Place	Bib	Name	AG	Club	GunTime	ChipTime
lckwor	th Sur	nset Chase 5K				
1.	468	Chris Woolener	Male 30-34	Unattached	18:22	18:20
2.	477	Chris James	Male 35-39	Unattached	18:34	18:31
3.	455	Henry Stokoe	Male 10-14	Braintree & District Athletics Club	20:06	20:03
١.	405	Tony Bacon	Male 35-39	Haverhill Running Club	20:41	20:39
5.	435	Harry Lawrence	Male 20-24	Unattached	20:47	20:41
S.	437	Richard Lee	Male 40-44	Unattached	21:50	21:48
	411	Chris Chorley	Male 55-59	Bungay Black Dog RC	21:53	21:49
	456	Victoria Tapp	Female 20-24	Hadleigh Hares AC	22:08	22:05
	479	Holly Roper	Female 35-39	Unattached	23:42	23:42
0.	460	Vilma Vensloviene	Female 40-44	Thetford AC	24:32	24:27
1.	401	Barry Allen	Male 55-59	Lonely Goat RC	24:34	24:29
2.	457	Samantha Tapp	Female 50-54	Hadleigh Hares AC	25:16	25:12
3.	453	Simone Skinner	Female 25-29	Unattached	26:18	26:13
4.	414	Bonnie Coe	Female 30-34	Unattached	26:29	26:19
5.	426	Lexi Hetrick	Female 30-34	Unattached	27:34	27:25
6.	421	Megan German	Female 25-29	Unattached	27:34	27:25
7.	443	Marie Parker	Female 40-44	Unattached	27:36	27:31
8.	438	Edina Lukacs	Female 25-29	Unattached	27:49	27:40
9.	419	Mark Dwyer	Male 40-44	Unattached	27:49	27:44
0.	422	Alun Gibbs	Male 50-54	Unattached	28:23	28:20
1.	446	Sarah Richardson	Female 40-44	Unattached	28:41	28:41
2.	305	Lisa Taylor	Female 40-44	Unattached	29:23	29:23
3.	450	Selica Sevigny	Female 35-39	Unattached	29:28	29:26
4.	467	George Williams	Male 25-29	Unattached	29:32	29:26
5.	445	Emma Power	Female 50-54	Unattached	30:01	29:56
6.	403	Karen Allum	Female 55-59	Unattached	30:01	29:55
.7.	417	Sandra Dawkins	Female 50-54	Unattached	30:15	30:06
8.	418	Faye Donnelly	Female 35-39	Unattached	30:57	30:49
9.	444	Jessica Power	Female 10-14	Unattached	30:57	30:54
0.	424	Charlotte Green	Female 25-29	Unattached	31:35	31:30
1.	463	Robert Walden	Male 45-49	Unattached	31:59	31:53
2.	462	Esther Walden	Female 10-14	Unattached	32:00	31:53
3.	466	Justine Weaver	Female 50-54	Unattached	32:09	31:59
4.	415	Janette Cokes	Female 60-64	Unattached	32:14	32:05
5.	433	Sarah Last	Female 50-54	Newmarket Joggers	32:17	32:09
6.	108	Gill Fry	Female 55-59	Unattached	32:46	32:39
7.	413	Tiffany Clark	Female 30-34	Unattached	33:32	33:26
8.	449	Fiona Searle	Female 25-29	Unattached	33:41	33:34
9.	430	Nicola King	Female 45-49	Lonely Goat RC	33:51	33:46
0.	447	Elaine Robinson	Female 60-64	Stowmarket Striders	34:02	33:56
1.	464	Natalie Walsh	Female 40-44	Unattached	34:06	34:03
2.	423	Caroline Gleed	Female 55-59	Unattached	34:06	34:02
3.	427	Jenny Huff	Female 70+	Unattached	34:30	34:25
4.	442	Lucy Offord	Female 20-24	Unattached	35:30	35:25
5.	441	Karen Offord	Female 45-49		35:30	35:26
6.	154	Nancy Hughes	Female 35-39	Unattached	35:34	35:26
٥.	431	Alison Large	Female 35-39		35:42	35:32

Place	Bib	Name	AG	Club	GunTime	ChipTime
48.	432	Chris Large	Male 45-49	Unattached	35:42	35:31
49.	454	Lorna Spriddell	Female 20-24	Unattached	35:48	35:36
50.	420	Paul Forshaw	Male 65-69	Fetch Everyone Running Club	37:57	37:46
51.	461	Sue Vince	Female 60-64	Unattached	38:08	38:00
