

High Lodge Half & Full Marathon Autumn

Overall Results



Race Chip Timing

Place	Bib	Name	AG	Club	Gun	Chip	GenP	AgP	Pace
High Lodge Full Marathon									
1.	422	Ewa Mitka	Female 40-44	Unattached	3:25:47	3:25:45	1.	1.	7:51
2.	436	Alec Wright	Male 40-44	Unattached	3:46:37	3:46:32	1.	1.	8:38
3.	434	Adam U'glow Jones	Male 45-49	Unattached	3:51:20	3:51:08	2.	1.	8:49
4.	432	Philip Taylor	Male 40-44	Unattached	3:56:12	3:53:15	3.	2.	9:00
5.	413	Becca Hayden	Female 30-34	Unattached	3:56:26	3:56:23	2.	1.	9:01
6.	410	Colin Edmondson	Male 50-54	Unattached	3:56:42	3:56:37	4.	1.	9:02
7.	433	Jonathan Tripp	Male 50-54	Running Events Cambridgeshire	4:13:11	4:13:04	5.	2.	9:39
8.	425	Joe Palmer	Male 40-44	Unattached	4:13:39	4:13:32	6.	3.	9:40
9.	401	Paul Addison	Male 40-44	Isleham Joggers	4:16:15	4:16:13	7.	4.	9:46
10.	423	Shane Morgan	Male 30-34	Unattached	4:22:45	4:22:40	8.	1.	10:01
11.	407	Connor Drew	Male 25-29	Unattached	4:27:20	4:27:16	9.	1.	10:12
12.	406	Jim Comber	Male 50-54	Unattached	4:28:12	4:28:09	10.	3.	10:14
13.	411	Andrew Enticknap	Male 50-54	Unattached	4:29:03	4:29:00	11.	4.	10:16
14.	429	Sarah Severwright	Female 40-44	Unattached	4:35:30	4:35:26	3.	2.	10:30
15.	405	Russell Clarke	Male 60-64	Unattached	4:38:50	4:38:46	12.	1.	10:38
16.	438	Andrew Gage	Male 40-44	Unattached	4:40:54	4:40:49	13.	5.	10:43
17.	409	Slawomir Dziarmaga	Male 40-44	Unattached	4:51:55	4:51:47	14.	6.	11:08
18.	419	Andrew McGann	Male 50-54	Unattached	4:58:02	4:57:55	15.	5.	11:22
19.	415	Rebecca Leek	Female 40-44	Unattached	4:58:08	4:57:58	4.	3.	11:22
20.	402	Keith Anderson	Male 55-59	Unattached	5:09:52	5:09:48	16.	1.	11:49
21.	414	Wayne Hope	Male 40-44	Unattached	5:13:33	5:13:29	17.	7.	11:58
22.	412	Simon Hambling	Male 55-59	Unattached	5:13:55	5:13:52	18.	2.	11:58
23.	431	Rachel Southgate	Female 40-44	Unattached	5:16:20	5:16:13	5.	4.	12:04
24.	437	Jennifer Wright	Female 40-44	Unattached	5:16:27	5:16:20	6.	5.	12:04
25.	430	Matt Slocombe	Male 35-39	Unattached	5:23:29	5:23:24	19.	1.	12:20
26.	403	Susan Bond	Female 50-54	Unattached	5:26:24	5:26:16	7.	1.	12:27
27.	408	Rebekah Dunne	Female 35-39	Unattached	5:49:51	5:49:44	8.	1.	13:21
28.	421	Hannah Mitchell	Female 25-29	Ipswich Jaffa	5:53:42	5:53:39	9.	1.	13:29
29.	424	Sam Norman	Male 30-34	Unattached	6:16:55	6:16:49	20.	2.	14:23
30.	435	Annie Wong	Female 35-39	Unattached	6:22:20	6:22:12	10.	2.	14:35

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Place	Bib	Name	AG	Club	Gun	Chip	GenP	AgP	Pace
High Lodge Half Marathon									
1.	105	Jonathan Mead	Male 25-29	Unattached	1:25:37	1:25:34	1.	1.	6:32
2.	161	Michael Strowger	Male 35-39	Unattached	1:26:28	1:26:26	2.	1.	6:36
3.	94	Tom Kingsnorth	Male 40-44	Saint Edmund Pacers	1:30:47	1:30:44	3.	1.	6:55
