

Robert Tomlinson Half Marathon

15/03/2020

Overall Results



Race Chip Timing

Place	Bib	Name	AG	Club	Gun	Chip	Pace
Stowmarket Half Marathon							
1.	426	Danny ROCK	Male Senior	Felixstowe RRC	01:11:06	01:11:04	5:25
2.	324	Matthew SPENCER	Male Senior	Framlingham Flyers	01:13:13	01:13:11	5:35
3.	413	Helen DAVIES	Female V40	Ipswich Jaffa RC	01:15:34	01:15:31	5:46
4.	147	Chris HALL	Male Senior	Stowmarket Striders RC	01:16:44	01:16:42	5:51
5.	419	Mark HAYWARD	Male Senior	Newmarket Joggers	01:17:47	01:17:45	5:56
6.	323	Andrew SOUTHWOOD	Male V40	Saint Edmund Pacers	01:18:23	01:18:21	5:58
7.	409	James SMITH	Male V40	Newmarket Joggers	01:19:13	01:19:11	6:02
8.	168	Adam HOWLETT	Male V45	Framlingham Flyers	01:19:49	01:19:47	6:05
9.	340	Jason TAYLOR	Male V45	Felixstowe RRC	01:21:02	01:20:58	6:11
10.	343	Gary TAYLOR	Male Senior	Felixstowe RRC	01:21:03	01:21:00	6:11
11.	423	Aiden BELL	Male Senior	Hadleigh Hares AC	01:21:38	01:21:35	6:13
12.	63	Henry CATLING	Male Senior	Felixstowe RRC	01:22:08	01:22:05	6:16
13.	306	Luke SENIOR	Male Senior	Saint Edmund Pacers	01:22:10	01:22:03	6:16
14.	238	Chris MOWER	Male V40	Saint Edmund Pacers	01:22:47	01:22:44	6:19
15.	374	Jon WILES	Male V45	Bungay Black Dog RC	01:23:56	01:23:50	6:24
16.	320	Ashley SMY	Male Senior	Framlingham Flyers	01:24:22	01:24:19	6:26
17.	357	Jake WAGGOTT	Male Senior	Ipswich Jaffa RC	01:24:29	01:24:26	6:26
18.	23	Howard BEASLEY	Male V55	Saint Edmund Pacers	01:25:31	01:25:27	6:31
19.	104	Ian DUGGAN	Male V50	Felixstowe RRC	01:25:43	01:25:38	6:32
20.	412	Ben JEFFERY	Male V40	West Suffolk AC	01:25:52	01:25:48	6:33
21.	50	Steve BROOKE	Male V50	Felixstowe RRC	01:26:29	01:26:25	6:36
22.	93	Marcus DAVEY	Male V45	Biggleswade AC	01:26:44	01:26:41	6:37
23.	321	Dave SOLOMON	Male V50	Felixstowe RRC	01:27:05	01:27:00	6:38
24.	149	Charles HANN	Male V50	Sudbury Joggers	01:27:14	01:27:10	6:39
25.	408	Alastair READ	Male V40	Felixstowe RRC	01:27:40	01:27:35	6:41
26.	157	Thomas HAYDEN	Male Senior	Framlingham Flyers	01:28:06	01:28:01	6:43
27.	266	Jonathan PESTELL	Male Senior	Unattached	01:28:07	01:27:59	6:43
28.	198	Mark LAMBERT	Male V45	Felixstowe RRC	01:28:15	01:28:15	6:44
29.	152	Robin HARPER	Male V40	Felixstowe RRC	01:28:46	01:28:42	6:46
30.	240	Huw MYATT	Male Senior	Unattached	01:29:00	01:28:53	6:47
31.	318	Jem SMITH	Male V45	Sudbury Joggers	01:29:03	01:28:57	6:47
32.	411	Justin POTTER	Male Senior	Stowmarket Striders RC	01:29:11	01:29:06	6:48
33.	211	Robin MACKENZIE	Male V55	Framlingham Flyers	01:29:27	01:29:22	6:49
34.	379	Stewart WOODS	Male Senior	Stowmarket Striders RC	01:29:40	01:29:36	6:50
35.	142	Mike GREENER	Male V45	Saint Edmund Pacers	01:29:45	01:29:41	6:50
36.	432	Ian ELDEN	Male V45	Ipswich Jaffa RC	01:29:49	01:29:43	6:51
37.	319	Alexandra SMITH	Female V40	Wymondham AC	01:30:11	01:30:07	6:53
38.	25	Natasha BELSOM	Female Senior	Unattached	01:30:26	01:30:18	6:54
39.	428	Ross WILCOX	Male V40	Stowmarket Striders RC	01:30:42	01:30:37	6:55
40.	158	Mark HAYDEN	Male V45	Framlingham Flyers	01:31:17	01:31:12	6:58
41.	7	Will ALDRED	Male V50	Framlingham Flyers	01:31:18	01:31:13	6:58
42.	45	Jason BRANDY	Male Senior	Unattached	01:31:23	01:31:18	6:58
43.	286	Mark WHITE	Male V45	Haverhill Running Club	01:31:39	01:31:31	6:59
44.	131	Kirstie GLADWELL	Female V35	Framlingham Flyers	01:31:49	01:31:45	7:00
45.	281	Jamie RANDALL	Male V50	Haverhill Running Club	01:32:08	01:31:59	7:01
46.	10	Adam ALLARD	Male V40	Unattached	01:32:14	01:32:07	7:02
47.	98	Thomas	Male Senior	Unattached	01:32:18	01:32:08	7:02
48.	125	Lewis FORDHAM	Male Senior	Unattached	01:32:22	01:32:12	7:03
49.	301	Oliver SCHOFIELD	Male Senior	Saint Edmund Pacers	01:32:32	01:32:27	7:03
50.	87	Kate CREAK	Female V35	Unattached	01:33:21	01:33:12	7:07
51.	141	John GREENER	Male V50	Saint Edmund Pacers	01:33:24	01:33:18	7:07