52.	451	Amy Shave	Female 35-39	Unattached	39:34	39:28
53.	436	Clare Lay	Female 55-59	Unattached	40:11	40:03
54.	458	Claire Thompson	Female 45-49	Unattached	40:34	40:26
55.	440	Emma Mobbs	Female 35-39	Unattached	40:34	40:26
56.	425	Zoe Hartill	Female 30-34	Unattached	47:56	47:46
DNS	35	Andrew Bouskill	Male 45-49	Unattached		
DNS	402	James Allen	Male 30-34	Unattached		
DNS	404	Fredrika Anderson	Female 20-24	Unattached		
DNS	406	Lisa Bebbington	Female 40-44	Unattached		
DNS	408	Liz Brown	Female 30-34	Unattached		
DNS	409	Joshua Brown	Male 35-39	Unattached		
DNS	410	Laura Byrne	Female 30-34	Unattached		
DNS	412	Katie Cirket	Female 25-29	Unattached		
DNS	416	Chloe Connell	Female 25-29	Unattached		
DNS	428	Macushla Hughes	Female 45-49	Unattached		
DNS	429	Viv Hunt	Female 40-44	Unattached		
DNS	434	Sophie Last	Male 35-39	Unattached		
DNS	439	Maria Mather	Female 55-59	Unattached		
DNS	448	Stephen Rout	Male 60-64	Unattached		
DNS	452	Sophie Skinner	Female 20-24	Unattached		
DNS	459	Meg Vasquez	Female 35-39	Unattached		
DNS	465	Richard Watson	Male 55-59	Unattached		

		Name	AG	Club	GunTime	ChipTime
lckwor	th Sur	nset Chase 10K				
1.	227	James O'brien	Male 40-44	Unattached	36:30	36:29
2.	275	Joe Sadler	Male 30-34	Unattached	38:38	38:37
3.	478	Jamie Roper	Male 30-34	Unattached	39:16	39:16
4.	104	Simon Ford	Male 40-44	Colchester Harriers AC	41:06	41:05
5.	24	Tom Barr	Male 35-39	Unattached	41:20	41:18
6.	289	Richard Smith	Male 45-49	Unattached	41:38	41:35
	188	Ali Macdonald	Male 50-54	Lonely Goat RC	43:23	43:21
	407	Dave Beighton	Male 45-49	Saint Edmund Pacers	43:48	43:47
	320	Ruth Walker	Female 40-44	Unattached	44:11	44:10
0.	376	Nathan White	Male 40-44	Unattached	44:25	44:25
1.	22	Jake Barnard	Male 30-34	Saint Edmund Pacers	44:26	44:24
2.	332	Matthew West	Male 40-44	Unattached	44:27	44:23
3.	181	Grace Leavy	Female 30-34	Stowmarket Striders	45:00	44:59
4.	173	Tony Kirby-cook	Male 55-59	Ely Runners	45:18	45:13
5.	222	Steve Neumann	Male 40-44	Unattached	46:29	46:24
6.	29	Robin Belsom	Male 60-64	Ipswich Jaffa	46:45	46:42
7.	68	Nicky Connolly	Female 40-44	Unattached	46:47	46:43
8.	142	David Hilson	Male 55-59	Colchester Harriers AC	46:48	46:43
9.	162	Rob Jewers	Male 45-49	Stowmarket Striders	46:49	46:42
0.	261	Nicki Ripmanripman	Female 40-44	Unattached	46:54	46:50
1.	317	Jon Vogel	Male 35-39	Unattached	47:05	46:59
2.	84	Will Dean	Male 35-39	Unattached	47:21	47:14
3.	313	Jonathan Tripp	Male 50-54	Unattached	47:23	47:13
4.	102	Robert Farthing	Male 40-44	Unattached	47:26	47:23
5.	345	Andrew Wright	Male 50-54	Saint Edmund Pacers	47:36	47:33
6.	13	Madelene Bacon	Female 15-19	City Of Norwich AC	47:43	47:42
7.	147	Lee Holohan	Male 45-49	Colchester Harriers AC	47:49	47:44
8.	285	Heather Smith	Female 40-44	Maidenhead AC	47:51	47:44
9.	6	Matthew Alexander	Male 30-34	Unattached	48:14	48:07
0.	14	Robert Bacon	Male 45-49	Unattached	48:21	48:20
1.	257	Ben Reeve	Male 25-29	Unattached	48:34	48:19
2.	349	Miles Yaxley	Male 20-24	Unattached	48:52	48:46
3.	69	Steve Cook	Male 55-59	Norfolk Gazelles	49:11	49:05
