 Boss Hog 7m (40+ obstacle 18.	924 Zoe EDEN	Not Applicable	Individual	1:37:58	1:37:16	4.	4.
2021 Boss Hog 7m (40+ obstacle 19.	117 Barkley HAYES	Not Applicable	Individual	1:21:44	1:21:24	17.	17.
2021 Boss Hog 7m (40+ obstacle 19.	1269 Dominic BEHARRY	Not Applicable	Individual	1:35:16	1:35:00	16.	16.
2021 Boss Hog 7m (40+ obstacle 19.	534 Luke HARRISON	Not Applicable	Oval Kings	1:39:46	1:39:33	15.	15.
2021 Boss Hog 7m (40+ obstacle 19.	897 Paul CHERRY	Not Applicable	Woodbridge Shufflers Rc	1:38:27	1:38:18	15.	15.
2021 Boss Hog 7m (40+ obstacle 20.	886 Kirsty BROOKFIELD	Not Applicable	Woodbridge Shufflers Rc	1:38:32	1:38:21	5.	5.
2021 Boss Hog 7m (40+ obstacle 20.	116 Natalie HAY	Not Applicable	Individual	1:22:12	1:22:01	3.	3.
2021 Boss Hog 7m (40+ obstacle 20.	1302 Sam GAFFNEY	Not Applicable	Individual	1:35:39	1:35:04	17.	17.
2021 Boss Hog 7m (40+ obstacle 20.	615 Stuart PYKE	Not Applicable	Oval Kings	1:39:47	1:39:47	16.	16.
2021 Boss Hog 7m (40+ obstacle 21.	127 Barry HOWARD	Not Applicable	Individual	1:23:10	1:22:30	18.	18.
2021 Boss Hog 7m (40+ obstacle 21.	1376 Carl ROPER	Not Applicable	Individual	1:37:00	1:36:53	18.	18.
2021 Boss Hog 7m (40+ obstacle 21.	1026 Hannah WATTAM	Not Applicable	Woodbridge Shufflers Rc	1:38:31	1:38:22	16.	16.
2021 Boss Hog 7m (40+ obstacle 21.	519 Jasmine GIRDLESTONE	Not Applicable	Jasmine And Cat	1:43:11	1:42:46	5.	5.
2021 Boss Hog 7m (40+ obstacle 22.	660 Catharine WESTON	Not Applicable	Jasmine And Cat	1:43:11	1:42:46	6.	6.
2021 Boss Hog 7m (40+ obstacle 22.	12 Darren BAKER	Not Applicable	The 3 Amigos	1:22:50	1:22:39	19.	19.
2021 Boss Hog 7m (40+ obstacle 22.	1286 Luke CRANE	Not Applicable	Individual	1:37:00	1:36:53	19.	19.
2021 Boss Hog 7m (40+ obstacle 22.	937 Rebecca HARRY	Not Applicable	Woodbridge Shufflers Rc	1:38:39	1:38:29	6.	6.
2021 Boss Hog 7m (40+ obstacle 23.	218 Ben RHYS-LEWIS	Not Applicable	Individual	1:22:59	1:22:50	20.	20.
2021 Boss Hog 7m (40+ obstacle 23.	991 Daniel RICHARDS	Not Applicable	Muddy Beer Swillers	1:38:43	1:38:31	17.	17.
2021 Boss Hog 7m (40+ obstacle 23.	479 Darren BYFORD	Not Applicable	Individual	1:44:10	1:43:40	17.	17.
2021 Boss Hog 7m (40+ obstacle 23.	1380 Jonathan SCOTT	Not Applicable	Gft Bootcamp Boss	1:37:21	1:37:09	20.	20.

RACE CHIP TIMING RESULTS

2021 Boss Hog 7m (40+ obstacle 24.	209 Chris PONT	Not Applicable	The 3 Amigos	1:23:28	1:23:18	21.	21.
2021 Boss Hog 7m (40+ obstacle 24.	546 Darren JAMES	Not Applicable	Individual	1:44:28	1:43:47	18.	18.
2021 Boss Hog 7m (40+ obstacle 24.	925 Gareth EGGLE	Not Applicable	Muddy Beer Swillers	1:38:42	1:38:42	18.	18.
2021 Boss Hog 7m (40+ obstacle 24.	1319 Stuart HOLLOWAY	Not Applicable	Gft Bootcamp Boss	1:37:20	1:37:11	21.	21.
2021 Boss Hog 7m (40+ obstacle 25.	971 Aimee MCLACHLAN	Not Applicable	Woodbridge Shufflers Rc	1:38:56	1:38:46	7.	7.
2021 Boss Hog 7m (40+ obstacle 25.	1358 Barry NEWSON	Not Applicable	Gft Bootcamp Boss	1:39:59	1:39:47	22.	22.
2021 Boss Hog 7m (40+ obstacle 25.	678 Linsey WRIGHT	Not Applicable	Individual	1:44:28	1:43:48	7.	7.
2021 Boss Hog 7m (40+ obstacle 25.	126 Ryan HOOK	Not Applicable	Dissfunctionals	1:23:58	1:23:23	22.	22.
2021 Boss Hog 7m (40+ obstacle 26.	456 Jim BECKLEY	Not Applicable	Liability And General Insurance	1:46:22	1:45:39	19.	19.
2021 Boss Hog 7m (40+ obstacle 26.	230 Kyle SEAGER	Not Applicable	The 3 Amigos	1:23:36	1:23:25	23.	23.
2021 Boss Hog 7m (40+ obstacle 26.	1021 Sarah VICK	Not Applicable	Individual	1:41:35	1:41:24	8.	8.
2021 Boss Hog 7m (40+ obstacle 26.	1401 Tom WEST	Not Applicable	The Fuddy Muckers	1:40:54	1:39:53	23.	23.
2021 Boss Hog 7m (40+ obstacle 27.	89 Alex FRIEND	Not Applicable	Gtc Team Boss	1:24:11	1:23:34	24.	24.
2021 Boss Hog 7m (40+ obstacle 27.	582 David MANGAN	Not Applicable	Liability And General Insurance	1:46:58	1:46:16	20.	20.
2021 Boss Hog 7m (40+ obstacle 27.	896 Hannah CHAPMAN	Not Applicable	Individual	1:47:53	1:47:02	9.	9.
2021 Boss Hog 7m (40+ obstacle 27.	1706 Matt MILSON	Not Applicable	Individual	1:40:54	1:39:53	24.	24.
2021 Boss Hog 7m (40+ obstacle 28.	570 James LEE-BARRETT	Not Applicable	Rushmere Physiotherapy Clinic	1:46:49	1:46:35	21.	21.
2021 Boss Hog 7m (40+ obstacle 28.	1008 Katie STOKES	Not Applicable	Individual	1:48:40	1:48:14	10.	10.
2021 Boss Hog 7m (40+ obstacle 28.	52 Sam CORNEBY	Not Applicable	The Cb's	1:24:03	1:23:37	25.	25.
2021 Boss Hog 7m (40+ obstacle 28.	1301 Sophie FRANKLIN	Not Applicable	Individual	1:41:42	1:41:22	4.	4.
2021 Boss Hog 7m (40+ obstacle 29.	569 Arran LEE-BARRETT	Not Applicable	Rushmere Physiotherapy Clinic	1:46:50	1:46:36	22.	22.
2021 Boss Hog 7m (40+ obstacle 29.	1386 Chris SPIRA	Not Applicable	Individual	1:41:43	1:41:22	25.	25.
2021 Boss Hog 7m (40+ obstacle 29.	141 Paul JENKINSON	Not Applicable	Gtc Team Boss	1:25:28	1:24:52	26.	26.
2021 Boss Hog 7m (40+ obstacle 29.	993 Thomas RUMBELLOW	Not Applicable	Individual	1:48:40	1:48:15	19.	19.
2021 Boss Hog 7m (40+ obstacle 30.	1007 Alistair STAGG	Not Applicable	Individual	1:48:40	1:48:15	20.	20.
2021 Boss Hog 7m (40+ obstacle 30.	3 Glenn ABBOTT	Not Applicable	Individual	1:25:13	1:25:09	27.	27.
2021 Boss Hog 7m (40+ obstacle 30.	526 Kieran GUTHRIE	Not Applicable	Rushmere Physiotherapy Clinic	1:46:53	1:46:39	23.	23.
2021 Boss Hog 7m (40+ obstacle 30.	1398 Tamara VETESI	Not Applicable	The Walnuts	1:44:41	1:44:17	5.	5.
2021 Boss Hog 7m (40+ obstacle 31.	887 Harry BRYANT	Not Applicable	Individual	1:49:05	1:48:38	21.	21.
2021 Boss Hog 7m (40+ obstacle 31.	275 Mark WATSON	Not Applicable	Dissfunctionals	1:26:02	1:25:26	28.	28.
2021 Boss Hog 7m (40+ obstacle 31.	632 Robert SIMPSON	Not Applicable	We Got The Runs	1:47:35	1:46:51	24.	24.
2021 Boss Hog 7m (40+ obstacle 31.	1276 Samantha BULLARD	Not Applicable	The Walnuts	1:44:41	1:44:18	6.	6.
2021 Boss Hog 7m (40+ obstacle 32.	1264 Brad ALDIS	Not Applicable	Dirty Hippies	1:49:07	1:48:18	26.	26.
2021 Boss Hog 7m (40+ obstacle 32.	188 Dom NOY	Not Applicable	Individual	1:25:35	1:25:26	29.	29.
2021 Boss Hog 7m (40+ obstacle 32.	533 Rebecca HARLING	Not Applicable	We Got The Runs	1:47:37	1:46:53	8.	8.
2021 Boss Hog 7m (40+ obstacle 32.	906 Sam COUSINS	Not Applicable	Individual	1:49:05	1:48:38	22.	22.
2021 Boss Hog 7m (40+ obstacle 33.	112 Craig HASNIP	Not Applicable	Individual	1:26:01	1:25:42	30.	30.
2021 Boss Hog 7m (40+ obstacle 33.	461 Finlay BLACK	Not Applicable	We Got The Runs	1:47:37	1:46:53	9.	9.
2021 Boss Hog 7m (40+ obstacle 33.	1324 Laura JACKSON	Not Applicable	Individual	1:48:40	1:48:21	7.	7.
2021 Boss Hog 7m (40+ obstacle 33.	998 Lauren SHENFIELD	Not Applicable	Individual	1:49:55	1:49:45	11.	11.
2021 Boss Hog 7m (40+ obstacle 34.	257 Charlie THACKERAY	Not Applicable	Gtc Team Boss	1:26:43	1:26:13	31.	31.
2021 Boss Hog 7m (40+ obstacle 34.	905 Jack COOMBER	Not Applicable	Individual	1:49:56	1:49:47	23.	23.

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2021 Boss Hog 7m (40+ obstacle 34.	1325 Mark JACKSON	Not Applicable	Individual	1:48:40	1:48:40	27.	27.
2021 Boss Hog 7m (40+ obstacle 34.	659 Owen WELFORD	Not Applicable	We Got The Runs	1:47:37	1:47:37	25.	25.
2021 Boss Hog 7m (40+ obstacle 35.	473 Darren BRUCE	Not Applicable	Individual	1:49:25	1:49:05	26.	26.
2021 Boss Hog 7m (40+ obstacle 35.	31 Marcus BROWN	Not Applicable	Individual	1:27:43	1:27:24	32.	32.
2021 Boss Hog 7m (40+ obstacle 35.	1383 Piers SKILTON	Not Applicable	Individual	1:49:00	1:48:40	28.	28.
2021 Boss Hog 7m (40+ obstacle 35.	888 Susi BRYANT	Not Applicable	Individual	1:56:16	1:55:48	12.	12.
2021 Boss Hog 7m (40+ obstacle 36.	955 Archie HUTCHERSON	Not Applicable	Individual	1:56:16	1:55:49	24.	24.
2021 Boss Hog 7m (40+ obstacle 36.	1300 Darryn FLYNN	Not Applicable	Individual	1:49:47	1:49:09	29.	29.
2021 Boss Hog 7m (40+ obstacle 36.	64 Graham DAWDRY	Not Applicable	Individual	1:27:29	1:27:24	33.	33.
2021 Boss Hog 7m (40+ obstacle 36.	471 Mike BROWN	Not Applicable	Individual	1:49:25	1:49:06	27.	27.
2021 Boss Hog 7m (40+ obstacle 37.	894 Ali CHAMBERS	Not Applicable	Individual	1:58:03	1:57:37	13.	13.
2021 Boss Hog 7m (40+ obstacle 37.	1329 Jason KEELEY	Not Applicable	Individual	1:49:48	1:49:11	30.	30.
2021 Boss Hog 7m (40+ obstacle 37.	513 Jimmy FOWLES	Not Applicable	2 Faucets 1 Plug Hole	1:50:15	1:50:00	28.	28.
2021 Boss Hog 7m (40+ obstacle 37.	103 Mark GRIGGS	Not Applicable	Individual	1:27:43	1:27:43	34.	34.
2021 Boss Hog 7m (40+ obstacle 38.	935 Chris GUTTERIDGE	Not Applicable	Individual	1:58:03	1:57:37	25.	25.
2021 Boss Hog 7m (40+ obstacle 38.	215 Chris REGAN	Not Applicable	Daisies Stinky Beasts	1:28:18	1:28:00	35.	35.
2021 Boss Hog 7m (40+ obstacle 38.	1281 Ken CLEMENTS	Not Applicable	Individual	1:49:47	1:49:13	31.	31.
2021 Boss Hog 7m (40+ obstacle 38.	584 Shelley MINNS	Not Applicable	2 Faucets 1 Plug Hole	1:50:15	1:50:00	10.	10.
2021 Boss Hog 7m (40+ obstacle 39.	497 Ciro DE LELLIS	Not Applicable	Rushmere Physiotherapy Clinic	1:51:03	1:50:50	29.	29.
2021 Boss Hog 7m (40+ obstacle 39.	983 Gemma OLIVER	Not Applicable	Individual	2:00:23	2:00:15	14.	14.
2021 Boss Hog 7m (40+ obstacle 39.	1361 Jono OVERBURY	Not Applicable	Individual	1:52:36	1:51:46	32.	32.
2021 Boss Hog 7m (40+ obstacle 39.	83 Lucinda FENDLEY	Not Applicable	Power Hour 1	1:28:43	1:28:21	4.	4.
2021 Boss Hog 7m (40+ obstacle 40.	616 Gareth REES	Not Applicable	Individual	1:51:31	1:51:25	30.	30.
2021 Boss Hog 7m (40+ obstacle 40.	938 Jack HAYWARD	Not Applicable	Individual	2:00:23	2:00:16	26.	26.
2021 Boss Hog 7m (40+ obstacle 40.	1374 Jocelyn REYNOLDS	Not Applicable	Individual	1:53:36	1:53:32	8.	8.
2021 Boss Hog 7m (40+ obstacle 40.	290 Steve FENDLEY	Not Applicable	Power Hour 1	1:28:44	1:28:22	36.	36.
2021 Boss Hog 7m (40+ obstacle 41.	250 Harris STEVENSON	Not Applicable	Gtc Team Boss	1:29:07	1:28:39	37.	37.
2021 Boss Hog 7m (40+ obstacle 41.	965 Ross LOMAX	Not Applicable	Individual	2:01:03	2:00:22	27.	27.
2021 Boss Hog 7m (40+ obstacle 41.	1311 Steven GOWARD	Not Applicable	Individual	1:53:37	1:53:33	33.	33.
2021 Boss Hog 7m (40+ obstacle 41.	618 Teresa REES	Not Applicable	Individual	1:51:31	1:51:26	11.	11.
2021 Boss Hog 7m (40+ obstacle 42.	437 Bryn ABLARD	Not Applicable	Individual	1:59:48	1:59:02	31.	31.
2021 Boss Hog 7m (40+ obstacle 42.	1267 John BARTER	Not Applicable	Individual	1:54:26	1:54:09	34.	34.
2021 Boss Hog 7m (40+ obstacle 42.	271 Macauley WALNE	Not Applicable	Individual	1:30:14	1:30:00	38.	38.
2021 Boss Hog 7m (40+ obstacle 42.	999 Philip SHULVER	Not Applicable	Individual	2:01:07	2:00:24	28.	28.
2021 Boss Hog 7m (40+ obstacle 43.	1347 Jed MEARS	Not Applicable	Individual	1:54:26	1:54:10	35.	35.
2021 Boss Hog 7m (40+ obstacle 43.	1015 Joe TOPPLE	Not Applicable	Individual	2:00:48	2:00:26	29.	29.
2021 Boss Hog 7m (40+ obstacle 43.	469 Ryan BROADHURST	Not Applicable	Individual	2:01:37	2:00:51	32.	32.
2021 Boss Hog 7m (40+ obstacle 43.	28 Sophie BRINKMANN	Not Applicable	Gtc Team Boss	1:30:53	1:30:18	5.	5.
2021 Boss Hog 7m (40+ obstacle 44.	868 Benjamin ARNOLD	Not Applicable	Individual	2:00:49	2:00:27	30.	30.
2021 Boss Hog 7m (40+ obstacle 44.	128 James HOWARD	Not Applicable	Individual	1:31:08	1:30:21	39.	39.
2021 Boss Hog 7m (40+ obstacle 44.	666 Laura WILLIAMS	Not Applicable	Individual	2:01:50	2:01:04	12.	12.
2021 Boss Hog 7m (40+ obstacle 44.	1389 Leszek SZIAN	Not Applicable	Individual	1:57:34	1:57:18	36.	36.

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2021 Boss Hog 7m (40+ obstacle 45.	976 Amanda MOSS	Not Applicable	Where Is Amber?	2:02:52	2:01:58	15.	15.
2021 Boss Hog 7m (40+ obstacle 45.	1343 Annie MARTIN	Not Applicable	Individual	1:57:35	1:57:18	9.	9.
2021 Boss Hog 7m (40+ obstacle 45.	627 Clare SHAW	Not Applicable	Individual	2:01:50	2:01:04	13.	13.
2021 Boss Hog 7m (40+ obstacle 45.	195 William OXBROW	Not Applicable	Gtc Team Boss	1:31:24	1:30:48	40.	40.
2021 Boss Hog 7m (40+ obstacle 46.	977 Anthony MOSS	Not Applicable	Where Is Amber?	2:02:52	2:01:58	31.	31.
2021 Boss Hog 7m (40+ obstacle 46.	510 Augusto FONSECA	Not Applicable	Individual	2:02:49	2:02:49	33.	33.
2021 Boss Hog 7m (40+ obstacle 46.	1379 Colin SALTER	Not Applicable	Individual	1:57:41	1:57:25	37.	37.
2021 Boss Hog 7m (40+ obstacle 46.	47 Sophie COLEMAN	Not Applicable	Power Hour 1	1:31:35	1:31:15	6.	6.
2021 Boss Hog 7m (40+ obstacle 47.	476 Josef BUTLER	Not Applicable	Individual	2:02:57	2:02:57	34.	34.
2021 Boss Hog 7m (40+ obstacle 47.	1280 Lucy CHAVE	Not Applicable	Individual	1:57:41	1:57:25	10.	10.
2021 Boss Hog 7m (40+ obstacle 47.	283 Ross WILSON	Not Applicable	Ha Society	1:32:13	1:32:04	41.	41.
2021 Boss Hog 7m (40+ obstacle 47.	948 Thomas HOPE COBBOLD	Not Applicable	Individual	2:02:56	2:02:32	32.	32.
2021 Boss Hog 7m (40+ obstacle 48.	80 Mia EVERITT	Not Applicable	Individual	1:33:24	1:32:25	7.	7.
2021 Boss Hog 7m (40+ obstacle 48.	540 Rebecca HIBBERT	Not Applicable	Individual	2:05:00	2:04:06	35.	35.
2021 Boss Hog 7m (40+ obstacle 48.	1293 Sam ELLISS	Not Applicable	Dirty Hippies	1:59:07	1:58:17	38.	38.
2021 Boss Hog 7m (40+ obstacle 48.	966 William LONGE	Not Applicable	Individual	2:02:56	2:02:33	33.	33.
2021 Boss Hog 7m (40+ obstacle 49.	1354 Edmund MORRON	Not Applicable	Dirty Hippies	2:03:58	2:03:07	39.	39.
2021 Boss Hog 7m (40+ obstacle 49.	979 Francesca MOWLES	Not Applicable	Corrie & Francesca	2:03:22	2:03:01	16.	16.
2021 Boss Hog 7m (40+ obstacle 49.	137 Lee INGHAM	Not Applicable	Individual	1:32:32	1:32:28	42.	42.
2021 Boss Hog 7m (40+ obstacle 49.	611 Suzanne PUDNEY	Not Applicable	Individual	2:05:00	2:04:07	14.	14.
2021 Boss Hog 7m (40+ obstacle 50.	1297 Adrian FISK	Not Applicable	Seven Resourcing	2:05:09	2:04:20	40.	40.
2021 Boss Hog 7m (40+ obstacle 50.	202 Chris PASCALL	Not Applicable	Ha Society	1:33:16	1:33:07	43.	43.
2021 Boss Hog 7m (40+ obstacle 50.	914 Corrie DAVEY	Not Applicable	Corrie & Francesca	2:03:23	2:03:02	17.	17.
2021 Boss Hog 7m (40+ obstacle 50.	496 Hannah CUTLER	Not Applicable	Individual	2:05:25	2:04:59	15.	15.
2021 Boss Hog 7m (40+ obstacle 51.	972 Cher MILBOURNE	Not Applicable	Individual	2:06:22	2:05:59	18.	18.
2021 Boss Hog 7m (40+ obstacle 51.	501 Kasia DUBAJ	Not Applicable	Individual	2:07:09	2:06:41	16.	16.
2021 Boss Hog 7m (40+ obstacle 51.	16 Matthew BENDELL	Not Applicable	Bendell Fitness	1:34:24	1:33:46	44.	44.
2021 Boss Hog 7m (40+ obstacle 51.	1308 Simon GIRLING	Not Applicable	The Cogs	2:05:33	2:04:42	41.	41.
2021 Boss Hog 7m (40+ obstacle 52.	933 Debbie GILARDI	Not Applicable	Individual	2:06:23	2:06:00	19.	19.
2021 Boss Hog 7m (40+ obstacle 52.	514 Hannah FOX	Not Applicable	Individual	2:10:29	2:09:36	17.	17.
2021 Boss Hog 7m (40+ obstacle 52.	1283 Mervyn COOK	Not Applicable	The Cogs	2:05:33	2:04:42	42.	42.
2021 Boss Hog 7m (40+ obstacle 52.	242 Ruby SMITH	Not Applicable	Gtc Team Boss	1:34:39	1:34:03	8.	8.
2021 Boss Hog 7m (40+ obstacle 53.	654 Craig WARD	Not Applicable	Mud Brothers	2:10:05	2:09:37	36.	36.
2021 Boss Hog 7m (40+ obstacle 53.	197 Glen PAGE	Not Applicable	Individual	1:35:37	1:34:50	45.	45.
2021 Boss Hog 7m (40+ obstacle 53.	1364 Jonah OZANNE	Not Applicable	The Cogs	2:05:33	2:04:43	43.	43.
2021 Boss Hog 7m (40+ obstacle 53.	985 Karly OXFORD	Not Applicable	Individual	2:09:15	2:08:23	20.	20.
2021 Boss Hog 7m (40+ obstacle 54.	984 Alice OXFORD	Not Applicable	Individual	2:09:15	2:08:23	21.	21.
2021 Boss Hog 7m (40+ obstacle 54.	1363 Chris OZANNE	Not Applicable	The Cogs	2:05:33	2:04:43	44.	44.
2021 Boss Hog 7m (40+ obstacle 54.	597 Lewis PACY	Not Applicable	Mud Brothers	2:10:10	2:09:42	37.	37.
2021 Boss Hog 7m (40+ obstacle 54.	184 Stuart MOORE	Not Applicable	Individual	1:36:33	1:35:31	46.	46.
2021 Boss Hog 7m (40+ obstacle 55.	1268 Harry BECHER	Not Applicable	Yourshirts	2:04:58	2:04:52	45.	45.
2021 Boss Hog 7m (40+ obstacle 55.	1036 Mark WILLIAMS	Not Applicable	Muddy Ducklings	2:11:03	2:10:23	34.	34.

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2021 Boss Hog 7m (40+ obstacle 55.	211 Nick RAY	Not Applicable	Individual	1:36:34	1:35:31	47.	47.
2021 Boss Hog 7m (40+ obstacle 55.	572 Toby LEVER	Not Applicable	Individual	2:13:32	2:12:07	38.	38.
2021 Boss Hog 7m (40+ obstacle 56.	591 Felicity NEAVES	Not Applicable	Liability And General Insurance	2:18:41	2:18:00	18.	18.
2021 Boss Hog 7m (40+ obstacle 56.	212 Jessica READ	Not Applicable	Individual	1:36:33	1:35:32	9.	9.
2021 Boss Hog 7m (40+ obstacle 56.	864 Ross ALLGOOD	Not Applicable	Muddy Ducklings	2:11:04	2:10:23	35.	35.
2021 Boss Hog 7m (40+ obstacle 56.	1339 Stephen LOCKE	Not Applicable	Yourshirts	2:05:00	2:04:54	46.	46.
2021 Boss Hog 7m (40+ obstacle 57.	590 Alex NEAVES	Not Applicable	Liability And General Insurance	2:18:41	2:18:00	39.	39.
2021 Boss Hog 7m (40+ obstacle 57.	292 Jeroen WUURMAN	Not Applicable	Individual	1:36:35	1:35:32	48.	48.
2021 Boss Hog 7m (40+ obstacle 57.	1295 Kelly FELLOWES	Not Applicable	Individual	2:07:05	2:06:31	11.	11.
2021 Boss Hog 7m (40+ obstacle 57.	1037 Ryan WILLIAMS	Not Applicable	Muddy Ducklings	2:11:03	2:10:24	36.	36.
2021 Boss Hog 7m (40+ obstacle 58.	1320 Charles HOWARD	Not Applicable	Individual	2:07:09	2:06:37	47.	47.
2021 Boss Hog 7m (40+ obstacle 58.	863 Kate ALLGOOD	Not Applicable	Muddy Ducklings	2:11:03	2:10:24	22.	22.
2021 Boss Hog 7m (40+ obstacle 58.	269 Paul WALLINGTON	Not Applicable	Individual	1:36:33	1:35:33	49.	49.
2021 Boss Hog 7m (40+ obstacle 58.	600 Simon PARR	Not Applicable	Individual	2:18:48	2:18:17	40.	40.
2021 Boss Hog 7m (40+ obstacle 59.	79 Abby EVERITT	Not Applicable	Individual	1:36:34	1:35:35	10.	10.
2021 Boss Hog 7m (40+ obstacle 59.	442 Gail ALDOUS	Not Applicable	Individual	2:18:48	2:18:17	19.	19.
2021 Boss Hog 7m (40+ obstacle 59.	921 Mihaela DUMITRU	Not Applicable	Individual	2:11:06	2:10:25	23.	23.
2021 Boss Hog 7m (40+ obstacle 59.	1338 Sean LIPMAN	Not Applicable	Seven Resourcing	2:11:36	2:10:48	48.	48.
2021 Boss Hog 7m (40+ obstacle 60.	49 Christoper CONGDON	Not Applicable	Gtc Team Boss	1:36:37	1:36:01	50.	50.
2021 Boss Hog 7m (40+ obstacle 60.	1365 Emma PAYNE	Not Applicable	Gft Bootcamp Boss	2:11:05	2:10:58	12.	12.
2021 Boss Hog 7m (40+ obstacle 60.	440 Glenn ALDIS	Not Applicable	The Frivolous Five	2:33:02	2:31:59	41.	41.
2021 Boss Hog 7m (40+ obstacle 60.	900 Oliver CLIFFORD	Not Applicable	Individual	2:12:22	2:11:55	37.	37.
2021 Boss Hog 7m (40+ obstacle 61.	1017 Debby VAUGHAN	Not Applicable	Individual	2:12:32	2:12:05	24.	24.
2021 Boss Hog 7m (40+ obstacle 61.	490 Jack COULSON	Not Applicable	The Frivolous Five	2:33:03	2:32:00	42.	42.
2021 Boss Hog 7m (40+ obstacle 61.	233 Lloyd SHELLEY	Not Applicable	Individual	1:36:13	1:36:07	51.	51.
2021 Boss Hog 7m (40+ obstacle 61.	1367 Toby PAYNE	Not Applicable	Gft Bootcamp Boss	2:11:05	2:10:58	49.	49.
2021 Boss Hog 7m (40+ obstacle 62.	562 Karl KNIGHTS	Not Applicable	The Frivolous Five	2:33:04	2:32:00	43.	43.
2021 Boss Hog 7m (40+ obstacle 62.	1366 Mandy PAYNE	Not Applicable	Gft Bootcamp Boss	2:11:05	2:10:58	13.	13.
2021 Boss Hog 7m (40+ obstacle 62.	284 Sophie WING	Not Applicable	Individual	1:36:14	1:36:08	11.	11.
2021 Boss Hog 7m (40+ obstacle 62.	869 Wayne AVERY	Not Applicable	Woolverstone Wanderers	2:13:34	2:12:58	38.	38.
2021 Boss Hog 7m (40+ obstacle 63.	38 Jonathan CAMPION	Not Applicable	Individual	1:37:02	1:36:26	52.	52.
2021 Boss Hog 7m (40+ obstacle 63.	1309 Karl GOODWIN	Not Applicable	Gft Bootcamp Boss	2:11:05	2:10:59	50.	50.
2021 Boss Hog 7m (40+ obstacle 63.	441 Sarah ALDIS	Not Applicable	The Frivolous Five	2:33:03	2:32:00	20.	20.
2021 Boss Hog 7m (40+ obstacle 63.	1027 Sarah WEBB	Not Applicable	Woolverstone Wanderers	2:13:36	2:13:00	25.	25.
2021 Boss Hog 7m (40+ obstacle 64.	1272 Faith BIDDLE	Not Applicable	Gft Bootcamp Boss	2:11:40	2:11:21	14.	14.
2021 Boss Hog 7m (40+ obstacle 64.	93 Michael GIBSON	Not Applicable	Individual	1:37:27	1:37:00	53.	53.
2021 Boss Hog 7m (40+ obstacle 64.	970 Nicole MAYHEW	Not Applicable	Woolverstone Wanderers	2:13:37	2:13:02	26.	26.
2021 Boss Hog 7m (40+ obstacle 64.	563 Vicky KNIGHTS	Not Applicable	The Frivolous Five	2:33:06	2:32:02	21.	21.
2021 Boss Hog 7m (40+ obstacle 65.	1296 Daniel HEALY	Not Applicable	Seven Resourcing	2:12:36	2:11:42	51.	51.
2021 Boss Hog 7m (40+ obstacle 65.	594 Gemma NUNN	Not Applicable	Individual	2:33:20	2:32:26	22.	22.
2021 Boss Hog 7m (40+ obstacle 65.	1003 Kyle SMITH	Not Applicable	Individual	2:20:09	2:19:00	39.	39.
2021 Boss Hog 7m (40+ obstacle 65.	56 Phil COX	Not Applicable	Individual	1:38:16	1:37:44	54.	54.

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2021 Boss Hog 7m (40+ obstacle 66.	884 Donald BRIGHTMORE	Not Applicable	Individual	2:20:09	2:19:01	40.	40.
2021 Boss Hog 7m (40+ obstacle 66.	11 Gareth BAILEY	Not Applicable	Individual	1:38:17	1:37:45	55.	55.
2021 Boss Hog 7m (40+ obstacle 66.	1310 Kelly GOODY	Not Applicable	Gft Bootcamp Boss	2:12:28	2:12:11	15.	15.
2021 Boss Hog 7m (40+ obstacle 66.	539 Paul HENNESSEY	Not Applicable	Individual	2:44:01	2:42:47	44.	44.
2021 Boss Hog 7m (40+ obstacle 67.	1335 Ben LARTER	Not Applicable	Gft Bootcamp Boss	2:12:29	2:12:11	52.	52.
2021 Boss Hog 7m (40+ obstacle 67.	498 Dean DEARSON	Not Applicable	Individual	2:44:03	2:42:49	45.	45.
2021 Boss Hog 7m (40+ obstacle 67.	885 Nicholas BRIGHTMORE	Not Applicable	Individual	2:20:12	2:19:04	41.	41.
2021 Boss Hog 7m (40+ obstacle 67.	187 Tomas MOTYKA	Not Applicable	Individual	1:38:09	1:37:59	56.	56.
2021 Boss Hog 7m (40+ obstacle 68.	679 Dariusz ZIEBA	Not Applicable	Individual	2:44:02	2:42:50	46.	46.
2021 Boss Hog 7m (40+ obstacle 68.	20 Emma BIRCHLEY	Not Applicable	Individual	1:38:11	1:38:00	12.	12.
2021 Boss Hog 7m (40+ obstacle 68.	1000 Luke SIMMONDS	Not Applicable	Individual	2:20:58	2:20:00	42.	42.
2021 Boss Hog 7m (40+ obstacle 68.	1357 Matt NEILL	Not Applicable	Gft Bootcamp Boss	2:12:32	2:12:12	53.	53.
2021 Boss Hog 7m (40+ obstacle 69.	363 Amanda JANES	Not Applicable	Individual	1:38:12	1:38:00	13.	13.
2021 Boss Hog 7m (40+ obstacle 69.	538 Bradley HENNESSEY	Not Applicable	Individual	2:44:19	2:43:05	47.	47.
2021 Boss Hog 7m (40+ obstacle 69.	881 Daniel BRADFORD	Not Applicable	Individual	2:20:58	2:20:01	43.	43.
2021 Boss Hog 7m (40+ obstacle 69.	1375 John RODWAY	Not Applicable	Individual	2:15:27	2:14:36	54.	54.
2021 Boss Hog 7m (40+ obstacle 70.	862 Fay ALLEN	Not Applicable	Individual	2:22:31	2:21:39	27.	27.
2021 Boss Hog 7m (40+ obstacle 70.	595 Heidi OAKENFULL	Not Applicable	Premature Acceleration	2:43:45	2:43:16	23.	23.
2021 Boss Hog 7m (40+ obstacle 70.	1397 James VERDUCCI	Not Applicable	Individual	2:16:08	2:15:17	55.	55.
2021 Boss Hog 7m (40+ obstacle 70.	277 Richard WEBSTER	Not Applicable	To Be Confirmed!!	1:38:13	1:38:01	57.	57.
2021 Boss Hog 7m (40+ obstacle 71.	509 Ant FLEMING	Not Applicable	Premature Acceleration	2:43:45	2:43:17	48.	48.
2021 Boss Hog 7m (40+ obstacle 71.	996 James SHAW	Not Applicable	Individual	2:26:26	2:25:16	44.	44.
2021 Boss Hog 7m (40+ obstacle 71.	153 Michael KNEE	Not Applicable	Individual	1:38:28	1:38:03	58.	58.
2021 Boss Hog 7m (40+ obstacle 71.	1291 Peter EDWARDS	Not Applicable	Individual	2:20:13	2:19:38	56.	56.
2021 Boss Hog 7m (40+ obstacle 72.	1385 Elizabeth SPEIRS	Not Applicable	Individual	2:20:13	2:19:38	16.	16.
2021 Boss Hog 7m (40+ obstacle 72.	946 Jonathan HOGBEN	Not Applicable	Individual	2:26:26	2:25:17	45.	45.
2021 Boss Hog 7m (40+ obstacle 72.	543 Kate HOWARD	Not Applicable	Premature Acceleration	2:43:45	2:43:18	24.	24.
2021 Boss Hog 7m (40+ obstacle 72.	152 Leah KNEE	Not Applicable	Individual	1:38:28	1:38:03	14.	14.
2021 Boss Hog 7m (40+ obstacle 73.	989 Bruce RAYNER	Not Applicable	The Splashers	2:26:42	2:25:59	46.	46.
2021 Boss Hog 7m (40+ obstacle 73.	586 Col MORGAN	Not Applicable	Premature Acceleration	2:43:46	2:43:19	25.	25.
2021 Boss Hog 7m (40+ obstacle 73.	26 Paul BRANT	Not Applicable	Individual	1:38:12	1:38:12	59.	59.
2021 Boss Hog 7m (40+ obstacle 73.	1307 Zheko GEORGIEV	Not Applicable	Individual	2:20:13	2:19:38	57.	57.
2021 Boss Hog 7m (40+ obstacle 74.	596 Alan OLIVER	Not Applicable	Premature Acceleration	2:43:45	2:43:19	49.	49.
2021 Boss Hog 7m (40+ obstacle 74.	159 Charles LAYZELL	Not Applicable	Your Mother's Got A Penis!	1:38:47	1:38:35	60.	60.
2021 Boss Hog 7m (40+ obstacle 74.	1024 Karen WATERS	Not Applicable	The Splashers	2:26:42	2:25:59	28.	28.
2021 Boss Hog 7m (40+ obstacle 74.	1404 Terezija ZERMANOS	Not Applicable	Individual	2:20:14	2:19:39	17.	17.
2021 Boss Hog 7m (40+ obstacle 75.	178 Daniel MAYHEW	Not Applicable	Your Mother's Got A Penis!	1:38:46	1:38:35	61.	61.
2021 Boss Hog 7m (40+ obstacle 75.	1023 Hannah WATERS	Not Applicable	The Splashers	2:26:43	2:26:00	29.	29.
2021 Boss Hog 7m (40+ obstacle 75.	544 Mike HOWARD	Not Applicable	Premature Acceleration	2:43:47	2:43:19	50.	50.
2021 Boss Hog 7m (40+ obstacle 75.	1292 Nathan ELLIS	Not Applicable	Individual	2:25:01	2:24:14	58.	58.
2021 Boss Hog 7m (40+ obstacle 76.	1355 Carly MOUNTAIN	Not Applicable	Individual	2:25:02	2:24:15	18.	18.
2021 Boss Hog 7m (40+ obstacle 76.	258 Jamie THOMPSON	Not Applicable	Your Mother's Got A Penis!	1:38:48	1:38:36	62.	62.

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2021 Boss Hog 7m (40+ obstacle 76.	636 Simon STAFFORD	Not Applicable	Premature Acceleration	2:43:45	2:43:19	51.	51.
2021 Boss Hog 7m (40+ obstacle 76.	968 Zaki MANAN	Not Applicable	Individual	2:26:26	2:26:26	47.	47.
2021 Boss Hog 7m (40+ obstacle 77.	1274 Jade BISHOP	Not Applicable	The Muddy Ducklings	2:25:06	2:25:00	19.	19.
2021 Boss Hog 7m (40+ obstacle 77.	1013 Liam THEOBALD	Not Applicable	The Trots	2:27:32	2:26:36	48.	48.
2021 Boss Hog 7m (40+ obstacle 77.	291 Owen WRIGHT	Not Applicable	Individual	1:39:44	1:38:57	63.	63.
2021 Boss Hog 7m (40+ obstacle 77.	493 Richard CREASEY	Not Applicable	Premature Acceleration	2:43:45	2:43:19	52.	52.
2021 Boss Hog 7m (40+ obstacle 78.	910 Darren CRUMMIE	Not Applicable	The Trots	2:27:34	2:26:39	49.	49.
2021 Boss Hog 7m (40+ obstacle 78.	220 James ROBERTS	Not Applicable	Individual	1:39:49	1:39:02	64.	64.
2021 Boss Hog 7m (40+ obstacle 78.	470 Martyn BROWN	Not Applicable	Premature Acceleration	2:43:45	2:43:20	53.	53.
2021 Boss Hog 7m (40+ obstacle 78.	1304 Mathew GAUKRODGER	Not Applicable	Seven Resourcing	2:26:36	2:25:37	59.	59.
2021 Boss Hog 7m (40+ obstacle 79.	108 Hayley HARPER	Not Applicable	Individual	1:41:44	1:41:27	15.	15.
2021 Boss Hog 7m (40+ obstacle 79.	655 Kevin WARD	Not Applicable	Premature Acceleration	2:43:46	2:43:20	54.	54.
2021 Boss Hog 7m (40+ obstacle 79.	1391 Natalia TAYLOR	Not Applicable	Seven Resourcing	2:26:35	2:25:41	20.	20.
2021 Boss Hog 7m (40+ obstacle 79.	986 Ross PARSONS	Not Applicable	The Trots	2:27:36	2:26:41	50.	50.
2021 Boss Hog 7m (40+ obstacle 80.	656 Bradley WARNER	Not Applicable	Premature Acceleration	2:43:47	2:43:20	55.	55.
2021 Boss Hog 7m (40+ obstacle 80.	1025 Chris WATSON	Not Applicable	Individual	2:27:41	2:26:42	51.	51.
2021 Boss Hog 7m (40+ obstacle 80.	1306 Harrison GEORGE	Not Applicable	Seven Resourcing	2:26:36	2:25:47	60.	60.
2021 Boss Hog 7m (40+ obstacle 80.	165 Jodie LOCKE	Not Applicable	Individual	1:41:45	1:41:27	16.	16.
2021 Boss Hog 7m (40+ obstacle 81.	1362 Faye OWENS	Not Applicable	The Muddy Ducklings	2:26:58	2:26:53	21.	21.
2021 Boss Hog 7m (40+ obstacle 81.	874 Jen BASSETT	Not Applicable	Individual	2:27:43	2:26:43	30.	30.
2021 Boss Hog 7m (40+ obstacle 81.	251 Matt STRINGER	Not Applicable	Individual	1:42:21	1:41:32	65.	65.
2021 Boss Hog 7m (40+ obstacle 81.	485 Phil CHAPPELS	Not Applicable	Premature Acceleration	2:43:47	2:43:21	56.	56.
2021 Boss Hog 7m (40+ obstacle 82.	9 Andrew ANDERSON – HURST	Not Applicable	Individual	1:42:05	1:41:34	66.	66.
2021 Boss Hog 7m (40+ obstacle 82.	1313 Anthony GROVES	Not Applicable	Seven Resourcing	2:29:43	2:28:54	61.	61.
2021 Boss Hog 7m (40+ obstacle 82.	574 Bella LOCKE	Not Applicable	Premature Acceleration	2:43:48	2:43:21	26.	26.
2021 Boss Hog 7m (40+ obstacle 82.	951 Matt HOUGH	Not Applicable	Individual	2:27:42	2:26:43	52.	52.
2021 Boss Hog 7m (40+ obstacle 83.	149 Adam KING	Not Applicable	Gtc Team Boss	1:43:13	1:42:51	67.	67.
2021 Boss Hog 7m (40+ obstacle 83.	889 David BURGESS	Not Applicable	Individual	2:27:42	2:26:48	53.	53.
2021 Boss Hog 7m (40+ obstacle 83.	643 Richie TAYLOR	Not Applicable	Premature Acceleration	2:43:49	2:43:21	57.	57.
2021 Boss Hog 7m (40+ obstacle 83.	1356 Terri MOUNTAIN	Not Applicable	Individual	2:30:00	2:29:13	22.	22.
2021 Boss Hog 7m (40+ obstacle 84.	930 Alice FLATMAN	Not Applicable	Individual	2:27:48	2:26:49	31.	31.
2021 Boss Hog 7m (40+ obstacle 84.	604 Andrew PIOTROWSKI	Not Applicable	Premature Acceleration	2:43:48	2:43:21	58.	58.
2021 Boss Hog 7m (40+ obstacle 84.	1271 Ryan BETTS	Not Applicable	Fenn Wright	2:36:11	2:35:53	62.	62.
2021 Boss Hog 7m (40+ obstacle 84.	21 Ryan BLEYSWYCK	Not Applicable	Individual	1:43:54	1:43:30	68.	68.
2021 Boss Hog 7m (40+ obstacle 85.	657 Adel WEBBER	Not Applicable	Premature Acceleration	2:43:48	2:43:22	27.	27.
2021 Boss Hog 7m (40+ obstacle 85.	1381 Andy SIMPSON	Not Applicable	Individual	2:36:12	2:35:54	63.	63.
2021 Boss Hog 7m (40+ obstacle 85.	882 Luke BRANCH	Not Applicable	The Trots	2:29:11	2:28:16	54.	54.
2021 Boss Hog 7m (40+ obstacle 85.	119 Pete HENSHELL	Not Applicable	Individual	1:43:54	1:43:30	69.	69.
2021 Boss Hog 7m (40+ obstacle 86.	259 Alberto VALDNAS	Not Applicable	There's No Adam In Team	1:44:51	1:43:54	70.	70.
2021 Boss Hog 7m (40+ obstacle 86.	646 Angela TESSIER	Not Applicable	Individual	2:45:17	2:44:36	28.	28.
2021 Boss Hog 7m (40+ obstacle 86.	899 Phillippa CHESHIRE	Not Applicable	Individual	2:30:39	2:29:42	32.	32.
2021 Boss Hog 7m (40+ obstacle 86.	1336 Shannon LAY	Not Applicable	Fenn Wright	2:36:11	2:35:54	23.	23.

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2021 Boss Hog 7m (40+ obstacle 87.	85 Frances FINCH	Not Applicable	Individual	1:46:35	1:45:31	17.	17.
2021 Boss Hog 7m (40+ obstacle 87.	1303 James GARNHAM	Not Applicable	Fenn Wright	2:36:56	2:36:39	64.	64.
2021 Boss Hog 7m (40+ obstacle 87.	932 Kieran FRANCIS	Not Applicable	Individual	2:33:45	2:32:30	55.	55.
2021 Boss Hog 7m (40+ obstacle 87.	500 Michaela DRURY	Not Applicable	Individual	2:45:19	2:44:38	29.	29.
2021 Boss Hog 7m (40+ obstacle 88.	77 Anna EVERETT	Not Applicable	Twin Mud	1:46:26	1:45:39	18.	18.
2021 Boss Hog 7m (40+ obstacle 88.	1020 Jessica VEAL	Not Applicable	Broadbean	2:35:03	2:34:26	33.	33.
2021 Boss Hog 7m (40+ obstacle 88.	624 Margarida SERRA	Not Applicable	Individual	2:47:10	2:46:37	30.	30.
2021 Boss Hog 7m (40+ obstacle 88.	1340 Ryan MACEY	Not Applicable	Fenn Wright	2:37:11	2:36:51	65.	65.
2021 Boss Hog 7m (40+ obstacle 89.	635 Evelina SNEZKO	Not Applicable	The Megalodoms	2:47:09	2:46:37	31.	31.
2021 Boss Hog 7m (40+ obstacle 89.	891 Joseph CAHILL	Not Applicable	Individual	2:35:07	2:34:30	56.	56.
2021 Boss Hog 7m (40+ obstacle 89.	78 Nicola EVERETT	Not Applicable	Twin Mud	1:46:26	1:45:39	19.	19.
2021 Boss Hog 7m (40+ obstacle 89.	1384 Sarah SMITH	Not Applicable	The Fuddy Muckers	2:39:02	2:38:03	24.	24.
2021 Boss Hog 7m (40+ obstacle 90.	475 Emma BURN	Not Applicable	The Megalodoms	2:47:10	2:46:38	32.	32.
2021 Boss Hog 7m (40+ obstacle 90.	1388 Hamish STONE	Not Applicable	Fenn Wright	2:38:43	2:38:25	66.	66.
2021 Boss Hog 7m (40+ obstacle 90.	915 Tim DAY	Not Applicable	Broadbean	2:35:04	2:35:04	57.	57.
2021 Boss Hog 7m (40+ obstacle 90.	30 Will BROTHERTON	Not Applicable	Mother Of All Hogs	1:46:54	1:46:54	71.	71.
2021 Boss Hog 7m (40+ obstacle 91.	1326 Callum JACOBS	Not Applicable	Fenn Wright	2:40:42	2:40:24	67.	67.
2021 Boss Hog 7m (40+ obstacle 91.	515 Lena FREYPONS	Not Applicable	Megalodoms	2:47:10	2:46:38	33.	33.
2021 Boss Hog 7m (40+ obstacle 91.	50 Matthew COOKE	Not Applicable	Individual	1:47:51	1:47:03	72.	72.
2021 Boss Hog 7m (40+ obstacle 91.	995 Victoria SENIOR	Not Applicable	Z72.4	2:36:18	2:35:05	34.	34.
2021 Boss Hog 7m (40+ obstacle 92.	70 Adrian DOUCETTE	Not Applicable	Individual	1:47:51	1:47:03	73.	73.
2021 Boss Hog 7m (40+ obstacle 92.	446 Alex ARMSTRONG	Not Applicable	Megalodoms	2:47:09	2:46:38	59.	59.
2021 Boss Hog 7m (40+ obstacle 92.	1348 Alfie MILES	Not Applicable	Fenn Wright	2:40:42	2:40:25	68.	68.
2021 Boss Hog 7m (40+ obstacle 92.	1390 Rebecca TATLOW	Not Applicable	Z72.4	2:36:18	2:35:05	35.	35.
2021 Boss Hog 7m (40+ obstacle 93.	1349 Alistair MITCHELL	Not Applicable	Fenn Wright	2:42:08	2:41:50	69.	69.
2021 Boss Hog 7m (40+ obstacle 93.	264 Kari URBAN	Not Applicable	Individual	1:48:17	1:47:42	20.	20.
2021 Boss Hog 7m (40+ obstacle 93.	994 Luke SENIOR	Not Applicable	Z72.4	2:36:18	2:35:05	58.	58.
2021 Boss Hog 7m (40+ obstacle 93.	592 Ryan NEWCOMBE	Not Applicable	The Megalodoms	2:47:11	2:46:39	60.	60.
2021 Boss Hog 7m (40+ obstacle 94.	547 Alex JENNER	Not Applicable	Willis Fitness	2:51:44	2:50:48	34.	34.
2021 Boss Hog 7m (40+ obstacle 94.	1371 Megan RAINES	Not Applicable	Fenn Wright	2:42:08	2:41:51	25.	25.
2021 Boss Hog 7m (40+ obstacle 94.	1041 Peter WOODS	Not Applicable	Z72.4	2:36:19	2:35:06	59.	59.
2021 Boss Hog 7m (40+ obstacle 94.	55 Rebecca COULSON-PARKER	Not Applicable	Individual	1:48:13	1:48:00	21.	21.
2021 Boss Hog 7m (40+ obstacle 95.	866 Agnieszka ANDRZEJAK	Not Applicable	Z72.4	2:36:20	2:35:06	36.	36.
2021 Boss Hog 7m (40+ obstacle 95.	495 Anne CULLOM	Not Applicable	Willis Fitness	2:51:43	2:50:48	35.	35.
2021 Boss Hog 7m (40+ obstacle 95.	1282 Carl COLLINS	Not Applicable	Individual	3:03:30	3:02:45	70.	70.
2021 Boss Hog 7m (40+ obstacle 95.	54 Charles COULSON-PARKER	Not Applicable	Individual	1:48:14	1:48:01	74.	74.
2021 Boss Hog 7m (40+ obstacle 96.	1022 Ben WARD	Not Applicable	Individual	2:36:22	2:35:08	60.	60.
2021 Boss Hog 7m (40+ obstacle 96.	1352 Hannah MOORE-CORRY	Not Applicable	C&h Builders	3:03:32	3:02:47	71.	71.
2021 Boss Hog 7m (40+ obstacle 96.	98 Karl GODDARD	Not Applicable	Mother Of All Hogs	1:48:39	1:48:35	75.	75.
2021 Boss Hog 7m (40+ obstacle 96.	625 Vicky SEWELL	Not Applicable	Willis Fitness	2:51:43	2:50:48	36.	36.
2021 Boss Hog 7m (40+ obstacle 97.	35 Ben BURROWS	Not Applicable	Mother Of All Hogs	1:49:34	1:49:29	76.	76.
2021 Boss Hog 7m (40+ obstacle 97.	675 Elaine WRIGHT	Not Applicable	Willis Fitness	2:51:43	2:50:48	37.	37.

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2021 Boss Hog 7m (40+ obstacle 97.	1266 Laura AYLING	Not Applicable	Individual	3:04:17	3:03:56	26.	26.
2021 Boss Hog 7m (40+ obstacle 97.	880 Richard BOND	Not Applicable	Team B4e	2:37:26	2:36:14	61.	61.
2021 Boss Hog 7m (40+ obstacle 98.	870 Alexander BADRICK	Not Applicable	Team B4e	2:37:27	2:36:16	62.	62.
2021 Boss Hog 7m (40+ obstacle 98.	467 Clare BRIMELOW	Not Applicable	Willis Fitness	2:51:43	2:50:49	38.	38.
2021 Boss Hog 7m (40+ obstacle 98.	76 Jon Phil ELEY	Not Applicable	Mother Of All Hogs	1:49:34	1:49:30	77.	77.
2021 Boss Hog 7m (40+ obstacle 98.	1482 Liam JOHNSON	Not Applicable	Individual	3:04:30	3:04:09	72.	72.
2021 Boss Hog 7m (40+ obstacle 99.	1396 Barry TWOMEY	Not Applicable	Individual	3:04:31	3:04:10	73.	73.
2021 Boss Hog 7m (40+ obstacle 99.	29 Jeremy Jezza BROTHERTON	Not Applicable	Mother Of All Hogs	1:50:01	1:49:56	78.	78.
2021 Boss Hog 7m (40+ obstacle 99.	871 Russell BADRICK	Not Applicable	Team B4e	2:37:32	2:36:20	63.	63.
2021 Boss Hog 7m (40+ obstacle 99.	468 Stuart BRIMELOW	Not Applicable	Willis Fitness	2:51:43	2:50:49	61.	61.
2021 Boss Hog 7m (40+ obstacle 100.	1372 Harrison RATCLIFFE	Not Applicable	C&h Builders	3:10:33	3:09:48	74.	74.
2021 Boss Hog 7m (40+ obstacle 100.	458 Laura BEESON	Not Applicable	Willis Fitness	2:51:44	2:50:49	39.	39.
2021 Boss Hog 7m (40+ obstacle 100.	66 Paul DESLANDES	Not Applicable	Mother Of All Hogs	1:50:01	1:49:57	79.	79.
2021 Boss Hog 7m (40+ obstacle 100.	872 Simon BADRICK	Not Applicable	Team B4e	2:37:34	2:36:22	64.	64.
2021 Boss Hog 7m (40+ obstacle 101.	669 Charlotte WILSON	Not Applicable	Willis Fitness	2:51:45	2:50:49	40.	40.
2021 Boss Hog 7m (40+ obstacle 101.	101 Eleanor GREEN	Not Applicable	Individual	1:50:45	1:50:07	22.	22.
2021 Boss Hog 7m (40+ obstacle 101.	1370 Hayden POLLARD	Not Applicable	The Fuddy Muckers	3:12:36	3:11:37	75.	75.
2021 Boss Hog 7m (40+ obstacle 101.	861 Shannon ADAMS	Not Applicable	Tough Mudder Fudders	2:41:15	2:40:06	37.	37.
2021 Boss Hog 7m (40+ obstacle 102.	32 Becky BRUNNING	Not Applicable	Individual	1:50:47	1:50:09	23.	23.
2021 Boss Hog 7m (40+ obstacle 102.	508 Emma FISHER	Not Applicable	Willis Fitness	2:51:45	2:50:49	41.	41.
2021 Boss Hog 7m (40+ obstacle 102.	1345 Natalie MCCULLOUGH	Not Applicable	The Fuddy Muckers	3:12:37	3:11:38	27.	27.
2021 Boss Hog 7m (40+ obstacle 102.	928 Paula ERITH	Not Applicable	Individual	2:41:52	2:41:06	38.	38.
2021 Boss Hog 7m (40+ obstacle 103.	944 Kelly HINES	Not Applicable	Individual	2:41:52	2:41:06	39.	39.
2021 Boss Hog 7m (40+ obstacle 103.	72 Marc DRISCOLL	Not Applicable	Individual	1:51:18	1:50:32	80.	80.
2021 Boss Hog 7m (40+ obstacle 103.	578 Stacey LUMBARD	Not Applicable	Willis Fitness	2:51:45	2:50:50	42.	42.
2021 Boss Hog 7m (40+ obstacle 103.	1360 Susan OGBOURNE	Not Applicable	The Fuddy Muckers	3:20:02	3:19:03	28.	28.
2021 Boss Hog 7m (40+ obstacle 104.	576 Kate LOMAX	Not Applicable	Willis Fitness	2:51:46	2:50:50	43.	43.
2021 Boss Hog 7m (40+ obstacle 104.	288 Kate WOOLDRIDGE	Not Applicable	Individual	1:52:14	1:51:14	24.	24.
2021 Boss Hog 7m (40+ obstacle 104.	913 Mark CUTTING	Not Applicable	Individual	2:41:54	2:41:08	65.	65.
2021 Boss Hog 7m (40+ obstacle 105.	46 Fiona COE	Not Applicable	Individual	1:52:14	1:51:14	25.	25.
2021 Boss Hog 7m (40+ obstacle 105.	484 Melissa CHAPMAN	Not Applicable	Willis Fitness	2:51:44	2:50:52	44.	44.
2021 Boss Hog 7m (40+ obstacle 105.	945 Zoe HOBBS	Not Applicable	Tenacious Turtles Boss	2:46:03	2:45:41	40.	40.
2021 Boss Hog 7m (40+ obstacle 106.	912 Hannah CUSHNEY	Not Applicable	Tenacious Turtles Boss	2:46:03	2:45:41	41.	41.
2021 Boss Hog 7m (40+ obstacle 106.	518 Kat GILL	Not Applicable	Willis Fitness	2:51:45	2:50:52	45.	45.
2021 Boss Hog 7m (40+ obstacle 106.	36 Matt BURT	Not Applicable	Individual	1:52:23	1:51:58	81.	81.
2021 Boss Hog 7m (40+ obstacle 107.	205 Caroline PERRY	Not Applicable	Individual	1:54:14	1:53:36	26.	26.
2021 Boss Hog 7m (40+ obstacle 107.	893 Lee CHAMBERLIN	Not Applicable	Mayday	3:09:10	3:08:00	66.	66.
2021 Boss Hog 7m (40+ obstacle 107.	545 Michele JACKSON	Not Applicable	Willis Fitness	2:51:45	2:50:53	46.	46.
2021 Boss Hog 7m (40+ obstacle 108.	274 Colin WARREN	Not Applicable	Individual	1:54:21	1:53:42	82.	82.
2021 Boss Hog 7m (40+ obstacle 108.	959 Harrison KOBLECK	Not Applicable	Mayday	3:09:41	3:08:30	67.	67.
2021 Boss Hog 7m (40+ obstacle 108.	622 Kate SANDLAN	Not Applicable	Willis Fitness	2:51:50	2:50:55	47.	47.
2021 Boss Hog 7m (40+ obstacle 109.	517 Jamie GILL	Not Applicable	Willis Fitness	2:51:43	2:51:43	62.	62.

RACE CHIP TIMING RESULTS

2021 Boss Hog 7m (40+ obstacle 109.	281 Robert John WILLIAMSON	Not Applicable	Individual	1:55:23	1:54:37	83.	83.
2021 Boss Hog 7m (40+ obstacle 109.	1034 Shane WHILEY	Not Applicable	Mayday	3:09:59	3:08:48	68.	68.
2021 Boss Hog 7m (40+ obstacle 110.	963 Adrian LEE	Not Applicable	Lab Rats	3:12:31	3:11:22	69.	69.
2021 Boss Hog 7m (40+ obstacle 110.	6 Daniel AGER	Not Applicable	Individual	1:55:05	1:54:53	84.	84.
2021 Boss Hog 7m (40+ obstacle 110.	648 Paul THORNDYKE	Not Applicable	Willis Fitness	2:51:44	2:51:44	63.	63.
2021 Boss Hog 7m (40+ obstacle 111.	668 Bethany WILLIS	Not Applicable	Willis Fitness	2:51:44	2:51:44	48.	48.
2021 Boss Hog 7m (40+ obstacle 111.	950 Eleanor HORTON	Not Applicable	Lab Rats	3:12:32	3:11:23	42.	42.
2021 Boss Hog 7m (40+ obstacle 111.	171 Jamie MAPPLEBECK	Not Applicable	Individual	1:55:05	1:54:54	85.	85.
2021 Boss Hog 7m (40+ obstacle 112.	280 Alex WILDEN	Not Applicable	Individual	1:56:24	1:55:19	27.	27.
2021 Boss Hog 7m (40+ obstacle 112.	564 Callum LAST	Not Applicable	Individual	2:54:02	2:53:09	64.	64.
2021 Boss Hog 7m (40+ obstacle 112.	1028 Georgina WELHAM	Not Applicable	Lab Rats	3:12:31	3:11:24	43.	43.
2021 Boss Hog 7m (40+ obstacle 113.	1002 Christopher SMITH	Not Applicable	Lab Rats	3:12:33	3:11:25	70.	70.
2021 Boss Hog 7m (40+ obstacle 113.	565 Dean LAST	Not Applicable	Body Unwise	2:54:04	2:53:11	65.	65.
2021 Boss Hog 7m (40+ obstacle 113.	273 Shayla WARDLEY	Not Applicable	Individual	1:56:23	1:55:20	28.	28.
2021 Boss Hog 7m (40+ obstacle 114.	661 David WHITEHEAD	Not Applicable	Body Unwise	2:54:03	2:53:11	66.	66.
2021 Boss Hog 7m (40+ obstacle 114.	107 Lisa HARES	Not Applicable	Individual	1:56:23	1:55:20	29.	29.
2021 Boss Hog 7m (40+ obstacle 114.	1042 Sophie WYARD	Not Applicable	Lab Rats	3:12:33	3:11:26	44.	44.
2021 Boss Hog 7m (40+ obstacle 115.	73 Charlotte DURRANT	Not Applicable	Individual	1:56:23	1:55:21	30.	30.
2021 Boss Hog 7m (40+ obstacle 115.	1039 Thomas WILLIAMS	Not Applicable	Lab Rats	3:12:36	3:11:27	71.	71.
2021 Boss Hog 7m (40+ obstacle 115.	567 Tracey LAST	Not Applicable	Body Unwise	2:54:05	2:53:12	49.	49.
2021 Boss Hog 7m (40+ obstacle 116.	877 Andrew BENSLEY	Not Applicable	Lab Rats	3:12:35	3:11:27	72.	72.
2021 Boss Hog 7m (40+ obstacle 116.	439 Jeff ALCOCK	Not Applicable	Body Unwise	2:54:05	2:53:12	67.	67.
2021 Boss Hog 7m (40+ obstacle 116.	282 Lisa WILSON	Not Applicable	Debenham Vets	1:56:41	1:56:11	31.	31.
2021 Boss Hog 7m (40+ obstacle 117.	663 Michelle WHITEHEAD	Not Applicable	Body Unwise	2:54:06	2:53:13	68.	68.
2021 Boss Hog 7m (40+ obstacle 117.	221 Stephanie ROEBUCK	Not Applicable	Debenham Vets	1:56:41	1:56:12	32.	32.
2021 Boss Hog 7m (40+ obstacle 118.	671 Hannah WOODRUFFE	Not Applicable	Individual	2:54:36	2:53:29	50.	50.
2021 Boss Hog 7m (40+ obstacle 118.	229 James SCHEFFLER	Not Applicable	Individual	1:57:07	1:56:33	86.	86.
2021 Boss Hog 7m (40+ obstacle 119.	447 Alicia ARTHEY	Not Applicable	The Sweaty Sows	2:55:27	2:54:12	51.	51.
2021 Boss Hog 7m (40+ obstacle 119.	34 Megan BURGESS	Not Applicable	Individual	1:57:11	1:56:37	33.	33.
2021 Boss Hog 7m (40+ obstacle 120.	581 Catriona MAINLAND	Not Applicable	The Sweaty Sows	2:55:27	2:54:12	52.	52.
2021 Boss Hog 7m (40+ obstacle 120.	151 Helen KIRKMAN	Not Applicable	Individual	1:58:22	1:57:21	34.	34.
2021 Boss Hog 7m (40+ obstacle 121.	169 Jasmine MALLETT	Not Applicable	Individual	1:58:22	1:57:21	35.	35.
2021 Boss Hog 7m (40+ obstacle 121.	474 Mike BRUCE	Not Applicable	Willis Fitness	2:56:19	2:55:24	69.	69.
2021 Boss Hog 7m (40+ obstacle 122.	235 David SHORE	Not Applicable	Daves Daiquiris	1:58:57	1:58:09	87.	87.
2021 Boss Hog 7m (40+ obstacle 122.	573 Sally LILLEY	Not Applicable	Willis Fitness	2:56:19	2:55:25	53.	53.
2021 Boss Hog 7m (40+ obstacle 123.	503 Sam EMERY	Not Applicable	Willis Fitness	2:56:19	2:55:25	54.	54.
2021 Boss Hog 7m (40+ obstacle 123.	106 Simon HARDING	Not Applicable	Daves Daiquiris	1:58:57	1:58:09	88.	88.
2021 Boss Hog 7m (40+ obstacle 124.	472 Anita BRUCE	Not Applicable	Willis Fitness	2:56:21	2:55:26	55.	55.
2021 Boss Hog 7m (40+ obstacle 124.	399 Laura QUICK	Not Applicable	Crazy Crew	1:58:24	1:58:18	36.	36.
2021 Boss Hog 7m (40+ obstacle 125.	529 Ben HAMBLING	Not Applicable	Individual	2:58:07	2:56:59	70.	70.
2021 Boss Hog 7m (40+ obstacle 125.	310 Lorna BRADFORD	Not Applicable	Crazy Crew	1:58:24	1:58:19	37.	37.
2021 Boss Hog 7m (40+ obstacle 126.	598 Alan PALFREY	Not Applicable	Team Simmo D	2:58:07	2:57:00	71.	71.

RACE CHIP TIMING RESULTS

2021 Boss Hog 7m (40+ obstacle 126.	144 Jack JOHNS	Not Applicable	Running On Empty	2:00:04	1:59:53	89.	89.
2021 Boss Hog 7m (40+ obstacle 127.	168 Alex MACE	Not Applicable	Running On Empty	2:00:04	1:59:54	90.	90.
2021 Boss Hog 7m (40+ obstacle 127.	531 Stewart HAMBLING	Not Applicable	Individual	2:58:07	2:57:00	72.	72.
2021 Boss Hog 7m (40+ obstacle 128.	68 Mia DESSAUR	Not Applicable	Running On Empty	2:00:05	1:59:55	38.	38.
2021 Boss Hog 7m (40+ obstacle 128.	599 Sonia PALFREY	Not Applicable	Team Simmo D	2:58:08	2:57:00	56.	56.
2021 Boss Hog 7m (40+ obstacle 129.	530 Charlotte HAMBLING	Not Applicable	Individual	2:58:09	2:57:01	57.	57.
2021 Boss Hog 7m (40+ obstacle 129.	175 Wendy MASSINGHAM	Not Applicable	Individual	2:02:32	2:01:36	39.	39.
2021 Boss Hog 7m (40+ obstacle 130.	553 Calvin KEEBLE	Not Applicable	Individual	3:01:56	3:00:59	73.	73.
2021 Boss Hog 7m (40+ obstacle 130.	341 Simon FRANKLIN	Not Applicable	Individual	2:02:32	2:01:38	91.	91.
2021 Boss Hog 7m (40+ obstacle 131.	480 Adam CALEY	Not Applicable	Individual	3:01:54	3:01:54	74.	74.
2021 Boss Hog 7m (40+ obstacle 131.	51 Ian CORNEBY	Not Applicable	The Cb's	2:02:09	2:01:43	92.	92.
2021 Boss Hog 7m (40+ obstacle 132.	453 Harvey BARFIELD	Not Applicable	Barfies	3:03:32	3:02:24	75.	75.
2021 Boss Hog 7m (40+ obstacle 132.	53 Wendy CORNEBY	Not Applicable	The Cb's	2:02:10	2:01:44	40.	40.
2021 Boss Hog 7m (40+ obstacle 133.	579 Niamh LYNCH	Not Applicable	Barfies	3:03:33	3:02:26	58.	58.
2021 Boss Hog 7m (40+ obstacle 133.	57 Ross CRACKNELL	Not Applicable	Individual	2:04:10	2:03:21	93.	93.
2021 Boss Hog 7m (40+ obstacle 134.	452 Gene BARFIELD	Not Applicable	Barfies	3:03:37	3:02:29	76.	76.
2021 Boss Hog 7m (40+ obstacle 134.	43 Tim CHILVERS	Not Applicable	Individual	2:04:13	2:03:24	94.	94.
2021 Boss Hog 7m (40+ obstacle 135.	630 Jane SIMIA	Not Applicable	Individual	3:08:01	3:07:18	59.	59.
2021 Boss Hog 7m (40+ obstacle 135.	96 Zak GLADWELL	Not Applicable	Martlesham Leisure	2:04:10	2:03:31	95.	95.
2021 Boss Hog 7m (40+ obstacle 136.	557 Katie KENNINGTON	Not Applicable	Individual	3:08:01	3:07:18	60.	60.
2021 Boss Hog 7m (40+ obstacle 136.	210 William PRICE	Not Applicable	Gtc Team Boss	2:06:12	2:05:46	96.	96.
2021 Boss Hog 7m (40+ obstacle 137.	629 Craig SIMIA	Not Applicable	Individual	3:08:00	3:07:19	77.	77.
2021 Boss Hog 7m (40+ obstacle 137.	183 Jamie MOORE	Not Applicable	Gtc Team Boss	2:07:04	2:06:37	97.	97.
2021 Boss Hog 7m (40+ obstacle 138.	256 Neil TERRY	Not Applicable	Individual	2:12:14	2:11:12	98.	98.
2021 Boss Hog 7m (40+ obstacle 139.	255 Katrina TERRY	Not Applicable	Individual	2:12:15	2:11:13	41.	41.
2021 Boss Hog 7m (40+ obstacle 140.	294 Paul YOUNG	Not Applicable	Individual	2:12:16	2:11:14	99.	99.
2021 Boss Hog 7m (40+ obstacle 141.	278 Claire WELSBY	Not Applicable	Individual	2:12:17	2:11:16	42.	42.
2021 Boss Hog 7m (40+ obstacle 142.	86 Mark FISHER	Not Applicable	Individual	2:12:27	2:12:08	100.	100.
2021 Boss Hog 7m (40+ obstacle 143.	7 Peter ALDRED	Not Applicable	Individual	2:12:27	2:12:08	101.	101.
2021 Boss Hog 7m (40+ obstacle 144.	158 Kelvin LANGLEY	Not Applicable	Individual	2:12:28	2:12:08	102.	102.
2021 Boss Hog 7m (40+ obstacle 145.	268 Stephen WALLER	Not Applicable	Individual	2:13:56	2:13:00	103.	103.
2021 Boss Hog 7m (40+ obstacle 146.	254 Roger TAYLOR	Not Applicable	Individual	2:15:51	2:14:47	104.	104.
2021 Boss Hog 7m (40+ obstacle 147.	201 Cat PASCALL	Not Applicable	Individual	2:15:52	2:14:48	43.	43.
2021 Boss Hog 7m (40+ obstacle 148.	248 Helen STEPHENS	Not Applicable	Individual	2:15:53	2:15:17	44.	44.
2021 Boss Hog 7m (40+ obstacle 149.	41 Sue CATTERMOLLE	Not Applicable	Individual	2:16:12	2:15:36	45.	45.
2021 Boss Hog 7m (40+ obstacle 150.	140 Sophie JENKINS	Not Applicable	Individual	2:16:16	2:15:39	46.	46.
2021 Boss Hog 7m (40+ obstacle 151.	139 Raphael JAZGIER	Not Applicable	Individual	2:16:16	2:15:41	105.	105.
2021 Boss Hog 7m (40+ obstacle 152.	138 Mim JARRETT	Not Applicable	Individual	2:18:22	2:17:18	47.	47.
2021 Boss Hog 7m (40+ obstacle 153.	244 Kev SPIERS	Not Applicable	Individual	2:18:22	2:17:19	106.	106.
2021 Boss Hog 7m (40+ obstacle 154.	228 Evie SCARBOROUGH-TAYLOR	Not Applicable	Individual	2:18:08	2:17:31	48.	48.
2021 Boss Hog 7m (40+ obstacle 155.	213 Luke READ	Not Applicable	Individual	2:19:33	2:18:28	107.	107.
2021 Boss Hog 7m (40+ obstacle 156.	170 Alice MANNING	Not Applicable	Individual	2:19:33	2:18:28	49.	49.

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2021 Boss Hog 7m (40+ obstacle 157.	23 Sophie BOGGON	Not Applicable	Individual	2:19:34	2:18:28	50.	50.
2021 Boss Hog 7m (40+ obstacle 158.	59 Louise CROSS	Not Applicable	Daisies Stinky Beasts	2:19:20	2:19:02	51.	51.
2021 Boss Hog 7m (40+ obstacle 159.	216 Lisa REGAN	Not Applicable	Daisies Stinky Beasts	2:19:20	2:19:02	52.	52.
2021 Boss Hog 7m (40+ obstacle 160.	217 Sue REGAN	Not Applicable	Daisies Stinky Beasts	2:19:21	2:19:02	53.	53.
2021 Boss Hog 7m (40+ obstacle 161.	124 Sherrye HOLMAN	Not Applicable	Individual	2:21:44	2:20:46	54.	54.
2021 Boss Hog 7m (40+ obstacle 162.	123 David HOLMAN	Not Applicable	Individual	2:21:44	2:20:47	108.	108.
2021 Boss Hog 7m (40+ obstacle 163.	287 Jamie WOODGATE	Not Applicable	Individual	2:21:30	2:20:52	109.	109.
2021 Boss Hog 7m (40+ obstacle 164.	156 Kristina KORNICKAJA	Not Applicable	Individual	2:21:31	2:20:52	55.	55.
2021 Boss Hog 7m (40+ obstacle 165.	142 Lorraine JENNINGS	Not Applicable	Individual	2:22:56	2:21:57	56.	56.
2021 Boss Hog 7m (40+ obstacle 166.	48 Laura COLLINSON	Not Applicable	Individual	2:22:56	2:21:57	57.	57.
2021 Boss Hog 7m (40+ obstacle 167.	237 Emma SILK	Not Applicable	Individual	2:23:21	2:22:24	58.	58.
2021 Boss Hog 7m (40+ obstacle 168.	99 Lucy GOLDSMITH	Not Applicable	Individual	2:23:22	2:22:25	59.	59.
2021 Boss Hog 7m (40+ obstacle 169.	62 Katie DAGNALL	Not Applicable	Individual	2:27:04	2:25:59	60.	60.
2021 Boss Hog 7m (40+ obstacle 170.	191 Helen OFFORD	Not Applicable	Individual	2:27:04	2:26:00	61.	61.
2021 Boss Hog 7m (40+ obstacle 171.	161 Richard LEWIS	Not Applicable	Individual	2:27:59	2:26:58	110.	110.
2021 Boss Hog 7m (40+ obstacle 172.	227 Kerry SAXTON	Not Applicable	Individual	2:28:25	2:27:20	62.	62.
2021 Boss Hog 7m (40+ obstacle 173.	33 Alice BULLOCK	Not Applicable	Individual	2:28:25	2:27:20	63.	63.
2021 Boss Hog 7m (40+ obstacle 174.	65 Sarah DAY	Not Applicable	Individual	2:29:46	2:28:44	64.	64.
2021 Boss Hog 7m (40+ obstacle 175.	172 Claire MARTIN	Not Applicable	Individual	2:29:47	2:28:44	65.	65.
2021 Boss Hog 7m (40+ obstacle 176.	192 Julie ORFORD	Not Applicable	Individual	2:31:32	2:30:30	66.	66.
2021 Boss Hog 7m (40+ obstacle 177.	131 Jenny HUFF	Not Applicable	Individual	2:35:41	2:34:42	67.	67.
2021 Boss Hog 7m (40+ obstacle 178.	69 David DIXON	Not Applicable	Individual	2:35:41	2:34:43	111.	111.
2021 Boss Hog 7m (40+ obstacle 179.	177 Brendan MAXFIELD	Not Applicable	Individual	2:35:41	2:34:43	112.	112.
2021 Boss Hog 7m (40+ obstacle 180.	155 Peter KNOX	Not Applicable	Don't Mess Up My Hair	2:37:46	2:36:32	113.	113.
2021 Boss Hog 7m (40+ obstacle 181.	208 Simon PODD	Not Applicable	Don't Mess Up My Hair	2:37:46	2:36:33	114.	114.
2021 Boss Hog 7m (40+ obstacle 182.	207 Bradley PODD	Not Applicable	Don't Mess Up My Hair	2:37:58	2:36:43	115.	115.
2021 Boss Hog 7m (40+ obstacle 183.	246 Pina STANDRING	Not Applicable	Individual	2:39:45	2:38:41	68.	68.
2021 Boss Hog 7m (40+ obstacle 184.	245 Matt STANDRING	Not Applicable	Individual	2:39:45	2:38:41	116.	116.
2021 Boss Hog 7m (40+ obstacle 185.	118 Clare HENNESSY	Not Applicable	Daisies Stinky Beasts	2:41:06	2:40:47	69.	69.
2021 Boss Hog 7m (40+ obstacle 186.	135 Elliot HUME	Not Applicable	Gtc Team Boss	2:42:57	2:42:30	117.	117.
2021 Boss Hog 7m (40+ obstacle 187.	82 Jaimee FARROW	Not Applicable	Gtc Team Boss	2:43:00	2:42:34	70.	70.
2021 Boss Hog 7m (40+ obstacle 188.	100 Bethany GORDON	Not Applicable	Gtc Team Boss	2:43:01	2:42:34	71.	71.
2021 Boss Hog 7m (40+ obstacle 189.	10 Viorica AXENTE	Not Applicable	Gtc Team Boss	2:43:04	2:42:38	72.	72.
2021 Boss Hog 7m (40+ obstacle 190.	13 Artur BALINT	Not Applicable	Gtc Team Boss	2:43:06	2:42:41	118.	118.
2021 Boss Hog 7m (40+ obstacle 191.	104 Elizabeth GWILLIAM	Not Applicable	Individual	2:44:17	2:43:04	73.	73.
2021 Boss Hog 7m (40+ obstacle 192.	145 Catherine JOHNSON	Not Applicable	Individual	2:44:17	2:43:05	74.	74.
2021 Boss Hog 7m (40+ obstacle 193.	90 Jacqui FROST	Not Applicable	Individual	2:44:56	2:43:54	75.	75.
2021 Boss Hog 7m (40+ obstacle 194.	1702 Sam LEWIS	Not Applicable	Individual	2:44:58	2:43:56	76.	76.
2021 Boss Hog 7m (40+ obstacle 195.	190 Shaun OASTLER	Not Applicable	Individual	2:48:04	2:47:18	119.	119.
2021 Boss Hog 7m (40+ obstacle 196.	92 Donna GENT	Not Applicable	Individual	2:48:05	2:47:19	120.	120.
2021 Boss Hog 7m (40+ obstacle 197.	42 Danny CHEUNG	Not Applicable	Gtc Team Boss	2:50:45	2:50:11	121.	121.
2021 Boss Hog 7m (40+ obstacle 198.	4 Kelsey ABBOTT	Not Applicable	Don't Mess Up My Hair	2:51:54	2:50:40	77.	77.