4.	37	Alastair Clipsham	Male 45-49	Tri/anglia Triathlon Club	1:32:59	1:32:54	4.	1.	7:05
5.	101	Kevin Long	Male 35-39	Unattached	1:33:40	1:33:34	5.	2.	7:09
6.	16	Darren Barnes	Male 45-49	Unattached	1:34:13	1:34:10	6.	2.	7:11
7.	168	Chris Tye	Male 55-59	Ipswich Triathlon Club	1:38:38	1:38:34	7.	1.	7:31
8.	162	Jack Sutton	Male 25-29	Unattached	1:38:55	1:38:52	8.	2.	7:33
9.	41	Jonathan Cox	Male 35-39	Unattached	1:38:56	1:38:48	9.	3.	7:33
10.	193	Zakir Tnimov	Male 35-39	Unattached	1:39:22	1:39:16	10.	4.	7:35
11.	33	Gem Carter	Female 30-34	Unattached	1:39:28	1:39:25	1.	1.	7:35
12.	189	Mariusz Żak	Male 45-49	Unattached	1:40:50	1:40:29	11.	3.	7:41
13.	17	Emese Bartha	Female 25-29	Norfolk Gazelles	1:41:20	1:41:17	2.	1.	7:44
14.	123	Olly Page	Male 30-34	Unattached	1:41:45	1:41:26	12.	1.	7:45
15.	136	Mark Ratcliffe	Male 45-49	Unattached	1:43:42	1:43:38	13.	4.	7:54
16.	109	James Mildren	Male 30-34	Unattached	1:45:19	1:45:06	14.	2.	8:02
17.	3	Matthew Allen	Male 35-39	Unattached	1:45:22	1:45:13	15.	5.	8:02
18.	155	Isaac Staff	Male 25-29	Unattached	1:45:55	1:45:38	16.	3.	8:05
19.	7	Miss M L Armstrong	Female 40-44	Norwich Road Runners	1:47:36	1:45:52	3.	1.	8:12
20.	190	Ian White	Male 50-54	Trisudbury	1:47:48	1:47:38	17.	1.	8:13
21.	194	John Murphy	Male 45-49	Unattached	1:48:07	1:47:59	18.	5.	8:15
22.	104	Andy Marsh	Male 40-44	Unattached	1:48:20	1:48:06	19.	2.	8:16
23.	51	Tom Duncan	Male 45-49	Unattached	1:48:32	1:48:24	20.	6.	8:17
24.	36	Ryan Chipperfield	Male 25-29	Unattached	1:50:09	1:50:00	21.	4.	8:24
25.	167	Rob Turner	Male 20-24	Unattached	1:50:12	1:49:56	22.	1.	8:24
26.	179	Graham White	Male 50-54	Unattached	1:50:18	1:50:11	23.	2.	8:25
27.	9	Charles Ashbourne	Male 30-34	Unattached	1:50:24	1:50:05	24.	3.	8:25
28.	151	Gavin Skipper	Male 40-44	Unattached	1:50:29	1:50:12	25.	3.	8:25
29.	166	Mark Tibbetts	Male 35-39	Unattached	1:50:46	1:50:26	26.	6.	8:27
30.	159	Gareth Stockwell	Male 40-44	Unattached	1:50:56	1:50:35	27.	4.	8:28
31.	103	Keith Makinson	Male 55-59	Jbr Run And Tri	1:50:58	1:50:31	28.	2.	8:28
32.	49	Chris Dowsett	Male 45-49	Unattached	1:51:06	1:50:52	29.	7.	8:28
33.	122	Scott Outlaw	Male 30-34	Unattached	1:51:59	1:51:48	30.	4.	8:32
34.	187	Simon Wyatt	Male 45-49	Unattached	1:52:02	1:51:51	31.	8.	8:33
35.	131	Sam Platt	Male 30-34	Unattached	1:52:41	1:52:35	32.	5.	8:36
36.	133	Michal Powrozek	Male 40-44	Unattached	1:52:48	1:52:29	33.	5.	8:36
37.	139	Michael Regan	Male 45-49	Unattached	1:52:55	1:52:49	34.	9.	8:37
38.	28	Ian Brooks	Male 35-39	Unattached	1:53:36	1:53:28	35.	7.	8:40
39.	114	Mary Narey	Female 50-54	Stowmarket Striders	1:53:51	1:53:45	4.	1.	8:41
40.	129	Rhodri Phillips	Male 45-49	Unattached	1:54:31	1:54:12	36.	10.	8:44