4.	252	Kevin Raisborough	Male 55-59	Unattached	49:30	49:21
5.	300	Melanie Tanner	Female 35-39	Unattached	49:34	49:28
6.	135	Natalie Hay	Female 45-49	Saint Edmund Pacers	49:38	49:35
7.	46	Adam Buckle	Male 35-39	Unattached	49:43	49:23
8.	265	Tom Robinson	Male 35-39	Stowmarket Striders	49:44	49:28
9.	245	Robert Pollard	Male 30-34	Unattached	49:47	49:42
0.	290	Alexander Smith	Male 40-44	Unattached	49:47	49:27
1.	328	Miles Weaver	Male 45-49	Unattached	49:49	49:33
2.	213	George Mothersole	Male 25-29	Unattached	49:52	49:34
3.	126	Rob Hall	Male 60-64	B.B.D.R.C	50:00	49:58
4.	247	Nick Power	Male 50-54	Unattached	50:23	50:17
5.	352	Richard Ordish	Male 50-54	Unattached	50:43	50:40
.s. .6.	56 56	John Cashen	Male 55-59	Unattached	51:01	50:59
	81	Claire Dalton-cole	Female 40-44	Unattached	51:07	50:39 50:48

Place	Bib	Name	AG	Club	GunTime	ChipTime
48.	194	David Mcnae	Male 40-44	Kesgrave Kruisers	51:18	51:00
49.	334	Stephen Wigzell	Male 40-44	Unattached	51:20	51:09
50.	221	Mary Narey	Female 55-59	Stowmarket Striders	51:21	51:13
51.	7	Natalie Andrews	Female 40-44	Unattached	51:27	51:21
52.	109	Anthony Fullam	Male 50-54	Unattached	51:38	51:29
53.	204	Matthew Monteith	Male 40-44	Lonely Goat RC	51:54	51:49
54.	157	Jane Hutchinson	Female 45-49	Shufflers	51:55	51:51
55.	218	Paul Mutimer	Male 50-54	Unattached	51:56	51:49
56.	248	Michal Powrozek	Male 40-44	Unattached	52:00	51:55
57.	190	Bryan Matthews	Male 45-49	Unattached	52:29	52:20
58.	52	Joe Burford	Male 35-39	Unattached	52:30	52:18
59.	116	Stuart Gillibrand	Male 40-44	Unattached	52:32	52:07
60.	244	Matthew Pokora	Male 35-39	Unattached	52:32	52:02
61.	199	Greg Mills	Male 65-69	Unattached	52:34	52:27
62.	322	Kevin Walton	Male 60-64	Unattached	52:37	52:18
63.	184	Alex Levitt-powell	Male 30-34	Unattached	52:47	52:24
64.	45	Peter Brown	Male 30-34	Unattached	52:56	52:45
65.	272	Ben Royal	Male 45-49	Unattached	53:03	52:47
66	19	Phil Bamford	Male 70+	Unattached	53:08	52:59
67.	148	Lee Hopkins	Male 50-54	Unattached	53:27	52:51
68.	330	Jason Webb	Male 40-44	Unattached	53:27	53:13
69.	165	Nick Johnston	Male 35-39	Unattached	53:37	53:27
70.	241	Stephanie Pimlott	Female 40-44	Waveney Valley AC	53:55	53:42
71.	36	Catherine Brain	Female 45-49	Unattached	54:16	54:09
72.	50	Robert Bullyment	Male 45-49	Unattached	54:38	54:26
73.	75	James Cotton	Male 40-44	Unattached	54:45	54:34
74.	193	Luke Mclean	Male 30-34	Unattached	54:55	54:24
75.	354	Katie Rixon	Female 30-34	Unattached	55:09	54:47
76.	232	Jane Parkington	Female 50-54	Unattached	55:10	54:46
77.	97	Diane Emsden	Female 55-59	Unattached	55:10	55:06
78.	273	Jennifer Ruggier	Female 30-34		55:17	54:54
79.	8	Luke Arkle	Male 30-34	Unattached	55:23	55:00
80.	74	Charlotte Copeland	Female 35-39	Unattached	55:30	55:06
81.	64	Matthew Coe	Male 30-34	Unattached	55:40	55:26
82.	340	Neil Woods	Male 60-64	Unattached	55:48	55:35
83.	197	Louise Miller	Female 40-44	Unattached	55:55	55:38
84.	202	John Mitchell	Male 60-64	Unattached	56:01	55:47
85.	297	Mark Stocker	Male 50-54	Unattached	56:02	55:59