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Place	Bib	Name	AG	Club	Gun	Chip	Pace
52.	123	Andrew FLACK	Male V45	Unattached	01:33:25	01:33:16	7:07
53.	193	Katie KING	Female Senior	Saint Edmund Pacers	01:33:34	01:33:30	7:08
54.	414	Catherine JEFFERY	Female V40	Saint Edmund Pacers	01:33:40	01:33:35	7:08
55.	51	Lee BROWN	Male Senior	Haverhill Running Club	01:33:46	01:33:38	7:09
56.	165	Alex HOBBS	Male Senior	Stowmarket Striders RC	01:33:47	01:33:42	7:09
57.	210	Dave LUMBY	Male V55	Ipswich Jaffa RC	01:33:52	01:33:38	7:09
58.	227	Ewa MITKA	Female V35	Unattached	01:34:07	01:34:00	7:11
59.	117	Jess FARTHING	Male V45	Felixstowe RRC	01:34:12	01:34:01	7:11
60.	19	Carl BAKER	Male V45	Unattached	01:34:17	01:34:14	7:11
61.	404	Zohra ARMITAGE	Female V40	Saint Edmund Pacers	01:34:24	01:34:20	7:12
62.	101	Thomas DIXON	Male Senior	Ipswich Triathlon Club	01:34:34	01:34:23	7:13
63.	192	Chris KERRY	Male V40	Stowmarket Striders RC	01:34:36	01:34:28	7:13
64.	26	Robin BELSOM	Male V60	Ipswich Jaffa RC	01:34:43	01:34:35	7:13
65.	295	Soren Tom ROYDS	Male Senior	Framlingham Flyers	01:34:45	01:34:38	7:13
66.	232	Morgan MOORE	Male Senior	Stowmarket Striders RC	01:34:46	01:34:40	7:13
67.	15	Benjamin ASKEW	Male V40	Unattached	01:35:24	01:35:15	7:16
68.	360	Sam WAKEFORD	Male Senior	Unattached	01:35:40	01:35:29	7:18
69.	180	Rob JEWERS	Male V45	Stowmarket Striders RC	01:35:50	01:35:45	7:18
70.	81	John COOPER	Male Senior	Unattached	01:35:52	01:35:46	7:19
71.	54	Kerry BUCKLEY	Male V50	Felixstowe RRC	01:35:54	01:35:44	7:19
72.	220	Stuart MATTHEWS	Male V50	Saint Edmund Pacers	01:36:34	01:36:27	7:22
73.	430	Marcus CATLIN	Male V45	Ipswich Jaffa RC	01:36:56	01:36:44	7:23
74.	300	Len SAUNDERS	Male V45	Felixstowe RRC	01:37:23	01:37:13	7:25
75.	13	Justin ARMSTRONG	Male V40	Unattached	01:37:52	01:37:36	7:28
76.	280	Aston RAMSEY	Male Senior	Unattached	01:38:06	01:37:54	7:29
77.	145	Russell HADDOW	Male Senior	Unattached	01:38:06	01:37:52	7:29
78.	8	Tom ALEXANDER	Male V40	Woodbridge Shufflers RC	01:38:32	01:38:26	7:31
79.	108	James ELLUL	Male V40	Felixstowe RRC	01:38:33	01:38:23	7:31
80.	305	Alex SEAMAN	Male Senior	Stowmarket Striders RC	01:38:36	01:38:18	7:31
81.	118	Simon FENN	Male V50	Hadleigh Hares AC	01:38:36	01:38:28	7:31
82.	222	Alex MCGREGOR	Male Senior	Framlingham Flyers	01:38:43	01:38:37	7:32
83.	421	Daryl SIMPSON	Male V45	Ipswich Jaffa RC	01:39:28	01:39:16	7:35
84.	327	Peter SQUIRRELL	Male Senior	Ipswich Jaffa RC	01:39:45	01:39:32	7:36
85.	16	Simon ASKEW	Male V40	Unattached	01:40:04	01:39:54	7:38
86.	427	Peter BIRD	Male V45	Saint Edmund Pacers	01:40:08	01:40:02	7:38
87.	68	Chris CHORLEY	Male V55	Bungay Black Dog RC	01:40:17	01:39:56	7:39
88.	302	Nigel SCHOFIELD	Male V55	Saint Edmund Pacers	01:40:20	01:40:15	7:39
89.	416	Mike GREEN	Male Senior	Felixstowe RRC	01:40:23	01:40:10	7:39
90.	208	Sam LINASSI	Female V40	Felixstowe RRC	01:40:31	01:40:18	7:40
91.	177	Martin JARVIS	Male V45	Unattached	01:40:44	01:40:38	7:41
92.	217	Wayne MARTIN	Male Senior	Stowmarket Striders RC	01:40:49	01:40:46	7:41
93.	400	Daniel BOULTER	Male Senior	Unattached	01:41:06	01:40:44	7:43
94.	383	Will WOOSTER	Male Senior	Unattached	01:41:11	01:40:54	7:43
95.	130	Andrew GEMMELL	Male V50	Unattached	01:41:28	01:41:08	7:44
96.	30	Marc BENSON	Male Senior	Haverhill Running Club	01:41:30	01:41:21	7:44
97.	169	David HUDSON	Male V45	Tri-Anglia Triathlon Club	01:41:43	01:41:33	7:45
98.	405	Mathew CHAPPLE	Male V40	Unattached	01:42:14	01:41:57	7:48
99.	253	Steve PALFREY	Male V45	Unattached	01:42:15	01:42:09	7:48
100.	386	Jamie WRIGHT	Male V40	Framlingham Flyers	01:42:19	01:42:13	7:48
101.	289	Joanna RINGROSE	Female V45	Unattached	01:42:23	01:42:08	7:48
102.	429	Lindi WALLACE	Female V35	Unattached	01:42:24	01:42:12	7:48
103.	194	Sian KINGSTON	Female V40	Unattached	01:42:25	01:42:17	7:49
104.	434	David Charles LISSIMORE	Male V55	Unattached	01:42:25	01:42:08	7:49