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2021 Boss Hog 7m (40+ obstacle 199.	5 Traven ABBOTT	Not Applicable	Don't Mess Up My Hair	2:51:56	2:50:41	122.	122.
2021 Boss Hog 7m (40+ obstacle 200.	1 Chris ABBOTT	Not Applicable	Don't Mess Up My Hair	2:52:01	2:50:46	123.	123.
2021 Boss Hog 7m (40+ obstacle 201.	174 Jack MASON	Not Applicable	Individual	2:57:47	2:57:18	124.	124.
2021 Boss Hog 7m (40+ obstacle 202.	247 Gemma STEGGLES	Not Applicable	Gtc Team Boss	2:57:47	2:57:19	78.	78.
2021 Boss Hog 7m (40+ obstacle 203.	194 Karl ORTON	Not Applicable	Individual	2:59:34	2:58:18	125.	125.
2021 Boss Hog 7m (40+ obstacle 204.	186 Samantha MORRISON	Not Applicable	Team Bc	2:59:34	2:58:18	79.	79.
2021 Boss Hog 7m (40+ obstacle 205.	252 Nicola STRINGER	Not Applicable	Team Bc	2:59:34	2:58:18	80.	80.
2021 Boss Hog 7m (40+ obstacle 206.	193 Charlotte ORTON	Not Applicable	Individual	2:59:36	2:58:19	126.	126.
2021 Boss Hog 7m (40+ obstacle 207.	18 Andy BETHWAITE	Not Applicable	Team Bv	2:59:37	2:58:20	127.	127.
2021 Boss Hog 7m (40+ obstacle 208.	19 Jo BETHWAITE	Not Applicable	Team Bc	2:59:37	2:58:20	81.	81.
2021 Boss Hog 7m (40+ obstacle 209.	22 George BODDINGTON	Not Applicable	Don't Mess Up My Hair	3:05:14	3:03:59	128.	128.
2021 Boss Hog 7m (40+ obstacle 210.	1705 Megan BODDINGTON	Not Applicable	Individual	3:05:17	3:04:04	82.	82.
2021 Boss Hog 7m (40+ obstacle a.k.	908 Ella CRAGGS	Not Applicable	Woolverstone Wanderers				
2021 Boss Hog 7m (40+ obstacle a.k.	980 Neal MYERSCOUGH	Not Applicable	Woolverstone Wanderers				
2021 Boss Hog 7m (40+ obstacle a.k.	45 Paul CLOW	Not Applicable	Individual				
2021 Boss Hog 7m (40+ obstacle a.k.	182 Rebecca MILLER	Not Applicable	Individual				
2021 Boss Hog 7m (40+ obstacle a.k.	603 Rick PHILLIPS	Not Applicable	Premature Acceleration				
2021 Boss Hog 7m (40+ obstacle a.k.	443 Rob ALLINSON	Not Applicable	Mie				
2021 Boss Hog 7m (40+ obstacle a.k.	981 Sarah MYERSCOUGH	Not Applicable	Woolverstone Wanderers				
2021 Boss Hog 7m (40+ obstacle DNF	1405 Alfie EDWARDS	Not Applicable	Individual				
2021 Boss Hog 7m (40+ obstacle DNF	95 Alfred GJERGJI	Not Applicable	Your Mother's Got A Penis!				
2021 Boss Hog 7m (40+ obstacle DNF	939 Amy HELLINGS	Not Applicable	Individual				
2021 Boss Hog 7m (40+ obstacle DNF	571 Amy LEVER	Not Applicable	Individual				
2021 Boss Hog 7m (40+ obstacle DNF	115 Andrew HAWES	Not Applicable	Pending				
2021 Boss Hog 7m (40+ obstacle DNF	997 Anika SHENFIELD	Not Applicable	Individual				
2021 Boss Hog 7m (40+ obstacle DNF	150 Anna KING	Not Applicable	Individual				
2021 Boss Hog 7m (40+ obstacle DNF	658 Anna WEISS-HINDLE	Not Applicable	Kesgrave Cruisers				
2021 Boss Hog 7m (40+ obstacle DNF	492 Astrid COXON	Not Applicable	Individual				
2021 Boss Hog 7m (40+ obstacle DNF	1701 Ben CHISNALL	Not Applicable	Individual				
2021 Boss Hog 7m (40+ obstacle DNF	552 Benjamin Keeble KEEBLE	Not Applicable	Individual				
2021 Boss Hog 7m (40+ obstacle DNF	286 Bradley WOOD	Not Applicable	Daves Daiquiris				
2021 Boss Hog 7m (40+ obstacle DNF	130 Bryce HUDELSON	Not Applicable	Gtc Team Boss				
2021 Boss Hog 7m (40+ obstacle DNF	651 Byron VAN-DEVENTER	Not Applicable	Mud Brothers				
2021 Boss Hog 7m (40+ obstacle DNF	1277 Cameron BURLEY	Not Applicable	Seven Resourcing				
2021 Boss Hog 7m (40+ obstacle DNF	67 Cara DESSAUR	Not Applicable	Running On Empty				
2021 Boss Hog 7m (40+ obstacle DNF	1270 Chris BENNETT	Not Applicable	Kingsleys Gang				
2021 Boss Hog 7m (40+ obstacle DNF	1284 Chris CORNESS	Not Applicable	C&h Builders				
2021 Boss Hog 7m (40+ obstacle DNF	122 Ciaran HOBART	Not Applicable	Gtc Team Boss				
2021 Boss Hog 7m (40+ obstacle DNF	60 Dan CUMMINGS	Not Applicable	Individual				
2021 Boss Hog 7m (40+ obstacle DNF	1265 Daniel ALDRIDGE	Not Applicable	Individual				
2021 Boss Hog 7m (40+ obstacle DNF	559 Darren KING	Not Applicable	Individual				
2021 Boss Hog 7m (40+ obstacle DNF	649 Deborah TULLETT	Not Applicable	Willis Fitness				

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2021 Boss Hog 7m (40+ obstacle DNF	234 Donna SHEPPARD	Not Applicable	Hawks Porks
2021 Boss Hog 7m (40+ obstacle DNF	1351 Elliot MOORE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	176 Emma MASSON	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	1359 Fay NORTHCOTT	Not Applicable	Yourshirts
2021 Boss Hog 7m (40+ obstacle DNF	560 Gemma KING	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	17 George BENTLEY	Not Applicable	Running On Empty
2021 Boss Hog 7m (40+ obstacle DNF	1006 George SPACKMAN	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	953 Georgia HUBERT	Not Applicable	Lab Rats
2021 Boss Hog 7m (40+ obstacle DNF	1279 Grant CATCHPOLE	Not Applicable	Yourshirts
2021 Boss Hog 7m (40+ obstacle DNF	499 Hadleigh DRAKE	Not Applicable	Mud Brothers
2021 Boss Hog 7m (40+ obstacle DNF	883 Hannah BRIGGS	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	926 Hannah ELLISON	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	263 Hayley TURNER	Not Applicable	Gtc Team Boss
2021 Boss Hog 7m (40+ obstacle DNF	1373 Heath RENNISON	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	1392 India TOMALIN	Not Applicable	The Muddy Ducklings
2021 Boss Hog 7m (40+ obstacle DNF	677 Ivan WRIGHT	Not Applicable	Wrightone
2021 Boss Hog 7m (40+ obstacle DNF	617 Iwan REES	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	967 Jack MADDISON	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	961 Jake LANGFORD	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	438 James ALCOCK	Not Applicable	Body Unwise
2021 Boss Hog 7m (40+ obstacle DNF	204 Jenny PEARCE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	907 Jez COWLEY	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	1294 Jo FELLOWES	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	260 Jonathan TRICKER	Not Applicable	There's No Adam In Team
2021 Boss Hog 7m (40+ obstacle DNF	566 Julia LAST	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	929 Kaye EXTANCE	Not Applicable	Woolverstone Wanderers
2021 Boss Hog 7m (40+ obstacle DNF	1704 Keith AMBROSE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	84 Kelly FENTON	Not Applicable	Hawks Porks
2021 Boss Hog 7m (40+ obstacle DNF	185 Kim MORPHEW	Not Applicable	Hawks Porks
2021 Boss Hog 7m (40+ obstacle DNF	1033 Kim WHELAN	Not Applicable	Woolverstone Wanderers
2021 Boss Hog 7m (40+ obstacle DNF	477 Kris BUTLER	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	1012 Laura TAYLOR	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	87 Lisa FLITCROFT	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	860 Luke ADAMS	Not Applicable	Tough Mudder Fudders
2021 Boss Hog 7m (40+ obstacle DNF	1406 Marloe POWELL	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	975 Mathew MORGAN	Not Applicable	Lab Rats
2021 Boss Hog 7m (40+ obstacle DNF	236 Matthew SHORE	Not Applicable	Daves Daiquiris
2021 Boss Hog 7m (40+ obstacle DNF	1018 Matthew VAUGHAN	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	1323 Mellisa INGRAM	Not Applicable	The Fuddy Muckers
2021 Boss Hog 7m (40+ obstacle DNF	1285 Michael CORNESS	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	1707 Michael HUNTLEY	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	1369 Mike PEREIRA	Not Applicable	Yourshirts

RACE CHIP TIMING RESULTS

2021 Boss Hog 7m (40+ obstacle DNF	637 Mike STAPLES	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	1312 Mollie GRINYER-POWER	Not Applicable	Gft Bootcamp Boss
2021 Boss Hog 7m (40+ obstacle DNF	987 Necla PEARCE	Not Applicable	Woolverstone Wanderers
2021 Boss Hog 7m (40+ obstacle DNF	555 Noremer KELLEGHER	Not Applicable	The Sweaty Sows
2021 Boss Hog 7m (40+ obstacle DNF	1009 Paul STONE	Not Applicable	Woolverstone Wanderers
2021 Boss Hog 7m (40+ obstacle DNF	110 Peter HART	Not Applicable	Gtc Team Boss
2021 Boss Hog 7m (40+ obstacle DNF	1005 Phil SMITH	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	536 Rachael HAYTER	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	873 Rachel BARRETT	Not Applicable	Lab Rats
2021 Boss Hog 7m (40+ obstacle DNF	580 Rebecca MACLUSKY	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	1029 Rob WELHAM	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	956 Robert ILETT	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	154 Robert KNIGHTS	Not Applicable	Dissfunctionals
2021 Boss Hog 7m (40+ obstacle DNF	1038 Ryan WILLIAMS	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	61 Sarah CUMMINGS	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	239 Sarah SIMPSON	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	455 Sharon BARFIELD	Not Applicable	Barfies
2021 Boss Hog 7m (40+ obstacle DNF	39 Sherralyn CARLTON	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	645 Simon TERRY	Not Applicable	Team Simmo D
2021 Boss Hog 7m (40+ obstacle DNF	1378 Stacey SALLOWS	Not Applicable	The Fuddy Muckers
2021 Boss Hog 7m (40+ obstacle DNF	511 Stephen FORD	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	962 Stephen LAYZELL	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	1019 Stephen VAUGHAN	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	593 Teddy NTULI	Not Applicable	Liability And General Insurance
2021 Boss Hog 7m (40+ obstacle DNF	583 Tom MARKS	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNF	609 Tom POWELL	Not Applicable	Rushmere Physiotherapy Clinic
2021 Boss Hog 7m (40+ obstacle DNF	505 Vicky ETHERINGTON	Not Applicable	The Sweaty Sows
2021 Boss Hog 7m (40+ obstacle DNF	607 Victoria POOLEY	Not Applicable	The Sweaty Sows
2021 Boss Hog 7m (40+ obstacle DNF	15 Zak BATES	Not Applicable	Daves Daiquiris
2021 Boss Hog 7m (40+ obstacle DNS	502 Aaron ELVIN	Not Applicable	Willis Fitness
2021 Boss Hog 7m (40+ obstacle DNS	1317 Adam HATELEY	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	541 Adam HONEYBELL	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	588 Adam MUNSON	Not Applicable	The 3 Bears
2021 Boss Hog 7m (40+ obstacle DNS	1299 Adrian FLETCHER	Not Applicable	Seven Resourcing
2021 Boss Hog 7m (40+ obstacle DNS	120 Adrian HEWITT	Not Applicable	New Direction
2021 Boss Hog 7m (40+ obstacle DNS	947 Ailsa HOLMES	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	276 Alan WEARING	Not Applicable	New Direction
2021 Boss Hog 7m (40+ obstacle DNS	892 Alberto CASADO GÓMEZ	Not Applicable	The Pancake Bandits
2021 Boss Hog 7m (40+ obstacle DNS	27 Alex BRICE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	132 Alex HUMBY	Not Applicable	New Direction
2021 Boss Hog 7m (40+ obstacle DNS	551 Alex KEEBLE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	568 Alison LEE	Not Applicable	Individual

RACE CHIP TIMING RESULTS

2021 Boss Hog 7m (40+ obstacle DNS	225 Amanda SARGEANT	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	451 Amy BARBER	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	483 Andy CHALLIS	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	179 Andy MCQUEEN	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	674 Andy WRIGHT	Not Applicable	Mie
2021 Boss Hog 7m (40+ obstacle DNS	1334 Bailey LANKESTER	Not Applicable	Seven Resourcing
2021 Boss Hog 7m (40+ obstacle DNS	507 Barry EVE	Not Applicable	The 3 Bears
2021 Boss Hog 7m (40+ obstacle DNS	88 Bea FRANCIS	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	523 Ben GREENFIELD	Not Applicable	Slap & Tickle
2021 Boss Hog 7m (40+ obstacle DNS	550 Ben JONES	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	232 Bryanne SHEARMAN	Not Applicable	Daisies Stinky Beasts
2021 Boss Hog 7m (40+ obstacle DNS	875 Calvin BEIGHTON	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	1344 Cameron MASON	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	1043 Carissa WYATT	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	633 Carl SMITH	Not Applicable	Premature Acceleration
2021 Boss Hog 7m (40+ obstacle DNS	990 Carlos RIBEIRO	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	626 Catriona SHAW	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	25 Chantal BOUVET	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	585 Chantal MOORHOUSE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	75 Charlie ELEY	Not Applicable	Mother Of All Hogs
2021 Boss Hog 7m (40+ obstacle DNS	898 Charlotte CHESHIRE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	44 Charlotte CLARKE	Not Applicable	Power Hour 1
2021 Boss Hog 7m (40+ obstacle DNS	535 Charlotte HASTINGS	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	988 Cheryl PETHYBRIDGE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	162 Chris LING	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	222 Christopher ROUSE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	206 Claire PILSWORTH	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	589 Colin MURKIN	Not Applicable	Body Unwise
2021 Boss Hog 7m (40+ obstacle DNS	640 Colin STUDD	Not Applicable	Body Unwise
2021 Boss Hog 7m (40+ obstacle DNS	196 Craig PAGE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	664 Craig WILLIAMS	Not Applicable	Piss Heads
2021 Boss Hog 7m (40+ obstacle DNS	136 Dale HYDE	Not Applicable	Mother Of All Hogs
2021 Boss Hog 7m (40+ obstacle DNS	2 Daniel ABBOTT	Not Applicable	Nea
2021 Boss Hog 7m (40+ obstacle DNS	488 Daniel CLARKE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	521 Daniel GOURLAY	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	982 Daniel NEVES	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	554 Danielle KEEBLE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	631 Danny SIMMONS	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	189 Darren NOYES	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	620 Darren ROWELL-BURTON	Not Applicable	The 3 Bears
2021 Boss Hog 7m (40+ obstacle DNS	494 David CROOKS	Not Applicable	Relentless And Leg Cramps
2021 Boss Hog 7m (40+ obstacle DNS	610 David PRATT	Not Applicable	Individual

RACE CHIP TIMING RESULTS

2021 Boss Hog 7m (40+ obstacle DNS	628 David SHAW	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	672 David WOOLNOUGH	Not Applicable	2 Faucets 1 Plug Hole
2021 Boss Hog 7m (40+ obstacle DNS	867 Davina ARMSTRONG	Not Applicable	Where Is Amber?
2021 Boss Hog 7m (40+ obstacle DNS	623 Debbie SECRET	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	460 Donna-Louise BISHOP	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	556 Drew KEMP	Not Applicable	Oval Kings
2021 Boss Hog 7m (40+ obstacle DNS	901 Eliza COE	Not Applicable	Oh My Quad!
2021 Boss Hog 7m (40+ obstacle DNS	1350 Elliot MOORE	Not Applicable	Shut Your Laptop Louisa
2021 Boss Hog 7m (40+ obstacle DNS	478 Emily BUXTON	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	902 Emily COE	Not Applicable	Oh My Quad!
2021 Boss Hog 7m (40+ obstacle DNS	1030 Emily WESTCOTT	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	878 Emma BEST	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	1011 Emma TAYLOR	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	647 Emma THORNDYKE	Not Applicable	Willis Fitness
2021 Boss Hog 7m (40+ obstacle DNS	506 Freya EVANS	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	199 Gary PARKER	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	665 Gavin WILLIAMS	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	1035 Gemma WILLIAMS	Not Applicable	Muddy Ducklings
2021 Boss Hog 7m (40+ obstacle DNS	166 Graham LONG	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	1382 Gurmail SINGH	Not Applicable	Seven Resourcing
2021 Boss Hog 7m (40+ obstacle DNS	459 Hannah BEWICK	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	522 Hannah GRAVES	Not Applicable	Willis Fitness
2021 Boss Hog 7m (40+ obstacle DNS	548 Hannah JOINER	Not Applicable	Piss Heads
2021 Boss Hog 7m (40+ obstacle DNS	670 Hannah WINFIELD	Not Applicable	Slap & Tickle
2021 Boss Hog 7m (40+ obstacle DNS	74 Hayden EDMUNDS	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	223 Iain RUDD	Not Applicable	New Direction
2021 Boss Hog 7m (40+ obstacle DNS	163 Issac LING	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	173 Jack MASON	Not Applicable	Gtc Team Boss
2021 Boss Hog 7m (40+ obstacle DNS	481 James CASBARD	Not Applicable	Mud Brothers
2021 Boss Hog 7m (40+ obstacle DNS	504 James EMINSON	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	936 James HADLEY	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	662 James WHITEHEAD	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	289 James WOOLLARD	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	293 James YOUNG	Not Applicable	Power Hour 1
2021 Boss Hog 7m (40+ obstacle DNS	109 Jamie HARROLD	Not Applicable	Blue Steel
2021 Boss Hog 7m (40+ obstacle DNS	542 Jamie HORNELL-EDWARDS	Not Applicable	Piss Heads
2021 Boss Hog 7m (40+ obstacle DNS	1290 Jarret DU PLESSIS	Not Applicable	Seven Resourcing
2021 Boss Hog 7m (40+ obstacle DNS	634 Jen SMITH	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	449 Jennifer AUSTIN	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	641 Jo STUDD	Not Applicable	Body Unwise
2021 Boss Hog 7m (40+ obstacle DNS	520 Jodie GLEN	Not Applicable	50 Shades Of Mud
2021 Boss Hog 7m (40+ obstacle DNS	1273 John BIRCHALL	Not Applicable	Fenn Wright

RACE CHIP TIMING RESULTS

2021 Boss Hog 7m (40+ obstacle DNS	94 John GILLESPIE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	1337 John LEGGETT	Not Applicable	Seven Resourcing
2021 Boss Hog 7m (40+ obstacle DNS	279 John WILBY	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	482 Johnathan CATCHPOLE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	133 Jon HUMBY	Not Applicable	New Direction
2021 Boss Hog 7m (40+ obstacle DNS	605 Jonathan PIPE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	464 Joseph BOOM	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	1314 Joseph HALL	Not Applicable	Fenn Wright
2021 Boss Hog 7m (40+ obstacle DNS	992 Josh ROWLANDSON	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	575 Kay LOCKWOOD	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	1377 Kelvin RYAN	Not Applicable	Seven Resourcing
2021 Boss Hog 7m (40+ obstacle DNS	167 Kerry LUSHER	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	125 Kevin HONEY	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	561 Kirstie KING	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	454 Lauren BARFIELD	Not Applicable	Barfies
2021 Boss Hog 7m (40+ obstacle DNS	650 Lauren TURNER	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	1328 Laurence JOHNSON	Not Applicable	Seven Resourcing
2021 Boss Hog 7m (40+ obstacle DNS	978 Leanne MOSS	Not Applicable	Oh My Quad!
2021 Boss Hog 7m (40+ obstacle DNS	516 Lee GARRETT	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	238 Lee SIMPSON	Not Applicable	Nea
2021 Boss Hog 7m (40+ obstacle DNS	587 Leon MOWER	Not Applicable	Oval Kings
2021 Boss Hog 7m (40+ obstacle DNS	919 Liam D'SOUZA	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	266 Liam VAN TUINEN	Not Applicable	Your Mother's Got A Penis!
2021 Boss Hog 7m (40+ obstacle DNS	619 Lianne ROBINSON	Not Applicable	50 Shades Of Mud
2021 Boss Hog 7m (40+ obstacle DNS	285 Lizzie WOFFORD	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	1010 Lorraine TAPLIN	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	1318 Lucy HOLLOWAY	Not Applicable	Gft Bootcamp Boss
2021 Boss Hog 7m (40+ obstacle DNS	642 Luke TAYLOR	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	265 Luke VALE	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	450 Mark BAKER	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	147 Mark KEIGHTLEY	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	203 Mark PASHLER	Not Applicable	Don't Mess Up My Hair
2021 Boss Hog 7m (40+ obstacle DNS	638 Matt STOTT	Not Applicable	Rushmere Physiotherapy Clinic
2021 Boss Hog 7m (40+ obstacle DNS	577 Matthew LONGSON	Not Applicable	50 Shades Of Mud
2021 Boss Hog 7m (40+ obstacle DNS	1346 Matthew MEANOCK	Not Applicable	Seven Resourcing
2021 Boss Hog 7m (40+ obstacle DNS	243 Matthew SOAR	Not Applicable	Nea
2021 Boss Hog 7m (40+ obstacle DNS	24 Max BOOTH	Not Applicable	Your Mother's Got A Penis!
2021 Boss Hog 7m (40+ obstacle DNS	916 Maximilian DIRLIK-BROWN	Not Applicable	Lab Rats
2021 Boss Hog 7m (40+ obstacle DNS	1341 Maya MADDISON	Not Applicable	Seven Resourcing
2021 Boss Hog 7m (40+ obstacle DNS	927 Megan ERITH	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	1322 Michael HUNTLEY	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	143 Michael JENNINGS	Not Applicable	Individual

RACE CHIP TIMING RESULTS

2021 Boss Hog 7m (40+ obstacle DNS	129 Mike HOWARD	Not Applicable	Mother Of All Hogs
2021 Boss Hog 7m (40+ obstacle DNS	224 Mike RUDD	Not Applicable	New Direction
2021 Boss Hog 7m (40+ obstacle DNS	903 Natasha COLE	Not Applicable	Lab Rats
2021 Boss Hog 7m (40+ obstacle DNS	558 Natasha KERRY	Not Applicable	Body Unwise
2021 Boss Hog 7m (40+ obstacle DNS	121 Neil HEWITT	Not Applicable	New Direction
2021 Boss Hog 7m (40+ obstacle DNS	549 Nick JOINER	Not Applicable	Piss Heads
2021 Boss Hog 7m (40+ obstacle DNS	1004 Nick SMITH	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	148 Nicola KEIGHTLEY	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	644 Nikki TERRY	Not Applicable	Team Simmo D
2021 Boss Hog 7m (40+ obstacle DNS	261 Paul TRINDER	Not Applicable	Mother Of All Hogs
2021 Boss Hog 7m (40+ obstacle DNS	1040 Paul WILSON	Not Applicable	Mayday
2021 Boss Hog 7m (40+ obstacle DNS	1298 Peter FISK	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	226 Phil SARGEANT	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	465 Philip BRADBROOK	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	466 Rachel BRIDGEMAN	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	612 Rachel PUSHMAN	Not Applicable	Team Simmo D
2021 Boss Hog 7m (40+ obstacle DNS	931 Richard FLATMAN	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	253 Richard SYRETT	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	486 Rie CHARLES	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	444 Robert ALLINSON	Not Applicable	Liability And General Insurance
2021 Boss Hog 7m (40+ obstacle DNS	267 Robert WALKER	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	1031 Robert WESTCOTT	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	14 Rosie BARTLETT	Not Applicable	Dissfunctionals
2021 Boss Hog 7m (40+ obstacle DNS	1278 Ross CARTER	Not Applicable	Shut Your Laptop Louisa
2021 Boss Hog 7m (40+ obstacle DNS	527 Russell HADDOW	Not Applicable	50 Shades Of Mud
2021 Boss Hog 7m (40+ obstacle DNS	652 Ryan WALES	Not Applicable	Body Unwise
2021 Boss Hog 7m (40+ obstacle DNS	911 Sam CULHAM	Not Applicable	Oh My Quad!
2021 Boss Hog 7m (40+ obstacle DNS	462 Samantha BLACK	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	491 Samantha COULSTOCK	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	667 Sarah WILLIAMS	Not Applicable	Piss Heads
2021 Boss Hog 7m (40+ obstacle DNS	954 Sasha HUNT	Not Applicable	Tenacious Turtles
2021 Boss Hog 7m (40+ obstacle DNS	606 Shelly PLEASANCE	Not Applicable	Body Unwise
2021 Boss Hog 7m (40+ obstacle DNS	613 Simon PUSHMAN	Not Applicable	Team Simmo D
2021 Boss Hog 7m (40+ obstacle DNS	1001 Simon SINCLAIR	Not Applicable	Woodbridge Shufflers Rc
2021 Boss Hog 7m (40+ obstacle DNS	601 Stacey PAYNE	Not Applicable	Mud Brothers
2021 Boss Hog 7m (40+ obstacle DNS	524 Stephen GREENFIELD	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	180 Steve MELLOR	Not Applicable	Mother Of All Hogs
2021 Boss Hog 7m (40+ obstacle DNS	1305 Steven GEISS	Not Applicable	Fenn Wright
2021 Boss Hog 7m (40+ obstacle DNS	463 Stewart BLACKBURN	Not Applicable	We Got The Runs
2021 Boss Hog 7m (40+ obstacle DNS	134 Sue HUMBY	Not Applicable	New Direction
2021 Boss Hog 7m (40+ obstacle DNS	904 Susan CONQUER	Not Applicable	Individual
2021 Boss Hog 7m (40+ obstacle DNS	525 Susie GREENFIELD	Not Applicable	Individual

RACE CHIP TIMING RESULTS

2021 Boss Hog 7m (40+ obstacle DNS	532 Syed HAMID	Not Applicable	Liability And General Insurance				
2021 Boss Hog 7m (40+ obstacle DNS	37 Troy BUTLER-HOPKINS	Not Applicable	Individual				
2021 Boss Hog 7m (40+ obstacle DNS	198 Wayne PAGE	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac 1.	761 Joseph HOUGH	Not Applicable	A Brighter Team 2 (ormiston Families)	46:20	46:14	1.	1.
2021 Whole Hog 5m (30+ obstac 1.	1085 Lubi CHVALA	Not Applicable	Team Tcf	1:07:16	1:07:04	1.	1.
2021 Whole Hog 5m (30+ obstac 1.	1422 Sean BROWNELL	Not Applicable	13 Fitness Team 1	53:44	53:41	1.	1.
2021 Whole Hog 5m (30+ obstac 1.	330 Troy DOUGLAS COLLOW	Not Applicable	Individual	44:59	44:47	1.	1.
2021 Whole Hog 5m (30+ obstac 2.	743 Finn GEMMELL	Not Applicable	A Brighter Team 4 (ormiston Families)	51:24	51:21	2.	2.
2021 Whole Hog 5m (30+ obstac 2.	1053 Nick BARHAM	Not Applicable	Team Tcf	1:08:02	1:07:53	2.	2.
2021 Whole Hog 5m (30+ obstac 2.	1433 Paul COOLEGE	Not Applicable	13 Fitness Team 1	53:46	53:43	2.	2.
2021 Whole Hog 5m (30+ obstac 2.	374 Will LONGWORTH	Not Applicable	Individual	45:00	44:51	2.	2.
2021 Whole Hog 5m (30+ obstac 3.	741 James FULFORD	Not Applicable	Individual	54:27	53:33	3.	3.
2021 Whole Hog 5m (30+ obstac 3.	346 Lee GODDARD	Not Applicable	Restorators	51:18	51:12	3.	3.
2021 Whole Hog 5m (30+ obstac 3.	1439 Matt CUMMINGS	Not Applicable	Individual	57:06	56:45	3.	3.
2021 Whole Hog 5m (30+ obstac 3.	1113 Will EDWARDS	Not Applicable	Team Tcf	1:08:02	1:08:02	3.	3.
2021 Whole Hog 5m (30+ obstac 4.	1517 Karl SANDILANDS	Not Applicable	13 Fitness Team 1	56:58	56:54	4.	4.
2021 Whole Hog 5m (30+ obstac 4.	681 Matthew ADLEM	Not Applicable	Individual	55:29	54:35	4.	4.
2021 Whole Hog 5m (30+ obstac 4.	1199 Nathan MORRISON-WHEELER	Not Applicable	Individual	1:08:51	1:08:27	4.	4.
2021 Whole Hog 5m (30+ obstac 4.	324 Richard CRANE	Not Applicable	Act	52:54	52:27	4.	4.
2021 Whole Hog 5m (30+ obstac 5.	1432 Alex COLDWELL	Not Applicable	13 Fitness Team 1	57:09	57:07	5.	5.
2021 Whole Hog 5m (30+ obstac 5.	1118 Chris FORD	Not Applicable	Team Tcf	1:09:03	1:08:53	5.	5.
2021 Whole Hog 5m (30+ obstac 5.	407 Gary RUSSELL	Not Applicable	Power Hour 2	53:17	52:54	5.	5.
2021 Whole Hog 5m (30+ obstac 5.	690 Shaun BAILEY	Not Applicable	Individual	55:39	54:45	5.	5.
2021 Whole Hog 5m (30+ obstac 6.	1132 David GREEN	Not Applicable	Individual	1:09:59	1:09:51	6.	6.
2021 Whole Hog 5m (30+ obstac 6.	1431 James COLCHESTER	Not Applicable	13 Fitness Team 6	57:14	57:10	6.	6.
2021 Whole Hog 5m (30+ obstac 6.	721 Tristan COLLINS-STIFF	Not Applicable	A Brighter Team 1 (ormiston Families)	55:45	55:40	6.	6.
2021 Whole Hog 5m (30+ obstac 6.	331 Wayne DUFF-GODFREY	Not Applicable	Act	1:01:03	1:00:37	6.	6.
2021 Whole Hog 5m (30+ obstac 7.	799 Allan MYATT	Not Applicable	A Brighter Team 3 (ormiston Families)	58:38	58:32	7.	7.
2021 Whole Hog 5m (30+ obstac 7.	305 Carl BERRIMAN	Not Applicable	Individual	1:01:15	1:00:57	7.	7.
2021 Whole Hog 5m (30+ obstac 7.	1134 Mike GREEN	Not Applicable	Individual	1:09:59	1:09:51	7.	7.
2021 Whole Hog 5m (30+ obstac 7.	1472 Sam HARDWICK	Not Applicable	13 Fitness Team 3	1:00:10	1:00:07	7.	7.
2021 Whole Hog 5m (30+ obstac 8.	784 Graeme MATEER	Not Applicable	A Brighter Team 3 (ormiston Families)	58:51	58:45	8.	8.
2021 Whole Hog 5m (30+ obstac 8.	1133 Joel GREEN	Not Applicable	Individual	1:10:00	1:09:52	8.	8.
2021 Whole Hog 5m (30+ obstac 8.	408 Lauren RUSSELL	Not Applicable	Power Hour 2	1:04:30	1:04:06	1.	1.
2021 Whole Hog 5m (30+ obstac 8.	1529 Nicola STACEY	Not Applicable	Individual	1:00:46	1:00:27	1.	1.
2021 Whole Hog 5m (30+ obstac 9.	746 Darren GORE	Not Applicable	Individual	1:00:43	1:00:00	9.	9.
2021 Whole Hog 5m (30+ obstac 9.	1110 Duncan EDWARDS	Not Applicable	Team Tcf	1:10:11	1:10:00	9.	9.
2021 Whole Hog 5m (30+ obstac 9.	312 Thomas BUCKLEY-SMITH	Not Applicable	Gascoynes	1:05:49	1:05:23	8.	8.
2021 Whole Hog 5m (30+ obstac 9.	1473 Tommy HARDWICK	Not Applicable	13 Fitness Team 3	1:01:09	1:01:07	8.	8.
2021 Whole Hog 5m (30+ obstac 10.	411 Callum SCOTT	Not Applicable	Gascoynes	1:05:49	1:05:24	9.	9.
2021 Whole Hog 5m (30+ obstac 10.	1080 Craig CHADWICK	Not Applicable	Team Tcf	1:12:28	1:12:17	10.	10.
2021 Whole Hog 5m (30+ obstac 10.	1470 Joanne HARDWICK	Not Applicable	13 Fitness Team 3	1:02:43	1:02:40	2.	2.

RACE CHIP TIMING RESULTS

2021 Whole Hog 5m (30+ obstac 10.	768 Steve JONES	Not Applicable	A Brighter Team 2 (ormiston Families)	1:00:43	1:00:43	10.	10.
2021 Whole Hog 5m (30+ obstac 11.	319 Aaron CHENERY	Not Applicable	Individual	1:06:33	1:05:59	10.	10.
2021 Whole Hog 5m (30+ obstac 11.	756 Dean HARVEY	Not Applicable	A Brighter Team 2 (ormiston Families)	1:01:05	1:01:01	11.	11.
2021 Whole Hog 5m (30+ obstac 11.	1512 Shea PROCTOR	Not Applicable	Buckle Up	1:06:22	1:05:49	9.	9.
2021 Whole Hog 5m (30+ obstac 11.	1093 Tim COURRIDGE	Not Applicable	Team Tcf	1:12:28	1:12:20	11.	11.
2021 Whole Hog 5m (30+ obstac 12.	405 Daniel ROYAL	Not Applicable	Gascoynes	1:10:28	1:09:39	11.	11.
2021 Whole Hog 5m (30+ obstac 12.	1451 James ELLUL	Not Applicable	Buckle Up	1:06:13	1:06:13	10.	10.
2021 Whole Hog 5m (30+ obstac 12.	798 Steven MURFITT	Not Applicable	Individual	1:02:50	1:02:07	12.	12.
2021 Whole Hog 5m (30+ obstac 12.	1184 Vanessa MALLOWS	Not Applicable	Wheatacre Warriors	1:12:51	1:12:30	1.	1.
2021 Whole Hog 5m (30+ obstac 13.	1096 Colin DAVEY	Not Applicable	Wheatacre Warriors	1:12:51	1:12:51	12.	12.
2021 Whole Hog 5m (30+ obstac 13.	813 Katie ROBINSON	Not Applicable	Individual	1:08:13	1:07:20	1.	1.
2021 Whole Hog 5m (30+ obstac 13.	415 Marc SIMMONDS	Not Applicable	Gtc Team	1:11:20	1:10:50	12.	12.
2021 Whole Hog 5m (30+ obstac 13.	1464 Mark GOODINGS	Not Applicable	13 Fitness Team 4	1:13:17	1:13:10	11.	11.
2021 Whole Hog 5m (30+ obstac 14.	359 Allan HUNT	Not Applicable	Individual	1:11:20	1:11:20	13.	13.
2021 Whole Hog 5m (30+ obstac 14.	836 Catherine STEWART	Not Applicable	Individual	1:11:13	1:10:10	2.	2.
2021 Whole Hog 5m (30+ obstac 14.	1543 Paul WORRALL	Not Applicable	13 Fitness Team 4	1:13:26	1:13:19	12.	12.
2021 Whole Hog 5m (30+ obstac 14.	1254 Vicky WESTLAKE	Not Applicable	Mud Pack	1:14:36	1:13:25	2.	2.
2021 Whole Hog 5m (30+ obstac 15.	735 Dan FARTHING	Not Applicable	Decorateuk	1:11:13	1:10:11	13.	13.
2021 Whole Hog 5m (30+ obstac 15.	1142 Martyn HAZELL	Not Applicable	Mud Pack	1:14:37	1:13:28	13.	13.
2021 Whole Hog 5m (30+ obstac 15.	418 Matthew SPURLING	Not Applicable	Gascoynes	1:11:46	1:11:21	14.	14.
2021 Whole Hog 5m (30+ obstac 15.	1514 Mike REEVE	Not Applicable	13 Fitness Team 4	1:13:38	1:13:32	13.	13.
2021 Whole Hog 5m (30+ obstac 16.	424 Ben TIBBLES	Not Applicable	Gascoynes	1:14:20	1:13:55	15.	15.
2021 Whole Hog 5m (30+ obstac 16.	808 Frankie REGAN	Not Applicable	A Brighter Team 3 (ormiston Families)	1:16:04	1:16:00	14.	14.
2021 Whole Hog 5m (30+ obstac 16.	1538 Kat VASILEVSKI	Not Applicable	13 Fitness Team 4	1:13:54	1:13:47	3.	3.
2021 Whole Hog 5m (30+ obstac 16.	1108 Paul DYE	Not Applicable	Team Tcf	1:17:41	1:17:29	14.	14.
2021 Whole Hog 5m (30+ obstac 17.	694 Anya BAULY	Not Applicable	A Brighter Team 1 (ormiston Families)	1:16:07	1:16:04	3.	3.
2021 Whole Hog 5m (30+ obstac 17.	1428 Charles CLARK	Not Applicable	Buckle Up	1:17:06	1:16:33	14.	14.
2021 Whole Hog 5m (30+ obstac 17.	378 Tyler MARSHALL	Not Applicable	Individual	1:15:50	1:15:00	16.	16.
2021 Whole Hog 5m (30+ obstac 17.	1114 Zara EDWARDS	Not Applicable	Team Tcf	1:17:44	1:17:33	3.	3.
2021 Whole Hog 5m (30+ obstac 18.	1178 Kara LAMBERT	Not Applicable	Individual	1:18:09	1:17:49	4.	4.
2021 Whole Hog 5m (30+ obstac 18.	1510 Karen PLATT	Not Applicable	Buckle Up	1:17:10	1:16:37	4.	4.
2021 Whole Hog 5m (30+ obstac 18.	356 Peter HOPSON	Not Applicable	Individual	1:16:03	1:15:35	17.	17.
2021 Whole Hog 5m (30+ obstac 18.	724 Sam DARR	Not Applicable	A Brighter Team 1 (ormiston Families)	1:16:15	1:16:15	15.	15.
2021 Whole Hog 5m (30+ obstac 19.	388 Hannah MUNDAY	Not Applicable	Happy Mundays	1:16:26	1:15:52	2.	2.
2021 Whole Hog 5m (30+ obstac 19.	854 Paul WILLEY	Not Applicable	Kettle Bell Divas	1:18:40	1:17:58	16.	16.
2021 Whole Hog 5m (30+ obstac 19.	1216 Samantha RICHES	Not Applicable	Individual	1:18:09	1:17:49	5.	5.
2021 Whole Hog 5m (30+ obstac 19.	1408 Wesley ADAMS	Not Applicable	Buckle Up	1:17:07	1:16:44	15.	15.
2021 Whole Hog 5m (30+ obstac 20.	1090 Abigail CONNELLY	Not Applicable	Eat, Sleep, Mud, Repeat	1:19:49	1:19:06	6.	6.
2021 Whole Hog 5m (30+ obstac 20.	387 Christopher MUNDAY	Not Applicable	Happy Mundays	1:16:26	1:15:52	18.	18.
2021 Whole Hog 5m (30+ obstac 20.	1535 Ethan THACKERAY	Not Applicable	Gft Bootcamp	1:21:27	1:21:27	16.	16.
2021 Whole Hog 5m (30+ obstac 20.	814 Nicola ROBINSON	Not Applicable	Individual	1:18:34	1:18:03	4.	4.
2021 Whole Hog 5m (30+ obstac 21.	313 Alex BURROWS	Not Applicable	Act	1:16:58	1:16:31	19.	19.

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2021 Whole Hog 5m (30+ obstac 21.	1062 David BLACK	Not Applicable	Eat, Sleep, Mud, Repeat	1:19:49	1:19:07	15.	15.
2021 Whole Hog 5m (30+ obstac 21.	1526 Matthew SKILTON	Not Applicable	Individual	1:21:51	1:21:32	17.	17.
2021 Whole Hog 5m (30+ obstac 21.	815 William ROBINSON	Not Applicable	Individual	1:19:01	1:18:30	17.	17.
2021 Whole Hog 5m (30+ obstac 22.	1516 Alicia ROSE	Not Applicable	Individual	1:23:22	1:23:05	5.	5.
2021 Whole Hog 5m (30+ obstac 22.	1058 Andrew BERRY	Not Applicable	Individual	1:22:10	1:21:45	16.	16.
2021 Whole Hog 5m (30+ obstac 22.	377 Lewis MANN	Not Applicable	Gtc Team	1:18:51	1:18:12	20.	20.
2021 Whole Hog 5m (30+ obstac 22.	848 Nikki VINCE	Not Applicable	A Brighter Team 4 (ormiston Families)	1:18:54	1:18:47	5.	5.
2021 Whole Hog 5m (30+ obstac 23.	682 Ant AGAR	Not Applicable	Individual	1:21:11	1:20:07	18.	18.
2021 Whole Hog 5m (30+ obstac 23.	1256 Clare WIGG	Not Applicable	Individual	1:22:12	1:21:47	7.	7.
2021 Whole Hog 5m (30+ obstac 23.	1505 Emily PATERSON	Not Applicable	Individual	1:23:22	1:23:05	6.	6.
2021 Whole Hog 5m (30+ obstac 23.	395 Paul PERJU	Not Applicable	Gtc Team	1:18:53	1:18:14	21.	21.
2021 Whole Hog 5m (30+ obstac 24.	684 Alice ALICE	Not Applicable	Individual	1:21:09	1:20:14	6.	6.
2021 Whole Hog 5m (30+ obstac 24.	1243 Daniel THOMPSON	Not Applicable	Woolverstone Mudlarks	1:22:43	1:22:07	17.	17.
2021 Whole Hog 5m (30+ obstac 24.	1469 John HANNEN	Not Applicable	Individual	1:23:34	1:23:12	18.	18.
2021 Whole Hog 5m (30+ obstac 24.	351 Katarzyna HALADUS	Not Applicable	Power Hour 2	1:18:59	1:18:40	3.	3.
2021 Whole Hog 5m (30+ obstac 25.	683 Chloe AGAR	Not Applicable	Individual	1:21:13	1:20:19	7.	7.
2021 Whole Hog 5m (30+ obstac 25.	262 Corrina TURNER	Not Applicable	Gtc Team Boss	1:23:18	1:22:41	4.	4.
2021 Whole Hog 5m (30+ obstac 25.	1237 Karl STEGGLES	Not Applicable	Team Tcf	1:22:43	1:22:32	18.	18.
2021 Whole Hog 5m (30+ obstac 25.	1511 William POOLEY	Not Applicable	Individual	1:23:34	1:23:12	19.	19.
2021 Whole Hog 5m (30+ obstac 26.	412 James SCOTT	Not Applicable	Individual	1:23:24	1:23:02	22.	22.
2021 Whole Hog 5m (30+ obstac 26.	844 Kate THOMAS	Not Applicable	A Brighter Team 4 (ormiston Families)	1:20:29	1:20:22	8.	8.
2021 Whole Hog 5m (30+ obstac 26.	1426 Rachele BUTTON	Not Applicable	13 Fitness Team 5	1:26:31	1:26:26	7.	7.
2021 Whole Hog 5m (30+ obstac 26.	1111 Sarah EDWARDS	Not Applicable	Team Tcf	1:22:47	1:22:36	8.	8.
2021 Whole Hog 5m (30+ obstac 27.	1180 Amy LEABON	Not Applicable	Individual	1:22:48	1:22:38	9.	9.
2021 Whole Hog 5m (30+ obstac 27.	1479 Ben HYLAND	Not Applicable	13 Fitness Team 5	1:26:32	1:26:27	20.	20.
2021 Whole Hog 5m (30+ obstac 27.	370 Hannah KHAN	Not Applicable	Individual	1:24:12	1:23:14	5.	5.
2021 Whole Hog 5m (30+ obstac 27.	811 Matt RISBY	Not Applicable	Individual	1:22:48	1:21:42	19.	19.
2021 Whole Hog 5m (30+ obstac 28.	744 James GOODING	Not Applicable	Individual	1:22:49	1:21:44	20.	20.
2021 Whole Hog 5m (30+ obstac 28.	1101 Libby DEAN	Not Applicable	Individual	1:25:34	1:25:00	10.	10.
2021 Whole Hog 5m (30+ obstac 28.	433 Mike WOLFE	Not Applicable	Individual	1:24:37	1:24:02	23.	23.
2021 Whole Hog 5m (30+ obstac 28.	1483 Nathan JOHNSON	Not Applicable	Individual	1:27:31	1:27:00	21.	21.
2021 Whole Hog 5m (30+ obstac 29.	1421 Daniel BROADBENT	Not Applicable	Individual	1:27:35	1:27:02	22.	22.
2021 Whole Hog 5m (30+ obstac 29.	417 James SMYTHE	Not Applicable	Individual	1:25:59	1:25:46	24.	24.
2021 Whole Hog 5m (30+ obstac 29.	1234 Laura SOUTHCOTT	Not Applicable	Individual	1:26:05	1:25:25	11.	11.
2021 Whole Hog 5m (30+ obstac 29.	734 Neil EVANS	Not Applicable	Killik Hogs	1:23:00	1:21:54	21.	21.
2021 Whole Hog 5m (30+ obstac 30.	759 Alan HILLYARD	Not Applicable	Killik Hogs	1:23:01	1:21:57	22.	22.
2021 Whole Hog 5m (30+ obstac 30.	1051 Kate BAGLEY	Not Applicable	Woolverstone Mudlarks	1:27:12	1:26:36	12.	12.
2021 Whole Hog 5m (30+ obstac 30.	1457 Kendra GARNHAM	Not Applicable	13 Fitness Team 5	1:28:03	1:27:58	8.	8.
2021 Whole Hog 5m (30+ obstac 30.	382 Lauren MEADOWS	Not Applicable	Individual	1:28:01	1:25:48	6.	6.
2021 Whole Hog 5m (30+ obstac 31.	1065 Chris BLOM	Not Applicable	Individual	1:28:13	1:27:38	19.	19.
2021 Whole Hog 5m (30+ obstac 31.	327 John DAVIES	Not Applicable	Whole Hogs	1:26:40	1:25:48	25.	25.
2021 Whole Hog 5m (30+ obstac 31.	766 Louise IRELAND	Not Applicable	Individual	1:22:33	1:22:04	9.	9.

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2021 Whole Hog 5m (30+ obstac 31.	1412 Sadie ANDERSON	Not Applicable	13 Fitness Team 5	1:29:08	1:29:03	9.	9.
2021 Whole Hog 5m (30+ obstac 32.	1494 Jack MACLEAN	Not Applicable	Individual	1:29:42	1:29:19	23.	23.
2021 Whole Hog 5m (30+ obstac 32.	1047 Jane ARCHER	Not Applicable	Team Tcf	1:28:28	1:28:16	13.	13.
2021 Whole Hog 5m (30+ obstac 32.	707 Richard BURRELL	Not Applicable	Individual	1:22:32	1:22:05	23.	23.
2021 Whole Hog 5m (30+ obstac 32.	371 Zita KINGSBURY	Not Applicable	Whole Hoggers	1:26:39	1:25:49	7.	7.
2021 Whole Hog 5m (30+ obstac 33.	818 Alex ROWLAND	Not Applicable	A Brighter Team 3 (ormiston Families)	1:24:43	1:24:28	24.	24.
2021 Whole Hog 5m (30+ obstac 33.	353 Joff HAYES	Not Applicable	Whole Hoggers	1:26:53	1:26:03	26.	26.
2021 Whole Hog 5m (30+ obstac 33.	1240 Lee STOYLES	Not Applicable	Team Tcf	1:28:30	1:28:17	20.	20.
2021 Whole Hog 5m (30+ obstac 33.	1509 Sophie PITMAN	Not Applicable	13 Fitness Team 6	1:29:35	1:29:31	10.	10.
2021 Whole Hog 5m (30+ obstac 34.	804 Jay PAUL	Not Applicable	A Brighter Team 3 (ormiston Families)	1:24:44	1:24:29	25.	25.
2021 Whole Hog 5m (30+ obstac 34.	409 Mary RUSSELL	Not Applicable	Whole Hoggers	1:27:22	1:26:32	8.	8.
2021 Whole Hog 5m (30+ obstac 34.	1423 Mel BROXTON	Not Applicable	13 Fitness Team 6	1:29:35	1:29:31	11.	11.
2021 Whole Hog 5m (30+ obstac 34.	1141 Patrick HAYDON	Not Applicable	Team Tcf	1:28:34	1:28:25	21.	21.
2021 Whole Hog 5m (30+ obstac 35.	849 Elana WALKER	Not Applicable	A Brighter Team 4 (ormiston Families)	1:24:43	1:24:29	10.	10.
2021 Whole Hog 5m (30+ obstac 35.	1091 Luke COSTER-REEVE	Not Applicable	Average Joe's	1:29:56	1:29:12	22.	22.
2021 Whole Hog 5m (30+ obstac 35.	71 Mike DOYLE	Not Applicable	Individual	1:27:51	1:27:13	27.	27.
2021 Whole Hog 5m (30+ obstac 35.	1453 Paige FISHER	Not Applicable	Nr Health Club	1:30:31	1:29:44	12.	12.
2021 Whole Hog 5m (30+ obstac 36.	1136 Adam GRIMWOOD	Not Applicable	Average Joe's	1:29:56	1:29:12	23.	23.
2021 Whole Hog 5m (30+ obstac 36.	376 Andrew MANN	Not Applicable	Whole Hoggers	1:28:22	1:27:31	28.	28.
2021 Whole Hog 5m (30+ obstac 36.	789 Loni MEADOWS	Not Applicable	A Brighter Team 3 (ormiston Families)	1:26:40	1:26:24	11.	11.
2021 Whole Hog 5m (30+ obstac 36.	1430 Lora CLOKE	Not Applicable	Nr Health Club	1:30:31	1:29:45	13.	13.
2021 Whole Hog 5m (30+ obstac 37.	1185 Ben MANLEY	Not Applicable	Average Joe's	1:29:56	1:29:14	24.	24.
2021 Whole Hog 5m (30+ obstac 37.	795 Bex MORLEY	Not Applicable	A Brighter Team 3 (ormiston Families)	1:26:39	1:26:35	12.	12.
2021 Whole Hog 5m (30+ obstac 37.	1452 Eleanor FISHER	Not Applicable	Individual	1:31:16	1:30:55	14.	14.
2021 Whole Hog 5m (30+ obstac 37.	40 Noah CATLEY	Not Applicable	Individual	1:28:14	1:27:37	29.	29.
2021 Whole Hog 5m (30+ obstac 38.	805 Chris PECK	Not Applicable	A Brighter Team 3 (ormiston Families)	1:27:45	1:27:28	26.	26.
2021 Whole Hog 5m (30+ obstac 38.	333 Colin ELLIS	Not Applicable	Individual	1:30:41	1:29:54	30.	30.
2021 Whole Hog 5m (30+ obstac 38.	1092 Jessica COUNSELL	Not Applicable	Individual	1:31:06	1:30:11	14.	14.
2021 Whole Hog 5m (30+ obstac 38.	1521 Josh SEALE	Not Applicable	13 Fitness Team 2	1:31:51	1:31:48	24.	24.
2021 Whole Hog 5m (30+ obstac 39.	347 Craig GOODRUM	Not Applicable	Individual	1:30:41	1:29:54	31.	31.
2021 Whole Hog 5m (30+ obstac 39.	732 Daniel DUNCAN	Not Applicable	A Brighter Team 2 (ormiston Families)	1:27:46	1:27:29	27.	27.
2021 Whole Hog 5m (30+ obstac 39.	1208 Ellie PEPPER	Not Applicable	Individual	1:31:07	1:30:13	15.	15.
2021 Whole Hog 5m (30+ obstac 39.	1542 Glenn WILLIAMSON	Not Applicable	13 Fitness Team 2	1:31:51	1:31:48	25.	25.
2021 Whole Hog 5m (30+ obstac 40.	1121 Ali FOX	Not Applicable	Individual	1:30:45	1:30:20	16.	16.
2021 Whole Hog 5m (30+ obstac 40.	810 Chris RIPPER	Not Applicable	A Brighter Team 3 (ormiston Families)	1:28:05	1:27:50	28.	28.
2021 Whole Hog 5m (30+ obstac 40.	1491 Daniel LANGFORD	Not Applicable	13 Fitness Team 2	1:31:51	1:31:48	26.	26.
2021 Whole Hog 5m (30+ obstac 40.	369 Oliver KAM	Not Applicable	Gtc Team	1:30:53	1:30:17	32.	32.
2021 Whole Hog 5m (30+ obstac 41.	1160 Hannah ISSETT	Not Applicable	Individual	1:30:46	1:30:20	17.	17.
2021 Whole Hog 5m (30+ obstac 41.	386 Liam MOSS	Not Applicable	Friendlie Hoggers	1:32:43	1:32:23	33.	33.
2021 Whole Hog 5m (30+ obstac 41.	1461 Matt GIRT	Not Applicable	13 Fitness Team 2	1:31:51	1:31:49	27.	27.
2021 Whole Hog 5m (30+ obstac 41.	706 Tatiana BURDUJA	Not Applicable	A Brighter Team 1 (ormiston Families)	1:28:09	1:27:54	13.	13.
2021 Whole Hog 5m (30+ obstac 42.	1217 Amanda RIVERS	Not Applicable	Individual	1:30:46	1:30:21	18.	18.

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2021 Whole Hog 5m (30+ obstac 42.	1490 Anna LANGFORD	Not Applicable	13 Fitness Team 2	1:31:52	1:31:49	15.	15.
2021 Whole Hog 5m (30+ obstac 42.	857 Daniel WOOLLARD	Not Applicable	Individual	1:29:31	1:28:25	29.	29.
2021 Whole Hog 5m (30+ obstac 42.	200 Katherine WALLACE	Not Applicable	Power Hour 1	1:33:31	1:33:12	9.	9.
2021 Whole Hog 5m (30+ obstac 43.	1468 Georgina HAMILTON-SHAW	Not Applicable	Individual	1:33:09	1:32:47	16.	16.
2021 Whole Hog 5m (30+ obstac 43.	1116 Jo FEATHERSTONE	Not Applicable	Individual	1:30:46	1:30:21	19.	19.
2021 Whole Hog 5m (30+ obstac 43.	763 Robert HOWELL	Not Applicable	Individual	1:29:33	1:28:27	30.	30.
2021 Whole Hog 5m (30+ obstac 43.	345 Samantha AVES	Not Applicable	Power Hour 2	1:33:32	1:33:12	10.	10.
2021 Whole Hog 5m (30+ obstac 44.	1094 Beverley CUMMINGS	Not Applicable	Individual	1:33:09	1:32:48	17.	17.
2021 Whole Hog 5m (30+ obstac 44.	1197 Georgina MORRISON	Not Applicable	Individual	1:33:25	1:33:00	20.	20.
2021 Whole Hog 5m (30+ obstac 44.	705 Graham BURCHELL	Not Applicable	A Brighter Team 1 (ormiston Families)	1:29:11	1:28:56	31.	31.
2021 Whole Hog 5m (30+ obstac 44.	8 Nicola HARRATT	Not Applicable	Power Hour 1	1:33:32	1:33:13	11.	11.
2021 Whole Hog 5m (30+ obstac 45.	1224 Carina SEWELL	Not Applicable	Individual	1:33:59	1:33:00	21.	21.
2021 Whole Hog 5m (30+ obstac 45.	302 Colin BENDELL	Not Applicable	Individual	1:34:05	1:33:16	34.	34.
2021 Whole Hog 5m (30+ obstac 45.	858 Jason WOOLLARD	Not Applicable	Individual	1:31:15	1:30:09	32.	32.
2021 Whole Hog 5m (30+ obstac 45.	1410 Kai AMIN-WETZEL	Not Applicable	The Filthy Unicorns	1:38:23	1:37:58	28.	28.
2021 Whole Hog 5m (30+ obstac 46.	1486 Eva KAULICH	Not Applicable	The Filthy Unicorns	1:38:23	1:37:58	18.	18.
2021 Whole Hog 5m (30+ obstac 46.	1165 Laura JENKINS	Not Applicable	Individual	1:33:25	1:33:00	22.	22.
2021 Whole Hog 5m (30+ obstac 46.	817 Nicola ROSSITER	Not Applicable	Individual	1:30:44	1:30:14	14.	14.
2021 Whole Hog 5m (30+ obstac 46.	301 Sean BEER	Not Applicable	Individual	1:34:05	1:33:16	35.	35.
2021 Whole Hog 5m (30+ obstac 47.	1415 Alexander BERRIDGE	Not Applicable	The Filthy Unicorns	1:38:24	1:37:59	29.	29.
2021 Whole Hog 5m (30+ obstac 47.	1123 Frances FREEMAN	Not Applicable	Individual	1:34:45	1:33:51	23.	23.
2021 Whole Hog 5m (30+ obstac 47.	300 Kimberley BEER	Not Applicable	Individual	1:34:05	1:33:16	12.	12.
2021 Whole Hog 5m (30+ obstac 47.	796 Laura MORTLOCK	Not Applicable	Individual	1:30:42	1:30:42	15.	15.
2021 Whole Hog 5m (30+ obstac 48.	1500 Christopher MILLINGTON	Not Applicable	The Filthy Unicorns	1:38:24	1:38:00	30.	30.
2021 Whole Hog 5m (30+ obstac 48.	1258 Georgie WOOD	Not Applicable	Individual	1:34:01	1:34:01	25.	25.
2021 Whole Hog 5m (30+ obstac 48.	303 Julie BENDELL	Not Applicable	Individual	1:34:05	1:33:18	13.	13.
2021 Whole Hog 5m (30+ obstac 48.	778 Nigel MAGUIRE	Not Applicable	A Brighter Team 4 (ormiston Families)	1:31:22	1:31:14	33.	33.
2021 Whole Hog 5m (30+ obstac 49.	716 Alex CHATER	Not Applicable	A Brighter Team 4 (ormiston Families)	1:31:21	1:31:14	16.	16.
2021 Whole Hog 5m (30+ obstac 49.	380 Andy MASSINGHAM	Not Applicable	Individual	1:34:49	1:33:56	36.	36.
2021 Whole Hog 5m (30+ obstac 49.	1539 Katarina VENCJUNA	Not Applicable	The Filthy Unicorns	1:38:24	1:38:00	19.	19.
2021 Whole Hog 5m (30+ obstac 49.	934 Martin GREGORY	Not Applicable	Individual	1:35:54	1:35:20	26.	26.
2021 Whole Hog 5m (30+ obstac 50.	840 Alastair SWIFT	Not Applicable	Individual	1:33:13	1:32:54	34.	34.
2021 Whole Hog 5m (30+ obstac 50.	960 Clark LANDGREBE	Not Applicable	Individual	1:35:54	1:35:20	27.	27.
2021 Whole Hog 5m (30+ obstac 50.	1544 Jun ZHAN	Not Applicable	The Filthy Unicorns	1:38:23	1:38:00	31.	31.
2021 Whole Hog 5m (30+ obstac 50.	383 Laura MELVILLE	Not Applicable	Martlesham Leisure	1:34:50	1:34:02	14.	14.
2021 Whole Hog 5m (30+ obstac 51.	841 Alexander SWIFT	Not Applicable	Individual	1:33:14	1:32:54	35.	35.
2021 Whole Hog 5m (30+ obstac 51.	1463 Donna GOLACH	Not Applicable	The Filthy Unicorns	1:38:24	1:38:00	20.	20.
2021 Whole Hog 5m (30+ obstac 51.	1074 Libbie BUSH	Not Applicable	Woolverstone Mudlarks	1:40:25	1:39:50	24.	24.
2021 Whole Hog 5m (30+ obstac 51.	322 Sharon CLOUD	Not Applicable	Individual	1:34:51	1:34:03	15.	15.
2021 Whole Hog 5m (30+ obstac 52.	1190 Emilia MAYHEW	Not Applicable	Woolverstone Mudlarks	1:40:26	1:39:51	25.	25.
2021 Whole Hog 5m (30+ obstac 52.	691 Hannah BANYARD	Not Applicable	Witnesham Warriors	1:36:39	1:35:42	17.	17.
2021 Whole Hog 5m (30+ obstac 52.	372 Jenny LAST	Not Applicable	Martlesham Leisure	1:34:51	1:34:03	16.	16.

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2021 Whole Hog 5m (30+ obstac	52.	1532 Maksims SVECOVS	Not Applicable	The Filthy Unicorns	1:38:24	1:38:01	32.	32.
2021 Whole Hog 5m (30+ obstac	53.	812 Ali ROBERTS	Not Applicable	Witnesham Warriors	1:36:40	1:35:42	18.	18.
2021 Whole Hog 5m (30+ obstac	53.	1503 Lisa NEIDHARDT	Not Applicable	The Filthy Unicorns	1:38:24	1:38:01	21.	21.
2021 Whole Hog 5m (30+ obstac	53.	1251 Nade WARD	Not Applicable	Team Big C	1:43:07	1:42:25	28.	28.
2021 Whole Hog 5m (30+ obstac	53.	114 Steph HASSELDER	Not Applicable	Individual	1:35:18	1:34:06	17.	17.
2021 Whole Hog 5m (30+ obstac	54.	816 Hannah ROOTS	Not Applicable	Witnesham Warriors	1:36:39	1:35:43	19.	19.
2021 Whole Hog 5m (30+ obstac	54.	113 Johan HASSELDER	Not Applicable	Individual	1:35:18	1:34:06	37.	37.
2021 Whole Hog 5m (30+ obstac	54.	1448 Lottie DURRANT	Not Applicable	Individual	1:38:45	1:38:08	33.	33.
2021 Whole Hog 5m (30+ obstac	54.	1248 Megan UTTING	Not Applicable	Team Big C	1:43:08	1:42:25	26.	26.
2021 Whole Hog 5m (30+ obstac	55.	831 Faye SMITH	Not Applicable	Witnesham Warriors	1:36:40	1:35:43	20.	20.
2021 Whole Hog 5m (30+ obstac	55.	1434 Isobel COOPER	Not Applicable	Individual	1:38:46	1:38:08	22.	22.
2021 Whole Hog 5m (30+ obstac	55.	1056 Jake BEALES	Not Applicable	Team Big C	1:43:08	1:42:25	29.	29.
2021 Whole Hog 5m (30+ obstac	55.	298 Natasha ARCULEO	Not Applicable	Act	1:36:28	1:36:01	18.	18.
2021 Whole Hog 5m (30+ obstac	56.	711 Clare CARR	Not Applicable	Witnesham Warriors	1:36:39	1:35:44	21.	21.
2021 Whole Hog 5m (30+ obstac	56.	379 Kirsty MASON	Not Applicable	Act	1:36:28	1:36:02	19.	19.
2021 Whole Hog 5m (30+ obstac	56.	1100 Louise DEACON	Not Applicable	Team Big C	1:43:11	1:42:27	27.	27.
2021 Whole Hog 5m (30+ obstac	56.	1449 Sam DURRANT	Not Applicable	Individual	1:38:49	1:38:11	34.	34.
2021 Whole Hog 5m (30+ obstac	57.	1209 Hannah PHOENIX	Not Applicable	Team Big C	1:43:09	1:42:27	28.	28.
2021 Whole Hog 5m (30+ obstac	57.	715 Helen CHAMBERS	Not Applicable	Witnesham Warriors	1:36:40	1:35:44	22.	22.
2021 Whole Hog 5m (30+ obstac	57.	393 Lauren PARKER	Not Applicable	Individual	1:37:42	1:36:55	20.	20.
2021 Whole Hog 5m (30+ obstac	57.	1409 Liam ALGAR	Not Applicable	Individual	1:38:49	1:38:12	35.	35.
2021 Whole Hog 5m (30+ obstac	58.	434 Hayley WOOLNOUGH	Not Applicable	Individual	1:37:42	1:36:55	21.	21.
2021 Whole Hog 5m (30+ obstac	58.	1545 Lily TAYLOR	Not Applicable	Individual	1:41:54	1:41:07	23.	23.
2021 Whole Hog 5m (30+ obstac	58.	1212 Olivia READ	Not Applicable	Team Big C	1:43:10	1:42:29	29.	29.
2021 Whole Hog 5m (30+ obstac	58.	821 Sarah SCARLETT	Not Applicable	Witnesham Warriors	1:36:40	1:35:44	23.	23.
2021 Whole Hog 5m (30+ obstac	59.	410 Claire SAUNDERS	Not Applicable	Individual	1:46:10	1:45:34	22.	22.
2021 Whole Hog 5m (30+ obstac	59.	1148 David HOOLEY	Not Applicable	Individual	1:43:22	1:42:29	30.	30.
2021 Whole Hog 5m (30+ obstac	59.	832 Hannah SMITH	Not Applicable	Witnesham Warriors	1:36:40	1:35:45	24.	24.
2021 Whole Hog 5m (30+ obstac	59.	1533 Henry TAYLOR	Not Applicable	The Trotters	1:41:55	1:41:08	36.	36.
2021 Whole Hog 5m (30+ obstac	60.	1513 Andrew REED	Not Applicable	The Trotters	1:41:55	1:41:21	37.	37.
2021 Whole Hog 5m (30+ obstac	60.	1079 Georgie CARR	Not Applicable	Individual	1:43:23	1:42:30	30.	30.
2021 Whole Hog 5m (30+ obstac	60.	335 Nathan ELLIS	Not Applicable	Individual	1:46:09	1:45:34	38.	38.
2021 Whole Hog 5m (30+ obstac	60.	826 Yazmine SIEVEY	Not Applicable	A Brighter Team 3 (ormiston Families)	1:37:08	1:36:53	25.	25.
2021 Whole Hog 5m (30+ obstac	61.	797 Ami MOTHERSOLE	Not Applicable	A Brighter Team 3 (ormiston Families)	1:37:08	1:36:53	26.	26.
2021 Whole Hog 5m (30+ obstac	61.	1475 Andrew HENDRY	Not Applicable	The Trotters	1:41:55	1:41:22	38.	38.
2021 Whole Hog 5m (30+ obstac	61.	1064 Elena BLAKEY	Not Applicable	Team Big C	1:43:14	1:42:30	31.	31.
2021 Whole Hog 5m (30+ obstac	61.	403 Luke RICHARDSON	Not Applicable	Individual	1:46:09	1:45:34	39.	39.
2021 Whole Hog 5m (30+ obstac	62.	1534 Ian TAYLOR	Not Applicable	The Trotters	1:41:55	1:41:22	39.	39.
2021 Whole Hog 5m (30+ obstac	62.	1139 Kyle HALIL	Not Applicable	Team Tcf	1:44:05	1:43:52	32.	32.
2021 Whole Hog 5m (30+ obstac	62.	334 Michelle ELLIS	Not Applicable	Individual	1:46:12	1:45:35	23.	23.
2021 Whole Hog 5m (30+ obstac	62.	783 Sarah MARRIOTT	Not Applicable	The Ratty Racers	1:37:59	1:37:29	27.	27.
2021 Whole Hog 5m (30+ obstac	63.	1394 Danny TURNBULL	Not Applicable	Individual	1:41:57	1:41:23	40.	40.

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2021 Whole Hog 5m (30+ obstac 63.	1107 Joanne DYE	Not Applicable	Team Tcf	1:44:05	1:43:52	31.	31.
2021 Whole Hog 5m (30+ obstac 63.	698 Karl BOLDERSON	Not Applicable	The Ratty Racers	1:37:59	1:37:29	36.	36.
2021 Whole Hog 5m (30+ obstac 63.	164 Nathan LLOYD	Not Applicable	Mother Of All Hogs	1:46:16	1:46:11	40.	40.
2021 Whole Hog 5m (30+ obstac 64.	833 Chris SPURLING	Not Applicable	The Ratty Racers	1:38:00	1:37:29	37.	37.
2021 Whole Hog 5m (30+ obstac 64.	1447 Lizzie DRURY	Not Applicable	Bedingfield Beavers	1:53:37	1:53:05	24.	24.
2021 Whole Hog 5m (30+ obstac 64.	1109 Sophie DYE	Not Applicable	Team Tcf	1:44:05	1:43:52	32.	32.
2021 Whole Hog 5m (30+ obstac 64.	58 Tom CRANE	Not Applicable	Individual	1:48:37	1:47:59	41.	41.
2021 Whole Hog 5m (30+ obstac 64.	1179 Christopher LARKIN	Not Applicable	Individual	1:47:28	1:46:46	33.	33.
2021 Whole Hog 5m (30+ obstac 65.	1454 Ellen FOSKER	Not Applicable	Bedingfield Beavers	1:53:37	1:53:05	25.	25.
2021 Whole Hog 5m (30+ obstac 65.	105 Mikey GWYER	Not Applicable	Individual	1:48:49	1:48:12	42.	42.
2021 Whole Hog 5m (30+ obstac 65.	699 Victoria BOLDERSON	Not Applicable	The Ratty Racers	1:38:00	1:37:30	28.	28.
2021 Whole Hog 5m (30+ obstac 66.	1130 Dave GOLDING	Not Applicable	Individual	1:47:28	1:46:47	34.	34.
2021 Whole Hog 5m (30+ obstac 66.	762 Elena HOWARD	Not Applicable	Individual	1:40:42	1:40:11	29.	29.
2021 Whole Hog 5m (30+ obstac 66.	1441 Kelly CURTIS	Not Applicable	Bedingfield Beavers	1:53:37	1:53:06	26.	26.
2021 Whole Hog 5m (30+ obstac 66.	406 Rebecca RUSH	Not Applicable	Gtc Team	1:49:07	1:48:38	24.	24.
2021 Whole Hog 5m (30+ obstac 67.	1523 Andrea SILLITOE	Not Applicable	Individual	1:55:06	1:54:46	41.	41.
2021 Whole Hog 5m (30+ obstac 67.	402 Chris RAVEN	Not Applicable	Omg We're Running What Now?	1:54:00	1:53:13	43.	43.
2021 Whole Hog 5m (30+ obstac 67.	1143 Daryl HEARSUM	Not Applicable	Individual	1:48:18	1:47:05	35.	35.
2021 Whole Hog 5m (30+ obstac 67.	773 Donna LAVERY	Not Applicable	Individual	1:40:48	1:40:16	30.	30.
2021 Whole Hog 5m (30+ obstac 68.	1105 Chris DORLING	Not Applicable	Team Rocket	1:48:58	1:47:47	36.	36.
2021 Whole Hog 5m (30+ obstac 68.	1522 Krishna SHAH	Not Applicable	Individual	1:55:06	1:54:46	27.	27.
2021 Whole Hog 5m (30+ obstac 68.	726 Sam DAVIDSON	Not Applicable	Muddy Buggers	1:49:52	1:48:47	31.	31.
2021 Whole Hog 5m (30+ obstac 68.	431 Victoria WILLIAMS	Not Applicable	Omg We're Running What Now?	1:53:59	1:53:13	25.	25.
2021 Whole Hog 5m (30+ obstac 69.	316 Alison CASS	Not Applicable	Omg We're Running What Now?	1:53:59	1:53:13	26.	26.
2021 Whole Hog 5m (30+ obstac 69.	801 Andrew O'DONNELL	Not Applicable	Ssa Gents	1:56:00	1:54:52	38.	38.
2021 Whole Hog 5m (30+ obstac 69.	1530 Craig STUART	Not Applicable	The Mathletes	1:55:56	1:55:10	42.	42.
2021 Whole Hog 5m (30+ obstac 69.	1106 Reece DORLING	Not Applicable	Team Rocket	1:48:58	1:47:47	37.	37.
2021 Whole Hog 5m (30+ obstac 70.	1135 Eyrin GRIGGS	Not Applicable	Individual	1:48:09	1:47:56	33.	33.
2021 Whole Hog 5m (30+ obstac 70.	385 Helen MORGAN	Not Applicable	Omg We're Running What Now?	1:53:59	1:53:13	27.	27.
2021 Whole Hog 5m (30+ obstac 70.	1411 Maddy ANDERS	Not Applicable	Individual	1:55:57	1:55:10	28.	28.
2021 Whole Hog 5m (30+ obstac 70.	739 Rachel FOX	Not Applicable	Individual	1:56:01	1:54:53	32.	32.
2021 Whole Hog 5m (30+ obstac 71.	1128 James GILL	Not Applicable	Individual	1:48:10	1:47:57	38.	38.
2021 Whole Hog 5m (30+ obstac 71.	774 Jodie LAWRENCE	Not Applicable	Individual	1:56:03	1:54:54	33.	33.
2021 Whole Hog 5m (30+ obstac 71.	1495 Lottie MCCROSTIE	Not Applicable	Individual	1:56:27	1:55:52	29.	29.
2021 Whole Hog 5m (30+ obstac 71.	317 Simon CASS	Not Applicable	Omg We're Running What Now?	1:54:02	1:53:17	44.	44.
2021 Whole Hog 5m (30+ obstac 72.	350 Alex GRAINGER	Not Applicable	Omg We're Running What Now?	1:54:22	1:53:36	45.	45.
2021 Whole Hog 5m (30+ obstac 72.	1537 Daniel TIDNAM	Not Applicable	Individual	1:56:27	1:55:53	43.	43.
2021 Whole Hog 5m (30+ obstac 72.	779 Joe MANNING	Not Applicable	Ssa Gents	1:56:03	1:54:56	39.	39.
2021 Whole Hog 5m (30+ obstac 72.	1215 Marc REEVELEY	Not Applicable	Individual	1:48:17	1:48:17	39.	39.
2021 Whole Hog 5m (30+ obstac 73.	835 Anna STERLING	Not Applicable	Ssa Ladies	1:59:21	1:58:15	34.	34.
2021 Whole Hog 5m (30+ obstac 73.	426 Marianne WALLS	Not Applicable	The Three Amigos	1:57:54	1:56:37	28.	28.
2021 Whole Hog 5m (30+ obstac 73.	1205 Martin PARKER	Not Applicable	Individual	1:51:57	1:51:04	40.	40.

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2021 Whole Hog 5m (30+ obstac 73.	1419 Tom BRADDOCK	Not Applicable	Individual	1:56:27	1:56:27	44.	44.
2021 Whole Hog 5m (30+ obstac 74.	401 Emma RANSOME	Not Applicable	The Three Amigos	1:57:55	1:56:37	29.	29.
2021 Whole Hog 5m (30+ obstac 74.	859 Julie YALLOP	Not Applicable	Ssa Ladies	1:59:22	1:58:17	35.	35.
2021 Whole Hog 5m (30+ obstac 74.	1171 Lewis JONES	Not Applicable	Individual	1:52:00	1:51:06	41.	41.
2021 Whole Hog 5m (30+ obstac 74.	1425 Scott BUTTERS	Not Applicable	Nr Health Club	1:58:02	1:57:17	45.	45.
2021 Whole Hog 5m (30+ obstac 75.	751 Ben GRAY	Not Applicable	Ssa Gents	2:00:09	1:59:03	40.	40.
2021 Whole Hog 5m (30+ obstac 75.	307 Jannette BLOOM	Not Applicable	Crazy Crew	1:58:28	1:58:21	30.	30.
2021 Whole Hog 5m (30+ obstac 75.	1175 Sharon KEENAN	Not Applicable	Individual	1:52:37	1:51:42	34.	34.
2021 Whole Hog 5m (30+ obstac 75.	1496 Steve MCWILLIAMS	Not Applicable	Nr Health Club	1:58:11	1:57:25	46.	46.
2021 Whole Hog 5m (30+ obstac 76.	802 Andy OFFORD	Not Applicable	Ssa Gents	2:00:10	1:59:04	41.	41.
2021 Whole Hog 5m (30+ obstac 76.	1223 Coral SALMON	Not Applicable	Individual	1:52:36	1:51:42	35.	35.
2021 Whole Hog 5m (30+ obstac 76.	343 James GARROD-SMITH	Not Applicable	Gascoynes	1:59:47	1:58:47	46.	46.
2021 Whole Hog 5m (30+ obstac 76.	1417 Julia BLACKBURN	Not Applicable	Nr Health Club	1:58:28	1:57:42	30.	30.
2021 Whole Hog 5m (30+ obstac 77.	1200 George MROZEK	Not Applicable	Individual	1:52:36	1:51:42	42.	42.
2021 Whole Hog 5m (30+ obstac 77.	397 Katie PRUDEN	Not Applicable	Power Hour 2	1:59:36	1:59:14	31.	31.
2021 Whole Hog 5m (30+ obstac 77.	1498 Katrina METCALF	Not Applicable	Nr Health Club	1:58:29	1:57:43	31.	31.
2021 Whole Hog 5m (30+ obstac 77.	770 Sam KEAST	Not Applicable	A Brighter Team 4 (ormiston Families)	2:02:11	2:01:53	42.	42.
2021 Whole Hog 5m (30+ obstac 78.	1481 Aaron JOHNSON	Not Applicable	Nr Health Club	1:58:30	1:57:47	47.	47.
2021 Whole Hog 5m (30+ obstac 78.	311 Karina BROWN	Not Applicable	Power Hour 2	1:59:36	1:59:15	32.	32.
2021 Whole Hog 5m (30+ obstac 78.	1162 Nick JACKSON	Not Applicable	Individual	1:53:10	1:52:14	43.	43.
2021 Whole Hog 5m (30+ obstac 78.	680 Rebecca ADAMS	Not Applicable	A Brighter Team 1 (ormiston Families)	2:02:13	2:01:54	36.	36.
2021 Whole Hog 5m (30+ obstac 79.	384 Dan MOORE	Not Applicable	Power Hour 2	1:59:37	1:59:16	47.	47.
2021 Whole Hog 5m (30+ obstac 79.	1161 Kaitie JACKSON	Not Applicable	Individual	1:53:11	1:52:15	36.	36.
2021 Whole Hog 5m (30+ obstac 79.	769 Ramune KARAZINAITE	Not Applicable	A Brighter Team 2 (ormiston Families)	2:09:33	2:09:15	43.	43.
2021 Whole Hog 5m (30+ obstac 79.	1502 Zoe MOORE	Not Applicable	Nr Health Club	1:58:48	1:58:01	32.	32.
2021 Whole Hog 5m (30+ obstac 80.	846 Barry TIFFEN	Not Applicable	A Brighter Team 4 (ormiston Families)	2:09:33	2:09:16	44.	44.
2021 Whole Hog 5m (30+ obstac 80.	1122 Claire FREEMAN	Not Applicable	Individual	1:53:12	1:52:16	37.	37.
2021 Whole Hog 5m (30+ obstac 80.	339 Sophie FLACK	Not Applicable	Power Hour 2	1:59:38	1:59:17	33.	33.
2021 Whole Hog 5m (30+ obstac 80.	1492 Sophie LEIGHTON	Not Applicable	Nr Health Club	1:58:48	1:58:02	33.	33.
2021 Whole Hog 5m (30+ obstac 81.	1229 Alison SIMONS	Not Applicable	Individual	1:53:12	1:52:17	38.	38.
2021 Whole Hog 5m (30+ obstac 81.	368 Jake GREEN	Not Applicable	George Baker Group	2:01:15	2:00:01	48.	48.
2021 Whole Hog 5m (30+ obstac 81.	847 Marina TURNEA	Not Applicable	A Brighter Team 4 (ormiston Families)	2:09:33	2:09:17	37.	37.
2021 Whole Hog 5m (30+ obstac 81.	1445 Rebecca DONNELLY	Not Applicable	Nr Health Club	1:58:47	1:58:02	34.	34.
2021 Whole Hog 5m (30+ obstac 82.	1508 Alex PETTENGELL	Not Applicable	Nr Health Club	1:58:47	1:58:02	48.	48.
2021 Whole Hog 5m (30+ obstac 82.	1125 Becky FULTON	Not Applicable	Team Big C	1:56:12	1:55:30	39.	39.
2021 Whole Hog 5m (30+ obstac 82.	828 Danny SINGLETON	Not Applicable	A Brighter Team 3 (ormiston Families)	2:09:34	2:09:18	45.	45.
2021 Whole Hog 5m (30+ obstac 82.	436 Jordan YOUNGS	Not Applicable	George Baker Group	2:01:15	2:00:02	49.	49.
2021 Whole Hog 5m (30+ obstac 83.	1466 Bex HAINSWORTH	Not Applicable	Shut Your Laptop Louisa	2:00:05	1:59:14	35.	35.
2021 Whole Hog 5m (30+ obstac 83.	1046 Caroline ALLEN	Not Applicable	Team Big C	1:56:12	1:55:31	40.	40.
2021 Whole Hog 5m (30+ obstac 83.	419 Chris STAUNTON	Not Applicable	George Baker Group	2:01:16	2:00:02	50.	50.
2021 Whole Hog 5m (30+ obstac 83.	752 Martin GRAY	Not Applicable	Individual	2:11:10	2:09:51	46.	46.
2021 Whole Hog 5m (30+ obstac 84.	1098 Danielle DAY	Not Applicable	Team Big C	1:56:13	1:55:32	41.	41.