86.	288	Stuart Smith	Male 50-54 Male 65-69	Waveney Valley AC	56:07	55:53
87.	200 71	Julie Cooke	Female 60-64	Unattached	56:19	55:58
		Richard Hursthouse	Male 45-49	Stowmarket Striders		
88.	156				56:23	55:56 56:13
89.	348	Louise Yates	Female 40-44	Colchester Harriers AC	56:31 56:42	56:13
90.	143	Paul Hindle	Male 50-54	Unattached	56:42	56:14 56:22
91.	117	Lyndsey Girling	Female 35-39	Diss Athletics Club	56:46 57:33	56:23 57:06
92.	310 477	David Thurlow	Male 25-29	Unattached	57:32 57:40	57:06
93.	177	Andrew Kydd	Male 50-54	Unattached	57:49	57:33 57:50
94.	134	Jaime Hawkins	Female 40-44	Unattached	58:08	57:56 50:44
95.	206	Catherine Monument	Female 40-44	Isleham Joggers	58:18	58:14
96.	40	Shaun Britton	Male 35-39	Unattached	58:20	57:50

Place	Bib	Name	AG	Club	GunTime	ChipTime
97.	54	Steve Canning	Male 50-54	Unattached	58:22	57:51
98.	231	Laura Owens	Female 35-39	Unattached	58:22	58:09
99.	203	Kara Mittenzwey	Female 40-44	Unattached	58:24	57:59
100.	42	Laura Brown	Female 35-39	Stowmarket Striders	58:28	58:04
101.	224	Simon Nicholls	Male 50-54	Lonely Goat RC	58:42	58:31
102.	144	Steven Hirst	Male 35-39	Unattached	58:48	58:42
103.	73	Sid Cooper	Male 55-59	Unattached	58:59	58:41
104.	353	Paul Billings	Male 45-49	Unattached	59:22	59:14
105.	246	Mark Power	Male 45-49	Unattached	59:27	59:10
106.	124	Michael Haggas	Male 55-59	Unattached	59:38	59:12
107.	282	Sarah Scoggins	Female 30-34	Unattached	59:48	59:18
108.	31	Darren Birch	Male 55-59	Unattached	59:50	59:37
109.	315	Allan Turpie	Male 55-59	Unattached	1:00:14	1:00:07
110.	304	Mysha Taylor	Female 30-34	Unattached	1:00:30	1:00:15
111.	151	Portia Howe	Female 40-44		1:00:30	1:00:15
112.	55	Alan Carter	Male 60-64	Unattached	1:00:45	1:00:25
113.	219	Clair Nagorski	Female 30-34		1:00:51	1:00:43
114.	278	Bobbie Sauerzapf	Female 60-64	•	1:00:56	1:00:30
115.	167	Michael Judd	Male 50-54	Unattached	1:00:56	1:00:40
116.	351	Sally Ordish	Female 45-49	Unattached	1:00:56	1:00:53
117.	131	Leoni Harvey	Female 40-44		1:01:07	1:00:45
118.	12	Allison Austin		Haverhill Running Club	1:01:16	1:01:07
119.	122	Wayne Grant	Male 60-64	Unattached	1:01:35	1:01:11
120.	344	Denise Wright	Female 60-64		1:01:41	1:01:25
121.	160	Josh Iron	Male 25-29	Haverhill Running Club	1:01:42	1:01:32
122.	256	Anwen Rees	Female 25-29	Unattached	1:01:47	1:01:31
123.	127	Carlene Hare	Female 35-39	Unattached	1:01:58	1:01:47
124.	149	Sarah Horsfield	Female 25-29	Unattached	1:02:00	1:01:40
125.	76	Holly Crimp		Framlingham Flyers	1:02:02	1:01:46
126.	346	Darren Wright	Male 55-59	Unattached	1:02:06	1:01:49
127.	342	Mollie Wright	Female 15-19		1:02:06	1:01:49
128.	239	Justine Petrou	Female 40-44	Unattached	1:02:09	1:02:01
129.	266	William Rogers	Male 40-44	Unattached	1:02:44	1:02:40
130.	229	Daniel O'keeffe	Male 30-34	Unattached	1:02:50	1:02:45
131.	294	Victoria Squirrell	Female 40-44	lpswich Jaffa	1:02:51	1:02:34
132.	295	Peter Squirrell	Male 35-39	Ipswich Jaffa	1:02:51	1:02:34
133.	159	Jodie Ibbs	Female 25-29	Unattached	1:03:14	1:02:51
134.	176	Joanne Kohler	Female 30-34	Unattached	1:03:23	1:03:08