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Place	Bib	Name	AG	Club	Gun	Chip	Pace
105.	349	Kenneth TOVELL	Male V50	Framlingham Flyers	01:42:31	01:42:25	7:49
106.	236	Vaughan MORRIS	Male V55	Stowmarket Striders RC	01:42:36	01:42:19	7:49
107.	88	Richard CREASEY	Male Senior	Unattached	01:42:37	01:42:19	7:49
108.	398	Gary GODFREY	Male V55	Sudbury Joggers	01:42:42	01:42:16	7:50
109.	31	Carl BERRIMAN	Male V50	Unattached	01:42:54	01:42:45	7:51
110.	252	Clifford PAINTER	Male V40	Unattached	01:42:55	01:42:40	7:51
111.	431	Dave CASEY	Male V50	Ipswich Triathlon Club	01:43:00	01:42:50	7:51
112.	235	Robert MORGAN	Male V60	Saint Edmund Pacers	01:43:02	01:42:57	7:51
113.	156	Stephen HATTEN	Male V50	Saint Edmund Pacers	01:43:03	01:42:55	7:51
114.	424	Bill BESLEY	Male V45	Stowmarket Striders RC	01:43:06	01:42:57	7:52
115.	1	Dean ABDUL	Male V40	Unattached	01:43:12	01:42:57	7:52
116.	257	Tim PARNELL	Male V50	Unattached	01:43:13	01:42:56	7:52
117.	167	Chris HOWARD-KRAFT	Male Senior	Unattached	01:43:31	01:43:18	7:54
118.	105	Steven DURRANT	Male V55	Felixstowe RRC	01:43:32	01:43:20	7:54
119.	190	Sean KENNEDY	Male Senior	Woodbridge Shufflers RC	01:43:34	01:43:13	7:54
120.	296	Samuel ROZIER	Male Senior	Unattached	01:43:41	01:43:21	7:54
121.	20	Michael BALL	Male V50	Harwich Runners	01:43:42	01:43:22	7:54
122.	99	Neil DENNIS	Male Senior	Stowmarket Striders RC	01:44:00	01:43:46	7:56
123.	176	Jonathan JARROLD	Male Senior	Unattached	01:44:41	01:44:25	7:59
124.	237	Alex MORRISON	Male V55	Unattached	01:44:48	01:44:31	7:59
125.	339	Holly TAYLOR	Female Senior	Felixstowe RRC	01:45:15	01:45:06	8:02
126.	362	Jason WALNE	Male V45	Unattached	01:45:28	01:45:15	8:02
127.	46	Kaye BRANTON	Female V45	Felixstowe RRC	01:45:31	01:45:31	8:03
128.	378	Peter WOODS	Male Senior	Felixstowe RRC	01:45:53	01:45:43	8:04
129.	279	Tracy QUARRELL	Female V45	Haverhill Running Club	01:46:00	01:45:44	8:05
130.	330	Julia STELL	Female V40	Ipswich Jaffa RC	01:46:06	01:45:51	8:05
131.	385	Andre WRIGHT	Male V45	Stowmarket Striders RC	01:46:08	01:45:56	8:06
132.	261	Matthew PEARCE	Male V45	Unattached	01:46:20	01:46:07	8:06
133.	242	Stephen NEUMANN	Male V40	Unattached	01:46:24	01:46:09	8:07
134.	137	Michelle GORDON	Female V35	Felixstowe RRC	01:46:40	01:46:20	8:08
135.	183	Paul JOHNSON	Male Senior	Unattached	01:46:40	01:46:21	8:08
136.	140	Ashley GREEN	Male Senior	Unattached	01:46:51	01:46:34	8:09
137.	35	Christopher BING	Male Senior	Ipswich Jaffa RC	01:46:54	01:46:45	8:09
138.	89	Linda CUSACK	Female V65+	Thetford AC	01:47:16	01:47:03	8:11
139.	425	Iain MAPLEY	Male V40	Saint Edmund Pacers	01:47:18	01:47:01	8:11
140.	106	Charlotte DURRANT	Female V35	Stowmarket Striders RC	01:47:21	01:47:07	8:11
141.	303	Paul SCHWER	Male V55	Felixstowe RRC	01:47:57	01:47:45	8:14
142.	244	Sabrina NORTON	Female V40	Bungay Black Dog RC	01:48:19	01:48:02	8:16
143.	229	Frank MOGGAN	Male V70+	Stowmarket Striders RC	01:48:25	01:48:11	8:16
144.	204	Hayley LEVERIDGE	Female V40	Unattached	01:48:29	01:48:13	8:16
145.	166	Claire HOLDAWAY	Female V40	Hadleigh Hares AC	01:48:49	01:48:30	8:18
146.	70	David CHURCH	Male V45	Felixstowe RRC	01:48:51	01:48:40	8:18
147.	172	Philip HYMERS	Male V65	Saint Edmund Pacers	01:49:09	01:48:59	8:19
148.	334	Chloe STUTELEY	Female Senior	Saint Edmund Pacers	01:49:16	01:49:05	8:20
149.	71	Neville CLARKE	Male V65	Newmarket Joggers	01:49:20	01:49:11	8:20
150.	162	Kathy HERBIG	Female V40	Unattached	01:49:23	01:49:08	8:20
151.	148	Jackie HANN	Female V50	Sudbury Joggers	01:49:28	01:49:16	8:21
152.	388	Darryl YATES	Male Senior	Ipswich Jaffa RC	01:49:34	01:49:26	8:21
153.	422	Kay OXFORD	Female V50	Hadleigh Hares AC	01:49:42	01:49:30	8:22
154.	376	Helen WING	Female V50	Stowmarket Striders RC	01:49:57	01:49:49	8:23
155.	219	Stuart MASON	Male V55	Felixstowe RRC	01:49:59	01:49:48	8:23
156.	433	Stephen CROSS	Male V50	Waveney Valley AC	01:50:03	01:49:35	8:24
157.	60	Mik CARR	Male V60	Bungay Black Dog RC	01:50:06	01:50:01	8:24