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2021 Whole Hog 5m (30+ obstac 84.	299 David BAKER	Not Applicable	George Baker Group	2:01:16	2:00:03	51.	51.
2021 Whole Hog 5m (30+ obstac 84.	823 Paul SHAVE	Not Applicable	Individual	2:11:18	2:10:00	47.	47.
2021 Whole Hog 5m (30+ obstac 84.	1489 Sasha LAMBERT	Not Applicable	Shut Your Laptop Louisa	2:00:05	1:59:14	36.	36.
2021 Whole Hog 5m (30+ obstac 85.	1170 Jackie JONES	Not Applicable	Dilligaf	1:57:42	1:56:33	42.	42.
2021 Whole Hog 5m (30+ obstac 85.	786 James MAUND	Not Applicable	Individual	2:11:18	2:10:00	48.	48.
2021 Whole Hog 5m (30+ obstac 85.	389 Lee MURRAY	Not Applicable	George Baker Group	2:01:18	2:00:03	52.	52.
2021 Whole Hog 5m (30+ obstac 85.	1536 Lucie THURSTON	Not Applicable	Old Mill	1:59:44	1:59:29	37.	37.
2021 Whole Hog 5m (30+ obstac 86.	1187 Ian MANNING	Not Applicable	Dilligaf	1:57:42	1:56:41	44.	44.
2021 Whole Hog 5m (30+ obstac 86.	348 Jon GOULDEN	Not Applicable	George Baker Group	2:01:18	2:00:04	53.	53.
2021 Whole Hog 5m (30+ obstac 86.	853 Lindsay WHARTON	Not Applicable	Kettle Bell Divas	2:13:33	2:12:48	38.	38.
2021 Whole Hog 5m (30+ obstac 86.	1478 Sarah HUNT	Not Applicable	Old Mill	1:59:46	1:59:32	38.	38.
2021 Whole Hog 5m (30+ obstac 87.	1221 Helen RYDER	Not Applicable	Dilligaf	1:57:42	1:56:41	43.	43.
2021 Whole Hog 5m (30+ obstac 87.	1518 Jens SCHWEIGART	Not Applicable	Old Mill	1:59:44	1:59:35	49.	49.
2021 Whole Hog 5m (30+ obstac 87.	852 John WHARTON	Not Applicable	Kettle Bell Divas	2:13:33	2:12:48	49.	49.
2021 Whole Hog 5m (30+ obstac 87.	297 Kate ANDERSON	Not Applicable	George Baker Group	2:01:18	2:00:05	34.	34.
2021 Whole Hog 5m (30+ obstac 88.	747 Anuschka GRAHAM	Not Applicable	Kettle Bell Divas	2:13:33	2:12:49	39.	39.
2021 Whole Hog 5m (30+ obstac 88.	1442 Jenny DEBENHAM	Not Applicable	Old Mill	1:59:44	1:59:35	39.	39.
2021 Whole Hog 5m (30+ obstac 88.	1138 Patricia HAGAN	Not Applicable	N/a	1:58:45	1:58:19	44.	44.
2021 Whole Hog 5m (30+ obstac 88.	381 Tom MCCONALOGUE	Not Applicable	George Baker Group	2:01:19	2:00:05	54.	54.
2021 Whole Hog 5m (30+ obstac 89.	1137 Ellie HAGAN	Not Applicable	N/a	1:58:45	1:58:20	45.	45.
2021 Whole Hog 5m (30+ obstac 89.	420 Gosia TAMECZKA	Not Applicable	George Baker Group	2:01:18	2:00:05	35.	35.
2021 Whole Hog 5m (30+ obstac 89.	1427 Rosie CARLTON	Not Applicable	Old Mill	1:59:45	1:59:37	40.	40.
2021 Whole Hog 5m (30+ obstac 89.	757 Zoe HEARNE	Not Applicable	Kettle Bell Divas	2:13:33	2:12:50	40.	40.
2021 Whole Hog 5m (30+ obstac 90.	1081 Adam CHAPPELL	Not Applicable	Tma	2:00:35	1:59:20	45.	45.
2021 Whole Hog 5m (30+ obstac 90.	321 Ali CLEMENTS	Not Applicable	George Baker Group	2:01:15	2:00:08	55.	55.
2021 Whole Hog 5m (30+ obstac 90.	1438 Michelle CRANGLE	Not Applicable	Old Mill	1:59:46	1:59:46	41.	41.
2021 Whole Hog 5m (30+ obstac 90.	834 Mike STANNARD	Not Applicable	A Brighter Team 4 (ormiston Families)	2:14:13	2:13:56	50.	50.
2021 Whole Hog 5m (30+ obstac 91.	1342 Chelsea MANNING	Not Applicable	Seven Resourcing	2:07:33	2:06:44	42.	42.
2021 Whole Hog 5m (30+ obstac 91.	750 Jane GRAND	Not Applicable	A Brighter Team 2 (ormiston Families)	2:15:55	2:15:47	41.	41.
2021 Whole Hog 5m (30+ obstac 91.	1082 Matt CHAPPELL	Not Applicable	Tma	2:00:35	1:59:20	46.	46.
2021 Whole Hog 5m (30+ obstac 91.	308 Rebecca BLOOMFIELD	Not Applicable	Gascoynes	2:01:23	2:00:23	36.	36.
2021 Whole Hog 5m (30+ obstac 92.	423 Miesha THOMPSON	Not Applicable	Gascoynes	2:01:25	2:00:24	37.	37.
2021 Whole Hog 5m (30+ obstac 92.	1073 Thomas BROWN	Not Applicable	Tma	2:00:39	1:59:23	47.	47.
2021 Whole Hog 5m (30+ obstac 92.	785 Vicky MATTHEWS	Not Applicable	A Brighter Team 3 (ormiston Families)	2:15:56	2:15:50	42.	42.
2021 Whole Hog 5m (30+ obstac 92.	1289 Zoe DEVEROUX	Not Applicable	Seven Resourcing	2:07:32	2:06:44	43.	43.
2021 Whole Hog 5m (30+ obstac 93.	758 Georgia HIGGS	Not Applicable	A Brighter Team 2 (ormiston Families)	2:15:55	2:15:51	43.	43.
2021 Whole Hog 5m (30+ obstac 93.	952 Imogen HOWARTH	Not Applicable	Individual	2:02:23	2:01:26	46.	46.
2021 Whole Hog 5m (30+ obstac 93.	1288 Michele DAWSON	Not Applicable	Seven Resourcing	2:09:48	2:08:59	44.	44.
2021 Whole Hog 5m (30+ obstac 93.	326 Sharron CURTIS	Not Applicable	Team Live Fit	2:02:30	2:01:51	38.	38.
2021 Whole Hog 5m (30+ obstac 94.	340 Andrea FRANCIS	Not Applicable	Team Live Fit	2:02:31	2:01:52	39.	39.
2021 Whole Hog 5m (30+ obstac 94.	1368 Claudio PEREIRA	Not Applicable	Seven Resourcing	2:09:50	2:09:00	50.	50.
2021 Whole Hog 5m (30+ obstac 94.	920 Debra DUGGAN	Not Applicable	Individual	2:02:23	2:01:26	47.	47.

RACE CHIP TIMING RESULTS

2021 Whole Hog 5m (30+ obstac 94.	771 Gavin LAMB	Not Applicable	A Brighter Team 2 (ormiston Families)	2:15:56	2:15:52	51.	51.
2021 Whole Hog 5m (30+ obstac 95.	1413 Jalal ARABI	Not Applicable	Yafa's Abed	2:17:13	2:16:24	51.	51.
2021 Whole Hog 5m (30+ obstac 95.	727 Kai DENCH	Not Applicable	A Brighter Team 2 (ormiston Families)	2:15:56	2:15:52	52.	52.
2021 Whole Hog 5m (30+ obstac 95.	969 Katie MATTHEWS	Not Applicable	Individual	2:02:23	2:01:27	48.	48.
2021 Whole Hog 5m (30+ obstac 95.	349 Letitia GOULTY	Not Applicable	Friendle Hoggers	2:10:19	2:09:58	40.	40.
2021 Whole Hog 5m (30+ obstac 96.	728 Jeff DIXON	Not Applicable	Individual	2:17:01	2:16:02	53.	53.
2021 Whole Hog 5m (30+ obstac 96.	342 Lea FRIEND	Not Applicable	Friendle Hoggers	2:10:20	2:09:59	41.	41.
2021 Whole Hog 5m (30+ obstac 96.	1211 Martyn PINYOU	Not Applicable	Individual	2:02:39	2:02:16	48.	48.
2021 Whole Hog 5m (30+ obstac 96.	1407 Rita ABDULKADER	Not Applicable	Yafa's Abed	2:17:14	2:16:24	45.	45.
2021 Whole Hog 5m (30+ obstac 97.	1210 Gary PINYOU	Not Applicable	Individual	2:02:39	2:02:16	49.	49.
2021 Whole Hog 5m (30+ obstac 97.	1520 Jo SCRIVENER	Not Applicable	Edmondson Hall	2:17:54	2:17:30	46.	46.
2021 Whole Hog 5m (30+ obstac 97.	794 Paul MONTGOMERY	Not Applicable	Individual	2:17:01	2:16:03	54.	54.
2021 Whole Hog 5m (30+ obstac 97.	413 Rebecca SCUTCHER	Not Applicable	Gtc Team	2:13:19	2:12:44	42.	42.
2021 Whole Hog 5m (30+ obstac 98.	328 Anjali DHUNNA	Not Applicable	Gtc Team	2:13:22	2:12:45	43.	43.
2021 Whole Hog 5m (30+ obstac 98.	1474 Deborah HARGREAVES	Not Applicable	Edmondson Hall	2:17:54	2:17:32	47.	47.
2021 Whole Hog 5m (30+ obstac 98.	1163 Malgorzata JAGODZINSKA	Not Applicable	Rivers	2:05:24	2:04:26	49.	49.
2021 Whole Hog 5m (30+ obstac 98.	793 Nicky MONTGOMERY	Not Applicable	Individual	2:17:01	2:16:03	44.	44.
2021 Whole Hog 5m (30+ obstac 99.	1183 Matthew LUMSDEN	Not Applicable	Pfs	2:05:20	2:04:41	50.	50.
2021 Whole Hog 5m (30+ obstac 99.	1488 Mike LAMBERT	Not Applicable	Edmondson Hall	2:17:57	2:17:33	52.	52.
2021 Whole Hog 5m (30+ obstac 99.	320 Simone CLARKE	Not Applicable	Hawks Porks	2:39:29	2:38:30	44.	44.
2021 Whole Hog 5m (30+ obstac 99.	820 Suzanne SAUNDERS	Not Applicable	Individual	2:17:02	2:16:04	45.	45.
2021 Whole Hog 5m (30+ obstac 100.	710 Harriet CADMAN	Not Applicable	Individual	2:17:01	2:16:04	46.	46.
2021 Whole Hog 5m (30+ obstac 100.	358 Kat HUMPHREYS	Not Applicable	Hawks Porks	2:39:52	2:38:53	45.	45.
2021 Whole Hog 5m (30+ obstac 100.	1193 Naomi MITCHELL	Not Applicable	Woolverstone Mudlarks	2:07:38	2:07:01	50.	50.
2021 Whole Hog 5m (30+ obstac 100.	1444 Victoria ('tori') DEXTER	Not Applicable	Edmondson Hall	2:17:55	2:17:33	48.	48.
2021 Whole Hog 5m (30+ obstac 101.	427 Amy WATKINS	Not Applicable	Hawks Porks	2:40:46	2:39:47	46.	46.
2021 Whole Hog 5m (30+ obstac 101.	1499 Andreea MIHALCIA	Not Applicable	Edmondson Hall	2:17:55	2:17:55	49.	49.
2021 Whole Hog 5m (30+ obstac 101.	1231 Gary SMITH	Not Applicable	The Avengers	2:08:37	2:07:22	51.	51.
2021 Whole Hog 5m (30+ obstac 101.	839 Jordan STRUTT	Not Applicable	Individual	2:17:06	2:16:10	55.	55.
2021 Whole Hog 5m (30+ obstac 102.	1246 Chantelle TYRRELL	Not Applicable	The Avengers	2:08:37	2:07:22	51.	51.
2021 Whole Hog 5m (30+ obstac 102.	365 Charlotte JOHNSON	Not Applicable	Hawks Porks	2:41:02	2:40:03	47.	47.
2021 Whole Hog 5m (30+ obstac 102.	1506 Clare PAYNE	Not Applicable	Edmondson Hall	2:17:55	2:17:55	50.	50.
2021 Whole Hog 5m (30+ obstac 102.	838 Emma STRUTT	Not Applicable	Individual	2:18:29	2:17:32	47.	47.
2021 Whole Hog 5m (30+ obstac 103.	1230 Emma SMITH	Not Applicable	The Avengers	2:08:36	2:07:22	52.	52.
2021 Whole Hog 5m (30+ obstac 103.	1416 Karen BEVAN	Not Applicable	Individual	2:20:39	2:20:17	51.	51.
2021 Whole Hog 5m (30+ obstac 103.	738 Marlini FINNEY	Not Applicable	A Brighter Team 2 (ormiston Families)	2:20:37	2:20:23	48.	48.
2021 Whole Hog 5m (30+ obstac 104.	1155 Paul HOWES	Not Applicable	The Avengers	2:08:37	2:07:22	52.	52.
2021 Whole Hog 5m (30+ obstac 104.	1501 Rebecca MOORE	Not Applicable	Individual	2:20:40	2:20:18	52.	52.
2021 Whole Hog 5m (30+ obstac 104.	829 Shaun SINGLETON	Not Applicable	A Brighter Team 3 (ormiston Families)	2:20:39	2:20:23	56.	56.
2021 Whole Hog 5m (30+ obstac 105.	1044 Hayley ABBS	Not Applicable	The Avengers	2:08:36	2:07:22	53.	53.
2021 Whole Hog 5m (30+ obstac 105.	809 Jake RINGWOOD	Not Applicable	A Brighter Team 3 (ormiston Families)	2:21:44	2:21:10	57.	57.
2021 Whole Hog 5m (30+ obstac 105.	1443 Tess DER KINDEREN	Not Applicable	Gft Bootcamp	2:24:18	2:23:58	53.	53.

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2021 Whole Hog 5m (30+ obstac 106.	692 Abigail WRIGHT	Not Applicable	Muddy Buggers	2:22:41	2:21:24	49.	49.
2021 Whole Hog 5m (30+ obstac 106.	1459 Emillia GARVIE	Not Applicable	Gft Bootcamp	2:24:18	2:23:59	54.	54.
2021 Whole Hog 5m (30+ obstac 106.	1045 Tony ABBS	Not Applicable	The Avengers	2:08:36	2:07:23	53.	53.
2021 Whole Hog 5m (30+ obstac 107.	693 Caroline BARDSLEY	Not Applicable	Muddy Buggers	2:22:41	2:21:24	50.	50.
2021 Whole Hog 5m (30+ obstac 107.	1458 Elisa GARVIE	Not Applicable	Gft Bootcamp	2:24:22	2:24:02	55.	55.
2021 Whole Hog 5m (30+ obstac 107.	1242 Graeme SWANSTON	Not Applicable	The Avengers	2:08:40	2:07:26	54.	54.
2021 Whole Hog 5m (30+ obstac 108.	1527 Claire SMITH	Not Applicable	Gft Bootcamp	2:24:22	2:24:03	56.	56.
2021 Whole Hog 5m (30+ obstac 108.	745 Irah GOODWIN	Not Applicable	A Brighter Team 2 (ormiston Families)	2:21:59	2:21:27	58.	58.
2021 Whole Hog 5m (30+ obstac 108.	1198 Steven MORRISON	Not Applicable	Individual	2:08:45	2:08:20	55.	55.
2021 Whole Hog 5m (30+ obstac 109.	1531 Hannah STURMAN	Not Applicable	Stronger Together	2:26:08	2:25:32	57.	57.
2021 Whole Hog 5m (30+ obstac 109.	856 Robyn WOOD	Not Applicable	A Brighter Team 4 (ormiston Families)	2:21:48	2:21:42	51.	51.
2021 Whole Hog 5m (30+ obstac 109.	1112 Sharon EDWARDS	Not Applicable	Fram Surgery	2:09:43	2:08:50	54.	54.
2021 Whole Hog 5m (30+ obstac 110.	780 Hannah MARGETSON	Not Applicable	A Brighter Team 3 (ormiston Families)	2:21:48	2:21:42	52.	52.
2021 Whole Hog 5m (30+ obstac 110.	1050 Vicky ATKINSON	Not Applicable	Fram Surgery	2:09:44	2:08:53	55.	55.
2021 Whole Hog 5m (30+ obstac 110.	1515 Wendy RICHARDS	Not Applicable	Stronger Together	2:26:09	2:25:32	58.	58.
2021 Whole Hog 5m (30+ obstac 111.	1485 Agnieszka KALUZNIAK	Not Applicable	Handford	2:26:12	2:25:35	59.	59.
2021 Whole Hog 5m (30+ obstac 111.	719 Cassie COLE	Not Applicable	A Brighter Team 1 (ormiston Families)	2:21:48	2:21:42	53.	53.
2021 Whole Hog 5m (30+ obstac 111.	1174 Michael KEEBLE	Not Applicable	Pfs	2:10:23	2:09:44	56.	56.
2021 Whole Hog 5m (30+ obstac 112.	787 Di MCGOVERN	Not Applicable	A Brighter Team 3 (ormiston Families)	2:21:49	2:21:42	54.	54.
2021 Whole Hog 5m (30+ obstac 112.	1168 Leah JOHNSON	Not Applicable	Pfs	2:10:23	2:09:45	56.	56.
2021 Whole Hog 5m (30+ obstac 112.	1487 Mihaela LABAU	Not Applicable	Stronger Together	2:26:13	2:25:36	60.	60.
2021 Whole Hog 5m (30+ obstac 113.	1507 Dorina PETROI	Not Applicable	Stronger Together	2:26:14	2:25:38	61.	61.
2021 Whole Hog 5m (30+ obstac 113.	1181 Elle LEWIS	Not Applicable	Pfs	2:10:23	2:09:45	57.	57.
2021 Whole Hog 5m (30+ obstac 113.	765 Leah HUGGINS	Not Applicable	A Brighter Team 2 (ormiston Families)	2:21:49	2:21:43	55.	55.
2021 Whole Hog 5m (30+ obstac 114.	708 Oiver BUTLER	Not Applicable	Ssa Gents	2:23:56	2:22:50	59.	59.
2021 Whole Hog 5m (30+ obstac 114.	1450 Ryan ELLIOTT	Not Applicable	Individual	2:26:15	2:25:38	53.	53.
2021 Whole Hog 5m (30+ obstac 114.	1126 Sophie GARSTANG	Not Applicable	Pfs	2:10:24	2:09:46	58.	58.
2021 Whole Hog 5m (30+ obstac 115.	1244 Alicia THORRINGTON	Not Applicable	Pfs	2:10:27	2:09:48	59.	59.
2021 Whole Hog 5m (30+ obstac 115.	740 Clara FRENCH	Not Applicable	Individual	2:24:02	2:22:58	56.	56.
2021 Whole Hog 5m (30+ obstac 115.	1414 Shelby BAKER	Not Applicable	Individual	2:26:17	2:25:41	62.	62.
2021 Whole Hog 5m (30+ obstac 116.	850 Georgia WALLER	Not Applicable	A Brighter Team 4 (ormiston Families)	2:26:01	2:25:28	57.	57.
2021 Whole Hog 5m (30+ obstac 116.	1477 Jo HODGETTS	Not Applicable	Individual	2:26:08	2:25:48	63.	63.
2021 Whole Hog 5m (30+ obstac 116.	1049 Olivia ASHFORD	Not Applicable	Pfs	2:10:27	2:09:48	60.	60.
2021 Whole Hog 5m (30+ obstac 117.	1440 Jo CURD	Not Applicable	Gft Bootcamp	2:27:13	2:26:52	64.	64.
2021 Whole Hog 5m (30+ obstac 117.	917 Kal DIVA-PATEL	Not Applicable	Individual	2:15:46	2:15:00	61.	61.
2021 Whole Hog 5m (30+ obstac 117.	736 Kayleigh FELSTEAD	Not Applicable	A Brighter Team 2 (ormiston Families)	2:26:01	2:25:28	58.	58.
2021 Whole Hog 5m (30+ obstac 118.	702 Abbie BROWN	Not Applicable	A Brighter Team 1 (ormiston Families)	2:26:02	2:25:30	59.	59.
2021 Whole Hog 5m (30+ obstac 118.	1504 Laura NORTON	Not Applicable	Gft Bootcamp	2:27:15	2:26:53	65.	65.
2021 Whole Hog 5m (30+ obstac 118.	1207 Robert PEARCE	Not Applicable	Neil Evans Fitness	2:18:12	2:17:30	57.	57.
2021 Whole Hog 5m (30+ obstac 119.	1120 Ellan FOSTER	Not Applicable	Neil Evans Fitness	2:18:14	2:17:34	62.	62.
2021 Whole Hog 5m (30+ obstac 119.	1424 Gabriella BUSSANDRI	Not Applicable	Gft Bootcamp	2:27:15	2:26:57	66.	66.
2021 Whole Hog 5m (30+ obstac 120.	1519 Ionie SCOTT	Not Applicable	Gft Bootcamp	2:28:38	2:28:20	67.	67.

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2021 Whole Hog 5m (30+ obstac 120.	1095 Neil DAVENPORT	Not Applicable	Neil Evans Fitness	2:18:13	2:17:34	58.	58.
2021 Whole Hog 5m (30+ obstac 121.	1048 Deborah ASHFORD	Not Applicable	Neil Evans Fitness	2:18:13	2:17:35	63.	63.
2021 Whole Hog 5m (30+ obstac 121.	1462 Robyn GLENN	Not Applicable	Gft Bootcamp	2:29:17	2:28:59	68.	68.
2021 Whole Hog 5m (30+ obstac 122.	1196 Caroline MORRIS	Not Applicable	Neil Evans Fitness	2:18:14	2:17:35	64.	64.
2021 Whole Hog 5m (30+ obstac 122.	1540 Mieke WATTEL	Not Applicable	Gft Bootcamp	2:29:18	2:28:59	69.	69.
2021 Whole Hog 5m (30+ obstac 123.	1252 Jason WEBB	Not Applicable	Individual	2:18:13	2:17:36	59.	59.
2021 Whole Hog 5m (30+ obstac 123.	1435 Natasha CORNESS	Not Applicable	Individual	2:38:59	2:38:14	70.	70.
2021 Whole Hog 5m (30+ obstac 124.	1157 Dale HUMPHRIES	Not Applicable	Neil Evans Fitness	2:18:13	2:17:36	60.	60.
2021 Whole Hog 5m (30+ obstac 124.	1436 Wendy CORNESS	Not Applicable	Individual	2:39:01	2:38:14	71.	71.
2021 Whole Hog 5m (30+ obstac 125.	1147 Alicia HOAD	Not Applicable	Neil Evans Fitness	2:18:15	2:17:36	65.	65.
2021 Whole Hog 5m (30+ obstac 125.	1465 Alix GRAZIANI	Not Applicable	Individual	2:38:47	2:38:26	72.	72.
2021 Whole Hog 5m (30+ obstac 126.	1177 Tracie KIRBY	Not Applicable	Neil Evans Fitness	2:18:17	2:17:37	66.	66.
2021 Whole Hog 5m (30+ obstac 127.	1055 Janette BATE	Not Applicable	Neil Evans Fitness	2:18:17	2:17:38	67.	67.
2021 Whole Hog 5m (30+ obstac 128.	1119 Zoe FORDHAM	Not Applicable	Fram Surgery	2:19:27	2:18:34	68.	68.
2021 Whole Hog 5m (30+ obstac 129.	1146 Catherine HILL	Not Applicable	Fram Surgery	2:19:27	2:18:34	69.	69.
2021 Whole Hog 5m (30+ obstac 130.	1182 Kathleen LINFORD	Not Applicable	Fram Surgery	2:19:27	2:18:35	70.	70.
2021 Whole Hog 5m (30+ obstac 131.	1253 Jayden WELSH	Not Applicable	Team Zeal	2:21:27	2:20:35	61.	61.
2021 Whole Hog 5m (30+ obstac 132.	1145 Naomi HERBERT	Not Applicable	Team Zeal	2:21:27	2:20:36	71.	71.
2021 Whole Hog 5m (30+ obstac 133.	1052 Steph BANYARD	Not Applicable	Team Zeal	2:21:28	2:20:36	72.	72.
2021 Whole Hog 5m (30+ obstac 134.	1103 Jason DENNIS	Not Applicable	Team Zeal	2:22:12	2:21:19	62.	62.
2021 Whole Hog 5m (30+ obstac 135.	1102 Charlotte DENNIS	Not Applicable	Team Zeal	2:22:13	2:21:21	73.	73.
2021 Whole Hog 5m (30+ obstac 136.	1263 Luke HARRIS	Not Applicable	Scrambled Legs	2:22:47	2:21:49	63.	63.
2021 Whole Hog 5m (30+ obstac 137.	1104 Megan DICKSON	Not Applicable	Scrambled Legs	2:23:15	2:22:08	74.	74.
2021 Whole Hog 5m (30+ obstac 138.	1232 Liam SMITH	Not Applicable	Scrambled Legs	2:23:15	2:22:16	64.	64.
2021 Whole Hog 5m (30+ obstac 139.	1203 Amy NORRIS	Not Applicable	Scrambled Legs	2:23:42	2:22:34	75.	75.
2021 Whole Hog 5m (30+ obstac 140.	1250 Tracey VINCENT	Not Applicable	Scrambled Legs	2:24:59	2:23:51	76.	76.
2021 Whole Hog 5m (30+ obstac 141.	1188 Debs MATTHEWS	Not Applicable	Scrambled Legs	2:25:01	2:23:53	77.	77.
2021 Whole Hog 5m (30+ obstac 142.	1249 Pete VINCENT	Not Applicable	Scrambled Legs	2:24:59	2:23:57	65.	65.
2021 Whole Hog 5m (30+ obstac 143.	1238 Mike STEWART	Not Applicable	Scrambled Legs	2:25:00	2:24:00	66.	66.
2021 Whole Hog 5m (30+ obstac 144.	1262 Ben WYARD	Not Applicable	Scrambled Legs	2:25:01	2:24:02	67.	67.
2021 Whole Hog 5m (30+ obstac 145.	1159 Sasha HUNT	Not Applicable	Tenacious Turtles	2:28:49	2:28:27	78.	78.
2021 Whole Hog 5m (30+ obstac 146.	1206 Bethany PARSON	Not Applicable	Tenacious Turtles	2:28:49	2:28:27	79.	79.
2021 Whole Hog 5m (30+ obstac 147.	1192 Diana MCGALEY	Not Applicable	Tenacious Turtles	2:28:50	2:28:28	80.	80.
2021 Whole Hog 5m (30+ obstac 148.	1158 Lorraine HUNT	Not Applicable	Tenacious Turtles	2:28:50	2:28:29	81.	81.
2021 Whole Hog 5m (30+ obstac 149.	1218 Caroline ROBERTS	Not Applicable	Team Big C	2:33:50	2:33:10	82.	82.
2021 Whole Hog 5m (30+ obstac 150.	1257 Chynna WILLIAMSON	Not Applicable	Team Big C	2:33:52	2:33:12	83.	83.
2021 Whole Hog 5m (30+ obstac 151.	1150 Lauren HOWARD	Not Applicable	Scorpions	2:34:49	2:34:25	84.	84.
2021 Whole Hog 5m (30+ obstac 152.	1186 Dean MANNING	Not Applicable	Scorpions	2:34:49	2:34:25	68.	68.
2021 Whole Hog 5m (30+ obstac 153.	1173 Hannah JORDAN	Not Applicable	Scorpions	2:34:49	2:34:25	69.	69.
2021 Whole Hog 5m (30+ obstac 154.	1204 Louise OBRIAN	Not Applicable	Scorpions	2:34:49	2:34:25	85.	85.
2021 Whole Hog 5m (30+ obstac 155.	1068 Sarah BONES	Not Applicable	Scorpions	2:34:49	2:34:25	86.	86.
2021 Whole Hog 5m (30+ obstac 156.	1213 Michaela REDDINGTON	Not Applicable	Scorpions	2:34:49	2:34:26	87.	87.

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2021 Whole Hog 5m (30+ obstac	157.	1070 Kirsty BRIERLEY	Not Applicable	Scorpions	2:34:48	2:34:26	88.	88.
2021 Whole Hog 5m (30+ obstac	158.	1241 Madison STRAUSS	Not Applicable	Scorpions	2:34:49	2:34:26	70.	70.
2021 Whole Hog 5m (30+ obstac	159.	1149 Fiona HOWARD	Not Applicable	Scorpions	2:34:50	2:34:26	89.	89.
2021 Whole Hog 5m (30+ obstac	a.k.	435 Andrew WYNN	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	a.k.	688 Danny ANDREWS	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	a.k.	686 Emma ALLINSON	Not Applicable	Mie				
2021 Whole Hog 5m (30+ obstac	a.k.	1227 Jade SHIPP	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	a.k.	1476 John HENDRY	Not Applicable	The Trotters				
2021 Whole Hog 5m (30+ obstac	a.k.	1156 Karen HUBERT	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	a.k.	400 Luke QUINN	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	a.k.	781 Nick MARKHAM	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	a.k.	807 Sam RAYMOND	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	a.k.	782 Sarah MARKHAM	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	a.k.	306 Theresa BINNS	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNF	767 Alex JENKINSON	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNF	725 Andy DAVIDSON	Not Applicable	Muddy Buggers				
2021 Whole Hog 5m (30+ obstac	DNF	843 Ben THACKRAY	Not Applicable	A Brighter Team 4 (ormiston Families)				
2021 Whole Hog 5m (30+ obstac	DNF	1131 Bożena GÓRALCZYK	Not Applicable	Rivers				
2021 Whole Hog 5m (30+ obstac	DNF	398 Carl PURNELL	Not Applicable	Whole Hoggers				
2021 Whole Hog 5m (30+ obstac	DNF	1054 Chloe BARSON	Not Applicable	The Avengers				
2021 Whole Hog 5m (30+ obstac	DNF	737 Craig FIDDAMAN	Not Applicable	A Brighter Team 4 (ormiston Families)				
2021 Whole Hog 5m (30+ obstac	DNF	704 Edward BURCHELL	Not Applicable	A Brighter Team 1 (ormiston Families)				
2021 Whole Hog 5m (30+ obstac	DNF	851 Emma WEARING	Not Applicable	Ssa Ladies				
2021 Whole Hog 5m (30+ obstac	DNF	1467 Georgie HALLS	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNF	730 Holly DOWSING	Not Applicable	A Brighter Team 2 (ormiston Families)				
2021 Whole Hog 5m (30+ obstac	DNF	315 Jack CARDY	Not Applicable	Team Live Fit				
2021 Whole Hog 5m (30+ obstac	DNF	422 Jasmine TEBBIT	Not Applicable	Gascoynes				
2021 Whole Hog 5m (30+ obstac	DNF	1484 Jessie JORDAN	Not Applicable	Nr Health Club				
2021 Whole Hog 5m (30+ obstac	DNF	776 Kristy LEWIS	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNF	764 Liam HOWLETT	Not Applicable	A Brighter Team 2 (ormiston Families)				
2021 Whole Hog 5m (30+ obstac	DNF	1014 Liam THORNTON	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNF	361 Lucy JACKSON	Not Applicable	Hawks Porks				
2021 Whole Hog 5m (30+ obstac	DNF	748 Martin GRAHAM	Not Applicable	Kettle Bell Divas				
2021 Whole Hog 5m (30+ obstac	DNF	1151 Natalie HOWARD	Not Applicable	Pfs				
2021 Whole Hog 5m (30+ obstac	DNF	1115 Neil EVANS	Not Applicable	Neil Evans Fitness				
2021 Whole Hog 5m (30+ obstac	DNF	1247 Nick TYRRELL	Not Applicable	The Avengers				
2021 Whole Hog 5m (30+ obstac	DNF	1524 Raman SINGH	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNF	1071 Rebecca BROCKWELL	Not Applicable	Rivers				
2021 Whole Hog 5m (30+ obstac	DNF	1528 Rebecca SPEARPOINT	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNF	729 Rhiannon DODDS	Not Applicable	A Brighter Team 2 (ormiston Families)				
2021 Whole Hog 5m (30+ obstac	DNF	1124 Rob FREEMAN	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNF	1226 Sam SHEPHERD	Not Applicable	Neil Evans Fitness				

RACE CHIP TIMING RESULTS

2021 Whole Hog 5m (30+ obstac DNF	1541 Sarah WILLETT	Not Applicable	Edmondson Hall
2021 Whole Hog 5m (30+ obstac DNF	1088 Shaun CLARKE	Not Applicable	Neil Evans Fitness
2021 Whole Hog 5m (30+ obstac DNF	792 Stefan MITHAM	Not Applicable	A Brighter Team 4 (ormiston Families)
2021 Whole Hog 5m (30+ obstac DNS	1087 Aaron CLARKE	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	362 Abi JACOBS	Not Applicable	Power Hour 2
2021 Whole Hog 5m (30+ obstac DNS	1166 Abi JOACHIM	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1077 Adam CANN	Not Applicable	The Avengers
2021 Whole Hog 5m (30+ obstac DNS	323 Adam COOK	Not Applicable	Whole Hoggers
2021 Whole Hog 5m (30+ obstac DNS	790 Adam MIDDLETON	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	352 Alison HARVEY	Not Applicable	Act
2021 Whole Hog 5m (30+ obstac DNS	1140 Amanda HARLEY	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	309 Amelia BONES	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1429 Andrew CLARKE	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	824 Anika SHENFIELD	Not Applicable	A Brighter Team 3 (ormiston Families)
2021 Whole Hog 5m (30+ obstac DNS	1066 Anna BLOOM	Not Applicable	Build Aviator
2021 Whole Hog 5m (30+ obstac DNS	314 Annabel CARDENAS	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1167 Anothony JOHNSON	Not Applicable	Build Aviator
2021 Whole Hog 5m (30+ obstac DNS	1214 Ariana REEVE	Not Applicable	Build Aviator
2021 Whole Hog 5m (30+ obstac DNS	1455 Ayesha GARNHAM	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1456 Ayesha GARNHAM	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1259 Becky WOODS	Not Applicable	Fram Surgery
2021 Whole Hog 5m (30+ obstac DNS	830 Beki SMITH	Not Applicable	Ssa Ladies
2021 Whole Hog 5m (30+ obstac DNS	1480 Benjamin INCLES	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	837 Brett STRINGFELLOW	Not Applicable	Db
2021 Whole Hog 5m (30+ obstac DNS	1255 Caitlin WHARFE	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	421 Carly TAYLOR	Not Applicable	Restorators
2021 Whole Hog 5m (30+ obstac DNS	749 Charles GRAND	Not Applicable	A Brighter Team 2 (ormiston Families)
2021 Whole Hog 5m (30+ obstac DNS	414 Charli SHERMAN	Not Applicable	Power Hour 2
2021 Whole Hog 5m (30+ obstac DNS	1153 Charlie HOWES	Not Applicable	The Avengers
2021 Whole Hog 5m (30+ obstac DNS	685 Charlotte ALLINSON	Not Applicable	Mie
2021 Whole Hog 5m (30+ obstac DNS	1493 Chris LUCHE	Not Applicable	The Filthy Unicorns
2021 Whole Hog 5m (30+ obstac DNS	360 Claire HUNTER	Not Applicable	Hawks Porks
2021 Whole Hog 5m (30+ obstac DNS	689 Clare APPLEBY	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	777 Clare LOVELL	Not Applicable	Ssa Ladies
2021 Whole Hog 5m (30+ obstac DNS	375 Clare MACDONALD	Not Applicable	Act
2021 Whole Hog 5m (30+ obstac DNS	800 Craig NUNN	Not Applicable	Team Db
2021 Whole Hog 5m (30+ obstac DNS	1497 Dalton MEHMED	Not Applicable	The Trotters
2021 Whole Hog 5m (30+ obstac DNS	842 Damien SYRETT	Not Applicable	Killik Hogs
2021 Whole Hog 5m (30+ obstac DNS	1097 Daniel DAVIES	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1235 Dannie STANFORD	Not Applicable	Scrambled Legs
2021 Whole Hog 5m (30+ obstac DNS	432 David WISELY	Not Applicable	Whole Hoggers
2021 Whole Hog 5m (30+ obstac DNS	1195 Edward MONGAN	Not Applicable	Average Joe's

RACE CHIP TIMING RESULTS

2021 Whole Hog 5m (30+ obstac DNS	367 Emily JONES	Not Applicable	Watermelone
2021 Whole Hog 5m (30+ obstac DNS	1446 Frankie DRAPER	Not Applicable	13 Fitness Team 3
2021 Whole Hog 5m (30+ obstac DNS	1189 Gemma MAY	Not Applicable	Fram Surgery
2021 Whole Hog 5m (30+ obstac DNS	687 Graeme ANDERSON	Not Applicable	Ssa Gents
2021 Whole Hog 5m (30+ obstac DNS	700 Greg BRADY	Not Applicable	A Brighter Team 1 (ormiston Families)
2021 Whole Hog 5m (30+ obstac DNS	428 Harry WATTS	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	713 Hayley CARROLL	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	357 Helen HORNSEY	Not Applicable	Watermelone
2021 Whole Hog 5m (30+ obstac DNS	1525 Imogen SKILTON	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	416 Imogen SMITH	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1191 Iona MCCORMACK	Not Applicable	Pfs
2021 Whole Hog 5m (30+ obstac DNS	1078 Jacqui CANN	Not Applicable	The Avengers
2021 Whole Hog 5m (30+ obstac DNS	1236 James STARLING	Not Applicable	Build Aviator
2021 Whole Hog 5m (30+ obstac DNS	425 Jamie WALDEN	Not Applicable	Power Hour 2
2021 Whole Hog 5m (30+ obstac DNS	827 Jane SIMIA	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1228 Jane SIMIA	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1083 Janine CHILLINGWORTH	Not Applicable	Chris's 40th
2021 Whole Hog 5m (30+ obstac DNS	1225 Jasmine SHACKLETON	Not Applicable	Pfs
2021 Whole Hog 5m (30+ obstac DNS	1072 Jason BROOKS	Not Applicable	The Avengers
2021 Whole Hog 5m (30+ obstac DNS	396 Jema PRESTON	Not Applicable	Hawks Porks
2021 Whole Hog 5m (30+ obstac DNS	788 Jerri MCGOVERN	Not Applicable	A Brighter Team 3 (ormiston Families)
2021 Whole Hog 5m (30+ obstac DNS	733 Jo EDWARDS	Not Applicable	A Brighter Team 2 (ormiston Families)
2021 Whole Hog 5m (30+ obstac DNS	304 Jo-Anne BENNETT	Not Applicable	Gateau Girls
2021 Whole Hog 5m (30+ obstac DNS	394 John PARNELL	Not Applicable	Power Hour 2
2021 Whole Hog 5m (30+ obstac DNS	391 Jordan PAGE	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1471 Joseph HARDWICK	Not Applicable	13 Fitness Team 3
2021 Whole Hog 5m (30+ obstac DNS	1239 Jozie STIVEY	Not Applicable	Rivers
2021 Whole Hog 5m (30+ obstac DNS	890 Karen BUTCHER	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	703 Kate BUCKMAN	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1117 Kate FLEMING	Not Applicable	Neil Evans Fitness
2021 Whole Hog 5m (30+ obstac DNS	364 Kate JILLIONS	Not Applicable	Power Hour 2
2021 Whole Hog 5m (30+ obstac DNS	1063 Kayleigh BLACKMOVE	Not Applicable	The Avengers
2021 Whole Hog 5m (30+ obstac DNS	1202 Laura NIND	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1067 Lauren BODKIN	Not Applicable	Handford
2021 Whole Hog 5m (30+ obstac DNS	354 Leanna HAYWARD	Not Applicable	Hawks Porks
2021 Whole Hog 5m (30+ obstac DNS	791 Leanne MIDDLETON	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1152 Leon HOWELL	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	825 Liam SHORE	Not Applicable	A Brighter Team 3 (ormiston Families)
2021 Whole Hog 5m (30+ obstac DNS	1233 Lilian SMITH	Not Applicable	Build Aviator
2021 Whole Hog 5m (30+ obstac DNS	1220 Lizzi ROUT	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	429 Lois WATTS	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	336 Loise FARRELL	Not Applicable	Gtc Team

RACE CHIP TIMING RESULTS

2021 Whole Hog 5m (30+ obstac DNS	1144 Louise HERBERT	Not Applicable	Lourob
2021 Whole Hog 5m (30+ obstac DNS	1069 Lucy BREESE	Not Applicable	Fram Surgery
2021 Whole Hog 5m (30+ obstac DNS	1176 Lucy KINGS	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	338 Luke FILBY	Not Applicable	Hawks Porks
2021 Whole Hog 5m (30+ obstac DNS	1245 Magda TURCZYN	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1084 Marc CHILLINGWORTH	Not Applicable	Chris's 40th
2021 Whole Hog 5m (30+ obstac DNS	1164 Marcus JEFFORD	Not Applicable	Build Aviator
2021 Whole Hog 5m (30+ obstac DNS	822 Marie SELBY	Not Applicable	Ssa Ladies
2021 Whole Hog 5m (30+ obstac DNS	1260 Marie WORLEY	Not Applicable	Handford
2021 Whole Hog 5m (30+ obstac DNS	1057 Mark BENNETT	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1129 Mark GIPSON	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	404 Mark ROBERTS	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1219 Markeece ROSE	Not Applicable	Whose Idea Was This?
2021 Whole Hog 5m (30+ obstac DNS	318 Martin CHATTENTON	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	717 Martin COAD	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1172 Martyn JONES	Not Applicable	Whose Idea Was This?
2021 Whole Hog 5m (30+ obstac DNS	760 Matt HOPE	Not Applicable	Ssa Gents
2021 Whole Hog 5m (30+ obstac DNS	337 Matthew FIELD	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	723 Melanie D'ARDIS	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1154 Mia HOWES	Not Applicable	The Avengers
2021 Whole Hog 5m (30+ obstac DNS	753 Michelle GRAY	Not Applicable	Ssa Ladies
2021 Whole Hog 5m (30+ obstac DNS	772 Michelle LARTER	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	366 Natalie JOHNSON	Not Applicable	Power Hour 2
2021 Whole Hog 5m (30+ obstac DNS	755 Nigel HARRIS	Not Applicable	A Brighter Team 2 (ormiston Families)
2021 Whole Hog 5m (30+ obstac DNS	701 Paul BROOKS	Not Applicable	Killik Hogs
2021 Whole Hog 5m (30+ obstac DNS	430 Paul WATTS	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	355 Pip HOLT	Not Applicable	Power Hour 2
2021 Whole Hog 5m (30+ obstac DNS	1059 Rachel BETTS	Not Applicable	Build Aviator
2021 Whole Hog 5m (30+ obstac DNS	325 Rachel CRISP	Not Applicable	Martlesham Leisure
2021 Whole Hog 5m (30+ obstac DNS	1169 Rachel JOLLY	Not Applicable	Fram Surgery
2021 Whole Hog 5m (30+ obstac DNS	1201 Rachel NI	Not Applicable	Eat, Sleep, Mud, Repeat
2021 Whole Hog 5m (30+ obstac DNS	697 Radzus BOGDANOVICS	Not Applicable	A Brighter Team 1 (ormiston Families)
2021 Whole Hog 5m (30+ obstac DNS	329 Riasa DOUGLAS COLLOW	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1437 Ricardo CORTE REAL	Not Applicable	Nr Health Club
2021 Whole Hog 5m (30+ obstac DNS	295 Richard ALEXANDER	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	720 Richard COLLINS	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	714 Rick CARROLL	Not Applicable	Individual
2021 Whole Hog 5m (30+ obstac DNS	1127 Robert GIBSON	Not Applicable	The Avengers
2021 Whole Hog 5m (30+ obstac DNS	1075 Robyn BUSH	Not Applicable	Lourob
2021 Whole Hog 5m (30+ obstac DNS	332 Sabrina DUNCAN	Not Applicable	Act
2021 Whole Hog 5m (30+ obstac DNS	1420 Sam BRAYSHAW	Not Applicable	One Hit Wonder
2021 Whole Hog 5m (30+ obstac DNS	712 Sam CARRINGTON	Not Applicable	Ssa Ladies

RACE CHIP TIMING RESULTS

2021 Whole Hog 5m (30+ obstac	DNS	754 Sam HARMAN	Not Applicable	A Brighter Team 2 (ormiston Families)				
2021 Whole Hog 5m (30+ obstac	DNS	775 Sam LEDGER	Not Applicable	Ssa Ladies				
2021 Whole Hog 5m (30+ obstac	DNS	742 Sandra GARNER	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNS	718 Sarah COAD	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNS	392 Sarah PAGE	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNS	803 Sarah PALLANT	Not Applicable	Ssa Ladies				
2021 Whole Hog 5m (30+ obstac	DNS	806 Sarah QUINTON	Not Applicable	Ssa Ladies				
2021 Whole Hog 5m (30+ obstac	DNS	855 Sarah WILLIAMS	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNS	1086 Sean CLARK	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNS	1222 Sean RYDER	Not Applicable	Dilligaf				
2021 Whole Hog 5m (30+ obstac	DNS	1060 Shaun BETTS	Not Applicable	Build Aviator				
2021 Whole Hog 5m (30+ obstac	DNS	1061 Shaun BETTS	Not Applicable	Build Aviator				
2021 Whole Hog 5m (30+ obstac	DNS	1076 Simona CALUIAN	Not Applicable	Team Tcf				
2021 Whole Hog 5m (30+ obstac	DNS	390 Steve NORMAN	Not Applicable	Restorators				
2021 Whole Hog 5m (30+ obstac	DNS	1261 Sue WRIGHT	Not Applicable	Fram Surgery				
2021 Whole Hog 5m (30+ obstac	DNS	709 Susie BUTLER	Not Applicable	Ssa Ladies				
2021 Whole Hog 5m (30+ obstac	DNS	722 Suzy COULSON	Not Applicable	A Brighter Team 1 (ormiston Families)				
2021 Whole Hog 5m (30+ obstac	DNS	373 Teresa LEEKS	Not Applicable	The Three Amigos				
2021 Whole Hog 5m (30+ obstac	DNS	695 Tom BERRY	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNS	1099 Tracey DAY	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNS	731 Val DUFOUR	Not Applicable	Ssa Ladies				
2021 Whole Hog 5m (30+ obstac	DNS	819 Valeria SANTOS	Not Applicable	Ssa Ladies				
2021 Whole Hog 5m (30+ obstac	DNS	845 Vanessa THORPE	Not Applicable	Witnesham Warriors				
2021 Whole Hog 5m (30+ obstac	DNS	1194 Vicky MOFFAT	Not Applicable	Eat, Sleep, Mud, Repeat				
2021 Whole Hog 5m (30+ obstac	DNS	1089 Yasmine CLARKE	Not Applicable	Individual				
2021 Whole Hog 5m (30+ obstac	DNS	296 Zoe ALEXANDER	Not Applicable	Individual				
2022 Baldock 5k Rat Run	1.	17 Alex CHADWICK	Male 30-34	Unattached	19:35	19:33	1.	1.
2022 Baldock 5k Rat Run	2.	54 Sam HEATHCOTE	Male 25-29	Nidd Valley Road Runners	20:26	20:26	2.	1.
2022 Baldock 5k Rat Run	3.	23 James DALTON	Male 45-49	North Herts Road Runners	20:39	20:38	3.	1.
2022 Baldock 5k Rat Run	4.	106 Paula HOLM	Female 40-44	North Herts Road Runners	20:50	20:49	1.	1.
2022 Baldock 5k Rat Run	5.	42 Matt FOWLER	Male 40-44	Unattached	21:36	21:34	4.	1.
2022 Baldock 5k Rat Run	6.	11 Robin BERRY	Male 45-49	Unattached	21:56	21:54	5.	2.
2022 Baldock 5k Rat Run	7.	113 Chris LENDRUM	Male 35-39	Unattached	22:00	21:58	6.	1.
2022 Baldock 5k Rat Run	8.	46 Charlotte GIBSON	Female 40-44	Unattached	22:36	22:34	2.	2.
2022 Baldock 5k Rat Run	9.	51 Lewis GREEN	Male 40-44	Unattached	22:45	22:44	7.	2.
2022 Baldock 5k Rat Run	10.	110 Jon HUNT	Male 50-54	North Herts Road Runners	22:49	22:48	8.	1.
2022 Baldock 5k Rat Run	11.	13 James BOAR	Male 10-14	Unattached	23:01	23:00	9.	1.
2022 Baldock 5k Rat Run	12.	14 Daniel BOAR	Male 9 & Under	Unattached	23:01	23:00	10.	1.
2022 Baldock 5k Rat Run	13.	70 Brent LLOYD	Male 35-39	Unattached	23:14	23:08	11.	2.
2022 Baldock 5k Rat Run	14.	98 Jillian TOOLEY-BOYS	Female 40-44	North Herts Road Runners	23:19	23:17	3.	3.
2022 Baldock 5k Rat Run	15.	37 Samuel EVANS	Male 10-14	Unattached	23:20	23:16	12.	2.
2022 Baldock 5k Rat Run	16.	45 Neil GEE	Male 55-59	Unattached	23:26	23:22	13.	1.

RACE CHIP TIMING RESULTS

2022 Baldock 5k Rat Run	17.	12 Mark BICKERDIKE	Male 55-59	Unattached	23:29	23:26	14.	2.
2022 Baldock 5k Rat Run	18.	52 Alex HAGGERTY	Male 45-49	Unattached	23:32	23:26	15.	3.
2022 Baldock 5k Rat Run	19.	22 Andy CORNISH	Male 45-49	Unattached	23:32	23:26	16.	4.
2022 Baldock 5k Rat Run	20.	68 Emma KOPPE	Female 45-49	Unattached	23:48	23:47	4.	1.
2022 Baldock 5k Rat Run	21.	63 Ieuan JAMES	Male 10-14	Unattached	24:03	23:59	17.	3.
2022 Baldock 5k Rat Run	22.	61 Geraint JAMES	Male 45-49	Unattached	24:03	23:59	18.	5.
2022 Baldock 5k Rat Run	23.	36 Chris EVANS	Male 35-39	Unattached	24:18	24:13	19.	3.
2022 Baldock 5k Rat Run	24.	50 Joshua GOODIER	Male 10-14	Unattached	24:29	24:23	20.	4.
2022 Baldock 5k Rat Run	25.	89 Phil SEDDON	Male 55-59	Unattached	24:55	24:48	21.	3.
2022 Baldock 5k Rat Run	26.	102 David WHIFFEN	Male 50-54	Unattached	25:20	25:10	22.	2.
2022 Baldock 5k Rat Run	27.	49 David GOODIER	Male 45-49	Unattached	25:26	25:20	23.	6.
2022 Baldock 5k Rat Run	28.	90 Ben SHAW	Male 30-34	Unattached	25:31	25:28	24.	2.
2022 Baldock 5k Rat Run	29.	91 Kevin SHERWOOD	Male 60-64	Unattached	25:52	25:47	25.	1.
2022 Baldock 5k Rat Run	30.	26 Ann DIXON-DYER	Female 35-39	Unattached	25:54	25:43	5.	1.
2022 Baldock 5k Rat Run	31.	78 Gillian MARTIN	Female 55-59	Unattached	26:15	26:06	6.	1.
2022 Baldock 5k Rat Run	32.	80 Sean MCGEE	Male 55-59	Unattached	26:37	26:31	26.	4.
2022 Baldock 5k Rat Run	33.	92 Harjit SINGH	Male 50-54	Unattached	26:51	26:45	27.	3.
2022 Baldock 5k Rat Run	34.	93 Sophia SMITH	Female 25-29	Unattached	26:51	26:51	7.	1.
2022 Baldock 5k Rat Run	35.	28 Samuel DONNELLY	Male 10-14	Unattached	26:57	26:55	28.	5.
2022 Baldock 5k Rat Run	36.	111 Charlie ROBINSON	Male 55-59	Unattached	27:01	26:58	29.	5.
2022 Baldock 5k Rat Run	37.	27 Matthew DIXON-DYER	Male 35-39	Unattached	27:05	26:53	30.	4.
2022 Baldock 5k Rat Run	38.	100 Paul WARMAN	Male 55-59	Unattached	27:09	27:00	31.	6.
2022 Baldock 5k Rat Run	39.	112 Martin REEVE	Male 50-54	Unattached	27:13	26:59	32.	4.
2022 Baldock 5k Rat Run	40.	101 Dan WEBB	Male 35-39	Unattached	27:29	27:18	33.	5.
2022 Baldock 5k Rat Run	41.	73 Oscar LYNAM	Male 10-14	Unattached	28:01	27:56	34.	6.
2022 Baldock 5k Rat Run	42.	72 Mark LYNAM	Male 40-44	Unattached	28:01	27:56	35.	3.
2022 Baldock 5k Rat Run	43.	109 Stephanie MA	Female 30-34	Unattached	28:02	27:50	8.	1.
2022 Baldock 5k Rat Run	44.	6 James BARRY	Male 9 & Under	Unattached	28:14	28:08	36.	2.
2022 Baldock 5k Rat Run	45.	5 Aidan BARRY	Male 9 & Under	Unattached	28:16	28:10	37.	3.
2022 Baldock 5k Rat Run	46.	4 Allison BARRY	Female 40-44	Unattached	28:16	28:10	9.	4.
2022 Baldock 5k Rat Run	47.	77 Paul MAKIN	Male 45-49	Unattached	28:31	28:25	38.	7.
2022 Baldock 5k Rat Run	48.	76 Samuel MAKIN	Male 10-14	Unattached	28:32	28:25	39.	7.
2022 Baldock 5k Rat Run	49.	58 David HOWITT	Male 70+	Unattached	28:35	28:31	40.	1.
2022 Baldock 5k Rat Run	50.	53 Alan HAZLEHURST	Male 55-59	North Herts Road Runners	28:58	28:53	41.	7.
2022 Baldock 5k Rat Run	51.	3 Mark BACKHOUSE	Male 50-54	Unattached	29:11	28:59	42.	5.
2022 Baldock 5k Rat Run	52.	47 Anamika GIDDINGS	Female 40-44	Unattached	29:17	29:10	10.	5.
2022 Baldock 5k Rat Run	53.	79 Andrew MCALISTER	Male 30-34	Unattached	29:35	29:20	43.	3.
2022 Baldock 5k Rat Run	54.	96 David STRONG	Male 70+	Unattached	29:38	29:30	44.	2.
2022 Baldock 5k Rat Run	55.	56 Ben HERBERT	Male 9 & Under	Unattached	29:40	29:30	45.	4.
2022 Baldock 5k Rat Run	56.	44 Theia FREESTON-BULL	Female 9 & Under	Unattached	29:41	29:35	11.	1.
2022 Baldock 5k Rat Run	57.	32 James DUNSTAN	Male 9 & Under	Unattached	29:41	29:30	46.	5.
2022 Baldock 5k Rat Run	58.	43 Carly FREESTON	Female 35-39	Unattached	29:42	29:36	12.	2.

RACE CHIP TIMING RESULTS

2022 Baldock 5k Rat Run	59.	64 Meyrick JENKINS	Male 55-59	Unattached	29:43	29:33	47.	8.
2022 Baldock 5k Rat Run	60.	31 Andy DUNSTAN	Male 45-49	Unattached	29:43	29:31	48.	8.
2022 Baldock 5k Rat Run	61.	18 Siji CHEN	Female 25-29	Unattached	30:21	30:06	13.	2.
2022 Baldock 5k Rat Run	62.	84 Alexandros PAPATHANASIOU	Male 40-44	Unattached	30:22	30:04	49.	4.
2022 Baldock 5k Rat Run	63.	86 Lorraine PERRICONE	Female 50-54	Unattached	30:28	30:25	14.	1.
2022 Baldock 5k Rat Run	64.	82 Paul MURDOCH	Male 50-54	Unattached	30:38	30:30	50.	6.
2022 Baldock 5k Rat Run	65.	25 Jane DELANEY	Female 45-49	Unattached	30:39	30:35	15.	2.
2022 Baldock 5k Rat Run	66.	105 Sara ZATOUROFF	Female 60-64	Unattached	30:42	30:37	16.	1.
2022 Baldock 5k Rat Run	67.	65 Rajneet KHERA	Female 35-39	Unattached	31:04	30:51	17.	3.
2022 Baldock 5k Rat Run	68.	69 Sonny KURMI	Male 30-34	North Herts Road Runners	31:05	30:51	51.	4.
2022 Baldock 5k Rat Run	69.	99 Matt TUTTON	Male 35-39	Fairlands Valley Spartans	31:06	30:57	52.	6.
2022 Baldock 5k Rat Run	70.	60 Karen HUMM	Female 45-49	Unattached	31:08	30:57	18.	3.
2022 Baldock 5k Rat Run	71.	62 Rhiannon JAMES	Female 10-14	Unattached	31:09	30:58	19.	1.
2022 Baldock 5k Rat Run	72.	87 Tim ROBINSON	Male 50-54	Fairlands Valley Spartans	31:10	30:56	53.	7.
2022 Baldock 5k Rat Run	73.	48 Craille GILLIES	Female 40-44	Unattached	31:21	31:04	20.	6.
2022 Baldock 5k Rat Run	74.	39 Ivan EVERSLEY	Male 55-59	Unattached	31:35	31:27	54.	9.
2022 Baldock 5k Rat Run	75.	81 Sharon MULLAN	Female 35-39	Unattached	31:55	31:45	21.	4.
2022 Baldock 5k Rat Run	76.	15 Lisa BROWN	Female 45-49	Unattached	31:57	31:47	22.	4.
2022 Baldock 5k Rat Run	77.	16 Jenny CARROD	Female 40-44	Unattached	31:59	31:48	23.	7.
2022 Baldock 5k Rat Run	78.	29 Michelle DONNELLY	Female 45-49	Unattached	32:27	32:24	24.	5.
2022 Baldock 5k Rat Run	79.	9 James BELL	Male 9 & Under	Unattached	32:43	32:35	55.	6.
2022 Baldock 5k Rat Run	80.	8 Doug BELL	Male 45-49	Unattached	32:48	32:40	56.	9.
2022 Baldock 5k Rat Run	81.	38 Karen EVERSLEY	Female 50-54	Unattached	33:01	33:01	25.	2.
2022 Baldock 5k Rat Run	82.	67 Wendy KNIGHT	Female 55-59	Unattached	33:11	33:04	26.	2.
2022 Baldock 5k Rat Run	83.	94 Karen STEPHENS	Female 50-54	Unattached	33:12	33:08	27.	3.
2022 Baldock 5k Rat Run	84.	88 Lorraine ROWLEY	Female 55-59	Unattached	33:14	33:10	28.	3.
2022 Baldock 5k Rat Run	85.	103 Eleanor WILLIAMS	Female 35-39	Unattached	34:56	34:45	29.	5.
2022 Baldock 5k Rat Run	86.	7 Julie BEETON	Female 55-59	Unattached	35:56	35:52	30.	4.
2022 Baldock 5k Rat Run	87.	74 Henry LYNAM	Male 9 & Under	Unattached	36:48	36:34	57.	7.
2022 Baldock 5k Rat Run	88.	71 Lucy LYNAM	Female 40-44	Unattached	36:48	36:35	31.	8.
2022 Baldock 5k Rat Run	89.	40 Stuart FIXTER	Male 45-49	Unattached	37:18	37:02	58.	10.
2022 Baldock 5k Rat Run	90.	41 Adam FIXTER	Male 9 & Under	Unattached	37:18	37:02	59.	8.
2022 Baldock 5k Rat Run	91.	19 Hayley COCKS	Female 40-44	Unattached	37:42	37:29	32.	9.
2022 Baldock 5k Rat Run	92.	59 Gill HUGHES	Female 60-64	Unattached	37:42	37:30	33.	2.
2022 Baldock 5k Rat Run	93.	35 Nick ELLIS	Male 45-49	Unattached	37:55	37:46	60.	11.
2022 Baldock 5k Rat Run	94.	57 Eve HERBERT	Female 10-14	Unattached	38:59	38:48	34.	2.
2022 Baldock 5k Rat Run	95.	33 Izzy DUNSTAN	Female 10-14	Unattached	38:59	38:49	35.	3.
2022 Baldock 5k Rat Run	96.	108 Marian COWDREY	Male 65-69	Unattached	39:00	38:48	61.	1.
2022 Baldock 5k Rat Run	97.	75 Stephanie MAJOR	Female 35-39	Unattached	39:34	39:24	36.	6.
2022 Baldock 5k Rat Run	98.	21 Josh COLLINGS	Male 35-39	Unattached	49:12	48:51	62.	7.
2022 Baldock 5k Rat Run	99.	20 Tim COLLINGS	Male 65-69	Unattached	50:05	49:45	63.	2.
2022 Baldock 5k Rat Run	100.	95 Helen STONE	Female 70+	Unattached	55:22	55:08	37.	1.

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2022 Baldock 5k Rat Run	101.	55 Paul HERBERT	Male 40-44	Unattached	55:23	55:10	64.	5.
2022 Baldock 5k Rat Run	102.	83 Colette MURPHY	Female 60-64	Unattached	55:24	55:09	38.	3.
2022 Baldock 5k Rat Run	103.	97 Oliver SUTTON	Male 9 & Under	Unattached	1:00:54	1:00:53	65.	9.
2022 Baldock 5k Rat Run	DNS	1 Christian ALLEN	Male 20-24	Unattached				
2022 Baldock 5k Rat Run	DNS	107 Jack MCARTHY	Male 25-29	Unattached				
2022 Baldock 5k Rat Run	DNS	34 John DYKE	Male 50-54	Unattached				
2022 Baldock 5k Rat Run	DNS	85 Mark PAULSON	Male 60-64	Unattached				
2022 Baldock 5k Rat Run	DNS	104 Megan WRIGHT	Female 35-39	Unattached				
2022 Baldock 5k Rat Run	DNS	2 Paul AMERY	Male 50-54	Unattached				
2022 Baldock 5k Rat Run	DNS	10 Rachel BERRY	Female 10-14	Unattached				
2022 Baldock 5k Rat Run	DNS	66 Rosie KING	Female 70+	Unattached				
2022 Baldock 5k Rat Run	DNS	24 Sara DAVIES	Female 15-19	Unattached				
2022 Baldock 5k Rat Run	DNS	30 Stephen DORAN	Male 40-44	Unattached				
2022 Hadleigh 10	1.	10467 Kieran Clements	MS	Shaftesbury Barnet Harriers	49:06	49:06	1.	1.
2022 Hadleigh 10	2.	10354 Scott Ramsey	MS	Ipswich Harriers	53:56	53:55	2.	2.
2022 Hadleigh 10	3.	10461 Mark Hayward	MV40	Newmarket Joggers	57:47	57:47	3.	1.
2022 Hadleigh 10	4.	10435 Henry Catling	MS	Felixstowe RRC	59:50	59:49	4.	3.
2022 Hadleigh 10	5.	10408 Mark Allen	MV55	Ipswich Jaffa RC	1:00:19	1:00:18	5.	1.
2022 Hadleigh 10	6.	10345 Jim Last	MV45	Framlingham Flyers	1:00:49	1:00:47	6.	1.
2022 Hadleigh 10	7.	10417 Adrian Frost	MV50	Saint Edmund Pacers	1:00:55	1:00:50	7.	1.
2022 Hadleigh 10	8.	10371 Oliver Schofield	MS	Saint Edmund Pacers	1:00:59	1:00:53	8.	4.
2022 Hadleigh 10	9.	10270 Haydn Wade	MS	Felixstowe RRC	1:01:14	1:01:13	9.	5.
2022 Hadleigh 10	10.	10361 Mark Lloyd	MV50	Harwich Runners	1:01:43	1:01:41	10.	2.
2022 Hadleigh 10	11.	10448 Colin Ridley	MV60	Colchester Harriers AC	1:01:47	1:01:45	11.	1.
2022 Hadleigh 10	12.	10225 Steve Taylor	MV40	Ipswich Jaffa RC	1:02:30	1:02:27	12.	2.
2022 Hadleigh 10	13.	10468 Paul Wain	MS	Ipswich Jaffa RC	1:02:31	1:02:27	13.	6.
2022 Hadleigh 10	14.	10254 Nick Lawrie	MV40	Unattached	1:02:54	1:02:50	14.	3.
2022 Hadleigh 10	15.	10315 Neil Smith	MS	Framlingham Flyers	1:02:57	1:02:48	15.	7.
2022 Hadleigh 10	16.	10432 Jody Walker	MV40	Nuclear Races Striders	1:03:03	1:03:01	16.	4.
2022 Hadleigh 10	17.	10394 Alex Archer	MS	Ipswich Jaffa RC	1:03:29	1:03:26	17.	8.
2022 Hadleigh 10	18.	10341 Benjamin Jacobs	MV45	Felixstowe RRC	1:03:30	1:03:29	18.	2.
2022 Hadleigh 10	19.	10383 Jason Isaac Brandy	MS	Unattached	1:03:30	1:03:18	19.	9.
2022 Hadleigh 10	20.	10253 Simon Day	MV45	Harwich Runners	1:03:40	1:03:37	20.	3.
2022 Hadleigh 10	21.	10240 Geraint White	MS	Ipswich Jaffa RC	1:04:08	1:04:07	21.	10.
2022 Hadleigh 10	22.	10216 Richard Smith	MV45	Unattached	1:04:16	1:04:10	22.	4.
2022 Hadleigh 10	23.	10231 Jerry Walder	MV45	Colchester Harriers AC	1:04:46	1:04:44	23.	5.
2022 Hadleigh 10	24.	10265 Tom Hancock	MV50	Harwich Runners	1:05:08	1:05:05	24.	3.
2022 Hadleigh 10	25.	10462 Dave Solomon	MV55	Felixstowe RRC	1:05:38	1:05:34	25.	2.
2022 Hadleigh 10	26.	10304 Jon Harding	MV50	Unattached	1:06:05	1:06:01	26.	4.
2022 Hadleigh 10	27.	10342 Robin Brookes	MV50	Harwich Runners	1:06:19	1:06:15	27.	5.
2022 Hadleigh 10	28.	10308 Marcus Catlin	MV45	Ipswich Jaffa RC	1:06:29	1:06:26	28.	6.
2022 Hadleigh 10	29.	10202 Phil Whiting	MV45	Norfolk Gazelles AC	1:06:55	1:06:49	29.	7.

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2022 Hadleigh 10	30.	10355 Thomas Alexander	MV40	Woodbridge Shufflers RC	1:06:55	1:06:52	30.	5.
2022 Hadleigh 10	31.	10451 James Hayward	MS	Ipswich Jaffa RC	1:06:57	1:06:54	31.	11.
2022 Hadleigh 10	32.	10374 Jem Smith	MV45	Sudbury Joggers	1:07:07	1:06:58	32.	8.
2022 Hadleigh 10	33.	10426 Dan Brocklehurst	MS	Wymondham AC	1:07:41	1:07:30	33.	12.
2022 Hadleigh 10	34.	10322 Joey Avenell	MS	Unattached	1:07:42	1:07:29	34.	13.
2022 Hadleigh 10	35.	10364 Adrian Peake	MV55	Ipswich Jaffa RC	1:07:45	1:07:41	35.	3.
2022 Hadleigh 10	36.	10442 Ross Wilcox	MV45	Stowmarket Striders RC	1:08:55	1:08:47	36.	9.
2022 Hadleigh 10	37.	10403 Samuel Blows	MS	Unattached	1:09:03	1:08:58	37.	14.
2022 Hadleigh 10	38.	10441 Maarten Vriezen	MV45	Unattached	1:09:13	1:09:04	38.	10.
2022 Hadleigh 10	39.	10309 Robin Harper	MV45	Felixstowe RRC	1:09:16	1:09:12	39.	11.
2022 Hadleigh 10	40.	10332 Chris Servant	MV55	Ipswich Jaffa RC	1:09:19	1:09:15	40.	4.
2022 Hadleigh 10	41.	10243 Alec Wright	MV40	Ipswich Jaffa RC	1:09:24	1:09:19	41.	6.
2022 Hadleigh 10	42.	10218 Tony Smart	MS	Unattached	1:09:25	1:09:18	42.	15.
2022 Hadleigh 10	43.	10326 Andrew Turner	MV40	Hadleigh Hares AC	1:09:43	1:09:41	43.	7.
2022 Hadleigh 10	44.	10420 Chris Pugh	MS	Unattached	1:10:02	1:09:46	44.	16.
2022 Hadleigh 10	45.	10344 David Dennett	MS	Unattached	1:10:17	1:09:48	45.	17.
2022 Hadleigh 10	46.	10393 Wendy Smith	FV50	Saint Edmund Pacers	1:10:24	1:10:18	1.	1.
2022 Hadleigh 10	47.	10470 Christopher Underwood	MS	Newmarket Joggers	1:10:34	1:10:26	46.	18.
2022 Hadleigh 10	48.	10356 Christopher Boyt	MV45	Felixstowe RRC	1:10:35	1:10:31	47.	12.
2022 Hadleigh 10	49.	10464 Andrew Dunstone	MS	Unattached	1:10:40	1:10:28	48.	19.
2022 Hadleigh 10	50.	10353 Karl Feagan	MV45	Ipswich Harriers	1:10:44	1:10:42	49.	13.
2022 Hadleigh 10	51.	10263 Richard Newman	MV55	Harwich Runners	1:11:27	1:11:12	50.	5.
2022 Hadleigh 10	52.	10314 Gregor Kennedy	MV50	Unattached	1:12:00	1:11:55	51.	6.
2022 Hadleigh 10	53.	10245 Matt Trill	MV45	Ipswich Jaffa RC	1:12:01	1:11:54	52.	14.
2022 Hadleigh 10	54.	10443 Richard Beckett	MV40	Unattached	1:12:05	1:11:36	53.	8.
2022 Hadleigh 10	55.	10325 Ian Thoroughgood	MS	Capel Cheetahs	1:12:10	1:11:32	54.	20.
2022 Hadleigh 10	56.	10278 Nigel Schofield	MV55	Saint Edmund Pacers	1:12:20	1:12:12	55.	6.
2022 Hadleigh 10	57.	10478 Cinthia Mateo Pena	FS	Woodbridge Shufflers RC	1:12:27	1:12:16	2.	1.
2022 Hadleigh 10	58.	10210 Kerry Buckley	MV50	Felixstowe RRC	1:12:31	1:12:26	56.	7.
2022 Hadleigh 10	59.	10340 Mallory Dixon	MS	Unattached	1:13:17	1:12:42	57.	21.
2022 Hadleigh 10	60.	10235 Alan Jackson	MV60	Ipswich Jaffa RC	1:13:28	1:13:21	58.	2.
2022 Hadleigh 10	61.	10291 Femi Ariyo	MV45	Kesgrave Cruisers	1:13:46	1:13:13	59.	15.
2022 Hadleigh 10	62.	10425 Amanda Pattinson	FV55	Unattached	1:13:50	1:13:29	3.	1.
2022 Hadleigh 10	63.	10392 Simon Askew	MV45	Unattached	1:13:52	1:13:38	60.	16.
2022 Hadleigh 10	64.	10406 Stephen Dunnett	MV60	Framlingham Flyers	1:13:59	1:13:52	61.	3.
2022 Hadleigh 10	65.	10367 Richard Wold	MV60	Felixstowe RRC	1:14:10	1:14:05	62.	4.
2022 Hadleigh 10	66.	10307 Clifford Bush	MV55	Unattached	1:14:11	1:13:59	63.	7.
2022 Hadleigh 10	67.	10299 Sandy Thorogood	FV55	Unattached	1:14:14	1:14:01	4.	2.
2022 Hadleigh 10	68.	10358 Aaron Perera	MS	Unattached	1:14:16	1:14:04	64.	22.
2022 Hadleigh 10	69.	10429 Daniel Pelling	MV50	Haverhill Running Club	1:14:20	1:14:11	65.	8.
2022 Hadleigh 10	70.	10347 Neville Clarke	MV65	Newmarket Joggers	1:14:26	1:14:16	66.	1.
2022 Hadleigh 10	71.	10430 Samuel Jowers	MV50	Unattached	1:14:30	1:14:11	67.	9.

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2022 Hadleigh 10	72.	10391 Benjamin Askew	MV45	Unattached	1:14:57	1:14:44	68.	17.
2022 Hadleigh 10	73.	10219 Robert Farthing	MV40	Unattached	1:15:10	1:14:52	69.	9.
2022 Hadleigh 10	74.	10293 Chris Regan	MV55	Colchester Harriers AC	1:15:34	1:15:12	70.	8.
2022 Hadleigh 10	75.	10321 Sean Avenell	MS	Harwich Runners	1:15:48	1:15:35	71.	23.
2022 Hadleigh 10	76.	10259 Gary Donoghue	MV55	Harwich Runners	1:15:55	1:15:39	72.	9.
2022 Hadleigh 10	77.	10436 Val Jennings	FV55	Ipswich Jaffa RC	1:15:56	1:15:49	5.	3.
2022 Hadleigh 10	78.	10396 Neil Dennis	MS	Stowmarket Striders RC	1:16:18	1:15:40	73.	24.
2022 Hadleigh 10	79.	10282 Heather Bush	FV45	Unattached	1:16:24	1:16:15	6.	1.
2022 Hadleigh 10	80.	10337 Peter Warland	MV55	Stowmarket Striders RC	1:16:28	1:16:10	74.	10.
2022 Hadleigh 10	81.	10472 Christopher Fuller	MS	Saxmundham Sports Running & Fitness Club	1:16:45	1:16:35	75.	25.
2022 Hadleigh 10	82.	10247 Kim Pretty	MV65	Harwich Runners	1:16:46	1:16:30	76.	2.
2022 Hadleigh 10	83.	10234 Phil Sanderson	MV60	Harwich Runners	1:16:59	1:16:47	77.	5.
2022 Hadleigh 10	84.	10422 Mark Lewis	MV45	Saint Edmund Pacers	1:17:04	1:16:55	78.	18.
2022 Hadleigh 10	85.	10452 Karen Stapleton	FV45	Harwich Runners	1:17:06	1:16:53	7.	2.
2022 Hadleigh 10	86.	10458 Jonathan Hesketh	MV40	Unattached	1:17:09	1:16:59	79.	10.
2022 Hadleigh 10	87.	10457 William Taylor	MS	Framlingham Flyers	1:17:38	1:17:00	80.	26.
2022 Hadleigh 10	88.	10217 Matt Benson	MV40	Sudbury Joggers	1:17:41	1:17:23	81.	11.
2022 Hadleigh 10	89.	10289 Ian White	MV50	TRISudbury	1:17:45	1:17:27	82.	10.
2022 Hadleigh 10	90.	10319 Jo Stephenson	FV55	Stowmarket Striders RC	1:17:54	1:17:35	8.	4.
2022 Hadleigh 10	91.	10465 Emily Gooderham	FS	Saint Edmund Pacers	1:17:54	1:17:41	9.	2.
2022 Hadleigh 10	92.	10370 Robin Belsom	MV60	Ipswich Jaffa RC	1:18:35	1:18:13	83.	6.
2022 Hadleigh 10	93.	10438 Clare Douglas	FS	Stowmarket Striders RC	1:18:38	1:18:19	10.	3.
2022 Hadleigh 10	94.	10300 Alan Oliver	MV55	Kesgrave Cruisers	1:18:41	1:18:09	84.	11.
2022 Hadleigh 10	95.	10290 Helen Ariyo	FV40	Kesgrave Cruisers	1:18:42	1:18:10	11.	1.
2022 Hadleigh 10	96.	10475 Chris Chorley	MV55	Bungay Black Dog RC	1:18:45	1:18:12	85.	12.
2022 Hadleigh 10	97.	10205 Joss Dobbie	MV50	Unattached	1:18:57	1:18:38	86.	11.
2022 Hadleigh 10	98.	10446 John Rainbow	MV40	Framlingham Flyers	1:19:09	1:18:31	87.	12.
2022 Hadleigh 10	99.	10224 Kimberley Dye	FS	Ipswich Jaffa RC	1:19:09	1:19:02	12.	4.
2022 Hadleigh 10	100.	10421 Jamie Pickering	MS	Unattached	1:19:12	1:18:53	88.	27.
2022 Hadleigh 10	101.	10363 Kevin Whelan	MV55	Felixstowe RRC	1:19:20	1:19:08	89.	13.
2022 Hadleigh 10	102.	10256 Ian Cannons	MV50	Harwich Runners	1:19:26	1:19:15	90.	12.
2022 Hadleigh 10	103.	10284 Geraldine Clarke	FV55	Framlingham Flyers	1:19:30	1:19:09	13.	5.
2022 Hadleigh 10	104.	10285 Stuart Clarke	MV40	Unattached	1:19:30	1:19:09	91.	13.
2022 Hadleigh 10	105.	10241 Mary Narey	FV55	Stowmarket Striders RC	1:19:36	1:19:17	14.	6.
2022 Hadleigh 10	106.	10445 Mark Andrews	MV55	Unattached	1:19:45	1:19:29	92.	14.
2022 Hadleigh 10	107.	10277 Simon Haigh	MV55	Orion Harriers	1:19:49	1:19:28	93.	15.
2022 Hadleigh 10	108.	10477 David Church	MV50	Felixstowe RRC	1:19:51	1:19:29	94.	13.
2022 Hadleigh 10	109.	10328 Jim Aldridge	MV45	Ipswich Jaffa RC	1:19:59	1:19:47	95.	19.
2022 Hadleigh 10	110.	10206 Tom Hargreave	MV50	Unattached	1:20:50	1:20:31	96.	14.
2022 Hadleigh 10	111.	10433 Brenna Keynejad	FS	Unattached	1:21:07	1:20:43	15.	5.
2022 Hadleigh 10	112.	10331 Toby Hill	MS	Unattached	1:21:30	1:20:46	97.	28.
2022 Hadleigh 10	113.	10212 Simon Appleby	MV45	Unattached	1:21:35	1:21:11	98.	20.

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2022 Hadleigh 10	114.	10201 George Sadler	MV50	Unattached	1:21:49	1:21:22	99.	15.
2022 Hadleigh 10	115.	10423 Keith Lansdown	MV55	Ipswich Jaffa RC	1:22:19	1:22:12	100.	16.
2022 Hadleigh 10	116.	10376 Simon Garner	MV50	Harwich Runners	1:22:26	1:22:09	101.	16.
2022 Hadleigh 10	117.	10257 Tim Parnell	MV55	Ipswich Jaffa RC	1:22:31	1:22:23	102.	17.
2022 Hadleigh 10	118.	10439 Donna Cooper	FS	Stowmarket Striders RC	1:22:35	1:22:16	16.	6.
2022 Hadleigh 10	119.	10280 Karl Graves	MV50	Boxted Runners	1:22:43	1:22:40	103.	17.
2022 Hadleigh 10	120.	10318 Mary-Ann Tuli	FV50	Haverhill Running Club	1:22:45	1:22:31	17.	2.
2022 Hadleigh 10	121.	10302 Dave Young	MV50	Unattached	1:22:51	1:22:25	104.	18.
2022 Hadleigh 10	122.	10303 Helen Came	FS	Unattached	1:22:58	1:22:45	18.	7.
2022 Hadleigh 10	123.	10382 Paul Gilson	MV60	Ipswich Jaffa RC	1:23:01	1:22:56	105.	7.
2022 Hadleigh 10	124.	10286 Alan Hillyard	MV60	Ipswich Triathlon Club	1:23:40	1:23:32	106.	8.
2022 Hadleigh 10	125.	10214 Debbie Catling	FV50	Felixstowe RRC	1:23:48	1:23:25	19.	3.
2022 Hadleigh 10	126.	10335 Belinda Godbold	FV60	Hadleigh Hares AC	1:24:11	1:24:03	20.	1.
2022 Hadleigh 10	127.	10473 Adam Cox	MS	Unattached	1:24:42	1:23:52	107.	29.
2022 Hadleigh 10	128.	10334 Vincent Steensma	MV50	Capel Cheetahs	1:24:58	1:24:21	108.	19.
2022 Hadleigh 10	129.	10276 Joanne Plumb	FV50	Orion Harriers	1:25:01	1:24:41	21.	4.
2022 Hadleigh 10	130.	10447 Katarzyna Dabrowska	FS	Unattached	1:25:02	1:24:22	22.	8.
2022 Hadleigh 10	131.	10275 Rachel Southgate	FV40	Unattached	1:25:16	1:25:08	23.	2.
2022 Hadleigh 10	132.	10338 Sharon Warland	FV55	Stowmarket Striders RC	1:25:28	1:25:08	24.	7.
2022 Hadleigh 10	133.	10463 Michelle Hewitt	FS	Framlingham Flyers	1:25:39	1:25:10	25.	9.
2022 Hadleigh 10	134.	10281 Valentina Burley	FV50	Harwich Runners	1:25:42	1:25:26	26.	5.
2022 Hadleigh 10	135.	10453 Thomas Moore	MS	Unattached	1:25:57	1:25:37	109.	30.
2022 Hadleigh 10	136.	10279 Doug Grimwade	MV55	Unattached	1:26:33	1:26:19	110.	18.
2022 Hadleigh 10	137.	10262 Peter Benton	MV55	Great Bentley Running Club	1:26:53	1:26:37	111.	19.
2022 Hadleigh 10	138.	10413 Helen Carey	FV55	Great Bentley Running Club	1:26:53	1:26:38	27.	8.
2022 Hadleigh 10	139.	10427 Duncan Cox	MV50	Unattached	1:27:19	1:26:36	112.	20.
2022 Hadleigh 10	140.	10368 Paul Barton	MV55	Unattached	1:27:33	1:27:24	113.	20.
2022 Hadleigh 10	141.	10296 Sarah Cross	FS	Harwich Runners	1:27:41	1:27:26	28.	10.
2022 Hadleigh 10	142.	10261 Emma Duffy	FS	Harwich Runners	1:27:44	1:27:29	29.	11.
2022 Hadleigh 10	143.	10428 Katie Hands	FV40	Unattached	1:27:47	1:27:36	30.	3.
2022 Hadleigh 10	144.	10329 Chris Squirrell	MV40	Unattached	1:27:53	1:27:50	114.	14.
2022 Hadleigh 10	145.	10466 Glen Mures	MV50	Felixstowe RRC	1:28:30	1:28:07	115.	21.
2022 Hadleigh 10	146.	10365 Ian Raymant	MV65	Boxted Runners	1:28:33	1:28:08	116.	3.
2022 Hadleigh 10	147.	10327 Marie Paveley	FV45	Capel Cheetahs	1:28:51	1:28:08	31.	3.
2022 Hadleigh 10	148.	10381 Phil Davies	MV55	Ipswich Jaffa RC	1:29:36	1:29:28	117.	21.
2022 Hadleigh 10	149.	10251 Jeff Higgon	MV70+	Harwich Runners	1:29:50	1:29:33	118.	1.
2022 Hadleigh 10	150.	10410 Peter Lambillion-Jameson	MV60	Unattached	1:29:59	1:29:37	119.	9.
2022 Hadleigh 10	151.	10444 Peter Woods	MS	Felixstowe RRC	1:30:06	1:29:41	120.	31.
2022 Hadleigh 10	152.	10227 Eamonn McCusker	MV65	Ryston Runners	1:30:11	1:29:32	121.	4.
2022 Hadleigh 10	153.	10384 Jimmy Elmer	MV50	Ipswich Jaffa RC	1:30:19	1:30:11	122.	22.
2022 Hadleigh 10	154.	10264 Jenny Lynch	FV55	Felixstowe RRC	1:30:21	1:29:54	32.	9.
2022 Hadleigh 10	155.	10469 Matthew Stearn	MV60	Unattached	1:30:21	1:29:53	123.	10.