135.	3	Kathy Alderton	Female 45-49	Unattached	1:03:23	1:03:08
136.	242	Cecilia Pipe	Female 45-49	Unattached	1:03:28	1:03:16
137.	111	Dave Gardner	Male 60-64	Unattached	1:03:30	1:03:13
138.	21	Dougie Barber	Male 60-64	Coltishall Jaguars RC	1:03:31	1:03:08
139.	140	Laura Hick	Female 35-39	Coltishall Jaguars RC	1:03:31	1:03:08
140.	5	Gavin Alexander	Male 40-44	Hadleigh Hares AC	1:03:32	1:03:14
141.	4	Nicola Alexander	Female 40-44	Hadleigh Hares AC	1:03:32	1:03:14
142.	230	Phillip Orme	Male 60-64	Unattached	1:03:37	1:03:26
143.	174	Caroline Kluckow	Female 35-39	Unattached	1:03:46	1:03:32
144.	139	Michelle Hewes	Female 45-49	Unattached	1:04:23	1:03:56
145.	277	Joanne Sargent	Female 50-54	Hadleigh Hares AC	1:04:24	1:04:02

Place	Bib	Name	AG	Club	GunTime	ChipTime
146.	60	Pamela Clark	Female 60-64	Unattached	1:04:28	1:04:14
147.	347	Peter Wright	Male 55-59	Unattached	1:04:29	1:04:15
148.	343	Elizabeth Wright	Female 55-59	Unattached	1:04:29	1:04:15
149.	292	James Spillett	Male 50-54	Unattached	1:04:34	1:04:29
150.	121	Louise Gosling	Female 50-54	Unattached	1:04:35	1:04:08
151.	337	Tracey Willoughby	Female 35-39	Unattached	1:04:35	1:04:26
152.	293	Anoushka Springett	Female 40-44	Unattached	1:04:36	1:04:16
153.	286	Carly Smith	Female 40-44	Unattached	1:04:36	1:04:17
154.	296	Sarah Stanley	Female 35-39	Unattached	1:04:37	1:04:10
155.	326	Frank Watson	Male 65-69	Stowmarket Striders	1:04:45	1:04:17
156.	195	Jenny Meyer	Female 30-34	Unattached	1:04:51	1:04:40
157.	235	Adam Parsons	Male 30-34	Unattached	1:04:54	1:04:23
158.	61	Alison Clarke	Female 65-69		1:05:07	1:04:45
159.	30	Gemma Berrill	Female 35-39	• •	1:05:19	1:05:06
160.	153	Alison Huggett	Female 40-44	runmummyrun	1:05:29	1:05:05
161.	113	Faye Gibbs	Female 45-49	Unattached	1:05:36	1:05:12
162.	309	John Thorpe	Male 60-64	Unattached	1:05:40	1:05:27
163.	33	Remi Bolhassani	Female 35-39	Unattached	1:05:43	1:05:13
164.	187	Emily Lockwood	Female 30-34		1:06:40	1:06:30
165.	182	Beth Lebbon	Female 25-29	Unattached	1:06:40	1:06:20
166.	212	Laura Mortlock	Female 40-44		1:06:42	1:06:24
167.	250	Stuart Pryke	Male 30-34	Unattached	1:06:43	1:06:32
168.	200	Hannah Mitchell	Female 25-29	Unattached	1:06:45	1:06:31
169.	85	Lucy Denny	Female 25-29	Unattached	1:06:48	1:06:27
170.	270	Nicola Rossiter	Female 40-44		1:06:48	1:06:30
171.	62	Sarah Clarke	Female 35-39		1:06:48	1:06:37
172.	319	Emma Waddelow	Female 30-34	Unattached	1:06:52	1:06:28
173.	133	Matt Harwood	Male 35-39	Unattached	1:07:02	1:06:50
174.	72	Elaine Cooper	Female 50-54	Unattached	1:07:19	1:06:59
175.	11	Michelle Auer	Female 50-54		1:07:42	1:07:20
176.	185	Amanda Lewis	Female 35-39	, ,	1:08:07	1:07:41
177.	316	Gabby Uncles	Female 50-54	Unattached	1:08:40	1:08:17
178.	57	Susan Chapman	Female 50-54	Unattached	1:08:41	1:08:18
179.	169	Stuart Kerr	Male 45-49	Unattached	1:09:21	1:08:45
180.	155	Anna Hunt	Female 40-44	Moreton Hall Runners	1:09:26	1:08:57
181.	314	Jasmine Turner	Female 20-24	Unattached	1:09:44	1:09:08
182.	49	Alison Bullyment	Female 45-49	Zero to Hero Runners	1:09:48	1:09:18