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Place	Bib	Name	AG	Club	Gun	Chip	Pace
158.	352	Cheryl TRUNDLE	Female V65+	Haverhill Running Club	01:50:13	01:49:52	8:24
159.	44	Sharon BRANDON	Female V55	Saint Edmund Pacers	01:50:13	01:50:06	8:24
160.	18	Tom AYKROYD	Male V40	Felixstowe RRC	01:50:40	01:50:33	8:26
161.	143	Kate GREENER	Female V40	Unattached	01:50:47	01:50:31	8:27
162.	67	Duncan CHENERY	Male V60	Ipswich Jaffa RC	01:50:52	01:50:34	8:27
163.	255	Marion PARKER	Female V55	Felixstowe RRC	01:50:54	01:50:42	8:27
164.	159	Jerome HAYNES	Male Senior	Unattached	01:51:01	01:50:42	8:28
165.	342	Timothy TAYLOR	Male Senior	Unattached	01:51:03	01:50:43	8:28
166.	133	Mark GODBOLD	Male V50	Ipswich Harriers	01:51:23	01:51:17	8:30
167.	315	Mark SKOULDING	Male V45	Stowmarket Striders RC	01:51:27	01:51:10	8:30
168.	267	Clare PESTELL-LOVE	Female V35	Unattached	01:51:29	01:51:14	8:30
169.	247	Paul OSBORNE	Male V40	Felixstowe RRC	01:51:31	01:51:18	8:30
170.	246	Alison O'CONNOR	Female Senior	Unattached	01:51:31	01:51:18	8:30
171.	308	Alison SEVERY	Female Senior	Ipswich Jaffa RC	01:51:37	01:51:16	8:31
172.	178	Peter JAY	Male V55	Saint Edmund Pacers	01:51:38	01:51:29	8:31
173.	202	Gemma LAYTON	Female V35	Unattached	01:51:41	01:51:25	8:31
174.	241	Joe NAUGHTON	Male V55	Stowmarket Striders RC	01:51:48	01:51:36	8:32
175.	297	Luke RUTLAND	Male Senior	Lonely Goat RC	01:51:51	01:51:29	8:32
176.	269	Agata PIATKOWSKA	Female Senior	Unattached	01:51:55	01:51:46	8:32
177.	310	Roland SHAW	Male V60	Unattached	01:51:56	01:51:39	8:32
178.	40	Lin BOLTON	Female V50	Stowmarket Striders RC	01:52:06	01:51:53	8:33
179.	292	Olga RODRIGUEZ	Female V40	Unattached	01:53:09	01:52:50	8:38
180.	346	Emma THISTLETON	Female V35	TRISudbury	01:53:15	01:52:56	8:38
181.	61	Charlie CATCHPOLE	Male V55	Unattached	01:53:21	01:52:59	8:39
182.	144	Angela HAAG	Female V55	Unattached	01:53:21	01:53:07	8:39
183.	128	Tom FROST	Male Senior	Unattached	01:53:36	01:53:16	8:40
184.	387	Jennifer WYSOCKI	Female Senior	Unattached	01:53:57	01:53:37	8:41
185.	34	Alison BILLS	Female V40	Unattached	01:54:14	01:53:58	8:43
186.	276	Clive PURBROOK	Male V60	Newmarket Joggers	01:54:23	01:54:09	8:43
187.	49	Angela BRINKLEY	Female V55	Stowmarket Striders RC	01:54:30	01:54:16	8:44
188.	161	Kate HEEKS	Female Senior	Stowmarket Striders RC	01:54:58	01:54:43	8:46
189.	259	Jamie PAYNE	Male Senior	Unattached	01:55:04	01:54:44	8:47
190.	188	Martin KEELER	Male Senior	Unattached	01:55:12	01:54:52	8:47
191.	102	Kirsty DOW	Female V35	Saint Edmund Pacers	01:55:13	01:55:03	8:47
192.	394	Jason ABLETT	Male V45	Stowmarket Striders RC	01:55:20	01:55:03	8:48
193.	122	George FIRTH	Male Senior	Stowmarket Striders RC	01:55:27	01:55:11	8:48
194.	251	Stephen PAGE	Male V45	Stowmarket Striders RC	01:55:44	01:55:24	8:50
195.	395	Philip BEER	Male V55	Stowmarket Striders RC	01:55:49	01:55:32	8:50
196.	64	Debbie CATLING	Female V50	Unattached	01:55:55	01:55:30	8:50
197.	231	Helen MOORE	Female V40	Stowmarket Striders RC	01:55:56	01:55:39	8:50
198.	366	Claire WELFORD	Female V40	Unattached	01:55:59	01:55:45	8:51
199.	181	Hannah JEWERS	Female V40	Stowmarket Striders RC	01:56:01	01:55:45	8:51
200.	258	Tom PARSONS	Male V40	Unattached	01:56:04	01:56:04	8:51
201.	299	Bobbie SAUERZAPF	Female V60	Bungay Black Dog RC	01:56:17	01:55:49	8:52
202.	221	Paul MCALLISTER	Male V50	Hadleigh Hares AC	01:56:45	01:56:26	8:54
203.	390	Jonathan KENNY	Male V50	Felixstowe RRC	01:56:51	01:56:29	8:55
204.	138	Michelle GORMAN	Female V35	Unattached	01:56:53	01:56:32	8:55
205.	234	Jenny MORGAN	Female V60	Saint Edmund Pacers	01:56:58	01:56:50	8:55
206.	196	Jenny KNIGHT	Female V45	Unattached	01:57:19	01:57:06	8:57
207.	436	Markus LEWIS	Male V45	Saint Edmund Pacers	01:57:23	01:57:15	8:57
208.	389	Katrina RIGBY	Female V40	Hadleigh Hares AC	01:57:26	01:57:08	8:57
209.	42	Helen BOULTON	Female V35	Unattached	01:57:37	01:57:19	8:58
210.	407	Chris HOWLAND	Male V55	Felixstowe RRC	01:57:48	01:57:34	8:59