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2022 Hadleigh 10	156.	10390	Bobbie Sauerzapf	FV60	Bungay Black Dog RC	1:30:25	1:29:52	33.	2.
2022 Hadleigh 10	157.	10250	Ian Bown	MV55	Boxted Runners	1:30:27	1:29:57	124.	22.
2022 Hadleigh 10	158.	10471	Alisma Dodd	FS	Unattached	1:30:27	1:29:50	34.	12.
2022 Hadleigh 10	159.	10404	Clive Gipson	MV40	Unattached	1:30:41	1:29:54	125.	15.
2022 Hadleigh 10	160.	10301	Christopher Smith	MV55	Unattached	1:30:45	1:30:18	126.	23.
2022 Hadleigh 10	161.	10419	Tony Stewart	MV65	Lonely Goat RC	1:31:10	1:30:45	127.	5.
2022 Hadleigh 10	162.	10223	Amanda Davis	FV45	Unattached	1:31:11	1:31:04	35.	4.
2022 Hadleigh 10	163.	10450	Helen Yellop	FV55	Capel Cheetahs	1:31:20	1:30:36	36.	10.
2022 Hadleigh 10	164.	10400	Sian Evans	FS	Unattached	1:31:26	1:30:52	37.	13.
2022 Hadleigh 10	165.	10399	Joel Cooper	MS	Unattached	1:31:26	1:30:52	128.	32.
2022 Hadleigh 10	166.	10295	Will White	MS	Felixstowe RRC	1:31:26	1:30:52	129.	33.
2022 Hadleigh 10	167.	10311	James Watson	MS	Unattached	1:31:28	1:30:47	130.	34.
2022 Hadleigh 10	168.	10416	Robert Reason	MV55	Stowmarket Striders RC	1:32:01	1:31:26	131.	24.
2022 Hadleigh 10	169.	10320	David Field	MV60	Stowmarket Striders RC	1:32:06	1:31:47	132.	11.
2022 Hadleigh 10	170.	10209	Anthony Smith	MV55	Witham RC	1:32:23	1:31:44	133.	25.
2022 Hadleigh 10	171.	10244	Claire Mathieson	FV50	Unattached	1:33:31	1:33:16	38.	6.
2022 Hadleigh 10	172.	10306	Chris Howland	MV55	Felixstowe RRC	1:33:50	1:33:27	134.	26.
2022 Hadleigh 10	173.	10249	Muriel Lovering	FV45	Harwich Runners	1:33:59	1:33:42	39.	5.
2022 Hadleigh 10	174.	10230	Peter Johnson	MV60	Unattached	1:34:11	1:33:13	135.	12.
2022 Hadleigh 10	175.	10246	Christina Pretty	FV60	Harwich Runners	1:34:17	1:34:00	40.	3.
2022 Hadleigh 10	176.	10312	Ben Dixon	MV40	Unattached	1:34:34	1:33:53	136.	16.
2022 Hadleigh 10	177.	10313	Geraldine Clifford	FV45	Unattached	1:34:34	1:33:52	41.	6.
2022 Hadleigh 10	178.	10242	Jennifer Wright	FV40	Ipswich Jaffa RC	1:34:41	1:34:31	42.	4.
2022 Hadleigh 10	179.	10454	Kelly Guyon	FV40	Unattached	1:34:42	1:34:00	43.	5.
2022 Hadleigh 10	180.	10455	Bradley Guyon	MV50	Unattached	1:34:42	1:34:00	137.	23.
2022 Hadleigh 10	181.	10424	Kate Hutson	FV40	Ipswich Jaffa RC	1:34:54	1:34:45	44.	6.
2022 Hadleigh 10	182.	10402	Jan Wilcox	FV55	Boxted Runners	1:35:41	1:35:10	45.	11.
2022 Hadleigh 10	183.	10411	Penelope Walker	FS	Unattached	1:35:47	1:35:26	46.	14.
2022 Hadleigh 10	184.	10316	Alexander Davey	MS	Unattached	1:35:48	1:35:08	138.	35.
2022 Hadleigh 10	185.	10203	Ross Silverton	MV70+	Witham RC	1:35:55	1:35:47	139.	2.
2022 Hadleigh 10	186.	10238	Davd Aplin	MV50	Unattached	1:36:33	1:36:14	140.	24.
2022 Hadleigh 10	187.	10369	Liza Putwain	FV40	Stowmarket Striders RC	1:36:38	1:36:18	47.	7.
2022 Hadleigh 10	188.	10434	Adrian Cole	MV60	Stowmarket Striders RC	1:36:39	1:36:15	141.	13.
2022 Hadleigh 10	189.	10221	Sam Hardwick	MS	Stowmarket Striders RC	1:37:03	1:36:27	142.	36.
2022 Hadleigh 10	190.	10414	Graeme Johnston	MV50	Haverhill Running Club	1:37:45	1:37:31	143.	25.
2022 Hadleigh 10	191.	10229	Shaun Tye	MV40	Harwich Runners	1:38:02	1:37:44	144.	17.
2022 Hadleigh 10	192.	10386	Linsey Wright	FV40	Unattached	1:38:05	1:37:35	48.	8.
2022 Hadleigh 10	193.	10385	Darren James	MV45	Unattached	1:38:06	1:37:36	145.	21.
2022 Hadleigh 10	194.	10401	Annie Gourlay	FV40	Sudbury Joggers	1:38:18	1:37:58	49.	9.
2022 Hadleigh 10	195.	10378	Sarah Pennock	FV40	Sudbury Joggers	1:38:18	1:37:58	50.	10.
2022 Hadleigh 10	196.	10204	William Burdett	MV60	Stowmarket Striders RC	1:38:32	1:37:56	146.	14.
2022 Hadleigh 10	197.	10389	Lorraine Collins	FV50	Unattached	1:39:17	1:38:52	51.	7.

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2022 Hadleigh 10	198.	10388	John Stoneman	MV50	Unattached	1:39:17	1:38:52	147.	26.
2022 Hadleigh 10	199.	10412	David Seymour	MV60	Felixstowe RRC	1:39:41	1:39:24	148.	15.
2022 Hadleigh 10	200.	10208	Helen Schofield	FV45	Stamford Striders	1:40:11	1:39:44	52.	7.
2022 Hadleigh 10	201.	10292	Victoria McCrea	FS	Harwich Runners	1:40:28	1:40:10	53.	15.
2022 Hadleigh 10	202.	10405	Lisa Sutherland	FV50	TRISudbury	1:41:16	1:40:32	54.	8.
2022 Hadleigh 10	203.	10258	Zoe Gower	FS	Ipswich Phoenix Running Club	1:41:33	1:40:52	55.	16.
2022 Hadleigh 10	204.	10310	Sue Shippey	FV50	Witham RC	1:41:43	1:41:27	56.	9.
2022 Hadleigh 10	205.	10357	Steve Bright	MV55	Lonely Goat RC	1:41:44	1:40:53	149.	27.
2022 Hadleigh 10	206.	10222	Sarah Stanley	FS	Unattached	1:42:03	1:41:49	57.	17.
2022 Hadleigh 10	207.	10380	Kyle Thompson	MS	Unattached	1:42:18	1:41:49	150.	37.
2022 Hadleigh 10	208.	10236	Karen Flowers	FV50	Witham RC	1:42:28	1:42:12	58.	10.
2022 Hadleigh 10	209.	10409	Joe Naughton	MV60	Stowmarket Striders RC	1:42:37	1:42:12	151.	16.
2022 Hadleigh 10	210.	10415	Paul Rendle	MS	Unattached	1:43:27	1:42:49	152.	38.
2022 Hadleigh 10	211.	10324	Kim Braybrook	FS	Unattached	1:44:06	1:43:23	59.	18.
2022 Hadleigh 10	212.	10377	Steven Reynolds	MV60	Unattached	1:44:47	1:44:30	153.	17.
2022 Hadleigh 10	213.	10305	Karen Jeffreys	FV45	Unattached	1:44:47	1:44:36	60.	8.
2022 Hadleigh 10	214.	10287	Karen Baksh	FV45	Unattached	1:44:47	1:44:36	61.	9.
2022 Hadleigh 10	215.	10269	David Rout	MV65	Harwich Runners	1:47:18	1:47:00	154.	6.
2022 Hadleigh 10	216.	10297	Janine Edgar	FV40	Unattached	1:49:30	1:48:37	62.	11.
2022 Hadleigh 10	217.	10298	Brett Pringle	MV40	Unattached	1:49:30	1:48:37	155.	18.
2022 Hadleigh 10	218.	10440	Sally Squirrell	FV45	Unattached	1:51:39	1:51:23	63.	10.
2022 Hadleigh 10	219.	10237	Jackie Collins	FV55	Felixstowe RRC	1:51:44	1:51:15	64.	12.
2022 Hadleigh 10	220.	10456	Yazmine Sievey	FS	Unattached	1:52:42	1:52:00	65.	19.
2022 Hadleigh 10	221.	10360	Sue Hargadon	FV65	Woodbridge Shufflers RC	1:54:40	1:53:47	66.	1.
2022 Hadleigh 10	222.	10431	Anneli Ostler	FV40	Felixstowe RRC	1:56:18	1:55:44	67.	12.
2022 Hadleigh 10	223.	10474	Kirsty Marsh	FS	Felixstowe RRC	1:57:05	1:56:33	68.	20.
2022 Hadleigh 10	224.	10395	Jo Whelan	FV60	Felixstowe RRC	1:57:05	1:56:33	69.	4.
2022 Hadleigh 10	225.	10397	Jacqueline Allport	FV55	Felixstowe RRC	1:57:05	1:56:34	70.	13.
2022 Hadleigh 10	226.	10398	Richard Allport	MV55	Felixstowe RRC	1:57:06	1:56:33	156.	28.
2022 Hadleigh 10	227.	10330	Deborah Lake	FV60	Unattached	2:06:18	2:05:26	71.	5.
2022 Hadleigh 10	DNF	10211	Paul Schwer	MV60	Felixstowe RRC				
2022 Hadleigh 5m	1.	10449	Jack Wilkinson	MS	Ipswich Jaffa RC	28:01	28:00	1.	1.
2022 Hadleigh 5m	2.	5049	Callum Milner	MS	Colchester & Tendring AC	28:29	28:28	2.	2.
2022 Hadleigh 5m	3.	5079	Aden Bell	MS	Hadleigh Hares AC	28:32	28:31	3.	3.
2022 Hadleigh 5m	4.	5118	John Scaife	MV45	Colchester Harriers AC	28:38	28:38	4.	1.
2022 Hadleigh 5m	5.	5076	Brandon Barber	BU16	Framlingham Flyers	29:28	29:27	5.	1.
2022 Hadleigh 5m	6.	5085	Adam Howlett	MV50	Unattached	30:00	30:00	6.	1.
2022 Hadleigh 5m	7.	5004	Stephen Husband	MS	Haverhill Running Club	30:13	30:11	7.	4.
2022 Hadleigh 5m	8.	5061	Mark Curtis	MV40	Ipswich Jaffa RC	30:52	30:51	8.	1.
2022 Hadleigh 5m	9.	5151	Chris Green	MS	Unattached	30:53	30:47	9.	5.
2022 Hadleigh 5m	10.	5110	Stuart Ward	MS	Rushmere Community Runners	31:36	31:35	10.	6.
2022 Hadleigh 5m	11.	5162	Clive Thomas	MV60	Boxted Runners	32:36	32:32	11.	1.

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2022 Hadleigh 5m	12.	5037 Steve Hall	MV45	Framlingham Flyers	32:45	32:41	12.	2.
2022 Hadleigh 5m	13.	5135 Ed Seeley	MS	Unattached	32:47	32:45	13.	7.
2022 Hadleigh 5m	14.	5103 James Pitcher	MS	Norfolk Gazelles AC	32:51	32:47	14.	8.
2022 Hadleigh 5m	15.	5048 James Taverner	MV40	GoodGym Race Team	33:01	32:57	15.	2.
2022 Hadleigh 5m	16.	5148 Callum McPartlin	MS	Unattached	33:37	33:35	16.	9.
2022 Hadleigh 5m	17.	5082 Murray Baker	MV45	Unattached	33:40	33:10	17.	3.
2022 Hadleigh 5m	18.	5141 Andrew Laws	MV55	Ipswich Jaffa RC	33:49	33:46	18.	1.
2022 Hadleigh 5m	19.	5015 Ian Moore	MV55	Wymondham AC	34:11	34:08	19.	2.
2022 Hadleigh 5m	20.	5182 Vanessa Dolling	FV45	Boxted Runners	35:37	35:10	1.	1.
2022 Hadleigh 5m	21.	5044 Lee Holohan	MV45	Colchester Harriers AC	35:40	35:17	20.	4.
2022 Hadleigh 5m	22.	5007 Ian McDermott	MV55	Ipswich Jaffa RC	35:53	35:50	21.	3.
2022 Hadleigh 5m	23.	5177 Andy Buck	MV55	Sudbury Joggers	36:04	35:54	22.	4.
2022 Hadleigh 5m	24.	5163 Richard Higgins	MV55	Framlingham Flyers	36:22	36:17	23.	5.
2022 Hadleigh 5m	25.	5094 David Woods	MV55	Waveney Valley AC	36:26	36:23	24.	6.
2022 Hadleigh 5m	26.	5056 Simon Fraser	MV50	Rushmere Community Runners	36:32	36:27	25.	2.
2022 Hadleigh 5m	27.	5157 Jacob Sowman	MS	Unattached	36:32	36:09	26.	10.
2022 Hadleigh 5m	28.	5130 Graham Wigley	MV60	Framlingham Flyers	36:33	36:28	27.	2.
2022 Hadleigh 5m	29.	5115 Barry Osborne	MV70+	Haverhill Running Club	36:41	36:35	28.	1.
2022 Hadleigh 5m	30.	5047 Ella Jeffries	FS	Colchester Harriers AC	37:06	37:01	2.	1.
2022 Hadleigh 5m	31.	5169 Jo Hayward	FV50	Stowmarket Striders RC	37:12	36:43	3.	1.
2022 Hadleigh 5m	32.	5164 Daniel Steptoe-Thompson	MS	Boxted Runners	37:29	37:02	29.	11.
2022 Hadleigh 5m	33.	5111 Harry King	MS	Ipswich Jaffa RC	37:31	37:28	30.	12.
2022 Hadleigh 5m	34.	5175 Juliet Garnham	FV45	Stowmarket Striders RC	37:37	37:24	4.	2.
2022 Hadleigh 5m	35.	5075 Ben Jackson	MS	Felixstowe RRC	37:42	37:20	31.	13.
2022 Hadleigh 5m	36.	5167 Jimmy Secker	MV45	Saint Edmund Pacers	37:49	37:41	32.	5.
2022 Hadleigh 5m	37.	5159 Ricky Deasy	MV40	Unattached	38:15	37:48	33.	3.
2022 Hadleigh 5m	38.	5105 Alex Warburton	MS	Unattached	38:28	38:04	34.	14.
2022 Hadleigh 5m	39.	5098 Connie Haggart	FS	Unattached	38:29	38:26	5.	2.
2022 Hadleigh 5m	40.	5036 Crystal Murray	FS	Hadleigh Hares AC	38:35	38:12	6.	3.
2022 Hadleigh 5m	41.	5108 Stuart Green	MV60	Unattached	38:36	38:30	35.	3.
2022 Hadleigh 5m	42.	5187 Fran Norris	FV60	Colchester Harriers AC	38:47	38:32	7.	1.
2022 Hadleigh 5m	43.	5030 Victoria Tapp	FS	Hadleigh Hares AC	39:04	38:41	8.	4.
2022 Hadleigh 5m	44.	5063 Andy Owen	MS	Grange Farm & Dunmow Runners	39:04	38:50	36.	15.
2022 Hadleigh 5m	45.	5168 Kelly Smith	FV50	Boxted Runners	39:06	38:38	9.	2.
2022 Hadleigh 5m	46.	5028 Katie Gibson	FV50	Colchester Harriers AC	39:12	38:48	10.	3.
2022 Hadleigh 5m	47.	5145 Alison Vincent	FV55	Unattached	40:04	39:53	11.	1.
2022 Hadleigh 5m	48.	5131 Jason Nightingale	MV50	Unattached	40:25	40:01	37.	3.
2022 Hadleigh 5m	49.	5046 Paul Elliott	MV50	Unattached	40:26	40:17	38.	4.
2022 Hadleigh 5m	50.	5143 Chris Axford	MV55	Jogging Made Easy	40:31	40:19	39.	7.
2022 Hadleigh 5m	51.	5152 Chris Bareham	MV60	Unattached	40:43	40:37	40.	4.
2022 Hadleigh 5m	52.	5172 Laura Hall	FS	Unattached	40:47	40:40	12.	5.
2022 Hadleigh 5m	53.	5014 Hugh White	MV55	Unattached	40:58	40:24	41.	8.

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2022 Hadleigh 5m	54.	5136 Geoff Rankin	MV55	Unattached	41:03	40:08	42.	9.
2022 Hadleigh 5m	55.	5072 Gary Watson	MV40	Unattached	41:20	40:36	43.	4.
2022 Hadleigh 5m	56.	5200 Wendy Kellet	FV50	Ipswich Jaffa RC	41:24	41:18	13.	4.
2022 Hadleigh 5m	57.	5055 Jordan Chester-Flatt	MS	Unattached	41:50	41:26	44.	16.
2022 Hadleigh 5m	58.	5179 Kelly Wagland	MV55	Unattached	41:57	41:28	45.	10.
2022 Hadleigh 5m	59.	5022 Nathalie Hooper	FV55	Hadleigh Hares AC	42:08	41:43	14.	2.
2022 Hadleigh 5m	60.	5043 Louise Yates	FV40	Colchester Harriers AC	42:33	42:09	15.	1.
2022 Hadleigh 5m	61.	5034 Nicola Mackay	FS	Unattached	43:05	42:16	16.	6.
2022 Hadleigh 5m	62.	5160 Karen Deasy	FV40	Unattached	43:05	42:38	17.	2.
2022 Hadleigh 5m	63.	5090 John Steel	MV40	Haverhill Running Club	43:07	42:57	46.	5.
2022 Hadleigh 5m	64.	5121 John Dunnett	MV60	Unattached	43:09	42:44	47.	5.
2022 Hadleigh 5m	65.	5087 Tracy Pelling	FV50	Haverhill Running Club	43:12	43:03	18.	5.
2022 Hadleigh 5m	66.	5122 Chris Johns	MV65	Woodbridge Shufflers RC	43:17	42:36	48.	1.
2022 Hadleigh 5m	67.	5183 Stephanie Crowther	FS	Unattached	43:46	43:33	19.	7.
2022 Hadleigh 5m	68.	5016 Molly Bewsher	GU16	Unattached	44:14	43:55	20.	1.
2022 Hadleigh 5m	69.	5138 Richard Talbot	MV65	Unattached	44:24	44:14	49.	2.
2022 Hadleigh 5m	70.	5083 Sarah Taylor-Balls	FV55	Unattached	44:27	44:19	21.	3.
2022 Hadleigh 5m	71.	5084 Chloe Taylor-Balls	FS	Unattached	44:27	44:20	22.	8.
2022 Hadleigh 5m	72.	5088 Silke Sheppard	FV60	Haverhill Running Club	44:43	44:28	23.	2.
2022 Hadleigh 5m	73.	5017 Jason Ablett	MV50	Stowmarket Striders RC	44:54	44:29	50.	5.
2022 Hadleigh 5m	74.	5134 Fiona Holland	FV60	London Heathside	45:09	44:44	24.	3.
2022 Hadleigh 5m	75.	5104 Julia Moss-Eccardt	FV50	Stowmarket Striders RC	45:11	44:35	25.	6.
2022 Hadleigh 5m	76.	5009 James Scott	MV40	Boxted Runners	45:16	44:45	51.	6.
2022 Hadleigh 5m	77.	5149 Mik Carr	MV65	Bungay Black Dog RC	45:19	44:59	52.	3.
2022 Hadleigh 5m	78.	5106 Tracey Watts	FS	Unattached	45:26	44:56	26.	9.
2022 Hadleigh 5m	79.	5147 Roger Kerr	MV45	Unattached	45:40	45:16	53.	6.
2022 Hadleigh 5m	80.	5146 Kelly Seager	FV40	Unattached	45:40	45:16	27.	3.
2022 Hadleigh 5m	81.	5153 Adam Box	MV40	Boxted Runners	45:40	45:10	54.	7.
2022 Hadleigh 5m	82.	5166 Emily White	FS	Unattached	45:51	45:21	28.	10.
2022 Hadleigh 5m	83.	5070 Annette Coster	FS	Unattached	45:52	45:11	29.	11.
2022 Hadleigh 5m	84.	5001 Nicola Sadler	FV50	Unattached	46:13	45:46	30.	7.
2022 Hadleigh 5m	85.	5031 Geraldine Suckling	FV40	Hadleigh Hares AC	46:15	45:49	31.	4.
2022 Hadleigh 5m	86.	5073 Kate Wills	FV45	Boxted Runners	46:18	45:47	32.	3.
2022 Hadleigh 5m	87.	5018 Grace Judge	FV55	Haverhill Running Club	46:21	46:06	33.	4.
2022 Hadleigh 5m	88.	5112 Samantha Cooper	FV50	Hadleigh Hares AC	46:47	46:39	34.	8.
2022 Hadleigh 5m	89.	5021 Sarah Dickinson	FV40	Unattached	47:02	46:17	35.	5.
2022 Hadleigh 5m	90.	5119 Graham Rankin	MV55	Unattached	47:06	46:10	55.	11.
2022 Hadleigh 5m	91.	5181 Frank Watson	MV65	Stowmarket Striders RC	47:21	47:02	56.	4.
2022 Hadleigh 5m	92.	5035 Andrew Goodbourn	MS	Unattached	47:27	46:42	57.	17.
2022 Hadleigh 5m	93.	5033 Alejandro Negueruela	MV40	Unattached	47:57	47:51	58.	8.
2022 Hadleigh 5m	94.	5027 Helen Allan	FV55	Unattached	48:04	47:18	36.	5.
2022 Hadleigh 5m	95.	5081 Pam Morgan	FV70+	Ipswich Triathlon Club	48:20	48:10	37.	1.

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2022 Hadleigh 5m	96.	5066 Graham Statter	MV60	Bishops Stortford RC	48:25	47:34	59.	6.
2022 Hadleigh 5m	97.	5144 Wayne Davis	MV45	Jogging Made Easy	48:29	48:17	60.	7.
2022 Hadleigh 5m	98.	5045 John Edwards	MV50	Unattached	49:12	49:08	61.	6.
2022 Hadleigh 5m	99.	5180 Helen Wagland	FV55	Unattached	49:17	48:48	38.	6.
2022 Hadleigh 5m	100.	5095 Karen Woods	FV50	Unattached	49:19	49:07	39.	9.
2022 Hadleigh 5m	101.	5190 Andrew Jump	MV45	Kesgrave Cruisers	49:21	48:42	62.	8.
2022 Hadleigh 5m	102.	5039 Alexandra Chisnall	FS	Unattached	49:35	49:02	40.	12.
2022 Hadleigh 5m	103.	5026 Lisa Regan	FV50	Unattached	49:35	49:04	41.	10.
2022 Hadleigh 5m	104.	5040 Paul Dodsworth	MS	Unattached	49:36	49:03	63.	18.
2022 Hadleigh 5m	105.	5140 Diane Chester	FV50	Unattached	49:53	49:29	42.	11.
2022 Hadleigh 5m	106.	5053 Rosie Ovel	FS	Unattached	50:01	49:40	43.	13.
2022 Hadleigh 5m	107.	5025 Teresa Morse	FV55	Unattached	50:02	49:30	44.	7.
2022 Hadleigh 5m	108.	5086 Nichola Wilkins	FV40	Unattached	50:16	49:30	45.	6.
2022 Hadleigh 5m	109.	5078 Cornell Le Roux Groenewald	FV40	Boxted Runners	50:45	50:14	46.	7.
2022 Hadleigh 5m	110.	5137 Elaine Rankin	FV55	Unattached	50:52	49:56	47.	8.
2022 Hadleigh 5m	111.	5062 Carrie Shenton	FV55	Unattached	51:07	50:17	48.	9.
2022 Hadleigh 5m	112.	5100 Esther Gray	FS	Unattached	51:07	50:21	49.	14.
2022 Hadleigh 5m	113.	5188 Chris Smith	MV50	Unattached	51:17	50:33	64.	7.
2022 Hadleigh 5m	114.	5097 Lisa Smith	FV50	Unattached	51:17	50:33	50.	12.
2022 Hadleigh 5m	115.	5113 Grayhame Fish	MV70+	Unattached	51:26	51:12	65.	2.
2022 Hadleigh 5m	116.	5125 Larissa Mayhew	FV50	Unattached	51:27	50:59	51.	13.
2022 Hadleigh 5m	117.	5023 Danielle Adams	FV40	Unattached	51:39	51:00	52.	8.
2022 Hadleigh 5m	118.	5029 Louise Wright	FV50	Unattached	51:41	51:10	53.	14.
2022 Hadleigh 5m	119.	5158 Angela Whiting	FV60	Unattached	51:48	51:19	54.	4.
2022 Hadleigh 5m	120.	5185 Brett Deakin	MV40	Felixstowe RRC	51:52	51:27	66.	9.
2022 Hadleigh 5m	121.	5154 Sarah Box	FS	Boxted Runners	52:36	52:05	55.	15.
2022 Hadleigh 5m	122.	5178 Karen Flower	FV50	Saxmundham Sports Running & Fitness Club	52:53	52:43	56.	15.
2022 Hadleigh 5m	123.	5092 Karen Brackenbury	FV60	Unattached	53:35	53:12	57.	5.
2022 Hadleigh 5m	124.	5012 Gillian Croot	FV50	Unattached	53:45	52:56	58.	16.
2022 Hadleigh 5m	125.	5120 Laura Pearson	FS	Unattached	53:45	53:07	59.	16.
2022 Hadleigh 5m	126.	5054 Ross Ovel	MV40	Unattached	53:49	53:28	67.	10.
2022 Hadleigh 5m	127.	5156 Paul Hales	MV55	Capel Cheetahs	53:53	53:10	68.	12.
2022 Hadleigh 5m	128.	5069 Sharon Hayfield	FV45	Unattached	54:09	53:46	60.	4.
2022 Hadleigh 5m	129.	5068 Heather Smith	FV50	Unattached	54:09	53:46	61.	17.
2022 Hadleigh 5m	130.	5126 Philip Carre	MV55	Unattached	54:26	53:56	69.	13.
2022 Hadleigh 5m	131.	5099 Rachel Dickson	FV50	Haverhill Running Club	54:41	54:25	62.	18.
2022 Hadleigh 5m	132.	5064 Heidi Hibbett	FV40	Grange Farm & Dunmow Runners	54:51	54:36	63.	9.
2022 Hadleigh 5m	133.	5005 Louis Clack	MS	Unattached	55:17	54:28	70.	19.
2022 Hadleigh 5m	134.	5011 Kate Brett	FV50	Unattached	55:27	54:37	64.	19.
2022 Hadleigh 5m	135.	5093 Gill Fry	FV55	Unattached	55:32	55:10	65.	10.
2022 Hadleigh 5m	136.	5155 Lorraine Hales	FV50	Unattached	55:36	54:52	66.	20.
2022 Hadleigh 5m	137.	5051 Chloe Hopkins	FS	Unattached	55:41	54:51	67.	17.

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2022 Hadleigh 5m	138.	5013 Tracey Squirrell	FV50	Hadleigh Hares AC	55:45	55:01	68.	21.
2022 Hadleigh 5m	139.	5184 Jean Wier	FV60	Harwich Runners	55:58	55:41	69.	6.
2022 Hadleigh 5m	140.	5114 Anne Fish	FV70+	Unattached	56:33	55:39	70.	2.
2022 Hadleigh 5m	141.	5173 Gio Eburne	FV55	Unattached	57:01	56:39	71.	11.
2022 Hadleigh 5m	142.	5150 Gillian Charlton	FV60	Stowmarket Striders RC	57:24	56:47	72.	7.
2022 Hadleigh 5m	143.	5071 David Coster	MV65	Unattached	57:27	56:47	71.	5.
2022 Hadleigh 5m	144.	5165 Pippa Sargent	FV40	Stowmarket Striders RC	57:53	57:16	73.	10.
2022 Hadleigh 5m	145.	5132 Sarah De-Vaux Balbirnie	FS	Unattached	57:55	57:18	74.	18.
2022 Hadleigh 5m	146.	5052 Suzanne Moore	FV55	Wymondham AC	58:06	57:55	75.	12.
2022 Hadleigh 5m	147.	5008 Chloe Chisnall	FS	Unattached	58:34	57:48	76.	19.
2022 Hadleigh 5m	148.	5116 Ben Mendryś	MS	Unattached	58:34	57:48	72.	20.
2022 Hadleigh 5m	149.	5128 Rebecca Grist	FV45	Unattached	58:43	58:35	77.	5.
2022 Hadleigh 5m	150.	5174 Keith Borrett	MV65	Unattached	58:52	58:25	73.	6.
2022 Hadleigh 5m	151.	5041 Samuel Toogood	MS	Unattached	1:00:23	1:00:02	74.	21.
2022 Hadleigh 5m	152.	5038 Hannah Stansfield	FS	Unattached	1:01:27	1:00:32	78.	20.
2022 Hadleigh 5m	153.	5161 Jacqueline Boreham	FV55	Unattached	1:02:31	1:01:36	79.	13.
2022 Hadleigh 5m	154.	5129 Rachel Bennett	FV45	Unattached	1:03:55	1:03:00	80.	6.
2022 Hadleigh 5m	155.	5042 Claire Toogood	FS	Unattached	1:04:16	1:03:55	81.	21.
2022 Hadleigh 5m	156.	5065 Peter Allen	MV65	Bishops Stortford RC	1:04:42	1:03:51	75.	7.
2022 Hadleigh 5m	157.	5080 Charlie Stannett	MV65	Ipswich Triathlon Club	1:07:34	1:06:37	76.	8.
2022 Hadleigh 5m	158.	5058 Sally Jacobs	FV65	Unattached	1:12:11	1:11:45	82.	1.
2022 Hadleigh 5m	159.	5057 Faye Jacobs	FV40	Unattached	1:12:22	1:11:56	83.	11.
2022 Hadleigh 5m	160.	5032 Sue Wilkinson	FV55	Hadleigh Hares AC	1:14:38	1:13:44	84.	14.
2022 Hadleigh 5m	161.	5024 Clair Nicol	FV40	Unattached	1:14:39	1:13:44	85.	12.
2022 Hadleigh 5m	162.	5117 Kerry Chandler	FV45	Unattached	1:21:54	1:21:00	86.	7.
2022 Hadleigh Fun Run 2k	1.	19 Fergus Quinn	BU16	Unattached	00:08:28	00:08:28	1.	1.
2022 Hadleigh Fun Run 2k	2.	15 Thomas Davis	BU14	Hadleigh Hares AC	00:08:33	00:08:33	2.	1.
2022 Hadleigh Fun Run 2k	3.	37 Daniel Cooper	BU16	Hadleigh Hares AC	00:08:37	00:08:37	3.	2.
2022 Hadleigh Fun Run 2k	4.	35 Luca Kading	BU16	Stowmarket Striders RC	00:08:42	00:08:42	4.	3.
2022 Hadleigh Fun Run 2k	5.	4 Liam Durrant	BU12	Unattached	00:08:49	00:08:49	5.	1.
2022 Hadleigh Fun Run 2k	6.	46 Harry Alexander	BU12	Hadleigh Hares AC	00:08:56	00:08:56	6.	2.
2022 Hadleigh Fun Run 2k	7.	8 Poppy Pyke	GU14	Unattached	00:08:59	00:08:59	1.	1.
2022 Hadleigh Fun Run 2k	8.	32 Jemima Garner	GU14	Harwich Runners	00:09:05	00:09:05	2.	2.
2022 Hadleigh Fun Run 2k	9.	18 Ellis Humphrey	BU14	Hadleigh Hares AC	00:09:16	00:09:16	7.	2.
2022 Hadleigh Fun Run 2k	10.	21 Oscar Tier	BU16	Unattached	00:09:20	00:09:20	8.	4.
2022 Hadleigh Fun Run 2k	11.	48 George Smith	BU12	Framlingham Flyers	00:09:21	00:09:21	9.	3.
2022 Hadleigh Fun Run 2k	12.	10 Laila McNeill	GU12	Unattached	00:09:25	00:09:25	3.	1.
2022 Hadleigh Fun Run 2k	13.	24 Corey Milner	BU10	Colchester & Tendring AC	00:09:31	00:09:31	10.	1.
2022 Hadleigh Fun Run 2k	14.	22 Harry Tier	BU14	Unattached	00:09:36	00:09:36	11.	3.
2022 Hadleigh Fun Run 2k	15.	5 Joel Farmer	BU12	Unattached	00:09:37	00:09:37	12.	4.
2022 Hadleigh Fun Run 2k	16.	59 Joshua Abrey	BU14	Unattached	00:09:39	00:09:39	13.	4.
2022 Hadleigh Fun Run 2k	17.	36 Ella Kading	GU14	Stowmarket Striders RC	00:09:39	00:09:39	4.	3.

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2022 Hadleigh Fun Run 2k	18.	23 Ayla Milner	GU12	Colchester & Tendring AC	00:09:40	00:09:40	5.	2.
2022 Hadleigh Fun Run 2k	19.	16 Elissia Bell	GU10	Hadleigh Hares AC	00:09:43	00:09:43	6.	1.
2022 Hadleigh Fun Run 2k	20.	11 Kyan McNeill	BU10	Unattached	00:09:56	00:09:56	14.	2.
2022 Hadleigh Fun Run 2k	21.	30 Felix Clover	BU12	Hadleigh Hares AC	00:10:00	00:10:00	15.	5.
2022 Hadleigh Fun Run 2k	22.	20 Annabel Quinn	GU8	Unattached	00:10:06	00:10:06	7.	1.
2022 Hadleigh Fun Run 2k	23.	45 Eden Smith	GU10	Unattached	00:10:11	00:10:11	8.	2.
2022 Hadleigh Fun Run 2k	24.	38 Ella Baalham	GU12	Hadleigh Hares AC	00:10:28	00:10:28	9.	3.
2022 Hadleigh Fun Run 2k	25.	50 Molly Seeley	GU16	Unattached	00:10:38	00:10:38	10.	1.
2022 Hadleigh Fun Run 2k	26.	44 Lucy Clover	GU12	Hadleigh Hares AC	00:10:58	00:10:58	11.	4.
2022 Hadleigh Fun Run 2k	27.	33 Nancy Garner	GU12	Harwich Runners	00:10:59	00:10:59	12.	5.
2022 Hadleigh Fun Run 2k	28.	43 Samson Grist	BU10	Hadleigh Hares AC	00:11:09	00:11:09	16.	3.
2022 Hadleigh Fun Run 2k	29.	14 Aadhaven Thoroughgood	BU8	Unattached	00:11:13	00:11:13	17.	1.
2022 Hadleigh Fun Run 2k	30.	52 Hollie Barclay	GU10	Saint Edmund Pacers	00:11:24	00:11:24	13.	3.
2022 Hadleigh Fun Run 2k	31.	41 Elsie Pyke	GU10	Unattached	00:11:26	00:11:26	14.	4.
2022 Hadleigh Fun Run 2k	32.	55 Isaac Miller	BU12	Hadleigh Hares AC	00:11:27	00:11:27	18.	6.
2022 Hadleigh Fun Run 2k	33.	58 Hayden Perera	BU14	Unattached	00:11:40	00:11:40	19.	5.
2022 Hadleigh Fun Run 2k	34.	3 Maisie Ablett	GU12	Unattached	00:11:43	00:11:43	15.	6.
2022 Hadleigh Fun Run 2k	35.	42 Olivia Biven	GU8	Unattached	00:11:50	00:11:50	16.	2.
2022 Hadleigh Fun Run 2k	36.	12 Grace Loomes	GU10	Ipswich Jaffa RC	00:11:52	00:11:52	17.	5.
2022 Hadleigh Fun Run 2k	37.	51 Joseph Dunstone	BU8	Unattached	00:12:08	00:12:08	20.	2.
2022 Hadleigh Fun Run 2k	38.	28 Alice Bates	GU10	Hadleigh Hares AC	00:12:11	00:12:11	18.	6.
2022 Hadleigh Fun Run 2k	39.	100 Winston Whitehead	BU8	Unattached	00:12:22	00:12:22	21.	3.
2022 Hadleigh Fun Run 2k	40.	25 Aderyn McDonald	GU10	Hadleigh Hares AC	00:12:24	00:12:24	19.	7.
2022 Hadleigh Fun Run 2k	41.	31 Wilfred Hare	BU8	Unattached	00:12:56	00:12:56	22.	4.
2022 Hadleigh Fun Run 2k	42.	53 Ralf Dooley	BU8	Unattached	00:13:01	00:13:01	23.	5.
2022 Hadleigh Fun Run 2k	43.	6 Lydia Farmer	GU8	Unattached	00:13:02	00:13:02	20.	3.
2022 Hadleigh Fun Run 2k	44.	54 Oliver Miller	BU12	Hadleigh Hares AC	00:13:04	00:13:04	24.	7.
2022 Hadleigh Fun Run 2k	45.	7 Henry Brice	BU6	Unattached	00:13:08	00:13:08	25.	1.
2022 Hadleigh Fun Run 2k	46.	40 Joshua Watts	BU6	Unattached	00:13:11	00:13:11	26.	2.
2022 Hadleigh Fun Run 2k	47.	57 Isla Smethurst	GU10	Unattached	00:13:38	00:13:38	21.	8.
2022 Hadleigh Fun Run 2k	48.	47 Pippa Alexander	GU10	Hadleigh Hares AC	00:13:50	00:13:50	22.	9.
2022 Hadleigh Fun Run 2k	49.	29 Felicity Bates	GU14	Hadleigh Hares AC	00:13:52	00:13:52	23.	4.
2022 Hadleigh Fun Run 2k	50.	56 Zachary Dooley	BU6	Unattached	00:14:39	00:14:39	27.	3.
2022 Hadleigh Fun Run 2k	51.	39 Amelie Watts	GU10	Stowmarket Striders RC	00:14:40	00:14:40	24.	10.
2022 Hadleigh Fun Run 2k	52.	26 Freya McDonald	GU8	Unattached	00:15:54	00:15:54	25.	4.
2022 High Lodge Half Spring	1.	99 Patryk KUBIK	Male 30-34	Team Makos	1:20:59	1:20:55	1.	1.
2022 High Lodge Half Spring	2.	184 Daniel SMITH	Male 40-44	Coltishall Jaguars	1:23:38	1:23:33	2.	1.
2022 High Lodge Half Spring	3.	11 Richard DANIELS	Male 30-34	Unattached	1:28:19	1:28:15	3.	2.
2022 High Lodge Half Spring	4.	218 Chris WOOLENER	Male 30-34	Unattached	1:28:40	1:28:36	4.	3.
2022 High Lodge Half Spring	5.	37 Grant CHAPMAN	Male 45-49	Royston Runners	1:31:17	1:31:12	5.	1.
2022 High Lodge Half Spring	6.	29 Jason BRUNT	Male 45-49	Norfolk Gazelles	1:31:56	1:31:50	6.	2.
2022 High Lodge Half Spring	7.	149 Gary PERCIVAL	Male 35-39	Unattached	1:33:05	1:33:00	7.	1.

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2022 High Lodge Half Spring	8.	82 Graham HILL	Male 50-54	Royston Runners	1:34:53	1:34:46	8.	1.
2022 High Lodge Half Spring	9.	28 Oliver BROWN	Male 30-34	Unattched	1:35:27	1:35:20	9.	4.
2022 High Lodge Half Spring	10.	170 Chris ROLT	Male 30-34	Unattched	1:35:38	1:35:28	10.	5.
2022 High Lodge Half Spring	11.	119 Mike MCKINSTRY	Male 55-59	Unattched	1:36:09	1:35:56	11.	1.
2022 High Lodge Half Spring	12.	4 David ALLEN	Male 55-59	Great Bentley	1:37:50	1:37:43	12.	2.
2022 High Lodge Half Spring	13.	142 Ryan NORMAN	Male 30-34	Unattched	1:38:01	1:37:54	13.	6.
2022 High Lodge Half Spring	14.	18 Shane BASING	Male 40-44	Newmarket joggers	1:38:27	1:38:09	14.	2.
2022 High Lodge Half Spring	15.	39 Mark CLIFFORD	Male 40-44	Unattched	1:38:49	1:38:39	15.	3.
2022 High Lodge Half Spring	16.	221 George WRIGHT	Male 25-29	Stowmarket Striders	1:39:15	1:39:04	16.	1.
2022 High Lodge Half Spring	17.	206 Nathan WHITE	Male 40-44	Unattched	1:39:30	1:39:24	17.	4.
2022 High Lodge Half Spring	18.	75 Jack HARRIS	Male 25-29	Unattched	1:39:32	1:39:19	18.	2.
2022 High Lodge Half Spring	19.	130 Victoria MOSELEY	Female 45-49	Unattched	1:39:36	1:39:27	1.	1.
2022 High Lodge Half Spring	20.	3 Gerbrand ALKEMA	Male 45-49	Ealing Eagles	1:41:00	1:40:47	19.	3.
2022 High Lodge Half Spring	21.	191 Marcus SYKES	Male 35-39	Unattched	1:41:22	1:41:16	20.	2.
2022 High Lodge Half Spring	22.	192 Jon SYKES	Male 30-34	Unattched	1:41:23	1:41:14	21.	7.
2022 High Lodge Half Spring	23.	63 Josh GRAHAM	Male 25-29	Unattched	1:41:37	1:41:29	22.	3.
2022 High Lodge Half Spring	24.	223 Mariusz ZAK	Male 45-49	Unattched	1:42:46	1:42:39	23.	4.
2022 High Lodge Half Spring	25.	146 Paul OULTRAM	Male 35-39	Unattched	1:42:53	1:42:45	24.	3.
2022 High Lodge Half Spring	26.	94 Paul JONES	Male 55-59	Lonely Goat RC	1:43:03	1:42:50	25.	3.
2022 High Lodge Half Spring	27.	54 Richard FENN	Male 50-54	Sawtry Walk To Run	1:43:18	1:43:11	26.	2.
2022 High Lodge Half Spring	28.	27 Kaylee BROWN	Female 30-34	Unattched	1:45:55	1:45:36	2.	1.
2022 High Lodge Half Spring	29.	31 Felicity BURDEN	Female 40-44	Unattched	1:45:56	1:45:46	3.	1.
2022 High Lodge Half Spring	30.	132 Rebecca MURPHY	Female 30-34	Unattched	1:46:10	1:45:59	4.	2.
2022 High Lodge Half Spring	31.	136 Tim NAPHTHINE	Male 40-44	Unattched	1:46:30	1:46:23	27.	5.
2022 High Lodge Half Spring	32.	5 Roseanna ALLEN	Female 25-29	Unattched	1:46:36	1:46:20	5.	1.
2022 High Lodge Half Spring	33.	156 Sebastian RASINGER	Male 40-44	Unattched	1:46:46	1:46:23	28.	6.
2022 High Lodge Half Spring	34.	24 Lewis BISHOP	Male 30-34	Unattched	1:48:27	1:48:21	29.	8.
2022 High Lodge Half Spring	35.	8 Natalie ANDERSON/SATURLEY	Female 40-44	Unattched	1:48:33	1:48:19	6.	2.
2022 High Lodge Half Spring	36.	74 Claire HANNON	Female 40-44	Unattched	1:48:48	1:48:40	7.	3.
2022 High Lodge Half Spring	37.	15 Trevor BACK	Male 55-59	Unattched	1:48:55	1:48:45	30.	4.
2022 High Lodge Half Spring	38.	151 Jamie PICKERING	Male 35-39	Unattched	1:49:43	1:49:34	31.	4.
2022 High Lodge Half Spring	39.	127 Tom MORRIS	Male 25-29	Unattched	1:50:51	1:50:26	32.	4.
2022 High Lodge Half Spring	40.	69 Ollie GUNSMAN	Male 35-39	Unattched	1:50:51	1:50:37	33.	5.
2022 High Lodge Half Spring	41.	48 Lenka DINNAGE	Female 40-44	Unattched	1:51:10	1:50:52	8.	4.
2022 High Lodge Half Spring	42.	19 Gregory BECK	Male 40-44	Unattched	1:52:08	1:51:50	34.	7.
2022 High Lodge Half Spring	43.	85 Richard HOWARTH	Male 45-49	Unattched	1:52:10	1:52:05	35.	5.
2022 High Lodge Half Spring	44.	87 Katherine HUGGINS	Female 35-39	Unattched	1:52:39	1:52:29	9.	1.
2022 High Lodge Half Spring	45.	41 James COBURN	Male 30-34	Unattched	1:52:40	1:52:21	36.	9.
2022 High Lodge Half Spring	46.	137 Mary NAREY	Female 50-54	Stowmarket Striders	1:52:45	1:52:30	10.	1.
2022 High Lodge Half Spring	47.	153 Michal POWROZEK	Male 35-39	Unattched	1:53:25	1:53:17	37.	6.
2022 High Lodge Half Spring	48.	91 Chris JAMES	Male 35-39	Unattched	1:53:42	1:53:38	38.	7.
2022 High Lodge Half Spring	49.	134 Paul MUTIMER	Male 50-54	Unattched	1:53:42	1:53:36	39.	3.

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2022 High Lodge Half Spring	50.	118 Alistair MCKENZIE	Male 30-34	Unattched	1:54:14	1:53:44	40.	10.
2022 High Lodge Half Spring	51.	179 Chris SENIOR	Male 35-39	Unattched	1:54:14	1:53:44	41.	8.
2022 High Lodge Half Spring	52.	197 Richard WALKER	Male 55-59	Norfolk Harriers	1:54:28	1:54:16	42.	5.
2022 High Lodge Half Spring	53.	183 Alexander SMITH	Male 40-44	Unattched	1:54:37	1:54:13	43.	8.
2022 High Lodge Half Spring	54.	22 Andrew BERRILL	Male 35-39	Unattched	1:54:47	1:54:32	44.	9.
2022 High Lodge Half Spring	55.	56 Jane FOLEY	Female 55-59	Royston Runners	1:55:26	1:55:14	11.	1.
2022 High Lodge Half Spring	56.	106 William MAIN	Male 35-39	Unattched	1:55:28	1:55:12	45.	10.
2022 High Lodge Half Spring	57.	216 Neil WINSTONE	Male 60-64	Royston Runners	1:55:47	1:55:35	46.	1.
2022 High Lodge Half Spring	58.	1 Jp ADA	Male 25-29	Unattched	1:56:00	1:55:52	47.	5.
2022 High Lodge Half Spring	59.	201 Tom WARMAN	Male 30-34	Witham RC	1:56:05	1:55:49	48.	11.
2022 High Lodge Half Spring	60.	117 Andrew MCGANN	Male 50-54	Unattched	1:56:36	1:56:23	49.	4.
2022 High Lodge Half Spring	61.	101 Christina LATTA	Female 35-39	Unattched	1:56:38	1:56:28	12.	2.
2022 High Lodge Half Spring	62.	71 James HALL	Male 40-44	Unattched	1:56:50	1:56:40	50.	9.
2022 High Lodge Half Spring	63.	157 Tracey READ	Female 45-49	Unattched	1:57:18	1:57:03	13.	2.
2022 High Lodge Half Spring	64.	2 Matthew ALEXANDER	Male 30-34	Unattched	1:57:48	1:57:37	51.	12.
2022 High Lodge Half Spring	65.	187 Jon STEVENS	Male 35-39	Unattched	1:57:53	1:57:42	52.	11.
2022 High Lodge Half Spring	66.	182 Mitch SMITH	Male 35-39	Unattched	1:58:03	1:57:52	53.	12.
2022 High Lodge Half Spring	67.	178 Kevin SCOTT	Male 55-59	Unattched	1:58:08	1:57:55	54.	6.
2022 High Lodge Half Spring	68.	219 Stephen WORRALL	Male 45-49	Unattched	1:58:11	1:57:56	55.	6.
2022 High Lodge Half Spring	69.	128 David MORRIS	Male 50-54	Unattched	1:58:26	1:58:01	56.	5.
2022 High Lodge Half Spring	70.	124 Toby MILNE	Male 45-49	Unattched	1:58:40	1:58:13	57.	7.
2022 High Lodge Half Spring	71.	68 Thomas GRIMSHAW	Male 25-29	Unattched	1:59:00	1:58:48	58.	6.
2022 High Lodge Half Spring	72.	195 Vilma VENSLOVIENE	Female 35-39	Thetford AC	1:59:20	1:58:50	14.	3.
2022 High Lodge Half Spring	73.	7 Keith ANDERSON	Male 55-59	Trail Running Association	2:01:05	2:00:56	59.	7.
2022 High Lodge Half Spring	74.	215 Sharon WINDEBANK	Female 45-49	Unattched	2:01:11	2:01:00	15.	3.
2022 High Lodge Half Spring	75.	168 Ben ROGERS	Male 50-54	Unattched	2:01:29	2:01:11	60.	6.
2022 High Lodge Half Spring	76.	172 Dulcie RUTTLEY/DORNAN	Female 30-34	Unattched	2:01:57	2:01:41	16.	3.
2022 High Lodge Half Spring	77.	33 Toby BUTTRESS	Male 25-29	Unattched	2:01:58	2:01:40	61.	7.
2022 High Lodge Half Spring	78.	214 Alex WINDEBANK	Female 50-54	Royston Runners	2:02:04	2:01:52	17.	2.
2022 High Lodge Half Spring	79.	97 Sean KITCHENER	Male 30-34	Unattched	2:02:57	2:02:36	62.	13.
2022 High Lodge Half Spring	80.	20 Jonathon BECKLEY	Male 25-29	Unattched	2:03:08	2:02:51	63.	8.
2022 High Lodge Half Spring	81.	51 Charlotte ELKIN	Female 20-24	Unattched	2:03:45	2:03:21	18.	1.
2022 High Lodge Half Spring	82.	140 Simon NICHOLLS	Male 50-54	Lonely Goat RC	2:03:50	2:03:35	64.	7.
2022 High Lodge Half Spring	83.	23 Craig BILL	Male 35-39	Unattched	2:03:55	2:03:49	65.	13.
2022 High Lodge Half Spring	84.	205 Matt WHISKER	Male 30-34	Wikiwiki Tri team	2:04:05	2:03:47	66.	14.
2022 High Lodge Half Spring	85.	88 Daisy HULTON	Female 30-34	Unattched	2:05:11	2:04:54	19.	4.
2022 High Lodge Half Spring	86.	141 Pippa NICOLLE	Female 30-34	Unattched	2:05:24	2:05:13	20.	5.
2022 High Lodge Half Spring	87.	217 Tim WOODS	Male 60-64	Unattched	2:05:30	2:05:15	67.	2.
2022 High Lodge Half Spring	88.	80 Cassandra HERMAN	Female 25-29	Unattched	2:05:32	2:05:14	21.	2.
2022 High Lodge Half Spring	89.	92 Matthew JOHNSON	Male 35-39	Unattched	2:05:42	2:05:24	68.	14.
2022 High Lodge Half Spring	90.	57 Paul FOSTER	Male 45-49	Unattched	2:06:00	2:05:45	69.	8.
2022 High Lodge Half Spring	91.	38 David CLARKE	Male 40-44	Unattched	2:06:00	2:05:36	70.	10.

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2022 High Lodge Half Spring	92.	34 Julie CALVERTT	Female 50-54	Unattched	2:06:10	2:05:59	22.	3.
2022 High Lodge Half Spring	93.	104 Paul LOCKHART-THOMAS	Male 45-49	Unattched	2:08:12	2:07:44	71.	9.
2022 High Lodge Half Spring	94.	14 Carol ATKINSON	Female 35-39	Sawtry Walk To Run	2:08:23	2:08:02	23.	4.
2022 High Lodge Half Spring	95.	203 Amy WATTS	Female 30-34	Unattched	2:08:26	2:08:06	24.	6.
2022 High Lodge Half Spring	96.	188 Julie STRINGER	Female 40-44	Fetch Everyone RC	2:09:02	2:08:40	25.	5.
2022 High Lodge Half Spring	97.	145 Gavin OLIVER	Male 40-44	Unattched	2:09:19	2:09:00	72.	11.
2022 High Lodge Half Spring	98.	204 Mennel WELCH	Male 40-44	Riverside Runners	2:09:20	2:09:00	73.	12.
2022 High Lodge Half Spring	99.	113 Joe MATTHEWS	Male 30-34	Unattched	2:09:36	2:09:05	74.	15.
2022 High Lodge Half Spring	100.	129 Ali MOSELEY	Male 50-54	Unattched	2:09:39	2:09:31	75.	8.
2022 High Lodge Half Spring	101.	26 Adam BRIGHT	Male 30-34	Unattched	2:09:40	2:09:21	76.	16.
2022 High Lodge Half Spring	102.	67 Angel GREEN	Female 35-39	Unattched	2:09:53	2:09:35	26.	5.
2022 High Lodge Half Spring	103.	208 James WILKINS	Male 30-34	Unattched	2:10:02	2:09:31	77.	17.
2022 High Lodge Half Spring	104.	42 Sandra COLEMAN	Female 40-44	Unattched	2:10:13	2:09:58	27.	6.
2022 High Lodge Half Spring	105.	111 Claire MARTIN	Female 35-39	Unattched	2:10:13	2:09:59	28.	6.
2022 High Lodge Half Spring	106.	200 Andy WALTER	Male 50-54	Norfolk Gazelles	2:10:59	2:10:39	78.	9.
2022 High Lodge Half Spring	107.	66 Jacob GREAVES	Male 30-34	Unattched	2:11:06	2:10:46	79.	18.
2022 High Lodge Half Spring	108.	175 Clarice SANDERSON	Female 30-34	Witham Running Club	2:11:22	2:10:59	29.	7.
2022 High Lodge Half Spring	109.	84 Steven HIRST	Male 35-39	Unattched	2:11:35	2:11:03	80.	15.
2022 High Lodge Half Spring	110.	58 Katie FRANKS	Female 20-24	Unattched	2:12:01	2:11:32	30.	2.
2022 High Lodge Half Spring	111.	93 Sharon JONES	Female 50-54	Coltishall Jaguars	2:12:17	2:12:01	31.	4.
2022 High Lodge Half Spring	112.	155 Liza PUTWAIN	Female 40-44	Stowmarket Striders	2:12:19	2:12:00	32.	7.
2022 High Lodge Half Spring	113.	147 Laura OWENS	Female 35-39	Unattched	2:12:21	2:12:04	33.	7.
2022 High Lodge Half Spring	114.	25 False BRADLEY	Female 45-49	Coltishall Jaguars	2:12:25	2:12:09	34.	4.
2022 High Lodge Half Spring	115.	174 Abigail SALTER	Female 40-44	Unattched	2:12:26	2:12:01	35.	8.
2022 High Lodge Half Spring	116.	21 Erin BELLAMY	Female 30-34	Unattched	2:13:01	2:12:43	36.	8.
2022 High Lodge Half Spring	117.	193 Jeni THOMAS	Female 35-39	Unattched	2:13:02	2:12:44	37.	8.
2022 High Lodge Half Spring	118.	76 Anthony HARVEY	Male 40-44	Unattched	2:13:30	2:13:07	81.	13.
2022 High Lodge Half Spring	119.	17 Sam BARTON	Male 35-39	Unattched	2:13:30	2:13:08	82.	16.
2022 High Lodge Half Spring	120.	89 Esther HUNT	Female 45-49	Unattched	2:16:26	2:16:10	38.	5.
2022 High Lodge Half Spring	121.	35 Alan CARTER	Male 60-64	Unattched	2:17:20	2:16:51	83.	3.
2022 High Lodge Half Spring	122.	116 Anna MAYHEW	Female 50-54	Newmarket Joggers	2:19:41	2:19:17	39.	5.
2022 High Lodge Half Spring	123.	12 Sarah ARTINGSTALL	Female 45-49	Unattched	2:20:09	2:19:41	40.	6.
2022 High Lodge Half Spring	124.	50 Benjamin EDWARDS	Male 25-29	Unattched	2:20:41	2:20:08	84.	9.
2022 High Lodge Half Spring	125.	86 Danielle HOYLE	Female 35-39	Unattched	2:21:33	2:21:10	41.	9.
2022 High Lodge Half Spring	126.	107 Rhys MAKINS	Male 20-24	Unattched	2:21:50	2:21:23	85.	1.
2022 High Lodge Half Spring	127.	121 Graeme MEARS	Male 50-54	Unattched	2:22:36	2:22:19	86.	10.
2022 High Lodge Half Spring	128.	165 Anna ROBEBY	Female 35-39	Unattched	2:22:40	2:22:14	42.	10.
2022 High Lodge Half Spring	129.	166 Michael ROBEBY	Male 45-49	Harlow Running Club	2:22:41	2:22:15	87.	10.
2022 High Lodge Half Spring	130.	152 Karen POULTER	Female 40-44	Unattched	2:23:27	2:23:06	43.	9.
2022 High Lodge Half Spring	131.	224 Pamela ZEUGIN	Female 60-64	Unattched	2:23:41	2:23:09	44.	1.
2022 High Lodge Half Spring	132.	169 Oliver ROGERS	Male 30-34	Unattched	2:23:52	2:23:26	88.	19.
2022 High Lodge Half Spring	133.	196 Vincent VINCENT	Male 45-49	Unattched	2:23:53	2:23:19	89.	11.

RACE CHIP TIMING RESULTS

2022 High Lodge Half Spring	134.	123 Jenny MEYER	Female 30-34	Unattched	2:24:14	2:23:45	45.	9.
2022 High Lodge Half Spring	135.	13 Emily ASHTON	Female 20-24	Unattched	2:24:31	2:23:56	46.	3.
2022 High Lodge Half Spring	136.	198 Daniel WALKER	Male 30-34	Unattched	2:24:31	2:23:56	90.	20.
2022 High Lodge Half Spring	137.	114 Lizz MAYERS	Female 45-49	Longstanton and Northstowe Limpers	2:24:37	2:24:00	47.	7.
2022 High Lodge Half Spring	138.	112 Lewis MASON	Male 25-29	Unattched	2:24:45	2:24:39	91.	10.
2022 High Lodge Half Spring	139.	98 Andrew KOLARIK	Male 35-39	Unattched	2:25:28	2:25:16	92.	17.
2022 High Lodge Half Spring	140.	194 Cindy TIERNEY	Female 45-49	Unattched	2:26:22	2:25:53	48.	8.
2022 High Lodge Half Spring	141.	225 Emily FITCH	Female 25-29	Unattched	2:27:25	2:26:58	49.	3.
2022 High Lodge Half Spring	142.	55 Ian FITCH	Male 55-59	Unattched	2:27:26	2:26:59	93.	8.
2022 High Lodge Half Spring	143.	213 David WILSON	Male 35-39	Unattched	2:28:43	2:28:20	94.	18.
2022 High Lodge Half Spring	144.	108 Anthony MANN	Male 45-49	Unattched	2:28:43	2:28:21	95.	12.
2022 High Lodge Half Spring	145.	81 Belinda HICKMAN	Female 45-49	Royston Runners	2:29:08	2:28:56	50.	9.
2022 High Lodge Half Spring	146.	105 Vanessa MACKENZIE	Female 40-44	Unattched	2:29:10	2:28:49	51.	10.
2022 High Lodge Half Spring	147.	186 Sarah STANLEY	Female 35-39	Unattched	2:31:20	2:30:47	52.	11.
2022 High Lodge Half Spring	148.	173 Nick SADLER	Male 20-24	Unattched	2:32:30	2:32:01	96.	2.
2022 High Lodge Half Spring	149.	65 Kirsty GREATWOOD	Female 30-34	Unattched	2:33:15	2:32:44	53.	10.
2022 High Lodge Half Spring	150.	209 Michelle WILLIAMS	Female 50-54	Unattched	2:33:26	2:33:02	54.	6.
2022 High Lodge Half Spring	151.	120 Vanessa MCPHEE	Female 45-49	Unattched	2:33:27	2:33:03	55.	10.
2022 High Lodge Half Spring	152.	202 Vikki WASPE	Female 35-39	Unattched	2:33:31	2:33:02	56.	12.
2022 High Lodge Half Spring	153.	46 Andrew DENNY	Male 50-54	Unattched	2:34:19	2:33:43	97.	11.
2022 High Lodge Half Spring	154.	143 Rebecca O'ÄHARA	Female 45-49	Unattched	2:34:26	2:34:04	57.	11.
2022 High Lodge Half Spring	155.	70 Sian GUYTON	Female 35-39	Unattched	2:34:26	2:34:04	58.	13.
2022 High Lodge Half Spring	156.	61 Clare GILLIBRAND	Female 45-49	Unattched	2:34:26	2:34:04	59.	12.
2022 High Lodge Half Spring	157.	199 Josie WALL	Female 40-44	Unattched	2:38:56	2:38:35	60.	11.
2022 High Lodge Half Spring	158.	102 Vicky LE FUR	Female 50-54	Unattched	2:40:10	2:39:45	61.	7.
2022 High Lodge Half Spring	159.	77 Richard HASSETT	Male 50-54	Unattched	2:40:11	2:39:45	98.	12.
2022 High Lodge Half Spring	160.	131 Claire MUMFORD	Female 45-49	Unattched	2:42:45	2:42:29	62.	13.
2022 High Lodge Half Spring	161.	181 Laura SIMS	Female 45-49	Unattched	2:43:58	2:43:33	63.	14.
2022 High Lodge Half Spring	162.	40 Siobhan CLOWERY	Female 35-39	Unattched	2:45:04	2:44:34	64.	14.
2022 High Lodge Half Spring	163.	79 Lynne HAYS	Female 60-64	Royston Runners	2:49:05	2:48:52	65.	2.
2022 High Lodge Half Spring	164.	167 Janet ROGERS	Female 65-69	Royston Runners	2:49:06	2:48:51	66.	1.
2022 High Lodge Half Spring	165.	10 Tasha ANGWIN	Female 25-29	Unattched	2:49:06	2:48:51	67.	4.
2022 High Lodge Half Spring	166.	125 Linda MONTGOMERY	Female 45-49	Unattched	2:49:57	2:49:28	68.	15.
2022 High Lodge Half Spring	167.	49 Donna DOWSING	Female 50-54	Unattched	2:49:57	2:49:28	69.	8.
2022 High Lodge Half Spring	168.	207 Gill WILCOX	Female 45-49	Ealing Eagles	2:50:09	2:49:39	70.	16.
2022 High Lodge Half Spring	169.	139 Chloe NEWMAN	Female 30-34	Unattched	3:16:29	3:15:56	71.	11.
2022 High Lodge Half Spring	170.	222 Ben WYTHE	Male 45-49	Unattched	3:16:59	3:16:40	99.	13.
2022 High Lodge Half Spring	171.	190 Jess SWANSBOROUGH	Female 20-24	Unattched	3:27:07	3:26:38	72.	4.
2022 High Lodge Half Spring	DNF	212 Steve WILSON	Male 45-49	Unattched				
2022 High Lodge Half Spring	DNS	43 Adam COX	Male 35-39	Unattched				
2022 High Lodge Half Spring	DNS	164 Alexandra ROBERTS	Female 35-39	Unattched				
2022 High Lodge Half Spring	DNS	189 Amanda SWANN	Female 45-49	HI Runners				

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2022 High Lodge Half Spring	DNS	45 Andrew DEERY	Male 40-44	Unattched
2022 High Lodge Half Spring	DNS	159 Andrew RENSHAW	Male 55-59	Unattched
2022 High Lodge Half Spring	DNS	95 Aureja JUPP	Female 40-44	Unattched
2022 High Lodge Half Spring	DNS	135 Bec NALLY	Female 35-39	Unattched
2022 High Lodge Half Spring	DNS	158 Ben RENSHAW	Male 30-34	Unattched
2022 High Lodge Half Spring	DNS	103 Blake LEE	Male 35-39	Unattched
2022 High Lodge Half Spring	DNS	144 Carla OLDFIELD	Female 45-49	Unattched
2022 High Lodge Half Spring	DNS	47 Catharine DICKINSON	Female 40-44	Unattched
2022 High Lodge Half Spring	DNS	171 Christopher ROWLANDS	Male 30-34	Unattched
2022 High Lodge Half Spring	DNS	52 Claire EMERY	Female 45-49	Unattched
2022 High Lodge Half Spring	DNS	62 Dan GOURD	Male 40-44	Unattched
2022 High Lodge Half Spring	DNS	148 Ellie PATIS	Female 25-29	Unattched
2022 High Lodge Half Spring	DNS	185 Francesca SMITH	Female 25-29	Unattched
2022 High Lodge Half Spring	DNS	138 Gary NEWMAN	Male 40-44	Unattched
2022 High Lodge Half Spring	DNS	210 George WILLIAMS	Male 25-29	Unattched
2022 High Lodge Half Spring	DNS	122 Graeme MEARS	Male 50-54	Unattched
2022 High Lodge Half Spring	DNS	60 Grant GERRARD	No date/year of birth	Unattched
2022 High Lodge Half Spring	DNS	180 Helen SHELSWELL	Female 55-59	Unattched
2022 High Lodge Half Spring	DNS	96 Holly KAVANAGH	Female 30-34	Unattched
2022 High Lodge Half Spring	DNS	100 Hugh LANGLEY	Male 45-49	Unattched
2022 High Lodge Half Spring	DNS	109 Isabel MARRIAGE	Female 55-59	Royston Runners
2022 High Lodge Half Spring	DNS	16 Jake BARNARD	Male 30-34	Unattched
2022 High Lodge Half Spring	DNS	83 Jamie HILLS	Male 50-54	Nice Tri (St.Neotts)
2022 High Lodge Half Spring	DNS	30 Jan BUKSZYNSKI	Male 35-39	Unattched
2022 High Lodge Half Spring	DNS	90 Jason HURD	Male 50-54	Unattched
2022 High Lodge Half Spring	DNS	36 Jemma CHAPMAN	Female 45-49	Unattched
2022 High Lodge Half Spring	DNS	73 John HAMILL	Male 55-59	Unattched
2022 High Lodge Half Spring	DNS	211 John Mark WILLIAMS	Male 65-69	Unattched
2022 High Lodge Half Spring	DNS	44 Karl CRIDLAND	Male 25-29	Unattched
2022 High Lodge Half Spring	DNS	161 Katt RILEY	Female 35-39	Unattched
2022 High Lodge Half Spring	DNS	72 Lisa HAMILL	Female 50-54	Unattched
2022 High Lodge Half Spring	DNS	64 Lucy GREATWOOD	Female 30-34	Unattched
2022 High Lodge Half Spring	DNS	32 Martin BURGESS	Male 45-49	Unattched
2022 High Lodge Half Spring	DNS	110 Matt MARSHALL	Male 30-34	Unattched
2022 High Lodge Half Spring	DNS	162 Matt ROBBINS	Male 40-44	Unattched
2022 High Lodge Half Spring	DNS	163 Matt ROBERTS	Male 30-34	Unattched
2022 High Lodge Half Spring	DNS	59 Michael FREE	Male 25-29	Unattched
2022 High Lodge Half Spring	DNS	78 Michelle HASTIE	Female 50-54	Unattched
2022 High Lodge Half Spring	DNS	6 Mikey AMES	Male 35-39	Unattched
2022 High Lodge Half Spring	DNS	9 Natalie ANDERSON/SATURLEY	Female 40-44	Unattched
2022 High Lodge Half Spring	DNS	220 Nicky WREFORD	Female 45-49	Unattched
2022 High Lodge Half Spring	DNS	133 Paul MUSGROVE	Male 40-44	Unattched

RACE CHIP TIMING RESULTS

2022 High Lodge Half Spring	DNS	177 Richard SARGEANT	Male 50-54	Unattched				
2022 High Lodge Half Spring	DNS	53 Robert FARTHING	Male 40-44	Unattched				
2022 High Lodge Half Spring	DNS	176 Sally SANDFORD	Female 45-49	Unattched				
2022 High Lodge Half Spring	DNS	160 Sam RENSHAW	Male 20-24	Unattched				
2022 High Lodge Half Spring	DNS	126 Simon MORLEY	Male 45-49	Unattched				
2022 High Lodge Half Spring	DNS	115 Tom MAYES	Male 30-34	Unattched				
2022 High Lodge Half Spring	DNS	154 Vivienne PROCTOR	Female 40-44	Unattched				
2022 High Lodge Half Spring	DNS	150 Will PETTIS	Male 25-29	Unattched				
2022 Ickworth Sunset Chase 10K 1.		227 James O'brien	Male 40-44	Unattached	36:30	36:29	1.	1.
2022 Ickworth Sunset Chase 10K 2.		275 Joe Sadler	Male 30-34	Unattached	38:38	38:37	2.	1.
2022 Ickworth Sunset Chase 10K 3.		104 Simon Ford	Male 40-44	Colchester Harriers Ac	41:06	41:05	3.	2.
2022 Ickworth Sunset Chase 10K 4.		24 Tom Barr	Male 35-39	Unattached	41:20	41:18	4.	1.
2022 Ickworth Sunset Chase 10K 5.		289 Richard Smith	Male 45-49	Unattached	41:38	41:35	5.	1.
2022 Ickworth Sunset Chase 10K 6.		188 Ali Macdonald	Male 50-54	Lonely Goat Rc	43:23	43:21	6.	1.
2022 Ickworth Sunset Chase 10K 7.		407 Dave Beighton	Male 45-49	Saint Edmund Pacers	43:48	43:47	7.	2.
2022 Ickworth Sunset Chase 10K 8.		320 Ruth Walker	Female 40-44	Unattached	44:11	44:10	1.	1.
2022 Ickworth Sunset Chase 10K 9.		376 Nathan White	Male 40-44	Unattached	44:25	44:25	8.	3.
2022 Ickworth Sunset Chase 10K 10.		22 Jake Barnard	Male 30-34	Saint Edmund Pacers	44:26	44:24	9.	2.
2022 Ickworth Sunset Chase 10K 11.		332 Matthew West	Male 40-44	Unattached	44:27	44:23	10.	4.
2022 Ickworth Sunset Chase 10K 12.		181 Grace Leavy	Female 30-34	Stowmarket Striders	45:00	44:59	2.	1.
2022 Ickworth Sunset Chase 10K 13.		173 Tony Kirby-cook	Male 55-59	Ely Runners	45:18	45:13	11.	1.
2022 Ickworth Sunset Chase 10K 14.		222 Steve Neumann	Male 40-44	Unattached	46:29	46:24	12.	5.
2022 Ickworth Sunset Chase 10K 15.		29 Robin Belsom	Male 60-64	Ipswich Jaffa	46:45	46:42	13.	1.
2022 Ickworth Sunset Chase 10K 16.		68 Nicky Connolly	Female 40-44	Unattached	46:47	46:43	3.	2.
2022 Ickworth Sunset Chase 10K 17.		142 David Hilson	Male 55-59	Colchester Harriers Ac	46:48	46:43	14.	2.
2022 Ickworth Sunset Chase 10K 18.		162 Rob Jewers	Male 45-49	Stowmarket Striders	46:49	46:42	15.	3.
2022 Ickworth Sunset Chase 10K 19.		261 Nicki Ripmanripman	Female 40-44	Unattached	46:54	46:50	4.	3.
2022 Ickworth Sunset Chase 10K 20.		317 Jon Vogel	Male 35-39	Unattached	47:05	46:59	16.	2.
2022 Ickworth Sunset Chase 10K 21.		84 Will Dean	Male 35-39	Unattached	47:21	47:14	17.	3.
2022 Ickworth Sunset Chase 10K 22.		313 Jonathan Tripp	Male 50-54	Unattached	47:23	47:13	18.	2.
2022 Ickworth Sunset Chase 10K 23.		102 Robert Farthing	Male 40-44	Unattached	47:26	47:23	19.	6.
2022 Ickworth Sunset Chase 10K 24.		345 Andrew Wright	Male 50-54	Saint Edmund Pacers	47:36	47:33	20.	3.
2022 Ickworth Sunset Chase 10K 25.		13 Madelene Bacon	Female 15-19	City Of Norwich Ac	47:43	47:42	5.	1.
2022 Ickworth Sunset Chase 10K 26.		147 Lee Holohan	Male 45-49	Colchester Harriers Ac	47:49	47:44	21.	4.
2022 Ickworth Sunset Chase 10K 27.		285 Heather Smith	Female 40-44	Maidenhead Ac	47:51	47:44	6.	4.
2022 Ickworth Sunset Chase 10K 28.		6 Matthew Alexander	Male 30-34	Unattached	48:14	48:07	22.	3.
2022 Ickworth Sunset Chase 10K 29.		14 Robert Bacon	Male 45-49	Unattached	48:21	48:20	23.	5.
2022 Ickworth Sunset Chase 10K 30.		257 Ben Reeve	Male 25-29	Unattached	48:34	48:19	24.	1.
2022 Ickworth Sunset Chase 10K 31.		349 Miles Yaxley	Male 20-24	Unattached	48:52	48:46	25.	1.
2022 Ickworth Sunset Chase 10K 32.		69 Steve Cook	Male 55-59	Norfolk Gazelles	49:11	49:05	26.	3.
2022 Ickworth Sunset Chase 10K 33.		252 Kevin Raisborough	Male 55-59	Unattached	49:30	49:21	27.	4.
2022 Ickworth Sunset Chase 10K 34.		300 Melanie Tanner	Female 35-39	Unattached	49:34	49:28	7.	1.

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2022 Ickworth Sunset Chase 10K 35.	135 Natalie Hay	Female 45-49	Saint Edmund Pacers	49:38	49:35	8.	1.
2022 Ickworth Sunset Chase 10K 36.	46 Adam Buckle	Male 35-39	Unattached	49:43	49:23	28.	4.
2022 Ickworth Sunset Chase 10K 37.	265 Tom Robinson	Male 35-39	Stowmarket Striders	49:44	49:28	29.	5.
2022 Ickworth Sunset Chase 10K 38.	245 Robert Pollard	Male 30-34	Unattached	49:47	49:42	30.	4.
2022 Ickworth Sunset Chase 10K 39.	290 Alexander Smith	Male 40-44	Unattached	49:47	49:27	31.	7.
2022 Ickworth Sunset Chase 10K 40.	328 Miles Weaver	Male 45-49	Unattached	49:49	49:33	32.	6.
2022 Ickworth Sunset Chase 10K 41.	213 George Mothersole	Male 25-29	Unattached	49:52	49:34	33.	2.
2022 Ickworth Sunset Chase 10K 42.	126 Rob Hall	Male 60-64	B.b.d.r.c	50:00	49:58	34.	2.
2022 Ickworth Sunset Chase 10K 43.	247 Nick Power	Male 50-54	Unattached	50:23	50:17	35.	4.
2022 Ickworth Sunset Chase 10K 44.	352 Richard Ordish	Male 50-54	Unattached	50:43	50:40	36.	5.
2022 Ickworth Sunset Chase 10K 45.	56 John Cashen	Male 55-59	Unattached	51:01	50:59	37.	5.
2022 Ickworth Sunset Chase 10K 46.	81 Claire Dalton-cole	Female 40-44	Unattached	51:07	50:48	9.	5.
2022 Ickworth Sunset Chase 10K 47.	194 David Mcnae	Male 40-44	Kesgrave Cruisers	51:18	51:00	38.	8.
2022 Ickworth Sunset Chase 10K 48.	334 Stephen Wigzell	Male 40-44	Unattached	51:20	51:09	39.	9.
2022 Ickworth Sunset Chase 10K 49.	221 Mary Narey	Female 55-59	Stowmarket Striders	51:21	51:13	10.	1.
2022 Ickworth Sunset Chase 10K 50.	7 Natalie Andrews	Female 40-44	Unattached	51:27	51:21	11.	6.
2022 Ickworth Sunset Chase 10K 51.	109 Anthony Fullam	Male 50-54	Unattached	51:38	51:29	40.	6.
2022 Ickworth Sunset Chase 10K 52.	204 Matthew Monteith	Male 40-44	Lonely Goat Rc	51:54	51:49	41.	10.
2022 Ickworth Sunset Chase 10K 53.	157 Jane Hutchinson	Female 45-49	Shufflers	51:55	51:51	12.	2.
2022 Ickworth Sunset Chase 10K 54.	218 Paul Mutimer	Male 50-54	Unattached	51:56	51:49	42.	7.
2022 Ickworth Sunset Chase 10K 55.	248 Michal Powrozek	Male 40-44	Unattached	52:00	51:55	43.	11.
2022 Ickworth Sunset Chase 10K 56.	190 Bryan Matthews	Male 45-49	Unattached	52:29	52:20	44.	7.
2022 Ickworth Sunset Chase 10K 57.	52 Joe Burford	Male 35-39	Unattached	52:30	52:18	45.	6.
2022 Ickworth Sunset Chase 10K 58.	116 Stuart Gillibrand	Male 40-44	Unattached	52:32	52:07	46.	12.
2022 Ickworth Sunset Chase 10K 59.	244 Matthew Pokora	Male 35-39	Unattached	52:32	52:02	47.	7.
2022 Ickworth Sunset Chase 10K 60.	199 Greg Mills	Male 65-69	Unattached	52:34	52:27	48.	1.
2022 Ickworth Sunset Chase 10K 61.	322 Kevin Walton	Male 60-64	Unattached	52:37	52:18	49.	3.
2022 Ickworth Sunset Chase 10K 62.	184 Alex Levitt-powell	Male 30-34	Unattached	52:47	52:24	50.	5.
2022 Ickworth Sunset Chase 10K 63.	45 Peter Brown	Male 30-34	Unattached	52:56	52:45	51.	6.
2022 Ickworth Sunset Chase 10K 64.	272 Ben Royal	Male 45-49	Unattached	53:03	52:47	52.	8.
2022 Ickworth Sunset Chase 10K 65.	19 Phil Bamford	Male 70+	Unattached	53:08	52:59	53.	1.
2022 Ickworth Sunset Chase 10K 66.	148 Lee Hopkins	Male 50-54	Unattached	53:27	52:51	54.	8.
2022 Ickworth Sunset Chase 10K 67.	330 Jason Webb	Male 40-44	Unattached	53:27	53:13	55.	13.
2022 Ickworth Sunset Chase 10K 68.	165 Nick Johnston	Male 35-39	Unattached	53:37	53:27	56.	8.
2022 Ickworth Sunset Chase 10K 69.	241 Stephanie Pimlott	Female 40-44	Waveney Valley Ac	53:55	53:42	13.	7.
2022 Ickworth Sunset Chase 10K 70.	36 Catherine Brain	Female 45-49	Unattached	54:16	54:09	14.	3.
2022 Ickworth Sunset Chase 10K 71.	50 Robert Bullyment	Male 45-49	Unattached	54:38	54:26	57.	9.
2022 Ickworth Sunset Chase 10K 72.	75 James Cotton	Male 40-44	Unattached	54:45	54:34	58.	14.
2022 Ickworth Sunset Chase 10K 73.	193 Luke Mclean	Male 30-34	Unattached	54:55	54:24	59.	7.
2022 Ickworth Sunset Chase 10K 74.	354 Katie Rixon	Female 30-34	Unattached	55:09	54:47	15.	2.
2022 Ickworth Sunset Chase 10K 75.	232 Jane Parkington	Female 50-54	Unattached	55:10	54:46	16.	1.
2022 Ickworth Sunset Chase 10K 76.	97 Diane Emsden	Female 55-59	Unattached	55:10	55:06	17.	2.