41.	79	Tristram Hilborn	Male 40-44	Unattached	1:54:51	1:54:38	37.	6.	8:45
42.	93	Anthony Kendrick	Male 35-39	Unattached	1:55:20	1:55:15	38.	8.	8:48
43.	92	Daniel Jones	Male 35-39	Ipswich Harriers	1:55:32	1:55:29	39.	9.	8:49
44.	18	Sam Barton	Male 35-39	Unattached	1:56:11	1:55:55	40.	10.	8:52
45.	181	Alice Wilmer	Female 35-39	Unattached	1:56:46	1:55:24	5.	1.	8:54
46.	172	Paul Wallington	Male 40-44	Unattached	1:56:46	1:55:24	41.	7.	8:54
47.	128	Ian Pentony	Male 55-59	Unattached	1:56:57	1:56:47	42.	3.	8:55
48.	145	Paul Royall	Male 50-54	Unattached	1:57:30	1:57:06	43.	3.	8:58
49.	157	Troy Starmer	Male 30-34	Unattached	1:58:00	1:57:41	44.	6.	9:00
50.	15	Lizzie Baker	Female 25-29	Unattached	1:58:21	1:58:14	6.	2.	9:02
51.	26	Dominic Briffa	Male 45-49	Unattached	1:58:24	1:58:13	45.	11.	9:02
52.	67	Alicia Gailliez	Female 35-39	Unattached	1:58:35	1:58:23	7.	2.	9:03
53.	31	Joe Burford	Male 35-39	Unattached	1:59:04	1:58:48	46.	11.	9:05
54.	69	Dan Gould	Male 35-39	Unattached	1:59:21	1:58:38	47.	12.	9:06

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Place	Bib	Name	AG	Club	Gun	Chip	GenP	AgP	Pace
55.	192	Alex Windsor	Male 30-34	Unattached	1:59:32	1:59:26	48.	7.	9:07
56.	169	Rose Van Orden	Female 40-44	Unattached	1:59:41	1:59:26	8.	2.	9:08
57.	23	Graham Bradley	Male 55-59	Unattached	2:00:19	2:00:10	49.	4.	9:11
58.	50	Conor Duggan	Male 25-29	Unattached	2:00:49	2:00:35	50.	5.	9:13
59.	177	Mike Webster	Male 50-54	Unattached	2:00:56	2:00:32	51.	4.	9:13
60.	20	Tim Blake	Male 40-44	Unattached	2:01:29	2:01:05	52.	8.	9:16
61.	72	Lucy Greatwood	Female 30-34	Unattached	2:02:01	2:01:39	9.	2.	9:18
62.	32	Dan Burling	Male 25-29	Unattached	2:02:11	2:01:50	53.	6.	9:19
63.	4	Chris Allen	Male 30-34	Unattached	2:02:12	2:01:50	54.	8.	9:19
64.	13	Theo Bailey	Male 55-59	Unattached	2:02:18	2:01:45	55.	5.	9:20
65.	152	Danny Smith	Male 50-54	Unattached	2:02:29	2:02:08	56.	5.	9:20
66.	149	Curtis Searle	Male 25-29	Unattached	2:03:09	2:02:53	57.	7.	9:23
67.	44	Alex Curtis	Male 35-39	Unattached	2:03:24	2:03:10	58.	13.	9:25
68.	21	James Bokhorst	Male 25-29	Unattached	2:03:30	2:03:17	59.	8.	9:25
69.	132	Louis Plevin	Male 25-29	Unattached	2:03:32	2:03:19	60.	9.	9:25
70.	27	Andrew Briffett	Male 55-59	Unattached	2:03:48	2:03:28	61.	6.	9:26
71.	147	Yeray Sanchez	Male 30-34	Unattached	2:04:18	2:04:04	62.	9.	9:29
72.	160	Cherie Strachan	Female 30-34	Unattached	2:04:20	2:04:05	10.	3.	9:29
73.	119	Caroline Nunn	Female 50-54	Unattached	2:04:54	2:04:48	11.	2.	9:32
74.	35	Sebastián Chavez	Male 30-34	Unattached	2:06:41	2:05:59	63.	10.	9:40
75.	53	Bradley Edwards	Male 30-34	Unattached	2:06:42	2:06:00	64.	11.	9:40
76.	54	Jimmy Elmer	Male 50-54	Unattached	2:07:21	2:07:16	65.	6.	9:43