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211.	260	Matthew PEARCE	Male Senior	Unattached	01:57:53	01:57:32	8:59
212.	417	Amanda DUNN	Female V40	Hadleigh Hares AC	01:57:54	01:57:35	8:59
213.	373	Clare WIGG	Female V35	Stowmarket Striders RC	01:57:58	01:57:34	9:00
214.	265	Kieron PERRY	Male V45	Unattached	01:57:59	01:57:35	9:00
215.	206	Arabella LEWENDON	Female V55	Felixstowe RRC	01:57:59	01:57:37	9:00
216.	187	Rachel KEEBLE	Female V40	Unattached	01:58:04	01:57:43	9:00
217.	268	Sarah PHILLIPS	Female V50	Unattached	01:58:05	01:57:44	9:00
218.	182	Chris JOHNS	Male V60	Woodbridge Shufflers RC	01:58:08	01:57:47	9:01
219.	92	David DAMANT	Male V45	Stowmarket Striders RC	01:58:17	01:57:56	9:01
220.	129	John GAYLARD	Male V50	Unattached	01:58:18	01:57:58	9:01
221.	103	Kimberley DRAIN	Male Senior	Stowmarket Striders RC	01:58:24	01:58:06	9:02
222.	256	Stuart PARKER	Male Senior	Unattached	01:58:39	01:58:16	9:03
223.	56	Gary BUICK	Male V50	Unattached	01:59:15	01:58:56	9:06
224.	27	Mark BENNETT	Male V45	Unattached	01:59:33	01:59:10	9:07
225.	28	Nichola BENNETT	Female V40	Unattached	01:59:33	01:59:10	9:07
226.	406	Brett DEAKIN	Male V40	Felixstowe RRC	01:59:47	01:59:33	9:08
227.	69	Jenny CHURCH	Female V55	Felixstowe RRC	01:59:52	01:59:39	9:08
228.	288	Maria RIERA TURRO	Female Senior	Felixstowe RRC	02:00:06	01:59:46	9:10
229.	32	Mike BERRY	Male V45	Saint Edmund Pacers	02:00:47	02:00:25	9:13
230.	309	David SEYMOUR	Male V60	Felixstowe RRC	02:00:52	02:00:34	9:13
231.	201	Bridget LAW	Female Senior	Bungay Black Dog RC	02:01:02	02:00:46	9:14
232.	95	Mark DAVIES	Male V50	Unattached	02:01:15	02:00:52	9:15
233.	43	Sally-Ann BOWEN	Female V45	Sudbury Joggers	02:01:27	02:01:14	9:16
234.	84	Ruth COWLIN	Female V55	Sudbury Joggers	02:01:27	02:01:14	9:16
235.	313	Ian SILLETT	Male V60	Felixstowe RRC	02:01:39	02:01:39	9:17
236.	341	Courtney TAYLOR	Female Senior	Felixstowe RRC	02:02:14	02:01:54	9:19
237.	175	Catherine JACKSON	Female Senior	Stowmarket Striders RC	02:02:14	02:01:55	9:19
238.	109	Rebecca ELLUL	Female V35	Felixstowe RRC	02:02:16	02:01:53	9:19
239.	90	Sam DALTON-THORPE	Female V40	Unattached	02:02:19	02:01:55	9:20
240.	377	James WOOD	Male V50	Sudbury Joggers	02:02:29	02:02:12	9:20
241.	391	Nathalie HOOPER	Female V50	Hadleigh Hares AC	02:02:30	02:02:07	9:21
242.	223	Jenny MERRY	Female V40	Sudbury Joggers	02:02:30	02:02:14	9:21
243.	420	Lydia SIMMONS	Female Senior	Saint Edmund Pacers	02:02:49	02:02:33	9:22
244.	381	Lee WOODWARD	Male Senior	Unattached	02:02:58	02:02:39	9:23
245.	58	Edward BURCHELL	Male Senior	Saint Edmund Pacers	02:03:09	02:02:54	9:24
246.	337	Donna TALBOT	Female V40	Unattached	02:03:15	02:02:58	9:24
247.	77	Nathan COLE	Male V40	Unattached	02:03:32	02:03:27	9:25
248.	218	Claire MASKERY	Female V35	Stowmarket Striders RC	02:03:32	02:03:06	9:25
249.	262	Lily PEARMAIN	Female Senior	Unattached	02:05:03	02:04:46	9:32
250.	392	Rachel BOND	Female Senior	Unattached	02:05:07	02:04:45	9:33
251.	358	Lauren WAGGOTT	Female Senior	Unattached	02:05:32	02:05:20	9:34
252.	94	Steve DAVIES	Male V50	Unattached	02:06:03	02:05:38	9:37
253.	397	Vikki CHAMPION	Female Senior	Unattached	02:06:28	02:06:02	9:39
254.	184	Claire JONES	Female V45	Unattached	02:06:51	02:06:25	9:40
255.	170	Rebecca HUGHES	Female V50	Unattached	02:07:22	02:06:56	9:43
256.	277	Carl PURNELL	Male V55	Unattached	02:07:22	02:06:57	9:43
257.	127	Edwina FROST	Female V60	Unattached	02:07:22	02:06:58	9:43
258.	415	Nicole SMITH	Female V45	Newmarket Joggers	02:07:31	02:07:20	9:43
259.	372	Adrian WICKS	Male V50	Unattached	02:08:44	02:08:17	9:49
260.	53	Adam BUCKLE	Male Senior	Halstead RRC	02:08:50	02:08:39	9:50
261.	132	Mandy GODBOLD	Female V50	Ipswich Harriers	02:08:53	02:08:44	9:50
262.	39	Olivia BLICK	Female Senior	Unattached	02:09:23	02:08:54	9:52
263.	116	Leon FARNISH	Male Senior	Unattached	02:09:23	02:08:53	9:52