RACE CHIP TIMING RESULTS

2022 Ickworth Sunset Chase 10K 77.	273 Jennifer Ruggier	Female 30-34	Unattached	55:17	54:54	18.	3.
2022 Ickworth Sunset Chase 10K 78.	8 Luke Arkle	Male 30-34	Unattached	55:23	55:00	60.	8.
2022 Ickworth Sunset Chase 10K 79.	74 Charlotte Copeland	Female 35-39	Unattached	55:30	55:06	19.	2.
2022 Ickworth Sunset Chase 10K 80.	64 Matthew Coe	Male 30-34	Unattached	55:40	55:26	61.	9.
2022 Ickworth Sunset Chase 10K 81.	340 Neil Woods	Male 60-64	Unattached	55:48	55:35	62.	4.
2022 Ickworth Sunset Chase 10K 82.	197 Louise Miller	Female 40-44	Unattached	55:55	55:38	20.	8.
2022 Ickworth Sunset Chase 10K 83.	202 John Mitchell	Male 60-64	Unattached	56:01	55:47	63.	5.
2022 Ickworth Sunset Chase 10K 84.	297 Mark Stocker	Male 50-54	Unattached	56:02	55:59	64.	9.
2022 Ickworth Sunset Chase 10K 85.	288 Stuart Smith	Male 65-69	Waveney Valley Ac	56:07	55:53	65.	2.
2022 Ickworth Sunset Chase 10K 86.	71 Julie Cooke	Female 60-64	Unattached	56:19	55:58	21.	1.
2022 Ickworth Sunset Chase 10K 87.	156 Richard Hursthouse	Male 45-49	Stowmarket Striders	56:23	55:56	66.	10.
2022 Ickworth Sunset Chase 10K 88.	348 Louise Yates	Female 40-44	Colchester Harriers Ac	56:31	56:13	22.	9.
2022 Ickworth Sunset Chase 10K 89.	143 Paul Hindle	Male 50-54	Unattached	56:42	56:14	67.	10.
2022 Ickworth Sunset Chase 10K 90.	117 Lyndsey Girling	Female 35-39	Diss Athletics Club	56:46	56:23	23.	3.
2022 Ickworth Sunset Chase 10K 91.	310 David Thurlow	Male 25-29	Unattached	57:32	57:06	68.	3.
2022 Ickworth Sunset Chase 10K 92.	177 Andrew Kydd	Male 50-54	Unattached	57:49	57:33	69.	11.
2022 Ickworth Sunset Chase 10K 93.	134 Jaime Hawkins	Female 40-44	Unattached	58:08	57:56	24.	10.
2022 Ickworth Sunset Chase 10K 94.	206 Catherine Monument	Female 40-44	Isleham Joggers	58:18	58:14	25.	11.
2022 Ickworth Sunset Chase 10K 95.	40 Shaun Britton	Male 35-39	Unattached	58:20	57:50	70.	9.
2022 Ickworth Sunset Chase 10K 96.	54 Steve Canning	Male 50-54	Unattached	58:22	57:51	71.	12.
2022 Ickworth Sunset Chase 10K 97.	231 Laura Owens	Female 35-39	Unattached	58:22	58:09	26.	4.
2022 Ickworth Sunset Chase 10K 98.	203 Kara Mittenzwey	Female 40-44	Unattached	58:24	57:59	27.	12.
2022 Ickworth Sunset Chase 10K 99.	42 Laura Brown	Female 35-39	Stowmarket Striders	58:28	58:04	28.	5.
2022 Ickworth Sunset Chase 10K 100.	224 Simon Nicholls	Male 50-54	Lonely Goat Rc	58:42	58:31	72.	13.
2022 Ickworth Sunset Chase 10K 101.	144 Steven Hirst	Male 35-39	Unattached	58:48	58:42	73.	10.
2022 Ickworth Sunset Chase 10K 102.	73 Sid Cooper	Male 55-59	Unattached	58:59	58:41	74.	6.
2022 Ickworth Sunset Chase 10K 103.	353 Paul Billings	Male 45-49	Unattached	59:22	59:14	75.	11.
2022 Ickworth Sunset Chase 10K 104.	246 Mark Power	Male 45-49	Unattached	59:27	59:10	76.	12.
2022 Ickworth Sunset Chase 10K 105.	124 Michael Haggas	Male 55-59	Unattached	59:38	59:12	77.	7.
2022 Ickworth Sunset Chase 10K 106.	282 Sarah Scoggins	Female 30-34	Unattached	59:48	59:18	29.	4.
2022 Ickworth Sunset Chase 10K 107.	31 Darren Birch	Male 55-59	Unattached	59:50	59:37	78.	8.
2022 Ickworth Sunset Chase 10K 108.	315 Allan Turpie	Male 55-59	Unattached	1:00:14	1:00:07	79.	9.
2022 Ickworth Sunset Chase 10K 109.	304 Mysha Taylor	Female 30-34	Unattached	1:00:30	1:00:15	30.	5.
2022 Ickworth Sunset Chase 10K 110.	151 Portia Howe	Female 40-44	Unattached	1:00:30	1:00:15	31.	13.
2022 Ickworth Sunset Chase 10K 111.	55 Alan Carter	Male 60-64	Unattached	1:00:45	1:00:25	80.	6.
2022 Ickworth Sunset Chase 10K 112.	219 Clair Nagorski	Female 30-34	Haverhill Running Club	1:00:51	1:00:43	32.	6.
2022 Ickworth Sunset Chase 10K 113.	278 Bobbie Sauerzapf	Female 60-64	Bungay Black Dog Rc	1:00:56	1:00:30	33.	2.
2022 Ickworth Sunset Chase 10K 114.	167 Michael Judd	Male 50-54	Unattached	1:00:56	1:00:40	81.	14.
2022 Ickworth Sunset Chase 10K 115.	351 Sally Ordish	Female 45-49	Unattached	1:00:56	1:00:53	34.	4.
2022 Ickworth Sunset Chase 10K 116.	131 Leoni Harvey	Female 40-44	Great Bentley Running Club	1:01:07	1:00:45	35.	14.
2022 Ickworth Sunset Chase 10K 117.	12 Allison Austin	Female 55-59	Haverhill Running Club	1:01:16	1:01:07	36.	3.
2022 Ickworth Sunset Chase 10K 118.	122 Wayne Grant	Male 60-64	Unattached	1:01:35	1:01:11	82.	7.

RACE CHIP TIMING RESULTS

2022 Ickworth Sunset Chase 10K 119.	344 Denise Wright	Female 60-64	Stowmarket Striders	1:01:41	1:01:25	37.	3.
2022 Ickworth Sunset Chase 10K 120.	160 Josh Iron	Male 25-29	Haverhill Running Club	1:01:42	1:01:32	83.	4.
2022 Ickworth Sunset Chase 10K 121.	256 Anwen Rees	Female 25-29	Unattached	1:01:47	1:01:31	38.	1.
2022 Ickworth Sunset Chase 10K 122.	127 Carlene Hare	Female 35-39	Unattached	1:01:58	1:01:47	39.	6.
2022 Ickworth Sunset Chase 10K 123.	149 Sarah Horsfield	Female 25-29	Unattached	1:02:00	1:01:40	40.	2.
2022 Ickworth Sunset Chase 10K 124.	76 Holly Crimp	Female 30-34	Framlingham Flyers	1:02:02	1:01:46	41.	7.
2022 Ickworth Sunset Chase 10K 125.	346 Darren Wright	Male 55-59	Unattached	1:02:06	1:01:49	84.	10.
2022 Ickworth Sunset Chase 10K 126.	342 Mollie Wright	Female 15-19	Unattached	1:02:06	1:01:49	42.	2.
2022 Ickworth Sunset Chase 10K 127.	239 Justine Petrou	Female 40-44	Unattached	1:02:09	1:02:01	43.	15.
2022 Ickworth Sunset Chase 10K 128.	266 William Rogers	Male 40-44	Unattached	1:02:44	1:02:40	85.	15.
2022 Ickworth Sunset Chase 10K 129.	229 Daniel O'keeffe	Male 30-34	Unattached	1:02:50	1:02:45	86.	10.
2022 Ickworth Sunset Chase 10K 130.	294 Victoria Squirrell	Female 40-44	Ipswich Jaffa	1:02:51	1:02:34	44.	16.
2022 Ickworth Sunset Chase 10K 131.	295 Peter Squirrell	Male 35-39	Ipswich Jaffa	1:02:51	1:02:34	87.	11.
2022 Ickworth Sunset Chase 10K 132.	159 Jodie Ibbs	Female 25-29	Unattached	1:03:14	1:02:51	45.	3.
2022 Ickworth Sunset Chase 10K 133.	176 Joanne Kohler	Female 30-34	Unattached	1:03:23	1:03:08	46.	8.
2022 Ickworth Sunset Chase 10K 134.	3 Kathy Alderton	Female 45-49	Unattached	1:03:23	1:03:08	47.	5.
2022 Ickworth Sunset Chase 10K 135.	242 Cecilia Pipe	Female 45-49	Unattached	1:03:28	1:03:16	48.	6.
2022 Ickworth Sunset Chase 10K 136.	111 Dave Gardner	Male 60-64	Unattached	1:03:30	1:03:13	88.	8.
2022 Ickworth Sunset Chase 10K 137.	21 Dougie Barber	Male 60-64	Coltishall Jaguars Rc	1:03:31	1:03:08	89.	9.
2022 Ickworth Sunset Chase 10K 138.	140 Laura Hick	Female 35-39	Coltishall Jaguars Rc	1:03:31	1:03:08	49.	7.
2022 Ickworth Sunset Chase 10K 139.	5 Gavin Alexander	Male 40-44	Hadleigh Hares Ac	1:03:32	1:03:14	90.	16.
2022 Ickworth Sunset Chase 10K 140.	4 Nicola Alexander	Female 40-44	Hadleigh Hares Ac	1:03:32	1:03:14	50.	17.
2022 Ickworth Sunset Chase 10K 141.	230 Phillip Orme	Male 60-64	Unattached	1:03:37	1:03:26	91.	10.
2022 Ickworth Sunset Chase 10K 142.	174 Caroline Kluckow	Female 35-39	Unattached	1:03:46	1:03:32	51.	8.
2022 Ickworth Sunset Chase 10K 143.	139 Michelle Hewes	Female 45-49	Unattached	1:04:23	1:03:56	52.	7.
2022 Ickworth Sunset Chase 10K 144.	277 Joanne Sargent	Female 50-54	Hadleigh Hares Ac	1:04:24	1:04:02	53.	2.
2022 Ickworth Sunset Chase 10K 145.	60 Pamela Clark	Female 60-64	Unattached	1:04:28	1:04:14	54.	4.
2022 Ickworth Sunset Chase 10K 146.	347 Peter Wright	Male 55-59	Unattached	1:04:29	1:04:15	92.	11.
2022 Ickworth Sunset Chase 10K 147.	343 Elizabeth Wright	Female 55-59	Unattached	1:04:29	1:04:15	55.	4.
2022 Ickworth Sunset Chase 10K 148.	292 James Spillet	Male 50-54	Unattached	1:04:34	1:04:29	93.	15.
2022 Ickworth Sunset Chase 10K 149.	121 Louise Gosling	Female 50-54	Unattached	1:04:35	1:04:08	56.	3.
2022 Ickworth Sunset Chase 10K 150.	337 Tracey Willoughby	Female 35-39	Unattached	1:04:35	1:04:26	57.	9.
2022 Ickworth Sunset Chase 10K 151.	293 Anoushka Springett	Female 40-44	Unattached	1:04:36	1:04:16	58.	18.
2022 Ickworth Sunset Chase 10K 152.	286 Carly Smith	Female 40-44	Unattached	1:04:36	1:04:17	59.	19.
2022 Ickworth Sunset Chase 10K 153.	296 Sarah Stanley	Female 35-39	Unattached	1:04:37	1:04:10	60.	10.
2022 Ickworth Sunset Chase 10K 154.	326 Frank Watson	Male 65-69	Stowmarket Striders	1:04:45	1:04:17	94.	3.
2022 Ickworth Sunset Chase 10K 155.	195 Jenny Meyer	Female 30-34	Unattached	1:04:51	1:04:40	61.	9.
2022 Ickworth Sunset Chase 10K 156.	235 Adam Parsons	Male 30-34	Unattached	1:04:54	1:04:23	95.	11.
2022 Ickworth Sunset Chase 10K 157.	61 Alison Clarke	Female 65-69	Great Bentley Running Club	1:05:07	1:04:45	62.	1.
2022 Ickworth Sunset Chase 10K 158.	30 Gemma Berrill	Female 35-39	Unattached	1:05:19	1:05:06	63.	11.
2022 Ickworth Sunset Chase 10K 159.	153 Alison Huggett	Female 40-44	Runmummyrun	1:05:29	1:05:05	64.	20.
2022 Ickworth Sunset Chase 10K 160.	113 Faye Gibbs	Female 45-49	Unattached	1:05:36	1:05:12	65.	8.

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2022 Ickworth Sunset Chase 10K 161.	309 John Thorpe	Male 60-64	Unattached	1:05:40	1:05:27	96.	11.
2022 Ickworth Sunset Chase 10K 162.	33 Remi Bolhassani	Female 35-39	Unattached	1:05:43	1:05:13	66.	12.
2022 Ickworth Sunset Chase 10K 163.	187 Emily Lockwood	Female 30-34	Unattached	1:06:40	1:06:30	67.	10.
2022 Ickworth Sunset Chase 10K 164.	182 Beth Lebbon	Female 25-29	Unattached	1:06:40	1:06:20	68.	4.
2022 Ickworth Sunset Chase 10K 165.	212 Laura Mortlock	Female 40-44	Unattached	1:06:42	1:06:24	69.	21.
2022 Ickworth Sunset Chase 10K 166.	250 Stuart Pryke	Male 30-34	Unattached	1:06:43	1:06:32	97.	12.
2022 Ickworth Sunset Chase 10K 167.	200 Hannah Mitchell	Female 25-29	Unattached	1:06:45	1:06:31	70.	5.
2022 Ickworth Sunset Chase 10K 168.	85 Lucy Denny	Female 25-29	Unattached	1:06:48	1:06:27	71.	6.
2022 Ickworth Sunset Chase 10K 169.	270 Nicola Rossiter	Female 40-44	Unattached	1:06:48	1:06:30	72.	22.
2022 Ickworth Sunset Chase 10K 170.	62 Sarah Clarke	Female 35-39	Unattached	1:06:48	1:06:37	73.	13.
2022 Ickworth Sunset Chase 10K 171.	319 Emma Waddelow	Female 30-34	Unattached	1:06:52	1:06:28	74.	11.
2022 Ickworth Sunset Chase 10K 172.	133 Matt Harwood	Male 35-39	Unattached	1:07:02	1:06:50	98.	12.
2022 Ickworth Sunset Chase 10K 173.	72 Elaine Cooper	Female 50-54	Unattached	1:07:19	1:06:59	75.	4.
2022 Ickworth Sunset Chase 10K 174.	11 Michelle Auer	Female 50-54	Great Bentley Running Club	1:07:42	1:07:20	76.	5.
2022 Ickworth Sunset Chase 10K 175.	185 Amanda Lewis	Female 35-39	Harold Wood	1:08:07	1:07:41	77.	14.
2022 Ickworth Sunset Chase 10K 176.	316 Gabby Uncles	Female 50-54	Unattached	1:08:40	1:08:17	78.	6.
2022 Ickworth Sunset Chase 10K 177.	57 Susan Chapman	Female 50-54	Unattached	1:08:41	1:08:18	79.	7.
2022 Ickworth Sunset Chase 10K 178.	169 Stuart Kerr	Male 45-49	Unattached	1:09:21	1:08:45	99.	13.
2022 Ickworth Sunset Chase 10K 179.	155 Anna Hunt	Female 40-44	Moreton Hall Runners	1:09:26	1:08:57	80.	23.
2022 Ickworth Sunset Chase 10K 180.	314 Jasmine Turner	Female 20-24	Unattached	1:09:44	1:09:08	81.	1.
2022 Ickworth Sunset Chase 10K 181.	49 Alison Bullyment	Female 45-49	Zero To Hero Runners	1:09:48	1:09:18	82.	9.
2022 Ickworth Sunset Chase 10K 182.	308 Edward Theaker	Male 65-69	Unattached	1:10:13	1:09:44	100.	4.
2022 Ickworth Sunset Chase 10K 183.	283 Yazmine Sievey	Female 30-34	Unattached	1:10:14	1:09:46	83.	12.
2022 Ickworth Sunset Chase 10K 184.	329 Jacqueline Webb	Female 55-59	Unattached	1:11:25	1:10:57	84.	5.
2022 Ickworth Sunset Chase 10K 185.	179 Emma Larnar	Female 50-54	Unattached	1:11:52	1:11:18	85.	8.
2022 Ickworth Sunset Chase 10K 186.	99 Donna Evans	Female 55-59	Unattached	1:11:58	1:11:37	86.	6.
2022 Ickworth Sunset Chase 10K 187.	77 Tessa Crocker	Female 40-44	Unattached	1:12:02	1:11:52	87.	24.
2022 Ickworth Sunset Chase 10K 188.	291 Lauren Sparrow	Female 35-39	Lonely Goat Rc	1:12:07	1:11:52	88.	15.
2022 Ickworth Sunset Chase 10K 189.	119 Kirsty Goodchild	Female 35-39	Unattached	1:12:07	1:11:51	89.	16.
2022 Ickworth Sunset Chase 10K 190.	145 Donna Hobbs	Female 45-49	Unattached	1:12:07	1:11:52	90.	10.
2022 Ickworth Sunset Chase 10K 191.	276 Sam Sales	Female 50-54	Unattached	1:12:31	1:12:10	91.	9.
2022 Ickworth Sunset Chase 10K 192.	132 Anna Harvey	Female 50-54	Unattached	1:12:34	1:12:00	92.	10.
2022 Ickworth Sunset Chase 10K 193.	86 Amy Dodson	Female 30-34	Chatteris Running Club	1:13:36	1:13:27	93.	13.
2022 Ickworth Sunset Chase 10K 194.	302 Vivienne Taylor	Female 60-64	Unattached	1:13:55	1:13:22	94.	5.
2022 Ickworth Sunset Chase 10K 195.	110 Karen Gardner	Female 60-64	Unattached	1:14:18	1:13:56	95.	6.
2022 Ickworth Sunset Chase 10K 196.	208 Carly Moody	Female 40-44	Unattached	1:14:37	1:14:11	96.	25.
2022 Ickworth Sunset Chase 10K 197.	306 Sue Tetley	Female 45-49	Phil New Phone	1:14:37	1:14:11	97.	11.
2022 Ickworth Sunset Chase 10K 198.	259 Kayleigh Richards	Female 30-34	Unattached	1:14:42	1:14:14	98.	14.
2022 Ickworth Sunset Chase 10K 199.	220 Bec Nally	Female 35-39	Unattached	1:15:26	1:15:13	99.	17.
2022 Ickworth Sunset Chase 10K 200.	355 Caroline Gladwell	Female 35-39	Stowmarket Striders	1:15:47	1:15:35	100.	18.
2022 Ickworth Sunset Chase 10K 201.	196 Darran Miles	Male 55-59	Unattached	1:15:48	1:15:13	101.	12.
2022 Ickworth Sunset Chase 10K 202.	58 Mel Chittock	Male 65-69	Unattached	1:15:50	1:15:30	102.	5.

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2022 Ickworth Sunset Chase 10K 203.	269 Michael Roscoe	Male 40-44	Unattached	1:16:39	1:16:07	103.	17.
2022 Ickworth Sunset Chase 10K 204.	28 Martin Bellotti	Male 40-44	Unattached	1:16:40	1:16:07	104.	18.
2022 Ickworth Sunset Chase 10K 205.	67 Katie Collings	Female 35-39	Unattached	1:17:00	1:16:34	101.	19.
2022 Ickworth Sunset Chase 10K 206.	23 Steph Barnes	Female 45-49	Unattached	1:17:00	1:16:34	102.	12.
2022 Ickworth Sunset Chase 10K 207.	214 Laura Mower	Female 35-39	Unattached	1:17:01	1:16:33	103.	20.
2022 Ickworth Sunset Chase 10K 208.	88 Hannah Doran	Female 30-34	Unattached	1:17:04	1:16:40	104.	15.
2022 Ickworth Sunset Chase 10K 209.	180 Catherine Law	Female 30-34	Unattached	1:17:04	1:16:40	105.	16.
2022 Ickworth Sunset Chase 10K 210.	312 Lorna Todd	Female 40-44	Unattached	1:17:30	1:17:09	106.	26.
2022 Ickworth Sunset Chase 10K 211.	93 Janine Edgar	Female 40-44	Unattached	1:17:31	1:17:10	107.	27.
2022 Ickworth Sunset Chase 10K 212.	112 Kath Gerighty	Female 50-54	Ely Runners	1:18:06	1:17:52	108.	11.
2022 Ickworth Sunset Chase 10K 213.	80 Nicola Currant	Female 40-44	Unattached	1:18:26	1:17:57	109.	28.
2022 Ickworth Sunset Chase 10K 214.	271 Julie Rout	Female 40-44	Unattached	1:18:32	1:18:03	110.	29.
2022 Ickworth Sunset Chase 10K 215.	130 Flora Hartley-webb	Female 25-29	Unattached	1:18:41	1:18:14	111.	7.
2022 Ickworth Sunset Chase 10K 216.	18 Stacy Baker	Female 40-44	Unattached	1:18:49	1:18:15	112.	30.
2022 Ickworth Sunset Chase 10K 217.	17 Vikki Baker	Female 40-44	Unattached	1:18:50	1:18:15	113.	31.
2022 Ickworth Sunset Chase 10K 218.	27 Chloe Bellotti	Female 35-39	Unattached	1:19:47	1:19:15	114.	21.
2022 Ickworth Sunset Chase 10K 219.	210 Jason Moores	Male 50-54	Unattached	1:20:37	1:20:05	105.	16.
2022 Ickworth Sunset Chase 10K 220.	150 Maria Hough	Female 55-59	Unattached	1:20:38	1:20:06	115.	7.
2022 Ickworth Sunset Chase 10K 221.	168 Lisa Kellock	Female 35-39	Unattached	1:22:39	1:22:18	116.	22.
2022 Ickworth Sunset Chase 10K 222.	138 Sally Heaton	Female 45-49	Unattached	1:22:44	1:22:23	117.	13.
2022 Ickworth Sunset Chase 10K 223.	226 Leanne Oatham	Female 40-44	Stowmarket Striders	1:25:39	1:25:12	118.	32.
2022 Ickworth Sunset Chase 10K 224.	164 Josephine Johnson	Female 50-54	Mundford Running Group	1:27:44	1:27:13	119.	12.
2022 Ickworth Sunset Chase 10K 225.	279 Hannah Saul	Female 40-44	Unattached	1:27:44	1:27:13	120.	33.
2022 Ickworth Sunset Chase 10K DNS	255 Adam Randall	Male 40-44	Unattached				
2022 Ickworth Sunset Chase 10K DNS	38 Alice Brear Clarkson	Female 30-34	East Down Ac				
2022 Ickworth Sunset Chase 10K DNS	66 Alison Cole	Female 40-44	Unattached				
2022 Ickworth Sunset Chase 10K DNS	90 Amanda Drye	Female 60-64	Unattached				
2022 Ickworth Sunset Chase 10K DNS	106 Amanda Freemantle	Female 40-44	Trisudbury				
2022 Ickworth Sunset Chase 10K DNS	249 Andrew Preston	Male 40-44	Unattached				
2022 Ickworth Sunset Chase 10K DNS	152 Andy Huffer	Male 55-59	Unattached				
2022 Ickworth Sunset Chase 10K DNS	321 Andy Walter	Male 50-54	Norfolk Gazelles				
2022 Ickworth Sunset Chase 10K DNS	107 Annabel Freestone	Female 25-29	Unattached				
2022 Ickworth Sunset Chase 10K DNS	287 Barry Smith	Male 55-59	Thetford Ac				
2022 Ickworth Sunset Chase 10K DNS	339 Becky Woods	Female 30-34	Unattached				
2022 Ickworth Sunset Chase 10K DNS	301 Benjamin Tanner	Male 35-39	Unattached				
2022 Ickworth Sunset Chase 10K DNS	336 Beth Willis	Female 30-34	Unattached				
2022 Ickworth Sunset Chase 10K DNS	211 Caroline Morris	Female 40-44	Unattached				
2022 Ickworth Sunset Chase 10K DNS	79 Cassie Croton	Female 40-44	Unattached				
2022 Ickworth Sunset Chase 10K DNS	20 Catherine Bank	Female 50-54	Unattached				
2022 Ickworth Sunset Chase 10K DNS	205 Catherine Monument	Female 40-44	Unattached				
2022 Ickworth Sunset Chase 10K DNS	198 Charlotte Mills	Female 30-34	Great Bentley Running Club				
2022 Ickworth Sunset Chase 10K DNS	207 Charlotte Moody	Female 35-39	Unattached				

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2022 Ickworth Sunset Chase 10K DNS	136 Chris Haystead	Male 50-54	Norfolk Gazelles
2022 Ickworth Sunset Chase 10K DNS	161 Clair Jefferson	Female 45-49	Trisudbury
2022 Ickworth Sunset Chase 10K DNS	186 Claire Lister	Female 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	251 Clive Purbrook	Male 65-69	Newmarket Joggers
2022 Ickworth Sunset Chase 10K DNS	78 Colin Crompton	Male 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	103 David Feveyer-ward	Male 30-34	Unattached
2022 Ickworth Sunset Chase 10K DNS	264 David Robertson	Male 45-49	Unattached
2022 Ickworth Sunset Chase 10K DNS	10 Deborah Ashford	Female 50-54	Unattached
2022 Ickworth Sunset Chase 10K DNS	91 Deirdre Duffy	Female 40-44	Srf
2022 Ickworth Sunset Chase 10K DNS	166 Donna Jolly	Female 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	236 Duncan Partridge	Male 45-49	Unattached
2022 Ickworth Sunset Chase 10K DNS	2 Elisabeth Agathos	Female 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	163 Ellie Johnson	Female 30-34	Unattached
2022 Ickworth Sunset Chase 10K DNS	228 Emma O'doherty	Female 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	281 Emma Schofield	Female 50-54	Unattached
2022 Ickworth Sunset Chase 10K DNS	65 Erica Cole	Female 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	274 Esther Rutman	Female 30-34	Unattached
2022 Ickworth Sunset Chase 10K DNS	125 Gill Hak	Female 60-64	Unattached
2022 Ickworth Sunset Chase 10K DNS	92 Gio Eburne	Female 55-59	Unattached
2022 Ickworth Sunset Chase 10K DNS	1 Helen Adkins	Female 50-54	Unattached
2022 Ickworth Sunset Chase 10K DNS	307 Helen Thakrar	Female 45-49	Unattached
2022 Ickworth Sunset Chase 10K DNS	311 Helena Tiernay	Female 45-49	Unattached
2022 Ickworth Sunset Chase 10K DNS	25 Henry Batchelor	Male 30-34	Unattached
2022 Ickworth Sunset Chase 10K DNS	268 Hollie Roper	Female 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	240 Ian Pettitt	Male 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	260 Ian Rickard	Male 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	267 Jack Rolfe	Male 20-24	Unattached
2022 Ickworth Sunset Chase 10K DNS	209 James Moody	Male 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	243 James Plummer	Male 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	350 Jamie Roper	Male 30-34	Unattached
2022 Ickworth Sunset Chase 10K DNS	47 Jan Bukszynski	Female 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	215 Jenni Murphy	Female 45-49	Unattached
2022 Ickworth Sunset Chase 10K DNS	325 Jennie Watson	Female 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	338 Jo Wilson	Female 45-49	Unattached
2022 Ickworth Sunset Chase 10K DNS	44 Joanne Brown	Female 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	263 Joanne Robertson	Female 45-49	Unattached
2022 Ickworth Sunset Chase 10K DNS	333 Jonathan Whytock	Male 45-49	Unattached
2022 Ickworth Sunset Chase 10K DNS	37 Julie Branch	Female 50-54	Unattached
2022 Ickworth Sunset Chase 10K DNS	16 Karen Baker	Female 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	170 Katie Kew	Female 30-34	Unattached
2022 Ickworth Sunset Chase 10K DNS	254 Kerry Randall	Female 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	105 Kevin Foskett	Male 55-59	Unattached

RACE CHIP TIMING RESULTS

2022 Ickworth Sunset Chase 10K DNS	129 Kimberley Harrison	Female 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	175 Lara Knights	Female 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	9 Laura Armstrong	Female 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	87 Lauren Dool	Female 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	118 Lee Goddard	Male 50-54	Stowmarket Striders
2022 Ickworth Sunset Chase 10K DNS	171 Lisa Kidd	Female 45-49	Unattached
2022 Ickworth Sunset Chase 10K DNS	323 Lizzie Ward	Female 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	59 Lucy Clark	Female 25-29	Unattached
2022 Ickworth Sunset Chase 10K DNS	262 Lynn Roberts	Female 55-59	Unattached
2022 Ickworth Sunset Chase 10K DNS	82 Malcolm Darvill	Male 65-69	Unattached
2022 Ickworth Sunset Chase 10K DNS	183 Mark Leeks	Male 45-49	Trisudbury
2022 Ickworth Sunset Chase 10K DNS	327 Mark Watts	Male 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	335 Megan Williams	Female 25-29	Unattached
2022 Ickworth Sunset Chase 10K DNS	237 Michael Peachey	Male 40-44	Moreton Hall Runners
2022 Ickworth Sunset Chase 10K DNS	298 Michael Strowger	Male 35-39	Framlingham Flyers
2022 Ickworth Sunset Chase 10K DNS	225 Michele North	Female 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	192 Mike Mckinstry	Male 55-59	Unattached
2022 Ickworth Sunset Chase 10K DNS	83 Monty Dawson	Male 30-34	Unattached
2022 Ickworth Sunset Chase 10K DNS	53 Natalie Butler	Female 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	100 Neil Evans	Male 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	234 Neil Parris	Male 45-49	Unattached
2022 Ickworth Sunset Chase 10K DNS	98 Niamh Evans	Female 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	341 Nicky Wreford	Female 45-49	Unattached
2022 Ickworth Sunset Chase 10K DNS	141 Nicola Hilson	Female 50-54	Colchester Harriers Ac
2022 Ickworth Sunset Chase 10K DNS	34 Oliver Boughton	Male 35-39	Saint Edmund Pacers
2022 Ickworth Sunset Chase 10K DNS	51 Oliver Bumstead	Male 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	123 Ollie Gunsman	Male 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	39 Paul Brear Clarkson	Male 35-39	East Down Ac
2022 Ickworth Sunset Chase 10K DNS	115 Paul Gill	Male 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	331 Polly Wells	Female 45-49	Unattached
2022 Ickworth Sunset Chase 10K DNS	89 Rachel Down	Female 30-34	Unattached
2022 Ickworth Sunset Chase 10K DNS	158 Rachelle Hutt	Female 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	70 Rebecca Cooke	Female 30-34	Colchester Harriers Ac
2022 Ickworth Sunset Chase 10K DNS	146 Rebecca Hodgkinson	Female 35-39	Unattached
2022 Ickworth Sunset Chase 10K DNS	217 Rebecca Murphy	Female 30-34	Unattached
2022 Ickworth Sunset Chase 10K DNS	253 Rebecca Randall	Female 40-44	Unattached
2022 Ickworth Sunset Chase 10K DNS	258 Rebecca Richards	Female 35-39	Saint Edmund Pacers
2022 Ickworth Sunset Chase 10K DNS	41 Richard Brooks	Male 50-54	Unattached
2022 Ickworth Sunset Chase 10K DNS	114 Richard Gill	Male 55-59	Unattached
2022 Ickworth Sunset Chase 10K DNS	238 Robert Pearson	Male 55-59	Norfolk Gazelles
2022 Ickworth Sunset Chase 10K DNS	94 Ronnie Egan	Female 50-54	Unattached
2022 Ickworth Sunset Chase 10K DNS	128 Ryan Harris	Male 35-39	Unattached

RACE CHIP TIMING RESULTS

2022 Ickworth Sunset Chase 10K DNS	280 Sally Saunders	Female 45-49	Unattached				
2022 Ickworth Sunset Chase 10K DNS	95 Sam Elwood	Male 35-39	Unattached				
2022 Ickworth Sunset Chase 10K DNS	96 Samantha Emery	Female 30-34	Unattached				
2022 Ickworth Sunset Chase 10K DNS	189 Sandy Maloy	Female 55-59	Unattached				
2022 Ickworth Sunset Chase 10K DNS	137 Sarah Headland	Female 40-44	Unattached				
2022 Ickworth Sunset Chase 10K DNS	233 Sarah Parr	Female 50-54	Unattached				
2022 Ickworth Sunset Chase 10K DNS	63 Shaun Clarke	Male 45-49	Unattached				
2022 Ickworth Sunset Chase 10K DNS	318 Shaun Vollenhoven	Male 35-39	Unattached				
2022 Ickworth Sunset Chase 10K DNS	26 Sonia Bates	Female 35-39	Hadleigh Hares Ac				
2022 Ickworth Sunset Chase 10K DNS	299 Sophie Summers	Female 25-29	Unattached				
2022 Ickworth Sunset Chase 10K DNS	303 Stephanie Taylor	Female 55-59	Unattached				
2022 Ickworth Sunset Chase 10K DNS	48 Stephen Bullen	Male 45-49	Unattached				
2022 Ickworth Sunset Chase 10K DNS	191 Stuart Mcghee	Male 45-49	Unattached				
2022 Ickworth Sunset Chase 10K DNS	15 Suzanne Bailey	Female 55-59	Newmarket Joggers				
2022 Ickworth Sunset Chase 10K DNS	216 Tanya Murphy	Female 40-44	Unattached				
2022 Ickworth Sunset Chase 10K DNS	101 Teresa Farley	Female 35-39	Unattached				
2022 Ickworth Sunset Chase 10K DNS	172 Tom Kingsnorth	Male 40-44	Saint Edmund Pacers				
2022 Ickworth Sunset Chase 10K DNS	223 Tom Newland	Male 40-44	Unattached				
2022 Ickworth Sunset Chase 10K DNS	284 Tonia Simper	Female 50-54	Unattached				
2022 Ickworth Sunset Chase 10K DNS	120 Tracey Goodhew	Female 45-49	Unattached				
2022 Ickworth Sunset Chase 10K DNS	178 Tracy Lane	Female 40-44	Haverhill Running Club				
2022 Ickworth Sunset Chase 10K DNS	201 Victoria Mitchell	Female 50-54	Unattached				
2022 Ickworth Sunset Chase 10K DNS	324 Vikki Waspe	Female 35-39	Unattached				
2022 Ickworth Sunset Chase 10K DNS	43 Wendy Brown	Female 60-64	Waveney Valley Ac				
2022 Ickworth Sunset Chase 10K DNS	32 Will Blower	Male 30-34	Unattached				
2022 Ickworth Sunset Chase 5K 1.	468 Chris Woolener	Male 30-34	Unattached	18:22	18:20	1.	1.
2022 Ickworth Sunset Chase 5K 2.	477 Chris James	Male 35-39	Unattached	18:34	18:31	2.	1.
2022 Ickworth Sunset Chase 5K 3.	455 Henry Stokoe	Male 10-14	Braintree & District Athletics Club	20:06	20:03	3.	1.
2022 Ickworth Sunset Chase 5K 4.	405 Tony Bacon	Male 35-39	Haverhill Running Club	20:41	20:39	4.	2.
2022 Ickworth Sunset Chase 5K 5.	435 Harry Lawrence	Male 20-24	Unattached	20:47	20:41	5.	1.
2022 Ickworth Sunset Chase 5K 6.	437 Richard Lee	Male 40-44	Unattached	21:50	21:48	6.	1.
2022 Ickworth Sunset Chase 5K 7.	411 Chris Chorley	Male 55-59	Bungay Black Dog Rc	21:53	21:49	7.	1.
2022 Ickworth Sunset Chase 5K 8.	456 Victoria Tapp	Female 20-24	Hadleigh Hares Ac	22:08	22:05	1.	1.
2022 Ickworth Sunset Chase 5K 9.	479 Holly Roper	Male 35-39	Unattached	23:42	23:42	8.	3.
2022 Ickworth Sunset Chase 5K 10.	460 Vilma Vensloviene	Female 40-44	Thetford Ac	24:32	24:27	2.	1.
2022 Ickworth Sunset Chase 5K 11.	401 Barry Allen	Male 55-59	Lonely Goat Rc	24:34	24:29	9.	2.
2022 Ickworth Sunset Chase 5K 12.	457 Samantha Tapp	Female 50-54	Hadleigh Hares Ac	25:16	25:12	3.	1.
2022 Ickworth Sunset Chase 5K 13.	453 Simone Skinner	Female 25-29	Unattached	26:18	26:13	4.	1.
2022 Ickworth Sunset Chase 5K 14.	414 Bonnie Coe	Female 30-34	Unattached	26:29	26:19	5.	1.
2022 Ickworth Sunset Chase 5K 15.	478 Jamie Roper	Female 30-34	Unattached	27:16	27:16	6.	2.
2022 Ickworth Sunset Chase 5K 16.	426 Lexi Hetrick	Female 30-34	Unattached	27:34	27:25	7.	3.
2022 Ickworth Sunset Chase 5K 17.	421 Megan German	Female 25-29	Unattached	27:34	27:25	8.	2.

RACE CHIP TIMING RESULTS

2022	Ickworth Sunset Chase 5K	18.	443 Marie Parker	Female 40-44	Unattached	27:36	27:31	9.	2.
2022	Ickworth Sunset Chase 5K	19.	438 Edina Lukacs	Female 25-29	Unattached	27:49	27:40	10.	3.
2022	Ickworth Sunset Chase 5K	20.	419 Mark Dwyer	Male 40-44	Unattached	27:49	27:44	10.	2.
2022	Ickworth Sunset Chase 5K	21.	422 Alun Gibbs	Male 50-54	Unattached	28:23	28:20	11.	1.
2022	Ickworth Sunset Chase 5K	22.	446 Sarah Richardson	Female 40-44	Unattached	28:41	28:41	11.	3.
2022	Ickworth Sunset Chase 5K	23.	305 Lisa Taylor	Female 40-44	Unattached	29:23	29:23	12.	4.
2022	Ickworth Sunset Chase 5K	24.	450 Selica Sevigny	Female 35-39	Unattached	29:28	29:26	13.	1.
2022	Ickworth Sunset Chase 5K	25.	467 George Williams	Male 25-29	Unattached	29:32	29:26	12.	1.
2022	Ickworth Sunset Chase 5K	26.	445 Emma Power	Female 50-54	Unattached	30:01	29:56	14.	2.
2022	Ickworth Sunset Chase 5K	27.	403 Karen Allum	Female 55-59	Unattached	30:01	29:55	15.	1.
2022	Ickworth Sunset Chase 5K	28.	417 Sandra Dawkins	Female 50-54	Unattached	30:15	30:06	16.	3.
2022	Ickworth Sunset Chase 5K	29.	418 Faye Donnelly	Female 35-39	Unattached	30:57	30:49	17.	2.
2022	Ickworth Sunset Chase 5K	30.	444 Jessica Power	Female 10-14	Unattached	30:57	30:54	18.	1.
2022	Ickworth Sunset Chase 5K	31.	424 Charlotte Green	Female 25-29	Unattached	31:35	31:30	19.	4.
2022	Ickworth Sunset Chase 5K	32.	463 Robert Walden	Male 45-49	Unattached	31:59	31:53	13.	1.
2022	Ickworth Sunset Chase 5K	33.	462 Esther Walden	Female 10-14	Unattached	32:00	31:53	20.	2.
2022	Ickworth Sunset Chase 5K	34.	466 Justine Weaver	Female 50-54	Unattached	32:09	31:59	21.	4.
2022	Ickworth Sunset Chase 5K	35.	415 Janette Cokes	Female 60-64	Unattached	32:14	32:05	22.	1.
2022	Ickworth Sunset Chase 5K	36.	433 Sarah Last	Female 50-54	Newmarket Joggers	32:17	32:09	23.	5.
2022	Ickworth Sunset Chase 5K	37.	108 Gill Fry	Female 55-59	Unattached	32:46	32:39	24.	2.
2022	Ickworth Sunset Chase 5K	38.	413 Tiffany Clark	Female 30-34	Unattached	33:32	33:26	25.	4.
2022	Ickworth Sunset Chase 5K	39.	449 Fiona Searle	Female 25-29	Unattached	33:41	33:34	26.	5.
2022	Ickworth Sunset Chase 5K	40.	430 Nicola King	Female 45-49	Lonely Goat Rc	33:51	33:46	27.	1.
2022	Ickworth Sunset Chase 5K	41.	447 Elaine Robinson	Female 60-64	Stowmarket Striders	34:02	33:56	28.	2.
2022	Ickworth Sunset Chase 5K	42.	464 Natalie Walsh	Female 40-44	Unattached	34:06	34:03	29.	5.
2022	Ickworth Sunset Chase 5K	43.	423 Caroline Gleed	Female 55-59	Unattached	34:06	34:02	30.	3.
2022	Ickworth Sunset Chase 5K	44.	427 Jenny Huff	Female 70+	Unattached	34:30	34:25	31.	1.
2022	Ickworth Sunset Chase 5K	45.	442 Lucy Offord	Female 20-24	Unattached	35:30	35:25	32.	2.
2022	Ickworth Sunset Chase 5K	46.	441 Karen Offord	Female 45-49	Stowmarket Striders	35:30	35:26	33.	2.
2022	Ickworth Sunset Chase 5K	47.	154 Nancy Hughes	Female 35-39	Unattached	35:34	35:26	34.	3.
2022	Ickworth Sunset Chase 5K	48.	431 Alison Large	Female 35-39	Unattached	35:42	35:32	35.	4.
2022	Ickworth Sunset Chase 5K	49.	432 Chris Large	Male 45-49	Unattached	35:42	35:31	14.	2.
2022	Ickworth Sunset Chase 5K	50.	454 Lorna Spriddell	Female 20-24	Unattached	35:48	35:36	36.	3.
2022	Ickworth Sunset Chase 5K	51.	420 Paul Forshaw	Male 65-69	Fetch Everyone Running Club	37:57	37:46	15.	1.
2022	Ickworth Sunset Chase 5K	52.	461 Sue Vince	Female 60-64	Unattached	38:08	38:00	37.	3.
2022	Ickworth Sunset Chase 5K	53.	451 Amy Shave	Female 35-39	Unattached	39:34	39:28	38.	5.
2022	Ickworth Sunset Chase 5K	54.	436 Clare Lay	Female 55-59	Unattached	40:11	40:03	39.	4.
2022	Ickworth Sunset Chase 5K	55.	458 Claire Thompson	Female 45-49	Unattached	40:34	40:26	40.	3.
2022	Ickworth Sunset Chase 5K	56.	440 Emma Mobbs	Female 35-39	Unattached	40:34	40:26	41.	6.
2022	Ickworth Sunset Chase 5K	57.	425 Zoe Hartill	Female 30-34	Unattached	47:56	47:46	42.	5.
2022	Ickworth Sunset Chase 5K	DNS	35 Andrew Bouskill	Male 45-49	Unattached				
2022	Ickworth Sunset Chase 5K	DNS	416 Chloe Connell	Female 25-29	Unattached				

RACE CHIP TIMING RESULTS

2022 Ickworth Sunset Chase 5K	DNS	404 Fredrika Anderson	Female 20-24	Unattached				
2022 Ickworth Sunset Chase 5K	DNS	402 James Allen	Male 30-34	Unattached				
2022 Ickworth Sunset Chase 5K	DNS	409 Joshua Brown	Male 35-39	Unattached				
2022 Ickworth Sunset Chase 5K	DNS	412 Katie Cirket	Female 25-29	Unattached				
2022 Ickworth Sunset Chase 5K	DNS	410 Laura Byrne	Female 30-34	Unattached				
2022 Ickworth Sunset Chase 5K	DNS	406 Lisa Bebbington	Female 40-44	Unattached				
2022 Ickworth Sunset Chase 5K	DNS	408 Liz Brown	Female 30-34	Unattached				
2022 Ickworth Sunset Chase 5K	DNS	428 Macushla Hughes	Female 45-49	Unattached				
2022 Ickworth Sunset Chase 5K	DNS	439 Maria Mather	Female 55-59	Unattached				
2022 Ickworth Sunset Chase 5K	DNS	459 Meg Vasquez	Female 35-39	Unattached				
2022 Ickworth Sunset Chase 5K	DNS	465 Richard Watson	Male 55-59	Unattached				
2022 Ickworth Sunset Chase 5K	DNS	434 Sophie Last	Male 35-39	Unattached				
2022 Ickworth Sunset Chase 5K	DNS	452 Sophie Skinner	Female 20-24	Unattached				
2022 Ickworth Sunset Chase 5K	DNS	448 Stephen Rout	Male 60-64	Unattached				
2022 Ickworth Sunset Chase 5K	DNS	429 Viv Hunt	Female 40-44	Unattached				
2022 Martlesham 7 Mile	1.	106 Scott RAMSEY	Male Senior	Ipswich Harriers	37:07	37:06	1.	1.
2022 Martlesham 7 Mile	2.	4 Mark ALLEN	Male V55	Ipswich Jaffa RC	40:00	39:58	2.	1.
2022 Martlesham 7 Mile	3.	142 Haydn WADE	Male Senior	Felixstowe RRC	40:58	40:56	3.	2.
2022 Martlesham 7 Mile	4.	66 Benjamin JACOBS	Male V45	Felixstowe RRC	43:14	43:13	4.	1.
2022 Martlesham 7 Mile	5.	21 Steve BROOKE	Male V50	Felixstowe RRC	43:36	43:35	5.	1.
2022 Martlesham 7 Mile	6.	116 Neil SMITH	Male Senior	Framlingham Flyers	43:42	43:39	6.	3.
2022 Martlesham 7 Mile	7.	24 Piotr BULACZ	Male V50	Sudbury Joggers	44:32	44:30	7.	2.
2022 Martlesham 7 Mile	8.	135 Clive THOMAS	Male V60+	Boxted Runners	44:50	44:47	8.	1.
2022 Martlesham 7 Mile	9.	38 Jason DIGHTON	Male V45	Ipswich Phoenix Running Club	45:20	45:17	9.	2.
2022 Martlesham 7 Mile	10.	17 Samuel BLOWS	Male Senior	Unattached	45:35	45:33	10.	4.
2022 Martlesham 7 Mile	11.	156 Luke WHITWELL	Male Senior	Felixstowe RRC	46:10	46:07	11.	5.
2022 Martlesham 7 Mile	12.	80 Andrew LAWS	Male V55	Ipswich Jaffa RC	46:14	46:11	12.	2.
2022 Martlesham 7 Mile	13.	69 Jan KADING	Male V50	Stowmarket Striders RC	46:30	46:27	13.	3.
2022 Martlesham 7 Mile	14.	49 Simon GARNHAM	Male Senior	Unattached	47:00	46:57	14.	6.
2022 Martlesham 7 Mile	15.	56 Robin HARPER	Male V45	Felixstowe RRC	47:05	47:03	15.	3.
2022 Martlesham 7 Mile	16.	34 Andrew CRAIG	Male V45	Unattached	47:13	47:11	16.	4.
2022 Martlesham 7 Mile	17.	111 Chris SERVANT	Male V55	Ipswich Jaffa RC	47:28	47:23	17.	3.
2022 Martlesham 7 Mile	18.	123 Simon STAFFORD	Male V50	Kesgrave Kreuzers	47:53	47:50	18.	4.
2022 Martlesham 7 Mile	19.	128 Roger STONE	Male V50	Kesgrave Kreuzers	48:00	47:53	19.	5.
2022 Martlesham 7 Mile	20.	155 Mark WHITE	Male V50	Haverhill Running Club	48:56	48:49	20.	6.
2022 Martlesham 7 Mile	21.	139 Matt TRILL	Male V45	Ipswich Jaffa RC	49:08	49:01	21.	5.
2022 Martlesham 7 Mile	22.	71 Anna KEEBLE	Female Senior	Ipswich Jaffa RC	49:19	49:17	1.	1.
2022 Martlesham 7 Mile	23.	99 Daniel PELLING	Male V50	Haverhill Running Club	49:22	49:17	22.	7.
2022 Martlesham 7 Mile	24.	22 Duncan BROWN	Male V40	Unattached	49:29	49:23	23.	1.
2022 Martlesham 7 Mile	25.	30 Kyle CHURCH	Male Senior	Saxmundham Sports Running & Fitness Club	49:29	49:25	24.	7.
2022 Martlesham 7 Mile	26.	5 Femi ARIYO	Male V45	Kesgrave Kreuzers	49:50	49:41	25.	6.
2022 Martlesham 7 Mile	27.	110 Len SAUNDERS	Male V45	Felixstowe RRC	50:02	49:58	26.	7.

RACE CHIP TIMING RESULTS

2022 Martlesham 7 Mile	28.	130 Holly TAYLOR	Female Senior	Felixstowe RRC	50:09	50:05	2.	2.
2022 Martlesham 7 Mile	29.	162 Chris WRIGHT	Male Senior	Unattached	50:09	50:05	27.	8.
2022 Martlesham 7 Mile	30.	94 Sandy PAGE	Female V45	Kesgrave Cruisers	50:26	50:22	3.	1.
2022 Martlesham 7 Mile	31.	157 Graham WIGLEY	Male V60+	Framlingham Flyers	50:30	50:25	28.	2.
2022 Martlesham 7 Mile	32.	97 Steve PAUL	Male V60+	Eastern Masters AC	50:45	50:38	29.	3.
2022 Martlesham 7 Mile	33.	23 Kerry BUCKLEY	Male V50	Felixstowe RRC	51:09	51:04	30.	8.
2022 Martlesham 7 Mile	34.	41 Tim DOYLE	Male V50	Long Eaton Running Club	51:11	51:09	31.	9.
2022 Martlesham 7 Mile	35.	19 Kaye BRANTON	Female V50	Felixstowe RRC	51:22	51:19	4.	1.
2022 Martlesham 7 Mile	36.	78 Steven LANE	Male V40	Ipswich Jaffa RC	51:30	51:22	32.	2.
2022 Martlesham 7 Mile	37.	146 Malcolm WARD-ASHTON	Male V50	Unattached	51:45	51:38	33.	10.
2022 Martlesham 7 Mile	38.	147 Peter WARLAND	Male V55	Stowmarket Striders RC	51:52	51:45	34.	4.
2022 Martlesham 7 Mile	39.	37 Neil DENNIS	Male Senior	Stowmarket Striders RC	51:57	51:49	35.	9.
2022 Martlesham 7 Mile	40.	75 Anna KOCINSKA	Female V40	Unattached	52:03	52:01	5.	1.
2022 Martlesham 7 Mile	41.	83 Steve MAGNALL	Male V55	Unattached	52:15	52:07	36.	5.
2022 Martlesham 7 Mile	42.	150 David WENYON	Male V40	Woodbridge Shufflers RC	52:34	52:30	37.	3.
2022 Martlesham 7 Mile	43.	87 Stuart MASON	Male V60+	Felixstowe RRC	52:43	52:39	38.	4.
2022 Martlesham 7 Mile	44.	60 Stephen HATTEN	Male V55	Saint Edmund Pacers	52:53	52:48	39.	6.
2022 Martlesham 7 Mile	45.	81 Sarah Jc LEWIS	Female Senior	Woodbridge Shufflers RC	53:22	53:17	6.	3.
2022 Martlesham 7 Mile	46.	1 Stu ABBOTT	Male V40	Unattached	53:29	53:20	40.	4.
2022 Martlesham 7 Mile	47.	104 Gavin RABY	Male V45	Unattached	53:29	53:20	41.	8.
2022 Martlesham 7 Mile	48.	151 Emma WHEELER	Female Senior	Ipswich Triathlon Club	53:37	53:31	7.	4.
2022 Martlesham 7 Mile	49.	43 James ELLIS	Male V40	Stowmarket Striders RC	53:48	53:41	42.	5.
2022 Martlesham 7 Mile	50.	29 David CHURCH	Male V50	Felixstowe RRC	53:50	53:44	43.	11.
2022 Martlesham 7 Mile	51.	133 Tom TAYLOR	Male V60+	Unattached	53:54	53:45	44.	5.
2022 Martlesham 7 Mile	52.	89 David MCNAE	Male V40	Kesgrave Cruisers	53:58	53:49	45.	6.
2022 Martlesham 7 Mile	53.	109 Sofie SAMUELSSON	Female Senior	Colchester Harriers AC	54:27	54:18	8.	5.
2022 Martlesham 7 Mile	54.	140 Mary-Ann TULI	Female V50	Haverhill Running Club	54:30	54:21	9.	2.
2022 Martlesham 7 Mile	55.	124 Tom STEPHENS	Male V50	Felixstowe RRC	54:37	54:28	46.	12.
2022 Martlesham 7 Mile	56.	63 Peter HOPSON	Male V50	Unattached	54:42	54:32	47.	13.
2022 Martlesham 7 Mile	57.	15 Steve BEDDOE	Male V60+	North Derbyshire RC	54:47	54:41	48.	6.
2022 Martlesham 7 Mile	58.	153 Bertie WHEEN	Male Senior	Woodbridge Shufflers RC	54:52	54:47	49.	10.
2022 Martlesham 7 Mile	59.	3 Ruth ACWORTH	Female V60+	Woodbridge Shufflers RC	55:00	54:54	10.	1.
2022 Martlesham 7 Mile	60.	67 Peri JOHNSON	Male Senior	Unattached	55:07	54:59	50.	11.
2022 Martlesham 7 Mile	61.	73 Mark KING	Male Senior	Felixstowe RRC	55:13	55:09	51.	12.
2022 Martlesham 7 Mile	62.	98 Marcus PAYNE	Male Senior	Kesgrave Cruisers	55:13	55:07	52.	13.
2022 Martlesham 7 Mile	63.	137 Neil THORPE	Male Senior	Unattached	55:18	55:06	53.	14.
2022 Martlesham 7 Mile	64.	72 Wieslaw KIJAK	Male V40	Unattached	55:21	55:15	54.	7.
2022 Martlesham 7 Mile	65.	95 Marion PARKER	Female V55	Felixstowe RRC	55:25	55:21	11.	1.
2022 Martlesham 7 Mile	66.	125 Jack STEPHENS	Male V50	Unattached	55:42	55:32	55.	14.
2022 Martlesham 7 Mile	67.	127 Catherine STOCKS	Female V40	Long Eaton Running Club	55:50	55:42	12.	2.
2022 Martlesham 7 Mile	68.	120 Samantha SPENCER	Female Senior	Ipswich Jaffa RC	55:54	55:49	13.	6.
2022 Martlesham 7 Mile	69.	141 Kayleigh TURPIN	Female Senior	Felixstowe RRC	56:03	55:58	14.	7.

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2022 Martlesham 7 Mile	70.	115 Robert SIMPSON	Male V45	Unattached	56:08	55:58	56.	9.
2022 Martlesham 7 Mile	71.	64 Richard HURSTHOUSE	Male V45	Stowmarket Striders RC	56:08	55:57	57.	10.
2022 Martlesham 7 Mile	72.	70 Madars KANTINS	Male Senior	Unattached	56:25	56:19	58.	15.
2022 Martlesham 7 Mile	73.	152 Benjamin WHEELER	Male Senior	Ipswich Triathlon Club	56:37	56:31	59.	16.
2022 Martlesham 7 Mile	74.	114 Nick SHIRLEY	Male Senior	Unattached	56:52	56:46	60.	17.
2022 Martlesham 7 Mile	75.	138 Karl TOVELL	Male V40	Unattached	57:04	56:53	61.	8.
2022 Martlesham 7 Mile	76.	18 Mark BOWERS	Male V40	Unattached	57:05	56:53	62.	9.
2022 Martlesham 7 Mile	77.	103 Tracy QUARRELL	Female V50	Haverhill Running Club	57:07	56:57	15.	3.
2022 Martlesham 7 Mile	78.	10 Joel BAMSEY	Male V45	Hadleigh Hares AC	57:21	57:14	63.	11.
2022 Martlesham 7 Mile	79.	51 Belinda GODBOLD	Female V60+	Hadleigh Hares AC	57:21	57:14	16.	2.
2022 Martlesham 7 Mile	80.	96 Tim PARNELL	Male V55	Ipswich Jaffa RC	58:14	58:06	64.	7.
2022 Martlesham 7 Mile	81.	16 Danny BLACKMAN	Male V50	Unattached	58:38	58:28	65.	15.
2022 Martlesham 7 Mile	82.	11 Sarah BANHAM	Female Senior	Felixstowe RRC	59:01	58:56	17.	8.
2022 Martlesham 7 Mile	83.	58 Helen HARRIS	Female V40	Unattached	59:09	58:57	18.	3.
2022 Martlesham 7 Mile	84.	59 Mark HARRIS	Male V50	Unattached	59:09	58:58	66.	16.
2022 Martlesham 7 Mile	85.	31 Sil CLAY	Female V55	Haverhill Running Club	59:18	59:06	19.	2.
2022 Martlesham 7 Mile	86.	14 Pauline BARR	Female V40	Unattached	59:50	59:41	20.	4.
2022 Martlesham 7 Mile	87.	26 Mik CARR	Male V60+	Bungay Black Dog RC	59:59	59:52	67.	7.
2022 Martlesham 7 Mile	88.	117 Rob SMITH	Male V40	Unattached	1:00:08	59:53	68.	10.
2022 Martlesham 7 Mile	89.	57 Sean HARRIS	Male Senior	Unattached	1:00:13	1:00:06	69.	18.
2022 Martlesham 7 Mile	90.	88 Paul MAYCOCK	Male V60+	Capel Cheetahs	1:00:14	1:00:07	70.	8.
2022 Martlesham 7 Mile	91.	149 Lorna WEBBER	Female Senior	Capel Cheetahs	1:00:15	1:00:07	21.	9.
2022 Martlesham 7 Mile	92.	101 Claire PURNELL	Female V50	Unattached	1:00:23	1:00:11	22.	4.
2022 Martlesham 7 Mile	93.	126 Nicola STEVENSON	Female V60+	Felixstowe RRC	1:00:50	1:00:40	23.	3.
2022 Martlesham 7 Mile	94.	86 Claire MASKERY	Female V40	Stowmarket Striders RC	1:01:00	1:00:50	24.	5.
2022 Martlesham 7 Mile	95.	91 Tim NIVEN	Male V50	Ipswich Jaffa RC	1:01:06	1:00:56	71.	17.
2022 Martlesham 7 Mile	96.	6 Leanne ASHDOWN	Female V40	Unattached	1:01:14	1:01:02	25.	6.
2022 Martlesham 7 Mile	97.	44 Lucy ENGLISH	Female Senior	Unattached	1:01:21	1:01:14	26.	10.
2022 Martlesham 7 Mile	98.	148 Sharon WARLAND	Female V55	Stowmarket Striders RC	1:01:23	1:01:13	27.	3.
2022 Martlesham 7 Mile	99.	122 Szymon SPYRA	Male Senior	Unattached	1:01:43	1:01:26	72.	19.
2022 Martlesham 7 Mile	100.	105 James RACKHAM	Male V40	Unattached	1:01:46	1:01:31	73.	11.
2022 Martlesham 7 Mile	101.	121 Martin SPILSTED	Male V50	Rushmere Community Runners	1:01:50	1:01:41	74.	18.
2022 Martlesham 7 Mile	102.	100 Martyna POPLAWSKA	Female Senior	Unattached	1:01:58	1:01:41	28.	11.
2022 Martlesham 7 Mile	103.	36 Jon CURTIS	Male V50	Unattached	1:01:58	1:01:50	75.	19.
2022 Martlesham 7 Mile	104.	35 James CRISP	Male V45	Kesgrave Cruisers	1:02:11	1:02:01	76.	12.
2022 Martlesham 7 Mile	105.	129 Darren STOREY	Male V55	Felixstowe RRC	1:02:50	1:02:46	77.	8.
2022 Martlesham 7 Mile	106.	132 Bethany TAYLOR	Female Senior	Unattached	1:02:52	1:02:44	29.	12.
2022 Martlesham 7 Mile	107.	79 Mark LANKESTER	Male V50	Capel Cheetahs	1:03:12	1:03:06	78.	20.
2022 Martlesham 7 Mile	108.	102 Liza PUTWAIN	Female V40	Stowmarket Striders RC	1:03:38	1:03:27	30.	7.
2022 Martlesham 7 Mile	109.	50 Dawn GIBSON	Female V40	Felixstowe RRC	1:03:40	1:03:35	31.	8.
2022 Martlesham 7 Mile	110.	13 Ben BANKS	Male Senior	Unattached	1:04:33	1:04:25	79.	20.
2022 Martlesham 7 Mile	111.	136 Stephen THORNDYKE	Male V40	Unattached	1:04:33	1:04:19	80.	12.

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2022 Martlesham 7 Mile	112.	8 Richard ATTENBORROW	Male V60+	Unattached	1:05:21	1:05:09	81.	9.
2022 Martlesham 7 Mile	113.	40 Paul DORSET	Male V50	Felixstowe RRC	1:05:23	1:05:13	82.	21.
2022 Martlesham 7 Mile	114.	54 Phil GROOM	Male V45	Unattached	1:05:40	1:05:25	83.	13.
2022 Martlesham 7 Mile	115.	84 Veronica MANLY	Female V60+	Harleston Running Club	1:06:03	1:05:50	32.	4.
2022 Martlesham 7 Mile	116.	108 Emma RICHBELL	Female V50	Unattached	1:06:05	1:05:53	33.	5.
2022 Martlesham 7 Mile	117.	25 Emma CALVER	Female V45	Unattached	1:06:06	1:05:53	34.	2.
2022 Martlesham 7 Mile	118.	7 Simon ASHTON	Male V55	Lonely Goat RC	1:07:21	1:07:11	84.	9.
2022 Martlesham 7 Mile	119.	42 Stephen EDMONDSON	Male V55	Unattached	1:07:30	1:07:19	85.	10.
2022 Martlesham 7 Mile	120.	47 Tim FULCHER	Male V50	Unattached	1:07:46	1:07:37	86.	22.
2022 Martlesham 7 Mile	121.	77 Diane LANCASTER	Female V60+	Unattached	1:07:47	1:07:34	35.	5.
2022 Martlesham 7 Mile	122.	154 Keeley WHITE	Female Senior	Haverhill Running Club	1:08:02	1:07:48	36.	13.
2022 Martlesham 7 Mile	123.	52 Mandy GODBOLD	Female V50	Ipswich Harriers	1:08:20	1:08:17	37.	6.
2022 Martlesham 7 Mile	124.	76 David LAMPARD	Male V55	Felixstowe RRC	1:09:07	1:09:00	87.	11.
2022 Martlesham 7 Mile	125.	145 Michelle WALNE	Female V55	Unattached	1:09:36	1:09:25	38.	4.
2022 Martlesham 7 Mile	126.	28 Jenny CHURCH	Female V60+	Felixstowe RRC	1:09:39	1:09:30	39.	6.
2022 Martlesham 7 Mile	127.	85 Kirsty MARSH	Female Senior	Felixstowe RRC	1:10:12	1:10:03	40.	14.
2022 Martlesham 7 Mile	128.	53 Paul GOLDSMITH	Male V45	Unattached	1:11:09	1:10:54	88.	14.
2022 Martlesham 7 Mile	129.	68 Andrew JUMP	Male V45	Kesgrave Cruisers	1:11:30	1:11:16	89.	15.
2022 Martlesham 7 Mile	130.	160 Justine WISEMAN	Female V50	Saxmundham Sports Running & Fitness Club	1:12:11	1:11:58	41.	7.
2022 Martlesham 7 Mile	131.	113 Mike SHIMMON	Male V50	Unattached	1:12:41	1:12:31	90.	23.
2022 Martlesham 7 Mile	132.	144 Claire WALLACE	Female V60+	Kesgrave Cruisers	1:12:47	1:12:33	42.	7.
2022 Martlesham 7 Mile	133.	74 Ian KNIGHTS	Male V45	Kesgrave Cruisers	1:13:25	1:13:10	91.	16.
2022 Martlesham 7 Mile	134.	158 Matthew WILLIAMSON	Male V45	Unattached	1:14:42	1:14:29	92.	17.
2022 Martlesham 7 Mile	135.	93 Justin OSTLER	Male V50	Felixstowe RRC	1:15:08	1:14:54	93.	24.
2022 Martlesham 7 Mile	136.	159 Katy WINDEATT	Female V50	Kesgrave Cruisers	1:16:43	1:16:29	43.	8.
2022 Martlesham 7 Mile	137.	92 Anneli OSTLER	Female V40	Felixstowe RRC	1:17:07	1:16:53	44.	9.
2022 Martlesham 7 Mile	138.	107 Ali RANDS	Female Senior	Unattached	1:17:53	1:17:39	45.	15.
2022 Martlesham 7 Mile	139.	134 Sharon TAYLOR	Female V50	Unattached	1:18:42	1:18:33	46.	9.
2022 Martlesham 7 Mile	140.	9 Katherine AYKROYD	Female Senior	Felixstowe RRC	1:18:45	1:18:33	47.	16.
2022 Martlesham 7 Mile	141.	48 Karen GAME	Female V50	Kesgrave Cruisers	1:25:32	1:25:24	48.	10.
2022 Martlesham 7 Mile	142.	82 Ella MACARTNEY	Female U20	Ipswich Jaffa RC	1:25:56	1:25:43	49.	1.
2022 Martlesham 7 Mile	DNF	119 Angela SOAMES	Female V45	Kesgrave Cruisers				
2022 Martlesham 7 Mile	DNS	46 Adele FIELD	Female V55	Unattached				
2022 Martlesham 7 Mile	DNS	33 Aidan COUGHLAN	Male V40	Felixstowe RRC				
2022 Martlesham 7 Mile	DNS	65 Alex JACOBS	Male V40	Felixstowe RRC				
2022 Martlesham 7 Mile	DNS	55 Carl HARGREAVES	Male V40	Hillsborough & Rivelin RC				
2022 Martlesham 7 Mile	DNS	118 Daniel SMITH	Male Senior	Woodbridge Shufflers RC				
2022 Martlesham 7 Mile	DNS	112 Darren SHEPPARD	Male V50	Framlingham Flyers				
2022 Martlesham 7 Mile	DNS	161 Dean WRIGHT	Male V40	Unattached				
2022 Martlesham 7 Mile	DNS	61 Dominic HAZELL-EVANS	Male Senior	Unattached				
2022 Martlesham 7 Mile	DNS	131 Gary TAYLOR	Male Senior	Felixstowe RRC				
2022 Martlesham 7 Mile	DNS	90 Glen MURES	Male V50	Felixstowe RRC				

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2022 Martlesham 7 Mile	DNS	163 Glenn YELLOP	Male V50	Capel Cheetahs				
2022 Martlesham 7 Mile	DNS	27 Iain CATCHPOOL	Male V55	Ipswich Jaffa RC				
2022 Martlesham 7 Mile	DNS	62 Jonathan HESKETH	Male V40	Unattached				
2022 Martlesham 7 Mile	DNS	2 Kirsty ABERDEIN	Female V50	Unattached				
2022 Martlesham 7 Mile	DNS	20 Martyn BREWSTER	Male V50	Felixstowe RRC				
2022 Martlesham 7 Mile	DNS	45 Melonie EVANS	Female V50	Felixstowe RRC				
2022 Martlesham 7 Mile	DNS	12 Neil BANKS	Male V60+	Unattached				
2022 Martlesham 7 Mile	DNS	39 Neil DODSON	Male V45	Unattached				
2022 Martlesham 7 Mile	DNS	143 Paul WAIN	Male Senior	Ipswich Jaffa RC				
2022 Martlesham 7 Mile	DNS	32 Peter CLEAVES	Male Senior	Unattached				
2022 Richard Bennett Felixstowe 1.		156 Stuart HAYNES	Male V45	Woodbridge Shufflers RC	53:39	53:38	1.	1.
2022 Richard Bennett Felixstowe 2.		238 Scott RAMSEY	Male Senior	Ipswich Harriers	54:06	54:06	2.	1.
2022 Richard Bennett Felixstowe 3.		326 Scott WILLIAMS	Male Senior	Stowmarket Striders RC	54:44	54:43	3.	2.
2022 Richard Bennett Felixstowe 4.		110 James EVE	Male V45	Headington RR	57:20	57:18	4.	2.
2022 Richard Bennett Felixstowe 5.		286 Gary TAYLOR	Male Senior	Felixstowe RRC	58:02	58:02	5.	3.
2022 Richard Bennett Felixstowe 6.		325 Jack WILKINSON	Male Senior	Ipswich Jaffa RC	58:05	58:05	6.	4.
2022 Richard Bennett Felixstowe 7.		169 Adam HOWLETT	Male V50	Unattached	58:40	58:40	7.	1.
2022 Richard Bennett Felixstowe 8.		7 Mark ALLEN	Male V55	Ipswich Jaffa RC	59:13	59:12	8.	1.
2022 Richard Bennett Felixstowe 9.		63 Henry CATLING	Male Senior	Felixstowe RRC	59:19	59:18	9.	5.
2022 Richard Bennett Felixstowe 10.		301 Haydn WADE	Male Senior	Felixstowe RRC	59:28	59:27	10.	6.
2022 Richard Bennett Felixstowe 11.		259 John SCAIFE	Male V45	Colchester Harriers AC	59:47	59:47	11.	3.
2022 Richard Bennett Felixstowe 12.		320 Geraint WHITE	Male Senior	Ipswich Jaffa RC	59:54	59:53	12.	7.
2022 Richard Bennett Felixstowe 13.		201 Chris LEEK	Male V45	Framlingham Flyers	1:00:24	1:00:22	13.	4.
2022 Richard Bennett Felixstowe 14.		81 James CORNISH	Male V45	Kesgrave Cruisers	1:01:32	1:01:31	14.	5.
2022 Richard Bennett Felixstowe 15.		130 Jonathan GLANFIELD	Male Senior	Felixstowe RRC	1:01:56	1:01:55	15.	8.
2022 Richard Bennett Felixstowe 16.		59 Jack CARPENTER	Male Senior	Unattached	1:02:09	1:02:08	16.	9.
2022 Richard Bennett Felixstowe 17.		111 Andrew FARN	Male Senior	Unattached	1:02:21	1:02:17	17.	10.
2022 Richard Bennett Felixstowe 18.		303 Paul WAIN	Male Senior	Ipswich Jaffa RC	1:03:13	1:03:11	18.	11.
2022 Richard Bennett Felixstowe 19.		137 Chris GREEN	Male Senior	Unattached	1:03:37	1:03:34	19.	12.
2022 Richard Bennett Felixstowe 20.		289 Jason TAYLOR	Male V45	Felixstowe RRC	1:03:48	1:03:45	20.	6.
2022 Richard Bennett Felixstowe 21.		276 Ashley SMY	Male V40	Ipswich Jaffa RC	1:04:02	1:04:00	21.	1.
2022 Richard Bennett Felixstowe 22.		229 Kevin PEIRCE	Male V45	Ipswich Harriers	1:04:24	1:04:23	22.	7.
2022 Richard Bennett Felixstowe 23.		172 Tony HUBBARD	Male V40	Rushmere Community Runners	1:04:34	1:04:32	23.	2.
2022 Richard Bennett Felixstowe 24.		220 Paul OSBORNE	Male V45	Felixstowe RRC	1:05:12	1:05:10	24.	8.
2022 Richard Bennett Felixstowe 25.		231 David PERCY	Male V45	Haverhill Running Club	1:05:18	1:05:15	25.	9.
2022 Richard Bennett Felixstowe 26.		309 Stuart WARD	Male Senior	Rushmere Community Runners	1:06:02	1:05:59	26.	13.
2022 Richard Bennett Felixstowe 27.		162 Jonny HODGSON	Male Senior	Vegan Runners UK	1:06:14	1:06:09	27.	14.
2022 Richard Bennett Felixstowe 28.		232 Jonathan PESTELL	Male V40	Unattached	1:06:16	1:06:11	28.	3.
2022 Richard Bennett Felixstowe 29.		318 Suzy WEST	Female Senior	Ipswich Jaffa RC	1:06:32	1:06:23	1.	1.
2022 Richard Bennett Felixstowe 30.		61 Marcus CATLIN	Male V45	Ipswich Jaffa RC	1:06:38	1:06:33	29.	10.
2022 Richard Bennett Felixstowe 31.		146 Gavin HAMMOND	Male V40	Ipswich Jaffa RC	1:06:42	1:06:40	30.	4.
2022 Richard Bennett Felixstowe 32.		94 Jason DIGHTON	Male V45	Ipswich Phoenix Running Club	1:06:51	1:06:45	31.	11.

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2022 Richard Bennett Felixstowe	33.	47 Jason BRUNT	Male V45	Norfolk Gazelles AC	1:07:05	1:07:03	32.	12.
2022 Richard Bennett Felixstowe	34.	147 Neal HARDWICK	Male V40	Kesgrave Kreuzers	1:07:06	1:07:02	33.	5.
2022 Richard Bennett Felixstowe	35.	84 Ian COXALL	Male V45	Rushmere Community Runners	1:07:38	1:07:35	34.	13.
2022 Richard Bennett Felixstowe	36.	18 Terry BACK	Male V60+	Ipswich Jaffa RC	1:07:47	1:07:32	35.	1.
2022 Richard Bennett Felixstowe	37.	332 Stuart WRIGHT	Male V45	Felixstowe RRC	1:07:59	1:07:56	36.	14.
2022 Richard Bennett Felixstowe	38.	213 Stephen MUNNINGS	Male V40	Felixstowe RRC	1:08:46	1:08:42	37.	6.
2022 Richard Bennett Felixstowe	39.	279 Simon STAFFORD	Male V50	Kesgrave Kreuzers	1:08:50	1:08:45	38.	2.
2022 Richard Bennett Felixstowe	40.	187 Michael JENNINGS	Male Senior	Unattached	1:08:53	1:08:46	39.	15.
2022 Richard Bennett Felixstowe	41.	129 Neil GILLINGHAM	Male Senior	Ipswich Harriers	1:08:56	1:08:55	40.	16.
2022 Richard Bennett Felixstowe	42.	212 Emma MORTIMER	Female Senior	Ipswich Phoenix Running Club	1:08:57	1:08:52	2.	2.
2022 Richard Bennett Felixstowe	43.	268 Wayne SKUDDER	Male Senior	Unattached	1:09:13	1:09:09	41.	17.
2022 Richard Bennett Felixstowe	44.	331 Dean WRIGHT	Male V40	Unattached	1:09:16	1:09:11	42.	7.
2022 Richard Bennett Felixstowe	45.	261 Chris SERVANT	Male V55	Ipswich Jaffa RC	1:09:21	1:09:17	43.	2.
2022 Richard Bennett Felixstowe	46.	200 Andrew LAWS	Male V55	Ipswich Jaffa RC	1:09:23	1:09:13	44.	3.
2022 Richard Bennett Felixstowe	47.	282 Roger STONE	Male V50	Kesgrave Kreuzers	1:09:29	1:09:15	45.	3.
2022 Richard Bennett Felixstowe	48.	255 Ash SADLER	Male V45	Kesgrave Kreuzers	1:09:35	1:09:26	46.	15.
2022 Richard Bennett Felixstowe	49.	85 Andrew CRAIG	Male V45	Woodbridge Shufflers RC	1:09:53	1:09:49	47.	16.
2022 Richard Bennett Felixstowe	50.	50 Pawel BUCZEK	Male V40	Unattached	1:09:53	1:09:48	48.	8.
2022 Richard Bennett Felixstowe	51.	152 Robin HARPER	Male V45	Felixstowe RRC	1:10:01	1:09:59	49.	17.
2022 Richard Bennett Felixstowe	52.	86 Kate CREAK	Female Senior	TRISudbury	1:10:09	1:10:06	3.	3.
2022 Richard Bennett Felixstowe	53.	285 Daniel SUMMERSGILL	Male Senior	Ipswich Jaffa RC	1:10:11	1:10:08	50.	18.
2022 Richard Bennett Felixstowe	54.	34 Warren BIRCH	Male V55	Rushmere Community Runners	1:10:13	1:10:11	51.	4.
2022 Richard Bennett Felixstowe	55.	113 Karl FEAGAN	Male V45	Ipswich Harriers	1:10:27	1:10:21	52.	18.
2022 Richard Bennett Felixstowe	56.	64 Jonathan CHAPMAN	Male Senior	Unattached	1:11:14	1:11:12	53.	19.
2022 Richard Bennett Felixstowe	57.	49 Kerry BUCKLEY	Male V50	Felixstowe RRC	1:11:15	1:11:10	54.	4.
2022 Richard Bennett Felixstowe	58.	300 John VINECOMBE	Male Senior	Unattached	1:11:38	1:11:35	55.	20.
2022 Richard Bennett Felixstowe	59.	141 Mark GRIGGS	Male V45	Rushmere Community Runners	1:12:13	1:12:06	56.	19.
2022 Richard Bennett Felixstowe	60.	294 Matt TRILL	Male V45	Ipswich Jaffa RC	1:12:23	1:12:16	57.	20.
2022 Richard Bennett Felixstowe	61.	72 Kevin CLEGG	Male V40	Kesgrave Kreuzers	1:12:38	1:12:35	58.	9.
2022 Richard Bennett Felixstowe	62.	227 Steve PAUL	Male V60+	Eastern Masters AC	1:12:50	1:12:42	59.	2.
2022 Richard Bennett Felixstowe	63.	278 Rob SQUIRRELL	Male V45	Woodbridge Shufflers RC	1:13:03	1:13:00	60.	21.
2022 Richard Bennett Felixstowe	64.	27 Robin BELSOM	Male V60+	Ipswich Jaffa RC	1:13:33	1:13:27	61.	3.
2022 Richard Bennett Felixstowe	65.	121 Simon FRASER	Male V50	Rushmere Community Runners	1:13:57	1:13:51	62.	5.
2022 Richard Bennett Felixstowe	66.	54 James BURNETT	Male Senior	Unattached	1:14:06	1:14:04	63.	21.
2022 Richard Bennett Felixstowe	67.	124 Andrew GARNHAM	Male V50	Felixstowe RRC	1:14:13	1:14:05	64.	6.
2022 Richard Bennett Felixstowe	68.	16 Tom AYKROYD	Male V40	Felixstowe RRC	1:14:23	1:14:18	65.	10.
2022 Richard Bennett Felixstowe	69.	12 Benjamin ASKEW	Male V45	Unattached	1:14:27	1:14:23	66.	22.
2022 Richard Bennett Felixstowe	70.	99 Stephen DUNNETT	Male V60+	Framlingham Flyers	1:14:29	1:14:26	67.	4.
2022 Richard Bennett Felixstowe	71.	13 Simon ASKEW	Male V45	Unattached	1:14:32	1:14:27	68.	23.
2022 Richard Bennett Felixstowe	72.	287 Holly TAYLOR	Female Senior	Felixstowe RRC	1:14:35	1:14:29	4.	4.
2022 Richard Bennett Felixstowe	73.	14 Jenni ASKEW-MARTIN	Female Senior	Kesgrave Kreuzers	1:14:54	1:14:45	5.	5.
2022 Richard Bennett Felixstowe	74.	246 Nicki RIPMAN	Female V40	Unattached	1:15:03	1:14:54	6.	1.