77.	164	David Thornhill	Male 45-49	Unattached	2:07:35	2:07:20	66.	12.	9:44
78.	57	Rebekah Farrell	Female 40-44	Unattached	2:08:01	2:07:49	12.	3.	9:46
79.	58	John Farrell	Male 40-44	Unattached	2:08:02	2:07:49	67.	9.	9:46
80.	77	Caroline Hempstead	Female 50-54	Unattached	2:08:27	2:08:07	13.	3.	9:48
81.	82	Catherine Ivie	Female 40-44	Unattached	2:09:49	2:09:31	14.	4.	9:54
82.	191	Mark Shipley	Male 35-39	Unattached	2:09:49	2:09:30	68.	14.	9:54
83.	46	Heidi Dawson	Female 35-39	Unattached	2:09:58	2:09:35	15.	3.	9:55
84.	107	Jose Mendez Acosta	Male 35-39	Unattached	2:10:09	2:09:50	69.	15.	9:56
85.	25	Jon Brett	Male 40-44	Unattached	2:10:36	2:09:52	70.	10.	9:58
86.	148	Robert Sayer	Male 30-34	Unattached	2:11:49	2:11:34	71.	12.	10:03
87.	80	Paul Hughes	Male 55-59	Great Bentley Running Club	2:12:07	2:11:45	72.	7.	10:05
88.	171	Stephanie Walker	Female 35-39	Unattached	2:12:41	2:12:36	16.	4.	10:07
89.	121	Sarah Osborne	Female 40-44	Unattached	2:12:41	2:12:36	17.	5.	10:07
90.	178	Claire Welford	Female 45-49	Unattached	2:12:41	2:12:36	18.	1.	10:07
91.	127	David Pennyfather	Male 55-59	Unattached	2:13:21	2:12:52	73.	8.	10:10
92.	96	Vladimir Laptikhovsky	Male 55-59	Unattached	2:14:11	2:13:49	74.	9.	10:14
93.	75	Martin Hall	Male 35-39	Unattached	2:14:51	2:14:36	75.	16.	10:17
94.	68	Tabitha Gould	Female 35-39	Unattached	2:15:07	2:14:40	19.	5.	10:18
95.	158	Graham Steel	Male 60-64	Unattached	2:15:07	2:14:40	76.	1.	10:18
96.	47	Pawel Denis	Male 35-39	Unattached	2:16:05	2:15:38	77.	17.	10:23
97.	184	Emma Winward	Female 25-29	Unattached	2:16:13	2:16:06	20.	3.	10:23
98.	86	Lewis Jenness	Male 25-29	Unattached	2:16:14	2:16:07	78.	10.	10:23
99.	59	Kevin Farrow	Male 40-44	Unattached	2:16:58	2:16:52	79.	11.	10:27
100.	143	Sarah Rollo	Female 30-34	Unattached	2:17:01	2:16:45	21.	4.	10:27
101.	188	Billy Yorke	Male 30-34	Unattached	2:19:19	2:19:03	80.	13.	10:38
102.	43	Simon Cross	Male 35-39	Unattached	2:20:10	2:19:59	81.	18.	10:41
103.	87	Paul Joghee	Male 45-49	Unattached	2:20:17	2:20:09	82.	13.	10:42
104.	81	Tamas Illes	Male 30-34	Unattached	2:20:52	2:20:37	83.	14.	10:45
105.	150	Guy Shearwood	Male 60-64	Tri/anglia Triathlon Club	2:23:23	2:22:46	84.	2.	10:56
106.	146	Philippa Rudd	Female 55-59	Tri/anglia Triathlon Club	2:23:25	2:22:48	22.	1.	10:56
107.	117	Charlotte Nevison	Female 50-54	Ely Runners	2:25:26	2:25:06	23.	4.	11:06
108.	30	Mark Bullen	Male 50-54	Unattached	2:26:19	2:25:59	85.	7.	11:10
109.	38	Jenny Comont	Female 30-34	Unattached	2:26:49	2:25:59	24.	5.	11:12

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Place	Bib	Name	AG	Club	Gun	Chip	GenP	AgP	Pace
110.	170	Tracy Walker	Female 45-49	Unattached	2:27:38	2:27:04	25.	2.	11:16