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Race Chip Timing

Place	Bib	Name	AG	Club	Gun	Chip	Pace
264.	41	Fran BOOKER	Female V50	Unattached	02:09:57	02:09:25	9:55
265.	365	Sarah WEBB	Female V40	Unattached	02:09:58	02:09:48	9:55
266.	369	Frank WHELAN	Male V50	Unattached	02:09:58	02:09:48	9:55
267.	185	Theresa JONES	Female V45	Haverhill Running Club	02:10:28	02:10:03	9:57
268.	332	Tony STEWART	Male V65	Lonely Goat RC	02:10:43	02:10:21	9:58
269.	344	Lee TAYLOR	Male V45	Haverhill Running Club	02:12:18	02:11:54	10:05
270.	82	Emily COOPER-READE	Female V55	Stowmarket Striders RC	02:12:33	02:12:06	10:07
271.	396	Keith BORRETT	Male V65	Unattached	02:12:39	02:12:28	10:07
272.	270	Claire PICKARD	Female V40	Unattached	02:12:39	02:12:28	10:07
273.	173	Josh IRON	Male Senior	Haverhill Running Club	02:12:58	02:12:58	10:08
274.	245	Mark O'BRIEN	Male Senior	Unattached	02:12:58	02:12:37	10:08
275.	224	Lorraine MILLS	Female V45	Unattached	02:12:58	02:12:28	10:08
276.	399	Andrew DENNY	Male V50	Unattached	02:13:27	02:12:59	10:11
277.	347	Ivika THOMSON	Female Senior	Unattached	02:13:44	02:13:14	10:12
278.	228	Mohit MITTAL	Male Senior	Unattached	02:13:46	02:13:16	10:12
279.	410	Yvonne DOE	Female V40	Stowmarket Striders RC	02:13:56	02:13:34	10:13
280.	307	Victoria SENIOR	Female Senior	Unattached	02:13:58	02:13:27	10:13
281.	316	Jane SKOULDING	Female V45	Stowmarket Striders RC	02:14:01	02:13:39	10:13
282.	171	Tracy HUMPHREYS	Female V55	Stowmarket Striders RC	02:14:07	02:13:41	10:14
283.	371	Angela WHITING	Female V55	Stowmarket Striders RC	02:14:12	02:13:45	10:14
284.	120	David FIELD	Male V70+	Norwich Road Runners	02:14:42	02:14:08	10:16
285.	78	Jackie COLLINS	Female V55	Felixstowe RRC	02:14:53	02:14:30	10:17
286.	284	Maria REED	Female V55	Haverhill Running Club	02:14:58	02:14:29	10:18
287.	435	Juliet Suzanne GARNHAM	Female V45	Stowmarket Striders RC	02:15:16	02:14:49	10:19
288.	380	Joan WOODWARD	Female V60	Unattached	02:15:22	02:14:54	10:19
289.	100	Sarah DICKINSON	Female V35	Unattached	02:16:05	02:15:41	10:23
290.	285	Victoria REED	Female V35	Unattached	02:16:22	02:15:58	10:24
291.	2	Peter ADAMS	Male V70+	Unattached	02:16:55	02:16:27	10:27
292.	179	Rebecca JENNINGS	Female V50	Unattached	02:17:18	02:17:01	10:28
293.	336	Hollie SUTHERLAND	Female Senior	Felixstowe RRC	02:17:53	02:17:29	10:31
294.	248	Anneli OSTLER	Female V35	Felixstowe RRC	02:17:54	02:17:25	10:31
295.	329	Charlie STANNETT	Male V60	Ipswich Triathlon Club	02:18:09	02:17:42	10:32
296.	113	Clare EVERITT	Female V45	Haverhill Running Club	02:18:23	02:17:57	10:33
297.	153	Sarah HARRIS	Female V40	Haverhill Running Club	02:18:24	02:17:58	10:33
298.	239	Sarah MURKIN	Female V45	Haverhill Running Club	02:18:24	02:17:59	10:33
299.	75	Adrian COLE	Male V55	Stowmarket Striders RC	02:19:00	02:18:35	10:36
300.	264	Daniel PELLING	Male V45	Haverhill Running Club	02:19:46	02:19:37	10:40
301.	121	Yusuf FIRAT	Male V55	Haverhill Running Club	02:19:46	02:19:25	10:40
302.	368	Jo WHELAN	Female V55	Felixstowe RRC	02:19:47	02:19:18	10:40
303.	367	Kevin WHELAN	Male V50	Felixstowe RRC	02:19:47	02:19:36	10:40
304.	62	Phil CATCHPOLE	Male V65	Unattached	02:19:51	02:19:17	10:40
305.	384	Maureen WRIGHT	Female V65+	Ipswich Jaffa RC	02:20:00	02:19:32	10:41
306.	6	Katie ALDERTON	Female Senior	Unattached	02:21:11	02:20:44	10:46
307.	5	Ann ALDERTON	Female V55	Unattached	02:21:14	02:20:47	10:46
308.	393	Laura GAY	Female Senior	Unattached	02:21:39	02:21:13	10:48
309.	254	Rachel PALMER	Female V35	Felixstowe RRC	02:22:08	02:21:39	10:50
310.	154	Beth HARRIS	Female V35	Unattached	02:22:25	02:22:18	10:52
311.	22	Rosie BARRACK	Female V45	Unattached	02:22:26	02:22:19	10:52
312.	205	Thomas LEVETT	Male V40	Unattached	02:22:41	02:22:11	10:53
313.	107	Peter EDWARDS	Male V40	Unattached	02:23:00	02:22:34	10:54
314.	139	Ann GRANGER	Female V55	Saxmundham Sports Running & Fitness	02:24:13	02:23:47	11:00
315.	333	Ian STRIDE	Male V45	Bungay Black Dog RC	02:24:21	02:23:52	11:01
316.	230	Sarah MONK	Female V35	Unattached	02:24:43	02:24:12	11:02