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2022 Richard Bennett Felixstowe 75.	55 Ben BURROWS	Male V45	Woodbridge Shufflers RC	1:15:03	1:14:58	69.	24.
2022 Richard Bennett Felixstowe 76.	32 Carl BERRIMAN	Male V50	Rushmere Community Runners	1:15:11	1:15:01	70.	7.
2022 Richard Bennett Felixstowe 77.	258 Len SAUNDERS	Male V45	Felixstowe RRC	1:15:13	1:15:06	71.	25.
2022 Richard Bennett Felixstowe 78.	23 Nigel BARNES	Male V50	Vegan Runners UK	1:15:24	1:15:18	72.	8.
2022 Richard Bennett Felixstowe 79.	37 Adam BOYLE	Male V50	Woodbridge Shufflers RC	1:15:36	1:15:26	73.	9.
2022 Richard Bennett Felixstowe 80.	265 Gemma SHEPPARD	Female V40	Felixstowe RRC	1:15:47	1:15:44	7.	2.
2022 Richard Bennett Felixstowe 81.	92 Ricky DEASY	Male V40	Unattached	1:15:55	1:15:43	74.	11.
2022 Richard Bennett Felixstowe 82.	65 Mathew CHAPPLE	Male V45	Kesgrave Cruisers	1:16:14	1:16:06	75.	26.
2022 Richard Bennett Felixstowe 83.	66 Luz CHAVEZ	Female Senior	Ipswich Jaffa RC	1:16:19	1:16:09	8.	6.
2022 Richard Bennett Felixstowe 84.	313 Mark WATTS	Male Senior	Stowmarket Striders RC	1:16:26	1:16:22	76.	22.
2022 Richard Bennett Felixstowe 85.	168 Dave HOWGEGO	Male V55	Kesgrave Cruisers	1:16:39	1:16:23	77.	5.
2022 Richard Bennett Felixstowe 86.	193 Paul KETRIDGE	Male V40	Unattached	1:16:42	1:16:25	78.	12.
2022 Richard Bennett Felixstowe 87.	51 Trevor BUNCH	Male V45	Haverhill Running Club	1:16:46	1:16:43	79.	27.
2022 Richard Bennett Felixstowe 88.	154 Barry HAWTIN	Male V40	Unattached	1:16:47	1:16:40	80.	13.
2022 Richard Bennett Felixstowe 89.	267 Anna SKUDDER	Female Senior	Unattached	1:16:48	1:16:44	9.	7.
2022 Richard Bennett Felixstowe 90.	185 Martin JARVIS	Male V45	Unattached	1:16:49	1:16:33	81.	28.
2022 Richard Bennett Felixstowe 91.	175 Oliver HUGHES	Male V40	Haverhill Running Club	1:16:51	1:16:48	82.	14.
2022 Richard Bennett Felixstowe 92.	100 Chris DURRANT	Male V55	Unattached	1:17:01	1:16:53	83.	6.
2022 Richard Bennett Felixstowe 93.	211 Natasha MICHAEL	Female Senior	Saint Edmund Pacers	1:17:09	1:17:03	10.	8.
2022 Richard Bennett Felixstowe 94.	295 Caroline TUCK	Female V55	Dagenham 88 Runners	1:17:16	1:17:10	11.	1.
2022 Richard Bennett Felixstowe 95.	190 Anna KEEBLE	Female Senior	Ipswich Jaffa RC	1:17:19	1:17:09	12.	9.
2022 Richard Bennett Felixstowe 96.	56 Heather BUSH	Female V45	Unattached	1:17:19	1:17:08	13.	1.
2022 Richard Bennett Felixstowe 97.	71 Daniel CLARK	Male V45	Felixstowe RRC	1:17:31	1:17:17	84.	29.
2022 Richard Bennett Felixstowe 98.	207 Cinthia MATEO PENA	Female Senior	Woodbridge Shufflers RC	1:17:38	1:17:32	14.	10.
2022 Richard Bennett Felixstowe 99.	136 Lewis GRANT	Male V45	Unattached	1:17:38	1:17:21	85.	30.
2022 Richard Bennett Felixstowe 100.	102 Kimberley DYE	Female Senior	Ipswich Jaffa RC	1:17:57	1:17:49	15.	11.
2022 Richard Bennett Felixstowe 101.	337 Sarah STUART	Female V45	Unattached	1:18:02	1:17:52	16.	2.
2022 Richard Bennett Felixstowe 102.	39 Lee BRIERS	Male V40	Unattached	1:18:03	1:17:54	86.	15.
2022 Richard Bennett Felixstowe 103.	5 Matthew ALEXANDER	Male Senior	Woodbridge Shufflers RC	1:18:07	1:18:02	87.	23.
2022 Richard Bennett Felixstowe 104.	176 Caroline HUNT	Female Senior	Unattached	1:18:13	1:17:59	17.	12.
2022 Richard Bennett Felixstowe 105.	264 Ben SHEPPARD	Male V45	Felixstowe RRC	1:18:25	1:18:21	88.	31.
2022 Richard Bennett Felixstowe 106.	133 Mark GOODWIN	Male V50	Felixstowe RRC	1:18:27	1:18:21	89.	10.
2022 Richard Bennett Felixstowe 107.	87 Richard CREASEY	Male Senior	Kesgrave Cruisers	1:18:33	1:18:24	90.	24.
2022 Richard Bennett Felixstowe 108.	107 James ELLUL	Male V40	Felixstowe RRC	1:18:35	1:18:29	91.	16.
2022 Richard Bennett Felixstowe 109.	69 David CHURCH	Male V50	Felixstowe RRC	1:18:44	1:18:39	92.	11.
2022 Richard Bennett Felixstowe 110.	119 Mark FOSKER	Male Senior	Unattached	1:18:48	1:18:42	93.	25.
2022 Richard Bennett Felixstowe 111.	270 Daniel SMART	Male Senior	Unattached	1:18:54	1:18:40	94.	26.
2022 Richard Bennett Felixstowe 112.	106 James ELLIS	Male V40	Stowmarket Striders RC	1:18:56	1:18:41	95.	17.
2022 Richard Bennett Felixstowe 113.	105 Olivia ELLIS	Female Senior	Ipswich Jaffa RC	1:18:57	1:18:47	18.	13.
2022 Richard Bennett Felixstowe 114.	123 Daniel GARNER	Male Senior	Ipswich Jaffa RC	1:19:18	1:19:07	96.	27.
2022 Richard Bennett Felixstowe 115.	195 Steven LANE	Male V40	Ipswich Jaffa RC	1:19:23	1:19:08	97.	18.
2022 Richard Bennett Felixstowe 116.	248 Dave ROBINSON	Male V50	Rushmere Community Runners	1:19:25	1:19:09	98.	12.

RACE CHIP TIMING RESULTS

2022 Richard Bennett Felixstowe 117.	233 Richard PHILLIPS	Male V40	Kesgrave Cruisers	1:19:30	1:19:21	99.	19.
2022 Richard Bennett Felixstowe 118.	101 Steve DURRANT	Male V60+	Unattached	1:19:56	1:19:48	100.	5.
2022 Richard Bennett Felixstowe 119.	235 Adam PLUMMER	Male Senior	Rushmere Community Runners	1:20:08	1:19:57	101.	28.
2022 Richard Bennett Felixstowe 120.	115 Justin FIDDAMAN	Male V50	Felixstowe RRC	1:20:18	1:20:12	102.	13.
2022 Richard Bennett Felixstowe 121.	35 Rachel BODSWORTH	Female V40	Hadleigh Hares AC	1:20:29	1:20:26	19.	3.
2022 Richard Bennett Felixstowe 122.	112 Justin FARRIS	Male Senior	Woodbridge Shufflers RC	1:20:35	1:20:31	103.	29.
2022 Richard Bennett Felixstowe 123.	317 David WENYON	Male V40	Woodbridge Shufflers RC	1:20:39	1:20:35	104.	20.
2022 Richard Bennett Felixstowe 124.	135 Michael GRAHAM	Male Senior	Unattached	1:20:39	1:20:18	105.	30.
2022 Richard Bennett Felixstowe 125.	58 Daniel BYCRAFT	Male Senior	Unattached	1:20:43	1:20:33	106.	31.
2022 Richard Bennett Felixstowe 126.	116 Helen FINDLEY	Female V40	Kesgrave Cruisers	1:21:00	1:20:51	20.	4.
2022 Richard Bennett Felixstowe 127.	312 Kerry WATSON	Female V40	Ipswich Jaffa RC	1:21:02	1:20:53	21.	5.
2022 Richard Bennett Felixstowe 128.	3 Ruth ACWORTH	Female V60+	Woodbridge Shufflers RC	1:21:03	1:20:50	22.	1.
2022 Richard Bennett Felixstowe 129.	280 Daniel STEPTOE-THOMPSON	Male Senior	Boxted Runners	1:21:04	1:20:57	107.	32.
2022 Richard Bennett Felixstowe 130.	263 Jack SHEPHERD	Male Senior	Unattached	1:21:27	1:21:05	108.	33.
2022 Richard Bennett Felixstowe 131.	15 Susan AVES	Female V55	Springfield Striders RC	1:21:29	1:21:16	23.	2.
2022 Richard Bennett Felixstowe 132.	62 Debbie CATLING	Female V50	Felixstowe RRC	1:21:36	1:21:25	24.	1.
2022 Richard Bennett Felixstowe 133.	25 Katie BECKINSALE	Female Senior	Unattached	1:21:49	1:21:39	25.	14.
2022 Richard Bennett Felixstowe 134.	228 Adrian PEAKE	Male V55	Ipswich Jaffa RC	1:22:01	1:21:55	109.	7.
2022 Richard Bennett Felixstowe 135.	178 Jane HUTCHINSON	Female V45	Woodbridge Shufflers RC	1:22:02	1:21:54	26.	3.
2022 Richard Bennett Felixstowe 136.	128 Rob GILLAN	Male Senior	Unattached	1:22:18	1:22:05	110.	34.
2022 Richard Bennett Felixstowe 137.	41 Rachel BROOKE	Female V50	Ipswich Jaffa RC	1:22:37	1:22:25	27.	2.
2022 Richard Bennett Felixstowe 138.	165 Peter HOPSON	Male V50	Unattached	1:23:01	1:22:41	111.	14.
2022 Richard Bennett Felixstowe 139.	91 Karen DEASY	Female V40	Unattached	1:23:04	1:22:51	28.	6.
2022 Richard Bennett Felixstowe 140.	292 Karl TOVELL	Male V40	Unattached	1:23:09	1:22:55	112.	21.
2022 Richard Bennett Felixstowe 141.	252 Mark ROSE	Male V45	Ipswich Jaffa RC	1:23:13	1:23:07	113.	32.
2022 Richard Bennett Felixstowe 142.	157 Guy HAYWARD	Male V50	Unattached	1:23:22	1:23:13	114.	15.
2022 Richard Bennett Felixstowe 143.	224 Marion PARKER	Female V55	Felixstowe RRC	1:23:51	1:23:43	29.	3.
2022 Richard Bennett Felixstowe 144.	257 Bronwen SARGINSON	Female V40	Ipswich Phoenix Running Club	1:23:52	1:23:40	30.	7.
2022 Richard Bennett Felixstowe 145.	275 Daniel SMITH	Male Senior	Woodbridge Shufflers RC	1:24:00	1:23:54	115.	35.
2022 Richard Bennett Felixstowe 146.	140 Connal GRIFFITHS	Male V40	Unattached	1:24:28	1:24:08	116.	22.
2022 Richard Bennett Felixstowe 147.	186 Steven JEGGO	Male V50	Unattached	1:24:36	1:24:18	117.	16.
2022 Richard Bennett Felixstowe 148.	202 Colin LEWIS	Male V55	Unattached	1:25:17	1:24:59	118.	8.
2022 Richard Bennett Felixstowe 149.	75 Gavin COLEMAN	Male V40	Unattached	1:25:22	1:25:12	119.	23.
2022 Richard Bennett Felixstowe 150.	298 Carl VINCE	Male V45	Unattached	1:25:22	1:25:12	120.	33.
2022 Richard Bennett Felixstowe 151.	1 Sian ABBOTT	Female Senior	Ipswich Jaffa RC	1:25:42	1:25:31	31.	15.
2022 Richard Bennett Felixstowe 152.	191 Wendy KELLETT	Female V50	Ipswich Jaffa RC	1:25:45	1:25:31	32.	3.
2022 Richard Bennett Felixstowe 153.	254 Chris RYAN	Male V60+	Unattached	1:25:47	1:25:35	121.	6.
2022 Richard Bennett Felixstowe 154.	310 Muttley WARDASHTON	Male V50	Unattached	1:25:55	1:25:44	122.	17.
2022 Richard Bennett Felixstowe 155.	95 Trevor DIXON	Male V45	Unattached	1:25:57	1:25:40	123.	34.
2022 Richard Bennett Felixstowe 156.	225 Jane PARKINGTON	Female V50	Unattached	1:26:03	1:25:44	33.	4.
2022 Richard Bennett Felixstowe 157.	198 Keith LANSDOWN	Male V55	Ipswich Jaffa RC	1:26:21	1:26:09	124.	9.
2022 Richard Bennett Felixstowe 158.	226 Tim PARNELL	Male V55	Ipswich Jaffa RC	1:26:21	1:26:09	125.	10.

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2022 Richard Bennett Felixstowe	159.	180 Veronique INIZAN	Female V45	Unattached	1:26:26	1:26:08	34.	4.
2022 Richard Bennett Felixstowe	160.	307 Steven WARD	Male V40	Unattached	1:26:34	1:26:17	126.	24.
2022 Richard Bennett Felixstowe	161.	204 Simon LUCKING	Male V40	Unattached	1:26:36	1:26:17	127.	25.
2022 Richard Bennett Felixstowe	162.	283 Darren STOREY	Male V55	Felixstowe RRC	1:27:03	1:26:56	128.	11.
2022 Richard Bennett Felixstowe	163.	247 Sandra ROBERTS	Female V60+	Ipswich Jaffa RC	1:27:06	1:26:51	35.	2.
2022 Richard Bennett Felixstowe	164.	82 Luke COSTER-REEVE	Male Senior	Unattached	1:27:08	1:26:44	129.	36.
2022 Richard Bennett Felixstowe	165.	192 Amanda KEMP	Female V40	Felixstowe RRC	1:27:17	1:27:08	36.	8.
2022 Richard Bennett Felixstowe	166.	114 Christy FENELON	Male Senior	Unattached	1:27:20	1:27:08	130.	37.
2022 Richard Bennett Felixstowe	167.	40 Jimmy BRIERS	Male V55	Unattached	1:27:25	1:27:16	131.	12.
2022 Richard Bennett Felixstowe	168.	143 Christian HADWEN	Male V45	Unattached	1:27:28	1:27:26	132.	35.
2022 Richard Bennett Felixstowe	169.	189 Holly JOHNSON	Female Senior	Vegan Runners UK	1:27:31	1:27:19	37.	16.
2022 Richard Bennett Felixstowe	170.	236 Carl PURNELL	Male V60+	Unattached	1:27:40	1:27:24	133.	7.
2022 Richard Bennett Felixstowe	171.	210 Andy MENIN	Male V60+	Unattached	1:27:41	1:27:37	134.	8.
2022 Richard Bennett Felixstowe	172.	43 Amy BROWN	Female Senior	Unattached	1:27:42	1:27:31	38.	17.
2022 Richard Bennett Felixstowe	173.	160 Alex HERMON	Male Senior	Unattached	1:27:51	1:27:40	135.	38.
2022 Richard Bennett Felixstowe	174.	44 Adam BROWN	Male Senior	Unattached	1:28:00	1:27:49	136.	39.
2022 Richard Bennett Felixstowe	175.	45 Marcus BROWN	Male V50	Rushmere Community Runners	1:28:04	1:27:52	137.	18.
2022 Richard Bennett Felixstowe	176.	46 Teresa BROWN	Female Senior	Rushmere Community Runners	1:28:04	1:27:52	39.	18.
2022 Richard Bennett Felixstowe	177.	182 Ben JACKSON	Male Senior	Felixstowe RRC	1:28:09	1:28:03	138.	40.
2022 Richard Bennett Felixstowe	178.	297 Sarah VICK	Female V50	Saxmundham Sports Running & Fitness Club	1:28:17	1:28:05	40.	5.
2022 Richard Bennett Felixstowe	179.	122 Oliver FRATER	Male Senior	Unattached	1:28:28	1:28:15	139.	41.
2022 Richard Bennett Felixstowe	180.	132 Ruth GOODCHILD	Female V45	Unattached	1:28:30	1:28:16	41.	5.
2022 Richard Bennett Felixstowe	181.	125 Martin GARROD	Male V60+	Ipswich Phoenix Running Club	1:28:34	1:28:18	140.	9.
2022 Richard Bennett Felixstowe	182.	173 Paul HUBERT	Male V40	Unattached	1:28:39	1:28:21	141.	26.
2022 Richard Bennett Felixstowe	183.	293 Sam TOY	Male Senior	Unattached	1:28:52	1:28:36	142.	42.
2022 Richard Bennett Felixstowe	184.	241 Simon REED	Male V40	Unattached	1:29:15	1:29:06	143.	27.
2022 Richard Bennett Felixstowe	185.	249 Roger ROBINSON-TURNER	Male V50	Unattached	1:29:25	1:29:15	144.	19.
2022 Richard Bennett Felixstowe	186.	273 Misty SMITH	Female Senior	Rushmere Community Runners	1:29:27	1:29:14	42.	19.
2022 Richard Bennett Felixstowe	187.	151 Rebecca HARLING	Female Senior	Unattached	1:29:37	1:29:21	43.	20.
2022 Richard Bennett Felixstowe	188.	266 Robert SIMPSON	Male V40	Unattached	1:29:37	1:29:21	145.	28.
2022 Richard Bennett Felixstowe	189.	215 Carl NEWELL	Male V45	Unattached	1:29:47	1:29:32	146.	36.
2022 Richard Bennett Felixstowe	190.	76 Carl COLLINS	Male Senior	Unattached	1:29:48	1:29:32	147.	43.
2022 Richard Bennett Felixstowe	191.	188 Matt JOHNSON	Male V40	Unattached	1:29:50	1:29:34	148.	29.
2022 Richard Bennett Felixstowe	192.	21 Sarah BANHAM	Female Senior	Felixstowe RRC	1:29:56	1:29:44	44.	21.
2022 Richard Bennett Felixstowe	193.	118 Clayton FOSKER	Male Senior	Unattached	1:30:06	1:29:49	149.	44.
2022 Richard Bennett Felixstowe	194.	262 Alison SEVERY	Female Senior	Unattached	1:30:07	1:29:54	45.	22.
2022 Richard Bennett Felixstowe	195.	153 Stephen HARVEY	Male V60+	Beccles & Bungay Harriers	1:30:09	1:30:01	150.	10.
2022 Richard Bennett Felixstowe	196.	33 Doug BETTS	Male V40	Unattached	1:30:33	1:30:15	151.	30.
2022 Richard Bennett Felixstowe	197.	205 Jenny LYNCH	Female V55	Felixstowe RRC	1:30:45	1:30:32	46.	4.
2022 Richard Bennett Felixstowe	198.	274 Amanda SMITH	Female V45	Woodbridge Shufflers RC	1:31:05	1:30:51	47.	6.
2022 Richard Bennett Felixstowe	199.	24 Pauline BARR	Female V40	Unattached	1:31:09	1:30:57	48.	9.
2022 Richard Bennett Felixstowe	200.	335 Bryan WYBROW	Male V40	Unattached	1:31:20	1:31:12	152.	31.

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2022 Richard Bennett Felixstowe 201.	209 Gerry MCCARTHY	Male V60+	Ipswich Phoenix Running Club	1:31:48	1:31:33	153.	11.
2022 Richard Bennett Felixstowe 202.	70 Bev CLARK	Female V50	Barnsley Harriers	1:31:49	1:31:38	49.	6.
2022 Richard Bennett Felixstowe 203.	11 Leanne ASHDOWN	Female V40	Unattached	1:32:00	1:31:40	50.	10.
2022 Richard Bennett Felixstowe 204.	281 Tony STEWART	Male V60+	Unattached	1:32:00	1:31:39	154.	12.
2022 Richard Bennett Felixstowe 205.	206 Garry MACDONALD	Male V55	Unattached	1:32:06	1:31:58	155.	13.
2022 Richard Bennett Felixstowe 206.	296 Duane TURPIN	Male V45	Unattached	1:32:07	1:31:54	156.	37.
2022 Richard Bennett Felixstowe 207.	242 Carl REEDER	Male V55	Unattached	1:32:12	1:31:59	157.	14.
2022 Richard Bennett Felixstowe 208.	336 Goldie YULE	Female V45	Unattached	1:32:26	1:32:17	51.	7.
2022 Richard Bennett Felixstowe 209.	334 Carissa WYATT	Female V45	Unattached	1:32:26	1:32:17	52.	8.
2022 Richard Bennett Felixstowe 210.	218 Alan OLIVER	Male V55	Kesgrave Cruisers	1:32:28	1:32:17	158.	15.
2022 Richard Bennett Felixstowe 211.	308 Kevin WARD	Male V45	Kesgrave Cruisers	1:32:29	1:32:19	159.	38.
2022 Richard Bennett Felixstowe 212.	93 Sean DICKINSON	Male V45	Vegan Runners UK	1:32:46	1:32:24	160.	39.
2022 Richard Bennett Felixstowe 213.	323 Steve WILDING	Male V60+	12 in 12	1:32:46	1:32:33	161.	13.
2022 Richard Bennett Felixstowe 214.	177 Maria HUNTLEY	Female Senior	Unattached	1:33:10	1:32:47	53.	23.
2022 Richard Bennett Felixstowe 215.	98 John DUNNETT	Male V60+	Unattached	1:33:25	1:33:15	162.	14.
2022 Richard Bennett Felixstowe 216.	127 Dawn GIBSON	Female V40	Felixstowe RRC	1:33:31	1:33:23	54.	11.
2022 Richard Bennett Felixstowe 217.	10 Richard ALLPORT	Male V55	Felixstowe RRC	1:33:40	1:33:27	163.	16.
2022 Richard Bennett Felixstowe 218.	216 Tim NIVEN	Male V50	Ipswich Jaffa RC	1:34:21	1:34:00	164.	20.
2022 Richard Bennett Felixstowe 219.	243 Sharon REEDER	Female V50	Ipswich Jaffa RC	1:34:59	1:34:46	55.	7.
2022 Richard Bennett Felixstowe 220.	42 Emma BROWN	Female V45	Unattached	1:35:17	1:35:00	56.	9.
2022 Richard Bennett Felixstowe 221.	171 Catherine HUBBARD	Female V40	Unattached	1:35:18	1:34:59	57.	12.
2022 Richard Bennett Felixstowe 222.	327 Neil WINTON	Male V55	Felixstowe RRC	1:35:34	1:35:21	165.	17.
2022 Richard Bennett Felixstowe 223.	97 Paul DORSET	Male V50	Felixstowe RRC	1:35:43	1:35:26	166.	21.
2022 Richard Bennett Felixstowe 224.	120 Lydia FOY	Female V45	Unattached	1:35:53	1:35:46	58.	10.
2022 Richard Bennett Felixstowe 225.	4 Jasmine AGER	Female Senior	Unattached	1:35:57	1:35:37	59.	24.
2022 Richard Bennett Felixstowe 226.	28 Nichola BENNETT	Female V40	Unattached	1:36:02	1:35:39	60.	13.
2022 Richard Bennett Felixstowe 227.	104 Charlotte ELKIN	Female Senior	Stowmarket Striders RC	1:36:03	1:35:43	61.	25.
2022 Richard Bennett Felixstowe 228.	239 Erin RANSON	Female Senior	Unattached	1:36:04	1:35:44	62.	26.
2022 Richard Bennett Felixstowe 229.	163 Claire HOLDAWAY	Female V45	Unattached	1:36:42	1:36:31	63.	11.
2022 Richard Bennett Felixstowe 230.	170 Annali HUBBARD	Female Senior	Unattached	1:36:42	1:36:31	64.	27.
2022 Richard Bennett Felixstowe 231.	322 Alison WILCOCK	Female Senior	Unattached	1:36:42	1:36:32	65.	28.
2022 Richard Bennett Felixstowe 232.	74 Ben COLE	Male Senior	Unattached	1:37:03	1:36:46	167.	45.
2022 Richard Bennett Felixstowe 233.	203 Lisa LOOMES	Female Senior	Ipswich Jaffa RC	1:37:03	1:36:47	66.	29.
2022 Richard Bennett Felixstowe 234.	314 Graham WAUDBY	Male V50	Rushmere Community Runners	1:37:09	1:36:52	168.	22.
2022 Richard Bennett Felixstowe 235.	199 Siobhan LASKEY	Female V50	Unattached	1:37:26	1:37:10	67.	8.
2022 Richard Bennett Felixstowe 236.	139 Ruth GREGGOR	Female V55	Unattached	1:37:28	1:37:25	68.	5.
2022 Richard Bennett Felixstowe 237.	183 Richard JAQUES	Male V60+	Unattached	1:37:28	1:37:25	169.	15.
2022 Richard Bennett Felixstowe 238.	288 Rhian TAYLOR	Female Senior	Unattached	1:37:37	1:37:19	69.	30.
2022 Richard Bennett Felixstowe 239.	319 Richard WESTLEY	Male V55	Unattached	1:37:43	1:37:39	170.	18.
2022 Richard Bennett Felixstowe 240.	179 Kate HUTSON	Female V40	Ipswich Jaffa RC	1:37:56	1:37:41	70.	14.
2022 Richard Bennett Felixstowe 241.	174 Rebecca HUGHES	Female V50	Unattached	1:38:17	1:38:02	71.	9.
2022 Richard Bennett Felixstowe 242.	184 Carl JARRETT	Male V45	Felixstowe RRC	1:38:17	1:38:01	171.	40.

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2022 Richard Bennett Felixstowe 243.	89 Jen CROSS	Female Senior	Unattached	1:38:25	1:38:14	72.	31.
2022 Richard Bennett Felixstowe 244.	88 Aaron CROSS	Male Senior	Unattached	1:38:25	1:38:14	172.	46.
2022 Richard Bennett Felixstowe 245.	148 Lucia HARDWICK	Female V45	Kesgrave Kreuzers	1:38:40	1:38:21	73.	12.
2022 Richard Bennett Felixstowe 246.	237 Olivia RADFORD	Female Senior	Unattached	1:39:05	1:38:48	74.	32.
2022 Richard Bennett Felixstowe 247.	324 Martyn WILDNEY	Male Senior	Unattached	1:39:06	1:38:48	173.	47.
2022 Richard Bennett Felixstowe 248.	20 John BAIN	Male V60+	Unattached	1:40:21	1:40:00	174.	16.
2022 Richard Bennett Felixstowe 249.	2 Kirsty ABERDEIN	Female V50	Unattached	1:40:40	1:40:26	75.	10.
2022 Richard Bennett Felixstowe 250.	109 Samantha EMMS	Female V40	Unattached	1:40:50	1:40:31	76.	15.
2022 Richard Bennett Felixstowe 251.	208 Larissa MAYHEW	Female V50	Rushmere Community Runners	1:40:59	1:40:41	77.	11.
2022 Richard Bennett Felixstowe 252.	22 Cara BARKER	Female V40	Unattached	1:41:19	1:41:04	78.	16.
2022 Richard Bennett Felixstowe 253.	253 Claire ROWBOTHAM	Female V45	Unattached	1:41:19	1:41:04	79.	13.
2022 Richard Bennett Felixstowe 254.	73 Andrew COCKER	Male V55	Unattached	1:41:21	1:41:04	175.	19.
2022 Richard Bennett Felixstowe 255.	134 Daryn GOSLING	Male V45	Unattached	1:41:28	1:41:05	176.	41.
2022 Richard Bennett Felixstowe 256.	78 Paul COLLINS	Male V60+	Ipswich Triathlon Club	1:42:04	1:41:42	177.	17.
2022 Richard Bennett Felixstowe 257.	77 Bernard COLLINS	Male V60+	Unattached	1:42:05	1:41:42	178.	18.
2022 Richard Bennett Felixstowe 258.	181 Jamie JACKSON	Male Senior	Felixstowe RRC	1:42:09	1:42:03	179.	48.
2022 Richard Bennett Felixstowe 259.	68 Jenny CHURCH	Female V60+	Felixstowe RRC	1:43:16	1:43:05	80.	3.
2022 Richard Bennett Felixstowe 260.	330 Zoe WRAGG	Female V50	Unattached	1:43:36	1:43:15	81.	12.
2022 Richard Bennett Felixstowe 261.	277 Tabettha SNAPE	Female V45	Unattached	1:43:36	1:43:15	82.	14.
2022 Richard Bennett Felixstowe 262.	142 Lionel GUINEA	Male V50	Unattached	1:43:54	1:43:32	180.	23.
2022 Richard Bennett Felixstowe 263.	240 Lesley RAWLINSON	Female V50	Unattached	1:44:10	1:43:52	83.	13.
2022 Richard Bennett Felixstowe 264.	269 Chris SLEMMINGS	Male V60+	Ipswich Triathlon Club	1:44:10	1:43:52	181.	19.
2022 Richard Bennett Felixstowe 265.	306 Helen WARD	Female V45	Unattached	1:44:30	1:44:16	84.	15.
2022 Richard Bennett Felixstowe 266.	305 Joe WARD	Male Senior	Unattached	1:44:42	1:44:18	182.	49.
2022 Richard Bennett Felixstowe 267.	328 Debbie WISEMAN	Female V50	Unattached	1:45:15	1:44:56	85.	14.
2022 Richard Bennett Felixstowe 268.	60 Lauren CARR	Female V40	Unattached	1:45:21	1:44:59	86.	17.
2022 Richard Bennett Felixstowe 269.	234 Leah PHILLIPS	Female Senior	Rushmere Community Runners	1:45:30	1:45:09	87.	33.
2022 Richard Bennett Felixstowe 270.	230 Luke PENFOLD	Male Senior	Unattached	1:46:00	1:45:38	183.	50.
2022 Richard Bennett Felixstowe 271.	167 Adriana HOUCHELL	Female Senior	Ipswich Jaffa RC	1:48:07	1:47:51	88.	34.
2022 Richard Bennett Felixstowe 272.	67 Mandy CHINERY	Female V50	Unattached	1:48:49	1:48:30	89.	15.
2022 Richard Bennett Felixstowe 273.	57 Claire BUTCHER	Female V40	Felixstowe RRC	1:49:51	1:49:45	90.	18.
2022 Richard Bennett Felixstowe 274.	38 Doranne BREWSTER	Female V40	Unattached	1:51:22	1:51:15	91.	19.
2022 Richard Bennett Felixstowe 275.	221 Justin OSTLER	Male V50	Felixstowe RRC	1:51:32	1:51:12	184.	24.
2022 Richard Bennett Felixstowe 276.	9 Jacqueline ALLPORT	Female V55	Felixstowe RRC	1:51:36	1:51:28	92.	6.
2022 Richard Bennett Felixstowe 277.	291 Anna TOMASZCZUK	Female V45	Unattached	1:51:45	1:51:22	93.	16.
2022 Richard Bennett Felixstowe 278.	155 Sharon HAYFIELD	Female V45	Unattached	1:51:45	1:51:25	94.	17.
2022 Richard Bennett Felixstowe 279.	271 Heather SMITH	Female V50	Unattached	1:52:13	1:51:53	95.	16.
2022 Richard Bennett Felixstowe 280.	158 Sarah HEARN	Female Senior	Boxted Runners	1:54:11	1:53:57	96.	35.
2022 Richard Bennett Felixstowe 281.	108 David EMENY	Male Senior	Unattached	1:56:02	1:55:54	185.	51.
2022 Richard Bennett Felixstowe 282.	194 Amy KNOTT	Female Senior	Unattached	1:56:32	1:56:17	97.	36.
2022 Richard Bennett Felixstowe 283.	150 Sue HARGADON	Female V60+	Woodbridge Shufflers RC	1:57:10	1:56:50	98.	4.
2022 Richard Bennett Felixstowe 284.	29 Annabel BENNETT	Female V55	Felixstowe RRC	2:03:11	2:02:50	99.	7.

RACE CHIP TIMING RESULTS

2022	Richard Bennett Felixstowe	285.	145	Julian HALL	Male V55	Unattached	2:03:11	2:02:50	186.	20.
2022	Richard Bennett Felixstowe	286.	304	Cheryl WAKERLEY	Female V40	Unattached	2:05:12	2:04:52	100.	20.
2022	Richard Bennett Felixstowe	287.	161	Sarah HODGE	Female V55	Rushmere Community Runners	2:07:35	2:07:12	101.	8.
2022	Richard Bennett Felixstowe	288.	217	Clare NORTON	Female V45	Unattached	2:07:35	2:07:13	102.	18.
2022	Richard Bennett Felixstowe	289.	144	Rachael HAGGER	Female V45	Unattached	2:12:12	2:11:51	103.	19.
2022	Richard Bennett Felixstowe	290.	315	Paul WEEKES	Male V40	Unattached	2:20:15	2:19:49	187.	32.
2022	Richard Bennett Felixstowe	291.	284	Emma STRUTT	Female V45	Rushmere Community Runners	2:21:39	2:21:17	104.	20.
2022	Richard Bennett Felixstowe	DNF	83	Aidan COUGHLAN	Male V40	Felixstowe RRC				
2022	Richard Bennett Felixstowe	DNS	316	Anna WEISS-HINDLE	Female V45	Unattached				
2022	Richard Bennett Felixstowe	DNS	197	Beryl LANSDOWN	Female V50	Ipswich Jaffa RC				
2022	Richard Bennett Felixstowe	DNS	245	Charlotte RICHARDSON	Female V45	Unattached				
2022	Richard Bennett Felixstowe	DNS	138	Collette GREEN	Female Senior	Felixstowe RRC				
2022	Richard Bennett Felixstowe	DNS	251	Danny ROCK	Male V40	Felixstowe RRC				
2022	Richard Bennett Felixstowe	DNS	311	David WATKINS	Male Senior	Unattached				
2022	Richard Bennett Felixstowe	DNS	164	Deborah HOLLIS	Female V60+	Unattached				
2022	Richard Bennett Felixstowe	DNS	80	Emily COOPER-READE	Female V55	Stowmarket Striders RC				
2022	Richard Bennett Felixstowe	DNS	223	Gary PARKER	Male Senior	Unattached				
2022	Richard Bennett Felixstowe	DNS	222	Glen PAGE	Male V40	Rushmere Community Runners				
2022	Richard Bennett Felixstowe	DNS	30	Holly BENNETT	Female Senior	Felixstowe RRC				
2022	Richard Bennett Felixstowe	DNS	250	Jamie ROCK	Male Senior	Unattached				
2022	Richard Bennett Felixstowe	DNS	159	Jeremy HENNEL JAMES	Male V55	Ipswich Harriers				
2022	Richard Bennett Felixstowe	DNS	26	Jonathan BEECH	Male V45	Unattached				
2022	Richard Bennett Felixstowe	DNS	6	Jordan ALLEN	Male Senior	Unattached				
2022	Richard Bennett Felixstowe	DNS	302	Kelly WADE	Female V40	Ipswich Jaffa RC				
2022	Richard Bennett Felixstowe	DNS	260	Kevin SCUTCHER	Male V40	Unattached				
2022	Richard Bennett Felixstowe	DNS	17	Laura AYLING	Female Senior	Unattached				
2022	Richard Bennett Felixstowe	DNS	149	Lisa HARES	Female V45	Ipswich Jaffa RC				
2022	Richard Bennett Felixstowe	DNS	321	Luke WHITWELL	Male Senior	Felixstowe RRC				
2022	Richard Bennett Felixstowe	DNS	8	Lynette ALLISON	Female V45	Unattached				
2022	Richard Bennett Felixstowe	DNS	117	Mark FLATMAN	Male V45	Ipswich Triathlon Club				
2022	Richard Bennett Felixstowe	DNS	196	Mark LANKESTER	Male V50	Capel Cheetahs				
2022	Richard Bennett Felixstowe	DNS	299	Nikki VINCE	Female V45	Hadleigh Hares AC				
2022	Richard Bennett Felixstowe	DNS	79	Paul COOKE	Male V50	Rushmere Community Runners				
2022	Richard Bennett Felixstowe	DNS	90	Phil DAVIES	Male V55	Ipswich Jaffa RC				
2022	Richard Bennett Felixstowe	DNS	256	Pippa SARGENT	Female V40	Stowmarket Striders RC				
2022	Richard Bennett Felixstowe	DNS	219	Ricky O'NEILL	Male Senior	Ipswich Jaffa RC				
2022	Richard Bennett Felixstowe	DNS	329	Robert WORTHINGTON	Male V45	Felixstowe RRC				
2022	Richard Bennett Felixstowe	DNS	31	Rosie BENNETT	Female Senior	Felixstowe RRC				
2022	Richard Bennett Felixstowe	DNS	166	Rosie HORSFIELD	Female Senior	Ipswich Jaffa RC				
2022	Richard Bennett Felixstowe	DNS	272	Samantha SMITH	Female V45	Kesgrave Kreuzers				
2022	Richard Bennett Felixstowe	DNS	53	Samuel BURDETT	Male Senior	Stowmarket Striders RC				
2022	Richard Bennett Felixstowe	DNS	333	Sarah WWBB	Female V40	Unattached				

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2022	Richard Bennett	Felixstowe	DNS	131	Shaun GOOD	Male V55	Felixstowe RRC				
2022	Richard Bennett	Felixstowe	DNS	96	Sophie DOE	Female Senior	Unattached				
2022	Richard Bennett	Felixstowe	DNS	103	Stephen EDMONDSON	Male V55	Unattached				
2022	Richard Bennett	Felixstowe	DNS	48	Stuart BUCHAN	Male Senior	Stowmarket Striders RC				
2022	Richard Bennett	Felixstowe	DNS	19	Tim BACON	Male V55	Unattached				
2022	Richard Bennett	Felixstowe	DNS	126	Tony GAVIN	Male Senior	Felixstowe RRC				
2022	Richard Bennett	Felixstowe	DNS	290	Vanessa THORPE	Female V45	Ipswich Triathlon Club				
2022	Richard Bennett	Felixstowe	DNS	214	Vicki NEVE	Female V40	Unattached				
2022	Richard Bennett	Felixstowe	DNS	36	William BOWERS	Male V45	Unattached				
2022	Richard Bennett	Felixstowe	DNS	52	William BURDETT	Male V60+	Stowmarket Striders RC				
2022	Richard Bennett	Felixstowe	DNS	244	Zoila REYES	Female V60+	Felixstowe RRC				
2023	Alan Brown	Kesgrave 10k	1.	277	John Millar	Male Senior	Ipswich Harriers	30:26	30:26	1.	1.
2023	Alan Brown	Kesgrave 10k	2.	173	Craig Shand	Male Senior	Saint Edmund Pacers	34:23	34:23	2.	2.
2023	Alan Brown	Kesgrave 10k	3.	107	Stuart Haynes	Male V45	Woodbridge Shufflers RC	34:25	34:24	3.	1.
2023	Alan Brown	Kesgrave 10k	4.	275	Adam Beaumont	Male Senior	Bishops Stortford RC	34:43	34:43	4.	3.
2023	Alan Brown	Kesgrave 10k	5.	155	Chris Poulding	Male Senior	Saint Edmund Pacers	34:51	34:50	5.	4.
2023	Alan Brown	Kesgrave 10k	6.	208	Lee Barber	Male V40	Framlingham Flyers	35:00	34:59	6.	1.
2023	Alan Brown	Kesgrave 10k	7.	296	Ross Hollinworth	Male V45	Saint Edmund Pacers	36:32	36:30	7.	2.
2023	Alan Brown	Kesgrave 10k	8.	150	Max Fisher	Male U20	Ipswich Harriers	36:47	36:47	8.	1.
2023	Alan Brown	Kesgrave 10k	9.	148	George Seymour	Male Senior	West End Runners	36:57	36:57	9.	5.
2023	Alan Brown	Kesgrave 10k	10.	108	Oliver Watson	Male Senior	Ipswich Jaffa RC	37:07	37:05	10.	6.
2023	Alan Brown	Kesgrave 10k	11.	209	Chris Leek	Male V45	Framlingham Flyers	37:25	37:24	11.	3.
2023	Alan Brown	Kesgrave 10k	12.	84	Nicholas Clarke	Male V40	Ipswich Jaffa RC	37:52	37:52	12.	2.
2023	Alan Brown	Kesgrave 10k	13.	134	Ross McGill	Male Senior	Woodbridge Shufflers RC	38:16	38:14	13.	7.
2023	Alan Brown	Kesgrave 10k	14.	14	James Mallett	Male Senior	Kesgrave Cruisers	38:16	38:15	14.	8.
2023	Alan Brown	Kesgrave 10k	15.	131	Neil Parkin	Male V45	Unattached	38:30	38:30	15.	4.
2023	Alan Brown	Kesgrave 10k	16.	145	Nick Watchman	Male V40	Lonely Goat RC	39:03	39:01	16.	3.
2023	Alan Brown	Kesgrave 10k	17.	2	Craig Stuart	Male Senior	Unattached	39:21	39:19	17.	9.
2023	Alan Brown	Kesgrave 10k	18.	65	Gavin Davies	Male V40	Ipswich Jaffa RC	39:27	39:26	18.	4.
2023	Alan Brown	Kesgrave 10k	19.	92	Steve Brooke	Male V50	Felixstowe RRC	39:34	39:30	19.	1.
2023	Alan Brown	Kesgrave 10k	20.	243	Tom Barr	Male Senior	Unattached	39:36	39:34	20.	10.
2023	Alan Brown	Kesgrave 10k	21.	319	Chris Woolener	Male Senior	Unattached	39:42	39:40	21.	11.
2023	Alan Brown	Kesgrave 10k	22.	271	Clive Thomas	Male V60+	BLC on the Run	39:54	39:52	22.	1.
2023	Alan Brown	Kesgrave 10k	23.	258	Christopher Boyt	Male V45	Felixstowe RRC	39:56	39:52	23.	5.
2023	Alan Brown	Kesgrave 10k	24.	190	Mark Allen	Male V55	Ipswich Jaffa RC	40:17	40:16	24.	1.
2023	Alan Brown	Kesgrave 10k	25.	26	Robin Brookes	Male V50	Harwich Runners	40:28	40:25	25.	2.
2023	Alan Brown	Kesgrave 10k	26.	64	Alice Heather-Hayes	Female V45	Ipswich Harriers	40:41	40:40	1.	1.
2023	Alan Brown	Kesgrave 10k	27.	69	Samuel Blows	Male V40	Woodbridge Shufflers RC	40:56	40:55	26.	5.
2023	Alan Brown	Kesgrave 10k	28.	51	Kevin Clegg	Male V40	Kesgrave Cruisers	41:04	41:01	27.	6.
2023	Alan Brown	Kesgrave 10k	29.	246	Tim McMahan	Male V45	Saffron Striders RC	41:39	41:36	28.	6.
2023	Alan Brown	Kesgrave 10k	30.	311	Lawrence Gelder	Male V40	Kesgrave Cruisers	42:18	42:11	29.	7.
2023	Alan Brown	Kesgrave 10k	31.	195	Mark Chalklen	Male Senior	Unattached	42:54	42:49	30.	12.

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2023	Alan Brown Kesgrave 10k	32.	98 Benjamin Deacon	Male Senior	Unattached	42:56	42:54	31.	13.
2023	Alan Brown Kesgrave 10k	33.	193 Richard Creasey	Male Senior	Kesgrave Cruisers	42:57	42:57	32.	14.
2023	Alan Brown Kesgrave 10k	34.	28 Mia Palmer	Female Senior	Kesgrave Cruisers	43:03	43:01	2.	1.
2023	Alan Brown Kesgrave 10k	35.	210 Matthew Wesley	Male Senior	Unattached	43:03	43:00	33.	15.
2023	Alan Brown Kesgrave 10k	36.	12 Ash Sadler	Male V45	Kesgrave Cruisers	43:04	43:02	34.	7.
2023	Alan Brown Kesgrave 10k	37.	221 Kyle Church	Male Senior	Saxmundham Sports Running & Fitness Club	43:07	43:04	35.	16.
2023	Alan Brown Kesgrave 10k	38.	39 Kerry Buckley	Male V50	Felixstowe RRC	43:07	43:03	36.	3.
2023	Alan Brown Kesgrave 10k	39.	29 Neil Catley	Male V45	Kesgrave Cruisers	43:07	43:03	37.	8.
2023	Alan Brown Kesgrave 10k	40.	54 Mark Bulstrode	Male V40	Kesgrave Cruisers	43:17	43:15	38.	8.
2023	Alan Brown Kesgrave 10k	41.	216 Dale Fowler	Male V40	Ipswich Jaffa RC	43:24	43:09	39.	9.
2023	Alan Brown Kesgrave 10k	42.	278 Sam Baxter	Female V40	Felixstowe RRC	43:25	43:19	3.	1.
2023	Alan Brown Kesgrave 10k	43.	320 Kit Forest Redfern	Female Senior	Unattached	43:29	43:20	40.	2.
2023	Alan Brown Kesgrave 10k	44.	224 David Smith	Male V45	Unattached	43:34	43:18	41.	9.
2023	Alan Brown Kesgrave 10k	45.	132 James Burnett	Male Senior	Unattached	43:35	43:12	42.	17.
2023	Alan Brown Kesgrave 10k	46.	157 Robin Harper	Male V45	Felixstowe RRC	43:40	43:36	43.	10.
2023	Alan Brown Kesgrave 10k	47.	199 Juliet Garnham	Female V45	Stowmarket Striders RC	43:47	43:43	4.	2.
2023	Alan Brown Kesgrave 10k	48.	99 Matthew Alexander	Male Senior	Woodbridge Shufflers RC	43:57	43:53	44.	18.
2023	Alan Brown Kesgrave 10k	49.	33 Duane Howard	Male V55	Unattached	44:04	44:00	45.	2.
2023	Alan Brown Kesgrave 10k	50.	36 Lauren Squirrell	Female U20	Ipswich Harriers	44:17	44:13	5.	1.
2023	Alan Brown Kesgrave 10k	51.	306 Stuart Wade	Male Senior	Unattached	44:17	44:11	46.	19.
2023	Alan Brown Kesgrave 10k	52.	141 Justin Farris	Male Senior	Woodbridge Shufflers RC	44:20	44:18	47.	20.
2023	Alan Brown Kesgrave 10k	53.	34 Carl Berriman	Male V50	Rushmere Community Runners	44:27	44:11	48.	4.
2023	Alan Brown Kesgrave 10k	54.	280 Mark Goodwin	Male V50	Felixstowe RRC	44:32	44:26	49.	5.
2023	Alan Brown Kesgrave 10k	55.	307 Ben Newson	Male Senior	Unattached	44:53	44:43	50.	21.
2023	Alan Brown Kesgrave 10k	56.	56 Dominic Bareham	Male V40	Felixstowe RRC	45:06	44:59	51.	10.
2023	Alan Brown Kesgrave 10k	57.	226 Steven Lane	Male V40	Ipswich Jaffa RC	45:08	44:57	52.	11.
2023	Alan Brown Kesgrave 10k	58.	160 Henry Andrews	Male V55	Saint Edmund Pacers	45:10	45:06	53.	3.
2023	Alan Brown Kesgrave 10k	59.	281 Amanda Mortimer	Female V40	Ipswich Jaffa RC	45:13	45:05	6.	2.
2023	Alan Brown Kesgrave 10k	60.	162 Daniel Rivera	Male Senior	Unattached	45:14	44:59	54.	22.
2023	Alan Brown Kesgrave 10k	61.	163 Simon Ward	Male Senior	Unattached	45:23	45:07	55.	23.
2023	Alan Brown Kesgrave 10k	62.	291 Nicholas Smith	Male Senior	Unattached	45:40	45:32	56.	24.
2023	Alan Brown Kesgrave 10k	63.	206 Rob Harrow	Male V45	Unattached	45:43	45:29	57.	11.
2023	Alan Brown Kesgrave 10k	64.	298 Kyle Harris	Male Senior	Unattached	45:44	45:32	58.	25.
2023	Alan Brown Kesgrave 10k	65.	126 Lara Pocock	Female Senior	Saint Edmund Pacers	45:47	45:39	7.	3.
2023	Alan Brown Kesgrave 10k	66.	23 Orla Holland	Female U20	Kesgrave Cruisers	45:52	45:49	8.	2.
2023	Alan Brown Kesgrave 10k	67.	144 Oliver Dixon	Male U20	Unattached	45:56	45:49	59.	2.
2023	Alan Brown Kesgrave 10k	68.	13 Sandy Page	Female V45	Kesgrave Cruisers	45:57	45:53	9.	3.
2023	Alan Brown Kesgrave 10k	69.	184 Andrew Budd	Male V60+	Capel Cheetahs	46:15	46:10	60.	2.
2023	Alan Brown Kesgrave 10k	70.	63 Chris Pratt	Male Senior	Unattached	46:19	46:09	61.	26.
2023	Alan Brown Kesgrave 10k	71.	231 Colin Elllis	Male V55	Unattached	46:25	46:20	62.	4.
2023	Alan Brown Kesgrave 10k	72.	171 Andrew Cleveland	Male V50	Unattached	46:26	46:26	63.	6.
2023	Alan Brown Kesgrave 10k	73.	143 Jason Walne	Male V50	Unattached	46:29	46:23	64.	7.

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2023	Alan Brown Kesgrave 10k	74.	166	Keith Andrews	Male V40	Unattached	46:31	46:21	65.	12.
2023	Alan Brown Kesgrave 10k	75.	228	Robert Morgan	Male V60+	Saint Edmund Pacers	46:37	46:31	66.	3.
2023	Alan Brown Kesgrave 10k	76.	215	Adrian Peake	Male V55	Ipswich Jaffa RC	46:41	46:33	67.	5.
2023	Alan Brown Kesgrave 10k	77.	287	Stephen Hicks	Male V60+	Ipswich Harriers	46:42	46:36	68.	4.
2023	Alan Brown Kesgrave 10k	78.	293	Helder Campos	Male Senior	Unattached	46:49	46:33	69.	27.
2023	Alan Brown Kesgrave 10k	79.	114	Olivia Ellis	Female Senior	Ipswich Jaffa RC	46:52	46:45	10.	4.
2023	Alan Brown Kesgrave 10k	80.	274	Rosie Denny	Female V40	Woodbridge Shufflers RC	46:55	46:51	11.	3.
2023	Alan Brown Kesgrave 10k	81.	248	Peter Warland	Male V55	Stowmarket Striders RC	47:03	46:57	70.	6.
2023	Alan Brown Kesgrave 10k	82.	273	Mark Rose	Male V45	Ipswich Jaffa RC	47:04	46:56	71.	12.
2023	Alan Brown Kesgrave 10k	83.	44	Chris Lock	Male V45	Unattached	47:05	46:56	72.	13.
2023	Alan Brown Kesgrave 10k	84.	201	Neil Dennis	Male V40	Stowmarket Striders RC	47:15	47:09	73.	13.
2023	Alan Brown Kesgrave 10k	85.	68	Joe Martin	Male U17	Kesgrave Cruisers	47:20	47:17	74.	1.
2023	Alan Brown Kesgrave 10k	86.	123	Kitty Mithen	Female Senior	Woodbridge Shufflers RC	47:31	47:26	12.	5.
2023	Alan Brown Kesgrave 10k	87.	179	Greg Dodds	Male V50	Woodbridge Shufflers RC	47:33	47:28	75.	8.
2023	Alan Brown Kesgrave 10k	88.	308	Neal Watson	Male V45	Unattached	47:35	47:25	76.	14.
2023	Alan Brown Kesgrave 10k	89.	100	Marcus Payne	Male Senior	Kesgrave Cruisers	47:37	47:33	77.	28.
2023	Alan Brown Kesgrave 10k	90.	78	Samantha Thorpe	Female Senior	Unattached	47:39	47:30	13.	6.
2023	Alan Brown Kesgrave 10k	91.	85	Mike Ward	Male V50	Woodbridge Shufflers RC	47:42	47:39	78.	9.
2023	Alan Brown Kesgrave 10k	92.	276	Ian Gooderham	Male V55	Saint Edmund Pacers	47:45	47:36	79.	7.
2023	Alan Brown Kesgrave 10k	93.	130	Aimee Mclachlan	Female V50	Woodbridge Shufflers RC	47:51	47:46	14.	1.
2023	Alan Brown Kesgrave 10k	94.	37	Laurentiu Avram	Male Senior	Unattached	47:58	47:42	80.	29.
2023	Alan Brown Kesgrave 10k	95.	20	Ross Rands	Male Senior	Felixstowe RRC	48:05	48:00	81.	30.
2023	Alan Brown Kesgrave 10k	96.	238	Stuart Green	Male V60+	Unattached	48:09	48:04	82.	5.
2023	Alan Brown Kesgrave 10k	97.	241	Luke Coster-Reeve	Male Senior	Unattached	48:13	47:56	83.	31.
2023	Alan Brown Kesgrave 10k	98.	83	Nigel Barnes	Male V50	Vegan Runners UK	48:16	48:10	84.	10.
2023	Alan Brown Kesgrave 10k	99.	147	Christopher Fuller	Male Senior	Saxmundham Sports Running & Fitness Club	48:20	48:17	85.	32.
2023	Alan Brown Kesgrave 10k	100.	257	Christopher Bing	Male V40	Ipswich Jaffa RC	48:42	48:35	86.	14.
2023	Alan Brown Kesgrave 10k	101.	133	Hannah Wattam	Female V40	Woodbridge Shufflers RC	48:52	48:47	15.	4.
2023	Alan Brown Kesgrave 10k	102.	176	Sandra Roberts	Female V60+	Ipswich Jaffa RC	48:53	48:42	16.	1.
2023	Alan Brown Kesgrave 10k	103.	301	Elaine Turner	Female Senior	Hadleigh Hares	48:54	48:49	17.	7.
2023	Alan Brown Kesgrave 10k	104.	161	Aaron Pettitt	Male Senior	Unattached	48:55	48:38	87.	33.
2023	Alan Brown Kesgrave 10k	105.	80	Iain Taylor	Male V50	Woodbridge Shufflers RC	49:02	48:59	88.	11.
2023	Alan Brown Kesgrave 10k	106.	207	James Dunstan	Male V45	Unattached	49:05	48:50	89.	15.
2023	Alan Brown Kesgrave 10k	107.	59	Connal Griffiths	Male V40	Unattached	49:10	48:51	90.	15.
2023	Alan Brown Kesgrave 10k	108.	218	Jon Summers	Male Senior	Ipswich Jaffa RC	49:15	49:03	91.	34.
2023	Alan Brown Kesgrave 10k	109.	55	David Garnham	Male V55	Ipswich Jaffa RC	49:18	49:11	92.	8.
2023	Alan Brown Kesgrave 10k	110.	110	Adam Robertson	Male Senior	Unattached	49:19	49:03	93.	35.
2023	Alan Brown Kesgrave 10k	111.	136	Ruth Acworth	Female V60+	Woodbridge Shufflers RC	49:21	49:14	18.	2.
2023	Alan Brown Kesgrave 10k	112.	91	Joe Garnham	Male V45	Unattached	49:27	49:15	94.	16.
2023	Alan Brown Kesgrave 10k	113.	93	Lucy Beales	Female Senior	Woodbridge Shufflers RC	49:31	49:27	19.	8.
2023	Alan Brown Kesgrave 10k	114.	140	Tom Brown	Male Senior	Unattached	49:36	49:30	95.	36.
2023	Alan Brown Kesgrave 10k	115.	94	Grahame Beales	Male V50	Unattached	49:47	49:40	96.	12.

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2023	Alan Brown Kesgrave 10k	116.	253	Kate Sudell	Female Senior	Felixstowe RRC	49:47	49:25	20.	9.
2023	Alan Brown Kesgrave 10k	117.	120	Darren Cox	Male Senior	Unattached	49:50	49:27	97.	37.
2023	Alan Brown Kesgrave 10k	118.	103	Chris Hodges	Male Senior	Unattached	49:55	49:38	98.	38.
2023	Alan Brown Kesgrave 10k	119.	309	Elliott Norris	Male V40	Kesgrave Cruisers	49:56	49:48	99.	16.
2023	Alan Brown Kesgrave 10k	120.	96	Paul Berriman	Male V50	Unattached	50:06	49:37	100.	13.
2023	Alan Brown Kesgrave 10k	121.	421	N.n. 421	Male Senior		50:13	49:55	101.	39.
2023	Alan Brown Kesgrave 10k	122.	104	Aaron Cross	Male Senior	Unattached	50:13	49:57	102.	40.
2023	Alan Brown Kesgrave 10k	123.	211	Matt Cawdron	Male Senior	Unattached	50:41	50:15	103.	41.
2023	Alan Brown Kesgrave 10k	124.	305	Ryan Betts	Male Senior	Unattached	50:43	50:24	104.	42.
2023	Alan Brown Kesgrave 10k	125.	230	Vivek Verma	Male Senior	Unattached	50:51	50:30	105.	43.
2023	Alan Brown Kesgrave 10k	126.	41	Susan Lockhart	Female V60+	Ipswich Jaffa RC	50:57	50:44	21.	3.
2023	Alan Brown Kesgrave 10k	127.	259	Michelle Murphy	Female V45	Felixstowe RRC	51:06	50:35	22.	4.
2023	Alan Brown Kesgrave 10k	128.	213	Martin Turner	Male V45	Unattached	51:06	50:41	106.	17.
2023	Alan Brown Kesgrave 10k	129.	261	Anna Scanlon	Female V50	Unattached	51:16	51:01	23.	2.
2023	Alan Brown Kesgrave 10k	130.	268	Charlie Coe	Male Senior	Unattached	51:32	51:19	107.	44.
2023	Alan Brown Kesgrave 10k	131.	53	Kirsty Brook	Female Senior	Dudley Kingswinford RC	51:34	51:24	24.	10.
2023	Alan Brown Kesgrave 10k	132.	204	Martin Ashworth	Male V50	Kesgrave Cruisers	51:37	51:24	108.	14.
2023	Alan Brown Kesgrave 10k	133.	245	Bella Crawford	Female U20	Unattached	51:43	51:25	25.	3.
2023	Alan Brown Kesgrave 10k	134.	5	Neil Thorpe	Male Senior	Unattached	52:04	51:43	109.	45.
2023	Alan Brown Kesgrave 10k	135.	109	James Calver	Male Senior	Unattached	52:06	51:47	110.	46.
2023	Alan Brown Kesgrave 10k	136.	256	Peter Cleaves	Male Senior	Unattached	52:08	51:58	111.	47.
2023	Alan Brown Kesgrave 10k	137.	223	Demi-Leigh Johnson	Female Senior	Unattached	52:13	51:59	26.	11.
2023	Alan Brown Kesgrave 10k	138.	47	Tess Kirby	Female Senior	Rushmere Community Runners	52:18	52:00	27.	12.
2023	Alan Brown Kesgrave 10k	139.	244	James Crawford	Male V55	Unattached	52:23	52:04	112.	9.
2023	Alan Brown Kesgrave 10k	140.	282	Sarah Banham	Female Senior	Felixstowe RRC	52:29	52:21	28.	13.
2023	Alan Brown Kesgrave 10k	141.	250	Kane Galloway	Male Senior	Unattached	52:33	52:22	113.	48.
2023	Alan Brown Kesgrave 10k	142.	149	Dan Parish	Male Senior	Unattached	52:34	52:24	114.	49.
2023	Alan Brown Kesgrave 10k	143.	158	Joanne Harper	Female V40	Felixstowe RRC	52:40	52:18	29.	5.
2023	Alan Brown Kesgrave 10k	144.	242	Veronica Versino	Female Senior	Saint Edmund Pacers	52:49	52:40	30.	14.
2023	Alan Brown Kesgrave 10k	145.	167	Laura Collinson	Female V50	Unattached	52:57	52:35	31.	3.
2023	Alan Brown Kesgrave 10k	146.	188	Stephen Brundell	Male V40	Unattached	53:02	52:47	115.	17.
2023	Alan Brown Kesgrave 10k	147.	229	Stuart Hunt	Male Senior	Hadleigh Hares AC	53:02	52:57	116.	50.
2023	Alan Brown Kesgrave 10k	148.	300	David Watkins	Male Senior	Unattached	53:12	52:47	117.	51.
2023	Alan Brown Kesgrave 10k	149.	101	Andrew Woodman	Male V40	Unattached	53:20	53:01	118.	18.
2023	Alan Brown Kesgrave 10k	150.	156	Simon Butler	Male V50	Unattached	53:38	53:26	119.	15.
2023	Alan Brown Kesgrave 10k	151.	317	Josh Yasar	Male V40	Unattached	53:55	53:28	120.	19.
2023	Alan Brown Kesgrave 10k	152.	251	Dorian Goldsmith	Male Senior	Unattached	53:57	53:48	121.	52.
2023	Alan Brown Kesgrave 10k	153.	196	Deb Ching	Female V45	Capel Cheetahs	54:06	53:55	32.	5.
2023	Alan Brown Kesgrave 10k	154.	6	Heather Sheehan	Female V40	Unattached	54:11	53:50	33.	6.
2023	Alan Brown Kesgrave 10k	155.	24	Laura Holland	Female V45	Kesgrave Cruisers	54:17	54:14	34.	6.
2023	Alan Brown Kesgrave 10k	156.	106	Derek Daly	Male V60+	Felixstowe RRC	54:17	54:10	122.	6.
2023	Alan Brown Kesgrave 10k	157.	58	Adam Shapland	Male Senior	Unattached	54:21	54:03	123.	53.

RACE CHIP TIMING RESULTS

2023	Alan Brown	Kesgrave 10k	158.	219	Katie Peake	Female Senior	Ipswich Jaffa RC	54:31	54:18	35.	15.
2023	Alan Brown	Kesgrave 10k	159.	197	Géry Ducatel	Male V50	Unattached	54:49	54:28	124.	16.
2023	Alan Brown	Kesgrave 10k	160.	174	James Warner	Male Senior	Unattached	55:02	54:44	125.	54.
2023	Alan Brown	Kesgrave 10k	161.	112	Andrew Anderson-Hurst	Male V40	Unattached	55:06	54:48	126.	20.
2023	Alan Brown	Kesgrave 10k	162.	313	Charlotte Garnham	Female Senior	Kesgrave Cruisers	55:07	54:47	36.	16.
2023	Alan Brown	Kesgrave 10k	163.	169	Chris Fox	Male V55	Woodbridge Shufflers RC	55:10	55:02	127.	10.
2023	Alan Brown	Kesgrave 10k	164.	119	Lisa Loomes	Female Senior	Ipswich Jaffa RC	55:11	54:47	37.	17.
2023	Alan Brown	Kesgrave 10k	165.	255	Claire Phillips	Female V40	Kesgrave Cruisers	55:21	55:17	38.	7.
2023	Alan Brown	Kesgrave 10k	166.	72	Kev Linsell	Male V50	Kesgrave Cruisers	55:21	55:18	128.	17.
2023	Alan Brown	Kesgrave 10k	167.	232	Mark Foulkes	Male V50	Kesgrave Cruisers	55:28	55:20	129.	18.
2023	Alan Brown	Kesgrave 10k	168.	175	Esmé Barrack	Female U20	Unattached	55:29	55:26	39.	4.
2023	Alan Brown	Kesgrave 10k	169.	185	Pina Standring	Female V45	Unattached	55:37	55:15	40.	7.
2023	Alan Brown	Kesgrave 10k	170.	115	Matt Standring	Male V45	Unattached	55:40	55:17	130.	18.
2023	Alan Brown	Kesgrave 10k	171.	43	Lorna Webber	Female Senior	Capel Cheetahs	55:41	55:30	41.	18.
2023	Alan Brown	Kesgrave 10k	172.	181	Sadie Fairs	Female V50	Unattached	55:45	55:18	42.	4.
2023	Alan Brown	Kesgrave 10k	173.	159	Richard Allport	Male V55	Felixstowe RRC	55:52	55:44	131.	11.
2023	Alan Brown	Kesgrave 10k	174.	220	Laura Hall	Female Senior	Unattached	55:54	55:34	43.	19.
2023	Alan Brown	Kesgrave 10k	175.	312	Thomas Garnham	Male Senior	Unattached	55:57	55:37	132.	55.
2023	Alan Brown	Kesgrave 10k	176.	200	Claire Maskery	Female V40	Stowmarket Striders RC	56:02	55:42	44.	8.
2023	Alan Brown	Kesgrave 10k	177.	127	Ricky Ward	Male Senior	Unattached	56:03	55:43	133.	56.
2023	Alan Brown	Kesgrave 10k	178.	252	Simon Hamilton	Male V40	Unattached	56:12	55:48	134.	21.
2023	Alan Brown	Kesgrave 10k	179.	212	Katherine Harris	Female V40	East London Runners	56:16	55:59	45.	9.
2023	Alan Brown	Kesgrave 10k	180.	105	Jen Cross	Female Senior	Unattached	56:31	56:15	46.	20.
2023	Alan Brown	Kesgrave 10k	181.	225	Alison Myles	Female V50	Unattached	56:40	56:32	47.	5.
2023	Alan Brown	Kesgrave 10k	182.	299	Richard Westley	Male V60+	Unattached	56:44	56:19	135.	7.
2023	Alan Brown	Kesgrave 10k	183.	128	Caroline Perry	Female V40	Unattached	56:57	56:40	48.	10.
2023	Alan Brown	Kesgrave 10k	184.	50	Sarah White	Female V45	Unattached	57:06	56:47	49.	8.
2023	Alan Brown	Kesgrave 10k	185.	263	Martyna Poplawska	Female Senior	Unattached	57:09	56:45	50.	21.
2023	Alan Brown	Kesgrave 10k	186.	262	Szymon Spyra	Male Senior	Unattached	57:10	56:45	136.	57.
2023	Alan Brown	Kesgrave 10k	187.	202	Julia Moss-Eccardt	Female V50	Stowmarket Striders RC	57:12	56:52	51.	6.
2023	Alan Brown	Kesgrave 10k	188.	266	Matthew Byard	Male V45	Kesgrave Cruisers	57:37	57:10	137.	19.
2023	Alan Brown	Kesgrave 10k	189.	240	Simon Ashton	Male V55	Lonely Goat RC	57:54	57:32	138.	12.
2023	Alan Brown	Kesgrave 10k	190.	118	Kirsty Aberdein	Female V50	Unattached	58:17	58:03	52.	7.
2023	Alan Brown	Kesgrave 10k	191.	295	James Crisp	Male V45	Kesgrave Cruisers	58:38	58:08	139.	20.
2023	Alan Brown	Kesgrave 10k	192.	172	Emma Cleveland	Female V40	Unattached	58:51	58:37	53.	11.
2023	Alan Brown	Kesgrave 10k	193.	239	Teresa Brundell	Female V45	Unattached	58:53	58:39	54.	9.
2023	Alan Brown	Kesgrave 10k	194.	164	Amy Welsh	Female Senior	Kesgrave Cruisers	58:57	58:41	55.	22.
2023	Alan Brown	Kesgrave 10k	195.	165	Chris Dutton	Male V60+	Kesgrave Cruisers	58:58	58:40	140.	8.
2023	Alan Brown	Kesgrave 10k	196.	316	Garry Venn	Male V50	Unattached	58:58	58:39	141.	19.
2023	Alan Brown	Kesgrave 10k	197.	57	Joy Day	Female V40	Unattached	58:59	58:40	56.	12.
2023	Alan Brown	Kesgrave 10k	198.	191	Trevor Dixon	Male V45	Unattached	59:03	58:40	142.	21.
2023	Alan Brown	Kesgrave 10k	199.	62	Emily Pratt	Female Senior	Unattached	59:05	58:42	57.	23.

RACE CHIP TIMING RESULTS

2023	Alan Brown Kesgrave 10k	200.	310	Luke Stafford	Male U17	Kesgrave Cruisers	59:10	58:59	143.	2.
2023	Alan Brown Kesgrave 10k	201.	192	Kevin Coombs	Male V40	Unattached	59:12	59:00	144.	22.
2023	Alan Brown Kesgrave 10k	202.	189	Kate Hutson	Female V40	Ipswich Jaffa RC	59:18	59:00	58.	13.
2023	Alan Brown Kesgrave 10k	203.	135	Russell Davey	Male V55	Unattached	59:18	58:53	145.	13.
2023	Alan Brown Kesgrave 10k	204.	203	Frank Watson	Male V60+	Stowmarket Striders RC	59:23	59:00	146.	9.
2023	Alan Brown Kesgrave 10k	205.	237	Ollie Reynolds	Male Senior	Unattached	59:24	59:03	147.	58.
2023	Alan Brown Kesgrave 10k	206.	303	Dayna Jacobs	Female Senior	Unattached	59:33	59:14	59.	24.
2023	Alan Brown Kesgrave 10k	207.	302	Callum Jacobs	Male Senior	Unattached	59:33	59:15	148.	59.
2023	Alan Brown Kesgrave 10k	208.	137	Lauren Garfield	Female V45	Unattached	59:45	59:23	60.	10.
2023	Alan Brown Kesgrave 10k	209.	178	Amanda Bridger	Female V40	Unattached	59:53	59:41	61.	14.
2023	Alan Brown Kesgrave 10k	210.	177	Mark Mackinder	Male V60+	Unattached	59:54	59:42	149.	10.
2023	Alan Brown Kesgrave 10k	211.	290	Carol Bowerman	Female V50	Unattached	59:56	59:42	62.	8.
2023	Alan Brown Kesgrave 10k	212.	284	Rachel Andvig	Female Senior	Unattached	1:00:19	1:00:11	63.	25.
2023	Alan Brown Kesgrave 10k	213.	285	Helen Andvig	Female V60+	Unattached	1:00:20	1:00:12	64.	4.
2023	Alan Brown Kesgrave 10k	214.	25	Colleen Morgan	Female V55	Kesgrave Cruisers	1:00:29	1:00:06	65.	1.
2023	Alan Brown Kesgrave 10k	215.	27	Deborah Hall	Female V60+	Ipswich Phoenix Running Club	1:00:29	1:00:06	66.	5.
2023	Alan Brown Kesgrave 10k	216.	180	Leah Phillips	Female Senior	Rushmere Community Runners	1:00:31	1:00:11	67.	26.
2023	Alan Brown Kesgrave 10k	217.	182	Michael Davis	Male V50	Unattached	1:00:33	1:00:09	150.	20.
2023	Alan Brown Kesgrave 10k	218.	4	Layla Byford	Female Senior	Unattached	1:01:06	1:01:03	68.	27.
2023	Alan Brown Kesgrave 10k	219.	17	Victoria Rayner	Female V40	Unattached	1:01:22	1:01:10	69.	15.
2023	Alan Brown Kesgrave 10k	220.	116	Anca Stadler	Female Senior	Unattached	1:01:22	1:01:13	70.	28.
2023	Alan Brown Kesgrave 10k	221.	235	Rachel Hammond	Female V45	Unattached	1:01:27	1:01:18	71.	11.
2023	Alan Brown Kesgrave 10k	222.	154	Jacqueline Allport	Female V55	Felixstowe RRC	1:01:32	1:01:22	72.	2.
2023	Alan Brown Kesgrave 10k	223.	214	David Gunson	Male V60+	Kesgrave Cruisers	1:01:42	1:01:22	151.	11.
2023	Alan Brown Kesgrave 10k	224.	289	Carmen Ortiz	Female Senior	Unattached	1:01:51	1:01:27	73.	29.
2023	Alan Brown Kesgrave 10k	225.	283	Tracy Ratcliffe	Female V45	Rushmere Community Runners	1:01:53	1:01:24	74.	12.
2023	Alan Brown Kesgrave 10k	226.	292	Emma Cracknell	Female V45	Unattached	1:01:59	1:01:35	75.	13.
2023	Alan Brown Kesgrave 10k	227.	297	Grace Randall	Female Senior	Unattached	1:02:12	1:01:52	76.	30.
2023	Alan Brown Kesgrave 10k	228.	125	Ivika Thonson	Female Senior	Unattached	1:02:58	1:02:36	77.	31.
2023	Alan Brown Kesgrave 10k	229.	124	Mohit Mittal	Male Senior	Unattached	1:03:00	1:02:38	152.	60.
2023	Alan Brown Kesgrave 10k	230.	90	Jo Birch	Female V45	Lonely Goat RC	1:03:06	1:02:57	78.	14.
2023	Alan Brown Kesgrave 10k	231.	70	Helen Ward	Female V45	Unattached	1:03:28	1:03:10	79.	15.
2023	Alan Brown Kesgrave 10k	232.	249	Sharon Warland	Female V55	Stowmarket Striders RC	1:04:06	1:03:46	80.	3.
2023	Alan Brown Kesgrave 10k	233.	95	Michelle Berriman	Female V50	Unattached	1:04:14	1:03:45	81.	9.
2023	Alan Brown Kesgrave 10k	234.	318	Jon Paul Turner	Male V60+	Unattached	1:04:31	1:04:01	153.	12.
2023	Alan Brown Kesgrave 10k	235.	272	Matthew Clack	Male U20	Unattached	1:04:44	1:04:18	154.	3.
2023	Alan Brown Kesgrave 10k	236.	97	Adam Brown	Male U20	Unattached	1:04:45	1:04:18	155.	4.
2023	Alan Brown Kesgrave 10k	237.	194	Rebecca Chalklen	Female Senior	Unattached	1:04:57	1:04:27	82.	32.
2023	Alan Brown Kesgrave 10k	238.	71	Adam Cable	Male V40	Unattached	1:04:57	1:04:27	156.	23.
2023	Alan Brown Kesgrave 10k	239.	153	Claire Butcher	Female V40	Felixstowe RRC	1:05:07	1:04:57	83.	16.
2023	Alan Brown Kesgrave 10k	240.	66	Brett Martin	Male V50	Kesgrave Cruisers	1:05:22	1:04:56	157.	21.
2023	Alan Brown Kesgrave 10k	241.	67	Michelle Martin	Female V45	Kesgrave Cruisers	1:05:32	1:05:06	84.	16.

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2023	Alan Brown Kesgrave 10k	242.	117 Alex Stadler	Male Senior	Unattached	1:05:48	1:05:39	158.	61.
2023	Alan Brown Kesgrave 10k	243.	152 Doranne Brewster	Female V40	Felixstowe RRC	1:05:49	1:05:38	85.	17.
2023	Alan Brown Kesgrave 10k	244.	222 Tina Church	Female V50	Saxmundham Sports Running & Fitness Club	1:06:01	1:05:51	86.	10.
2023	Alan Brown Kesgrave 10k	245.	31 Raina Banna	Female V45	Unattached	1:06:32	1:06:18	87.	17.
2023	Alan Brown Kesgrave 10k	246.	74 Jo McGurk	Female V45	Unattached	1:06:41	1:06:18	88.	18.
2023	Alan Brown Kesgrave 10k	247.	1 Sam Clark	Male Senior	Unattached	1:06:44	1:06:28	159.	62.
2023	Alan Brown Kesgrave 10k	248.	111 Roisin Anderson-Hurst	Female Senior	Unattached	1:06:46	1:06:25	89.	33.
2023	Alan Brown Kesgrave 10k	249.	113 Faye Gibbs	Female V45	Unattached	1:06:49	1:06:28	90.	19.
2023	Alan Brown Kesgrave 10k	250.	267 Edwina Frost	Female V60+	Rushmere Community Runners	1:07:18	1:06:49	91.	6.
2023	Alan Brown Kesgrave 10k	251.	270 Rebecca Hughes	Female V50	Unattached	1:07:18	1:06:49	91.	11.
2023	Alan Brown Kesgrave 10k	252.	77 Maureen Wright	Female V60+	Ipswich Jaffa RC	1:07:20	1:06:55	93.	7.
2023	Alan Brown Kesgrave 10k	253.	88 Tanya Barnes	Female V55	Vegan Runners UK	1:07:25	1:07:17	94.	4.
2023	Alan Brown Kesgrave 10k	254.	87 Louise Curtis	Female V50	Vegan Runners UK	1:07:33	1:07:26	95.	12.
2023	Alan Brown Kesgrave 10k	255.	142 Kimberley Clements	Female Senior	Saint Edmund Pacers	1:08:29	1:08:16	96.	34.
2023	Alan Brown Kesgrave 10k	256.	254 Jackie Collins	Female V55	Felixstowe RRC	1:08:44	1:08:12	97.	5.
2023	Alan Brown Kesgrave 10k	257.	46 Katie Webber	Female V50	Rushmere Community Runners	1:08:52	1:08:21	98.	13.
2023	Alan Brown Kesgrave 10k	258.	269 Carl Purnell	Male V60+	Unattached	1:08:52	1:08:21	160.	13.
2023	Alan Brown Kesgrave 10k	259.	139 Eloise Bird	Female V55	Saint Edmund Pacers	1:09:09	1:08:56	99.	6.
2023	Alan Brown Kesgrave 10k	260.	42 Heather Smith	Female V50	Unattached	1:09:35	1:09:17	100.	14.
2023	Alan Brown Kesgrave 10k	261.	40 Sharon Hayfield	Female V50	Unattached	1:09:35	1:09:17	101.	15.
2023	Alan Brown Kesgrave 10k	262.	38 Karen Brackenbury	Female V60+	Unattached	1:09:44	1:09:27	102.	8.
2023	Alan Brown Kesgrave 10k	263.	11 Jo Whitmore	Female V45	Kesgrave Cruisers	1:09:54	1:09:34	103.	20.
2023	Alan Brown Kesgrave 10k	264.	146 Joanne Cole	Female V40	Unattached	1:09:57	1:09:32	104.	18.
2023	Alan Brown Kesgrave 10k	265.	227 Adriana Houchell	Female Senior	Ipswich Jaffa RC	1:09:58	1:09:33	105.	35.
2023	Alan Brown Kesgrave 10k	266.	286 Jonathan Ogden	Male Senior	Unattached	1:10:03	1:09:34	161.	63.
2023	Alan Brown Kesgrave 10k	267.	19 Ali Rands	Female Senior	Felixstowe RRC	1:10:09	1:09:43	106.	36.
2023	Alan Brown Kesgrave 10k	268.	16 Kelly Jarrett	Female V40	Unattached	1:10:17	1:10:04	107.	19.
2023	Alan Brown Kesgrave 10k	269.	168 Heather Mills	Female Senior	Rushmere Community Runners	1:10:44	1:10:13	108.	37.
2023	Alan Brown Kesgrave 10k	270.	60 Lisa Mahoney	Female V50	Unattached	1:11:11	1:10:53	109.	16.
2023	Alan Brown Kesgrave 10k	271.	260 Jo Whelan	Female V60+	Felixstowe RRC	1:11:21	1:10:50	110.	9.
2023	Alan Brown Kesgrave 10k	272.	279 Daniela Elstone	Female V55	Felixstowe RRC	1:11:21	1:10:50	111.	7.
2023	Alan Brown Kesgrave 10k	273.	86 Stacie Moss	Female Senior	Vegan Runners UK	1:11:30	1:11:21	112.	38.
2023	Alan Brown Kesgrave 10k	274.	89 Paul Moss	Male V45	Vegan Runners UK	1:11:30	1:11:21	162.	22.
2023	Alan Brown Kesgrave 10k	275.	187 Katherine Mills	Female V40	Unattached	1:11:57	1:11:28	113.	20.
2023	Alan Brown Kesgrave 10k	276.	233 Kerry Finch	Female V45	Unattached	1:12:05	1:11:50	114.	21.
2023	Alan Brown Kesgrave 10k	277.	21 Heidi Manning	Female V45	Unattached	1:12:14	1:11:52	115.	22.
2023	Alan Brown Kesgrave 10k	278.	3 Emily Gillingham	Female Senior	Unattached	1:12:16	1:12:01	116.	39.
2023	Alan Brown Kesgrave 10k	279.	48 Annie Driver	Female Senior	Unattached	1:12:22	1:12:07	117.	40.
2023	Alan Brown Kesgrave 10k	280.	9 Jane Gedny	Female V50	Kesgrave Cruisers	1:13:41	1:13:19	118.	17.
2023	Alan Brown Kesgrave 10k	281.	217 Sarah Cavanagh	Female V50	Unattached	1:13:45	1:13:31	119.	18.
2023	Alan Brown Kesgrave 10k	282.	236 Girish Mahajan	Male V45	Unattached	1:16:21	1:16:04	163.	23.
2023	Alan Brown Kesgrave 10k	283.	82 Sarah Godfrey	Female V45	Unattached	1:16:52	1:16:39	120.	23.

RACE CHIP TIMING RESULTS

2023 Alan Brown Kesgrave 10k	284.	45 Rachael Hagger	Female V45	Unattached	1:18:04	1:17:35	121.	24.
2023 Alan Brown Kesgrave 10k	285.	81 Carole Brown	Female V45	Unattached	1:18:45	1:18:17	122.	25.
2023 Alan Brown Kesgrave 10k	286.	61 Carole Wilson-Frizzell	Female V45	Unattached	1:18:48	1:18:20	123.	26.
2023 Alan Brown Kesgrave 10k	287.	10 Kate Howard	Female V45	Kesgrave Cruisers	1:18:48	1:18:20	124.	27.
2023 Alan Brown Kesgrave 10k	288.	186 Beverley de Boos	Female V60+	Girls That Jeff	1:20:11	1:19:41	125.	10.
2023 Alan Brown Kesgrave 10k	289.	234 Carina Pennell	Female V40	Unattached	1:21:06	1:20:52	126.	21.
2023 Alan Brown Kesgrave 10k	290.	52 Pranav Bhatt	Male U20	Unattached	1:21:09	1:20:41	164.	5.
2023 Alan Brown Kesgrave 10k	291.	8 Samantha Smith	Female V45	Kesgrave Cruisers	1:22:39	1:22:10	127.	28.
2023 Alan Brown Kesgrave 10k	292.	198 Dominique Belkadi	Female V50	Unattached	1:23:29	1:23:08	128.	19.
2023 Alan Brown Kesgrave 10k	293.	79 Hilary Marriott	Female V50	Unattached	1:31:34	1:31:05	129.	20.
2023 Alan Brown Kesgrave 10k	294.	102 Simon Girling	Male V50	Unattached	1:31:45	1:31:10	165.	22.
2023 Alan Brown Kesgrave 10k	DNF	183 Andrew Collins	Male Senior	Unattached				
2023 Alan Brown Kesgrave 10k	DNF	288 Danny Baldry	Male Senior	Unattached				
2023 Alan Brown Kesgrave 10k	DNF	129 Faye Hubbard	Female V40	Unattached				
2023 Alan Brown Kesgrave 10k	DNF	314 Rohima Abedin	Female V45	Kesgrave Cruisers				
2023 Alan Brown Kesgrave 10k	DNF	294 Samme Snow	Male Senior	Unattached				
2023 Alan Brown Kesgrave 10k	DNF	7 Will Hopkins	Male Senior	Unattached				
2023 Alan Brown Kesgrave 10k	DNS	138 Bryony Cooney	Female V40	Unattached				
2023 Alan Brown Kesgrave 10k	DNS	49 Christy Fenelon	Male V40	Unattached				
2023 Alan Brown Kesgrave 10k	DNS	170 David Scrivener	Male V40	Unattached				
2023 Alan Brown Kesgrave 10k	DNS	205 Doug Hutton-Squire	Male V50	Unattached				
2023 Alan Brown Kesgrave 10k	DNS	75 Holly Johnson	Female Senior	Vegan Runners UK				
2023 Alan Brown Kesgrave 10k	DNS	121 Ian Howlett	Male V45	Unattached				
2023 Alan Brown Kesgrave 10k	DNS	304 James Garnham	Male Senior	Unattached				
2023 Alan Brown Kesgrave 10k	DNS	76 Jonny Hodgson	Male Senior	Vegan Runners UK				
2023 Alan Brown Kesgrave 10k	DNS	315 Karl Savill	Male V50	Unattached				
2023 Alan Brown Kesgrave 10k	DNS	32 Kirk Humphries	Male V55	Unattached				
2023 Alan Brown Kesgrave 10k	DNS	22 Leo Banfield	Male U17	Unattached				
2023 Alan Brown Kesgrave 10k	DNS	35 Lisa Squirrell	Female V45	Woodbridge Shufflers RC				
2023 Alan Brown Kesgrave 10k	DNS	15 Lois Mickleburgh	Female V50	Kesgrave Cruisers				
2023 Alan Brown Kesgrave 10k	DNS	30 Nikki Vince	Female V50	Hadleigh Hares AC				
2023 Alan Brown Kesgrave 10k	DNS	18 Paul Dorset	Male V50	Felixstowe RRC				
2023 Alan Brown Kesgrave 10k	DNS	151 Ross Beech	Male Senior	Saint Edmund Pacers				
2023 Alan Brown Kesgrave 10k	DNS	122 Sarah Shinnie	Female V40	Unattached				
2023 Alan Brown Kesgrave 10k	DNS	247 Sophie McLaughlin	Female Senior	Unattached				
2023 Alan Brown Kesgrave 10k	DNS	265 Tom Orford	Male V50	Unattached				
2023 Alan Brown Kesgrave 10k	DNS	73 Tracy Watson- Brown	Female V55	Lonely Goat RC				
2023 Alan Brown Kesgrave 10k	DNS	264 Victoria Orford	Female V50	Framlingham Flyers				
2023 Alan Brown's Sprint Finish	1.	334 Harry Page	Male U17	Ipswich Harriers	06:30	06:30	1.	1.
2023 Alan Brown's Sprint Finish	2.	338 Connor Peck	Male U15	Ipswich Jaffa RC	06:37	06:37	2.	1.
2023 Alan Brown's Sprint Finish	3.	382 Hayden Phillips	Male U15	Kesgrave Cruisers	06:46	06:46	3.	2.
2023 Alan Brown's Sprint Finish	4.	358 Barney Wilkins	Male U15	Kesgrave Cruisers	06:50	06:50	4.	3.