183.	308	Edward Theaker	Male 65-69	Unattached	1:10:13	1:09:44
184.	283	Yazmine Sievey	Female 30-34	Unattached	1:10:14	1:09:46
185.	329	Jacqueline Webb	Female 55-59	Unattached	1:11:25	1:10:57
186.	179	Emma Larner	Female 50-54	Unattached	1:11:52	1:11:18
187.	99	Donna Evans	Female 55-59	Unattached	1:11:58	1:11:37
188.	77	Tessa Crocker	Female 40-44	Unattached	1:12:02	1:11:52
189.	291	Lauren Sparrow	Female 35-39	Lonely Goat RC	1:12:07	1:11:52
190.	119	Kirsty Goodchild	Female 35-39	Unattached	1:12:07	1:11:51
191.	145	Donna Hobbs	Female 45-49	Unattached	1:12:07	1:11:52
192.	276	Sam Sales	Female 50-54	Unattached	1:12:31	1:12:10
193.	132	Anna Harvey	Female 50-54	Unattached	1:12:34	1:12:10
	86	•				
194. ———	<u> </u>	Amy Dodson	Female 30-34	Chatteris Running Club	1:13:36	1:13:27

Place	Bib	Name	AG	Club	GunTime	ChipTime
195.	302	Vivienne Taylor	Female 60-64	Unattached	1:13:55	1:13:22
196.	110	Karen Gardner	Female 60-64	Unattached	1:14:18	1:13:56
197.	208	Carly Moody	Female 40-44	Unattached	1:14:37	1:14:11
198.	306	Sue Tetley	Female 45-49	Phil New Phone	1:14:37	1:14:11
199.	259	Kayleigh Richards	Female 30-34	Unattached	1:14:42	1:14:14
200.	220	Bec Nally	Female 35-39	Unattached	1:15:26	1:15:13
201.	355	Caroline Gladwell	Female 35-39	Stowmarket Striders	1:15:47	1:15:35
202.	196	Darran Miles	Male 55-59	Unattached	1:15:48	1:15:13
203.	58	Mel Chittock	Male 65-69	Unattached	1:15:50	1:15:30
204.	269	Michael Roscoe	Male 40-44	Unattached	1:16:39	1:16:07
205.	28	Martin Bellotti	Male 40-44	Unattached	1:16:40	1:16:07
206.	67	Katie Collings	Female 35-39	Unattached	1:17:00	1:16:34
207.	23	Steph Barnes	Female 45-49	Unattached	1:17:00	1:16:34
208.	214	Laura Mower	Female 35-39	Unattached	1:17:01	1:16:33
209.	88	Hannah Doran	Female 30-34		1:17:04	1:16:40
210.	180	Catherine Law	Female 30-34	Unattached	1:17:04	1:16:40
211.	312	Lorna Todd	Female 40-44		1:17:30	1:17:09
212.	93	Janine Edgar	Female 40-44		1:17:31	1:17:10
213.	112	Kath Gerighty	Female 50-54		1:18:06	1:17:52
214.	80	Nicola Currant	Female 40-44	Unattached	1:18:26	1:17:57
215.	271	Julie Rout	Female 40-44		1:18:32	1:18:03
216.	130	Flora Hartley-webb	Female 25-29	Unattached	1:18:41	1:18:14
217.	18	Stacy Baker	Female 40-44	Unattached	1:18:49	1:18:15
218.	17	Vikki Baker	Female 40-44	Unattached	1:18:50	1:18:15
219.	27	Chloe Bellotti	Female 35-39		1:19:47	1:19:15
220.	210	Jason Moores	Male 50-54	Unattached	1:20:37	1:20:05
221.	150	Maria Hough	Female 55-59		1:20:38	1:20:06
222.	168	Lisa Kellock	Female 35-39		1:22:39	1:22:18
223.	138	Sally Heaton	Female 45-49		1:22:44	1:22:23
224.	226	Leanne Oatham	Female 40-44		1:25:39	1:25:12
225.	164	Josephine Johnson		Mundford Running Group	1:27:44	1:27:13
226.	279	Hannah Saul	Female 40-44	•	1:27:44	1:27:13
DNS	1	Helen Adkins	Female 50-54	Unattached		
DNS	2	Elisabeth Agathos	Female 35-39	Unattached		
DNS	9	Laura Armstrong	Female 40-44	Unattached		
DNS	10	Deborah Ashford	Female 50-54	Unattached		
DNS	15	Suzanne Bailey	Female 55-59	Newmarket Joggers		
DNS	16	Karen Baker	Female 40-44	Unattached		