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Race Chip Timing

Place	Bib	Name	AG	Club	Gun	Chip	Pace
317.	3	Darryl AINSLIE	Male V40	Lowestoft Road Runners	02:25:24	02:24:52	11:05
318.	363	Freddie WALTON	Male Senior	Unattached	02:25:30	02:24:57	11:06
319.	418	Michelle HOLDEN	Female V45	Stowmarket Striders RC	02:25:36	02:25:08	11:06
320.	136	Darren GOODCHILD	Male V50	Unattached	02:26:04	02:25:41	11:08
321.	249	Justin OSTLER	Male V45	Felixstowe RRC	02:26:44	02:26:15	11:12
322.	225	Kylie MITCHELL	Female Senior	Unattached	02:28:48	02:28:15	11:21
323.	164	Rachel HIRST	Female V55	Bungay Black Dog RC	02:30:40	02:30:11	11:30
324.	298	Sian SAMPSON	Female V35	Unattached	02:30:53	02:30:23	11:31
325.	134	Tracey GODDARD	Female V35	Unattached	02:32:25	02:31:53	11:38
326.	250	Kerry OVERTON	Female V45	Unattached	02:32:25	02:32:25	11:38
327.	304	Michael SEABROOK	Male V40	Unattached	02:32:25	02:31:53	11:38
328.	403	Lucy BRYANTON	Female V45	Unattached	02:33:56	02:33:26	11:44
329.	76	Neil COLE	Male V50	Unattached	02:35:09	02:34:59	11:50
330.	402	Daniela ELSTONE	Female V50	Felixstowe RRC	02:36:58	02:36:28	11:58
331.	203	Angie LEGGETT	Female V55	Unattached	02:37:16	02:36:50	12:00
332.	189	Charlotte KEELER	Female Senior	Unattached	02:40:03	02:39:31	12:13
333.	209	Stephanie LOWN	Female V50	Unattached	02:44:32	02:43:59	12:33
334.	85	Janet CRACKNELL	Female V45	Unattached	02:45:01	02:44:29	12:35
DNF	135	Simon GOLDSMITH	Male V45	Unattached			
DNF	191	Jessica KERRIDGE	Female Senior	Stowmarket Striders RC			
DNF	226	Michelle MITCHELL	Female V55	Unattached			
DNF	275	Matthew PRESTON-BLOOM	Male Senior	Unattached			
DNF	370	Keeley WHITE	Female Senior	Haverhill Running Club			
DNS	345	Tracey TAYLOR	Female V45	Unattached			
DNS	348	Steve THORNDYKE	Male Senior	Unattached			
DNS	350	Edward TRICKER	Male Senior	Stowmarket Striders RC			
DNS	351	Claire TROTT	Female V40	Unattached			
DNS	4	Chris ALDERTON	Female V45	Stowmarket Striders RC			
DNS	9	Mitchell ALEXANDER	Male Senior	Unattached			
DNS	11	Mark ALLEN	Male V60	Woodbridge Shufflers RC			
DNS	12	Agnieszka ANDRZEJAK	Female V40	Unattached			
DNS	14	Suzi ASHWORTH	Female V55	Woodbridge Shufflers RC			
DNS	17	Lucy AUBURN	Female Senior	Unattached			
DNS	21	Paul BALLARD	Male V40	Hadleigh Hares AC			
DNS	24	Adam BEAUMONT	Male Senior	Unattached			
DNS	29	Jamie BENNINGTON	Male V40	Unattached			
DNS	33	Marie BIDWELL	Female V55	Unattached			
DNS	36	Oliver BINGHAM	Male Senior	Stowmarket Striders RC			
DNS	37	Warren BIRCH	Male V50	Ipswich Jaffa RC			
DNS	38	Claire BLANCHFORD	Female V35	Unattached			
DNS	47	Amanda BREWSTER	Female V45	Stowmarket Striders RC			
DNS	48	Marc BRIGGS	Male Senior	Ipswich Jaffa RC			
DNS	52	Laura BROWN	Female V35	Stowmarket Striders RC			
DNS	55	Laura BUGG	Female V40	Unattached			
DNS	57	Alison BULLYMENT	Female V45	Zero to Hero Runners			
DNS	59	Pascal CANEVET	Male V45	Unattached			
DNS	65	Leonora CHANDLER	Female V45	Woodbridge Shufflers RC			
DNS	66	Andrew CHATFIELD	Male V40	Ipswich Harriers			
DNS	72	Sally CLARKE	Female V50	Framlingham Flyers			
DNS	73	Ashley CLAYDEN	Male Senior	Unattached			
DNS	74	Liz COBBOLD	Female V40	Unattached			
DNS	79	Carl COLLINS	Male V45	Unattached			
DNS	80	Lesley COOPER	Female V50	Ipswich Jaffa RC			