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2023 Alan Brown's Sprint Finish	5.	329 Kieran Holland	Male U17	Kesgrave Cruisers	07:30	07:30	5.	2.
2023 Alan Brown's Sprint Finish	6.	355 Harriet McCart	Female U15	Ipswich Jaffa RC	07:30	07:30	1.	1.
2023 Alan Brown's Sprint Finish	7.	380 Seth Bowman	Male U13	Ipswich Jaffa RC	07:44	07:44	6.	1.
2023 Alan Brown's Sprint Finish	8.	335 Toby Page	Male U15	Ipswich Harriers	08:03	08:03	7.	4.
2023 Alan Brown's Sprint Finish	9.	324 Ewan Ashley	Male U13	Kesgrave Cruisers	08:06	08:06	8.	2.
2023 Alan Brown's Sprint Finish	10.	330 Billy Holland	Male U13	Kesgrave Cruisers	08:08	08:08	9.	3.
2023 Alan Brown's Sprint Finish	11.	341 Stanley Mills	Male U13	Unattached	08:10	08:10	10.	4.
2023 Alan Brown's Sprint Finish	12.	343 Kingsley Davies	Male U13	Ipswich Jaffa RC	08:20	08:20	11.	5.
2023 Alan Brown's Sprint Finish	13.	383 Owen Phillips	Male U13	Kesgrave Cruisers	08:21	08:21	12.	6.
2023 Alan Brown's Sprint Finish	14.	353 Alfie Richardson	Male U13	Unattached	08:42	08:42	13.	7.
2023 Alan Brown's Sprint Finish	15.	328 Amelia Banfield	Female U17	Unattached	08:43	08:43	2.	1.
2023 Alan Brown's Sprint Finish	16.	404 Henry Chester	Male U13	Unattached	08:48	08:48	14.	8.
2023 Alan Brown's Sprint Finish	17.	323 Declan Thorpe	Male U9	Unattached	08:58	08:58	15.	1.
2023 Alan Brown's Sprint Finish	18.	394 Finin Anderson-Hurst	Male U13	Unattached	08:59	08:59	16.	9.
2023 Alan Brown's Sprint Finish	19.	352 Seth Martin	Male U13	Kesgrave Cruisers	09:00	09:00	17.	10.
2023 Alan Brown's Sprint Finish	20.	336 Alex Lock	Male U13	Kesgrave Cruisers	09:02	09:02	18.	11.
2023 Alan Brown's Sprint Finish	21.	350 Connor Martin	Male U13	Kesgrave Cruisers	09:03	09:03	19.	12.
2023 Alan Brown's Sprint Finish	22.	344 Phoebe Brown	Female U13	Unattached	09:15	09:15	3.	1.
2023 Alan Brown's Sprint Finish	23.	392 Maisie Ablett	Female U13	Stowmarket Striders RC	09:17	09:17	4.	2.
2023 Alan Brown's Sprint Finish	24.	370 Erin Watson	Female U13	Kesgrave Cruisers	09:25	09:25	5.	3.
2023 Alan Brown's Sprint Finish	25.	373 Oliver Ward	Male U15	Kesgrave Cruisers	09:28	09:28	20.	5.
2023 Alan Brown's Sprint Finish	26.	366 Henry Ashworth	Male U13	Kesgrave Cruisers	09:31	09:31	21.	13.
2023 Alan Brown's Sprint Finish	27.	390 Matthew Emmerson	Male U13	Unattached	09:31	09:31	22.	14.
2023 Alan Brown's Sprint Finish	28.	345 Toby Howard	Male U13	Kesgrave Cruisers	09:32	09:32	23.	15.
2023 Alan Brown's Sprint Finish	29.	361 Noah Farthing	Male U13	Unattached	09:37	09:37	24.	16.
2023 Alan Brown's Sprint Finish	30.	349 Mina Du	Female U13	Unattached	09:39	09:39	6.	4.
2023 Alan Brown's Sprint Finish	31.	369 Darcey Watson	Female U13	Kesgrave Cruisers	09:44	09:44	7.	5.
2023 Alan Brown's Sprint Finish	32.	408 Austin Shirley	Male U9	Unattached	09:45	09:45	25.	2.
2023 Alan Brown's Sprint Finish	33.	409 Louis Blows	Male U9	Unattached	09:46	09:46	26.	3.
2023 Alan Brown's Sprint Finish	34.	331 Immy Catley	Female U15	Kesgrave Cruisers	09:47	09:47	8.	2.
2023 Alan Brown's Sprint Finish	35.	364 Eleanor Mills	Female U13	Unattached	09:49	09:49	9.	6.
2023 Alan Brown's Sprint Finish	36.	397 George Garfield	Male U13	Unattached	09:54	09:54	27.	17.
2023 Alan Brown's Sprint Finish	37.	377 Finnian Wood	Male U7	Unattached	09:54	09:54	28.	1.
2023 Alan Brown's Sprint Finish	38.	393 Ethan Lancaster	Male U9	Unattached	09:54	09:54	29.	4.
2023 Alan Brown's Sprint Finish	39.	342 Hector Davies	Male U9	Ipswich Jaffa RC	09:57	09:57	30.	5.
2023 Alan Brown's Sprint Finish	40.	351 Freya Martin	Female U13	Kesgrave Cruisers	10:03	10:03	10.	7.
2023 Alan Brown's Sprint Finish	41.	371 Elena Wyatt	Female U13	Kesgrave Cruisers	10:05	10:05	11.	8.
2023 Alan Brown's Sprint Finish	42.	403 Josiah Chester	Male U13	Unattached	10:08	10:08	31.	18.
2023 Alan Brown's Sprint Finish	43.	321 Sophie Stuart	Female U13	Unattached	10:13	10:13	12.	9.
2023 Alan Brown's Sprint Finish	44.	407 Robin Howell	Male U9	Unattached	10:19	10:19	32.	6.
2023 Alan Brown's Sprint Finish	45.	388 Emma Fenn	Female U13	Kesgrave Cruisers	10:23	10:23	13.	10.
2023 Alan Brown's Sprint Finish	46.	346 Luke Howard	Male U9	Kesgrave Cruisers	10:29	10:29	33.	7.

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2023 Alan Brown's Sprint Finish	47.	359 Grace Loomes	Female U13	Ipswich Jaffa RC	10:30	10:30	14.	11.
2023 Alan Brown's Sprint Finish	48.	327 Archer Sim	Male U7	Unattached	10:33	10:33	34.	2.
2023 Alan Brown's Sprint Finish	49.	372 Sam Wyatt	Male U13	Kesgrave Cruisers	10:34	10:34	35.	19.
2023 Alan Brown's Sprint Finish	50.	368 Poppy Rush	Female U15	Kesgrave Cruisers	10:39	10:39	15.	3.
2023 Alan Brown's Sprint Finish	51.	374 Jay Mahajan	Male U15	Unattached	10:41	10:41	36.	6.
2023 Alan Brown's Sprint Finish	52.	325 Jack Clarke	Male U13	Unattached	10:41	10:41	37.	20.
2023 Alan Brown's Sprint Finish	53.	340 Joshua Donovan	Male U7	Unattached	10:42	10:42	38.	3.
2023 Alan Brown's Sprint Finish	54.	365 Lucas Sands	Male U13	Unattached	10:49	10:49	39.	21.
2023 Alan Brown's Sprint Finish	55.	391 Joshua Emmerson	Male U17	Unattached	10:52	10:52	40.	3.
2023 Alan Brown's Sprint Finish	56.	347 Liam Farrell	Male U13	Unattached	10:59	10:59	41.	22.
2023 Alan Brown's Sprint Finish	57.	386 Ellis Shapland	Male U7	Unattached	11:01	11:01	42.	4.
2023 Alan Brown's Sprint Finish	58.	367 Jacob Chalklen	Male U13	Unattached	11:01	11:01	43.	23.
2023 Alan Brown's Sprint Finish	59.	387 Tina Shapland	Female Senior	Unattached	11:02	11:02	16.	1.
2023 Alan Brown's Sprint Finish	60.	384 Parker Cole	Male U7	Unattached	11:06	11:06	44.	5.
2023 Alan Brown's Sprint Finish	61.	363 Riley Brewster	Male U7	Unattached	11:13	11:13	45.	6.
2023 Alan Brown's Sprint Finish	62.	360 Constance Watchman	Female U9	Unattached	11:21	11:21	17.	1.
2023 Alan Brown's Sprint Finish	63.	376 Amy Hamilton	Female U13	Unattached	11:25	11:25	18.	12.
2023 Alan Brown's Sprint Finish	64.	339 Mark Banna	Male U9	Unattached	11:27	11:27	46.	8.
2023 Alan Brown's Sprint Finish	65.	322 Nellie-May Gillingham	Female U7	Unattached	11:47	11:47	19.	1.
2023 Alan Brown's Sprint Finish	66.	396 Cormac Anderson-Hurst	Male U9	Unattached	12:06	12:06	47.	9.
2023 Alan Brown's Sprint Finish	67.	395 Caitlin Anderson-Hurst	Female U13	Unattached	12:07	12:07	20.	13.
2023 Alan Brown's Sprint Finish	68.	348 Connor Farrell	Male U13	Unattached	12:18	12:18	48.	24.
2023 Alan Brown's Sprint Finish	69.	401 Billy Calver	Male U7	Unattached	12:25	12:25	49.	7.
2023 Alan Brown's Sprint Finish	70.	357 Riya Syamala	Female U7	Unattached	12:34	12:34	21.	2.
2023 Alan Brown's Sprint Finish	71.	362 Phia Farthing	Female U13	Unattached	12:38	12:38	22.	14.
2023 Alan Brown's Sprint Finish	72.	326 Matilda Clarke	Female U13	Unattached	12:45	12:45	23.	15.
2023 Alan Brown's Sprint Finish	73.	402 Jenny Calver	Female Senior	Unattached	12:49	12:49	24.	2.
2023 Alan Brown's Sprint Finish	74.	333 Oscar Avram	Male U7	Unattached	13:11	13:11	50.	8.
2023 Alan Brown's Sprint Finish	75.	379 Elliott Reynolds	Male U7	Unattached	13:24	13:24	51.	9.
2023 Alan Brown's Sprint Finish	76.	398 Emily Gelder	Female U13	Unattached	14:13	14:13	25.	16.
2023 Alan Brown's Sprint Finish	77.	332 Isabella Avram	Female U7	Unattached	14:14	14:14	26.	3.
2023 Alan Brown's Sprint Finish	78.	405 Audrey Shaverin-Wagner	Female U7	Unattached	15:22	15:22	27.	4.
2023 Alan Brown's Sprint Finish	79.	399 Jax Harris	Male U7	Unattached	17:14	17:14	52.	10.
2023 Alan Brown's Sprint Finish	80.	412 Hannah Harris	Female Senior	Unattached	17:18	17:18	28.	3.
2023 Alan Brown's Sprint Finish	81.	385 Leo Row	Male U7	Unattached	18:13	18:13	53.	11.
2023 Alan Brown's Sprint Finish	82.	406 Lauren Row	Female Senior	Unattached	18:13	18:13	29.	4.
2023 Alan Brown's Sprint Finish	83.	389 Theodore Coulson-Parker	Male U7	Unattached	18:40	18:40	54.	12.
2023 Alan Brown's Sprint Finish	DNF	381 Eli Bowman	Male U13	Ipswich Jaffa RC				
2023 Alan Brown's Sprint Finish	DNS	356 Edward McCart	Male U13	Ipswich Jaffa RC				
2023 Alan Brown's Sprint Finish	DNS	375 Gabriel McLaughlin	Male U9	Unattached				
2023 Alan Brown's Sprint Finish	DNS	400 Joseph Gelder	Male U13	Unattached				
2023 Alan Brown's Sprint Finish	DNS	354 Poppy Jump	Female U13	Kesgrave Cruisers				

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2023 Alan Brown's Sprint Finish	DNS	378 Toby Orford	Male U15	Framlingham Flyers					
2023 Alan Brown's Sprint Finish	DNS	410 Vesper Norris	Female U9	Unattached					
2023 Alan Brown's Sprint Finish	DNS	411 Yuyu Katada	Female U9	Unattached					
2023 Baldock 5k Rat Run	1.	91 David Edwards	Male Senior	North Herts Road Runners	17:50	17:48	1.	1.	
2023 Baldock 5k Rat Run	2.	76 Jake Lane	Male Senior	Unattached	17:55	17:54	2.	2.	
2023 Baldock 5k Rat Run	3.	58 James Dalton	Male Senior	North Herts Road Runners	18:03	18:01	3.	3.	
2023 Baldock 5k Rat Run	4.	1 Rhia Botha	Female Senior	North Herts Road Runners	18:22	18:20	1.	1.	
2023 Baldock 5k Rat Run	5.	88 John Auld	Male Senior	North Herts Road Runners	18:27	18:25	4.	4.	
2023 Baldock 5k Rat Run	6.	22 Aiden Jones	Male Senior	Unattached	18:36	18:24	5.	5.	
2023 Baldock 5k Rat Run	7.	38 Samuel Evans	Male U15	Unattached	19:13	19:08	6.	1.	
2023 Baldock 5k Rat Run	8.	97 Astrid Mckeown	Female Senior	North Herts Road Runners	19:17	19:14	2.	2.	
2023 Baldock 5k Rat Run	9.	73 James Boar	Male U15	Unattached	19:25	19:23	7.	2.	
2023 Baldock 5k Rat Run	10.	43 Tim Power	Male Senior	Unattached	19:55	19:51	8.	6.	
2023 Baldock 5k Rat Run	11.	94 Alex Robinson	Male Senior	North Herts Road Runners	19:59	19:57	9.	7.	
2023 Baldock 5k Rat Run	12.	74 Daniel Boar	Male U15	Unattached	20:56	20:55	10.	3.	
2023 Baldock 5k Rat Run	13.	64 James Spink	Male Senior	Unattached	21:02	20:53	11.	8.	
2023 Baldock 5k Rat Run	14.	59 Eleanor Roberts	Female U15	Stevenage & North Herts AC	21:28	21:27	3.	1.	
2023 Baldock 5k Rat Run	15.	95 Hannah Lochhead	Female Senior	Unattached	21:32	21:31	4.	3.	
2023 Baldock 5k Rat Run	16.	84 Kyle Gallop	Male U20	Unattached	21:50	21:44	12.	1.	
2023 Baldock 5k Rat Run	17.	57 David Whiffen	Male Senior	Unattached	22:12	22:05	13.	9.	
2023 Baldock 5k Rat Run	18.	90 Matt Tutton	Male Senior	Fairlands Valley Spartans	22:17	22:12	14.	10.	
2023 Baldock 5k Rat Run	19.	39 George Evans	Male U15	Unattached	22:21	22:15	15.	4.	
2023 Baldock 5k Rat Run	20.	36 Chris Evans	Male Senior	Unattached	22:22	22:16	16.	11.	
2023 Baldock 5k Rat Run	21.	4 Jillian Tooley-Boys	Female Senior	North Herts Road Runners	22:23	22:18	5.	4.	
2023 Baldock 5k Rat Run	22.	16 James Barry	Male U15	Unattached	22:25	22:21	17.	5.	
2023 Baldock 5k Rat Run	23.	15 Aidan Barry	Male U15	Unattached	22:39	22:35	18.	6.	
2023 Baldock 5k Rat Run	24.	56 Adam Nicholson	Male Senior	Unattached	22:49	22:45	19.	12.	
2023 Baldock 5k Rat Run	25.	92 Harry Zatouroff	Male U20	Unattached	23:00	22:57	20.	2.	
2023 Baldock 5k Rat Run	26.	19 Ann Dixon-Dyer	Female Senior	Unattached	23:37	23:30	6.	5.	
2023 Baldock 5k Rat Run	27.	50 Christopholes MacScampson	Male Senior	Unattached	23:44	23:35	21.	13.	
2023 Baldock 5k Rat Run	28.	26 Theia Freeston-Bull	Female U15	Unattached	24:08	24:02	7.	2.	
2023 Baldock 5k Rat Run	29.	25 Carly Freeston	Female Senior	Unattached	24:14	24:09	8.	6.	
2023 Baldock 5k Rat Run	30.	66 Lee Dorrill	Male Senior	Unattached	24:37	24:30	22.	14.	
2023 Baldock 5k Rat Run	31.	89 Charlie Robinson	Male V55+	Unattached	24:41	24:36	23.	1.	
2023 Baldock 5k Rat Run	32.	12 James Wayman	Male Senior	Unattached	24:53	24:48	24.	15.	
2023 Baldock 5k Rat Run	33.	14 Allison Barry	Female Senior	Unattached	24:53	24:49	9.	7.	
2023 Baldock 5k Rat Run	34.	55 Tom Wales	Male Senior	Unattached	25:21	25:17	25.	16.	
2023 Baldock 5k Rat Run	35.	51 Melissa Tanti	Female Senior	Unattached	25:40	25:29	10.	8.	
2023 Baldock 5k Rat Run	36.	96 Oliver Sutton	Male U15	Unattached	25:51	25:42	26.	7.	
2023 Baldock 5k Rat Run	37.	7 Chris Hollis	Male Senior	Unattached	26:05	25:55	27.	17.	
2023 Baldock 5k Rat Run	38.	6 Ben Davies	Male Senior	Unattached	26:05	25:55	28.	18.	
2023 Baldock 5k Rat Run	39.	42 Natalie Fiddy	Female Senior	Unattached	26:28	26:23	11.	9.	

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2023 Baldock 5k Rat Run	40.	8 Jamie Dunn	Male Senior	Unattached	26:34	26:24	29.	19.
2023 Baldock 5k Rat Run	41.	17 Lorraine Perricone	Female Senior	Unattached	26:39	26:36	12.	10.
2023 Baldock 5k Rat Run	42.	93 Sara Zatouhoff	Female V55+	Unattached	26:48	26:41	13.	1.
2023 Baldock 5k Rat Run	43.	83 Samuel Makin	Male U15	Unattached	26:49	26:42	30.	8.
2023 Baldock 5k Rat Run	44.	82 Paul Makin	Male Senior	Unattached	26:50	26:42	31.	20.
2023 Baldock 5k Rat Run	45.	18 Chris Bassett	Male V55+	Unattached	26:57	26:52	32.	2.
2023 Baldock 5k Rat Run	46.	11 Lorraine Rowley	Female V55+	Unattached	26:57	26:53	14.	2.
2023 Baldock 5k Rat Run	47.	46 David Strong	Male V55+	Unattached	27:18	27:07	33.	3.
2023 Baldock 5k Rat Run	48.	65 Joanna Moles	Female Senior	Unattached	27:29	27:22	15.	11.
2023 Baldock 5k Rat Run	49.	62 Kingsley Roberts	Male Senior	Unattached	27:42	27:36	34.	21.
2023 Baldock 5k Rat Run	50.	47 David Howitt	Male V55+	Unattached	28:00	27:54	35.	4.
2023 Baldock 5k Rat Run	51.	48 Neil MacGeeson	Male V55+	Unattached	28:02	28:02	36.	5.
2023 Baldock 5k Rat Run	52.	49 Tricky Vicky MacScampson	Female Senior	Unattached	28:02	27:53	16.	12.
2023 Baldock 5k Rat Run	53.	3 Tara Clark	Female Senior	Unattached	28:26	28:22	17.	13.
2023 Baldock 5k Rat Run	54.	81 Kathleen Thomas	Female Senior	Unattached	28:34	28:30	18.	14.
2023 Baldock 5k Rat Run	55.	61 Adam Fixter	Male U15	Unattached	28:35	28:26	37.	9.
2023 Baldock 5k Rat Run	56.	40 Laura Dorrill	Female Senior	Unattached	28:39	28:32	19.	15.
2023 Baldock 5k Rat Run	57.	60 Stuart Fixter	Male Senior	Unattached	28:48	28:38	38.	22.
2023 Baldock 5k Rat Run	58.	75 Sharon Mullan	Female Senior	Unattached	28:49	28:41	20.	16.
2023 Baldock 5k Rat Run	59.	54 Kim Wales	Female Senior	Unattached	28:54	28:51	21.	17.
2023 Baldock 5k Rat Run	60.	71 Stuart Giddings	Male Senior	Unattached	28:55	28:43	39.	23.
2023 Baldock 5k Rat Run	61.	69 Deena Giddings	Female U15	Unattached	28:55	28:43	22.	3.
2023 Baldock 5k Rat Run	62.	70 Anamika Giddings	Female Senior	Unattached	28:55	28:44	23.	18.
2023 Baldock 5k Rat Run	63.	34 Stephen Doran	Male Senior	North Herts Road Runners	29:16	29:08	40.	24.
2023 Baldock 5k Rat Run	64.	27 Tim Robinson	Male Senior	Fairlands Valley Spartans	29:21	29:06	41.	25.
2023 Baldock 5k Rat Run	65.	41 Jane Few	Female V55+	Stopsley Striders	31:07	31:04	24.	3.
2023 Baldock 5k Rat Run	66.	53 Dan Griffin	Male V55+	Unattached	31:16	31:06	42.	6.
2023 Baldock 5k Rat Run	67.	67 Marian Cowdrey	Female V55+	Unattached	31:28	31:22	25.	4.
2023 Baldock 5k Rat Run	68.	2 Karen Stephens	Female Senior	Unattached	31:36	31:33	26.	19.
2023 Baldock 5k Rat Run	69.	10 Jane Delaney	Female Senior	Unattached	31:39	31:37	27.	20.
2023 Baldock 5k Rat Run	70.	20 Steph Major	Female Senior	Unattached	31:55	31:47	28.	21.
2023 Baldock 5k Rat Run	71.	63 Safia Ballout	Female Senior	Unattached	32:10	32:00	29.	22.
2023 Baldock 5k Rat Run	72.	33 Kat Hinitt	Female Senior	North Herts Road Runners	32:11	31:56	30.	23.
2023 Baldock 5k Rat Run	73.	32 Natalie Heath	Female Senior	Unattached	32:11	31:56	31.	24.
2023 Baldock 5k Rat Run	74.	72 Clare Graygray	Female Senior	Unattached	32:13	32:05	32.	25.
2023 Baldock 5k Rat Run	75.	21 Alicia Lyons	Female Senior	Unattached	32:31	32:23	33.	26.
2023 Baldock 5k Rat Run	76.	87 Toby Hucker	Male Senior	Unattached	33:53	33:40	43.	26.
2023 Baldock 5k Rat Run	77.	79 Phil Docherty	Male Senior	Unattached	34:05	33:51	44.	27.
2023 Baldock 5k Rat Run	78.	68 Kai Green	Male Senior	Unattached	35:49	35:45	45.	28.
2023 Baldock 5k Rat Run	79.	31 Henry Lynam	Male U15	Unattached	37:10	36:51	46.	10.
2023 Baldock 5k Rat Run	80.	30 Mark Lynam	Male Senior	Unattached	37:13	36:54	47.	29.
2023 Baldock 5k Rat Run	81.	28 Rory Dear	Male Senior	Unattached	38:12	37:57	48.	30.

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2023 Baldock 5k Rat Run	82.	29 Gemma Hughes	Female Senior	Unattached	38:12	37:58	34.	27.
2023 Baldock 5k Rat Run	83.	85 Michelle Gibbs	Female Senior	Unattached	43:50	43:41	35.	28.
2023 Baldock 5k Rat Run	84.	86 Safiah Gibbs	Female U15	Unattached	43:50	43:40	36.	4.
2023 Baldock 5k Rat Run	85.	44 Helen Stone	Female V55+	Unattached	55:58	55:45	37.	5.
2023 Baldock 5k Rat Run	86.	78 Anthony Murphy	Male V55+	Unattached	55:59	55:42	49.	7.
2023 Baldock 5k Rat Run	87.	9 Anne Hegarty	Female V55+	Unattached	1:01:53	1:01:38	38.	6.
2023 Baldock 5k Rat Run	88.	77 Colette Murphy	Female V55+	Unattached	1:01:54	1:01:37	39.	7.
2023 Baldock 5k Rat Run	DNS	52 Emma Newcomb	Female Senior	Unattached				
2023 Baldock 5k Rat Run	DNS	23 Janet Boost	Female V55+	Unattached				
2023 Baldock 5k Rat Run	DNS	37 Joanne Evans	Female Senior	Unattached				
2023 Baldock 5k Rat Run	DNS	35 Lorraine Nugent	Female Senior	North Herts Road Runners				
2023 Baldock 5k Rat Run	DNS	24 Mark Paulson	Male V55+	Unattached				
2023 Baldock 5k Rat Run	DNS	45 Nathaniel Rosa	Male Senior	North Herts Road Runners				
2023 Baldock 5k Rat Run	DNS	5 Rosie King	Female V55+	Unattached				
2023 Baldock 5k Rat Run	DNS	80 Sally Butterfield	Female Senior	Unattached				
2023 Baldock 5k Rat Run	DNS	13 Sarah Brunnen	Female Senior	Unattached				
2023 Ickworth Sunset Chase 10K 1.	401	James O'brien	Male V45	Unattached	36:26	36:25	1.	1.
2023 Ickworth Sunset Chase 10K 2.	450	Ben Snape	Male Senior	Unattached	37:10	37:08	2.	1.
2023 Ickworth Sunset Chase 10K 3.	303	David Feveyer-ward	Male Senior	Unattached	41:09	41:06	3.	2.
2023 Ickworth Sunset Chase 10K 4.	242	Steve Bullen	Male V45	Unattached	42:24	42:19	4.	2.
2023 Ickworth Sunset Chase 10K 5.	449	Richard Smith	Male V45	Unattached	42:32	42:29	5.	3.
2023 Ickworth Sunset Chase 10K 6.	373	Mike Mckinstry	Male V55	Unattached	42:53	42:48	6.	1.
2023 Ickworth Sunset Chase 10K 7.	261	Joshua Clarke-davis	Male Senior	Saint Edmund Pacers	42:59	42:56	7.	3.
2023 Ickworth Sunset Chase 10K 8.	306	Stuart Fisher	Male V40	Moreton Hall Runners	43:10	43:07	8.	1.
2023 Ickworth Sunset Chase 10K 9.	329	Simon Harris	Male V45	Unattached	43:18	43:13	9.	4.
2023 Ickworth Sunset Chase 10K 10.	234	Alice Brear Clarkson	Female Senior	Ely Runners	43:32	43:29	1.	1.
2023 Ickworth Sunset Chase 10K 11.	233	Paul Brear Clarkson	Male Senior	Ely Runners	43:32	43:30	10.	4.
2023 Ickworth Sunset Chase 10K 12.	310	James Francis	Male V45	Unattached	44:58	44:45	11.	5.
2023 Ickworth Sunset Chase 10K 13.	447	Tony Smart	Male Senior	Unattached	45:03	45:01	12.	5.
2023 Ickworth Sunset Chase 10K 14.	220	Jason Beeton	Male Senior	Newmarket Joggers	45:05	44:53	13.	6.
2023 Ickworth Sunset Chase 10K 15.	265	Jo Cole	Female V40	Unattached	45:49	45:44	2.	1.
2023 Ickworth Sunset Chase 10K 16.	229	Oliver Boughton	Male V40	Saint Edmund Pacers	45:59	45:47	14.	2.
2023 Ickworth Sunset Chase 10K 17.	301	Robert Farthing	Male V40	Unattached	47:09	47:05	15.	3.
2023 Ickworth Sunset Chase 10K 18.	452	Sarah Baker	Female Senior	Unattached	47:20	47:17	3.	2.
2023 Ickworth Sunset Chase 10K 19.	478	Mark Watts	Male V40	Unattached	47:27	47:21	16.	4.
2023 Ickworth Sunset Chase 10K 20.	417	David Pipe	Male V55	Unattached	47:28	47:18	17.	2.
2023 Ickworth Sunset Chase 10K 21.	479	Miles Weaver	Male V45	Unattached	47:37	47:21	18.	6.
2023 Ickworth Sunset Chase 10K 22.	225	Daniel Bishop	Male Senior	Unattached	48:04	47:44	19.	7.
2023 Ickworth Sunset Chase 10K 23.	429	Ben Reeve	Male Senior	Unattached	48:08	48:02	20.	8.
2023 Ickworth Sunset Chase 10K 24.	258	Chris Chorley	Male V60+	Bungay Black Dog Running Club	48:18	48:04	21.	1.
2023 Ickworth Sunset Chase 10K 25.	409	Oliver Ricote	Male Senior	Moreton Hall Runners	48:37	48:28	22.	9.
2023 Ickworth Sunset Chase 10K 26.	501	Richard Jacobs	Male V50	Unattached	48:40	48:37	23.	1.

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2023 Ickworth Sunset Chase 10K 27.	412 Sam Peters	Male Senior	Unattached	48:41	48:22	24.	10.
2023 Ickworth Sunset Chase 10K 28.	399 William Oakley	Male Senior	Unattached	48:42	48:25	25.	11.
2023 Ickworth Sunset Chase 10K 29.	226 Matthew Bishop	Male Senior	Saint Edmund Pacers	49:15	49:10	26.	12.
2023 Ickworth Sunset Chase 10K 30.	345 Ed Nuttall	Male Senior	Unattached	49:25	49:20	27.	13.
2023 Ickworth Sunset Chase 10K 31.	464 Martyn Taylor	Male V40	Unattached	49:37	49:31	28.	5.
2023 Ickworth Sunset Chase 10K 32.	267 Nicky Connolly	Female V40	Unattached	49:41	49:35	4.	2.
2023 Ickworth Sunset Chase 10K 33.	388 Mary Narey	Female V55	Stowmarket Striders RC	49:44	49:40	5.	1.
2023 Ickworth Sunset Chase 10K 34.	384 James Morrell	Male Senior	Unattached	49:59	49:47	29.	14.
2023 Ickworth Sunset Chase 10K 35.	483 Chris Wells	Male Senior	Unattached	50:05	50:01	30.	15.
2023 Ickworth Sunset Chase 10K 36.	486 Jonathan Whytock	Male V45	Unattached	50:07	49:48	31.	7.
2023 Ickworth Sunset Chase 10K 37.	259 Bryan Churchard	Male Senior	Saint Edmund Pacers	50:11	50:05	32.	16.
2023 Ickworth Sunset Chase 10K 38.	439 Ben Royal	Male V45	Unattached	50:16	50:06	33.	8.
2023 Ickworth Sunset Chase 10K 39.	505 Alexander Smith	Male V45	Unattached	50:31	50:11	34.	9.
2023 Ickworth Sunset Chase 10K 40.	275 Duncan Cox	Male V50	Unattached	50:46	50:36	35.	2.
2023 Ickworth Sunset Chase 10K 41.	411 Andrew Pearce	Male V50	Unattached	50:51	50:37	36.	3.
2023 Ickworth Sunset Chase 10K 42.	241 Adam Buckle	Male Senior	Unattached	51:07	50:39	37.	17.
2023 Ickworth Sunset Chase 10K 43.	413 Mark Phillips	Male V50	Haverhill Running Club	51:14	51:04	38.	4.
2023 Ickworth Sunset Chase 10K 44.	386 Roisin Munnelly	Female Senior	Unattached	51:16	51:09	6.	3.
2023 Ickworth Sunset Chase 10K 45.	405 Paul Osborne	Male V45	Unattached	51:28	51:23	39.	10.
2023 Ickworth Sunset Chase 10K 46.	337 Jaime Howard	Male V50	Unattached	51:44	51:31	40.	5.
2023 Ickworth Sunset Chase 10K 47.	503 David Mcnae	Male V40	Kesgrave Cruisers	51:48	51:37	41.	6.
2023 Ickworth Sunset Chase 10K 48.	378 Paul Mitchell	Male V55	Unattached	51:54	51:39	42.	3.
2023 Ickworth Sunset Chase 10K 49.	228 Ian Bluett	Male Senior	Unattached	51:55	51:29	43.	18.
2023 Ickworth Sunset Chase 10K 50.	254 Joe Carter	Male Senior	Unattached	52:00	51:55	44.	19.
2023 Ickworth Sunset Chase 10K 51.	248 Ben Burrows	Male V45	Woodbridge Shufflers	52:03	51:54	45.	11.
2023 Ickworth Sunset Chase 10K 52.	237 Joshua Brett	Male Senior	Unattached	52:07	51:59	46.	20.
2023 Ickworth Sunset Chase 10K 53.	436 Lynn Roberts	Female V55	Unattached	52:10	52:07	7.	2.
2023 Ickworth Sunset Chase 10K 54.	206 Luke Arkle	Male Senior	Unattached	52:12	51:54	47.	21.
2023 Ickworth Sunset Chase 10K 55.	410 Molly Peacock	Female Senior	Unattached	52:12	52:06	8.	4.
2023 Ickworth Sunset Chase 10K 56.	204 Dave Anderson	Male V45	Unattached	52:14	52:07	48.	12.
2023 Ickworth Sunset Chase 10K 57.	214 David Ball	Male V50	Unattached	52:17	51:49	49.	6.
2023 Ickworth Sunset Chase 10K 58.	460 Mark Stocker	Male V50	Unattached	52:25	52:09	50.	7.
2023 Ickworth Sunset Chase 10K 59.	351 Katherine Joyson	Female V45	Ipswich Jaffa RC	52:42	52:24	9.	1.
2023 Ickworth Sunset Chase 10K 60.	445 Danny Sharpe	Male Senior	Unattached	52:57	52:29	51.	22.
2023 Ickworth Sunset Chase 10K 61.	222 Jo Benford	Male Senior	Unattached	53:03	52:45	52.	23.
2023 Ickworth Sunset Chase 10K 62.	232 Julie Branch	Female V50	Unattached	53:05	52:56	10.	1.
2023 Ickworth Sunset Chase 10K 63.	344 Jane Hutchinson	Female V45	Woodbridge Shufflers	53:15	53:06	11.	2.
2023 Ickworth Sunset Chase 10K 64.	402 Karen Offord	Female V45	Stowmarket Striders RC	53:35	53:31	12.	3.
2023 Ickworth Sunset Chase 10K 65.	253 Richard Carron	Male V55	Unattached	53:51	53:44	53.	4.
2023 Ickworth Sunset Chase 10K 66.	427 Kevin Raisborough	Male V55	Unattached	54:03	53:37	54.	5.
2023 Ickworth Sunset Chase 10K 67.	282 Claire Dalton-cole	Female V45	Unattached	54:16	53:55	13.	4.
2023 Ickworth Sunset Chase 10K 68.	438 Tom Robinson	Male Senior	Stowmarket Striders RC	54:29	54:21	55.	24.

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2023 Ickworth Sunset Chase 10K 69.	437 Simon Roberts	Male V45	Unattached	54:30	54:27	56.	13.
2023 Ickworth Sunset Chase 10K 70.	496 Andrew Wright	Male Senior	Unattached	54:55	54:40	57.	25.
2023 Ickworth Sunset Chase 10K 71.	266 Erica Cole	Female V40	Unattached	54:56	54:46	14.	3.
2023 Ickworth Sunset Chase 10K 72.	422 Mark Power	Male V45	Unattached	55:11	54:58	58.	14.
2023 Ickworth Sunset Chase 10K 73.	336 Lee Hopkins	Male V50	Unattached	55:48	55:25	59.	8.
2023 Ickworth Sunset Chase 10K 74.	350 Liz Johnson	Female V50	Unattached	55:52	55:43	15.	2.
2023 Ickworth Sunset Chase 10K 75.	244 Oliver Bumstead	Male V40	Unattached	55:53	55:15	60.	7.
2023 Ickworth Sunset Chase 10K 76.	455 Terry Spurgeon	Male V55	Ipswich Jaffa RC	55:56	55:45	61.	6.
2023 Ickworth Sunset Chase 10K 77.	272 Andrew Copping	Male V40	Unattached	55:59	55:40	62.	8.
2023 Ickworth Sunset Chase 10K 78.	467 Daniel Tinker	Male Senior	Unattached	56:09	55:49	63.	26.
2023 Ickworth Sunset Chase 10K 79.	468 Trevor Titcombe	Male V40	Unattached	56:18	56:11	64.	9.
2023 Ickworth Sunset Chase 10K 80.	231 Catherine Brain	Female V45	Unattached	56:26	56:12	16.	5.
2023 Ickworth Sunset Chase 10K 81.	407 Jane Parkington	Female V50	Unattached	56:32	56:12	17.	3.
2023 Ickworth Sunset Chase 10K 82.	448 Richard Smith	Male Senior	Stowmarket Striders RC	56:35	56:20	65.	27.
2023 Ickworth Sunset Chase 10K 83.	236 Mike Brentnall	Male V60+	Cambridge & Coleridge	56:36	56:09	66.	2.
2023 Ickworth Sunset Chase 10K 84.	473 Phoebe Vane	Female Senior	Saint Edmund Pacers	56:41	56:33	18.	5.
2023 Ickworth Sunset Chase 10K 85.	218 Janette Bate	Female V45	Unattached	56:44	56:29	19.	6.
2023 Ickworth Sunset Chase 10K 86.	313 Anthony Fullam	Male V50	Unattached	56:45	56:17	67.	9.
2023 Ickworth Sunset Chase 10K 87.	245 Joe Burford	Male Senior	Unattached	56:46	56:31	68.	28.
2023 Ickworth Sunset Chase 10K 88.	339 Oskar Howard	Male U17	Unattached	56:50	56:38	69.	1.
2023 Ickworth Sunset Chase 10K 89.	428 Anwen Rees	Female Senior	Unattached	57:06	56:52	20.	6.
2023 Ickworth Sunset Chase 10K 90.	380 John Mitchell	Male V60+	Unattached	57:12	57:04	70.	3.
2023 Ickworth Sunset Chase 10K 91.	493 Neil Woods	Male V60+	Unattached	57:15	56:53	71.	4.
2023 Ickworth Sunset Chase 10K 92.	295 Natalie Emms	Female V40	Unattached	57:16	56:50	21.	4.
2023 Ickworth Sunset Chase 10K 93.	294 Tony Emms	Male V45	Unattached	57:16	56:50	72.	15.
2023 Ickworth Sunset Chase 10K 94.	324 Hayden Gribble	Male Senior	Unattached	57:38	57:25	73.	29.
2023 Ickworth Sunset Chase 10K 95.	296 Diane Emsden	Female V60+	Unattached	57:49	57:46	22.	1.
2023 Ickworth Sunset Chase 10K 96.	227 Sam Bishop	Male Senior	Saint Edmund Pacers	58:12	58:02	74.	30.
2023 Ickworth Sunset Chase 10K 97.	341 Richard Howard	Male V55	Unattached	58:25	57:56	75.	7.
2023 Ickworth Sunset Chase 10K 98.	394 Holly Nichols	Female Senior	Unattached	58:25	58:04	23.	7.
2023 Ickworth Sunset Chase 10K 99.	249 Charlotte Burton	Female Senior	Red Lodge Runners	58:29	58:10	24.	8.
2023 Ickworth Sunset Chase 10K 100.	364 Graham Madge	Male V60+	Unattached	58:42	58:32	76.	5.
2023 Ickworth Sunset Chase 10K 101.	363 Sharen Madge	Female V45	Unattached	58:42	58:32	25.	7.
2023 Ickworth Sunset Chase 10K 102.	488 Richard Williams	Male V40	Unattached	58:49	58:33	77.	10.
2023 Ickworth Sunset Chase 10K 103.	224 Paul Billings	Male V45	Unattached	58:50	58:35	78.	16.
2023 Ickworth Sunset Chase 10K 104.	371 Katie McConnell	Female Senior	Unattached	59:04	58:44	26.	9.
2023 Ickworth Sunset Chase 10K 105.	273 Rebecca-Ann Coulson-parker	Female Senior	Kesgrave Cruisers	59:12	59:08	27.	10.
2023 Ickworth Sunset Chase 10K 106.	326 Kelly Guyon	Female V40	Unattached	59:29	59:11	28.	5.
2023 Ickworth Sunset Chase 10K 107.	327 Brad Guyon	Male V50	Unattached	59:29	59:11	79.	10.
2023 Ickworth Sunset Chase 10K 108.	443 Anne Schumann	Female V55	Unattached	59:36	59:28	29.	3.
2023 Ickworth Sunset Chase 10K 109.	492 Helen Wilson	Female V45	Unattached	59:56	59:27	30.	8.
2023 Ickworth Sunset Chase 10K 110.	393 Simon Nicholls	Male V50	Lonely Goat RC	1:00:13	59:56	80.	11.

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2023 Ickworth Sunset Chase 10K 111.	255 Kevin Chick	Male Senior	Unattached	1:00:32	1:00:00	81.	31.
2023 Ickworth Sunset Chase 10K 112.	283 Kelly Dargan	Female Senior	Unattached	1:00:39	1:00:20	31.	11.
2023 Ickworth Sunset Chase 10K 113.	374 Luke Mclean	Male Senior	Unattached	1:00:40	1:00:21	82.	32.
2023 Ickworth Sunset Chase 10K 114.	403 Jacqui Oneill	Female V50	Red Lodge Runners	1:00:43	1:00:24	32.	4.
2023 Ickworth Sunset Chase 10K 115.	307 Steven Footer	Male V40	Unattached	1:01:06	1:00:38	83.	11.
2023 Ickworth Sunset Chase 10K 116.	379 Lauren Mitchell	Female Senior	Unattached	1:01:14	1:00:41	33.	12.
2023 Ickworth Sunset Chase 10K 117.	348 Jazmine Jeffery	Female Senior	Unattached	1:01:20	1:01:02	34.	13.
2023 Ickworth Sunset Chase 10K 118.	375 Joanne Meningen	Female V40	Unattached	1:01:23	1:01:14	35.	6.
2023 Ickworth Sunset Chase 10K 119.	406 Annika Osborne	Female V45	Unattached	1:01:30	1:01:07	36.	9.
2023 Ickworth Sunset Chase 10K 120.	238 Ellis Broadwood-smith	Female Senior	Unattached	1:01:32	1:01:12	37.	14.
2023 Ickworth Sunset Chase 10K 121.	320 Hayley Gittings	Female V45	Unattached	1:01:42	1:01:25	38.	10.
2023 Ickworth Sunset Chase 10K 122.	239 Bethany Broughton	Female Senior	Unattached	1:01:44	1:01:35	39.	15.
2023 Ickworth Sunset Chase 10K 123.	352 Michael Judd	Male V50	Unattached	1:01:47	1:01:22	84.	12.
2023 Ickworth Sunset Chase 10K 124.	243 Simon Bullen	Male V45	Unattached	1:01:54	1:01:32	85.	17.
2023 Ickworth Sunset Chase 10K 125.	432 Charlotte Richardson	Female V40	Unattached	1:02:01	1:01:45	40.	7.
2023 Ickworth Sunset Chase 10K 126.	389 Chloe Neall	Female Senior	Unattached	1:02:05	1:02:01	41.	16.
2023 Ickworth Sunset Chase 10K 127.	431 Claire Richardson	Female V40	Unattached	1:02:07	1:01:51	42.	8.
2023 Ickworth Sunset Chase 10K 128.	366 Kate Markham	Female Senior	Unattached	1:02:30	1:02:06	43.	17.
2023 Ickworth Sunset Chase 10K 129.	287 Ethan Dobing	Male U20	Unattached	1:02:52	1:02:23	86.	1.
2023 Ickworth Sunset Chase 10K 130.	441 Bobbie Sauerzapf	Female V60+	Bungay Black Dog Running Club	1:02:55	1:02:16	44.	2.
2023 Ickworth Sunset Chase 10K 131.	340 Jasmine Howard	Female U17	Unattached	1:03:06	1:02:37	45.	1.
2023 Ickworth Sunset Chase 10K 132.	271 Sid Cooper	Male V55	Unattached	1:03:42	1:03:19	87.	8.
2023 Ickworth Sunset Chase 10K 133.	353 Mamtha Karanth	Female V55	Unattached	1:03:51	1:03:40	46.	4.
2023 Ickworth Sunset Chase 10K 134.	408 Duncan Partridge	Male V45	Unattached	1:03:56	1:03:21	88.	18.
2023 Ickworth Sunset Chase 10K 135.	347 Mike Ivatt	Male V60+	Unattached	1:04:05	1:03:38	89.	6.
2023 Ickworth Sunset Chase 10K 136.	209 Allison Austin	Female V55	Haverhill Running Club	1:04:38	1:03:29	47.	5.
2023 Ickworth Sunset Chase 10K 137.	277 Donna Crake	Female V45	Unattached	1:04:51	1:04:25	48.	11.
2023 Ickworth Sunset Chase 10K 138.	359 Peter Ling	Male Senior	Unattached	1:04:52	1:04:23	90.	33.
2023 Ickworth Sunset Chase 10K 139.	416 Gary Pinyoun	Male V50	Unattached	1:05:04	1:04:47	91.	13.
2023 Ickworth Sunset Chase 10K 140.	203 Kathy Alderton	Female V45	Unattached	1:05:13	1:04:47	49.	12.
2023 Ickworth Sunset Chase 10K 141.	297 Ben English	Male V45	Unattached	1:05:31	1:04:54	92.	19.
2023 Ickworth Sunset Chase 10K 142.	298 Samantha English	Female V45	Unattached	1:05:31	1:04:54	50.	13.
2023 Ickworth Sunset Chase 10K 143.	217 Les Bass	Male V60+	Royston Runners	1:05:44	1:05:10	93.	7.
2023 Ickworth Sunset Chase 10K 144.	498 Denise Wright	Female V60+	Stowmarket Striders RC	1:05:48	1:05:35	51.	3.
2023 Ickworth Sunset Chase 10K 145.	285 Sandra Dawkins	Female V55	Unattached	1:06:10	1:05:56	52.	6.
2023 Ickworth Sunset Chase 10K 146.	308 Peter Ford	Male V60+	Unattached	1:06:18	1:05:48	94.	8.
2023 Ickworth Sunset Chase 10K 147.	210 Suzanne Bailey	Female V55	Newmarket Joggers	1:06:27	1:05:53	53.	7.
2023 Ickworth Sunset Chase 10K 148.	418 Cecilia Pipe	Female V45	HI Runners	1:07:22	1:07:05	54.	14.
2023 Ickworth Sunset Chase 10K 149.	321 Stephanie Golding	Female V45	Unattached	1:07:40	1:07:09	55.	15.
2023 Ickworth Sunset Chase 10K 150.	489 Lynne Williams	Female V55	Unattached	1:07:41	1:07:09	56.	8.
2023 Ickworth Sunset Chase 10K 151.	390 Katrina Nethercott	Female V55	Unattached	1:08:07	1:07:46	57.	9.
2023 Ickworth Sunset Chase 10K 152.	361 James Lockyer	Male Senior	Unattached	1:08:36	1:08:04	95.	34.

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2023 Ickworth Sunset Chase 10K 153.	397 Shaun Norris	Male Senior	Unattached	1:08:38	1:08:08	96.	35.
2023 Ickworth Sunset Chase 10K 154.	284 Malcolm Darvill	Male V60+	Unattached	1:08:40	1:07:28	97.	9.
2023 Ickworth Sunset Chase 10K 155.	28 Louise Edwards	Female V45	Unattached	1:08:45	1:08:33	58.	16.
2023 Ickworth Sunset Chase 10K 156.	281 Melanie Cunningham	Male V50	Unattached	1:09:09	1:09:02	98.	14.
2023 Ickworth Sunset Chase 10K 157.	211 Claire Baker	Female V45	Unattached	1:09:09	1:09:02	59.	17.
2023 Ickworth Sunset Chase 10K 158.	398 Rose Norris	Male Senior	Unattached	1:09:22	1:08:53	99.	36.
2023 Ickworth Sunset Chase 10K 159.	278 Tessa Crocker	Female V40	Unattached	1:09:23	1:08:52	60.	9.
2023 Ickworth Sunset Chase 10K 160.	219 Ruth Bayne	Female V55	Unattached	1:09:41	1:09:15	61.	10.
2023 Ickworth Sunset Chase 10K 161.	470 Megan Turner	Female Senior	Unattached	1:10:00	1:09:36	62.	18.
2023 Ickworth Sunset Chase 10K 162.	419 James Plummer	Male Senior	Unattached	1:10:52	1:10:14	100.	37.
2023 Ickworth Sunset Chase 10K 163.	216 Cather Barlow	Female Senior	Unattached	1:10:56	1:10:17	63.	19.
2023 Ickworth Sunset Chase 10K 164.	304 Amie Field	Female Senior	Haverhill Running Club	1:10:57	1:10:18	64.	20.
2023 Ickworth Sunset Chase 10K 165.	318 Faye Gibbs	Female V45	Unattached	1:11:02	1:10:49	65.	18.
2023 Ickworth Sunset Chase 10K 166.	343 Alison Huggett	Female V40	Runmummyrun	1:11:02	1:10:49	66.	10.
2023 Ickworth Sunset Chase 10K 167.	424 Nicola Powling	Female V40	Unattached	1:11:07	1:10:41	67.	11.
2023 Ickworth Sunset Chase 10K 168.	477 Kristina Warner	Female Senior	Unattached	1:11:23	1:10:59	68.	21.
2023 Ickworth Sunset Chase 10K 169.	333 Sarah Headland	Female V40	Unattached	1:11:28	1:10:53	69.	12.
2023 Ickworth Sunset Chase 10K 170.	368 Claire Mason	Female V60+	Unattached	1:11:28	1:10:58	70.	4.
2023 Ickworth Sunset Chase 10K 171.	426 Stuart Pryke	Male Senior	Unattached	1:11:36	1:11:17	101.	38.
2023 Ickworth Sunset Chase 10K 172.	365 Susannah Mansfield	Female V45	Unattached	1:11:37	1:11:23	71.	19.
2023 Ickworth Sunset Chase 10K 173.	260 Sarah Clarke	Female Senior	Unattached	1:11:39	1:11:20	72.	22.
2023 Ickworth Sunset Chase 10K 174.	430 Heather Reynolds	Female Senior	Unattached	1:11:49	1:11:32	73.	23.
2023 Ickworth Sunset Chase 10K 175.	215 Christine Barker	Female V60+	Lonely Goat RC	1:11:54	1:11:39	74.	5.
2023 Ickworth Sunset Chase 10K 176.	230 Kacey Boyle	Female Senior	Unattached	1:12:34	1:12:17	75.	24.
2023 Ickworth Sunset Chase 10K 177.	444 Stephanie Scott	Female Senior	Unattached	1:12:34	1:12:17	76.	25.
2023 Ickworth Sunset Chase 10K 178.	435 Sarah Ripley-jones	Female V50	Unattached	1:12:35	1:11:56	77.	5.
2023 Ickworth Sunset Chase 10K 179.	372 Debbie Mcdowall	Female V60+	Stowmarket Striders RC	1:12:45	1:12:33	78.	6.
2023 Ickworth Sunset Chase 10K 180.	235 Sue Brentnall	Female V55	Cambridge & Coleridge	1:13:02	1:12:27	79.	11.
2023 Ickworth Sunset Chase 10K 181.	506 Lauren Sparron	Female Senior	Lonely Goat RC	1:14:10	1:13:39	80.	26.
2023 Ickworth Sunset Chase 10K 182.	270 Elaine Cooper	Female V50	Unattached	1:14:25	1:14:03	81.	6.
2023 Ickworth Sunset Chase 10K 183.	334 Donna Hobbs	Female V45	Unattached	1:15:16	1:14:46	82.	20.
2023 Ickworth Sunset Chase 10K 184.	289 Chery Douglas	Female Senior	Unattached	1:15:43	1:15:26	83.	27.
2023 Ickworth Sunset Chase 10K 185.	499 Anastasia Wright	Female V40	Unattached	1:16:08	1:15:51	84.	13.
2023 Ickworth Sunset Chase 10K 186.	456 Sarah Stanley	Female Senior	Unattached	1:16:09	1:15:39	85.	28.
2023 Ickworth Sunset Chase 10K 187.	338 Sophia Howard	Female V45	Unattached	1:16:15	1:15:44	86.	21.
2023 Ickworth Sunset Chase 10K 188.	490 Liz Williamson	Female V50	Unattached	1:16:25	1:15:54	87.	7.
2023 Ickworth Sunset Chase 10K 189.	293 Claire Ellis	Female Senior	Unattached	1:16:55	1:16:17	88.	29.
2023 Ickworth Sunset Chase 10K 190.	268 Debbie Cook	Female V55	Stowmarket Striders RC	1:17:02	1:16:49	89.	12.
2023 Ickworth Sunset Chase 10K 191.	504 Hannah Mitchel	Female Senior	Unattached	1:17:05	1:16:57	90.	30.
2023 Ickworth Sunset Chase 10K 192.	274 Amy Course	Female V45	Chatteris Running Club	1:17:08	1:16:26	91.	22.
2023 Ickworth Sunset Chase 10K 193.	472 Chris Uden	Male V60+	Chatteris Running Club	1:17:08	1:16:27	102.	10.
2023 Ickworth Sunset Chase 10K 194.	299 Catherine Ewan	Female V50	Chatteris Running Club	1:17:08	1:16:27	92.	8.

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2023 Ickworth Sunset Chase 10K 195.	358 Veronica Lewis	Female V45	Haverhill Running Club	1:17:21	1:16:54	93.	23.
2023 Ickworth Sunset Chase 10K 196.	201 Louise Adams	Female V55	Unattached	1:18:25	1:18:11	94.	13.
2023 Ickworth Sunset Chase 10K 197.	202 Donna Cutmore	Female V45	Unattached	1:18:34	1:18:10	95.	24.
2023 Ickworth Sunset Chase 10K 198.	387 Tanya Murphy	Female V40	Unattached	1:18:34	1:18:10	96.	14.
2023 Ickworth Sunset Chase 10K 199.	315 Gigi Gane	Female V55	Unattached	1:18:43	1:18:02	97.	14.
2023 Ickworth Sunset Chase 10K 200.	465 Sue Thomas-taylor	Female V55	Unattached	1:18:44	1:18:03	98.	15.
2023 Ickworth Sunset Chase 10K 201.	475 Emna Waddelow	Female Senior	Unattached	1:19:03	1:18:28	99.	31.
2023 Ickworth Sunset Chase 10K 202.	367 Emilie Marsh	Female V40	Unattached	1:19:05	1:18:30	100.	15.
2023 Ickworth Sunset Chase 10K 203.	502 Luke George	Male Senior	Unattached	1:19:14	1:18:49	103.	39.
2023 Ickworth Sunset Chase 10K 204.	316 Karen Gardner	Female V60+	Unattached	1:19:21	1:18:45	101.	7.
2023 Ickworth Sunset Chase 10K 205.	421 Nicola Pollard	Female Senior	Unattached	1:19:33	1:19:14	102.	32.
2023 Ickworth Sunset Chase 10K 206.	461 Peter Sturgeon	Male V55	Lonely Goat RC	1:19:40	1:19:15	104.	9.
2023 Ickworth Sunset Chase 10K 207.	264 Alison Cole	Female V40	Unattached	1:19:46	1:19:23	103.	16.
2023 Ickworth Sunset Chase 10K 208.	500 Becky Miles	Female Senior	Unattached	1:19:47	1:19:24	104.	33.
2023 Ickworth Sunset Chase 10K 209.	252 Gillian Carron	Female V50	Unattached	1:20:05	1:19:57	105.	9.
2023 Ickworth Sunset Chase 10K 210.	312 Gillian Fry	Female V55	Unattached	1:20:10	1:19:48	106.	16.
2023 Ickworth Sunset Chase 10K 211.	286 Elisabeth Dobing	Female V50	Unattached	1:21:52	1:21:22	107.	10.
2023 Ickworth Sunset Chase 10K 212.	317 Dave Gardner	Male V60+	Unattached	1:22:25	1:22:06	105.	11.
2023 Ickworth Sunset Chase 10K 213.	335 Chantal Holland	Female Senior	Unattached	1:23:25	1:22:43	108.	34.
2023 Ickworth Sunset Chase 10K 214.	440 Jennifer Ruggier	Female Senior	Unattached	1:23:25	1:22:43	109.	35.
2023 Ickworth Sunset Chase 10K 215.	396 Patrick Norris	Male V60+	Unattached	1:24:09	1:23:35	106.	12.
2023 Ickworth Sunset Chase 10K 216.	446 Rosie Sizer	Female Senior	Unattached	1:24:33	1:23:54	110.	36.
2023 Ickworth Sunset Chase 10K 217.	208 Kathryn Ashton	Female V40	Brandon Fern Hoppers	1:25:53	1:25:14	111.	17.
2023 Ickworth Sunset Chase 10K 218.	383 Danielle Moore	Female V40	Unattached	1:26:51	1:26:13	112.	18.
2023 Ickworth Sunset Chase 10K 219.	474 Meg Vasquez	Female Senior	Unattached	1:28:54	1:28:22	113.	37.
2023 Ickworth Sunset Chase 10K 220.	370 Sheree Mcalinden	Female Senior	Unattached	1:28:55	1:28:22	114.	38.
2023 Ickworth Sunset Chase 10K 221.	207 Heidi Ashford	Female V50	Unattached	1:31:54	1:31:33	115.	11.
2023 Ickworth Sunset Chase 10K 222.	459 Anthony Stewart	Male V40	Unattached	1:34:11	1:33:33	107.	12.
2023 Ickworth Sunset Chase 10K 223.	300 Rebecca Farley	Female Senior	Unattached	1:34:13	1:33:32	116.	39.
2023 Ickworth Sunset Chase 10K 224.	376 Darran Miles	Male V55	Unattached	1:34:14	1:33:33	108.	10.
2023 Ickworth Sunset Chase 10K DNS	205 Keith Andrews	Male V40	Unattached				
2023 Ickworth Sunset Chase 10K DNS	212 Peggy Baldwin	Female Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	213 Kieron Bales	Male V45	Unattached				
2023 Ickworth Sunset Chase 10K DNS	221 Harvey Bell	Male Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	223 Alastair Bennetto	Male V40	Unattached				
2023 Ickworth Sunset Chase 10K DNS	240 Jonathan Bruty	Male Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	246 Joanne Burnett	Female V40	Unattached				
2023 Ickworth Sunset Chase 10K DNS	247 Simon Burnett	Male V40	Unattached				
2023 Ickworth Sunset Chase 10K DNS	250 Bryony Cain	Female V45	Unattached				
2023 Ickworth Sunset Chase 10K DNS	251 David Cant	Male V40	Pitsea Running Club				
2023 Ickworth Sunset Chase 10K DNS	256 Emma Chilvers	Female Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	257 Matthew Chilvers	Male Senior	Unattached				

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2023 Ickworth Sunset Chase 10K DNS	262 Danielle Coates	Female Senior	Unattached
2023 Ickworth Sunset Chase 10K DNS	263 Darren Cole	Male V40	Unattached
2023 Ickworth Sunset Chase 10K DNS	269 Martin Cookson	Male V55	Unattached
2023 Ickworth Sunset Chase 10K DNS	276 Freddie Cox-hartigan	Male U20	Bungay Black Dog Running Club
2023 Ickworth Sunset Chase 10K DNS	279 Ben Cross	Male V40	Unattached
2023 Ickworth Sunset Chase 10K DNS	280 Kelly Cross	Female Senior	Unattached
2023 Ickworth Sunset Chase 10K DNS	288 Molly Doherty	Female Senior	Unattached
2023 Ickworth Sunset Chase 10K DNS	290 Aaliyah Douglas	Female Senior	Unattached
2023 Ickworth Sunset Chase 10K DNS	292 Ronnie Egan	Female V50	Unattached
2023 Ickworth Sunset Chase 10K DNS	302 Nikki Fear	Female V50	Unattached
2023 Ickworth Sunset Chase 10K DNS	305 Victoria Fish	Female Senior	Unattached
2023 Ickworth Sunset Chase 10K DNS	309 Kevin Foskett	Male V55	Unattached
2023 Ickworth Sunset Chase 10K DNS	311 Amanda Freemantle	Female V45	TriSudbury
2023 Ickworth Sunset Chase 10K DNS	314 Matthew Gallo	Male V55	Unattached
2023 Ickworth Sunset Chase 10K DNS	319 Stuart Gillibrand	Male V40	Unattached
2023 Ickworth Sunset Chase 10K DNS	322 Lynsey Green	Female Senior	Unattached
2023 Ickworth Sunset Chase 10K DNS	323 Mike Greener	Male V50	Saint Edmund Pacers
2023 Ickworth Sunset Chase 10K DNS	325 Harvey Grimwood	Male Senior	Unattached
2023 Ickworth Sunset Chase 10K DNS	328 Sean Hargreaves	Male V40	Unattached
2023 Ickworth Sunset Chase 10K DNS	330 Kieran Hartigan	Male V50	Stowmarket Striders RC
2023 Ickworth Sunset Chase 10K DNS	331 Kieran Harvey	Male Senior	Unattached
2023 Ickworth Sunset Chase 10K DNS	332 Matthew Harwood	Male V40	Unattached
2023 Ickworth Sunset Chase 10K DNS	342 Portia Howe	Female V40	Unattached
2023 Ickworth Sunset Chase 10K DNS	346 Daisy Huxtable	Female Senior	Unattached
2023 Ickworth Sunset Chase 10K DNS	349 Laura Jenkins	Female Senior	Diss and District AC
2023 Ickworth Sunset Chase 10K DNS	354 Katie Kew	Female Senior	Unattached
2023 Ickworth Sunset Chase 10K DNS	355 Sophie Kirk	Female Senior	Horsforth Harriers
2023 Ickworth Sunset Chase 10K DNS	356 Andrew Kydd	Male V50	Unattached
2023 Ickworth Sunset Chase 10K DNS	357 Lucinda Lawrence-brown	Female V45	Unattached
2023 Ickworth Sunset Chase 10K DNS	360 Sarah Lockhart	Female V40	Unattached
2023 Ickworth Sunset Chase 10K DNS	362 Ali Macdonald	Male V55	Lonely Goat RC
2023 Ickworth Sunset Chase 10K DNS	377 Victoria Mitchell	Female V50	Unattached
2023 Ickworth Sunset Chase 10K DNS	381 Matthew Monteith	Male V40	Lonely Goat RC
2023 Ickworth Sunset Chase 10K DNS	382 Carly Moody	Female V40	Unattached
2023 Ickworth Sunset Chase 10K DNS	385 Alexandra Moylett	Female Senior	Lonely Goat RC
2023 Ickworth Sunset Chase 10K DNS	391 Craig Nethercott	Male V60+	Unattached
2023 Ickworth Sunset Chase 10K DNS	392 Kevin Newey	Male V40	Unattached
2023 Ickworth Sunset Chase 10K DNS	395 Ryan Norman	Male Senior	Unattached
2023 Ickworth Sunset Chase 10K DNS	400 Leanne Oatham	Female V40	Stowmarket Striders RC
2023 Ickworth Sunset Chase 10K DNS	404 Phillip Orme	Male V60+	Unattached
2023 Ickworth Sunset Chase 10K DNS	414 Natalie Pilmer	Female Senior	Unattached
2023 Ickworth Sunset Chase 10K DNS	415 Chloe Pink	Female Senior	Unattached

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2023 Ickworth Sunset Chase 10K DNS	420 Rob Pollard	Male Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	423 David Powles	Male V40	Wyomondham AC				
2023 Ickworth Sunset Chase 10K DNS	425 Hannah Pringle	Female Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	433 Katie Riches	Female Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	434 Ian Rickard	Male Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	442 Jonathan Schofield	Male V50	Unattached				
2023 Ickworth Sunset Chase 10K DNS	451 Eleanor Sorrell	Female V40	Unattached				
2023 Ickworth Sunset Chase 10K DNS	453 Lorna Spriddell	Female Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	454 Carol Spurgeon	Female V50	Unattached				
2023 Ickworth Sunset Chase 10K DNS	457 Carrie Stearn	Female Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	458 Tracy Stevenson	Female V45	Unattached				
2023 Ickworth Sunset Chase 10K DNS	463 Jodu Symmonds	Female Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	466 Helena Tiernay	Female V45	Unattached				
2023 Ickworth Sunset Chase 10K DNS	469 Andrew Tucker	Male V55	Unattached				
2023 Ickworth Sunset Chase 10K DNS	471 Emily Tydeman	Female V40	Unattached				
2023 Ickworth Sunset Chase 10K DNS	476 Paul Walker	Male V40	Unattached				
2023 Ickworth Sunset Chase 10K DNS	480 Jason Webb	Male V40	Unattached				
2023 Ickworth Sunset Chase 10K DNS	481 Sydney Webb	Male U17	Unattached				
2023 Ickworth Sunset Chase 10K DNS	482 Lewis Wells	Male Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	484 Emily Western	Female Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	485 Jess White	Female Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	487 Elly Wilber	Female Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	491 Neil Williamson	Male V45	Unattached				
2023 Ickworth Sunset Chase 10K DNS	494 Becky Woods	Female Senior	Unattached				
2023 Ickworth Sunset Chase 10K DNS	497 George Wright	Male Senior	Stowmarket Striders RC				
2023 Ickworth Sunset Chase 5K 1.	495 Chris Woolener	Male Senior	Unattached	18:39	18:37	1.	1.
2023 Ickworth Sunset Chase 5K 2.	54 Daniel Mayes-dally	Male Senior	Unattached	19:08	19:06	2.	2.
2023 Ickworth Sunset Chase 5K 3.	18 Thomas Coe	Male Senior	Unattached	19:27	19:24	3.	3.
2023 Ickworth Sunset Chase 5K 4.	78 Henry Stokoe	Male U15	Braintree District AC	20:31	20:27	4.	1.
2023 Ickworth Sunset Chase 5K 5.	19 Chloe Connell	Female Senior	Unattached	22:09	22:07	1.	1.
2023 Ickworth Sunset Chase 5K 6.	57 Shaun Morris	Male Senior	Unattached	23:17	23:11	5.	4.
2023 Ickworth Sunset Chase 5K 7.	93 Amber Dickson	Female Senior	Unattached	23:39	23:36	2.	2.
2023 Ickworth Sunset Chase 5K 8.	64 Rob Pollard	Male Senior	Unattached	24:01	23:59	6.	5.
2023 Ickworth Sunset Chase 5K 9.	27 Archie Dowds	Male U13	Unattached	24:35	24:33	7.	1.
2023 Ickworth Sunset Chase 5K 10.	26 Les Dowds	Male V50	Unattached	24:36	24:34	8.	1.
2023 Ickworth Sunset Chase 5K 11.	1 Barry Allen	Male V60+	Lonely Goat RC	25:16	25:12	9.	1.
2023 Ickworth Sunset Chase 5K 12.	86 Vilma Vensloviene	Female V40	Unattached	25:45	25:40	3.	1.
2023 Ickworth Sunset Chase 5K 13.	369 Charlie Mayhew	Male Senior	Unattached	25:54	25:45	10.	6.
2023 Ickworth Sunset Chase 5K 14.	8 Martin Bellotti	Male V40	Unattached	26:29	26:24	11.	1.
2023 Ickworth Sunset Chase 5K 15.	37 Robert Haines	Male Senior	Unattached	26:51	26:48	12.	7.
2023 Ickworth Sunset Chase 5K 16.	49 Victoria Hunt	Female Senior	Unattached	27:10	27:04	4.	3.
2023 Ickworth Sunset Chase 5K 17.	462 Tori Swallows	Female Senior	Unattached	27:32	27:29	5.	4.

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2023	Ickworth Sunset Chase 5K	18.	291 Gio Eburne	Female V55	Unattached	27:49	27:49	6.	1.
2023	Ickworth Sunset Chase 5K	19.	70 Stephen Rout	Male V60+	Unattached	27:59	27:52	13.	2.
2023	Ickworth Sunset Chase 5K	20.	10 Mel Borley	Female V55	Unattached	28:16	28:06	7.	2.
2023	Ickworth Sunset Chase 5K	21.	96 Bryony Cain	Female V45	Unattached	28:31	28:16	8.	1.
2023	Ickworth Sunset Chase 5K	22.	87 Graham Wade	Male V55	Thetford Athletic Club	28:31	28:15	14.	1.
2023	Ickworth Sunset Chase 5K	23.	36 Charlotte Green	Female Senior	Unattached	28:49	28:33	9.	5.
2023	Ickworth Sunset Chase 5K	24.	95 Bonnie Stockdale	Female Senior	Unattached	28:59	28:49	10.	6.
2023	Ickworth Sunset Chase 5K	25.	17 Bonnie Coe	Female Senior	Unattached	29:06	28:54	11.	7.
2023	Ickworth Sunset Chase 5K	26.	55 Hayley Mead	Female Senior	Unattached	29:33	29:29	12.	8.
2023	Ickworth Sunset Chase 5K	27.	65 Jessica Power	Female U17	Unattached	29:56	29:52	13.	1.
2023	Ickworth Sunset Chase 5K	28.	2 Helen Ayers	Female V55	Unattached	30:20	30:07	14.	3.
2023	Ickworth Sunset Chase 5K	29.	76 Terry Smith	Male V60+	Unattached	30:36	30:26	15.	3.
2023	Ickworth Sunset Chase 5K	30.	51 Sarah Last	Female V50	Newmarket Joggers	31:34	31:27	15.	1.
2023	Ickworth Sunset Chase 5K	31.	97 Rachel Morris	Female Senior	Unattached	32:03	31:55	16.	9.
2023	Ickworth Sunset Chase 5K	32.	41 Sarah Higgs	Female V40	Unattached	32:26	32:19	17.	2.
2023	Ickworth Sunset Chase 5K	33.	89 Sarah Williams	Female V40	Unattached	32:54	32:49	18.	3.
2023	Ickworth Sunset Chase 5K	34.	45 Jamie Hornell-edwards	Female Senior	Unattached	33:03	32:58	19.	10.
2023	Ickworth Sunset Chase 5K	35.	68 Ellis Reinman	Female Senior	Unattached	33:18	33:11	20.	11.
2023	Ickworth Sunset Chase 5K	36.	92 Martin Godfrey	Male V45	Unattached	34:12	33:55	16.	1.
2023	Ickworth Sunset Chase 5K	37.	83 Michelle Todd	Female V40	Unattached	34:12	33:56	21.	4.
2023	Ickworth Sunset Chase 5K	38.	80 Christina Sundalskliev	Female Senior	Unattached	34:23	34:20	22.	12.
2023	Ickworth Sunset Chase 5K	39.	81 Jodie Sundalskliev	Female Senior	Unattached	34:24	34:20	23.	13.
2023	Ickworth Sunset Chase 5K	40.	24 Ailsa Denny	Female Senior	Unattached	35:24	35:16	24.	14.
2023	Ickworth Sunset Chase 5K	41.	84 Sarah Tucker	Female V50	Unattached	35:26	35:04	25.	2.
2023	Ickworth Sunset Chase 5K	42.	29 Coralie Evans	Female V55	Unattached	35:28	35:18	26.	4.
2023	Ickworth Sunset Chase 5K	43.	14 Suz Carter-white	Female V45	Haverhill Running Club	35:49	35:40	27.	2.
2023	Ickworth Sunset Chase 5K	44.	74 Alison Smith	Female V40	Haverhill Running Club	35:50	35:41	28.	5.
2023	Ickworth Sunset Chase 5K	45.	15 Stacey Castle	Female V55	Haverhill Running Club	35:57	35:48	29.	5.
2023	Ickworth Sunset Chase 5K	46.	59 Joanna Nicholas	Female V45	Unattached	35:59	35:49	30.	3.
2023	Ickworth Sunset Chase 5K	47.	9 Ann Bennion	Female V60+	Unattached	36:07	35:55	31.	1.
2023	Ickworth Sunset Chase 5K	48.	52 Sophie Last	Female Senior	Unattached	36:11	36:02	32.	15.
2023	Ickworth Sunset Chase 5K	49.	32 Tony Friend	Male V60+	Lonely Goat RC	36:18	36:06	17.	4.
2023	Ickworth Sunset Chase 5K	50.	73 Amy Shave	Female V40	Unattached	36:30	36:22	33.	6.
2023	Ickworth Sunset Chase 5K	51.	69 Elaine Robinson	Female V60+	Stowmarket Striders RC	36:41	36:25	34.	2.
2023	Ickworth Sunset Chase 5K	52.	50 Sarah James	Female V45	Waveney Valley AC	37:06	36:53	35.	4.
2023	Ickworth Sunset Chase 5K	53.	13 Carolyncarolyn Bramble	Female V60+	Unattached	37:06	36:53	36.	3.
2023	Ickworth Sunset Chase 5K	54.	48 Jenny Huff	Female V60+	Unattached	37:33	37:19	37.	4.
2023	Ickworth Sunset Chase 5K	55.	60 Emma Nicholson	Female V50	Unattached	37:41	37:30	38.	3.
2023	Ickworth Sunset Chase 5K	56.	58 Laura Naughton	Female Senior	Unattached	38:15	38:11	39.	16.
2023	Ickworth Sunset Chase 5K	57.	88 Naomi Willcox	Female V50	Unattached	38:16	37:54	40.	4.
2023	Ickworth Sunset Chase 5K	58.	85 Lauren Vejvoda	Female Senior	Unattached	39:21	39:10	41.	17.
2023	Ickworth Sunset Chase 5K	59.	35 Gillian Green	Female V60+	Newmarket Joggers	39:28	39:14	42.	5.

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2023 Ickworth Sunset Chase 5K	60.	82 Claire Thompson	Female V50	Unattached	39:44	39:32	43.	5.
2023 Ickworth Sunset Chase 5K	61.	56 Emma Mobbs	Female Senior	Unattached	39:46	39:33	44.	18.
2023 Ickworth Sunset Chase 5K	62.	7 Chloe Bellotti	Female Senior	Unattached	39:59	39:43	45.	19.
2023 Ickworth Sunset Chase 5K	63.	42 Jennifer Holland	Female Senior	Unattached	40:08	39:47	46.	20.
2023 Ickworth Sunset Chase 5K	64.	90 Rebecca Wilson	Female Senior	Unattached	40:09	39:48	47.	21.
2023 Ickworth Sunset Chase 5K	65.	31 Paul Forshaw	Male V60+	Fetch Everyone Running Club	41:27	41:10	18.	5.
2023 Ickworth Sunset Chase 5K	66.	47 Janine Howlett	Female V40	Unattached	42:27	42:09	48.	7.
2023 Ickworth Sunset Chase 5K	67.	11 Emma Bouttell	Female Senior	Unattached	42:27	42:09	49.	22.
2023 Ickworth Sunset Chase 5K	68.	94 Victoria Fish	Female Senior	Unattached	43:23	43:14	50.	23.
2023 Ickworth Sunset Chase 5K	69.	12 Veronica Bowers	Female V60+	Unattached	47:14	46:59	51.	6.
2023 Ickworth Sunset Chase 5K	70.	44 Ruth Hopper	Female V55	Unattached	47:14	46:59	52.	6.
2023 Ickworth Sunset Chase 5K	71.	67 Jo Rees	Female V45	Unattached	47:39	47:32	53.	5.
2023 Ickworth Sunset Chase 5K	72.	39 Zoe Hartill	Female Senior	Unattached	54:07	53:45	54.	24.
2023 Ickworth Sunset Chase 5K	DNS	3 Clare Bailey	Female V45	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	4 Christine Barker	Female V60+	Lonely Goat RC				
2023 Ickworth Sunset Chase 5K	DNS	5 James Battye	Male Senior	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	6 Keith Battye	Male V60+	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	16 Sarah Clarke	Female Senior	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	20 Jocelyne Crallan	Female V50	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	21 Jonathan Crallan	Male V50	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	22 Charlotte Daniels	Female Senior	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	23 Malcolm Darvill	Male V60+	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	25 Erica Dorling	Female V40	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	30 Suzanne Favell	Female V50	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	33 Gillian Fry	Female V55	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	34 Luke George	Male Senior	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	38 Gregory Hannam	Male Senior	Saint Edmund Pacers				
2023 Ickworth Sunset Chase 5K	DNS	40 Amy Hepworth	Female V40	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	43 Mary Hope	Female V60+	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	46 Beverley Howkins	Female V55	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	53 Clare Lay	Female V55	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	61 Leanne Oatham	Female V40	Stowmarket Striders RC				
2023 Ickworth Sunset Chase 5K	DNS	62 Celine Ophelders	Female Senior	Lonely Goat RC				
2023 Ickworth Sunset Chase 5K	DNS	63 Marie Parker	Female V40	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	66 Stuart Pryke	Male Senior	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	71 Emma Schofield	Female V50	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	72 Oscar Schofield	Male U15	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	75 Alexander Smith	Male V45	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	77 Jazmine Stemp	Female Senior	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	79 Nancy Story	Female Senior	Unattached				
2023 Ickworth Sunset Chase 5K	DNS	91 Becky Woods	Female Senior	Unattached				
2023 Richard Bennett Felixstowe	1.	750 Robert Dobson	Male V40	Newmarket Joggers	57:19	57:18	1.	1.