DNS	20	Catherine Bank	Female 50-54			
DNS	25	Henry Batchelor	Male 30-34	Unattached		
DNS	26	Sonia Bates	Female 35-39	Hadleigh Hares AC		
DNS	32	Will Blower	Male 30-34	Unattached		
DNS	34	Oliver Boughton	Male 35-39	Saint Edmund Pacers		
DNS	37	Julie Branch	Female 50-54			
DNS	38	Alice Brear Clarkson	Female 30-34			
DNS	39	Paul Brear Clarkson	Male 35-39	East Down AC		
DNS	41	Richard Brooks	Male 50-54	Unattached		
DNS	43	Wendy Brown	Female 60-64			
DNS	43 44	Joanne Brown	Female 40-44	Unattached		
	77		Tomaic 40-44	Chattached		

Ickworth Sunset Chase

Friday 23rd September 2022

Place	Bib	Name	AG	Club	GunTime	ChipTime
DNS	47	Jan Bukszynski	Female 35-39	Unattached		
DNS	48	Stephen Bullen	Male 45-49	Unattached		
DNS	51	Oliver Bumstead	Male 35-39	Unattached		
DNS	53	Natalie Butler	Female 35-39	Unattached		
DNS	59	Lucy Clark	Female 25-29	Unattached		
DNS	63	Shaun Clarke	Male 45-49	Unattached		
DNS	65	Erica Cole	Female 40-44	Unattached		
DNS	66	Alison Cole	Female 40-44	Unattached		
DNS	70	Rebecca Cooke	Female 30-34	Colchester Harriers AC		
DNS	78	Colin Crompton	Male 40-44	Unattached		
DNS	79	Cassie Croton	Female 40-44	Unattached		
DNS	82	Malcolm Darvill	Male 65-69	Unattached		
DNS	83	Monty Dawson	Male 30-34	Unattached		
DNS	87	Lauren Dool	Female 35-39	Unattached		
DNS	89	Rachel Down	Female 30-34	Unattached		
DNS	90	Amanda Drye	Female 60-64	Unattached		
DNS	91	Deirdre Duffy	Female 40-44	SRF		
DNS	92	Gio Eburne	Female 55-59	Unattached		
DNS	94	Ronnie Egan	Female 50-54	Unattached		
DNS	95	Sam Elwood	Male 35-39	Unattached		
DNS	96	Samantha Emery	Female 30-34	Unattached		
DNS	98	Niamh Evans	Female 40-44	Unattached		
DNS	101	Teresa Farley	Female 35-39	Unattached		
DNS	103	David Feveyear-ward	Male 30-34	Unattached		
DNS	105	Kevin Foskett	Male 55-59	Unattached		
DNS	106	Amanda Freemantle	Female 40-44	TriSudbury		
DNS	107	Annabel Freestone	Female 25-29	Unattached		
DNS	114	Richard Gill	Male 55-59	Unattached		
DNS	115	Paul Gill	Male 40-44	Unattached		
DNS	118	Lee Goddard	Male 50-54	Stowmarket Striders		
DNS	120	Tracey Goodhew	Female 45-49			
DNS	123	Ollie Gunsman	Male 35-39	Unattached		
DNS	125	Gill Hak	Female 60-64	Unattached		
DNS	128	Ryan Harris	Male 35-39	Unattached		
DNS	129	Kimberley Harrison	Female 40-44			
DNS	136	Chris Haystead	Male 50-54	Norfolk Gazelles		
DNS	137	Sarah Headland	Female 40-44	Unattached		
DNS	141	Nicola Hilson		Colchester Harriers AC		
DNS	146	Rebecca Hodgkinson	Female 35-39			
DNS	152	Andy Huffer	Male 55-59	Unattached		
DNS	158	Rachelle Hutt	Female 40-44	Unattached		
DNS	161	Clair Jefferson	Female 45-49			
DNS	163	Ellie Johnson	Female 30-34	_		
DNS	166	Donna Jolly	Female 40-44	Unattached		
DNS	170	Katie Kew	Female 30-34			
DNS	171	Lisa Kidd	Female 45-49			
DNS	172	Tom Kingsnorth	Male 40-44	Saint Edmund Pacers		
DNS	175	Lara Knights	Female 35-39			
DNS	178	Tracy Lane		Haverhill Running Club		
				Comming Oldb		

Ickworth Sunset Chase

Friday 23rd September 2022

Place	Bib	Name	AG	Club	GunTime	ChipTime
DNS	183	Mark Leeks	Male 45-49	TriSudbury		