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Race Chip Timing

Place	Bib	Name	AG	Club	Gun	Chip	Pace
DNS	83	Graham COULTER	Male V45	Unattached			
DNS	86	Matthew CRANE	Male Senior	Cambridge & Coleridge AC			
DNS	91	Derek DALY	Male V55	Saxmundham Sports Running & Fitness			
DNS	96	Andrew DAVISON	Male Senior	Unattached			
DNS	97	Sarah DEACON	Female V35	Stowmarket Striders RC			
DNS	110	Steve ELY	Male V45	Wymondham AC			
DNS	111	Anna EMMS	Female V40	Unattached			
DNS	112	Neil EVANS	Male V40	Unattached			
DNS	114	Eamonn FAHY	Male Senior	Unattached			
DNS	115	Jessica FAHY	Female Senior	Unattached			
DNS	119	Rachel FIDDY	Female V40	Norwich Road Runners			
DNS	124	Lizanne FORD	Female V50	Sudbury Joggers			
DNS	126	Paul FRANCIS	Male V55	Unattached			
DNS	146	Laura HALL	Female Senior	Unattached			
DNS	150	Jane HANNAH	Female V40	Tri-Anglia Triathlon Club			
DNS	151	Simon HARKIN	Male V45	Stowmarket Striders RC			
DNS	155	Tom HASLAM	Male V45	Framlingham Flyers			
DNS	160	Guy HAYWARD	Male V45	Framlingham Flyers			
DNS	163	Claire HILL	Female Senior	Unattached			
DNS	174	Morgan IRVING	Female Senior	Unattached			
DNS	186	Kathryn JUTY	Female V50	Biggleswade AC			
DNS	195	Lydia KIRK	Female V35	Framlingham Flyers			
DNS	197	Hazel KURZ	Female V40	Harlow RC			
DNS	199	Marcel LAROSE	Male V50	Unattached			
DNS	200	Ben LARTER	Male Senior	Framlingham Flyers			
DNS	207	Lo-Anne LEWIS	Female V40	Unattached			
DNS	212	Jemma MADDAMS	Female V40	Unattached			
DNS	213	Michael MARRIOTT	Male V60	Unattached			
DNS	214	Christine MARSH	Female V60	Stowmarket Striders RC			
DNS	215	Dawn MARSHALL	Female V55	Unattached			
DNS	216	Karen MARTIN	Female V45	Lonely Goat RC			
DNS	233	Kara MOORE-DAMANT	Female V40	Stowmarket Striders RC			
DNS	243	John NEVIN	Male V65	Haverhill Running Club			
DNS	263	Gemma PECK	Female V35	Unattached			
DNS	271	Kate PINCHEN	Female Senior	Stowmarket Striders RC			
DNS	272	Neil POLLARD	Male V40	Newmarket Joggers			
DNS	273	Neil POTTER	Male Senior	Unattached			
DNS	274	Derek POTTER	Male V55	Lonely Goat RC			
DNS	278	Stuart PUTT	Male V45	Unattached			
DNS	282	Andrew RAYNER	Male V55	Unattached			
DNS	283	Robert REASON	Male V55	Stowmarket Striders RC			
DNS	287	Steven REYNOLDS	Male V60	Unattached			
DNS	290	Steve RITSON	Male V50	Stowmarket Striders RC			
DNS	291	Steve ROBERTS	Male Senior	Sudbury Joggers			
DNS	293	Aaron ROGERSON	Male Senior	Lowestoft Road Runners			
DNS	294	Matthew ROWE	Male Senior	Unattached			
DNS	311	Jenny SHEAHAN	Female V55	Eastern Masters AC			
DNS	312	Horace SHURIAH	Male V50	Haverhill Running Club			
DNS	314	Stuart SIMMONS	Male V40	Ipswich Jaffa RC			
DNS	317	Peter SMITH	Male Senior	Unattached			
DNS	322	Rachel SOUTHGATE	Female V35	Unattached			
DNS	325	Tim SPRINGETT	Male V55	Petts Wood Runners			
DNS	326	Mike SPRINGETT	Male Senior	Petts Wood Runners			

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Race Chip Timing

Place	Bib	Name	AG	Club	Gun	Chip	Pace
DNS	328	Beth STACEY	Female V35	Unattached			
DNS	331	Jo STEPHENSON	Female V50	Stowmarket Striders RC			
DNS	335	Daniel SUMMERSGILL	Male Senior	Ipswich Jaffa RC			
DNS	338	Tom TAVENER	Male Senior	Unattached			
DNS	353	Mary-Ann TULI	Female V45	Haverhill Running Club			
DNS	354	Steve TURNER	Male V50	Unattached			
DNS	355	Charles TURNER	Male Senior	Unattached			
DNS	356	Duane TURPIN	Male V45	Unattached			
DNS	359	Tom WAKE	Male Senior	Woodbridge Shufflers RC			
DNS	361	Dom WALDER	Male Senior	Unattached			
DNS	364	Phil WATSON	Male V40	Unattached			
DNS	375	Keith WILLIAMS	Male V50	Ipswich Jaffa RC			
DNS	382	Ashley WOOLGROVE	Male V40	Unattached			
DNS	401	Anita TEJADA	Female V45	Unattached			

Number of records: 436