RACE CHIP TIMING RESULTS

2023	Richard Bennett Felixstowe 2.	419	Claire Jacobs	Female Senior	Hadleigh Hares AC	1:00:13	1:00:12	1.	1.
2023	Richard Bennett Felixstowe 3.	724	Adam Howlett	Male V50	Unattached	1:00:34	1:00:32	2.	1.
2023	Richard Bennett Felixstowe 4.	718	Mark Allen	Male V55	Ipswich Jaffa RC	1:01:53	1:01:52	3.	1.
2023	Richard Bennett Felixstowe 5.	732	Jonathan Glanfield	Male V40	Felixstowe RRC	1:02:28	1:02:28	4.	2.
2023	Richard Bennett Felixstowe 6.	460	Haydn Wade	Male Senior	Felixstowe RRC	1:03:37	1:03:36	5.	1.
2023	Richard Bennett Felixstowe 7.	509	Laura Thomas	Female Senior	Ipswich Jaffa RC	1:03:49	1:03:48	2.	2.
2023	Richard Bennett Felixstowe 8.	364	Henry Catling	Male Senior	Felixstowe RRC	1:03:55	1:03:55	6.	2.
2023	Richard Bennett Felixstowe 9.	503	Matthew Friend	Male Senior	Harwich Runners	1:04:13	1:04:12	7.	3.
2023	Richard Bennett Felixstowe 10.	568	Neal Hardwick	Male V45	Kesgrave Cruisers	1:04:19	1:04:15	8.	1.
2023	Richard Bennett Felixstowe 11.	505	Tom Hancock	Male V50	Harwich Runners	1:04:29	1:04:23	9.	2.
2023	Richard Bennett Felixstowe 12.	506	Tom Ames	Male V40	Stowmarket Striders RC	1:04:37	1:04:34	10.	3.
2023	Richard Bennett Felixstowe 13.	379	Gary Taylor	Male Senior	Felixstowe RRC	1:04:56	1:04:54	11.	4.
2023	Richard Bennett Felixstowe 14.	574	Ashley Smy	Male V40	Felixstowe RRC	1:05:08	1:05:07	12.	4.
2023	Richard Bennett Felixstowe 15.	537	Chris Green	Male Senior	Unattached	1:05:10	1:05:08	13.	5.
2023	Richard Bennett Felixstowe 16.	666	Paul Deasy	Male V50	Unattached	1:05:32	1:05:24	14.	3.
2023	Richard Bennett Felixstowe 17.	573	Paul Wain	Male Senior	Ipswich Jaffa RC	1:05:36	1:05:35	15.	6.
2023	Richard Bennett Felixstowe 18.	606	Harry Fitzgerald	Male Senior	Unattached	1:06:09	1:06:07	16.	7.
2023	Richard Bennett Felixstowe 19.	653	Jason Taylor	Male V50	Felixstowe RRC	1:06:27	1:06:22	17.	4.
2023	Richard Bennett Felixstowe 20.	596	Andrew Farn	Male Senior	Fordy Runs Running Club	1:07:33	1:07:31	18.	8.
2023	Richard Bennett Felixstowe 21.	615	Dave Solomon	Male V55	Felixstowe RRC	1:07:43	1:07:40	19.	2.
2023	Richard Bennett Felixstowe 22.	684	Steve Brooke	Male V55	Felixstowe RRC	1:07:51	1:07:49	20.	3.
2023	Richard Bennett Felixstowe 23.	617	Michael Jennings	Male Senior	Unattached	1:08:21	1:08:18	21.	9.
2023	Richard Bennett Felixstowe 24.	688	Jonathan Pestell	Male V40	Unattached	1:08:25	1:08:18	22.	5.
2023	Richard Bennett Felixstowe 25.	459	Kevin Peirce	Male V45	Ipswich Harriers	1:08:28	1:08:26	23.	2.
2023	Richard Bennett Felixstowe 26.	533	Rosie Horsfield	Female Senior	Ipswich Jaffa RC	1:08:42	1:08:40	3.	3.
2023	Richard Bennett Felixstowe 27.	773	Jack Carpenter	Male Senior	Felixstowe RRC	1:09:03	1:09:02	24.	10.
2023	Richard Bennett Felixstowe 28.	634	Kes Hawkins	Male Senior	Rushmere Community Runners	1:09:07	1:09:03	25.	11.
2023	Richard Bennett Felixstowe 29.	424	Stephen Munnings	Male V40	Felixstowe RRC	1:09:39	1:09:37	26.	6.
2023	Richard Bennett Felixstowe 30.	671	Richard Alexander	Male V50	Unattached	1:09:44	1:09:40	27.	5.
2023	Richard Bennett Felixstowe 31.	705	Adrian Frost	Male V50	Saint Edmund Pacers	1:09:50	1:09:47	28.	6.
2023	Richard Bennett Felixstowe 32.	504	Robin Brookes	Male V50	Harwich Runners	1:09:54	1:09:47	29.	7.
2023	Richard Bennett Felixstowe 33.	733	Nick Frost	Male V50	Capel Cheetahs	1:09:56	1:09:33	30.	8.
2023	Richard Bennett Felixstowe 34.	726	Alice Brear Clarkson	Female Senior	Ely Runners	1:10:27	1:10:24	4.	4.
2023	Richard Bennett Felixstowe 35.	727	Paul Brear Clarkson	Male Senior	Ely Runners	1:10:27	1:10:24	31.	12.
2023	Richard Bennett Felixstowe 36.	385	Steve Hall	Male V50	Framlingham Flyers	1:10:34	1:10:31	32.	9.
2023	Richard Bennett Felixstowe 37.	522	Stephen Bullen	Male V45	Great Bentley Running Club	1:10:43	1:10:40	33.	3.
2023	Richard Bennett Felixstowe 38.	637	Neil Barnett	Male Senior	Unattached	1:10:50	1:10:39	34.	13.
2023	Richard Bennett Felixstowe 39.	709	Philip Chappels	Male V45	Kesgrave Cruisers	1:11:36	1:11:31	35.	4.
2023	Richard Bennett Felixstowe 40.	743	Simon Garnham	Male Senior	Unattached	1:11:43	1:11:38	36.	14.
2023	Richard Bennett Felixstowe 41.	605	Adam Bretts	Male V40	Unattached	1:11:43	1:11:41	37.	7.
2023	Richard Bennett Felixstowe 42.	783	Daryl Simpson	Male V50	Ipswich Jaffa RC	1:11:47	1:11:41	38.	10.
2023	Richard Bennett Felixstowe 43.	757	Chris Wong	Male Senior	Saxmundham Sports Running & Fitness Club	1:11:52	1:11:45	39.	15.

RACE CHIP TIMING RESULTS

2023	Richard Bennett Felixstowe	44.	604	Luke Whitwell	Male V40	Felixstowe RRC	1:12:20	1:12:19	40.	8.
2023	Richard Bennett Felixstowe	45.	665	Jason King	Male V40	Felixstowe RRC	1:12:57	1:12:51	41.	9.
2023	Richard Bennett Felixstowe	46.	512	Roger Stone	Male V55	Kesgrave Kreuzers	1:13:03	1:12:57	42.	4.
2023	Richard Bennett Felixstowe	47.	692	Stuart Wright	Male V45	Felixstowe RRC	1:13:23	1:13:17	43.	5.
2023	Richard Bennett Felixstowe	48.	387	Kevin Clegg	Male V40	Kesgrave Kreuzers	1:13:24	1:13:19	44.	10.
2023	Richard Bennett Felixstowe	49.	370	David Bowman	Male V40	Unattached	1:13:47	1:13:43	45.	11.
2023	Richard Bennett Felixstowe	50.	524	Mircea Batog	Male Senior	Unattached	1:13:54	1:13:53	46.	16.
2023	Richard Bennett Felixstowe	51.	349	Robin Harper	Male V45	Felixstowe RRC	1:13:58	1:13:56	47.	6.
2023	Richard Bennett Felixstowe	52.	351	Sam Baxter	Female V40	Felixstowe RRC	1:14:09	1:14:04	5.	1.
2023	Richard Bennett Felixstowe	53.	618	Holly Taylor	Female Senior	Felixstowe RRC	1:14:26	1:14:16	6.	5.
2023	Richard Bennett Felixstowe	54.	699	Sally Waterworth	Female V45	Ipswich Triathlon Club	1:14:33	1:14:29	7.	1.
2023	Richard Bennett Felixstowe	55.	507	Mark Novels	Male V60+	Haverhill Running Club	1:14:53	1:14:49	48.	1.
2023	Richard Bennett Felixstowe	56.	710	Jayne Chappels	Female V45	Kesgrave Kreuzers	1:14:59	1:14:55	8.	2.
2023	Richard Bennett Felixstowe	57.	650	Mark Ford	Male V55	Felixstowe RRC	1:15:52	1:15:50	49.	5.
2023	Richard Bennett Felixstowe	58.	742	Harry Grimsey	Male Senior	Saxmundham Sports Running & Fitness Club	1:16:15	1:16:08	50.	17.
2023	Richard Bennett Felixstowe	59.	652	Mark Goodwin	Male V50	Felixstowe RRC	1:16:17	1:16:11	51.	11.
2023	Richard Bennett Felixstowe	60.	344	Kerry Buckley	Male V50	Felixstowe RRC	1:16:18	1:16:08	52.	12.
2023	Richard Bennett Felixstowe	61.	525	Gregor Kennedy	Male V50	BLC on the Run	1:17:02	1:16:51	53.	13.
2023	Richard Bennett Felixstowe	62.	771	Dominic Bareham	Male V40	Felixstowe RRC	1:17:32	1:17:26	54.	12.
2023	Richard Bennett Felixstowe	63.	704	Martin Jarvis	Male V45	Unattached	1:17:40	1:17:37	55.	7.
2023	Richard Bennett Felixstowe	64.	669	Mark Bulstrode	Male V40	Kesgrave Kreuzers	1:17:44	1:17:38	56.	13.
2023	Richard Bennett Felixstowe	65.	695	Tom Taylor	Male V60+	Unattached	1:17:54	1:17:32	57.	2.
2023	Richard Bennett Felixstowe	66.	536	Luke Jones	Male V40	Unattached	1:18:03	1:17:37	58.	14.
2023	Richard Bennett Felixstowe	67.	355	Daniel Pelling	Male V50	Haverhill Running Club	1:18:11	1:18:07	59.	14.
2023	Richard Bennett Felixstowe	68.	614	Stephen Dunnett	Male V60+	Framlingham Flyers	1:18:17	1:18:11	60.	3.
2023	Richard Bennett Felixstowe	69.	691	Ross Rands	Male Senior	Felixstowe RRC	1:18:19	1:18:08	61.	18.
2023	Richard Bennett Felixstowe	70.	557	Adrian Peake	Male V55	Ipswich Jaffa RC	1:18:35	1:18:32	62.	6.
2023	Richard Bennett Felixstowe	71.	746	Jo Hayward	Female V50	Stowmarket Striders RC	1:18:42	1:18:26	9.	1.
2023	Richard Bennett Felixstowe	72.	426	Bryan Wybrow	Male V40	Felixstowe RRC	1:18:43	1:18:35	63.	15.
2023	Richard Bennett Felixstowe	73.	442	Jamie Briers	Male Senior	Unattached	1:18:48	1:18:46	64.	19.
2023	Richard Bennett Felixstowe	74.	739	Rob Armstrong	Male V40	Lonely Goat RC	1:18:51	1:18:19	65.	16.
2023	Richard Bennett Felixstowe	75.	467	Carl Berriman	Male V50	Rushmere Community Runners	1:19:04	1:18:50	66.	15.
2023	Richard Bennett Felixstowe	76.	775	Rehaan Husain	Male Senior	Unattached	1:19:23	1:19:19	67.	20.
2023	Richard Bennett Felixstowe	77.	371	Sam Linassi	Female V45	Felixstowe RRC	1:19:28	1:19:24	10.	3.
2023	Richard Bennett Felixstowe	78.	751	Ian Coxall	Male V50	Rushmere Community Runners	1:19:31	1:19:23	68.	16.
2023	Richard Bennett Felixstowe	79.	552	John Vincombe	Male Senior	Unattached	1:19:32	1:19:29	69.	21.
2023	Richard Bennett Felixstowe	80.	422	Dave Howgego	Male V55	Woodbridge Shufflers RC	1:19:45	1:19:33	70.	7.
2023	Richard Bennett Felixstowe	81.	767	Oliver Dixon	Male Senior	Unattached	1:19:53	1:19:42	71.	22.
2023	Richard Bennett Felixstowe	82.	403	Chris Osborne	Male V45	Felixstowe RRC	1:20:05	1:19:48	72.	8.
2023	Richard Bennett Felixstowe	83.	740	Ryan Davidson	Male Senior	Unattached	1:20:10	1:19:45	73.	23.
2023	Richard Bennett Felixstowe	84.	700	Richard White	Male V45	Unattached	1:20:14	1:20:09	74.	9.
2023	Richard Bennett Felixstowe	85.	473	Mark Rose	Male V45	Ipswich Jaffa RC	1:20:20	1:20:13	75.	10.

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2023	Richard Bennett Felixstowe	86.	602	Chris Chorley	Male V60+	Bungay Black Dog RC	1:20:23	1:20:10	76.	4.
2023	Richard Bennett Felixstowe	87.	722	Matthew Mann	Male V40	Unattached	1:20:26	1:20:04	77.	17.
2023	Richard Bennett Felixstowe	88.	400	Heather Smith	Female V40	Maidenhead AC	1:20:34	1:20:27	11.	2.
2023	Richard Bennett Felixstowe	89.	753	Benjamin Askew	Male V45	Unattached	1:20:46	1:20:41	78.	11.
2023	Richard Bennett Felixstowe	90.	384	Barry Hawtin	Male V40	Felixstowe RRC	1:20:57	1:20:49	79.	18.
2023	Richard Bennett Felixstowe	91.	546	Nicki Ripman	Female V40	Unattached	1:21:18	1:21:03	12.	3.
2023	Richard Bennett Felixstowe	92.	664	Chay Hathway	Male Senior	Unattached	1:21:52	1:21:29	80.	24.
2023	Richard Bennett Felixstowe	93.	482	David Church	Male V50	Felixstowe RRC	1:22:25	1:22:19	81.	17.
2023	Richard Bennett Felixstowe	94.	545	George Mann	Male Senior	Unattached	1:22:30	1:22:10	82.	25.
2023	Richard Bennett Felixstowe	95.	694	Andrew Cleveland	Male V50	Unattached	1:22:30	1:22:18	83.	18.
2023	Richard Bennett Felixstowe	96.	452	Helen Findley	Female V40	Kesgrave Cruisers	1:22:30	1:22:14	13.	4.
2023	Richard Bennett Felixstowe	97.	570	Sandy Page	Female V45	Kesgrave Cruisers	1:22:31	1:22:14	14.	4.
2023	Richard Bennett Felixstowe	98.	752	Simon Askew	Male V45	Unattached	1:22:40	1:22:34	84.	12.
2023	Richard Bennett Felixstowe	99.	534	Richard Laycock	Male V45	Unattached	1:22:52	1:22:43	85.	13.
2023	Richard Bennett Felixstowe	100.	636	Darin Osborne	Male V55	Rushmere Community Runners	1:22:54	1:22:40	86.	8.
2023	Richard Bennett Felixstowe	101.	511	Kevin Whelan	Male V55	Felixstowe RRC	1:22:57	1:22:47	87.	9.
2023	Richard Bennett Felixstowe	102.	682	Peter Woods	Male V40	Felixstowe RRC	1:23:05	1:22:52	88.	19.
2023	Richard Bennett Felixstowe	103.	404	Mark Clinton	Male V40	Unattached	1:23:07	1:22:41	89.	20.
2023	Richard Bennett Felixstowe	104.	672	Bryn Ablard	Male Senior	Unattached	1:23:08	1:23:01	90.	26.
2023	Richard Bennett Felixstowe	105.	645	Lewis Grant	Male V45	Unattached	1:23:11	1:22:54	91.	14.
2023	Richard Bennett Felixstowe	106.	706	Simon Fenn	Male V55	BLC on the Run	1:23:24	1:23:10	92.	10.
2023	Richard Bennett Felixstowe	107.	599	Graham Wigley	Male V60+	Framlingham Flyers	1:23:25	1:23:20	93.	5.
2023	Richard Bennett Felixstowe	108.	702	Tom Stephens	Male V50	Felixstowe RRC	1:23:25	1:23:19	94.	19.
2023	Richard Bennett Felixstowe	109.	737	Emma Ward	Female Senior	Diss and District AC	1:23:29	1:23:22	15.	6.
2023	Richard Bennett Felixstowe	110.	627	Alec Wright	Male V45	Ipswich Jaffa RC	1:23:32	1:23:20	95.	15.
2023	Richard Bennett Felixstowe	111.	518	James Morrell	Male Senior	Unattached	1:23:48	1:23:44	96.	27.
2023	Richard Bennett Felixstowe	112.	761	Chris Haystead	Male V50	Unattached	1:24:18	1:24:08	97.	20.
2023	Richard Bennett Felixstowe	113.	464	Andrew Budd	Male V60+	Capel Cheetahs	1:24:23	1:24:15	98.	6.
2023	Richard Bennett Felixstowe	114.	535	Neil Hunting	Male V45	Unattached	1:24:24	1:24:09	99.	16.
2023	Richard Bennett Felixstowe	115.	597	Michelle Murphy	Female V45	Felixstowe RRC	1:24:29	1:24:19	16.	5.
2023	Richard Bennett Felixstowe	116.	405	Kim Smith	Female Senior	Diss and District AC	1:24:33	1:24:27	17.	7.
2023	Richard Bennett Felixstowe	117.	440	Aimee Mclachlan	Female V50	Woodbridge Shufflers RC	1:24:34	1:24:11	18.	2.
2023	Richard Bennett Felixstowe	118.	629	Daniel Bycraft	Male Senior	Unattached	1:24:39	1:24:34	100.	28.
2023	Richard Bennett Felixstowe	119.	760	Kevin Scutcher	Male V40	Unattached	1:24:41	1:24:19	101.	21.
2023	Richard Bennett Felixstowe	120.	444	Carl Bergdahl	Male V50	Ipswich Jaffa RC	1:24:46	1:24:33	102.	21.
2023	Richard Bennett Felixstowe	121.	396	Christopher Durrant	Male V55	Felixstowe RRC	1:24:55	1:24:45	103.	11.
2023	Richard Bennett Felixstowe	122.	641	Mark Gleen	Male V45	Kesgrave Cruisers	1:24:58	1:24:45	104.	17.
2023	Richard Bennett Felixstowe	123.	646	Paul Stone	Male V45	Felixstowe RRC	1:25:15	1:25:10	105.	18.
2023	Richard Bennett Felixstowe	124.	631	Alexander Smith	Male V45	Unattached	1:25:23	1:25:03	106.	19.
2023	Richard Bennett Felixstowe	125.	589	Richard Phillips	Male V45	Kesgrave Cruisers	1:25:30	1:25:12	107.	20.
2023	Richard Bennett Felixstowe	126.	443	Adam Plummer	Male Senior	Rushmere Community Runners	1:25:35	1:25:21	108.	29.
2023	Richard Bennett Felixstowe	127.	491	Chris Hodges	Male Senior	Unattached	1:25:36	1:25:22	109.	30.

RACE CHIP TIMING RESULTS

2023 Richard Bennett Felixstowe 128.	683 David Robinson	Male V50	Rushmere Community Runners	1:25:42	1:25:25	110.	22.
2023 Richard Bennett Felixstowe 129.	711 Mike Ward	Male V50	Woodbridge Shufflers RC	1:25:52	1:25:45	111.	23.
2023 Richard Bennett Felixstowe 130.	723 Samantha Shipp	Female V45	Unattached	1:25:56	1:25:36	19.	6.
2023 Richard Bennett Felixstowe 131.	765 Kate Heeks	Female Senior	Stowmarket Striders RC	1:26:04	1:25:53	20.	8.
2023 Richard Bennett Felixstowe 132.	447 Mark Flatman	Male V50	Ipswich Triathlon Club	1:26:11	1:26:03	112.	24.
2023 Richard Bennett Felixstowe 133.	772 Darrell Sampson	Male V40	Unattached	1:26:12	1:26:03	113.	22.
2023 Richard Bennett Felixstowe 134.	580 Olivia Ellis	Female Senior	Ipswich Jaffa RC	1:26:16	1:26:06	21.	9.
2023 Richard Bennett Felixstowe 135.	439 Kitty Mithen	Female Senior	Woodbridge Shufflers RC	1:26:24	1:26:11	22.	10.
2023 Richard Bennett Felixstowe 136.	593 Jamie Youngs	Male Senior	Unattached	1:26:31	1:26:29	114.	31.
2023 Richard Bennett Felixstowe 137.	720 Sarah Severwright	Female V40	Kesgrave Cruisers	1:26:33	1:26:15	23.	5.
2023 Richard Bennett Felixstowe 138.	607 Sam Toy	Male Senior	Felixstowe RRC	1:26:36	1:26:31	115.	32.
2023 Richard Bennett Felixstowe 139.	487 Hayley Emmens	Female Senior	Unattached	1:26:38	1:26:23	24.	11.
2023 Richard Bennett Felixstowe 140.	542 Katie Scott	Female Senior	Unattached	1:26:40	1:26:25	25.	12.
2023 Richard Bennett Felixstowe 141.	397 Sian Abbott	Female Senior	Ipswich Jaffa RC	1:26:53	1:26:42	26.	13.
2023 Richard Bennett Felixstowe 142.	591 Anton Wedderburn	Male V40	Unattached	1:27:05	1:27:00	116.	23.
2023 Richard Bennett Felixstowe 143.	498 Vanessa Girling	Female Senior	Unattached	1:27:13	1:27:06	27.	14.
2023 Richard Bennett Felixstowe 144.	523 Krystian Sprawski	Male V40	Unattached	1:27:18	1:27:03	117.	24.
2023 Richard Bennett Felixstowe 145.	478 Vincent Steensma	Male V50	Capel Cheetahs	1:27:23	1:26:54	118.	25.
2023 Richard Bennett Felixstowe 146.	585 Jason Walne	Male V50	Unattached	1:27:30	1:27:22	119.	26.
2023 Richard Bennett Felixstowe 147.	391 Luke Coster-Reeve	Male Senior	Unattached	1:27:35	1:27:20	120.	33.
2023 Richard Bennett Felixstowe 148.	721 Guy Hayward	Male V50	Unattached	1:27:50	1:27:35	121.	27.
2023 Richard Bennett Felixstowe 149.	608 Harry Lloyd	Male Senior	Unattached	1:27:51	1:27:47	122.	34.
2023 Richard Bennett Felixstowe 150.	488 Mark Lynch	Male V50	Witham RC	1:27:51	1:27:31	123.	28.
2023 Richard Bennett Felixstowe 151.	642 Keith Lansdown	Male V55	Ipswich Jaffa RC	1:28:12	1:28:02	124.	12.
2023 Richard Bennett Felixstowe 152.	448 Rachel Brooke	Female V50	Ipswich Jaffa RC	1:28:15	1:28:04	28.	3.
2023 Richard Bennett Felixstowe 153.	749 Sean Brownell	Male Senior	Unattached	1:28:25	1:28:10	125.	35.
2023 Richard Bennett Felixstowe 154.	529 Natalie King	Female V50	Thetford AC	1:28:26	1:28:17	29.	4.
2023 Richard Bennett Felixstowe 155.	713 Carrie Kemp	Female V45	Felixstowe RRC	1:28:27	1:28:07	30.	7.
2023 Richard Bennett Felixstowe 156.	782 Adam Buckle	Male Senior	Unattached	1:28:31	1:28:05	126.	36.
2023 Richard Bennett Felixstowe 157.	494 Richard Rendell	Male Senior	Unattached	1:28:32	1:27:58	127.	37.
2023 Richard Bennett Felixstowe 158.	759 Helen Evans	Female V45	Ipswich Jaffa RC	1:28:37	1:28:19	31.	8.
2023 Richard Bennett Felixstowe 159.	630 Alison Goodwin	Female V50	Haverhill Running Club	1:28:38	1:28:08	32.	5.
2023 Richard Bennett Felixstowe 160.	747 Daniel Ward	Male V40	Unattached	1:28:41	1:28:19	128.	25.
2023 Richard Bennett Felixstowe 161.	716 Oliver Fenn	Male Senior	Unattached	1:28:45	1:28:30	129.	38.
2023 Richard Bennett Felixstowe 162.	744 John Askew	Male V40	Unattached	1:28:47	1:28:28	130.	26.
2023 Richard Bennett Felixstowe 163.	428 Amanda Smith	Female V45	Woodbridge Shufflers RC	1:28:53	1:28:30	33.	9.
2023 Richard Bennett Felixstowe 164.	730 Matt Sims	Male V50	Unattached	1:29:00	1:28:32	131.	29.
2023 Richard Bennett Felixstowe 165.	623 Steven King	Male V50	Unattached	1:29:08	1:28:55	132.	30.
2023 Richard Bennett Felixstowe 166.	541 Glenn Fruish	Male V60+	Haverhill Running Club	1:29:17	1:29:14	133.	7.
2023 Richard Bennett Felixstowe 167.	616 Kayleigh Turpin	Female Senior	Felixstowe RRC	1:29:19	1:29:03	34.	15.
2023 Richard Bennett Felixstowe 168.	411 Tess Kirby	Female Senior	Rushmere Community Runners	1:29:29	1:29:11	35.	16.
2023 Richard Bennett Felixstowe 169.	697 Karen Deasy	Female V40	Unattached	1:29:53	1:29:36	36.	6.

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2023	Richard Bennett Felixstowe	170.	689	Jon Summers	Male Senior	Ipswich Jaffa RC	1:29:56	1:29:45	134.	39.
2023	Richard Bennett Felixstowe	171.	632	Kyle Seager	Male V40	Kesgrave Kreuzers	1:30:34	1:30:26	135.	27.
2023	Richard Bennett Felixstowe	172.	423	Sarah Davies	Female V40	Woodbridge Shufflers RC	1:30:48	1:30:35	37.	7.
2023	Richard Bennett Felixstowe	173.	633	David Masters	Male V40	Felixstowe RRC	1:30:48	1:30:48	136.	28.
2023	Richard Bennett Felixstowe	174.	343	Oliver Cribben-Pearse	Male V45	Unattached	1:30:59	1:30:50	137.	21.
2023	Richard Bennett Felixstowe	175.	429	Libby Eagles	Female Senior	Unattached	1:31:08	1:30:49	38.	17.
2023	Richard Bennett Felixstowe	176.	501	Nigel Harrison	Male V50	Ipswich Jaffa RC	1:31:10	1:30:58	138.	31.
2023	Richard Bennett Felixstowe	177.	402	Debbie Catling	Female V50	Felixstowe RRC	1:31:25	1:31:05	39.	6.
2023	Richard Bennett Felixstowe	178.	492	Yusuf Firat	Male V60+	Saffron Striders RC	1:31:47	1:31:21	139.	8.
2023	Richard Bennett Felixstowe	179.	497	Mark Girling	Male V45	Unattached	1:31:52	1:31:44	140.	22.
2023	Richard Bennett Felixstowe	180.	339	Graham Styles	Male V60+	Unattached	1:31:57	1:31:22	141.	9.
2023	Richard Bennett Felixstowe	181.	613	Mark Weston	Male V50	Unattached	1:31:57	1:31:34	142.	32.
2023	Richard Bennett Felixstowe	182.	357	Craig Osborn	Male V60+	Unattached	1:32:11	1:32:04	143.	10.
2023	Richard Bennett Felixstowe	183.	435	Matt Johnson	Male V45	Unattached	1:32:22	1:32:11	144.	23.
2023	Richard Bennett Felixstowe	184.	579	Sinead Bloomfield	Female Senior	Unattached	1:32:29	1:32:11	40.	18.
2023	Richard Bennett Felixstowe	185.	389	Tim Parnell	Male V55	Ipswich Jaffa RC	1:32:39	1:32:36	145.	13.
2023	Richard Bennett Felixstowe	186.	662	Steve Ward	Male V40	Unattached	1:32:41	1:32:18	146.	29.
2023	Richard Bennett Felixstowe	187.	350	Emma Brown	Female V45	Unattached	1:32:43	1:32:18	41.	10.
2023	Richard Bennett Felixstowe	188.	715	Jane Parkington	Female V50	Unattached	1:32:49	1:32:20	42.	7.
2023	Richard Bennett Felixstowe	189.	561	Sarah Vick	Female V50	Saxmundham Sports Running & Fitness Club	1:32:52	1:32:38	43.	8.
2023	Richard Bennett Felixstowe	190.	717	Sam Ingram	Female V50	Unattached	1:33:07	1:32:49	44.	9.
2023	Richard Bennett Felixstowe	191.	620	Tracy Pelling	Female V50	Haverhill Running Club	1:33:38	1:33:13	45.	10.
2023	Richard Bennett Felixstowe	192.	654	Robert Simpson	Male V45	Unattached	1:34:05	1:33:51	147.	24.
2023	Richard Bennett Felixstowe	193.	655	Rebecca Harling	Female V40	Unattached	1:34:05	1:33:51	46.	8.
2023	Richard Bennett Felixstowe	194.	392	Paul Causon	Male V45	Unattached	1:34:07	1:33:42	148.	25.
2023	Richard Bennett Felixstowe	195.	778	Connor Cooper	Male Senior	Unattached	1:34:16	1:33:43	149.	40.
2023	Richard Bennett Felixstowe	196.	555	Fiona Hunt	Female V50	Unattached	1:34:39	1:34:27	47.	11.
2023	Richard Bennett Felixstowe	197.	559	Annabel Brown	Female Senior	Ipswich Jaffa RC	1:34:40	1:34:21	48.	19.
2023	Richard Bennett Felixstowe	198.	398	Catherine Hughes	Female V40	Unattached	1:34:50	1:34:18	49.	9.
2023	Richard Bennett Felixstowe	199.	738	Thomas Gibson	Male Senior	Unattached	1:35:00	1:34:44	150.	41.
2023	Richard Bennett Felixstowe	200.	571	David Watkins	Male Senior	Unattached	1:35:00	1:34:38	151.	42.
2023	Richard Bennett Felixstowe	201.	707	Kerry Kirkpatrick	Female Senior	Unattached	1:35:11	1:35:01	50.	20.
2023	Richard Bennett Felixstowe	202.	690	Orlando Costa	Male V40	Unattached	1:35:20	1:34:41	152.	30.
2023	Richard Bennett Felixstowe	203.	673	Caroline Burgess	Female V45	Unattached	1:35:25	1:35:14	51.	11.
2023	Richard Bennett Felixstowe	204.	731	Elaine Turner	Female Senior	Hadleigh Hares AC	1:35:26	1:35:20	52.	21.
2023	Richard Bennett Felixstowe	205.	679	Viki Smith	Female V40	Unattached	1:35:26	1:35:21	53.	10.
2023	Richard Bennett Felixstowe	206.	624	Malcolm Ward-Ashton	Male V50	Unattached	1:35:28	1:35:24	153.	33.
2023	Richard Bennett Felixstowe	207.	513	Claire Purnell	Female V50	Unattached	1:35:38	1:35:05	54.	12.
2023	Richard Bennett Felixstowe	208.	755	David Steward	Male V60+	Woodbridge Shufflers RC	1:35:45	1:35:21	154.	11.
2023	Richard Bennett Felixstowe	209.	680	Craig Hasnip	Male V50	Unattached	1:35:50	1:35:25	155.	34.
2023	Richard Bennett Felixstowe	210.	769	Tim Kerr	Male Senior	Unattached	1:36:00	1:35:41	156.	43.
2023	Richard Bennett Felixstowe	211.	625	Adam Smith	Male V40	Woodbridge Shufflers RC	1:36:16	1:35:52	157.	31.

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2023	Richard Bennett Felixstowe	212.	394	Carl Newell	Male V45	Unattached	1:36:16	1:36:06	158.	26.
2023	Richard Bennett Felixstowe	213.	582	Laura Kaye	Female Senior	Unattached	1:36:27	1:36:09	55.	22.
2023	Richard Bennett Felixstowe	214.	457	Mark King	Male Senior	Felixstowe RRC	1:36:46	1:36:40	159.	44.
2023	Richard Bennett Felixstowe	215.	590	Kieron Perry	Male V50	Ipswich Jaffa RC	1:36:51	1:36:28	160.	35.
2023	Richard Bennett Felixstowe	216.	729	Mark Sadler	Male V40	Felixstowe RRC	1:36:55	1:36:37	161.	32.
2023	Richard Bennett Felixstowe	217.	643	Guy Brinkley	Male V40	Unattached	1:36:57	1:36:41	162.	33.
2023	Richard Bennett Felixstowe	218.	453	Linda Mears	Female V40	Framlingham Flyers	1:36:57	1:36:41	56.	11.
2023	Richard Bennett Felixstowe	219.	454	Jon Lewis	Male V40	Unattached	1:36:57	1:36:42	163.	34.
2023	Richard Bennett Felixstowe	220.	678	Richard Carron	Male V55	Unattached	1:36:59	1:36:49	164.	14.
2023	Richard Bennett Felixstowe	221.	456	Jennifer Wright	Female V40	Ipswich Jaffa RC	1:37:06	1:36:54	57.	12.
2023	Richard Bennett Felixstowe	222.	417	Rachel Southgate	Female V40	Felixstowe RRC	1:37:07	1:36:55	58.	13.
2023	Richard Bennett Felixstowe	223.	441	Jim Briers	Male V60+	Felixstowe RRC	1:37:18	1:37:10	165.	12.
2023	Richard Bennett Felixstowe	224.	622	Adam Brown	Male Senior	Unattached	1:37:50	1:37:47	166.	45.
2023	Richard Bennett Felixstowe	225.	372	Leanne Ashdown	Female V40	Unattached	1:38:03	1:37:39	59.	14.
2023	Richard Bennett Felixstowe	226.	774	Mark Power	Male V45	Unattached	1:38:09	1:37:58	167.	27.
2023	Richard Bennett Felixstowe	227.	609	Alex Gibson	Male Senior	Unattached	1:38:15	1:38:11	168.	46.
2023	Richard Bennett Felixstowe	228.	577	Martyn Brewster	Male V50	Felixstowe RRC	1:38:31	1:37:58	169.	36.
2023	Richard Bennett Felixstowe	229.	784	Will Johnson	Male Senior	Unattached	1:38:45	1:38:41	170.	47.
2023	Richard Bennett Felixstowe	230.	776	John Weston	Male V60+	Unattached	1:38:48	1:38:11	171.	13.
2023	Richard Bennett Felixstowe	231.	493	Tracey Watts	Female V40	Unattached	1:38:49	1:38:24	60.	15.
2023	Richard Bennett Felixstowe	232.	668	Emma Mead	Female V45	Unattached	1:38:58	1:38:34	61.	12.
2023	Richard Bennett Felixstowe	233.	603	Bobbie Sauerzapf	Female V60+	Bungay Black Dog RC	1:39:10	1:38:38	62.	1.
2023	Richard Bennett Felixstowe	234.	612	Jo Barker	Female V40	Unattached	1:39:17	1:39:14	63.	16.
2023	Richard Bennett Felixstowe	235.	554	Wayne Grant	Male V60+	Unattached	1:39:22	1:38:54	172.	14.
2023	Richard Bennett Felixstowe	236.	521	Samantha Cloud	Female V55	Unattached	1:39:28	1:39:05	64.	1.
2023	Richard Bennett Felixstowe	237.	712	Kate Oconnor-Parker	Female V45	Woodbridge Shufflers RC	1:39:39	1:39:16	65.	13.
2023	Richard Bennett Felixstowe	238.	703	Damian Hack	Male V45	Unattached	1:39:41	1:39:29	173.	28.
2023	Richard Bennett Felixstowe	239.	675	Kelly Guyon	Female V40	Unattached	1:39:52	1:39:25	66.	17.
2023	Richard Bennett Felixstowe	240.	674	Bradley Guyon	Male V50	Unattached	1:39:52	1:39:25	174.	37.
2023	Richard Bennett Felixstowe	241.	725	James Hemsley	Male V60+	Unattached	1:39:54	1:39:51	175.	15.
2023	Richard Bennett Felixstowe	242.	474	Pamela St Leger-Mcconnell	Female V55	Unattached	1:40:00	1:39:50	67.	2.
2023	Richard Bennett Felixstowe	243.	461	Lorna Webber	Female Senior	Capel Cheetahs	1:40:02	1:39:38	68.	23.
2023	Richard Bennett Felixstowe	244.	451	Roger Robinson-Turner	Male V50	Unattached	1:40:09	1:39:42	176.	38.
2023	Richard Bennett Felixstowe	245.	651	Simon Wiggins	Male V50	Felixstowe RRC	1:40:17	1:40:00	177.	39.
2023	Richard Bennett Felixstowe	246.	756	Andy Walter	Male V55	Norfolk Gazelles AC	1:40:19	1:40:09	178.	15.
2023	Richard Bennett Felixstowe	247.	719	Richard Neal	Male V40	Unattached	1:40:24	1:40:01	179.	35.
2023	Richard Bennett Felixstowe	248.	434	Martin Splisted	Male V50	Rushmere Community Runners	1:40:27	1:40:13	180.	40.
2023	Richard Bennett Felixstowe	249.	532	Michael Sheldrake	Male Senior	Unattached	1:40:29	1:40:17	181.	48.
2023	Richard Bennett Felixstowe	250.	786	James Abbot	Male Senior	Unattached	1:40:30	1:40:09	182.	49.
2023	Richard Bennett Felixstowe	251.	558	Lisa Loomes	Female Senior	Ipswich Jaffa RC	1:40:33	1:40:04	69.	24.
2023	Richard Bennett Felixstowe	252.	556	Hayley Harper	Female V45	Ipswich Jaffa RC	1:40:34	1:40:22	70.	14.
2023	Richard Bennett Felixstowe	253.	768	Simon Newland	Male V40	Unattached	1:40:35	1:40:04	183.	36.

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2023	Richard Bennett Felixstowe	254.	648 Rhian Taylor	Female Senior	Unattached	1:40:37	1:40:16	71.	25.
2023	Richard Bennett Felixstowe	255.	563 Darren Storey	Male V55	Felixstowe RRC	1:40:37	1:40:25	184.	16.
2023	Richard Bennett Felixstowe	256.	766 Trevor Dixon	Male V45	Unattached	1:40:45	1:40:21	185.	29.
2023	Richard Bennett Felixstowe	257.	358 Sian Wilson	Female V50	Unattached	1:40:53	1:40:36	72.	13.
2023	Richard Bennett Felixstowe	258.	499 Sean Dickinson	Male V50	Vegan Runners UK	1:41:05	1:40:48	186.	41.
2023	Richard Bennett Felixstowe	259.	463 Terry Spurgeon	Male V55	Ipswich Jaffa RC	1:41:08	1:40:57	187.	17.
2023	Richard Bennett Felixstowe	260.	480 Teresa Brown	Female Senior	Rushmere Community Runners	1:41:17	1:40:54	73.	26.
2023	Richard Bennett Felixstowe	261.	543 Marcus Brown	Male V50	Rushmere Community Runners	1:41:17	1:40:54	188.	42.
2023	Richard Bennett Felixstowe	262.	510 Joe Sayer	Male Senior	Haverhill Running Club	1:41:31	1:41:01	189.	50.
2023	Richard Bennett Felixstowe	263.	657 Jenny Merry	Female V40	Unattached	1:41:32	1:41:06	74.	18.
2023	Richard Bennett Felixstowe	264.	656 James Wood	Male V55	Unattached	1:41:32	1:41:06	190.	18.
2023	Richard Bennett Felixstowe	265.	531 Ruth Baker	Female V45	Ipswich Jaffa RC	1:41:43	1:41:28	75.	15.
2023	Richard Bennett Felixstowe	266.	544 Ewa Niezgodka	Female V40	Unattached	1:41:53	1:41:44	76.	19.
2023	Richard Bennett Felixstowe	267.	380 Tony Stewart	Male V60+	Lonely Goat RC	1:42:19	1:41:59	191.	16.
2023	Richard Bennett Felixstowe	268.	484 Martin Garrod	Male V60+	Ipswich Phoenix Running Club	1:42:23	1:41:58	192.	17.
2023	Richard Bennett Felixstowe	269.	647 Timmy Taylor	Male V40	Unattached	1:42:37	1:42:16	193.	37.
2023	Richard Bennett Felixstowe	270.	436 Sophie Bell	Female Senior	Ipswich Phoenix Running Club	1:42:41	1:42:17	77.	27.
2023	Richard Bennett Felixstowe	271.	764 Keith Anderson	Male V55	Woodbridge Shufflers RC	1:42:48	1:42:30	194.	19.
2023	Richard Bennett Felixstowe	272.	626 Kate Hutson	Female V40	Ipswich Jaffa RC	1:43:29	1:43:01	78.	20.
2023	Richard Bennett Felixstowe	273.	490 Alla Kolomiiets	Female Senior	Unattached	1:43:30	1:43:01	79.	28.
2023	Richard Bennett Felixstowe	274.	693 Emma Cleveland	Female V45	Unattached	1:43:31	1:43:18	80.	16.
2023	Richard Bennett Felixstowe	275.	660 Tetiana Kolinchenko	Female Senior	Unattached	1:43:39	1:43:11	81.	29.
2023	Richard Bennett Felixstowe	276.	659 Jennifer Reed	Female V40	Unattached	1:43:40	1:43:12	82.	21.
2023	Richard Bennett Felixstowe	277.	581 David Rout	Male V60+	Harwich Runners	1:43:44	1:43:23	195.	18.
2023	Richard Bennett Felixstowe	278.	594 Sarah White	Female V45	Unattached	1:43:54	1:43:45	83.	17.
2023	Richard Bennett Felixstowe	279.	362 Doug Betts	Male V45	Unattached	1:44:01	1:43:35	196.	30.
2023	Richard Bennett Felixstowe	280.	763 Claire Pickard	Female V45	Woodbridge Shufflers RC	1:44:06	1:43:42	84.	18.
2023	Richard Bennett Felixstowe	281.	471 Andrew Mitchell	Male V45	Unattached	1:44:10	1:43:43	197.	31.
2023	Richard Bennett Felixstowe	282.	741 Neil Burton	Male V50	Unattached	1:44:10	1:43:42	198.	43.
2023	Richard Bennett Felixstowe	283.	483 Gerry Mccarthy	Male V60+	Ipswich Phoenix Running Club	1:44:10	1:43:45	199.	19.
2023	Richard Bennett Felixstowe	284.	701 Joe Naughton	Male V60+	Stowmarket Striders RC	1:44:19	1:44:00	200.	20.
2023	Richard Bennett Felixstowe	285.	495 Deb Ching	Female V45	Capel Cheetahs	1:44:24	1:43:59	85.	19.
2023	Richard Bennett Felixstowe	286.	601 Joanna Blyth	Female V50	Felixstowe RRC	1:44:27	1:44:09	86.	14.
2023	Richard Bennett Felixstowe	287.	777 Andrew French	Male V50	Unattached	1:44:34	1:44:00	201.	44.
2023	Richard Bennett Felixstowe	288.	586 Louise Ramsay	Female V50	Ipswich Jaffa RC	1:44:41	1:44:22	87.	15.
2023	Richard Bennett Felixstowe	289.	565 Charlotte Green	Female Senior	Unattached	1:44:56	1:44:47	88.	30.
2023	Richard Bennett Felixstowe	290.	681 Clayton Fosker	Male Senior	Unattached	1:44:56	1:44:51	202.	51.
2023	Richard Bennett Felixstowe	291.	407 Paul Dorset	Male V50	Felixstowe RRC	1:44:58	1:44:35	203.	45.
2023	Richard Bennett Felixstowe	292.	345 Rosie Ovel	Female Senior	Fordy Runs Running Club	1:45:25	1:44:55	89.	31.
2023	Richard Bennett Felixstowe	293.	686 Jen Cross	Female Senior	Unattached	1:45:03	1:45:48	90.	32.
2023	Richard Bennett Felixstowe	294.	685 Aaron Cross	Male Senior	Unattached	1:46:03	1:45:48	204.	52.
2023	Richard Bennett Felixstowe	295.	369 Chris Dutton	Male V60+	Kesgrave Kreuzers	1:46:05	1:45:46	205.	21.

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2023	Richard Bennett Felixstowe 296.	367 Amy Welsh	Female Senior	Kesgrave Cruisers	1:46:05	1:45:47	91.	33.
2023	Richard Bennett Felixstowe 297.	758 Craig Evans	Male V40	Ipswich Jaffa RC	1:46:15	1:45:50	206.	38.
2023	Richard Bennett Felixstowe 298.	418 Lee Cornwell	Male V45	Rushmere Community Runners	1:46:15	1:45:51	207.	32.
2023	Richard Bennett Felixstowe 299.	455 Glen Page	Male V45	Rushmere Community Runners	1:46:16	1:45:53	208.	33.
2023	Richard Bennett Felixstowe 300.	635 Shane Minns	Male V60+	Unattached	1:46:23	1:46:01	209.	22.
2023	Richard Bennett Felixstowe 301.	638 Alison Myles	Female V50	Unattached	1:46:43	1:46:24	92.	16.
2023	Richard Bennett Felixstowe 302.	472 Harry Suckling	Male Senior	Unattached	1:46:54	1:46:26	210.	53.
2023	Richard Bennett Felixstowe 303.	770 Patrick Cook	Male Senior	Unattached	1:46:59	1:46:21	211.	54.
2023	Richard Bennett Felixstowe 304.	413 Leah Phillips	Female Senior	Rushmere Community Runners	1:47:41	1:47:20	93.	34.
2023	Richard Bennett Felixstowe 305.	714 Phil Davies	Male V55	Ipswich Jaffa RC	1:47:44	1:47:26	212.	20.
2023	Richard Bennett Felixstowe 306.	663 Stephanie Walker	Female Senior	Unattached	1:47:52	1:47:25	94.	35.
2023	Richard Bennett Felixstowe 307.	517 Hayley Gittings	Female V45	Unattached	1:47:52	1:47:25	95.	20.
2023	Richard Bennett Felixstowe 308.	576 Charlotte Richardson	Female V40	Unattached	1:47:52	1:47:25	96.	22.
2023	Richard Bennett Felixstowe 309.	479 Claire Richardson	Female V40	Unattached	1:47:52	1:47:25	97.	23.
2023	Richard Bennett Felixstowe 310.	446 Nessie Thorpe	Female V45	Ipswich Triathlon Club	1:48:15	1:47:48	98.	21.
2023	Richard Bennett Felixstowe 311.	667 Peter Tungate	Male V40	Unattached	1:48:16	1:47:59	213.	39.
2023	Richard Bennett Felixstowe 312.	745 Adrian Cole	Male V60+	Stowmarket Striders RC	1:48:20	1:47:52	214.	23.
2023	Richard Bennett Felixstowe 313.	569 Lucia Hardwick	Female V45	Kesgrave Cruisers	1:48:29	1:47:52	99.	22.
2023	Richard Bennett Felixstowe 314.	342 Lydia Foy	Female V45	Unattached	1:48:37	1:48:28	100.	23.
2023	Richard Bennett Felixstowe 315.	376 Simon Ashton	Male V55	Lonely Goat RC	1:48:47	1:48:26	215.	21.
2023	Richard Bennett Felixstowe 316.	365 David Mansfield	Male V55	Haverhill Running Club	1:49:05	1:48:34	216.	22.
2023	Richard Bennett Felixstowe 317.	550 Tony Adolphus	Male V60+	Ipswich Jaffa RC	1:49:25	1:48:55	217.	24.
2023	Richard Bennett Felixstowe 318.	735 Hans-Jurgens Wiedner	Male V60+	Unattached	1:49:29	1:49:10	218.	25.
2023	Richard Bennett Felixstowe 319.	670 Anna Kawalec	Female V40	Unattached	1:49:37	1:49:03	101.	24.
2023	Richard Bennett Felixstowe 320.	361 Kirsty Aberdein	Female V50	Unattached	1:49:57	1:49:44	102.	17.
2023	Richard Bennett Felixstowe 321.	481 Jenny Church	Female V60+	Felixstowe RRC	1:50:08	1:49:59	103.	2.
2023	Richard Bennett Felixstowe 322.	360 John Edwards	Male V50	Unattached	1:50:25	1:50:06	219.	46.
2023	Richard Bennett Felixstowe 323.	378 Matt Makin	Male Senior	Felixstowe RRC	1:50:40	1:50:20	220.	55.
2023	Richard Bennett Felixstowe 324.	359 James Mears	Male V55	Haverhill Running Club	1:51:49	1:51:19	221.	23.
2023	Richard Bennett Felixstowe 325.	639 Alex Hadley	Female V45	Tiptree Road Runners	1:51:53	1:51:21	104.	24.
2023	Richard Bennett Felixstowe 326.	640 Craig Vernon	Male V55	Tiptree Road Runners	1:51:53	1:51:21	222.	24.
2023	Richard Bennett Felixstowe 327.	382 Carl Jarrett	Male V45	Felixstowe RRC	1:52:06	1:51:53	223.	34.
2023	Richard Bennett Felixstowe 328.	583 David Denton	Male V60+	Deal Tri Club	1:52:08	1:52:06	224.	26.
2023	Richard Bennett Felixstowe 329.	572 Richard Westley	Male V60+	Unattached	1:52:36	1:52:14	225.	27.
2023	Richard Bennett Felixstowe 330.	477 John Bain	Male V60+	Lonely Goat RC	1:52:39	1:52:05	226.	28.
2023	Richard Bennett Felixstowe 331.	587 Helen Ward	Female V45	Unattached	1:52:45	1:52:37	105.	25.
2023	Richard Bennett Felixstowe 332.	598 Mandy Godbold	Female V55	Ipswich Harriers	1:52:58	1:52:48	106.	3.
2023	Richard Bennett Felixstowe 333.	502 Robert Reason	Male V55	Stowmarket Striders RC	1:53:18	1:52:48	227.	25.
2023	Richard Bennett Felixstowe 334.	353 Jo Mcgurk	Female V45	Unattached	1:53:25	1:52:49	107.	26.
2023	Richard Bennett Felixstowe 335.	584 Adriana Houchell	Female Senior	Ipswich Jaffa RC	1:53:56	1:53:27	108.	36.
2023	Richard Bennett Felixstowe 336.	595 Chris Slemmings	Male V60+	Ipswich Triathlon Club	1:54:54	1:54:34	228.	29.
2023	Richard Bennett Felixstowe 337.	366 Melanie Mansfield	Female V40	Haverhill Running Club	1:55:13	1:54:43	109.	25.

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2023	Richard Bennett Felixstowe	338.	408	Rosie Bennett	Female Senior	Unattached	1:55:24	1:55:03	110.	37.
2023	Richard Bennett Felixstowe	339.	781	Tom Davies	Male Senior	Unattached	1:55:24	1:55:03	229.	56.
2023	Richard Bennett Felixstowe	340.	661	Alaco Doyle	Female V55	Unattached	1:55:28	1:54:55	111.	4.
2023	Richard Bennett Felixstowe	341.	658	Paul Hubert	Male V40	Unattached	1:55:49	1:55:25	230.	40.
2023	Richard Bennett Felixstowe	342.	780	Andrew Beckinsale	Male V40	Unattached	1:56:05	1:55:29	231.	41.
2023	Richard Bennett Felixstowe	343.	386	Kirsty Marsh	Female V40	Felixstowe RRC	1:56:54	1:56:23	112.	26.
2023	Richard Bennett Felixstowe	344.	696	Sharon Taylor	Female V50	Unattached	1:56:54	1:56:33	113.	18.
2023	Richard Bennett Felixstowe	345.	515	Katherine Wells	Female V40	Unattached	1:57:06	1:56:59	114.	27.
2023	Richard Bennett Felixstowe	346.	438	Larissa Mayhew	Female V55	Unattached	1:57:11	1:56:40	115.	5.
2023	Richard Bennett Felixstowe	347.	611	Olivia Brill	Female Senior	Unattached	1:57:17	1:57:13	116.	38.
2023	Richard Bennett Felixstowe	348.	736	Barbara Novak	Female V45	Unattached	1:57:41	1:57:22	117.	27.
2023	Richard Bennett Felixstowe	349.	516	Jen Whitaker	Female V40	Unattached	1:57:59	1:57:52	118.	28.
2023	Richard Bennett Felixstowe	350.	388	Debbie Mcdowall	Female V60+	Stowmarket Striders RC	1:58:43	1:58:12	119.	3.
2023	Richard Bennett Felixstowe	351.	352	Gary Larke	Male V55	Unattached	1:58:52	1:58:15	232.	26.
2023	Richard Bennett Felixstowe	352.	676	Edyta Grimshaw	Female V40	Unattached	1:59:00	1:58:25	120.	29.
2023	Richard Bennett Felixstowe	353.	553	Edward Booth	Male Senior	Unattached	1:59:05	1:58:30	233.	57.
2023	Richard Bennett Felixstowe	354.	551	Judith Adolphus	Female V60+	Ipswich Jaffa RC	1:59:09	1:58:39	121.	4.
2023	Richard Bennett Felixstowe	355.	779	Amber French	Female Senior	Unattached	1:59:14	1:58:41	122.	39.
2023	Richard Bennett Felixstowe	356.	425	Katherine Aykroyd	Female Senior	Felixstowe RRC	1:59:21	1:58:50	123.	40.
2023	Richard Bennett Felixstowe	357.	748	Tom Aykroyd	Male V40	Felixstowe RRC	1:59:22	1:58:51	234.	42.
2023	Richard Bennett Felixstowe	358.	549	Sam Jacobs	Male V45	Unattached	2:00:14	1:59:37	235.	35.
2023	Richard Bennett Felixstowe	359.	610	Rebecca Bines	Female Senior	Unattached	2:00:15	2:00:12	124.	41.
2023	Richard Bennett Felixstowe	360.	377	Agnieszka Andrzejak	Female V40	Stowmarket Striders RC	2:00:31	1:59:59	125.	30.
2023	Richard Bennett Felixstowe	361.	762	Rachael Williams	Female V50	Unattached	2:01:01	2:00:25	126.	19.
2023	Richard Bennett Felixstowe	362.	427	David Emeny	Male Senior	Unattached	2:01:15	2:01:09	236.	58.
2023	Richard Bennett Felixstowe	363.	348	Ross Ovel	Male V40	Unattached	2:02:06	2:01:35	237.	43.
2023	Richard Bennett Felixstowe	364.	414	Grace Randall	Female Senior	100 Marathon Club	2:02:16	2:01:55	127.	42.
2023	Richard Bennett Felixstowe	365.	734	Dave Jones	Male V60+	Great Bentley Running Club	2:02:29	2:01:50	238.	30.
2023	Richard Bennett Felixstowe	366.	430	Alison Clarke	Female V60+	Great Bentley Running Club	2:02:30	2:01:50	128.	5.
2023	Richard Bennett Felixstowe	367.	432	Zoila Reyes	Female V60+	Felixstowe RRC	2:02:41	2:02:09	129.	6.
2023	Richard Bennett Felixstowe	368.	356	Gareth Carr	Male V40	Unattached	2:03:02	2:02:46	239.	44.
2023	Richard Bennett Felixstowe	369.	621	Suzi Saunders	Female V40	Unattached	2:03:07	2:02:43	130.	31.
2023	Richard Bennett Felixstowe	370.	560	Joanna Birch	Female V45	Lonely Goat RC	2:03:48	2:03:22	131.	28.
2023	Richard Bennett Felixstowe	371.	708	Yazmine Sievey	Female Senior	Unattached	2:03:48	2:03:22	132.	43.
2023	Richard Bennett Felixstowe	372.	437	Karen Brackenbury	Female V60+	Unattached	2:03:51	2:03:18	133.	7.
2023	Richard Bennett Felixstowe	373.	619	Lucy Bryanton	Female V50	Unattached	2:04:22	2:03:46	134.	20.
2023	Richard Bennett Felixstowe	374.	381	Mandy Chinery	Female V50	Unattached	2:05:22	2:04:43	135.	21.
2023	Richard Bennett Felixstowe	375.	433	Joe Ward	Male Senior	Unattached	2:05:26	2:05:16	240.	59.
2023	Richard Bennett Felixstowe	376.	600	Ollie Brookes	Male Senior	Unattached	2:05:40	2:05:23	241.	60.
2023	Richard Bennett Felixstowe	377.	410	Charlotte Eve	Female Senior	Unattached	2:06:09	2:05:48	136.	44.
2023	Richard Bennett Felixstowe	378.	458	Katie Webber	Female V50	Rushmere Community Runners	2:06:13	2:05:38	137.	22.
2023	Richard Bennett Felixstowe	379.	354	Joanne Larke	Female V45	Unattached	2:07:00	2:06:21	138.	29.

RACE CHIP TIMING RESULTS

2023	Richard Bennett Felixstowe	380.	373	Marion Parks	Female V55	Felixstowe RRC	2:07:45	2:07:19	139.	6.
2023	Richard Bennett Felixstowe	381.	390	Alex Jacobs	Male V40	Felixstowe RRC	2:09:01	2:08:26	242.	45.
2023	Richard Bennett Felixstowe	382.	338	Lucy Akers	Female V45	Unattached	2:09:21	2:08:56	140.	30.
2023	Richard Bennett Felixstowe	383.	562	Sarah Donovan	Female V50	Unattached	2:10:00	2:09:24	141.	23.
2023	Richard Bennett Felixstowe	384.	578	Anna Tomaszczuk	Female V45	Unattached	2:14:00	2:13:25	142.	31.
2023	Richard Bennett Felixstowe	385.	588	Steffan Jones	Male Senior	Unattached	2:14:08	2:13:37	243.	61.
2023	Richard Bennett Felixstowe	386.	363	Annabel Bennett	Female V55	Felixstowe RRC	2:14:14	2:13:57	143.	7.
2023	Richard Bennett Felixstowe	387.	785	Charlotte Flomet	Female Senior	Unattached	2:14:26	2:14:04	144.	45.
2023	Richard Bennett Felixstowe	388.	409	Grace Gold	Female Senior	Unattached	2:15:57	2:15:36	145.	46.
2023	Richard Bennett Felixstowe	389.	395	Beverley de Boos	Female V60+	Girls That Jeff	2:17:41	2:17:03	146.	8.
2023	Richard Bennett Felixstowe	390.	393	Rachael Hagger	Female V50	Girls That Jeff	2:21:28	2:20:51	147.	24.
2023	Richard Bennett Felixstowe	391.	539	Sally Brown	Female V60+	Rushmere Community Runners	2:23:58	2:23:22	148.	9.
2023	Richard Bennett Felixstowe	DNF	375	Emma Strutt	Female V45	Rushmere Community Runners				
2023	Richard Bennett Felixstowe	DNF	406	Alexandra Carr	Female Senior	Unattached				
2023	Richard Bennett Felixstowe	DNF	416	Heather Bush	Female V45	Unattached				
2023	Richard Bennett Felixstowe	DNF	540	Tony Hubbard	Male V45	Ipswich Jaffa RC				
2023	Richard Bennett Felixstowe	DNF	677	Bill Richmond	Male V55	Unattached				
2023	Richard Bennett Felixstowe	DNF	687	Clive Thomas	Male V60+	BLC on the Run				
2023	Richard Bennett Felixstowe	DNS	340	Kate May	Female V45	Unattached				
2023	Richard Bennett Felixstowe	DNS	341	Kate Sudell	Female Senior	Felixstowe RRC				
2023	Richard Bennett Felixstowe	DNS	346	Marion Keeble	Female Senior	Unattached				
2023	Richard Bennett Felixstowe	DNS	347	Susan Aves	Female V55	Springfield Striders RC				
2023	Richard Bennett Felixstowe	DNS	368	Samantha Fulcher	Female V55	Felixstowe RRC				
2023	Richard Bennett Felixstowe	DNS	374	Emily Cooper-Reade	Female V55	Stowmarket Striders RC				
2023	Richard Bennett Felixstowe	DNS	383	Sarah Webb	Female V45	Unattached				
2023	Richard Bennett Felixstowe	DNS	399	Caroline Perry	Female V40	Unattached				
2023	Richard Bennett Felixstowe	DNS	401	Danielle Adams	Female V40	Kesgrave Cruisers				
2023	Richard Bennett Felixstowe	DNS	412	Dean Searle	Male V45	Unattached				
2023	Richard Bennett Felixstowe	DNS	415	Philip Steward	Male V60+	Unattached				
2023	Richard Bennett Felixstowe	DNS	420	Jeremy Hennell James	Male V60+	Ipswich Harriers				
2023	Richard Bennett Felixstowe	DNS	421	Matthew Alexander	Male Senior	Woodbridge Shufflers RC				
2023	Richard Bennett Felixstowe	DNS	431	Louise Balfour	Female V50	Great Bentley Running Club				
2023	Richard Bennett Felixstowe	DNS	445	Lee Briers	Male V40	Unattached				
2023	Richard Bennett Felixstowe	DNS	449	Danny Rock	Male V40	Felixstowe RRC				
2023	Richard Bennett Felixstowe	DNS	450	Molly Bergdahl	Female Senior	Ipswich Jaffa RC				
2023	Richard Bennett Felixstowe	DNS	462	Glenn Yellop	Male V50	Capel Cheetahs				
2023	Richard Bennett Felixstowe	DNS	465	Carol Spurgeon	Female V50	Unattached				
2023	Richard Bennett Felixstowe	DNS	466	Melvyn Maycock	Male V40	Ipswich Jaffa RC				
2023	Richard Bennett Felixstowe	DNS	468	John Dunnett	Male V60+	Capel Cheetahs				
2023	Richard Bennett Felixstowe	DNS	469	Lisa Smith	Female V40	Unattached				
2023	Richard Bennett Felixstowe	DNS	470	Maria Hare	Female V45	Unattached				
2023	Richard Bennett Felixstowe	DNS	475	Mary-Ann Tuli	Female V50	Haverhill Running Club				

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2023	Richard Bennett	Felixstowe	DNS	476	Karl Tovell	Male V40	Unattached				
2023	Richard Bennett	Felixstowe	DNS	485	Shaun Good	Male V55	Felixstowe RRC				
2023	Richard Bennett	Felixstowe	DNS	486	Barnaby Jacobs	Male Senior	Unattached				
2023	Richard Bennett	Felixstowe	DNS	489	Jason Dighton	Male V45	Ipswich Phoenix Running Club				
2023	Richard Bennett	Felixstowe	DNS	496	Graham Garrod	Male V55	Unattached				
2023	Richard Bennett	Felixstowe	DNS	500	Louise Stratford	Female V40	Unattached				
2023	Richard Bennett	Felixstowe	DNS	508	Trevor Bunch	Male V45	Haverhill Running Club				
2023	Richard Bennett	Felixstowe	DNS	514	Mark Foulkes	Male V50	Kesgrave Cruisers				
2023	Richard Bennett	Felixstowe	DNS	519	Georgina Gough	Female Senior	Unattached				
2023	Richard Bennett	Felixstowe	DNS	520	James Bojko	Male Senior	Unattached				
2023	Richard Bennett	Felixstowe	DNS	526	Lauren Ramsey	Female Senior	Ipswich Harriers				
2023	Richard Bennett	Felixstowe	DNS	527	Louise Wilkins	Female Senior	Stowmarket Striders RC				
2023	Richard Bennett	Felixstowe	DNS	528	Faye Hubbard	Female V40	Unattached				
2023	Richard Bennett	Felixstowe	DNS	530	James Wilson	Male Senior	Saxmundham Sports Running & Fitness Club				
2023	Richard Bennett	Felixstowe	DNS	538	Dawn Gibson	Female V40	Felixstowe RRC				
2023	Richard Bennett	Felixstowe	DNS	547	Mark Cooper	Male Senior	Ipswich Triathlon Club				
2023	Richard Bennett	Felixstowe	DNS	548	Charlotte Wickens	Female Senior	Unattached				
2023	Richard Bennett	Felixstowe	DNS	564	Laura Ayling	Female Senior	Felixstowe RRC				
2023	Richard Bennett	Felixstowe	DNS	566	Darin Geary	Male V50	Stowmarket Striders RC				
2023	Richard Bennett	Felixstowe	DNS	567	Tom Lindfield	Male Senior	Unattached				
2023	Richard Bennett	Felixstowe	DNS	575	Richard Knight	Male V45	Unattached				
2023	Richard Bennett	Felixstowe	DNS	592	Gabriel Martins	Male V55	Ipswich Jaffa RC				
2023	Richard Bennett	Felixstowe	DNS	628	Clair Nagorski	Female Senior	Fordy Runs Running Club				
2023	Richard Bennett	Felixstowe	DNS	644	Sarah Willingham	Female Senior	Unattached				
2023	Richard Bennett	Felixstowe	DNS	649	Derek Daly	Male V60+	Felixstowe RRC				
2023	Richard Bennett	Felixstowe	DNS	698	Katie Peake	Female Senior	Ipswich Jaffa RC				
2023	Richard Bennett	Felixstowe	DNS	728	Jason Brunt	Male V50	Norfolk Gazelles AC				
2023	Richard Bennett	Felixstowe	DNS	754	Willow Craven	Female Senior	Unattached				
2023	Santa Dash 5k		1.	55	Daniel Harrison	Male Senior	Unattached	17:33	17:31	1.	1.
2023	Santa Dash 5k		2.	65	Sean Jermy	Male Senior	Unattached	18:30	18:29	2.	2.
2023	Santa Dash 5k		3.	119	Gareth Seville	Male Senior	Unattached	19:50	19:48	3.	3.
2023	Santa Dash 5k		4.	123	Adrian Slattery	Male V40	Unattached	20:35	20:33	4.	1.
2023	Santa Dash 5k		5.	12	James Bool	Male V55	Unattached	20:44	20:42	5.	1.
2023	Santa Dash 5k		6.	133	Lewis Stevens	Male Senior	Unattached	21:01	20:59	6.	4.
2023	Santa Dash 5k		7.	101	Steven Newson	Male V45	Unattached	22:34	22:34	7.	1.
2023	Santa Dash 5k		8.	2	Marianne Armstrong	Female V40	Unattached	23:20	23:18	1.	1.
2023	Santa Dash 5k		9.	100	Warren Newell	Male V60+	Unattached	23:25	23:18	8.	1.
2023	Santa Dash 5k		10.	58	Charlotte Hodgson	Female Senior	Unattached	23:40	23:38	2.	1.
2023	Santa Dash 5k		11.	23	Andrew Charge	Male V50	Unattached	23:40	23:37	9.	1.
2023	Santa Dash 5k		12.	9	Lindsay Black	Female V40	Unattached	23:42	23:40	3.	2.
2023	Santa Dash 5k		13.	85	Paul Lewis	Male V60+	Unattached	23:54	23:50	10.	2.
2023	Santa Dash 5k		14.	147	Kirsty Wheeler	Female Senior	Unattached	24:15	24:12	4.	2.

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2023 Santa Dash 5k	15.	130 Henry Spencer	Male Senior	Unattached	24:19	24:10	11.	5.
2023 Santa Dash 5k	16.	131 William Spencer	Male Senior	Unattached	24:32	24:22	12.	6.
2023 Santa Dash 5k	17.	14 May Brown	Female Senior	Unattached	24:32	24:29	5.	3.
2023 Santa Dash 5k	18.	10 Simon Blackwell	Male V45	Unattached	24:40	24:36	13.	2.
2023 Santa Dash 5k	19.	77 Carina Kettlewell	Female Senior	Unattached	25:09	25:04	6.	4.
2023 Santa Dash 5k	20.	76 Andrew Kettlewell	Male V40	Unattached	25:09	25:04	14.	2.
2023 Santa Dash 5k	21.	150 Jamie Whitworth	Male Senior	Unattached	25:18	25:14	15.	7.
2023 Santa Dash 5k	22.	46 Alex George	Male Senior	Unattached	25:23	25:19	16.	8.
2023 Santa Dash 5k	23.	143 Kirsty West	Female V45	Unattached	26:05	25:59	7.	1.
2023 Santa Dash 5k	24.	62 Dave Hyam	Male V40	Unattached	26:05	26:01	17.	3.
2023 Santa Dash 5k	25.	86 Neil Littler	Male V60+	Unattached	26:07	25:57	18.	3.
2023 Santa Dash 5k	26.	8 Lee Birmingham	Male V50	Unattached	26:38	26:28	19.	2.
2023 Santa Dash 5k	27.	138 Ann Thomas	Female V45	Unattached	26:38	26:28	8.	2.
2023 Santa Dash 5k	28.	35 Glenn Doy	Male V60+	Unattached	26:48	26:41	20.	4.
2023 Santa Dash 5k	29.	24 Paul Choak	Male V60+	Unattached	27:08	26:56	21.	5.
2023 Santa Dash 5k	30.	59 Helen Horn	Female V60+	Unattached	27:13	27:09	9.	1.
2023 Santa Dash 5k	31.	44 David Fowler	Male V55	Unattached	27:13	27:09	22.	2.
2023 Santa Dash 5k	32.	72 Gary Jones	Male V60+	Unattached	27:17	27:05	23.	6.
2023 Santa Dash 5k	33.	31 Stephen Cross	Male V50	Unattached	27:22	27:12	24.	3.
2023 Santa Dash 5k	34.	149 James Whittlely	Male Senior	Unattached	27:56	27:46	25.	9.
2023 Santa Dash 5k	35.	126 Adrian Smith	Male V50	Unattached	28:22	28:10	26.	4.
2023 Santa Dash 5k	36.	70 Iain Johnstone	Male V55	Unattached	28:36	28:29	27.	3.
2023 Santa Dash 5k	37.	69 Glen Johnstone	Male V50	Unattached	28:49	28:42	28.	5.
2023 Santa Dash 5k	38.	63 Tracey Jermy	Female V55	Unattached	28:53	28:49	10.	1.
2023 Santa Dash 5k	39.	117 Andy Secker	Male V55	Unattached	29:17	29:13	29.	4.
2023 Santa Dash 5k	40.	113 Louise Roberts	Female V45	Unattached	29:17	29:14	11.	3.
2023 Santa Dash 5k	41.	61 Ellie Hurn	Female Senior	Unattached	29:17	29:12	12.	5.
2023 Santa Dash 5k	42.	95 Denise Mortimer	Female V50	Unattached	29:47	29:47	13.	1.
2023 Santa Dash 5k	43.	71 Mark Jolly	Male V55	Unattached	29:48	29:39	30.	5.
2023 Santa Dash 5k	44.	52 Andrew Groom	Male Senior	Unattached	29:58	29:49	31.	10.
2023 Santa Dash 5k	45.	83 Victoria Laughland	Female V55	Unattached	30:03	29:56	14.	2.
2023 Santa Dash 5k	46.	96 Cara Mothers	Female Senior	Unattached	30:35	30:31	15.	6.
2023 Santa Dash 5k	47.	94 Chris Moore	Male V55	Unattached	30:54	30:44	32.	6.
2023 Santa Dash 5k	48.	11 Stephanie Bloomfield	Female V60+	Unattached	31:03	30:55	16.	2.
2023 Santa Dash 5k	49.	42 Joanna Fisher	Female V45	Unattached	31:04	30:58	17.	4.
2023 Santa Dash 5k	50.	5 Gail Barnard	Female V50	Unattached	31:04	30:58	18.	2.
2023 Santa Dash 5k	51.	84 Stuart Lawn	Male V40	Unattached	31:06	30:56	33.	4.
2023 Santa Dash 5k	52.	134 Becky Sturgeon	Female V50	Unattached	31:07	31:07	19.	3.
2023 Santa Dash 5k	53.	3 Jayne Asker	Female V55	Unattached	31:10	30:56	20.	3.
2023 Santa Dash 5k	54.	36 Beverley Dunster	Female V50	Unattached	31:14	31:06	21.	4.
2023 Santa Dash 5k	55.	18 Steve Burnett	Male V60+	Unattached	31:20	31:15	34.	7.
2023 Santa Dash 5k	56.	114 Lyn Roper	Female V60+	Unattached	31:20	31:15	22.	3.

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2023 Santa Dash 5k	57.	137	Christina Sundalskliev	Female Senior	Unattached	31:23	31:11	23.	7.
2023 Santa Dash 5k	58.	106	Chrissy Palmer	Female V45	Unattached	31:23	31:14	24.	5.
2023 Santa Dash 5k	59.	25	Samantha Collings	Female V40	Unattached	31:28	31:22	25.	3.
2023 Santa Dash 5k	60.	140	Jenna Thompson	Female Senior	Unattached	31:30	31:18	26.	8.
2023 Santa Dash 5k	61.	136	Jodie Sundalskliev	Female Senior	Unattached	31:33	31:21	27.	9.
2023 Santa Dash 5k	62.	115	Brown Roy	Male V60+	Unattached	31:39	31:28	35.	8.
2023 Santa Dash 5k	63.	118	Gary Secker	Male V45	Unattached	31:43	31:35	36.	3.
2023 Santa Dash 5k	64.	53	Emma Halliday	Female Senior	Unattached	32:00	31:46	28.	10.
2023 Santa Dash 5k	65.	6	Steven Bennett	Male V60+	Unattached	32:01	31:47	37.	9.
2023 Santa Dash 5k	66.	19	Deborah Cane	Female V55	Unattached	32:13	32:10	29.	4.
2023 Santa Dash 5k	67.	124	Angela Smith	Female V55	Unattached	32:16	32:07	30.	5.
2023 Santa Dash 5k	68.	112	Mark Raymer	Male V50	Unattached	32:20	32:10	38.	6.
2023 Santa Dash 5k	69.	116	Laura Saunders	Female V40	Unattached	32:22	32:15	31.	4.
2023 Santa Dash 5k	70.	73	Theresa Jones	Female V60+	Unattached	32:27	32:13	32.	4.
2023 Santa Dash 5k	71.	29	Trevor Crisp	Male V60+	Unattached	33:02	32:51	39.	10.
2023 Santa Dash 5k	72.	16	Harry Burnett	Male Senior	Unattached	33:02	32:47	40.	11.
2023 Santa Dash 5k	73.	17	Keith Burnett	Male V55	Unattached	33:03	32:48	41.	7.
2023 Santa Dash 5k	74.	64	David Jermy	Male V60+	Unattached	33:06	33:01	42.	11.
2023 Santa Dash 5k	75.	121	Ashleigh Sharman	Female Senior	Unattached	33:19	33:09	33.	11.
2023 Santa Dash 5k	76.	120	Shayne Sharman	Female V55	Unattached	33:19	33:10	34.	6.
2023 Santa Dash 5k	77.	38	Derek Edwards	Male V60+	Unattached	33:27	33:20	43.	12.
2023 Santa Dash 5k	78.	43	Sue Fletcher	Female V60+	Unattached	33:32	33:23	35.	5.
2023 Santa Dash 5k	79.	7	Natasha Bird	Female V40	Unattached	33:38	33:18	36.	5.
2023 Santa Dash 5k	80.	90	Roy Meadway	Male V60+	Unattached	33:44	33:37	44.	13.
2023 Santa Dash 5k	81.	141	Mrs Paula Turner	Female V55	Unattached	33:55	33:47	37.	7.
2023 Santa Dash 5k	82.	148	David White	Male V60+	Unattached	34:26	34:15	45.	14.
2023 Santa Dash 5k	83.	60	Alison Howlett	Female V55	Unattached	34:26	34:20	38.	8.
2023 Santa Dash 5k	84.	1	Nicola Armstrong	Female V45	Unattached	34:40	34:33	39.	6.
2023 Santa Dash 5k	85.	109	Jayne Pitcher	Female V60+	Unattached	34:45	34:35	40.	6.
2023 Santa Dash 5k	86.	66	Susan Jewson	Female V60+	Unattached	34:48	34:40	41.	7.
2023 Santa Dash 5k	87.	34	Wendy Den Bleker	Female V60+	Unattached	34:54	34:47	42.	8.
2023 Santa Dash 5k	88.	33	Sally Cutts	Female V60+	Unattached	34:59	34:50	43.	9.
2023 Santa Dash 5k	89.	129	Melanie Spencer	Female V60+	Unattached	35:26	35:17	44.	10.
2023 Santa Dash 5k	90.	98	Chris Nally	Female V60+	Unattached	36:08	36:01	45.	11.
2023 Santa Dash 5k	91.	67	Katie Jewson	Female Senior	Unattached	36:09	36:01	46.	12.
2023 Santa Dash 5k	92.	50	Joy Grice	Female V60+	Unattached	36:11	36:03	47.	12.
2023 Santa Dash 5k	93.	21	Karen Casteleiro	Female V55	Unattached	36:20	36:13	48.	9.
2023 Santa Dash 5k	94.	48	Paula Granger	Female V50	Unattached	36:22	36:13	49.	5.
2023 Santa Dash 5k	95.	91	Serena Mears	Female Senior	Unattached	36:25	36:19	50.	13.
2023 Santa Dash 5k	96.	26	Annette Copeman-Lamoureux	Female V50	Unattached	36:25	36:20	51.	6.
2023 Santa Dash 5k	97.	27	Kevin Copeman-Lamoureux	Male V60+	Unattached	36:26	36:20	46.	15.
2023 Santa Dash 5k	98.	108	Louise Peck	Female V55	Unattached	36:34	36:20	52.	10.

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2023 Santa Dash 5k	99.	102 Helen Nichols-Buck	Female V40	Unattached	37:09	37:03	53.	6.
2023 Santa Dash 5k	100.	39 Lindsey Ellis	Female V45	Unattached	37:10	37:02	54.	7.
2023 Santa Dash 5k	101.	125 Katie Smith	Female Senior	Unattached	37:12	37:02	55.	14.
2023 Santa Dash 5k	102.	40 Helen Everson	Female V60+	Unattached	37:29	37:22	56.	13.
2023 Santa Dash 5k	103.	22 Kelly Chan	Female V55	Unattached	37:39	37:31	57.	11.
2023 Santa Dash 5k	104.	79 Cherry Knights	Female V60+	Unattached	37:39	37:29	58.	14.
2023 Santa Dash 5k	105.	75 Sue Kershaw	Female V60+	Unattached	37:46	37:37	59.	15.
2023 Santa Dash 5k	106.	81 Emily Langley	Female Senior	Unattached	37:47	37:41	60.	15.
2023 Santa Dash 5k	107.	68 James Jewson	Male Senior	Unattached	37:48	37:41	47.	12.
2023 Santa Dash 5k	108.	4 Claire Barber	Female V40	Unattached	37:51	37:44	61.	7.
2023 Santa Dash 5k	109.	51 Louise Griffiths	Female Senior	Unattached	38:02	37:45	62.	16.
2023 Santa Dash 5k	110.	151 Sandra Williams	Female V45	Unattached	38:26	38:13	63.	8.
2023 Santa Dash 5k	111.	37 Rebecca Durant	Female V60+	Unattached	38:28	38:12	64.	16.
2023 Santa Dash 5k	112.	152 Lorraine Woolner	Female V60+	Unattached	38:43	38:30	65.	17.
2023 Santa Dash 5k	113.	15 Lynda Buck	Female V60+	Unattached	39:15	39:08	66.	18.
2023 Santa Dash 5k	114.	146 Simon Wheatman	Male V60+	Unattached	39:17	39:01	48.	16.
2023 Santa Dash 5k	115.	145 Dorothy Wheatman	Female V60+	Unattached	39:17	39:03	67.	19.
2023 Santa Dash 5k	116.	74 Sarah Kennard	Female V50	Unattached	39:24	39:16	68.	7.
2023 Santa Dash 5k	117.	111 Mitchal Rant	Male V55	Unattached	39:40	39:28	49.	8.
2023 Santa Dash 5k	118.	89 Grainne McAdam	Female V45	Unattached	39:40	39:28	69.	9.
2023 Santa Dash 5k	119.	49 Claire Green	Female V45	Unattached	39:49	39:40	70.	10.
2023 Santa Dash 5k	120.	105 Debra Paine	Female V55	Unattached	40:37	40:27	71.	12.
2023 Santa Dash 5k	121.	103 Donnamarie Oastler	Female V40	Unattached	40:38	40:22	72.	8.
2023 Santa Dash 5k	122.	104 Shaun Oastler	Male V40	Unattached	40:38	40:23	50.	5.
2023 Santa Dash 5k	123.	97 Shantelle Murphy	Female V40	Unattached	40:40	40:27	73.	9.
2023 Santa Dash 5k	124.	122 Sarah Shiplee	Female V55	Unattached	40:46	40:32	74.	13.
2023 Santa Dash 5k	125.	88 Roz MacLachlan	Female V55	Unattached	40:49	40:35	75.	14.
2023 Santa Dash 5k	126.	87 Barbara Lyons	Female V60+	Unattached	40:57	40:43	76.	20.
2023 Santa Dash 5k	127.	92 Jenny Mendoza	Female V50	Unattached	41:46	41:30	77.	8.
2023 Santa Dash 5k	128.	107 Samantha Palmer	Female Senior	Unattached	43:42	43:31	78.	17.
2023 Santa Dash 5k	129.	20 Rebecca Cantrill	Female V55	Unattached	43:42	43:31	79.	15.
2023 Santa Dash 5k	130.	82 Tina Lathrope	Female V40	Unattached	43:42	43:32	80.	10.
2023 Santa Dash 5k	131.	30 Peter Crisp	Male V60+	Unattached	47:55	47:43	51.	17.
2023 Santa Dash 5k	132.	128 Julie Spandler	Female V50	Unattached	57:45	57:45	81.	9.
2023 Santa Dash 5k	133.	127 Sue Spandler	Female V60+	Unattached	57:46	57:32	82.	21.
2023 Santa Dash 5k	134.	80 Brenda Lane	Female V60+	Unattached	57:47	57:32	83.	22.
2023 Santa Dash 5k	DNF	99 Matthew Nelson	Male Senior	Unattached				
2023 Santa Dash 5k	DNS	13 Jeannine Boshoff	Female V50	Unattached				
2023 Santa Dash 5k	DNS	28 Emma Cornish	Female V40	Unattached				
2023 Santa Dash 5k	DNS	32 Shauna Cunningham	Female Senior	Unattached				
2023 Santa Dash 5k	DNS	41 Joel Fernandez	Male V50	Unattached				
2023 Santa Dash 5k	DNS	45 Ricky Frost	Male V55	Unattached				

RACE CHIP TIMING RESULTS

2023 Santa Dash 5k	DNS	47 Lyndsey Girling	Female Senior	Unattached
2023 Santa Dash 5k	DNS	54 Chloe Harper	Female Senior	Unattached
2023 Santa Dash 5k	DNS	56 Tracey Haylock	Female V55	Unattached
2023 Santa Dash 5k	DNS	57 Samuel Hazell	Male Senior	Unattached
2023 Santa Dash 5k	DNS	78 Kevin Kisby	Male V55	Unattached
2023 Santa Dash 5k	DNS	93 Andy Menin	Male V60+	Unattached
2023 Santa Dash 5k	DNS	110 Susan Potter	Female V60+	Unattached
2023 Santa Dash 5k	DNS	132 Hannah Stansfield	Female Senior	Unattached
2023 Santa Dash 5k	DNS	135 Jodie Sullivan	Female Senior	Unattached
2023 Santa Dash 5k	DNS	139 Gareth Thompson	Male V40	Unattached
2023 Santa Dash 5k	DNS	142 Kyran Waterson	Male Senior	Unattached
2023 Santa Dash 5k	DNS	144 Dominic West	Male V45	Unattached