DNS	186	Claire Lister	Female 40-44	Unattached		
DNS	189	Sandy Maloy	Female 55-59	Unattached		
DNS	191	Stuart Mcghee	Male 45-49	Unattached		
DNS	192	Mike Mckinstry	Male 55-59	Unattached		
DNS	198	Charlotte Mills	Female 30-34	Great Bentley Running Club		
DNS	201	Victoria Mitchell	Female 50-54	Unattached		
DNS	205	Catherine Monument	Female 40-44	Unattached		
DNS	207	Charlotte Moody	Female 35-39	Unattached		
DNS	209	James Moody	Male 35-39	Unattached		
DNS	211	Caroline Morris	Female 40-44	Unattached		
DNS	215	Jenni Murphy	Female 45-49	Unattached		
DNS	216	Tanya Murphy	Female 40-44	Unattached		
DNS	217	Rebecca Murphy	Female 30-34	Unattached		
DNS	223	Tom Newland	Male 40-44	Unattached		
DNS	225	Michele North	Female 35-39	Unattached		
DNS	228	Emma O'doherty	Female 40-44	Unattached		
DNS	233	Sarah Parr	Female 50-54	Unattached		
DNS	234	Neil Parris	Male 45-49	Unattached		
DNS	236	Duncan Partridge	Male 45-49	Unattached		
DNS	237	Michael Peachey	Male 40-44	Moreton Hall Runners		
DNS	238	Robert Pearson	Male 55-59	Norfolk Gazelles		
DNS	240	Ian Pettitt	Male 40-44	Unattached		
DNS	243	James Plummer	Male 35-39	Unattached		
DNS	249	Andrew Preston	Male 40-44	Unattached		
DNS	251	Clive Purbrook	Male 65-69	Newmarket Joggers		
DNS	253	Rebecca Randall	Female 40-44	Unattached		
DNS	254	Kerry Randall	Female 40-44	Unattached		
DNS	255	Adam Randall	Male 40-44	Unattached		
DNS	258	Rebecca Richards	Female 35-39	Saint Edmund Pacers		
DNS	260	lan Rickard	Male 35-39	Unattached		
DNS	262	Lynn Roberts	Female 55-59	Unattached		
DNS	263	Joanne Robertson	Female 45-49	Unattached		
DNS	264	David Robertson	Male 45-49	Unattached		
DNS	267	Jack Rolfe	Male 20-24	Unattached		
DNS	268	Hollie Roper	Female 35-39	Unattached		
DNS	274	Esther Rutman	Female 30-34	Unattached		
DNS	280	Sally Saunders	Female 45-49	Unattached		
DNS	281	Emma Schofield	Female 50-54	Unattached		
DNS	284	Tonia Simper	Female 50-54	Unattached		
DNS	287	Barry Smith	Male 55-59	Thetford AC		
DNS	298	Michael Strowger	Male 35-39	Framlingham Flyers		
DNS	299	Sophie Summers	Female 25-29	Unattached		
DNS	301	Benjamin Tanner	Male 35-39	Unattached		
DNS	303	Stephanie Taylor	Female 55-59	Unattached		
DNS	307	Helen Thakrar	Female 45-49	Unattached		
DNS	311	Helena Tiernay	Female 45-49	Unattached		
DNS	318	Shaun Vollenhoven	Male 35-39	Unattached		
DNS	321	Andy Walter	Male 50-54	Norfolk Gazelles		
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Overall Results

Place	Bib	Name	AG	Club	GunTime	ChipTime
DNS	323	Lizzie Ward	Female 35-39	Unattached		
DNS	324	Vikki Waspe	Female 35-39	Unattached		
DNS	325	Jennie Watson	Female 35-39	Unattached		
DNS	327	Mark Watts	Male 35-39	Unattached		
DNS	331	Polly Wells	Female 45-49	Unattached		
DNS	333	Jonathan Whytock	Male 45-49	Unattached		
DNS	335	Megan Williams	Female 25-29	Unattached		
DNS	336	Beth Willis	Female 30-34	Unattached		
DNS	338	Jo Wilson	Female 45-49	Unattached		
DNS	339	Becky Woods	Female 30-34	Unattached		
DNS	341	Nicky Wreford	Female 45-49	Unattached		
DNS	350	Jamie Roper	Male 30-34	Unattached		

Number of records: 426