111.	156	Samantha Starling	Female 50-54	Saint Edmund Pacers	2:28:29	2:28:22	26.	5.	11:20
112.	120	Stephen Oram	Male 45-49	Unattached	2:28:44	2:28:23	86.	14.	11:21
113.	52	Jon Duncan	Male 45-49	Unattached	2:28:44	2:28:23	87.	15.	11:21
114.	55	Andrew Engle	Male 30-34	Unattached	2:28:50	2:28:19	88.	15.	11:21
115.	111	Sophie Mok	Female 30-34	Unattached	2:29:00	2:28:36	27.	6.	11:22
116.	138	Billy Rayner	Male 45-49	Unattached	2:29:26	2:29:08	89.	16.	11:24
117.	10	Zohre Ashraf	Female 45-49	Unattached	2:29:26	2:29:08	28.	3.	11:24
118.	174	Rosie Warren	Female 30-34	Unattached	2:30:05	2:29:40	29.	7.	11:27
119.	19	Will Bindloss	Male 25-29	Unattached	2:30:20	2:30:06	90.	11.	11:28
120.	185	Michał Wisznat	Male 35-39	Unattached	2:32:39	2:32:36	91.	19.	11:39
121.	78	Jon Hicks	Male 30-34	Unattached	2:34:53	2:34:17	92.	16.	11:49
122.	124	Isabelle Parsons	Female 45-49	Unattached	2:35:20	2:34:49	30.	4.	11:51
123.	125	John Parsons	Male 45-49	Unattached	2:35:21	2:34:50	93.	17.	11:51
124.	153	Shelby Smith	Female 25-29	Unattached	2:36:31	2:35:59	31.	4.	11:56
125.	98	Christina Latta	Female 35-39	Unattached	2:36:31	2:35:59	32.	6.	11:56
126.	137	Noreen Rawlings	Female 45-49	Unattached	2:38:45	2:38:22	33.	5.	12:07
127.	195	Tracie Emerson	Female 50-54	Unattached	2:40:36	2:40:04	34.	6.	12:15
128.	163	Sue Tetley	Female 45-49	Trisudbury	2:41:14	2:41:03	35.	6.	12:18
129.	175	Frank Watson	Male 65-69	Stowmarket Striders	2:41:27	2:41:09	94.	1.	12:19
130.	108	Daniel Metcalfe	Male 30-34	Unattached	2:42:09	2:41:36	95.	17.	12:22
131.	66	Thomas Fryatt	Male 30-34	Unattached	2:42:13	2:41:45	96.	18.	12:22
132.	134	David Preston	Male 40-44	Unattached	2:43:34	2:43:24	97.	12.	12:29
133.	88	Sarah Johnson	Female 45-49	Unattached	2:45:08	2:44:55	36.	7.	12:36
134.	91	Georgia Johnson	Female 20-24	Unattached	2:45:08	2:44:56	37.	1.	12:36
135.	71	Samantha Grant	Female 35-39	Unattached	2:47:07	2:47:00	38.	7.	12:45
136.	42	Karl Cridland	Male 25-29	Unattached	2:47:54	2:47:39	98.	12.	12:48
137.	141	Karen Rixon	Female 55-59	Unattached	2:50:43	2:50:31	39.	2.	13:01
138.	22	Sarah Boxall	Female 35-39	Unattached	2:50:43	2:50:32	40.	8.	13:01
139.	11	Domini Atkin	Female 45-49	Unattached	3:03:11	3:02:35	41.	8.	13:58
140.	90	Melissa Johnson	Female 30-34	Unattached	3:04:35	3:04:08	42.	8.	14:05
141.	48	Leigh Dove	Female 30-34	Unattached	3:05:46	3:05:29	43.	9.	14:10
142.	24	Angeline Braidwdood	Female 45-49	Diss And District Ac	3:06:44	3:06:30	44.	9.	14:15
143.	112	Victoria Morten	Female 40-44	Unattached	3:08:12	3:07:42	45.	6.	14:21
144.	12	Jess Ayres	Female 25-29	Unattached	3:15:15	3:14:24	46.	5.	14:54
145.	102	Debi Loveland	Female 55-59	Unattached	3:20:36	3:20:07	47.	3.	15:18

Number of records: 175